

# The HIGHLANDS Current



The Man Behind the Spies  
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JANUARY 20, 2017

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## Cold Spring Considers Doubling Speed Limit to 30 mph

*Also, looks for solutions to  
leaky firehouse roof*

By Liz Schevtchuk Armstrong

The Village Board on Jan. 10 proposed increasing the speed limit on Cold Spring streets to 30 mph, from 15 mph, to conform to state traffic laws.

It also seeks to restrict parking on Church Street alongside the firehouse to fire company members and in front of Village Hall, at 85 Main St., to police officers, eliminating the present 15-minute Village Hall parking.

But before anything happens, the board will hold a hearing at 7 p.m. on Tuesday, Jan. 24, at Village Hall.

The code revisions would allow some exceptions, such as a school zone speed limit of 15 or 25 mph near Haldane and the 25 mph allowed along Main Street west of Route 9D, the village-controlled portion of the street which is otherwise Route 301, a state highway.

Deputy Mayor and Trustee Marie Early said during the board's Jan. 10 meeting that she noticed the speed-limit discrepancy as she reviewed the Village Code. "New York State Vehicle and Traffic Law says the lowest you can go is 30 miles per hour," Early explained. "So our code is not



Late-shift servers at the I-84 Diner in Fishkill. For more photos of night kitchens, see Pages 12-13.

Photo by Anita Peltonen

in concert with the state law."

According to Early, the village could reduce the speed limit to 25 mph in rare cases but not everywhere in Cold Spring. She presided over the meeting in the absence of Mayor Dave Merandy. Trustee Lynn Miller was also absent, leaving Early and Trustees Fran Murphy and Steve Voloto as a three-person quorum.

New York's Vehicle and Traffic Law Section 1643 stipulates that in a village or city, no speed limit shall be established at less than 30 mph, except for Long Beach, on the sea in Nassau County, which can restrict speed to 15 mph on certain streets. Statewide, New York also permits a 15-mph limit for a quarter mile on streets alongside schools. That's 10 mph slower

than what Cold Spring's draft law proposes. Early recommended that residents, at the public hearing, urge that the village school-area limit also be 15 mph.

Whether residents will support the abolition of a 15-mph maximum elsewhere is unclear. Children sometimes play in the streets, especially on the 19th-century blocks where homes are close to streets that are narrowed further by parked cars. Over the last several years residents of Church, Fair, and other streets have complained about speeding even with a 15-mph limit.

The fact that the board can hold a hearing on the proposed speed limit, instead of changing the local law immediately to reflect the state standard, suggests alternatives may exist, such as a request to Albany to allow a (Continued on Page 7)

## GE on Hudson River Cleanup: We're Done

*But state still warns against  
eating fish and crabs*

By Brian PJ Cronin

Since 2009 General Electric has been forced to undertake a multibillion dollar project to remove industrial pollutants known as polychlorinated biphenyls (PCBs) that the company discharged into the upper Hudson River between 1947 and 1977. Now, having dredged 2.65 million cubic yards of contaminated river sediment, GE has requested that the federal Environmental Protection Agency issue a Certificate of Completion, ending the court-ordered cleanup.

The request comes months before the EPA will issue a five-year review of the cleanup to gauge the effectiveness of the project and determine if GE should keep going. Should the EPA issue a Certificate of Completion now, before its report, it would limit the agency's ability to force GE to undertake additional cleanup if the agency determines more work is needed.

In a Dec. 23 letter to the director of the EPA's Hudson River Field Office in Albany, the head of global remediation for the company submitted a Remedial Action Completion Report, arguing that GE's work was done and that waiting five to eight years for long-term monitoring data to be collected by the EPA was not a requirement of the initial consent decree.

The GE executive, John Haggard, noted that dredging on the Hudson had been ongoing 24 hours a day, six days a week, six months a year, for six years. "As a result of the project, a majority of the PCBs in the Upper Hudson were removed, and dredged areas were restored with a massive habitat restoration program," he wrote. He added that a sediment processing facility in Fort Edward had been closed and all leases and access agreements related to the project terminated.

The company's request comes at a time when state

(Continued on Page 8)



Early morning hopefuls at the Cold Spring dock last fall. New York State recommends anglers limit how many fish they eat from the river due to PCB pollution.

Photo by Michael Turton





**Cook On: 1 part chaos, 2 parts calm**

# Wrap and Roll

By Mary Ann Ebner

Puffy golden egg rolls are a familiar sight atop plates at all-you-can-manage buffets or with takeout servings of beef and broccoli, but when you rely only on those sources, you're missing out on a joyous do-it-yourself meal.

Takeout offers convenience on busy days, but cooking Chinese food at home can bring on even more flavor. As the Chinese New Year approaches, falling on Jan. 28 this year, make room for a meal of Chinese cuisine or at the very least a Chinese-American recipe without ready-to-eat containers.

For the last few years, it's been my good fortune to attend festive gatherings to welcome the holiday. The menu typically includes two to three versions of stir-fry, steamed and fried rice, dumplings, tofu with sesame, wontons and those crunchy yet tender treats known to some as spring rolls and to others as egg rolls.

Though contemporary fans of Chinese food may use the terms interchangeably, my Chinese cooking inspiration refers to her family's carefully wrapped creations as spring rolls. No Chinese New Year feast would be complete without them as a favorite side that can easily stand in as the

main attraction.

Unraised sheets of dough wrap around a filling of chopped vegetables like cabbage, carrots, onions, celery and mushrooms while some variations include mung bean threads and pork or shrimp.

Tradition holds that spring rolls shared among family and friends trace their origin to the Chinese New Year to signify the renewal of springtime based on the lunar calendar. The term *egg roll* may be accurate for thicker wrappers made with egg, popularized by restaurants beyond the Chinese mainland during the last century. Other Asian cuisines claim their own varieties, and whether you call them egg rolls or spring rolls or shape them more squarely than roundly, those who pause to argue about names or misnomers could turn to find the platter empty.

Fresh spring-roll skins prepared with flour, salt and water may taste best, but you'll find me assembling spring rolls with wheat-based ready-made wrappers sold in packages of 20 to 25 pieces for around \$2. Local markets, including Foodtown and Key Food, stock super-thin wrappers that fry up lightly and crisply.

When using even the best ingredients, this easy endeavor can flop without proper technique. For her fried spring rolls, my guide in all things Chinese raises the heat and stirs swiftly when cooking the filling.



Allow spring roll filling to cool completely before spooning into wrappers.



Share the joy of the Chinese New Year with make-your-own spring rolls. Photos by M.A. Ebner

She generously fills the wrappers and recommends rolling them tightly not only to keep the filling in, but to keep the frying oil out. Though she teaches the study of Chi-

nese language professionally, spending far more time in a classroom than a kitchen, she's very much at home sharing the joy of spring roll preparation and appreciation.

Find a little happiness in the new moon with this simple recipe. Serve with citrus sauce or plum preserves.

## Spring Rolls

Yield: about 20 spring rolls

1 pound ground pork  
8 to 10 stalks scallions, chopped  
1 medium-sized cabbage, shredded into small strips  
1 cup shredded carrots  
2 cups mung bean vermicelli (rinsed, uncooked and cut with kitchen scissors into small pieces)

salt and fresh ground black pepper  
1 package 25-count spring roll wrappers (skins, shells)  
canola or vegetable oil  
1 to 2 beaten eggs for sealing wrappers

1. Brown pork with scallions over medium heat. Add cabbage strips, stir and cook on high heat to warm through completely. Lower heat to medium, stir in carrots and cook additional 2 minutes. Add mung bean vermicelli and cook 1 to 2 minutes. Season with 1 half teaspoon salt and a few twists of pepper. Drain any excess liquid to minimize moisture. Cool cabbage mixture completely to prevent wrappers from breaking while filling.
2. To fill and shape rolls, lay a small stack of skins on a work surface with one corner of the skin pointing to you. Spoon a thick row of filling across the base of top skin, below its center. Fold bottom corner up and over filling, hold firmly and fold over left and right corners to opposite sides in envelope style. Complete rolling and brush the final corner with egg. Fold corner over to seal.
3. To fry, use a 12- to 14-inch pan that allows oil to cover bottom to a quarter inch. Bring oil to high temperature before adding spring rolls individually. Just as pan is full, turn the first one, and then one-by-one turn the others in the order they went into the oil. Once rolls have all been turned, remove them in the same order and place on a paper towel-lined plate to absorb excess oil, allowing space between each roll to preserve crispness. Serve whole or cut diagonally.

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# Did Your Vote Count?

Panel discusses workaround to Electoral College system

By Brian PJ Cronin

On Jan. 20 at noon, Donald J. Trump was sworn in as the 45th president of the U.S., despite having won 2.9 million fewer votes than his opponent, Hillary Clinton. He won more Electoral College votes, a measure of who received more votes in each state and D.C., and that's what matters. The presidential candidate who did not win the popular vote has only taken office five times before, most recently in 2000 and prior to that three times in the 19th century.

Sandy Galef, a Democratic member of the state Assembly whose district includes Philipstown, said her office was flooded with calls, letters and emails following the Nov. 8 election from constituents asking how Trump could win despite receiving fewer votes than Clinton. In response, Galef convened a panel on Jan. 12 at the Croton Free Library to discuss the Electoral College and possible changes. Her guests were Assemblyman Jeffrey Dinowitz, who sponsored a state bill to reform the Electoral College; Hendrik Hertzberg, a longtime editor and writer at *The New Yorker* and board member of FairVote.org; and Jeanne Zaino, a professor of political science and international science at Iona College.

In the Electoral College system, the number of electors for each state is determined by its population. It is designed so that an individual vote in a smaller state counts more in proportion to an individual vote in a larger state. This means, Hertzberg noted, that a vote in Wyoming counts about 50 to 60 times more than a vote in California, since the state's small population makes each person's vote more significant in the statewide tally. That tally determines which candidates receive the state's electoral votes.

"As political scientists, we ask ourselves what makes for a democratic election?" asked Zaino. "And one of those things is that everyone's vote should count equally. In our system, that's not the case."

Supporters of the Electoral College argue that it ensures that rural and less



Jeffrey Dinowitz, a member of the state Assembly who introduced legislation to reform the Electoral College, speaks at a forum held Jan. 12. Photo provided

populated states and sections of the country are not left out of the campaign. If the popular vote determined the election, candidates would simply campaign in major cities to reach as many people as possible.

However, members of the panel argued this reasoning is flawed.

"Mathematically, it's impossible to win the presidency by just visiting urban areas," said Zaino. "And it's hard for those of us near New York City to realize that, because New York City is so much larger than any other city in the country." While New York City has more than 8 million people, the second most populous city, Los Angeles, has fewer than half that.

Instead of empowering rural states, the panel argued, the system empowers about 10 "battleground" states in which the polls predicting the popular vote are close enough to warrant candidates spend time and money there. That reduces the other 40 states to spectators.

"It's not worth doing grassroots campaigning everywhere in the country," said Hertzberg. "In New York state it doesn't make sense to do a coffee klatch and invite your neighbors over and try to persuade them to vote for your candidate, because New York is a foregone conclusion [for the Democratic candidate]."

The Electoral College could only be dismantled with an amendment to the U.S. Constitution, which would require approval by two-thirds of both U.S. House and Senate members and the legislatures in three-quarters of the states. But there is an easier way, the panel noted. Since it's up to legislators in each state to de-

## Sort of Popular

There have been 58 presidential elections since 1789, and the candidate who won the popular vote did not reach the White House five times.

Year	Contenders	Popular Winner	Electoral Winner
1824	John Quincy Adams vs. Andrew Jackson	Jackson (+38,000)	Jackson (99-84) <sup>1</sup>
1876	Rutherford B. Hayes vs. Samuel Tilden	Tilden (+250,000)	Hayes (185-184)
1888	Benjamin Harrison vs. Grover Cleveland	Cleveland (+90,000)	Harrison (233-168)
2000	George W. Bush vs. Al Gore	Gore (+540,000)	Bush (271-266)
2016	Donald Trump vs. Hillary Clinton	Clinton (+2,900,000)	Trump (304-227)

1. Neither candidate received the 131 electoral votes needed, so the decision went to the House of Representatives, which chose Adams.

termine which candidate's electors get sent to the Electoral College — it could be based on the state's popular vote, the national vote, a coin flip or anything the legislators agree to — each state has the power to buck the system.

In response to this, legislators in many states have introduced bills to create a National Popular Vote Act, which would work as an interstate compact. Every state that passes the act would agree to send electors who represent the winner of the national popular vote, regardless of who won the electoral vote in that state.

