



Arts
retrospective
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School Drug Study

Disturbing trends, cause for optimism

By Kevin E. Foley

An audience of approximately 50, mostly parents of teens, recently received the latest data on the use of drugs and alcohol by young people in the Haldane School District. The report, sponsored by the Putnam County Communities That Care Coalition, a group committed to preventing underage drinking and drug abuse, offered cause for varying degrees of optimism, concern and worry, depending on one's perspective.

Held at the Butterfield Library on Friday morning, Dec. 19, the presentation, organized by the Haldane PTA, took attendees through a printed PowerPoint display of statistics measuring categories of drug and alcohol use across age groups from eighth to 12th grade. For most categories, comparisons were made going back to 2008 in two-year increments. The

(Continued on page 3)

Haldane Alumni Return Home After First Semester

Members of Class of 2014 share thoughts on beginning college life

By Clayton Smith

This fall, recent Haldane graduates from the class of 2014 experienced their first semesters at college. Many have returned home for winter break, taking a vacation away from academics to enjoy the holidays with friends and family. A few alumni shared their thoughts on the transition into college life, explaining what Haldane prepared them for as well as the more surprising aspects of the experience.

Some students found themselves prepared for the amount of work that college had to offer. Sarah Warren, who attends Marist College, said, "I expected to be overwhelmed with work every night, but found there was much less to stress over since I had a greater amount of long-term assignments to complete rather than having many smaller assignments due each class." Nicole Pidala, who goes to the University of Vermont, was ready to tackle her intense course work thanks to the advanced placement classes she took in high school.

Haldane enhanced Kieran Austin's experience at Harvard University by preparing him to forge valuable connections with his professors. "At Haldane, close interaction with teachers was not only intuitive but almost made necessary by the small size of the school ... I definitely made connections with faculty and fellow students at college that I wouldn't have without that experience."

While the *(Continued on page 3)*



Fire destroyed this High Street home in July. Above, right, new zoning was approved and site plan review began for the Butterfield redevelopment project.

Photos by M. Turton



Pete Seeger, an American icon, died in January at age 94.

Photo by Kate Vikstrom

Stories You Might Have Missed

2014 as seen through the rear-view mirror

By Michael Turton

Someone once said that "time is merely a device to prevent everything from happening at once." Thought provoking, but until we master travel at the speed of light, time will be a constant in our lives. An hour will be an hour — and a year will be a year.

Time itself may not vary, but our perception of it does. There are periods when it seems to speed up. Days and weeks pass

quickly, sometimes to our dismay. "Time flies when you're having fun." On other occasions, it can slow to a crawl. "Will this winter *never* end?"

When we look back in time, even to relatively recent events, our sense of when things occurred can also be skewed. "Did that really happen this year — wasn't it last year?" Or: "Last week's vacation already feels like it was months ago."

Some of the following news items, whether significant or trivial, may feel as though they happened just yesterday. You may swear others took place much longer ago.

January

- Beacon-area resident Pete Seeger dies at age 94. An icon of American folk music, Seeger is also remembered as a social and political activist, and champion of the Hudson River cleanup.
- The Village Board finalizes its decision to demolish the Cold Spring Boat Club building as part of the remediation of toxic coal tar near the riverfront.
- Cold Spring's post office closes and moves to temporary quarters in a trailer adjacent to Foodtown. Its future location remains undecided.
- A proposal for an equestrian center and upscale leisure village off Horton Road begins drawing intense interest, compounded when a revised plan



Metro North's safety record was sharply criticized in a report by the Federal Railroad Administration.

Photo by M. Turton

Aaron Culotta, Kieran Austin, Sarah Warren and Nicole Pidala outside of Haldane High School

Photo by Allisen Casey



Small, Good Things

Gone to the Dogs

By Joe Dizney

The wind-down to my holiday season afforded me the luxury of a brief working “staycation” in an apartment on the edge of New York City’s SoHo where I spent 30 years of my life. And at this time of year the tendency to notice and ruminate on change and continuity was heightened by my stay in “the city where real estate developers never sleep.”

What prompted my move to Cold Spring was the realization that it might somehow be easier to work as a computer-bound freelancer without the literal and constant jackhammer-pounding of construction next door. (There are two upscale buildings facing the back window where I write that were honestly under construction for the three decades I lived here — one gut renovation followed by another with only brief respites of habitation and barely noticeable physical changes from the street. It seems wasteful but that’s fashion for you...) A stroll through the neighboring “Hudson Yards” (a recent real estate marketing designation) and the West Village reveals the changes in metropolitan character that I tend to mourn for a qualitative loss of charm and character that is quantified and chronicled daily — a Starbucks where the pet store used to be, a stretch of Bleecker Street that now feels more like a Madison Avenue shopping district. And how many more cupcakes and cro-nuts can we consume?

A self-styled flâneur, my companion on these walks was an equally discriminating and curious — but aging — Jack Russell terrier named Rufus. Whereas having been raised on these streets he is fully a city dog, the same physical pains and afflictions that get us all in the end have started to slow his gait, and what were once brisk walks around the block are now strolls more akin to dragging an overloaded roll-aboard suitcase over the obstacle course that is NYC.

Still he is, as I mentioned, curious and discriminating, and the pace he sets is perfect for appreciating the charms of the Village and what remains of its true neighborhood qualities — the people,

“native” New Yorkers (always has been a contradiction), small shopkeepers and the thread that constitutes a living history of the streets.

He has his favorites as do I, and our rambles always take us to some of the same places, many of the small shops, both old and newer where we both feel welcomed, and not surprisingly the owners and attendants actually either already know Rufus or are curious and engaged enough to ask his name, if not mine.

It must be some sixth sense on his part, as Rufus invariably leans (again literally) to those places where there’s something in it for him and the real neighborhood spots — coffee shops, clothing stores, the butcher (of course!) — *always* have something on offer for the canine boulevardier — a bowl of water, a friendly “scratch,” the offer of a secret stash of dog treats.

And as he has aged, he has gotten *very* particular (did I mention that he was particular?) about his treats, most times sniffing politely but refusing.

There’s one place however that’s a favorite to us both: specifically Three Lives & Company, one of the few remaining — but amazingly vital and busy — independent bookstores in the Village (154 W. 10th St.), a reader’s paradise and a bastion of human and canine *bonhomie*. It is the *only* place in all our wanderings that Rufus pulls out *his* bag of tricks — sit, shake, etc. — begging for “seconds” of the treats that Carol pulls from a secret tin (secret from humans, that is, but apparently not discerning dogs) hidden behind the counter. Asked where she purchased these apparently tasty wonders, she informed me that she



Rufus inspects three lives dog treats.

Photos by J. Dizney



Actual size of dog treats

made them herself and was kind enough to share this recipe.

Contrary to common perception, the doggie digestive tract is a sensitive system, and this surprisingly vegan recipe accommodates most issues. They’re not gluten-free, but I’ve offered a couple of variations to make it a bit less wheat-intensive and nutritionally beneficial.

So rather than tempt you here with another human-focused concoction that would only distract you from the juice cleanse you should probably be on after your holiday excesses, or further bemoan the passage of time and the disappearing charm of New York, here’s a recipe to share with your kids that’s simple and fun enough for even kitchen neophytes and aimed squarely at your canine best friend.

It’s also a reminder that the next time you think the city has gone to the dogs that maybe that’s neither *entirely* true nor a bad thing.


Three Lives Dog Treats

Adapted from [vegan.com](#) and *The Simple Little Vegan Dog Book* by Michelle Rivera (2009)

3 cups whole-wheat flour
1/3 cup nutritional yeast
1 cup low-sodium vegetable broth

1. Preheat oven to 350 degrees. Mix the flour and nutritional yeast together. Add the vegetable broth and knead together for several minutes and form into a ball.
2. Roll the dough out on a floured surface until about 1/4 inch thick; use cookie cutters to cut into treat shapes or cut into small, simple geometrics.
3. Arrange on a lightly greased baking sheet or parchment paper and bake for 15 minutes. Turn heat off but leave the cookies in the oven as it cools for 1 to 2 hours — this allows the cookies to dry and harden like traditional dog biscuits.
4. Store cookies in a cookie jar or another cool, dry place. Do not seal in an airtight plastic bag or container, or they may get soft.

Additions to play with: Add peanut butter for extra flavor, pumpkin puree for digestive health, or chopped mint or parsley for breath control. Experiment with small quantities — say ¼ cup — and adjust the amount of broth for correct dough consistency. You may also consider substituting brown rice flour for up to a quarter of the whole-wheat flour.



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School Drug Study *(from page 1)*

presentation was described as an executive summary of the larger study.

Alcohol consumption, including binge drinking, showed a continued if relatively small decline among teens since 2008. Sixty-seven percent of 12th graders indicated they had used alcohol in the past 30 days in 2014. There was also a marked decline in the last two years in students acknowledging having driven a car while intoxicated or having been in a car with an intoxicated driver.

“The longer you delay drinking, the less likely you are to see alcohol problems later in life,” said one of the presenters, Joseph DeMarzo, deputy commissioner of the Putnam County Department of Mental Health, Social Services and Youth Bureau.