To date, states that represent a total 165 electoral votes, including New York and New Jersey, have passed the act, and it is under consideration in five others. The

goal is to have states on board that represent a total of more than the 270 electoral votes needed to win the presidency. However, election analyst Nate Silver has pointed out that no states that consistently vote Republican have adopted the plan, and a traditional swing state seems unlikely to agree to anything that would reduce its influence.

Zaino noted that if the act went into effect and a presidential candidate who won the electoral vote but not the popular vote was kept from office, he or she would almost certainly mount a legal challenge that would end up with the U.S. Supreme Court. But the panel agreed that for those who see a need for reform, the act may be the most effective way to enact change before the 2020 vote.

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## LETTERS TO THE EDITOR

### Indian Point power

Entergy makes the claim that the Indian Point nuclear power plant provides 25 percent of the electricity used by Westchester County and New York City ("Life After Indian Point," Jan. 13). As a result, some county officials have expressed concern about how to replace that electricity. But they have been duped. The electricity from Indian Point has already been replaced.

First, some simple math. Indian Point's two reactors produce 2,060 megawatts (MW) annually. According to Con Edison, the peak winter load for Westchester and New York City is 9,000 MW and jumps to 13,000 MW in the summer. Indian Point doesn't produce a quarter of either of those figures, even if all of its electricity went into our grid, which it doesn't. Entergy sells 560 MW to Con Edison and bids 1,500 MW into the summer Mid-Hudson Capacity market, which serves five counties.

According to news reports, in the winter it sends 1,500 MW to the Boston area, where a lot of gas is diverted for heating and the price of electricity is high. The

New York Power Authority, which supplies the subways, Metro-North, municipalities and government buildings, has not purchased electricity from Indian Point for years because it can get it cheaper elsewhere.

Replacement power does not have to be "new generation." Since 2012, when Gov. Cuomo directed the Public Service Commission to develop a plan for the closing of Indian Point, more than 5,200 MW have been added to the system through improvements in the transmission lines, some new generation, increased efficiency and from "demand response," where large users are paid to curtail usage at peak times. Some of this new generation is gas, but the carbon footprint is already figured into the New York State Clean Energy Plan.

More projects will be coming on line in 2017 and demand has not been as high as anticipated by the independent system operator, the agency that monitors our grid. Do the math and breathe easy. Indian Point's power has already been replaced.

Marilyn Elie, *Indian Point Safe Energy Coalition, Cortlandt Manor*



### Grateful for forum

Rep. Sean Patrick Maloney, who represents Philipstown in Congress, attended a Town Hall meeting at the Desmond-Fish Library on Jan. 8. The turnout was overwhelming as the community expressed its fears and anger with the incoming federal administration. I heard, "He's not my president! We must not normalize the direction that's being taken." Hearing that strong clear statement, I felt a renewed optimism for our country.

Maloney stated that we all need to help as a team — and to stay in contact with him. It was clear that he cares about his constituents and is responsive to our needs.

I am grateful to Eric Stark for arranging this Town Hall (possibly a first?) and that Assemblywoman Sandy Galef, Planned Parenthood and an impassioned talk about climate change were also included.

It's never too late to express our gratitude and support for those elected officials who refuse to attend the inauguration on Jan. 20. I would be proud to see U.S. Senators Kristen Gillibrand and Chuck Schumer and Maloney among the elected officials who will not attend.

The president-elect was not elected by a majority of the voters, and his every decision, whether an appointment, repeal of the Affordable Care Act or in foreign affairs, is severely damaging our country. Lack of public support and acclaim is one of the few actions that affect him.

Betsy Calhoun, *Garrison*

*Editor's note: As of Jan. 17, five members of Congress from New York, not including Maloney, said they would not attend the inauguration. No U.S. senators indicated they would not be there.*

### County accountability

That our county legislature's majority now routinely overreacts to any criticism of how it handled the new Cold Spring senior center lease was evident when it dismissed

(Continued on next page)

## Taking it to the Street By Anita Peltonen

*What is the top thing you want our new president to do in 2017?*



"Show concern for our safety. Cyber infiltration will continue as long as our government is distracted."  
~ Irina Rees, New York City



"Leave Obamacare alone."  
~ Greg Remillard, Cold Spring



"Resign."  
~ Jackie Wlodarczak, Cold Spring



## Hudson Valley Hate Free Zone Holds First Meeting



Maria Jaime, left, board president of the Hudson Valley Community Coalition, speaks during the first meeting of the Hudson Valley Hate Free Zone on Jan. 14. Jaime came to the U.S. from Mexico at age 2 and said she fears the end of the Deferred Action for Childhood Arrivals. More than 200 people gathered at St. Luke's Church in Beacon to support the group, which organizers say was modeled after one formed in Queens "in response to an increasingly hostile climate for immigrants, people of color, Muslims, Jews, LGBTQ people, women and workers." For more information, visit [tiny.cc/hatefreepledge](http://tiny.cc/hatefreepledge). At right is Dominique Suddith, a member of Nobody Leaves Mid-Hudson and a leader of the Hate Free Zone.

Photos provided

## Praise or Protest

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### LETTERS TO THE EDITOR (from previous page)

Legislative Counsel Clement Van Ross on Jan. 3, a year before his term was to expire, without explanation ("Putnam Legislature Fires Counsel," Jan. 6).

Your report was on target to pair this unexpected development with a recounting of the complaints these legislators made against him when his legal opinions of the Putnam County charter temporarily delayed the passage of the revised lease and gave the public access to its contents.

With feelings so sore among our elected representatives, the county needs a different perspective on many substantive, unanswered questions about these incidents that limit our right to a fully accountable, transparent county administration.

As many of your readers know, right before the legislature fired Van Ross, the Rules Committee voted down asking New York State Attorney General Eric Schneiderman about the legality of offering a free and then after-the-fact underpriced special bus service to Philipstown seniors so they could witness the county legislature tackle the controversial senior center lease in Carmel.

In addition, it disregarded repeated and unprecedented cancellations by Putnam County Senior Resources Director Pat Sheehy to appear before them for an unscripted interview about her part in arranging the bus service and a taxpayer-financed awareness campaign to promote the lease.

At this juncture, I urge Putnam District Attorney Bob Tendy to step up to the plate. The Rules Committee ignored my suggestion it consult him as an alternative, but it can't ban Tendy from starting his own investigation of these unorthodox activities and expenses.

Tendy volunteered his Second Amendment views when he argued against a Philipstown proposal to enforce safe storage of firearms. He can do the same with other potential forms of government overreach. Furthermore, one of his predecessors as Putnam DA, former Legislator Kevin Wright, introduced the idea of contacting our attorney general.

Here are five reasons why I believe Tendy must provide us with his professional guidance and insight:

1. The Rules Committee nixed any outreach to Schneiderman, but it allowed Sheehy to obtain feedback from her supervisor in Albany and read that feedback into the record.
2. A last-minute check of \$742 for the buses signed by a private citizen doesn't match the cost of these unique evening bus runs, according to the Putnam County transportation director's own estimates for a bus run to Cold Spring and Dutchess County.
3. When confronted with the impression the administration favored one group over the rest of Putnam's residents,

some legislators said their intention was to help more seniors participate in local politics. Since then, no large number of western Putnam senior citizens has been seen regularly at county legislature meetings.

4. All this time later, we don't know who authorized these buses or the Office for Senior Resources' tapping county-owned facilities and materials to persuade as many seniors as possible to support the lease.
5. The legislature's majority has gone from declaring an in-person session

with Sheehy a priority to letting her stand up the Rules Committee twice and then dropping the matter.

At the Dec. 19 Rules Committee meeting, Legislator Carl Albano called an end to the discussion. For him, those on the legislature who remain concerned about what happened can voice their disapproval, but it wasn't worthy of a high state official's attention.

When I protested Sheehy's stonewalling, Legislator Barbara Scuccimarra dismissed my grievances with, "OK, enough."

Alexandra Ballantine, *Brewster*

### NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN, that a Public Hearing will be held by the Town Board of the Town of Philipstown on February 8 at 7:30 p.m. at the Town Hall, 238 Main Street, Cold Spring, New York 10516. The purpose of the Public Hearing is to hear comments for/against A PROPOSED LOCAL LAW TO AMEND THE TOWN CODE CHAPTER 82 BY ADDING A NEW ARTICLE II ENTITLED "COMMUNITY CHOICE AGGREGATION PROGRAM."

A complete copy of the Local Law is available for inspection at the Town Clerk's Office, 238 Main Street, Cold Spring, New York. The same materials are available on the Town's website: [www.philipstown.com](http://www.philipstown.com).

DATED: January 25, 2017  
BY ORDER OF THE TOWN BOARD Tina M. Merando, Town Clerk



# Beacon on Board with Power Proposal

*Council votes to join renewable energy plan*

By Jeff Simms

Beacon on Jan. 17 became the first Highlands municipality to agree to join a regional Community Choice Aggregation district, while four other local governments consider the proposal.

Following a public hearing, the Beacon City Council voted to authorize the creation of a CCA which, if enacted, would allow the city to bargain on behalf of its homeowners and small businesses for cheaper and more energy-efficient electricity. The citizen group Renewable Highlands has approached five municipalities it believes, if working together, would have the bargaining power to negotiate

for better rates and more environmentally friendly options for residents.

The Beacon vote signals that the city is on board with the creation of a CCA.

The Cold Spring Board of Trustees is expected to discuss the measure on Jan. 24 and Fishkill and Philipstown have scheduled public hearings for Feb. 6 and 8, respectively. Wappingers Falls is weighing the proposal, as well.

If all five municipalities approve the creation of a CCA — which would be the second in New York State, following a Westchester County pilot program — a second round of votes would be required to implement and automatically enroll residents in the program.

CCAs pool electric utility accounts to gain bargaining power in negotiating prices, and individual residents can opt out at any time. If one is enacted in the

Highlands, Central Hudson would still provide delivery and billing services; the CCA would only negotiate rates and sourcing.

A handful of residents spoke during the Beacon public hearing, all in favor of the proposal. Cold Spring Trustee Steve Voloto attended the meeting and said afterward that the municipalities have “nothing to lose” by giving the proposal a try.

“All of the members of the [Cold Spring] board and the mayor are interested in moving forward on this,” he said. “I don’t see why everybody around here would not be interested in it. You can back out anytime if you’re not happy with how things are progressing.”

Twenty municipalities in Westchester banded together to create the state’s first CCA last year, and Renewable Highlands’ Jason Angell said that program stands to

save its 100,000 participating households and small businesses up to \$5 million over the next three years.

## In other business:

- Beacon police officers Joseph Conti and Andrew Dewey were promoted to the rank of sergeant.
- Reuben Simmons was named on a provisional basis as the city’s highway superintendent, succeeding Anthony “Zep” Thomaselli, who retired. Thomaselli will remain with the department as a part-time consultant.
- The council set a public hearing for Feb. 6 on the proposed update to the city’s comprehensive plan.
- The city ratified an agreement with the Beacon Professional Firefighters union, retroactively granting Beacon’s 12 paid firefighters salary increases.

# Notes from the Haldane School Board

*Highlights from Jan. 17 workshop*

By Lily Gordon

Reflecting a trend also seen in Putnam County and the nation, Haldane High School students smoke more marijuana and view it as more socially acceptable than they did just two years ago, according to a confidential survey conducted by the Putnam Commu-

nities that Care Coalition and shared with the Haldane School Board on Jan. 17.

More than 280 of 345 Haldane students in grades 8, 10, and 12 completed the Haldane Prevention Needs Assessment Survey, and nearly 4,000 Putnam County students participated in similar surveys.

The results of the Haldane survey were shared with the board by Joseph DeMarzo, deputy commissioner of the Putnam County Youth Bureau, and Kristin McConnell, executive director of the National



Art teacher Jean Cendali (second from left, at a Haldane elementary art show in 2015) will retire in June.

hol among seniors in Putnam County also dropped to 55 percent last year, from 75 percent in 2010. The number of eighth graders who reported recently drinking has remained at about 10 percent since 2008, he said.

## In other business:

- Foreign language may be added to the curriculum at Haldane Elementary School in the 2018-19 academic year. In a survey sent to families in December,

Council on Alcoholism & Other Drug Dependencies/Putnam, Inc.

While marijuana use has slowly increased among eighth graders to about 8 percent from 2 percent in 2008, no consistent pattern could be discerned among 10th graders, they said. About 20 percent of Haldane sophomores reported smoking marijuana in the 30 days preceding the survey in 2016, compared to 22 percent in 2008. But use went up and down in the succeeding years, from 42 percent in 2010 to 25 percent in 2012 to 38 percent in 2014. Twelfth graders, however, have shown a somewhat steady increase, to 55 percent last year from 38 percent in 2008.

More than twice as many Putnam County students reported using marijuana last year than in 2014, a jump from 12 to 25 percent. “The kids, as do adults, get a mixed message from the media, from parents, from medicine,” said DeMarzo. “When we have these focus groups with students, they say, how bad can marijuana be if it’s going to be used for medical purposes?”

DeMarzo called tobacco and marijuana “gateway drugs” that affect brain development and lead to serious addictions, and encouraged parents to discuss the risks of marijuana use with their children.

He noted that the survey revealed a significant decrease in tobacco use among high school seniors, although the survey did not ask about electronic cigarettes or vaporizers. The consumption of alco-

80 percent of the 151 respondents said foreign language should be “the highest or a high” priority; 85 percent wanted instruction to start in kindergarten or first grade; and Spanish was the overwhelming language requested, according to Principal Brent Harrington.

- Haldane will see a slight increase in its rollover budget, the amount of money the district requires to continue with “exactly what we have this year for next year and if we weren’t to add anything or take anything away,” said Superintendent Diana Bowers. Compared to a final budget of \$23,098,874 for the current year, the estimated rollover budget for 2017-18 will be \$23,583,635, an increase of 2.1 percent. These increases are mostly tied to an increase in health insurance premiums for faculty. “Our reserves are healthy at this point, but there is conversation about using them for buildings and grounds needs in the upcoming year,” said Anne Dinio, Haldane’s business manager.
- Jean Cendali, an elementary school art teacher, will retire on June 22 after 42 years with the district.
- The next Haldane Athletics Code of Conduct meeting is at 7 p.m. on Jan. 26. One possible item of discussion is whether to introduce drug testing to Haldane sports teams, Bowers said.



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## Cold Spring Considers Doubling Speed Limit to 30 mph *(from Page 1)*

lower speed limit in Cold Spring, a historic village heavily visited by tourists and with many pedestrians.

Other proposed traffic changes include:

- Banning parking on the east side of Fishkill Avenue for 25 feet from Mountain Avenue; on the east side of Garden Street for 50 feet from Main Street; on the east side of Chestnut Street for 20 feet south of Main Street; and on the south side of Mountain Avenue for 25 feet from Cedar Street.
- Prohibiting parking on the east side of Morris Avenue for 50 feet from Main Street and on the south side of Main Street for 50 feet from Morris Avenue (alongside and across from Whistling Willie's restaurant, respectively).
- Forbidding U-turns on Main Street.
- Setting fines of \$45, \$90 and \$100, respectively, for first, second and third offenses of parking in a restricted area.

### Firehouse roof

The board began discussions of the condition of the Cold Spring firehouse roof and replacement of the air conditioning



Garden Street's speed limit would increase to 30 mph from the 15 mph now posted and parking would be prohibited for 50 feet from Main Street.

Photo by L.S. Armstrong

(HVAC) system, which fire company members described as necessary for cooling firefighters after action on a hot day and for the firehouse's large meeting room to serve as an emergency public shelter.

The leaking "is just constant," Cold Spring Fire Company President Matt Steltz told the board. Chief Steve Smith

said one contractor estimated reroofing would cost \$80,000.

Voloto observed that roof repairs must precede the HVAC, although it may be possible to repair the roof area containing the HVAC units and fix the rest of the roof later. The village owns the firehouse and thus the roof problems damage a village asset, he said.

Early questioned whether a smaller cooling room would work for firefighters and another building, such as at Haldane, could be used as a public shelter. She recommended that village and CSFC leaders confer; the board scheduled a workshop for 6 p.m. on Tuesday, Jan. 24, preceding the speed-limit hearing.

Along with the roof woes, the CSFC brought some good news. Smith reported the company received 127 calls in 2016, down from 145 the previous year, and that calls to rescue lost hikers were down to one or two annually because the fire company now only assists when hikers are injured. The state parks department takes care of those who are just lost, and trail stewards posted at trailheads are advising hikers about proper clothing and footwear and, most important, how much water they should have, he said.

Smith said the Cold Spring department also answered fewer carbon monoxide and fire alarm calls. "Hopefully that is because people are changing the batteries in their units, as they should when changing clocks with daylight saving," he said, although he emphasized residents should always call the department if their alarms are sounding.

## Nelsonville Voters to Decide on 5-Person Board

*Plus, Philipstown scraps Fair Street sidewalk*

By Liz Schevtchuk Armstrong

Nelsonville decided Jan. 17 to let voters decide whether to add two trustees to its three-person board.

Mayor Tom Corless and Trustees Danielle Pack McCarthy and Thomas Robertson unanimously agreed to hold a public hearing on Feb. 21 on the proposal, and barring unexpected opposition, add the measure to the March 21 village ballot.

Robertson said a five-person board would provide both more personnel to handle village business and avoid open-meeting-law questions if two board members talk informally. "We're very limited by what we can do with a three-member board," he said.

If a majority of voters concurs, two additional trustees would be selected in the 2018 election, with one serving a one-year term and the other for two years. Starting in 2019, all trustee terms would be two years. Two of the three positions, now held by Corless and McCarthy, will be on the March 21 ballot.

Ian MacDonald, an attorney for the village, noted that Nelsonville once had a five-person board. "It's not clear exactly what happened," he said, but "it went to two trustees and a mayor without any explanation."

According to *The Sesquicentennial Anniversary of Nelsonville*, published in 2005, the village government consisted of a president (not mayor) and four trustees after Nelsonville was incorporated in 1855.

Robertson told *The Current* on Jan. 18 that the minutes of a board meeting on March 2, 1898, named four trustees. But when the board convened again less than three weeks later, it had only two trustees and a president. The minutes of that later meeting referred to a "new village law," although no record of it has been found.

### Philipstown

The Philipstown Town Board at its Jan. 5 meeting rejected all bids from contractors for an extension of the sidewalk on Fair Street to run near the Hudson River from the edge of Cold Spring to Little Stony Point, dovetailing with the pending Hudson Highlands Fjord Trail.

Supervisor Richard Shea said the \$100,000 the town received in state funding for the project fell far short of the lowest bid, which was \$211,000. "At this point, it's not going to happen unless we come up with some other money," he said. "It's definitely a good idea, but it just got really complicated."

Also on Jan. 5, the board heard from residents on the need for a fire sprinkler system in the county senior center planned for the Lahey Pavilion at the Butterfield redevelopment complex.

Lynda Ann Ewen, recently elected president of the Philipstown Senior Club, urged the board to encourage county legislators to equip the center with a sprinkler system and termed the lack of one "absolutely unacceptable." Plans for the senior center specify a fire-suppression system in the kitchen but no overhead sprinklers in other areas frequented by up to 100 seniors, including the frail and wheelchair-bound, she said.

Ewen said she fears the county feels sprinklers are too expensive and intends to only meet minimum code requirements. "Our seniors are very upset," she said.

However, Frank Keenan, retired founder and owner of Pidala Electric, disagreed on the need for sprinklers. He recommended a smoke-detector system as a better choice because sprinklers can be erratic, spraying water, making floors slippery and causing panic. Insurers often "think there's more liability from the sprinkler system than from a fire," Keenan argued. He advised the community to defer to experts "and not throw inexperienced people's opinions

out there and slow the project down."

Board members John Van Tassel and Robert Flaherty, both volunteer firefighters, favored sprinklers, although Flaherty echoed the concerns about slippery floors and, like Keenan, saw merit in consulting experts. Van Tassel said that, at least for residential use, sprinkler systems "are so inexpensive to install."

Shea said "it runs counter to common sense" to not provide sprinklers. But board member Nancy Montgomery said the fact that the code does not mandate a sprinkler system "indicates there is a reason it's not needed." She, too, preferred smoke detectors. "It's more efficient and probably keeps people safer," she said.

### Cheaper electricity

At a workshop on Jan. 18, the board scheduled a public hearing for 7:30 p.m. on Feb. 8 at Town Hall (238 Main St., Cold Spring) for discussion of a draft law permitting the town to participate in a community choice aggregation (CCA) program to help municipalities obtain lower electrical rates and renewable energy sources for residents.



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## GE on Hudson River Cleanup: We're Done *(from Page 1)*

agencies and environmental nonprofits are releasing their own assessments of the dredging.

"Everyone should be concerned that GE is hoping the EPA will rubber-stamp its cleanup," said Scenic Hudson President Ned Sullivan. He cited "clear scientific data indicating the job is not done."

In December the state Department of Environmental Conservation issued a report modeled on EPA criteria that found high levels of PCBs remain in Hudson River fish. The findings were not a surprise to environmental groups that argue the benchmarks the EPA requires of GE are based on out-of-date research. Many of the groups banded together in a last-ditch effort to get the company to voluntarily expand the cleanup.

That action, although unsuccessful, seems prescient in the wake of two more recent reports, one by the state Department of Health and another issued jointly by Scenic Hudson and the Sierra Club, about anglers who eat fish taken from the river. Despite years of educational efforts by the DEC and other groups, many of the fishermen interviewed were unaware of the hazards of eating Hudson fish.

Studies have shown that PCBs may cause adverse health effects in humans, including cancer, and can damage the immune, nervous and endocrine systems.

PCB pollution is found all over the world. In the Hudson and other rivers, the pollutant settles into the sediment, where it is eaten by small organisms and fish and passed to humans who eat the fish. PCBs accumulate in fat and in organs such as the liver.

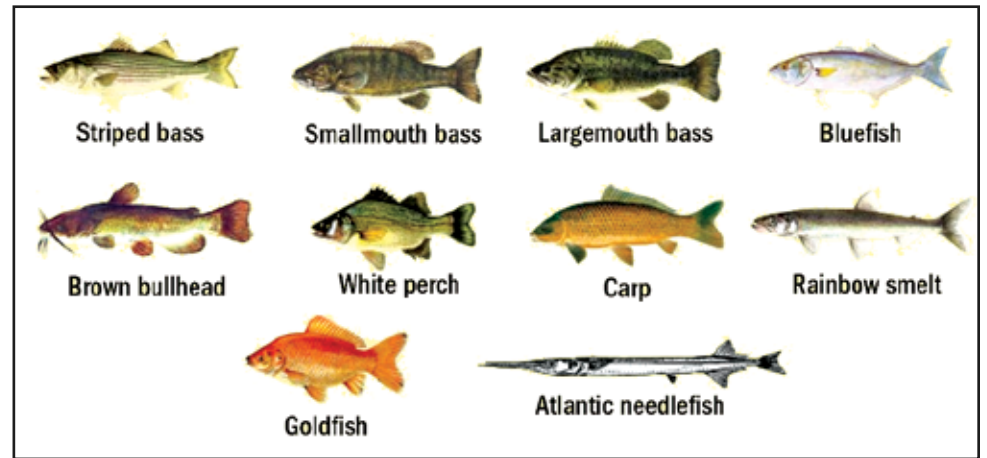
*"Everyone should be concerned that GE is hoping the EPA will rubber-stamp its cleanup."*

PCBs pose special risks for younger women because they can be passed from a mother to her unborn child or through breast milk and have been associated with preterm delivery, low birth weight and learning defects.

Under state guidelines, children and teenagers under the age of 15, and women under the age of 50, should not eat any fish or crab caught from the lower Hudson. Men over the age of 15 can eat certain species sparingly, usually not more than 8 ounces a month. The DEC also advises anglers to cut away and discard the fattiest sections of fish, or at least cook on grills so that excess fat drips away.

But the new reports found that forbidden species such as catfish continue to be caught in the river for meals and are usually fried. In a Scenic Hudson/Sierra Club survey, a third of fishermen said they ate more river fish than the guidelines. Eleven percent of the anglers interviewed by the Department of Health reported eating river fish daily.

Both surveys showed that the majority of "subsistence" anglers on the Hudson



Due to PCB contamination, the state Department of Health recommends males over age 15 and women over age 50 eat no more than one meal a month of these fish found in the lower Hudson. Children under age 15 and women under age 50 are advised not to eat any river fish or crabs, and no one should eat walleye, catfish or gizzard shad. See [health.ny.gov/fish](http://health.ny.gov/fish).

are African-American and Latino men, although language barriers prevented the researchers from accurately surveying Asian anglers who congregate at spots along the Hudson in large numbers. (The state Health Department has posted warning signs in Spanish along the river, including in Beacon.)

"It is distressing, but not surprising, to see that so many people are still eating PCB-contaminated fish" from the river, said Manna Jo Greene, the environmental director for Hudson River Sloop Clearwater. "People need this source of protein for subsistence and they simply have to gamble with the health risks. It means that EPA's so-called 'institutional controls' to protect human health are not working.

Protecting people is why we need a more robust cleanup of Hudson River PCBs."

Although the EPA has not ruled on whether GE must continue the cleanup, the state agencies and environmental groups hope their reports lead to the company being ordered back to work.