DeMarzo said binge drinking (four to five drinks in an hour) was a particularly worrisome problem that resulted in part because of teens' awareness that possession of alcohol is a criminal offense, while having consumed it is not, unless another infraction is committed. Forty percent of 12th graders admitted to binge drinking. However, he said the study offered reason to be optimistic given the overall decline across grades from 31 percent in 2008 to 17.6 percent in 2014.

Conversely, marijuana use has steadily increased, as measured by teens admitting use within the last 30 days when taking the confidential survey. Most striking to DeMarzo was an uptick in eighth-graders, from 2 percent to 6.8 percent, acknowledging usage within a 30-day period. He said it was a possible warning

sign of things to come.

“Not everyone who smokes marijuana is an addict, but every addict has smoked marijuana,” said DeMarzo, who together with co-presenter Kirstin McConnell, executive director of the Putnam National Council on Alcoholism and Other Drug Dependencies, expressed concern about a more generally permissive national attitude toward marijuana, particularly in allowing its application for medical treatment. They pointed to the survey’s measurement of the perception of risk and noted that with respect to marijuana it has dropped from 75 percent in 2008 to 46.5 percent in 2014.

“The kids know you’re not going to get arrested. It’s a \$150 fine in Putnam,” said DeMarzo during a discussion of how teens assess the risk of various behaviors. He described New York City as the “Wild West” when it came to marijuana use. DeMarzo, who acknowledged he was speaking beyond the parameters of the survey presentation, characterized marijuana as appropriate for about 3 percent of medical sufferers even though it is often cited for a wider scope of treatment.

DeMarzo also acknowledged there is debate in the treatment and clinical fields as to whether early exposure to alcohol, tobacco and marijuana established a “gateway” to harder drugs including heroin. He said his experience, which includes overseeing and partici-



Joseph DeMarzo, center, discusses the Haldane drug study with parents at Butterfield Library. *Photo by K.*

Photo by K.E. Foley

pating in county treatment programs, had convinced him that was the case.

The survey also asked about heroin use, and while the number is quite small relative to other uses, at 1 percent across grades eight through 12, DeMarzo nevertheless characterized it as “frightening,” citing heroin’s addictive and damaging effects. “It’s a lifelong addiction that kills in minutes.” He stressed that the temptation of heroin begins with exposure to opiates found in the home medicine cabinet. He suggested parents inventory pain medicine and secure or discard it appropriately.

DeMarzo said that heroin use is more likely to be seen in ages 19 through 42, as people on opiates move to heroin given the increasing restrictions and expense of prescription drugs. He said heroin dealers were effective in marketing heroin, mixing it with other drugs and emphasizing its price advantage.

The study

McConnell described the administration of the awkwardly titled 2014 Prevention Needs Survey, underscoring that it is designed to obtain reliable results. Through encouragement by teachers and a passive consent process (meaning a parent can opt a child out rather than a requirement to opt in), 318 of 363 Haldane students completed the survey with its 119 questions last spring. Students were assured that the survey was voluntary, anonymous and confidential.

McConnell said the survey tested for validity. A number of completed surveys were eliminated from consideration after a determination that respondents were in some way inconsistent or dishonest in their answers. For example, responses by students claiming use of a fictional drug were thrown out.

The survey is both funded and approved by the federal government and involves the use of evaluators from outside Putnam County, explained McConnell.

Across the county, four of the five school districts were surveyed. Comparison of districts is not part of the study.

Parental responsibility

While the report was presented under the auspices of the school district's PTA, and Haldane Superintendent Diana Bowers was in attendance, the presenters emphasized the parental and overall community role in determining cultural attitudes toward drug and alcohol use. DeMarzo stressed that while schools "are a big part of the community" with education and awareness the first step in addressing these issues, "they are not the community." Other institutions and organizations, religious, sports, civic, right down to the neighborhood deli and pizza parlor all play a part in influencing values and behavior. "Schools get the bad rap for what goes on in the community," said DeMarzo. "Community is how we change culture."

Ultimately it is the parental role that remains central to determining attitudes toward usage. The survey reported that while teens generally see parental disapproval of alcohol and tobacco (97 percent), “two out of 10 parents think marijuana use is OK,” said DeMarzo. He also said the survey indicated only 20 percent of students were prepared to call their parents if they were involved in a difficult situation involving drugs or alcohol. “We need to have a community discussion about what that means,” DeMarzo said.

He said parents needed to appreciate the value of making it easier for kids to feel they can call at anytime for whatever reason and not experience lasting consequences. He also said parents should look for ways to better include and reward teens in family life, such as asking them where to go for vacation.

Afterward, Bowers said there would be another opportunity for parents to hear the results in an evening session and that she would look for other ways to continue the conversation.

Haldane Alumni Return Home After First Semester *(from page 1)*

close-knit atmosphere of Haldane better prepared some to create social connections in college, it can be hard to find the same level of intimacy in a larger community. “I arrived on the first day never having met my roommates before, living in a dorm that housed more people than my entire high school,” Warren said. “This was a new experience coming from a small school like Haldane where you can walk down the hallway and name every face you see.”

Michael Halpin, who continued his studies at Dutchess Community College, was happy to meet new people there and hopes to maintain those relationships well into his future. Pidala used social media to stay in contact with her friends and family from hundreds of miles away, which wasn't always easy. She said: "A negative then would probably be the distance. Even though I love being at UVM and in Burlington, it would be nicer to be closer to home sometimes, and my

friends at college.”

An adjustment that students grappled with was the transition into having more freedom. While some were used to a less rigid schedule, others had to learn to manage the time away from home. Aaron Culotta, who went off to SUNY Cobleskill, was comfortable with his new situation. “I was more prepared for the ‘freedom.’ My parents treated me with a lot of trust and respect in high school so I knew how to balance my work and play.”

In contrast, others were less adapted to such laxity. Halpin was caught off guard by his new independence. “I wasn’t prepared for waking up on my own, that’s for sure.” Austin commented, “Trying not to make myself too stressed by schoolwork and finding the times where other things like sleep and fun take priority has been a challenge, but I think I’ve gotten a pretty good idea of it as I’ve gone along.”

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BeaconArts grateful for support

Dear Editor:

From the Board of Directors of BeaconArts, grateful thanks to all who participated in and contributed to the City of Beacon tree lighting and the Beacon Hebrew Alliance Illumin8tion menorah lighting. Beacon is so very lucky to have such a dedicated and assured Recreation Department leader in Mark Price; we are also very grateful to sculptor and super-volunteer Ed Benavente for once again reinventing the Bicycle Tree and giving to the community and the children of Beacon such unique and meaningful symbols of the season. Thanks also to the Roundhouse and to RiverWinds Gallery for their support above and beyond, as well as Peoples Bicycle, The Hop, the

County OKs Sharing of Highway Services With Philipstown

and Cold Spring

Allows formalization of practices underway

By Liz Schevtchuk Armstrong

Inspired by existing informal practices as well as increasing New York state demands for local government streamlining, the Putnam County Legislature last week authorized formal agreements to share highway department equipment and personnel with the Town of Philipstown and Village of Cold Spring. The legislature took the step at its Dec. 22 Year-End Meeting in Carmel, following up on a discussion held a week earlier at a session of its Physical Services Committee. It similarly approved agreements with the county's other municipalities Dec. 22. Both Philipstown and Cold Spring have teamed up with the county previously, if casually, to lend equipment or share space and resources. Now legal agreements will bless such cooperation,

LETTERS TO THE EDITOR

Wee Play Community Project, the Center for Creative Education/Beacon, and last but certainly not least, Carman Johnson of the Beacon Visitor's Center who opened the doors and helped us welcome the holiday season to Beacon at Polhill Park for the first time.

BeaconArts promotes the City of Beacon as an arts and cultural destination, organizing and promoting not only the holiday events, but also Second Saturday since its inception 12 years ago, and also serving as a fiscal sponsor and volunteer support for many of Beacon's amazing arts events and organizations: Beacon 3D, the Beacon Independent Film Festival, Beacon Riverfest, Windows on Main Street, Beacon Open Studios, the Beacon Arts and Education Foundation, HeFes-

tus and many others.

We look forward to seeing you at one of our last-Wednesday-of-the-month meetings to find out what is happening and how you can be involved.

And big thanks to *Phillipstown.info* for the excellent coverage of all of the arts events in Beacon!

Here's to a positive and art-filled New Year — may it be the best year yet for all of us who live, work, learn and create in Beacon and beyond.

The BeaconArts Board of Directors
Dan Rigney, President, Kelly Ellenwood, Vice President, Nelson Conde, Treasurer, Erica Hauser, Secretary
Kirsten Heincke, Richard Kaplan, Terry Nelson, Scott Tillitt, Aaron Verdile, beaconarts.org

regarded as reducing expenses for both county and local governments and preventing unwarranted duplication.

"We've been striving to consolidate and be more cost-effective," a Physical Services Committee member, Legislator Ginny Nacerino, explained Dec. 15.