"GE wants to declare 'mission accomplished' when fish from the Hudson remain unsafe to eat," said Dan Raichel, an attorney with the Natural Resources Defense Council. "Unless the EPA can somehow now miraculously demonstrate otherwise, then the cleanup is incomplete by [federal] Superfund standards. The people of New York who rely on this river for food, recreation and jobs deserve more from this corporation."

HUDSON HIGHLANDS  
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WEST POINT FOUNDRY

### Haldane & Garrison 7th Grade History Projects on view at the Desmond-Fish Library

The Putnam History Museum invites you to stop by the Desmond-Fish Library to view Haldane and Garrison 7th grade projects for the annual Jean Saunders History Contest. Over 75 students participated in the contest this year, either working individually or with a partner.

Projects are currently available for public viewing at Desmond-Fish Library during regular library hours until Sunday, January 22. Project topics this year include the West Point Foundry, Bannerman's Island, and the Parrott Cannon.

Contest winners will be announced at the Saunders Contest awards ceremony and reception on Monday, January 23 at 6:30pm at Desmond-Fish Library. The snow-date will be Tuesday, January 24 at 6:30pm.

Desmond Fish Library is located at 472 Route 403, Garrison, NY. If you have any questions, please contact Rachel at 845-265-4010, ext. 10 or at [rachel@putnamhistorymuseum.org](mailto:rachel@putnamhistorymuseum.org). Please visit [www.putnamhistorymuseum.org](http://www.putnamhistorymuseum.org) for more information about the Jean Saunders History Contest and other PHM events.

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# The Calendar

## Crash Course

*Peter Kuper, the man behind **Spy vs. Spy**, finds inspiration in the news*

By Kimberly Hiss

In 1996 *MAD* magazine called Peter Kuper with a proposal: Would he like to take over the wordless *Spy vs. Spy* strip, in which Black Spy and White Spy battle it out in escalating spats of creative cartoon violence?

The illustrator had done a wordless graphic novel and was drawing a weekly wordless strip. Apparently *MAD* felt that made him a candidate to draw its franchise, which was created in 1961 by Cuban expatriate Antonio Prohías.

Kuper, who has a home in Cold Spring, almost said no. He was busy with his own projects and reluctant to step into another artist's shoes. He decided to submit a sample created with his signature stencils and spray paint, figuring *MAD* would pass. To his surprise, the editors loved it, and he found the pointy shoes of *Spy vs. Spy* to be a perfect fit. The strip had a great impact on him growing up, he says, and likely steered him toward creating his own silent comics.

He no longer uses spray paint and stencils, preferring the less-toxic tools of pen and ink. Over the past 20 years he has taken the spies in surreal directions, reinventing them as cavemen, old fogies and helicopter shapes. He says he finds inspiration for their twisted and deadly battles in the news.

"The whole point of the strip is that when it comes to destruction there are losers and bigger losers," he says. While Prohías was inspired by the Cold War, Kuper says he felt he was addressing the "Lukewarm War." But the influence of Russian spies on the U.S. election may mean the battle of wills has "come to a boil again," he says. In the latest *Spy vs. Spy*, White Spy hacks into Black Spy's

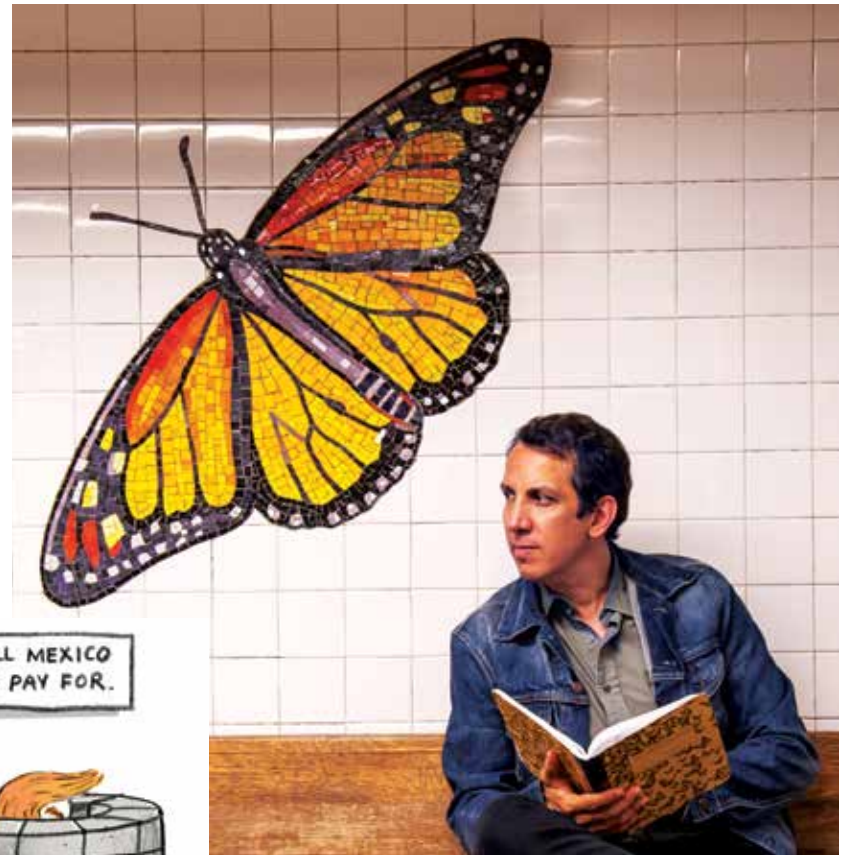
computer, but Black Spy has his revenge.

### Cleveland roots

Twelve-year-old Peter Kuper in 1970s Cleveland would have been thrilled to know he'd grow up to be 58-year-old Peter Kuper in New York today. As a middle-schooler he was so obsessed with comics — first superheroes and later underground publications — that he and a friend would trek to conventions in Detroit and New York, where they would interview their heroes, such as the publisher of *MAD* for a fanzine.

After a childhood that was also rich in international experiences (his professor father took the family to live in Israel for a year) and activism (he marched against the Vietnam war with his parents), Kuper stared down his high school graduation with a sense of panic. Art ultimately led the way, and in 1977 he ended up in New York City after an animator there offered him a job.

Unfortunately, Kuper's would-be boss claimed to have no idea who he was. "I actually sat on the street and did drawings of what people would look like as animals," he remembers from the comfort of his sun-filled



Peter Kuper

Photo by Holly Kuper

Cold Spring living room. "I had a year of just trying to get work in New York."

"Failure is a huge factor as an artist," says Kuper, who teaches illustration at the School of Visual Arts and Harvard. "I tell my students your ability to deal with failure will determine your ability to stick around."

He managed to land a job inking *Richie Rich* comics, then attended Pratt Institute while doing part-time illustration work. Eventually he was able to draw for a living, including for publications such as *The New York Times Book Review*.

### A new direction

While Kuper felt fortunate to be a working illustrator, the projects he was given didn't satisfy his interest in social and political commentary. The first Iraq war prompted him to look for assignments that mattered to him.

As a result, "there was a big dip in the work I was getting," he says, "but I started to climb out and next thing I knew I was doing covers for *Time*." He also did illustrations for *The New York Times*, *Newsweek*, *Mother Jones*, *The Nation* and *Progressive*. And he and his childhood fanzine co-editor launched *World War 3 Illustrated*, an annual anthology of illustrations and comic art.

Kuper began publishing graphic novels, as well, including *The System*, *Sticks and Stones* (which won a Society of Illustrators' gold medal) and adaptations of classics such as Upton Sinclair's *The Jungle* and Franz Kafka's *Metamorphosis*.

"I'm a cruel taskmaster," Kuper says of his schedule. "I should strike and drive myself out of business because I got the work-seven-days-a-week bug."

### To Mexico

Kuper met his wife, Betty, in 1984 during a trip to Spain. They lived in Manhattan but, "needing some green," she persuaded him to rent a place in Cold Spring for the summer. "I thought, Hey this is fantastic!" Kuper recalls.

In 2006 the couple decided to move with their young daughter to Oaxaca, Mexico, for two years. As expected, the experience was eye-opening — including a first-hand perspective of a local teacher's (Continued on Page 14)



A *Time* magazine cover by Peter Kuper



*Spy vs. Spy*

Courtesy E.C. Publications



## FRIDAY, JAN. 20

**Minecraft Mania (grades 3+)**

6:30 – 8 p.m. Butterfield Library | 10 Morris Ave., Cold Spring | 845-265-3040 | butterfieldlibrary.org

**Open-Mic Night**

7:30 p.m. Howland Cultural Center | 477 Main St., Beacon | 845-765-3012 | howlandculturalcenter.org

**Classic Albums Live**

8 p.m. Paramount Hudson Valley  
1008 Brown St., Peekskill | 914-739-0039

**Beacon Bulldogs Wrestling Tournament**

9 a.m. Beacon High School | 101 Matteawan Road, Beacon | 845-838-6900 | beaconcitk12.org

**Women's March**

9 a.m. Walkway over the Hudson  
61 Parker Ave., Poughkeepsie  
facebook.com/POKwomensmarch

**Army Sports**

11 a.m. Women's Basketball vs. American  
1:30 p.m. Men's Basketball vs. American  
Christl Arena, West Point  
845-938-2526 | goarmywestpoint.com

**Upcycle Art Studio for Teens**

11 a.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaonlibrary.org

**Celebration of Winter**

1 – 4 p.m. Taconic Outdoor Education Center  
75 Mountain Laurel Lane, Cold Spring  
845-265-3773 | nyspark.com

**West Point Band: "West Point on the March"**

2 p.m. Eisenhower Hall | 655 Ruger Road, West Point | 845-938-4159 | ikehall.com

**Resist the Trump Agenda Protest**

2 p.m. Polhill Park  
Main St. and Route 9D, Beacon | 845-838-2415

## Calendar Highlights

For upcoming events visit [highlandscurrent.com](http://highlandscurrent.com).  
Send event listings to [calendar@highlandscurrent.com](mailto:calendar@highlandscurrent.com)

**MLK Jazz Celebration**

5:30 p.m. First Presbyterian Church  
10 Academy St., Cold Spring  
845-265-3220 | presbychurchcoldspring.org

**Lounge Dance Night**

7 p.m. Elks Lodge  
900 Wolcott Ave., Beacon | beaonelks1493.com

**Army Hockey vs. Royal Military College**

7:35 p.m. Tate Rink, West Point  
845-938-2526 | goarmywestpoint.com

## SUNDAY, JAN. 22

**Nature Myths and Stories**

10 a.m. Outdoor Discovery Center  
100 Muser Drive, Cornwall  
845-534-5506 | hhnaturemuseum.org

**Winter Walk**

10 a.m. Beacon Train Station  
845-264-2270 | midhudsonADK.org

**Philipstown Garden Club: Peonies**

2 p.m. Garrison Fire House  
1616 Route 9, Garrison

**Fei-Fei Dong (Pianist)**

4 p.m. Howland Cultural Center | Details under Friday

**Gaelic Storm**

7 p.m. Paramount Hudson Valley  
See details under Friday.

## MONDAY, JAN. 23

**Spanish Storytime (ages 0-5)**

10 a.m. Howland Public Library  
See details under Saturday.

**Twisted Tales Theater (grades 2-4)****(First Session)**

2 p.m. Philipstown Depot Theatre | 10 Garrison's Landing, Garrison | 845-424-3900

**Jean Saunders History Contest Reception**

6:30 p.m. Desmond-Fish Library | 472 Route 403, Garrison | 845-265-4010 | desmondfishlibrary.org

**Beacon School Board**

7 p.m. Beacon High School | 101 Matteawan Road, Beacon | 845-838-6900 | beaoncitk12.org

## TUESDAY, JAN. 24

**Howland Public Library**

10 a.m. Knitting Club | 11 a.m. Baby & Me (ages 0-24 mos.) | 6 p.m. Coloring Books for Adults  
See details under Saturday.

**Public Hearing on Parking and Traffic Control**

7 p.m. Village Hall | 85 Main Street, Cold Spring  
845-265-3611 | coldspringny.gov

## WEDNESDAY, JAN. 25

**Howland Public Library**

9:45 a.m. Come and Play (ages 0-3) | 11 a.m. Toddler Tales (ages 2-3) | See details under Saturday.

**BeaconArts Annual Meeting**

6:30 p.m. Beacon Music Factory  
333 Fishkill Ave., Beacon | beaconarts.org

## THURSDAY, JAN. 26

**Butterfield Library**

10 a.m. Bouncing Babies | 12:30 p.m. Little Bookworms (ages 3-5) | See details under Friday.

**Howland Library**

10 a.m. Brain Games for Seniors | 11 a.m. Pre-K Story Time (ages 3-5) | 3:30 p.m. Lego/Tech Club (elementary school) | See details under Saturday.

**Beacon vs. Lourdes (Girls' Basketball)**

4:15 p.m. Beacon High School  
See details under Saturday.