To permit county administrators to prepare the necessary documents, the legislature Dec. 22 passed separate resolutions identical in wording except for references to "Philipstown" or "Cold Spring" as appropriate. The Philipstown version likewise specifically mentions county storage of salt and sand and keeping vehicles and equipment at the Philipstown Highway Garage on Fishkill Road "on an as-needed basis."

The resolutions call for "shared services" and involve reciprocal personnel and "snow-and ice-removal" activities as well as equipment, supplies, tools, machinery, facilities and parking places for vehicles.

The legislators stated that county officials believe "it is in the best interests of the local taxpayers of Putnam County to establish a cooperative means ... for sharing highway-related resources, from time to time ... in the undertaking of public works and other municipal improvement projects, including [in] emergency situations." They determined that "flexibility ... is necessary" in running town, village, and county governments and recognized a "critical need to utilize every means or device available to provide services in the most cost-effective manner and at the least possible cost to insure efficiency and maximum benefit to local taxpayers." Furthermore, they declared, by "leasing, borrowing, exchanging, or lending highway-related resources," they all "avoid the need to purchase certain highway machinery, tools and equipment" and often need not "purchase or keep a large inventory of certain extra materials and supplies" directly.

When the Physical Services Committee reviewed the concept, Legislator Barbara Scuccimarra, a committee member who represents Philipstown, told her colleagues that Philipstown Highway Superintendent Roger Chirico "has been using our [county] machinery for years and years and years. I think it's a great way to help out."

Legislator Kevin Wright pointed to state pressure on counties and municipalities to consolidate and the tax-related repercussions for residents of those that fail to make serious progress toward that end. "We're not going to get state rebates next year unless [there is] a comprehensive plan for consolidation of services," even if the county stays within the state limit on property tax increases, he noted.

"That's a very important part of this," observed Fred Pena, the county highway and facilities commissioner.

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Tuesday

9:45am High Intensity Interval Spin 45 (Leslie)

6:00pm Total Body Barre (Deanna)

Wednesday

9:30am Barre 60 (Deanna)

6:15 Battlerope Suspension Training (Jose)

6:45pm Spin45 (Sam)

7:30pm Battlerope Suspension Training (Jose)

Thursday

9:45am Spin 45 (Sam)

6:45pm Barre Cardio Sculpt (Deanna)

Friday

9:45am Barre 60 (Deanna)

5:15pm TRX Spin (Sam)

Saturday

8:00am Barre 60 (Deanna)

9:15am Spin 45 (Ashley)

9:30am Battlerope Suspension Training (Jose)

11:30am Intro to Battlerope Suspension Training (Jose)

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The Calendar

The Arts Scene 2014: Celebratory and Innovative

By Alison Rooney

In Philipstown

2014 was celebratory and innovative for many of Philipstown’s major arts institutions. Some of the tried and true traditions of the area remained the same, with no complaints about that — the roster of top-flight classical music performed gratis at the Chapel Restoration in spring, summer and fall year in, year out being a prime example. But others broke from their patterns of annual tours, bazaars, exhibitions, performances, to test out novel ideas, or simply expand their audiences. And it wasn’t only the arts institutions stretching boundaries. As always, Philipstown’s abundant creativity was generated by individuals alongside collective groups. Here are few things that stood out.

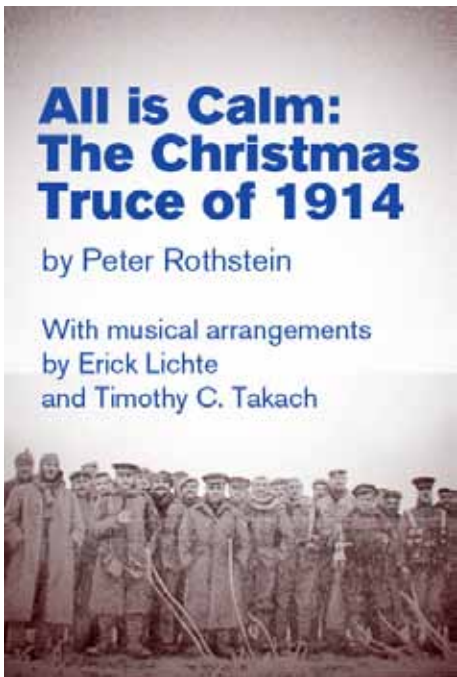


Hudson Highlands home designed by Joe Chapman
Photo by Sonja & Michael Gilligan

- The Putnam History Museum broke with the traditions of their usual historic exhibitions to take a look instead at *Modern Residential Architecture in the Hudson Highlands*. Seizing this area’s stronghold as the setting — and siting — for contemporary design, this largely photographic exhibit, which ran for seven months, highlighted the 20th century. Asked why there are so many of these homes here, exhibit co-curator Lisa Weilbacker explained: “For years, since the 19th century, people have been drawn to the natural beauty of the area and started building, in particular, weekend homes, situated in extraordinary surroundings, and those surroundings became a significant part of the whole experience of these homes. They’re mostly glass and geometric shapes, inviting nature in and looking out to nature. The architects and owners became conscious of views, the surrounds, how each house was situated.”
- Garrison Art Center didn’t mind disclosing that they were turning 50 years old. Rather, they embraced it with a year-long party, culminating in a big bash on their home turf, riverside, and emphatically not sedate. “Ultimately, for our 50th we decided to go back to having a big

shindig, but we also decided that a sit-down dinner was not the thing, and that a multimedia art performance was more our style,” said Garrison Art Center Director Carinda Swann, meaning it. Later on in the year, the center produced a Steamroller Printing Festival, with visitor-created block prints turned into works of art via a giant steamroller turned press for the day donated by Polhemus Construction. There was a giant turnout with the full age demographics of the community represented.

- Seeking a union between its two connected halves, nature and design, Manitoaga joined the two ever more together through performance, inviting visual, dance and musical artists to come and take inspiration from its spectacular setting, and to create works in their own idiom inspired by place. These works were then performed, outdoors, with nature’s elements an added participant. The first of these, Melissa McGill’s sound installation, *Palmas*, involved installing speakers around the site’s quarry pond, which played recordings of flamenco clapping sounds. “You may be standing in one spot along the trail and hear it in the woods near the waterfall and then suddenly you hear it across the pond ... it activates the whole space ... The sounds are transformed and absorbed by the elements of the landscape. At Manitoaga, house and studio and landscape are all in extraordinary conversation,” described McGill. Musician Ben Neill followed, in August, with a work composed for a brass quintet, trumpeters emerging from the woods to converge around the pond. The series continues next year.
- A changing of the artistic guard occurred at Hudson Valley Shake-



Hudson Valley Shakespeare Festival presented *All Is Calm* in December

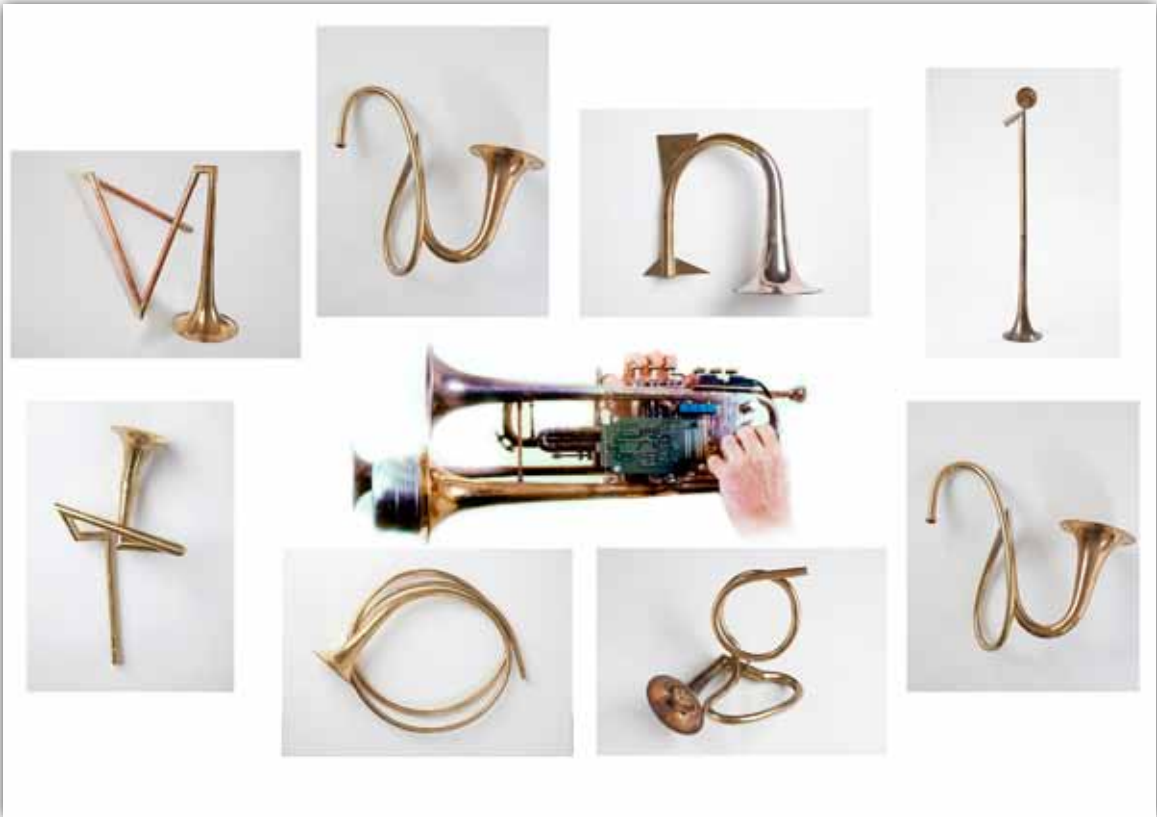
speare Company, when young, NYC-hot director Davis McCallum assumed the top job, taking over from HVSF founder Terry O’Brien. While McCallum mainly stood on the sidelines, or, more accurately, sat back under the tent and studied the shows in his first few months on the job, he began to fine-tune things and