**Soups and Stews with Rebecca Weber**

6:30 p.m. Desmond-Fish Library  
See details under Monday.

**Women's Cancer Support Group**

7 p.m. Vassar Brothers Medical Center  
Reade Place, Poughkeepsie  
914-962-6402. Registration required.

## FRIDAY, JAN. 27

**International Film Series: Secret Ballot (Iran)**

7 p.m. Howland Library | Details under Saturday.

**Beginners' Orientation**

7 p.m. Living Yoga | 3182 Route 9, Cold Spring  
845-809-5900 | livingyogastudios.com

**Haldane vs. North Salem (Boys' Basketball)**

7 p.m. Haldane High School  
15 Craigsides Drive, Cold Spring  
845-265-9254 | haldaneschool.org

**Indian Point (Documentary, 2015)**

7 p.m. First Presbyterian Church | 50 Liberty St., Beacon | moviesthatmatterbeacon.org

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Soul Purpose

Sat., 1/21 7:00 p.m.  
**Boom Kat - Free**  
Saturday Salon

Fri., 1/27 8:30 p.m.  
**Donna the Buffalo**  
Lipbone Redding

Sat., 1/21 8:30 p.m.  
**Livingston Taylor**  
Marc Douglas Berardo

Sat., 1/28 7:00 p.m.  
**The Costellos - Free**  
Saturday Salon

Sun., 1/22 11:30 a.m.  
**Tony DePaolo's**  
Birthday Celebration  
Jazz Brunch

Sat., 1/28 8:30 p.m.  
**Roomful of Blues**

Sun., 1/22 7:30 p.m.  
**Jewmongous**

Sun., 1/29 7:30 p.m.  
**The Flurries**  
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# Twins in Tune

## Brothers share one voice

By Michael Turton

Jeff and Chris Toland have a lot in common, beginning with their birthday 58 years ago. "I'm three minutes older," Chris boasts. But an incident from college reveals one of the most cherished aspects of the brothers' shared lives: music.

In the late 1970s, while Jeff was attending SUNY Fredonia and Chris was at SUNY Potsdam, they returned home for the holidays and discovered that during the same week they had each independently purchased identical mahogany-colored Guild M-25 acoustic guitars. "When we brought our guitars out to show them off, we just looked at each other and said 'What the hell?'" Chris recalls.

Music had been a focal point for the brothers since childhood and now, after a lengthy sabbatical, they are again creating and performing together. They're also living under the same roof in twin (but not identical) apartments in a three-story, turreted, early 19th-century home they are restoring on Schenck Avenue in Beacon.

"My dad taught me to play the ukulele when I was six and I was off to the races," Chris recalls. Jeff took a different path, joining the chorus in grade school. "I was in all the plays and musicals," he said. "But I was also playing guitar by ninth grade."

During the 1980s and 1990s the Tolands played in a New York City band fronted by their older brother, Michael. That collaboration ended when Michael moved to California and Chris returned to Long Island, where the brothers grew up. "Somehow I became a contractor," says Jeff, who owns Toland Construction in Philipstown, quickly adding, "but music is my passion."

For Chris, music is his livelihood. With degrees in composition and teaching, he composes, produces and teaches. He attended the same high school as Mariah Carey and worked as a producer on her first album. He now advises aspiring musicians, offering guidance on everything from how to hire a lawyer to negotiating a record deal. He moved to Beacon to work with his brother on the home on Schenck, which will include a recording studio.

The Toland Brothers played in Cold Spring's Summer Sunset Music Series last year and after an open-mic at the Towne Crier were invited to open there for the Cleverly Brothers. They are on the lookout for more local gigs.



Chris and Jeff Toland in their Beacon studio

Photo by M. Turton

According to Chris, their voices mirror each other as closely as their looks. "As twins, our voices are very similar," he said. "And we've been harmonizing since we were eight years old."

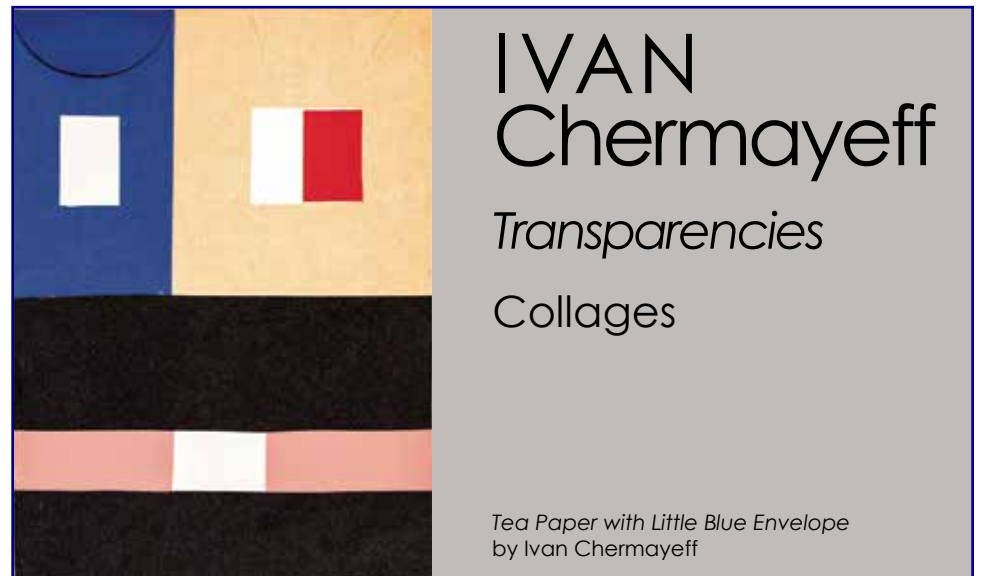
The brothers occasionally add a second layer of twinned harmonies to their performance — those of Jeff's 17-year-old fraternal twin daughters, Laura and Tess Toland. "Their voices are completely aligned and so are ours," Jeff says of their four-part harmony.

The harmony goes beyond vocals. The brothers say they have similar tastes in music, citing influences from

Stevie Wonder and Steely Dan to Alan Holdsworth and Igor Stravinsky. "We work well together and are very aligned emotionally in writing lyrics," Jeff says. While they write as a team, Chris handles the arrangements.

If there is one area where the brothers diverge it may be in how they view technology. Chris embraced it immediately; Jeff insists LPs provide better fidelity.

A CD with their original work should be ready by year-end. "This is an amazing opportunity with Chris moving to Beacon," Jeff says. "It is a wonderful moment in time when we get to work together."



Tea Paper with Little Blue Envelope by Ivan Chermayeff

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# Night Kitchens

Text and photos by Anita Peltonen



Top row, a rainy January night at the Red Line Diner on Route 9; Kennedy Fried Chicken on Main Street in Beacon

Middle row, the deli counter stays open late at Appalachian Market in Garrison; BJ's Restaurant on Main Street in Beacon; a night kitchen serving Mediterranean fare

Bottom row, at right, hostesses at Maya Cafe in Fishkill; far right, the remodeled I-84 diner serves all-American standards plus Greek specialties.







We do not live on a grid. Winding crossroads and small main streets define most of Philipstown. What sidewalks there are tend to roll up well before midnight.

A few restaurants, delis and drinking joints stay open late, but they're few and far between in Putnam County.

Up in Dutchess, in the city of Beacon, more lights stay on until late: BBQ and fried chicken places on Main St.; the Yankee Clipper Diner.

Route 9 and Interstate 84 weave through northern Putnam and southern Dutchess Counties, bringing truck traffic to neon-lit diners also favored by locals. They are just outside of Beacon, in neighboring Fishkill.

The cool-green I-84 diner, at the edge of the highway at Route 52, is open 24/7, with "All Baking Done on Premises," since 1977. The newer Red Line, on Route 9, is a "Mad Men" version of the classic American diner.

There are those for whom these night kitchens are essential. Exhausted emergency workers, workers ending odd shifts who need dinner at 3 a.m., drunk members of wedding parties who still want to drink or eat. Waiters and hosts rouse themselves from staff meals to serve them all.

Finally, some just want not to eat alone. The elderly. Sleepless parents of dozing infants. Others come to parse out their insomnia drinking someone else's coffee.

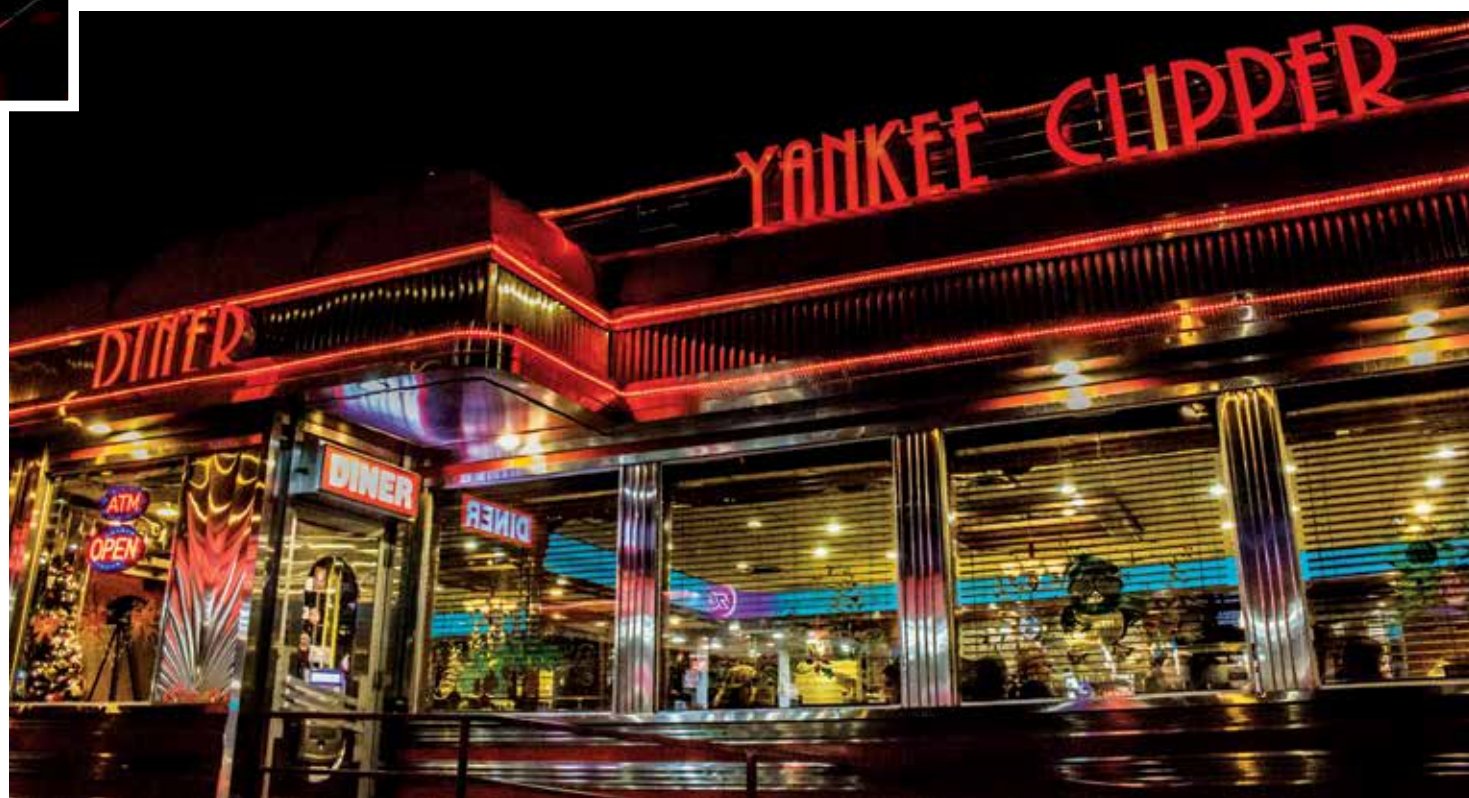
This, too, is nightlife.



Top row, left, the night cooks at Maya Cafe in Fishkill. Right, a quiet hour at the I-84 Diner in Fishkill.

Middle row, left, the White House Restaurant Bar on Route 52 in Fishkill; right, a late-night customer at BJ's Restaurant on Main Street in Beacon

Bottom, the Yankee Clipper on Main Street in Beacon





# Chivalry is Alive and Kicking

*Center launches class to teach boys martial arts and respect*

by Alison Rooney

The martial arts, says Brad Teasdale, has taught him as much as the liberal arts. The Garrison resident has launched a six-part series at SkyBaby Yoga in Cold Spring called "Chivalry and the Martial Arts" that focuses on physical training as well as respect for one's opponent. The classes are being given in tandem with two series of classes for teen girls and are offered on a pay-what-you-can basis.

"I'm trying to root these martial principles within our own culture, in a meaningful context where chivalry is a code of honor, a place for self-discipline and respect," explains Teasdale, who in 2005 received his third-degree black belt in Southern Black Tiger Kung Fu under Sifu Paul Koh. For the past 12 years, Teasdale has studied Northern Eagle Claw Kung Fu under Sifu Cecil Jordan and Grandmaster Leung Shum.

The series, Teasdale says, "introduces the code of ethics and the basics of mar-



Chivalry and martial arts students (left to right): Nate McPherson, Rowan Kuzminski, Julian Ambrose and Ryan Eng-Wong

Photo courtesy of SkyBaby Yoga

tial arts that have been taught to young men throughout the ages. We'll learn the ways of the classical heroes of myth and legend while practicing fundamental techniques of martial arts, including basic self-defense and stance training."

Teasdale hopes to mine the attraction many teen boys have for video games and role playing. "Martial arts are military arts," he says. "The type of kung fu

I've studied began on the battlefields of Northern China over 1,500 years ago. It's a wonderfully rich, ancient system of martial arts — the oldest and most intact system of martial arts we have.

"But the system is only as good as the practitioner. In times of peace we practice the martial arts in different ways. There's a saying, 'It's better to be a warrior in the garden than a gardener at war.' It's about respect for oneself and for one's opponent, and finding beauty in the struggle. The ideal way to defeat one's opponent is through skill, and there's a code of honor used in refining one's skills."

The classes begin with 20 minutes of a cardio warm-up accompanied by "teaching stories, ideas and philosophies — no lectures," followed by 20 minutes of training that includes stances necessary for balance, strength and movement, and basic self-defense. The sessions conclude with 20 minutes of cool down, which Teasdale considers as important as warm-up.

Teasdale, who is the lead massage therapist and trainer for the Manhattan club Soho House, says he wants to give his pupils "a taste of what I call 'living magic,' which is like a live-wire energy, and maybe it will plant a seed. Hopefully some will wind up finding it more attractive than sitting and playing video games."

Although the series began Jan. 19, participants are welcome to join through and including the Feb. 2 session. All sessions take place on Thursdays at 3:30 p.m. Sign-ups are done online at skybabyyoga.com and the cost is \$30 to \$120 for all the sessions. Yoga for teen girls takes place at 3:30 p.m. on Fridays and Pilates for teen girls at 6:30 p.m. on Sundays. Enrollment is ongoing for those classes. SkyBaby is located at 75 Main St., Cold Spring.




Brad Teasdale

Photo provided

## More Yoga for Kids

- Dancing Tree Yoga for Kids in Beacon offers Adventures in Yoga for children ages 5 to 10 at 4 p.m. Mondays at Compass Arts in Beacon and for ages 6 to 12 at 10:30 a.m. on Saturdays at All Sport in Fishkill. Call 612-616-7031.
- Living Yoga Studios at 3182 Route 9 in Cold Spring offers Yoga for Soccer at 5 p.m. on Thursdays through Feb. 23. The fee is \$10 per class. Call 845-809-5900.
- beBhakti Yoga Center in Beacon will offer a class at Forrestal Elementary on Mondays from Jan. 30 to April 7 as part of the Beacon Recreation Department's afterschool program. Call 845-765-2470. beBhakti also offers a class for children ages 4 to 6 at 4:15 p.m. on Wednesdays. Call 845-440-8855.
- Firefly Yoga at 1004 Main St. in Fishkill has a class for ages 3 to 12 at 5 p.m. on Thursdays and for ages 6 to 10 at 10:30 a.m. on Sundays. The fee is \$12 per class. Call 845-896-2840.




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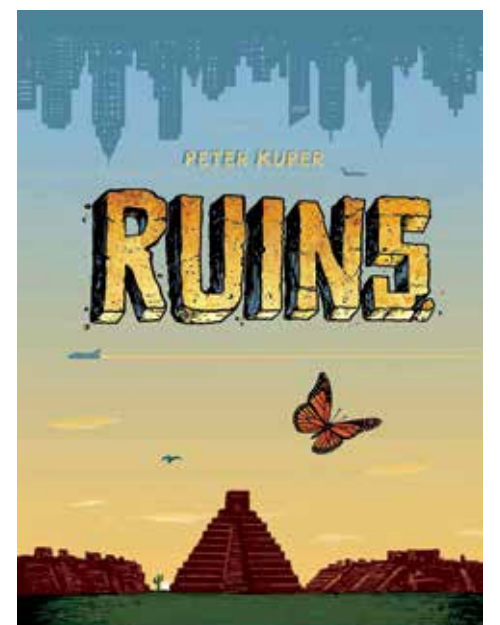
## Crash Course (from Page 9)

strike — but their return to New York coincided with the economic collapse of 2008, which was "particularly devastating because the whole [magazine] industry shifted," he says.

With fewer assignments, he threw himself into a graphic novel, *Ruins*, a fictionalized account that weaves the migration of the Monarch butterfly with the couple's experiences in Mexico. In 2016 it was awarded the Eisner Award for Best Graphic Album.

Today Kuper contributes cartoons to *The New Yorker*, has started an adaption of a Kafka tale called *Before the Law*, helped publish a climate-change issue of *World War 3 Illustrated* and continues to draw *Spy vs. Spy*, which appears in every other issue of *MAD*.

"I'm restless as an artist," he says. "That includes what I want to write about. I'll do something funny, then heavy, then a book with tons of words, then a book that's wordless. My trajectory seems to be a much longer arc, but if you



Kuper's graphic novel, *Ruins*, won an Eisner Award in 2016.

look back from 1980 until now you could see styles that come back around. I'd like to think there's a unifying perspective, but that's up to a reader to decide."



# Stopgap Services for Those in Need

*Partnership offers programs to combat poverty*

By Alison Rooney

The people who run the Community Action Partnership for Dutchess County are well known to police and fire officials, which is a good thing.

"When they go out on a call they can't provide follow-up to a family, but we can," said Elizabeth Spira, who is chief executive officer of the federally funded service organization, based in Poughkeepsie. "What they can do is tell them 'someone from CAP will call you and help you get help.' The police and firefighters see the conditions people are living in and it can be hard for them because they have no recourse, so it's nice for them to feel they're connected. Many say no the first time, but we don't get discouraged because they often come around. It can be hard to reveal things to a stranger, but we try to convince them that it's worthwhile to review your options."

The nonprofit's mission is to improve the lives of Dutchess residents who live in poverty. It has five sites in the county, including in Beacon. The program is funded in part by a federal Community Services Block Grant distributed through the Department of Health and Human Services.

"We operate programs that will help families spend less or earn more," said Spira. "The goal is to make them more self-sufficient. Our managers allow clients to 'own it' because it becomes much more precious to them than it would receiving a handout. We do have emergency services, but we then want to make sure they have other things in place."

She added: "There's a fine line between where financial assistance plugs a hole in a dam, but doesn't solve the problem causing that hole. For example, when someone is behind on rent, we can pay one month but also call the landlord to work out a payment plan after that."

The national Community Action Partnership network was established in 1964 as part of President Lyndon B. Johnson's "war on poverty" initiative. Each state is given money to manage and distribute, and New York has established a CAP agen-



Elizabeth Spira

cy in nearly every county. (Putnam County residents are served by the Westchester Community Opportunity Program, which is based in White Plains and administers about 25 programs.)

The federal money is "not the beginning and end of funding but it's the cornerstone," Spira said. Assistance is tailored to the specific needs of the area being served. For example, in Beacon, the Office for the Aging administers an outreach program for homebound seniors and transportation to the local friendship center as well as a regular Wednesday shopping trip.

Appointments are preferred at CAP's Beacon office, located at 10 Eliza St., but



The Community Action Partnership's Beacon office

Photo by A. Rooney

## What CAP Offers

### Employment Case Management

Job searches, resumes, skills evaluation

### Emergency assistance

Bills, medical, rent, utility bills, food, clothing

### Health Insurance Coverage

Navigating enrollment

### Prescription Assistance

Funding for medications

### Medical Gap Care Fund

Financial emergency assistance for individuals in treatment for breast cancer for costs not covered by insurance

### Care Fund Grant Program

Transportation, medication and financial assistance for individuals undergoing treatment for prostate and/or colon cancer, or other urologic and digestive issues

### Dress For Success/Suited for Success

Clothing for employment interviews and jobs, as well as career coaching and mentoring.

### Income Tax Assistance

Preparation of income-tax returns and counseling on the Earned Income Tax and child-care credits

### Weatherization Assistance

Energy audits and energy-saving measures

### Home Energy Assistance Program

Temporary emergency fuel, furnace repairs

### Food Pantry

No cost to eligible families

### Retired and Senior Volunteer Program

Matches between volunteers ages 55 and older and nonprofits who need assistance

also share information with each other so "each advisor at any of the centers knows the client's story and the client doesn't have to tell it 15 times over again," Spira said. "Sometimes a client just needs a partner who can help them. A conversation with a client advocate can help them push the door a bit harder. We have very committed people and a very organized program."

For more information, visit [dutchesscap.org](http://dutchesscap.org) or call the Beacon office at 845-831-2620. For the Westchester/Putnam office, visit [westcopy.org](http://westcopy.org) or call 914-592-5600.

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## COMMUNITY BRIEFS

## Jazz Concert to Honor King

*First Presbyterian series continues Jan. 21*

The First Presbyterian Church of Philipstown is hosting a celebration of the life of the Rev. Martin Luther King Jr. at its monthly Jazz Vespers on Saturday, Jan. 21. The concert begins at 5:30 p.m. Gospel singer Rene Bailey joins Tom McCoy on piano, Mike Larocco on drums, Lew Scott on bass, Ed Xiques on saxophone and Gareth Guest on clarinet. The service features jazz, congregational singing and reflections on King. The event is free but donations are welcome. The church is located at 10 Academy St. in Cold Spring.

## Desmond-Fish Workshops

*Specialists will speak on essential oils, stews, clutter*

The Garrison library has three upcoming workshops planned.

On Wednesday, Jan. 25, at 1:30 p.m. Jen Rambala, a wellness educator, will present "Essential Oils 101." She will cover how to boost health, manage stress and use oils for ailments such as diaper rash and cuts and scrapes. The talk is free.

On Thursday, Jan. 26, at 6:30 p.m., Culinary Institute-trained chef Rebecca Weber will demonstrate how to make soups and stews to warm up chilly nights. A \$10

donation is requested to cover supplies.

On Sunday, Jan. 29, at 2 p.m. professional organizer Madeleine DeNitto and clinical psychologist Susan Carroll Berck present a free program called "The Emotions of Clutter." They'll discuss why many people are attached to objects and exercises for how to get organized.

## Valentines for Veterans

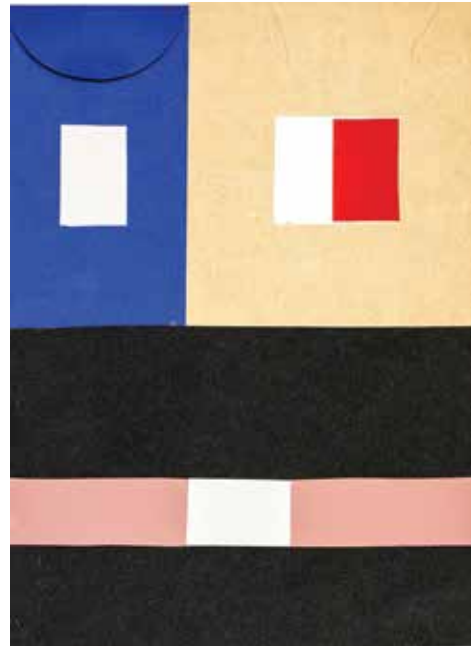
*Cards will be shared with thanks*

For the third year, U.S. Rep. Sean Maloney is asking constituents to create Valentine's Day cards to thank veterans for their service. Cards dropped off by Feb. 10 or mailed to his district office (123 Grand St., Second Floor, Newburgh, NY 12550) will be delivered to the VA Hudson Valley Health Care Facility at Castle Point. Schools are encouraged to sign up. For more information, call 845-561-1259.

## Collage Show at Garrison Art Center

*Graphic designer uses found objects*

An exhibit by Ivan Chermayeff, *Transparencies*, opens on Saturday, Jan. 28 at the Garrison Art Center on Garrison's Landing with a reception from 5 to 7 p.m.



*Tea Paper with Blue Envelope (2015) by Ivan Chermayeff*

It is the third show at the center by the graphic designer, who designed logos for the Museum of Modern Art, Pan American airlines and Showtime.

The show features collages made with materials found on city streets such as postcards and letters. It will be on view through Feb. 26. The gallery is open from 10 a.m. to 5 p.m., Tuesday to Sunday.