set the stage for putting his own stamp on both the job and the company. The just-concluded “off-season” offering of *All Is Calm: The Christmas Truce of 1914* is a harbinger of things to come: a new education director; the formalizing of the apprentice program into the newly named HVSF Conservatory Company; a new classical directing fellowship, created jointly with HVSF, the Drama League and the Old Globe Theater; and, once again — come summer — the new season, this time with four alternating productions, two by that Shakespeare fellow (*A Midsummer Night’s Dream* and *Winter’s Tale*) and two by others: Mary Zimmerman’s *The Arabian Nights* and a solo show, *An Iliad*, performed by someone not so new to HVSF’s stage: Kurt Rhoads, back for his 18th season.

As for creativity generated by individuals, the arts are threaded through our daily lives, and our daily lives serve as art’s inspiration. Embodying these sentiments, a workshop took place late last winter at the Cold Spring Friendship Center for seniors. “Sometimes you think you don’t remember things, but then you take part in an activity, maybe art or cooking, and it



A display of ouds by John Vergara, luthier, at Lord of the Strings in Beacon
Photo by A. Rooney



The letters spelling ‘Manitoga’ as expressed by Carol Syzmanski’s horns surround Ben Neill’s ‘mutantrumpet.’
Image courtesy of Manitoaga

catches you off guard — the memory comes.” So spoke Kathy Curto at a gathering of a writing and bookbinding workshop for seniors. Working with artist Christina DiMarco, Curto guided the group through a six-class session that tapped into memories and translated them into written pieces. Never coddling her “students,” Curto, a Cold Spring resident who is a professor of creative writing at Montclair State, instead used discussion and prompts to help them turn their thoughts into stories. These stories were then formalized as such by turning them into actual bound books with a cover designed by each other. “At some point in a story that’s too ideal, we notice it and search for reality. I happen to believe great pieces of writing (Continued on page 12)

The Calendar

Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

FRIDAY, JANUARY 2

First Friday in Cold Spring

Garrison Art Center closed

Art & Design

Group Show: The Face of Winter (Opening)
6 - 9 p.m. Gallery 66 NY
66 Main St., Cold Spring
845-809-5838 | gallery66ny.com

Music

Tony Leon and Groupo Son Latino
8 p.m. BeanRunner Café
201 S. Division St., Peekskill
914-737-1701 | beanrunnercafe.com

The McKrells/Mandolin Madness
8:30 p.m. Towne Crier Cafe
379 Main St., Beacon
845-855-1300 | townecrier.com

Live Music
9 p.m. Whistling Willie's
184 Main St., Cold Spring
845-265-2012 | whistlingwillies.com

Charlie Sabin
9:30 p.m. Max's on Main
246 Main St., Beacon
845-838-6297 | maxsonmain.com

Patrick Murphy McDowell
9:30 p.m. 12 Grapes
12 N. Division St., Peekskill
914-737-6624 | 12grapes.com

Craig 'Holiday' Haynes
10 p.m. The Hudson Room
23 S. Division St., Peekskill
914-788-3663 | hudsonroom.com

Meetings & Lectures

Member Meeting
6:30 p.m. Beacon Sloop Club
2 Red Flynn Drive, Beacon
845-463-4660 | beaconsloopclub.org

SATURDAY, JANUARY 3

Philipstown Recycling Center closed

Kids & Community

Putnam County Bird Count
Email office@sawmillriveraudubon.org

Cold Spring Farmers' Market
8:30 a.m. - 1:30 p.m. St. Mary's Church
1 Chestnut St., Cold Spring | csfarmmarket.org

Holiday Frozen Meet & Greet Party
10 a.m. - 8 p.m. Galleria
Route 9, Poughkeepsie
poughkeepsiegalleriamall.com

Sauerkraut & Home Fermentation Workshop
1 p.m. Fishkill Farms
9 Fishkill Farm Road, Hopewell Junction
845-897-4377 | fishkillfarms.com

Sports

Army vs. Loyola Maryland (Women's Basketball)
1 p.m. Christl Arena, West Point
845-938-2526 | goarmysports.com

Art & Design

Group Show: This Is Beacon (Opens)
3 - 5 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org

Film & Theater

The Graduate (1967)
Noon. Downing Film Center
19 Front St., Newburgh
845-561-3686 | downingfilmcenter.com

Music

Italian Night with Phil Palladino
7 -10 p.m. Hudson House River Inn 2 Main St., Cold Spring 845-265-9355 | hudsonhouseinn.com

Christopher Ruhe and the Howling Wolves
8 p.m. Howland Cultural Center
477 Main St., Beacon
845-416-5608 | howlandculturalcenter.org

Tony Jefferson & Groovocity
8 p.m. BeanRunner Café | Details under Friday

Red Molly
8:30 p.m. Towne Crier Cafe
See details under Friday.

Live Music
9 p.m. Whistling Willie's | Details under Friday

Nick Bukavalas
9:30 p.m. Max's on Main | Details under Friday.

Meetings & Lectures

Ham Radio Club
10 a.m. East Fishkill Library
348 Route 376, Hopewell Junction
914-582-3744 | qsysociety.org

Dzogchen Center Meditation Retreat (Opens)
3 p.m. Garrison Institute
14 Mary's Way, Garrison
845-424-4800 | garrisoninstitute.org

SUNDAY, JANUARY 4

Kids & Community

Beacon Farmers Market
11 a.m. - 3 p.m. Scenic Hudson River Center
Long Dock Drive, Beacon
845-234-9325 | beaconfarmersmarket.org

Holiday Frozen Meet & Greet Party
11 a.m. - 6 p.m. Galleria
Route 9, Poughkeepsie
poughkeepsiegalleriamall.com

Music

Anita Merando (Jazz)
5 - 8 p.m. Whistling Willie's
See details under Friday.

Open-Mic Finals (Invitational Round)
7 p.m. Towne Crier Cafe
See details under Friday.

Meetings & Lectures

BHA Book Club: The German Bride
10 a.m. Bank Square Coffeehouse
129 Main St., Beacon
845-831-4867 | beaconhebrewalliance.org

MONDAY, JANUARY 5

Kids & Community

Philipstown Recreation Center (First Sessions)
10 & 11 a.m. Baby & Me (ages 3 mos.-3)
12:15 p.m. Rhythm & Music (ages 3-5)
1:15 p.m. Suzuki Violin (ages 3-5)
4 p.m. Mythology Monday (grades K-6)
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Block Play (ages 0-4)
10 a.m. Beacon Recreation Center
23 West Center St., Beacon
845-765-8440 | cityofbeacon.org

Beacon Music Factory (First Sessions)
4 p.m. Kids Drumming I (ages 7-9)
5 p.m. Kids Drumming II
629 Route 52, Beacon
845-202-3555 | beaconmusicfactory.com

Health & Fitness

Philipstown Recreation Center (First Sessions)
9:15 a.m. Basic Pilates
9:30 a.m. Power Hour Exercise Class for Women
10:15 a.m. Yamuna Body Rolling
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Fit for Life for Seniors (First Session)
11 a.m. Chestnut Ridge, Cold Spring
845-424-4618 | philipstownrecreation.com
Free to Philipstown residents age 62 and older.

Yoga With Kathy Barnes (First Session)
7:30 p.m. VFW Hall | 34 Kemble Ave., Cold Spring
845-424-4618 | philipstownrecreation.com

TUESDAY, JANUARY 6

Kids & Community

Philipstown Rec Center (First Sessions)
10 a.m. Parent/Child Clay (age 2.5+)
12:30 p.m. Lego Club (ages 4-5)
3:30 p.m. Pre-Ballet (ages 3-5)
3:45 p.m. Clay (grades K-3)
4 p.m. Italian Foods (grades K-6)
4:15 & 5 p.m. Beginning Ballet (grades K-1)
4:15 p.m. Pre-Ballet (ages 3-5)
See details under Monday.

Howland Public Library
10:30 a.m. Baby & Me (ages 0-2)
4 p.m. Crazy 8s Math Club (grades 3-5)
313 Main St., Beacon
845-831-1134 | beaconlibrary.org

Kids' Craft Hour (grades 2+)
4 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Yoga for Kids (ages 5-8) (First Session)
4:30 p.m. Fishkill Recreation Center
793 Route 52, Fishkill
845-416-5608 | facebook.com/dancingtreekids

MLK Day Parade Rehearsal
6 p.m. Springfield Baptist Church
8 Church St., Beacon
845-463-4660 | beaconsloopclub.org

Health & Fitness

Yoga With Kathie Scanlon (First Session)
9:30 a.m. VFW Hall | See details under Monday.

Zumba Gold for Seniors (First Session)
10 a.m. Chestnut Ridge, Cold Spring
See details under Monday.

Blood Drive
2 - 8 p.m. Knights of Columbus
25 Townsend St., Beacon
800-933-2566 | nybloodcenter.org

Putnam County Flu Clinic
2 - 6:30 p.m. PCDOH
1 Geneva Road, Brewster
845-808-1390 | putnamcountynyny.gov

Diabetes Support Group
2 p.m. Hudson Valley Hospital
1980 Crompond Road, Cortlandt Manor
914-734-3557 | hvhc.org/events

Alzheimer's Caretakers Support Group
7 p.m. All Sport Health & Fitness
17 Old Main St., Fishkill
845-471-2655 | alz.org/hudsonvalley

Zumba With Stephanie Lotz (First Session)
8 p.m. Philipstown Rec Center
See details under Monday.

Art & Design

Open House
5:30 - 7:30 p.m. Center for Digital Arts
27 N. Division St., Peekskill
914-606-7300 | sunywcc.edu/peekskill

Music

The Dream Choir With Cat Guthrie
7:15 p.m. 27 Travis Corners Road, Garrison
914-420-4515 | harmonyandco.com

Meetings & Lectures

Highland Knitters
Noon. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Arts Booster Club Meeting
3:15 p.m. Haldane School
15 Craigside Drive, Cold Spring
845-265-9254 | haldaneschool.org

Digital Salon
7 p.m. Beahive Beacon | 291 Main St., Beacon
845-765-1890 | beahivebzzz.com

Haldane School Board
7 p.m. Haldane School
15 Craigside Drive, Cold Spring
845-265-9254 | haldaneschool.org

Library Board Meeting
7 p.m. Howland Public Library
313 Main St., Beacon
845-831-1134 | beaconlibrary.org



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Putnam County Legislature
7 p.m. Putnam County Historic Courthouse
44 Gleneida Ave., Carmel
845-208-7800 | putnamcountyny.com

Board of Trustees Workshop
7:30 p.m. Village Hall | 85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

WEDNESDAY, JANUARY 7

Kids & Community

Yoga for Kids (ages 1.5–3.5) (First Session)
9:30 a.m. Fishkill Recreation Center
See details under Tuesday.

Howland Public Library
9:45 a.m. Come and Play (ages 0–3)
3 p.m. Toddler Tales (ages 2–3)
See details under Tuesday.

Mah Jongg Open Play
10 a.m. - 1 p.m. VFW Hall | 34 Kemble Ave., Cold Spring
845-424-4618 | philipstownrecreation.com

Senior Bus Trip to Fishkill
10 a.m. Chestnut Ridge, Cold Spring
845-424-4618 | philipstownrecreation.com

Desmond-Fish Library
10:15 a.m. Music & Motion for Toddlers
1:30 p.m. Preschool Story Hour
See details under Tuesday.

Philipstown Rec Center (First Sessions)
12:30 p.m. Mudbunnies (ages 3–5)
3:45 p.m. Clay (grades K–3)
4 p.m. Sports Sampler (grades K–6)
See details under Monday.

Boys’ Book Club (grades 6-8)
3 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Rivertown Kids Chorus (ages 9–13)
4 p.m. Howland Cultural Center
477 Main St., Beacon
845-264-3393 | rivertownkids.org

Softball Pitching Clinic (ages 7+) (First Sessions)
6 & 7:30 p.m. Glenham Elementary School
20 Chase Drive, Fishkill
845-591-0276 | cityofbeacon.org

Health & Fitness

Chair Yoga for Seniors (First Session)
9:30 a.m. Continental Village Clubhouse
845-424-4618 | philipstownrecreation.com
Free to Philipstown residents age 62 and older.

Power Hour Exercise Class for Women (First Session)
9:30 a.m. Philipstown Rec Center
See details under Monday.

Sports

Army vs. Lehigh (Men’s Basketball)
7 p.m. Christl Arena, West Point
845-938-2526 | goarmysports.com

Meetings & Lectures

Knit & Crochet Group (First Session)
Noon. Continental Village Clubhouse
845-424-4618 | philipstownrecreation.com

Village Hall
7 p.m. Planning Board | 7:30 p.m. Planning Board/HDRB | 85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Garrison School Board
7:30 p.m. Garrison School | 1100 Route 9D,
Garrison | 845-424-3689 | gufs.org

THURSDAY, JANUARY 8

Kids & Community

Butterfield Library
10:30 a.m. Bouncing Babies
12:30 p.m. Little Bookworms (ages 2.5–5)
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Howland Public Library
10:30 a.m. Pre-K Story Time (ages 3–5)
3:30 p.m. Come and Play (ages 0–3)
3:45 p.m. Lego Club (ages 4+)
See details under Tuesday.

Moms & Infants Group
11 a.m. - 1 p.m. Desmond-Fish Library
472 Route 403, Garrison
Email whiteside.ks@gmail.com

Philipstown Rec Center (First Sessions)
12:30 & 1:30 p.m. Young Gymnasts (ages 3–5)
3:30 & 5 p.m. Pre-Ballet (ages 3–5)
3:45 p.m. Clay (grades 4–6)
4 p.m. Potions 101 (grades K–6)
See details under Monday.

Winter Meat and Vegetable Store Open
3 - 6 p.m. Glynwood Farm
362 Glynwood Road, Cold Spring
845-265-3338 | store.glynwood.org

Children Read to Dogs
3:30 - 5 p.m. Desmond-Fish Library
See details under Tuesday.

Cooking Class: Simply Seafood
5 p.m. Dempsey House
1992 Crompond Road, Cortlandt Manor
914-734-3780 | hvhc.org/events

Health & Fitness

Zumba Gold for Seniors (First Session)
9:30 a.m. Continental Village Clubhouse
See details under Wednesday.

Philipstown Rec Center (First Sessions)
10 a.m. Zumba with Marisol Kamkoff
6 p.m. Stretching/Conditioning Ballet for Mom and Daughter | See details under Monday.

Adult Co-Ed Volleyball
7:30 p.m. Philipstown Rec Center
See details under Monday.

Art & Design

Philipstown Rec Center (First Sessions)
9 a.m. Adult Ceramics | 9 a.m. Adult Clay
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Live Figure Drawing (First Session)
6:30 p.m. Hudson Valley Center for Contemporary Art | 1701 Main St., Peekskill
914-788-0100 | hvcca.org

Film & Theater

Bag It: Are You Too Plastic? (Talk)
7 p.m. Beacon Sloop Club | 2 Red Flynn Drive, Beacon
845-463-4660 | beaconsloopclub.org
200 Cadillacs (Documentary) With Q&A
7:30 p.m. Towne Crier Cafe
379 Main St., Beacon
845-855-1300 | townecrier.com

Music

Ray Morales
7:30 p.m. The Pandoraica
165 Main St., Beacon | 845-831-6287

Elvis Presley 80th Birthday Bash With Rex Fowler
8:30 p.m. Towne Crier Cafe | Details under Friday

Vomit Fist/Mucus (Heavy Metal)
9 p.m. Quinn’s | 330 Main St., Beacon
845-831-8065 | quinnnsbeacon.com

Meetings & Lectures

Code Update Committee
7 p.m. Village Hall | 85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Exodus: Let My People Learn (First Session)
7 p.m. Beacon Hebrew Alliance
331 Verplanck Ave., Beacon
845-831-2012 | beaconhebrewalliance.org

Town Board
7 p.m. Philipstown Town Hall | 238 Main St., Cold Spring
845-265-3329 | philipstown.com

FRIDAY, JANUARY 9

Kids & Community

Philipstown Rec Center (First Sessions)
4 p.m. Fencing (grades 2–3)
4 p.m. Lego Club (grades K–4)
4 p.m. Seussical the Musical (grades K–6)
5 p.m. Fencing (grades 4+) | Details under Monday

Wine & Cheese
5 - 8 p.m. Antipodean Books and Maps
29 Garrison's Landing, Garrison
845-424-3867 | antipodean.com

Minecraft Mania Night (grades 3–5)
5:30 p.m. Butterfield Library
See details under Thursday.

Health & Fitness

Basic Pilates (First Session)
9:15 a.m. Philipstown Rec Center
See details under Monday.

Visit www.philipstown.info for news updates and latest information.

Navigating Healthcare Options
10 a.m. - 5:30 p.m. Howland Public Library
313 Main St., Beacon | 800-453-4666
misn-ny.org. Appointment required.

Chair Yoga for Seniors (First Session)
10 a.m. Chestnut Ridge, Cold Spring
See details under Monday.

Dance in Your Pedals Spin Party (ALS Fundraiser)
7 p.m. All Sport Health & Fitness
See details under Tuesday.