## Pumpkin on the Menu

*Restaurants will feature flavorful variety*

Last year Glynwood launched a program with 11 Hudson Valley farms to grow the Long Island cheese pumpkin, a flavorful cultivar with a long history in the U.S. From Jan. 23 through Feb. 6, menu items featuring the pumpkin will appear at Hudson Valley restaurants, including The Roundhouse in Beacon, as part of Glynwood's Kitchen Cultivars brand. For a full list of participating restaurants, see glynwood.org.



Long Island cheese pumpkins

## Film, Discussion on Medically Assisted Death

*How to Die in Oregon to be screened Jan. 28*

The film *How to Die in Oregon*, which won the Documentary Grand Jury Award in 2011 at the Sundance Film Festival, will be shown at 2 p.m. on Saturday, Jan. 28 at the First Presbyterian Church of Philipstown. (The snow date is Jan. 29). A discussion about the proposed Medical

Aid in Dying Act, introduced in the state legislature in May 2016, will follow. The screening is free. For more information, email NY@compassionandchoices.org.



A red-winged blackbird

Photo by Jim Ridley

## Bird Exhibit Opening

*Focuses on local species*

The Hudson Highlands Nature Museum in Cornwall will open a new interactive exhibit, *Birds on the Wing*, from noon to 4 p.m. on Saturday, Jan. 28. Curated by Wildlife Education Center Manager Emily Nestlerode, the exhibit explores the world of birds and will help visitors learn more about local species. The opening weekend features a bird craft and an opportunity to meet some of the birds that call the museum home. Admission, including snacks, is \$3 for non-members and free for members. See hhnmm.org.

## Get Creative in 2017

*Life coach to offer workshops*

Life coach Robin Hutchinson is leading a series of workshops for anyone who wants to start or finish an artistic or literary project. She says a group setting is ideal for sharing ideas and getting motivated. A four-part series begins at the Butterfield Library in (Continued on next page)



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WED & THU 7:15

**Monster Trucks** (PG)  
FRI 2:00 5:00 8:00, SAT 12:00 3:00  
6:00 9:00, SUN 1:00 4:00 7:00  
MON 7:00, TUES 1:00 4:00 7:00  
WED & THU 7:00

**xXx: Return of Xander Cage** (PG13)  
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Cody Curtis, who had terminal cancer when she took her own life at age 54 with the assistance of doctors and whose story is told in *How to Die in Oregon*.



## COMMUNITY BRIEFS

Cold Spring on Tuesday, Jan. 31 at 6 p.m. The workshops are free but registration is required. Call 834-265-3040.

## Trivia Night Fundraiser

*Haldane School Foundation event is Jan. 27*

The Haldane School Foundation will hold a fundraiser Trivia Night on Friday, Jan. 27 at 8 p.m. The event is for adults and teams of 8 to 10 people can participate. The \$45 ticket includes chili and beer and wine. There will also be a raffle and prizes. The event will be held at St. Mary's Parish Hall in Cold Spring. To purchase tickets, visit [haldaneschoolfoundation.org](http://haldaneschoolfoundation.org).

## Beacon

## More Women's Marches

*Rallies in Beacon and Poughkeepsie*

Although the largest women's marches on Saturday, Jan. 21, will be in Washington, D.C., and New York City (see "Topping Off Women's Marches," Jan. 13), more than 600 "sister marches" are planned across the county, including in Beacon at 2 p.m. at Polhill Park. Organizers encourage participants to bring signs expressing their concerns with the new presidential administration. For more details, call 845-838-2415.

Earlier in the day, at 9 a.m., there will be a rally and march from the Poughkeepsie entrance to the Walkway Over the Hudson. Volunteer organizers for the nonpartisan event encourage participants to bring positive signs and banners. See [actionnetwork.org/events/poughkeepsie-womens-march-across-the-hudson](http://actionnetwork.org/events/poughkeepsie-womens-march-across-the-hudson).

## College Open House

*Mount Saint Mary to host Jan. 29*

Mount Saint Mary College in Newburgh will host an open house for high school students on Saturday, Jan. 29 from 9 a.m. to 2 p.m. Academic advisors and counselors will be available to talk with prospective students about their plans, applications and transferring credits.

## Share Your News With Our Readers

Share news and announcements with the readers of *The Highlands Current*. To submit your upcoming events and announcements for consideration in our Community Briefs section (in print and online) submit a text-only press release (250 words or less) along with a separately attached high-resolution photograph to:

**[calendar@highlandscurrent.com](mailto:calendar@highlandscurrent.com)**

The Mount offers bachelor's and master's degree programs in healthcare, business, education, social services and communication/media and launched a criminology major last year. See [msmc.edu](http://msmc.edu). The campus is located at 330 Powell Ave.

## Free Tax Help

*Volunteers will assist with filing*

Last year a coalition of non-profit groups helped more than 7,000 Dutchess and Orange county residents complete their tax returns. Free tax help is again available starting Feb. 1 for low- and moderate-income residents. Volunteers from the AARP Foundation Tax-Aide program will be on hand at a number of sites, including two in Beacon. AARP membership is not required.

Appointments can be reserved on a first-come, first-served basis. Call 800-899-1479 daily between 9 a.m. and 7 p.m. To volunteer as a Tax Aide, see [aarp.org/money/taxes/aarp\\_taxaide](http://aarp.org/money/taxes/aarp_taxaide).



AARP's Tax Aide program will offer assistance at two locations in Beacon.

Visit [highlandscurrent.com](http://highlandscurrent.com) for news updates and latest information.



A view from inside Indian Point, from a documentary on the plant by Ivy Meeropol

Motto Pictures

## Indian Point Documentary to be Shown

*Director will speak after screening*

In a moment when the nuclear power plant is making headlines, *Indian Point*, a documentary by Cold Spring resident Ivy Meeropol, will be shown at 7 p.m. on Friday, Jan. 27 at the First Presbyterian Church in Beacon. The screening is free, although donations are welcome. Meeropol will be the guest speaker following the film.

The Movies That Matter Beacon series, sponsored by First Presbyterian Church, the Beacon Peace Awards Foundation, the Beacon Independent Film Festival,

Southern Dutchess NAACP and Connie Hogarth Center for Social Action, takes place on the last Friday of each month. See [moviesthatmatterbeacon.org](http://moviesthatmatterbeacon.org).

## Sprout Out Gala

*Hudson Valley Seed to hold fundraiser*

Hudson Valley Seed is holding a fundraiser on Saturday, Jan. 28 from 4:30 to 9:30 p.m. at 9 Hanna Lane in Beacon to celebrate five years of working with Hudson Valley children and teenagers. The event will include dancing, a live auction and food from Stock Up, Marbled Meat and the Beacon Hotel. Tickets start at \$200 and can be purchased at [hudsonvalleyseed.org](http://hudsonvalleyseed.org).

## Dia:Beacon Staff Show Off Talent

*Gallery to showcase art by museum workers*

On Saturday, Jan. 28, from 6 to 9 p.m., the Matteawan Gallery in Beacon will open an exhibition of artwork by the employees who make Dia:Beacon's installations and exhibitions happen. The annual show includes work in all mediums and reflects the diverse talents of Dia's staff. It will be on display through Feb. 11, with a closing reception scheduled for that day from 6 to 9 p.m. The gallery is open on Saturday and Sunday from noon to 5 p.m. See [matteawan.com](http://matteawan.com).

## Support Groups

For a full list of area support groups, visit: [highlandscurrent.com/sg](http://highlandscurrent.com/sg)



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## Sports (continued from Page 20)

## Beacon Defeats Sleepy Hollow, Henry Hudson for First "Wins"

*After forfeiting first seven victories, Bulldogs improve to 2-11*

By Leigh Alan Klein

The Beacon boys' basketball team walked into the well-lit, cardinal-red Sleepy Hollow gym on Jan. 13 with 37 minutes on the game clock, dressed in their game shorts and white with navy long sleeve shooting shirts donning Beacon on the front and the player's number on the back, high up on the center of the neck.

This would be the Bulldogs' first opportunity on the court to salvage a season that had seven victories taken away on Jan. 9 due to a senior who had been found to be academically ineligible in a snafu that school officials admitted was the district's fault. He had scored 22 points in their last victory, over Spackenkill, but now sat in street clothes in the stands. (According to one report, the senior had enough credits and needed to only take three classes; to be eligible for sports, a student must be enrolled in four.)

The Bulldogs would make the most of the opportunity, defeating Sleepy Hollow, 64-56, behind Jemond Galloway's 22 points and 12 rebounds. The team was humbled by Lourdes the next day, 73-43, in a makeup game but on Jan. 18 edged Hendrick Hudson, 54-52, to improve to 2-11. Seven games remain. The team must earn 32 points to make the state tournament, with four points awarded for each win and bonus points added at the end of the season based on the final records of the teams they defeat.

In Sleepy Hollow on Jan. 13, it was a back-and-forth affair with the Dutchmen leading after one quarter, 20-16. The Bulldogs had no answer for Sleepy Hollow's 6-foot-7 forward Andrew Laub, who had 10 points,



Brandon Evans converts at the foul line against Sleepy Hollow.

Photo by L. Klein

including a pair of three pointers. The Bulldogs defended in a packed 2-3 zone.

In the second quarter, Sleepy Hollow exploited the interior of the Beacon defense with strong drives and by attacking the glass. The Dutchmen lead swelled to 36-21 and it looked as if Beacon was ready to return to their bus. Sleepy Hollow extended its zone, pressuring the Beacon guards above the three-point line.

But Beacon rallied. Late in the quarter, Galloway looked unstoppable, scoring the last six points to cut the lead to 10 going into the half.

"I can't say enough nice things about Jemond," said Beacon coach Scott Timpano. "He's a harder worker, he's tenacious, he didn't come out of the game for one second, playing through it all. He's a monster inside. When we get him the ball great things happen; it changes how teams have to play us and it opens up our offense."

At the half, Galloway had 11 points and

Brandon Evans 8. Laub led Sleepy Hollow with 16.

Coming out of the break, Galloway imposed his will. Even a botched slam dunk that saw the ball fly 12 feet up in the air fell back through the net. On the next trip down he completed a dunk, and suddenly it became a six-point game, 38-32, with the momentum favoring Beacon.

Brandon Evans made back-to-back layups and was fouled on the second for a three-point play that cut the lead to 44-42 at the end of the third quarter.

"Evans is a smooth player, dynamic," says Timpano. "He has a deceptive first step attacking the crease of the zone. He has a lot of lift, he's electric to the basket and he helps us on the glass. He's a phenomenal addition to the team."

In the fourth quarter, the Bulldogs adjusted their zone to a 1-2-2, which gave them better coverage on the perimeter and protected the middle of the lane. Za-

mere McKenzie, a non-factor for much of the first three quarters, awoke, driving the basketball strong for a layup to tie the score at 46.

The game stayed knotted at 46 after three empty Beacon trips with Evans trying to do too much before Sleepy Hollow jumped in front again. A McKenzie steal led to a free throw and Galloway converted a tip-in to put Beacon up 49-48 with 43 seconds remaining. McKenzie stole a pass but missed the layup; Davis was there for the follow to give Beacon a three-point lead with 10 seconds left.

"Our players have great speed and are ball hawks," said Timpano. "If they stay tucked in, with active feet, we can get turnovers."

With five seconds remaining, Sleepy Hollow inbounded the ball from side court. The gym was waiting for Laub to get the ball. The Dutchmen started him under the basket and ran him to the top of the key. The ball went to the left side, where Jack Starkey drained the three to force overtime.

The gym erupted, the Sleepy Hollow bench celebrated and the Bulldogs stumbled over to the bench. But sparked by McKenzie and Evans, the Bulldogs pulled in front during the OT, 59-53, with 2:20 left. Laub drained a three to get Sleepy Hollow close but the Dutchmen never got closer. Beacon led by eight with 25.9 seconds left, in large part because of the defense of Deonte Komisar.

"Deonte has an incredible wingspan," said Timpano. "Today, he did a great job getting out in the corners. He was all the difference in covering Laub in the corner, to take away his shooting."

"This win is everything; it's our first win," Timpano said after the game, obviously proud of his team's effort. "It starts to build that foundation of belief in ourselves once again. It doesn't get easier."


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# Kid Scoop

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE  
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 © 2013 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 29, No. 47

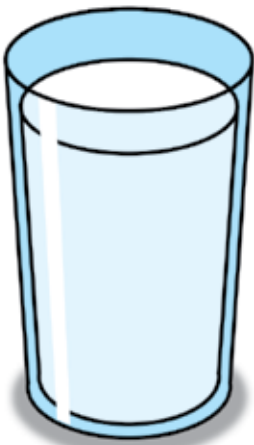
## A Cheesy Nursery Rhyme

**Little Miss Muffet  
Sat on a tuffet  
Eating her curds and whey...**

You've heard this nursery rhyme many times, but what exactly are curds and whey?