Art & Design

Member Exhibition (Opening)
5 - 7 p.m. Garrison Art Center
23 Garrison’s Landing, Garrison
845-424-3960 | garrisonartcenter.org

Music

Madeleine Peyroux Trio
8 p.m. Tarrytown Music Hall
13 Main St., Tarrytown | 914-631-3390, ext. 100

The Black Dirt Band
8 p.m. BeanRunner Café | Details under Jan. 2

BeauSoleil avec Michael Doucet
8:30 p.m. Towne Crier Cafe
See details under Jan. 2.

3D Rhythm of Life
9:30 p.m. 12 Grapes | See details under Jan. 2.

T. Jay
9:30 p.m. Max’s on Main | Details under Jan. 2

Alva Nelson Band
10 p.m. The Hudson Room | Details under Jan. 2

ONGOING

Art & Design

Visit philipstown.info/galleries

Religious Services

Visit philipstown.info/services

Meetings & Lectures

Alcoholics Anonymous
Visit philipstown.info/aa
Support Groups | Visit philipstown.info/sg

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Friday 1/2 8:30pm
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Saturday 1/3 8:30pm
RED MOLLY

Sunday 1/4 7pm
OPEN MIC INVITATIONALS

Friday 1/9 8:30pm
BEAUSOLEIL
avec Michael Doucet

Saturday 1/10 8:30pm
EMPIRE ROOTS ALL STARS BAND

Friday 1/16 8:30pm
JOE CROOKSTON & THE BLUEBIRD JUBILEE
also **THE KENNEDYS**

Saturday 1/17 8:30pm
JOE LOUIS WALKER BAND
Open Mic Wed. nights, 7:00 pm
Tickets and info: townecrier.com • 845-855-1300

Sunday 1/18 7:30pm
BILL HELLER BAND

Friday 1/23 8:30pm
MARTHA REDBONE ROOTS PROJECT

Saturday 1/24 8:30pm
JUNIOR BROWN

Sunday 1/25 8:00pm
ANI DIFRANCO
guest **ANAIIS MITCHELL**

Thursday 1/29 7:00pm
IRISH SESSION free in our bar

Friday 1/30 8:30pm
JUDY COLLINS
guest **KENNY WHITE**

Saturday 1/31 8:30pm
BACK TO THE GARDEN 1969

Sunday 2/01 8:30pm
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Winter Carnival Snowflake Event

By Alison Rooney

While Mother Nature hasn't been overly cooperative with the "Let It Snow, Let it Snow, Let it Snow" requests yet this winter, someone must have heard the imploring refrain, as snowflakes have blown into Philipstown — 15 of them to be exact, none of them white and none of them melting. Rather, these 15 have been artfully placed around Philipstown: three in Garrison, two just off Route 9 and 10 in Cold Spring Village.

They're not the blink-and-you'll-miss-them kind of snowflakes. Instead they are 2- to 3-foot wooden sculptures, each custom cut and donated by Scanga Woodworking, with plywood supplied by N. Dain's & Sons Lumber at cost. A completely homegrown effort, their mounting poles were created by R&G Wrought Iron Railing, and the hardware for mounting donated by C&E Paint Supply Inc., both Cold Spring businesses. Each snowflake was decorated and embellished by a local artist, all in service of a cause: driving traffic to local businesses during the winter months and stimulating excitement about the upcoming second edition of the Philipstown Winter Carnival this Feb. 7.

This project is a collaboration of the Cold Spring Area Chamber of Commerce, the Friends of Philipstown Recreation (FOPR), the Hudson Highlands Land Trust (HHLT) and the Philipstown Recreation Center, in association with local artists and community businesses. Taking its cue from a simi-



Snowflake painted by artist Rebecca Darlington, on display at C & E Paint Supply, Cold Spring

Image courtesy of Hudson Highlands Land Trust

lar projects elsewhere, including the cows in New York City and a pointe shoe sculpture decoration project in Saratoga Springs, Joel Conybear, a member of the Winter Carnival Planning Committee, said: "We thought snowflakes would be a great project to tie together local businesses, artists and our Winter Carnival. It truly was a team effort."

Each snowflake has been sponsored by a local business or nonprofit, and artists — who were approached by Gallery 66 NY's Galazzo about the project — were given free rein to embellish them as they desired, independently. As locations were chosen for the snowflakes, a few enjoyed natural synergies with the establishment they matched up with; for instance Karen Madden's snowflake features a candy-cane-munching pooch — perfect companionship for its perch just outside of Reigning Cats and Dogs, and the piece by Grey Zeien evokes driftwood, fitting for the Hudson House's location at the waterfront. The snowflakes will be displayed around town until the day of the carnival, when they will be auctioned off to raise money for the HHLT and FOPR. Winning bids will be announced at the carnival's finale.

Galazzo said: "It excites me to have these sculptures around town because it not only enlivens our area in winter time, it highlights those merchants sponsoring it, the artists from our area who created the snowflakes, and benefits the Recreation Center at the same time — a win-win for everyone. Working with Joel [Conybear] and the Rec Center has been a real pleasure, and I look forward to the Winter Carnival expanding."

The snowflake sculptures were created by Donald Alter, Ada Pilar Cruz, Rebecca Darlington, Carol Flaitz, Carla Goldberg, Galazzo, Anita Jacobson, Eric Laxman, Madden, Russ Ritell, Cassandra Saulter, Galelyn Williams, Maureen Winzig and Zeien. They have been placed near sponsoring businesses: Jillian Bono of Powers & Haar Insurance Agency, B&L Deli, C&E Paint Supply, Cathryn's Tuscan Grill, The Country Touch, Gallery 66 NY, Garrison Café, Go-Go Pops, Hudson Highlands Land Trust, Hudson House Inn, Marina Gallery, Old Souls, Philipstown Recreation Center, Pidala Electric, Pig Hill Inn and Reigning Dogs & Cats Too.

Conybear said the committee "encourages everyone to take a look and appreciate the individual details that the artists created. We are so appreciative of our local businesses for sponsoring this project. One of the goals of the Winter Carnival is not only to get people outside to play in the cold of February, but also to get people out in order to support our local businesses. We have such a beautiful town in the winter. Hopefully, more people will head outside to enjoy the art, the shops, skate on the town rink and then celebrate winter at our Winter Carnival on Feb. 7!"

The Winter Carnival, a huge success in its first go-round last year, will again involve two sites: Philipstown Recreation Center and Winter Hill, both in Garrison. A free shuttle bus will ferry carnival-goers between the two loca-



Russ Ritell's transformation of his snowflake can be found outside of Old Souls. Photo by A. Rooney

tions. Planned activities include ice skating, snow golf, music, snowman building and much more. A screening of an indoor family movie, hosted by the Cold Spring Film Society, will bring the proceedings to a close. Activities will be adjusted to fit the day's weather conditions.

Philipstown Recreation Commission chair, Maasik is pleased that the event is becoming an annual one: "Building on the success of last year's event, Philipstown Recreation is pleased to partner with the Hudson Highlands Land Trust once again for the 2015 Winter Carnival. In addition to the partnership with Cold Spring Chamber of Commerce for a special 'First Friday' event, we have other exciting new activities planned for all ages at both the Rec Center and Winter Hill locations on Saturday. It's a great way to celebrate our community and the outdoors!"

For more information visit hhlt.org and philipstownrecreation.com.

SkyBaby Studio
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Winter Schedule

Always check online schedule for cancellations: www.skybabyyoga.com

Healing Circle with Holly Burling
Friday, Jan. 9, 6:30 - 8 p.m. | \$35

Introduction to Ayurveda & Seasonal Detoxing for your Dosha and a Healthy New Year
Saturday, Jan. 10, 2 - 4:30 p.m.
\$35 until Jan. 3 | \$45 after

Unwind with Melia Marzollo
A class to release muscles and unwind any tension in the body through routines that incorporate tennis balls.
Tuesday, Jan. 27, 5 - 6:30 p.m. | \$18
Register at www.skybabyyoga.com

Monday
9:30 - 10:45 a.m. Vinyasa with Vanessa

Tuesday
9:30 - 10:45 a.m. Alignment Flow with Julian

Wednesday
9:30 - 10:45 a.m. Vinyasa with Jamie

Thursday
9:30 - 10:45 a.m. Alignment Flow with Julian
3:15 - 4:30 Teen Girl Yoga with Melia
6:45 - 8 p.m. Yin (restorative) with Kathy

Friday
9:30 - 10:45 a.m. Vinyasa with Adrienne

Saturday
Please see our online schedule for Saturday workshops and focus classes.

Sunday
10:30 a.m. - 12 noon Alignment Flow with Julian

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- Chaotic Closet: a free makeover for a small wardrobe closet

For complete details on the big change and how to win one of the contests, please like the official page:

 www.facebook.com/Garrison.Concierge.NY
and learn how to enter the contest that best suits your needs.

COMMUNITY BRIEFS

PHAS Holds Birdseed Sale and Rattlesnake Event

Pre-order birdseed for pickup and chili party Jan. 10

The Putnam Highlands Audubon Society will be at the Taconic Outdoor Education Center in Fahnestock State Park Saturday, Jan. 10, to distribute pre-ordered birdseed from their 23rd Annual Winter Bird Seed Sale, hold a winter chili party and present a talk on rattlesnakes in the Hudson Highlands.

From 9 a.m. to noon, those who have pre-ordered birdseed from the PHAS will be able to pick it up at TOEC. Some seed will be available for sale on the day of the event. See below for order information.

At noon, Ed McGowan, director of the Bear Mountain Trailside Nature Museum, will talk about rattlesnakes, the secretive and misunderstood reptiles that make the park their home.

The Winter Chili Party will take place at 1 p.m., with a lunch of Chef Mike's Famous Chili — beef and vegetarian, dessert, apple cider and conversation.

To cover the cost of the presentation and food, the suggested donation is \$15. All proceeds support PHAS programs.

To order birdseed or make reservations for the chili party, or for more information on the programs, contact Paul Kuznia at TOEC at 845-265-3773 or swixblue@hotmail.com.



Rattlesnake Photo courtesy of PHAS

Girl Scout Daisies Visit Cold Spring Vet Office

First-grade girls learn how to care for animals

First-grade Daisy Girl Scout Troop 2032 recently took a trip to visit with Dr. Peter Bach and his wife at the Animal Hospital of Cold Spring. The girls are spending the year focusing on how they can care for animals and themselves and how confident that can make them feel, as part of their 5 Flowers, 4 Stories, 3 Cheers for Animals Journey Award Badge.

While at the animal hospital they had the opportunity to ask questions, learn about ways to keep their pets healthy and see one of their leader's dogs get



Girl Scout Daisy Troop vet visit

an examination. They then took a tour of the hospital, getting a chance to see the examination, treatment and surgery rooms. They looked at X-ray images from before and after their leader's dog's prior surgery, as well as various surgical and treatment tools, and they learned how a veterinary hospital team works together to help all sorts of animals.

Last-Chance Flu Clinic Jan. 6 at Brewster DOH

Ages 60 and above or with Medicare are free of charge

Flu activity is now widespread in New York state, with 47 counties and all five New York City boroughs reporting confirmed cases for the week ending Dec. 13. Influenza is unpredictable, but the predominant strain circulating this year has been associated with some of the more severe flu seasons in the past. Vaccination is key in reducing the severity of symptoms, hospitalizations and deaths, even if the vaccine is not a perfect match, as has been reported this year.

Flu season usually peaks in February, so it is not too late to get vaccinated. The Putnam County Department of Health (PCDOH) is offering a "last-chance" flu clinic, Tuesday, Jan. 6, from 2 to 6:30 p.m., at 1 Geneva Road in Brewster, for residents still needing a vaccination.

The clinic is open to all Putnam County residents, 3 years and older. The fee for flu vaccine is \$25 for residents under 60 years of age. Those 60 years and older, or with a Medicare card, can receive the vaccine free of charge. High-dose flu vaccine is being offered for seniors 65 years and older (as studies show this vaccine is more effective for this population). Proof of residency (driver's license) and Medicare card is required.

No appointments are necessary. Forms will be available online at the Putnam County website at putnamcountyny.com/health/immunization. In order to streamline the onsite process, people are encouraged to download the forms, complete them and bring them to the clinic. Forms

will also be available at the clinic, if needed. In the event of inclement weather, call the PCDOH flu hotline at 845-808-1390.

Application Deadline Is Jan. 7 for YES Abroad

High school students may apply for year-long scholarships

The application deadline for the 2015-16 Kennedy-Lugar Youth Exchange and Study (YES) Abroad scholarship program is Jan. 7. The program provides full scholarships to American high school students to experience overseas communities and cultures, preparing students to collaborate on today's global challenges such as human rights, community development, workforce development, climate change and global health.

Sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs, the YES Abroad program enables students to study for one academic year in countries that may include Bosnia and Herzegovina, Ghana, South Africa, India, Indonesia, Macedonia, Malaysia, Morocco, Oman, the Philippines, Thailand and Turkey. The merit-based scholarship covers domestic and international travel; applicable visa fees; medical benefits; room and board; tuition at the local high school; orientations; and fees for educational and cultural activities.

Participants in the program fully immerse themselves in the culture of their host family while attending a local high school. Interested students should visit yes-abroad.org to learn more the program and to apply. Those with further questions about the program or application process should contact the YES Abroad program at yesabroad@afusa.org or 800-237-4636, ext. 2151.

The Jammers Come Back to Cold Spring Jan. 10

Show at Silver Spoon reunites long-time friends

The Jammers, Bob Cinque and Bob Pinnola, will perform at the Silver Spoon on Saturday, Jan. 10. Cinque and Pinnola are two long-time friends who have played together on all kinds of stages since college, performing together in Manhattan clubs and theaters, Brooklyn bars and various venues in Albany, Long Island and the Hudson Valley.

They both perform regularly with other groups and lineups, but when they sit down

together with acoustic guitars in hand, they are the Jammers. Their shows have a loose and comfortable feel, with a little joking and kibitzing between the songs. At a show, listeners may hear them do covers of the Allman Brothers or Oasis, or anything from Van Morrison to REM, from Sinatra to Santana, as well as some original songs written by Cinque and Pinnola.

The Jammers will be at the Silver Spoon in Cold Spring at 8 p.m. on Jan. 10. The Silver Spoon is located at 124 Main St. in Cold Spring.

Winterfest Takes Place on Winter Trails Day Jan. 11

Winter activities and presentations offered at TOEC

The Taconic Outdoor Education Center in Fahnestock State Park invites the public to enjoy the outdoors on National Winter Trails Day, Sunday, Jan. 11, from 11 a.m. to 3 p.m.

Snowshoes will be available for use courtesy of Tubbs Snowshoes and Mountain Top Outfitters. On a first-come, first-served basis, participants will have a chance to use a pair of snowshoes for a short period of time. In addition, REI outdoor staff will offer some tips and tricks for winter camping and hiking.

The Garrison Fish & Game Club will be ice fishing on Duck Pond. Attendants are invited to join them and learn how to fish in the winter.

The back hill will be available for tubing and the lake open for skating, so participants may bring their own ice skates or just "boot" skate.

Beginner instruction on map and compass use will be provided by Orienteering Unlimited. After learning the basic skills, participants can put them to use on a novice orienteering course.

In Highland Lodge, TOEC staff will offer a nature craft activity for kids. Putnam Highlands Audubon will answer winter bird feeding questions and have seed available for sale. The day will end with a live wildlife presentation by Bill Robinson at 3 p.m.

Food and beverages will be available in Highland Lodge.

TOEC is located at 75 Mountain Laurel Lane outside Cold Spring. A donation of \$2 for adults and \$1 for kids is requested. Please leave pets at home. Due to limited space, TOEC cannot accommodate groups of more than 15 people.

Beacon Community Free Day at Dia:Beacon Jan. 10

Visitors can experience full day of special programs

On Saturday, Jan. 10, visitors of all ages can participate in a full day of special programs including collection tours, programs for families and gallery talks, among other activities. All programs are free with the price of admission to Dia:Beacon.

As part of Community Free Day, residents of Columbia, Dutchess, Greene, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester counties receive free admission (with government-issued identification).

11:30 a.m. Imaginary Alphabets and Intentional Accidents: This tour for families, led by Dia Guide Jean-Marc Superville-Sovak, utilizes playful and interactive exercises to engage children and parents with selected works on view by artists Carl Andre, John Chamberlain, Sol LeWitt and Richard Serra (1 hour).

Noon, 1:30 and 3:30 p.m. Sound and Site: Closely (Continued on next page)



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COMMUNITY BRIEFS

(from previous page) examining specific works of art on view at Dia:Beacon over the course of the day, artist educator Audra Wolowiec engages visitors of all ages in a series of 30-minute sessions in which participants observe, respond and experience with the entire body and the senses (30-minute exercises engaging with a single artwork each session).

1 p.m. *Maisons Fragiles*: The Elusiveness of Permanence: Dia Guide Tricia Wright invites visitors to consider the different ways in which artists Louise Bourgeois, On Kawara, Agnes Martin, Gerhard Richter and Fred Sandback have explored fragility and impermanence through narrative content, materials and form (1 hour).

2 p.m. Gallery Talk: Stephen Hoban, publications manager at Dia Art Foundation, leads a focused talk on Carl Andre's work (1 hour).

The hours for Community Free Day are Jan. 10 from 11 a.m. to 4 p.m. at Dia:Beacon, 3 Beekman St. in Beacon. For directions,

visit diaart.org.

Bag It Screening, Talk at Beacon Sloop Club

Winter Lecture Series begins with free event Jan. 8

The Beacon Sloop Club Winter Lecture Series begins Thursday, Jan. 8, with a screening of the award-winning film *Bag It* with guest speaker Sharon Rowe, CEO and founder of Eco-Bags Products Inc.