**CONTAINS** Replace the missing words in the article below. **QUICKLY**  
**BITS** **ANCIENT** **CHEESE** **MILK**



**How can a glass of milk become a piece of cheese?**

Milk in a glass looks like a liquid. But it is actually a liquid that contains lots of solid \_\_\_\_\_ of protein.

When milk gets old, or when a little acid is added, the bits of protein bond together and form clumps called **curds**. If you have ever eaten cottage \_\_\_\_\_, then you have eaten curds.

The leftover liquid is called **whey**.

### From curds to cheese

Before refrigerators, \_\_\_\_\_ would spoil \_\_\_\_\_. Back then, \_\_\_\_\_ people stored milk in bags made from a cow's stomach. The inside of a cow's stomach \_\_\_\_\_ an acid called **rennet** which makes the milk form curds. People discovered that when curds are pressed together to remove the whey, they made a solid cheese.

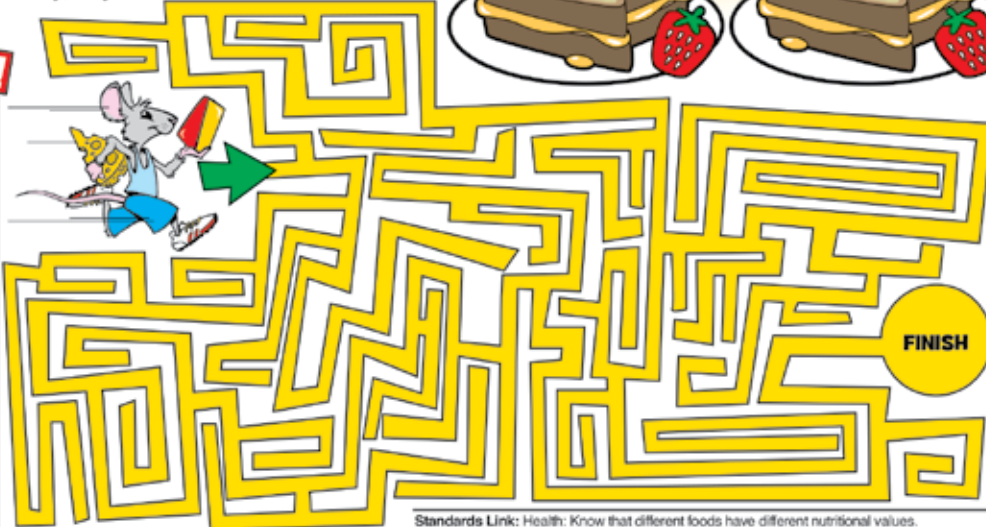


**Extra! Extra!**

**Say Cheese!**

Look through the newspaper for pictures of people smiling. Cut out the smiles and make a "Say Cheese!" happy poster.

Standards Link:  
Visual Art:  
Communicate meaning through art.



Standards Link: Health: Know that different foods have different nutritional values.

## STEM in the KITCHEN EXPLORING CURDS AND WHEY

**STUFF YOU'LL NEED:**



1/4 cup fat free milk



a clear glass



2 tablespoons white vinegar

**WHAT YOU DO:**

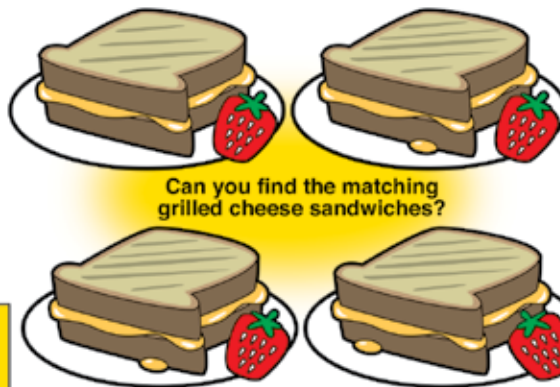
1. Pour 1/4 cup of fat free milk into a clear glass.
2. Measure 2 tablespoons of white vinegar and pour it into the milk.
3. Stir the vinegar and milk together, then observe!

**WHAT HAPPENS?**

The acid makes the milk solids in the milk stick together to form **curds**.

**WHAT'S NEXT?**

Try this experiment again using different kinds of milk (1%, 2%, whole). Try curdling the milk with lemon juice, another weak acid. Are the results the same?



Can you find the matching grilled cheese sandwiches?

## Cheesy Math

How much cheese does the United States produce each year?

(26 - 17)  
billion pounds.

How much milk will a Jersey cow produce in one day?

(35 - 29)  
gallons.

Wisconsin and California make what percentage of the world's cheese?

(36 - 11)  
percent.

About how many pounds of cheese does the average American eat every year?

(16 + 17)  
pounds.

The British Cheese Board claims there are over

(350 + 350)  
local cheeses in Britain.

How much milk will a Holstein cow produce in one day?

(53 - 45)  
gallons.

Standards Link: Math: Solve problems using addition and subtraction.

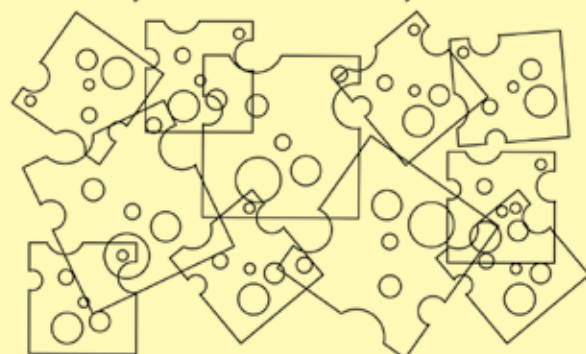
**Write On!**

## Cheese Moon

What would happen if the moon were made of cheese? Write a silly story about astronauts exploring a cheesy moon!

## Kid Scoop Puzzler

How many slices of Swiss cheese do you see here?



According to the American Academy of Pediatric Dentistry, many kinds of cheese can help protect your teeth from acids that cause cavities. So for a healthy smile, always say "CHEESE!"

## Double Double Word Search

PROTEIN  
RENNET  
MUFFET  
CHEESE  
CURDS  
CLUMP  
SOLID  
SPOIL  
RHYME  
WHITE  
PIECE  
LEMON  
WHEY  
BOND  
MILK

Find the words in the puzzle. Then look for each word in this week's Kid Scoop stories and activities.

S T O M E C N M B D  
T E H I N I U S O I  
E N G T E F P R N L  
C N O T F M N M D O  
E E O E U I I L E S  
I R T L Y A B L O P  
P U C H E E S E K O  
T E M Y H R N O W I  
E T I H W N O M E L

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

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# Sports



Allison Chiera (13) battles for a rebound during the Blue Devils' first matchup with Putnam Valley earlier this season. The two teams met again at Haldane on Jan. 19.

Photo by Richard Kuperberg Sr.

## Haldane Girls Fall To Briarcliff, 66-61

*Coach hopes Class B battles prep team for tournament*

By Leigh Alan Klein

Last year's Class C regional semifinal defeat to Pine Plains made an impact on Haldane girls' basketball coach Tyrone Searight, who felt that for the Blue Devils to advance to Glens Falls in 2017 they would need to be ready for tough competition.

With that goal in mind, he upgraded Haldane's 2016-17 schedule to include more Class B schools. After losing to Irvington early, the team has notched wins against Valhalla, Westlake and Pleasantville. The most recent test of Searight's strategy was on Jan. 17 in a visit to Briar-

cliff High School, which had lost only one game this season.

From the onset, Searight's strategy seemed clear; force the Bears up-tempo to utilize Haldane's advantage in quickness and depth. Haldane is at its best swarming the basketball and creating fast breaks.

Briarcliff features a talented nucleus led by sophomore guard Maddie Plank, who was named seventh team Class B All-State last season. She is the focus of the offense and Haldane did its best to challenge her.

At the onset, Briarcliff sliced through Haldane's pressure and capitalized on strong drives to the basket. Often the Bears would get multiple rebounds attacking the undersized Haldane squad on the glass. "We have been stressing all year as a small team that we must get physical and box out for us to advance to where we

High School Varsity Scoreboard

Boys' Basketball

Lourdes 73, Beacon 43  
Jermond Galloway (13 points), Zamere McKenzie (11)  
Beacon 54, Hendrick Hudson 52  
Putnam Valley 53, Haldane 32

Girls' Basketball

Haldane 50, Chester 29  
Briarcliff 66, Haldane 61  
Lourdes 88, Beacon 31  
Hendrick Hudson 53, Beacon 45

Boys' Bowling

Beacon 7, Arlington 0

Girls' Bowling

Arlington 4, Beacon 3

Boys' Swimming

Ossining 107, Beacon 76  
First-place finishers  
200-meter freestyle  
Lucas O'Blaney 2.02.58  
500-meter freestyle  
O'Blaney 5.40.10  
400-meter relay  
Patino, Camilo, O'Blaney, Landers 3:46.49

Indoor Track

Section 1, League 3B Champs  
Top finishers

Haldane Girls

1,000-meter run  
7. Angel Zhang 3:34.23  
300-meter dash  
10. Ashley Haines 47.05  
55-meter hurdles  
1. Kiki Cruz 9.44  
55-meter dash  
5. Bridget Goldberg 8.23  
Shotput  
1. Romy Decimus 31-00.25  
2. Catherine Parr 28-02  
Long jump  
3. Paige Lee 11-10.5

Haldane Boys

Team score: 42 (5 of 5)  
1,000-meter run  
2. Adam Silhavy 2:44.26  
4. Michael Tompkins 2:48.83  
High jump  
2. Trevor Earle 5-06  
Triple jump  
2. Jose Mendoza 38-06.25  
Long jump  
6. Mendoza 16-02  
1,600-meter run  
3. Nick Farrell 4:47.52  
6. Joseph Abata 5:05.12  
3,200-meter run  
1. Nick Farrell 10:28.06

want to go," Searight said.

Briarcliff took a 14-9 lead after Plank hit a three but Hannah Monteleone of the Blue Devils answered with a three of her own. At the end of the first, Briarcliff was up 21-15.

Briarcliff continued to dominate inside but Alzy Cinquanta caught fire and scored eight straight points to tighten the game. Haldane's defensive pressure forced several errors before Chiera scored on a lay-up to give Haldane its first lead, 34-33. The half ended with the teams tied at 35.

In the third, Chiera was effective scoring in the lane, scoring on lay-ups off a screen. When Searight rested his core three for a moment, Plank took advantage, nailing a three. Cinquanta made a reverse lay-up but Plank hit another three. Missy Lisikatos made a strong drive to the basket, drew a foul and converted both free throws and the teams finished the third with Briarcliff up by eight.

Haldane started the fourth quarter playing a 2-3 zone defense for the first time. After the Bears converted on the inside, Haldane went on a run. Lisikatos hit a basket on a back-door cut and freshman Olivia McDermott nailed a three-pointer to push Haldane ahead, 61-60.

Unfortunately, Haldane would not get another clean look at the basket. The officials did Haldane no favors with two questionable calls, the first of which led to a Haldane turnover. With Briarcliff holding a three-point advantage, and Haldane in-bounding under the basket, Plank knocked the ball away from Chiera, which led to a tie-up. One official called jump ball, but apparently in the split-second that Briar-

Haldane girls basketball coach Tyrone Searight is shown during a game against Putnam Valley earlier in the season.

Photo by Richard Kuperberg Sr.

cliff may have possessed the ball, the other official heard a Bears player call time-out.

Haldane was forced to foul and senior Jackie Contento calmly iced the game with two free throws, for a final score of 66-61. Chiera lead the Blue Devils with 19 points, Cinquanta had 15 and Monteleone chipped in 9.

"I am not taking anything away from what they did, but I thought we outplayed them until the last three minutes," Searight said. "We let it get away from us. We didn't make the right rebound, the right passes, to make the layup."

The Blue Devils (10-3) hosted Putnam Valley on Jan. 19 and next play Friday, Jan. 27 at North Salem.

More Sports on Page 18

Highlands Current Athlete of the Week

Nick Farrell, Haldane High School

Farrell continues to show why he's one of the best 1,600-meter and 3,200-meter runners in Section 1, with a strong performance at the League 3B Championships on Jan. 15 at the Armory in New York City. The junior, who also runs cross-country, won the 3,200 in 10:28.06, edging a competitor from Pawling by half a second, and finished third that same day in the 1,600 in 4:47.52. "Nick is setting the groundwork for a big jump outdoor season and with the continued hard work will be a contender to make states this spring," said Coach AJ McConville.

Nick Farrell anchored the 4x800-meter relay at the league championships in 2016.

Photo by Michael Haines