The film explores people's daily reliance on plastic, following "everyman" Jeb Berrier as he tries to make sense of our dependence on plastic bags. Although his quest starts out small, Berrier soon learns that the problem extends



Film still from *Bag It*

past landfills to oceans, rivers and ultimately human health.

The average American uses about 500 plastic bags each year, for about 12 minutes each. This single-use mentality has led to the formation of a floating island of plastic debris in the Pacific Ocean more than twice the size of Texas. A single plastic bag can take up to 1,000 years to degrade. Plastic bags remain toxic even after they break down, and two of the most common plastic additives are endocrine disruptors, which have been shown to link to cancer, diabetes, autism, attention deficit disorder, obesity and infertility.

Rowe has been featured as an environmental pioneer in *Time* magazine, *Glamour* and *Bag It* and has won numerous awards, including the national 2012 Enterprising Woman Award, issued by *Enterprising Women* magazine.

This free event will be held at 7 p.m. Jan. 8 at the Beacon Sloop Club, 2 Flynn Drive in Beacon (adjacent to the harbor). In the event of inclement weather check the website at beaconsloopclub.org. For further information, call 845-463-4660 or 914-879-1082.

Japanese-American Film *Picture Bride* at Library

Howland Public Library screening starts 7 p.m. Jan. 23

The Japanese-American film *Picture Bride* will be shown at the Howland Public Library at 7 p.m. Friday, Jan. 23. Follow a young woman as she leaves Japan for Hawaii to marry a man she's never met. Famed film critics Gene Siskel and Roger Ebert gave the film "two thumbs up." The movie is rated PG-13.

This screening is free and no registration is required. All films are shown in their original languages with English subtitles. Doors open at 6:30 p.m. and the film starts promptly at 7.

The Howland Public Library is located at 313 Main St. in Beacon. For more information, contact Alison Herrero, adult services librarian, at 845-831-1134.



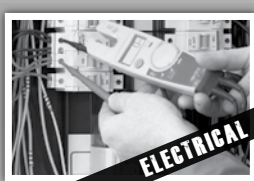

Cello and Percussion Duo Performs at Quinn's

Monday Jazz Sessions continue Jan. 26

Returning to the Monday Jazz Sessions at Quinn's is the duo of cellist Daniel Levin and percussionist Juan Pablo Carletti, in support of their new recording, *Illusion of Truth*, to be released in 2015 on Out Now Records. The Levin/Carletti duo performs 8 p.m. Monday, Jan. 26. Quinn's is located at 330 Main St. in Beacon, and there is no cover charge, though donations for musicians will be requested and gratefully accepted.

Elements of European classical music, American (Continued on next page)

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Roots and Shoots

Environmental Bright Spots From 2014

By Pamela Doan

By no means a complete list, here are some of the things that happened in 2014 that were good for the local environment.

Plans for enhancing and improving access to natural areas: Elements of the Hudson Highlands Fjord Trail linking Cold Spring and Beacon with a pedestrian and bike path could be under construction in 2015 and will provide more access to the natural beauty of the Hudson Highlands. The 9-mile track could reduce traffic, parking difficulties and dangerous conditions for hikers on Route 9D, and create another tourist attraction for Philipstown. It could be our High Line (the beautiful park on the former elevated railway in New York City).

Hydraulic fracturing ban in New York: After a moratorium, Gov. Andrew Cuomo banned fracking in our state! This move protects the environment, water quality, and the health of New Yorkers from questionable practices that have been linked to major problems in other states. It was a bold move and will ensure that concerned citizens don't have to wage local fights over it in municipalities.

Desalination plant in Rockland County nixed: This plan was short-sighted and unnecessary and would have had major environmental consequences for the Hudson River. The move will also force the local utility and residents

to consider conservation efforts and a sustainable plan rather than this type of misguided approach.

Long Dock Park expanding: Long Dock Park in Beacon was once a toxic brownfield from its past as an industrial site. Thanks to the efforts and leadership of Scenic Hudson, most of the park opened to the public in 2011, and it has since become a major attraction on the riverfront. One section that was off limits is finally being cleaned up. Work started this fall and the area should be open in 2015, giving visitors more access to the waterfront.

Crude-oil-carrying "bomb" trains are getting attention: Crude oil shipped by train along the west side of the Hudson River poses serious hazards to people and the environment. Accidents in Canada and Virginia have devastated entire towns and caused long-lasting damage to ecosystems. This year environmental groups have lobbied the governor to take action, and there has been progress in evaluating and confronting the issues.

Small farms are getting support: Keep Putnam Farming is a countywide



Some good things happened in 2014 to preserve the natural beauty of the Hudson Highlands. Photo by P. Doan

initiative looking at the needs of agricultural interests. As a comprehensive effort to survey and support existing farm resources, it will also address ways to support, promote and expand agriculture locally. Supporting local farms means controlling development, providing access to healthier food and making more sustainable choices for land use.

Invasive species are banned and regulated in New York: The Department of Environmental Conservation issued regulations that restrict and ban certain non-native species that act aggressively when introduced into our wa-

terways and forests. These species have transformed landscapes and sea life in costly and devastating ways, and these regulations are an important step in trying to preserve our natural environment.

More open land is preserved in Philipstown: The Hudson Highlands Land Trust was able to permanently conserve and protect 135 acres this year. Additionally, the HHLT helped to secure a donation of nearly 10 acres that created a new parking area on Snake Hill Road and access to the North Redoubt section of Hudson Highlands State Park Preserve in Garrison.

COMMUNITY BRIEFS

(From previous page)

jazz, microtonal and new music, and European free improvisation all figure prominently in Levin's unique sound. Born in Burlington, Vermont, he began playing the cello at the age of six. In 2001, he graduated with a degree in jazz studies from the New England Conservatory of Music and arrived on the New York City jazz scene shortly thereafter. Since then, Levin has developed his own unique voice as a cellist, improviser and composer. He is the recipient of a 2010 Jerome Foundation award.

Carletti was born in Buenos Aires, Argentina. His father played percussion, and Carletti was instantly drawn to the drums. As he performed with a variety of bands, he focused mainly on improvised music and mainstream jazz. He began working with his own projects and created a small label dedicated to new music. In 2005, he traveled to New York City and played with the David Haney Group at Cornelia Street Cafe. One year later, he officially moved to America to continue his musical journey. He approaches playing in unique ways, influenced by differ-

ent styles of music, especially the music created in the avant-garde scene in New York City in the last decades.



Daniel Levin Photo courtesy of Jazz Sessions at Quinn's

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Stories You Might Have Missed (from page 1)

Jim Lovell, is sharply critical of the Metro-North safety record.

April

- At a forum held at Haldane, parents discuss drug addiction with Susan and Steve Salomone, whose son died of a heroin overdose. Earlier in the month, *The Paper* published a series of articles examining local heroin use.
- The Cold Spring Zoning Board of Appeals approves a variance, allowing a controversial structure, “the Shed” on Stone Street, to remain in place after a multi-year dispute among neighbors.
- Residents meet with consultants to discuss shoreline protection at Dockside Park. The Village of Cold Spring is negotiating management of the property, which is owned by New York state.

May

- The Cold Spring Village Board approves the much-anticipated B4A zoning, paving the way for redevelopment of the 5.7-acre Butterfield Hospital site, ending what developer Paul Guillaro describes as “a long, hard road.”
- Town of Philipstown and Village of Cold Spring elected officials meet to discuss consolidation of their building departments, possibly to include the Village of Nelsonville. A month later, the Cold Spring Village Board shelves the idea.
- President Barack Obama delivers a speech on military and foreign policy as he presides over the graduation of cadets from the U.S. Military Academy at West Point.
- Crude-oil train traffic along the west shore of the Hudson River leads to growing concerns about dangers, following issuance of a New York state report and preliminary action by the federal government to call attention to the issues involved.

June

- The New York State Department of Environmental Conservation postpones the cleanup of coal tar at the Cold Spring Boat Club for one year, delaying demolition of the club’s building.
- Cuts in arts and athletics are averted when a contract agreement is reached between the Haldane Board of Education and the Haldane Faculty Association.
- The Preservation League of New York State designates a 6-mile section of Old Albany Post Road as one of “Seven to Save” sites, adding it to an elite statewide list of places considered too valuable to neglect.
- Rep. Sean Patrick Maloney, a Philipstown resident, marries his partner at a Cold Spring church, drawing crowds and security measures that later spark questions at a Putnam County legislative meeting.

July

- Fire destroys the High Street home of Anne Impellizzeri and Dan Wright. The intense blaze draws emergency responders from two counties and sev-

eral jurisdictions.

- The Lions Club honors longtime Philipstown Town Board member and former club president Betty Budney and her late husband Mackey, dedicating a new riverfront bench in their name.
- The Summer Sunset Music Series returns to the Cold Spring Dock for the 12th consecutive season, sponsored by the Cold Spring Area Chamber of Commerce.

erative season, sponsored by the Cold Spring Area Chamber of Commerce.

August

- Reports of mountain lion sightings in Philipstown generate disbelief — and support.
- A 17-year-old male and two 16-year-old males are arrested, charged with a graffiti spree in several Cold Spring locales.
- The Putnam County Legislature’s Physical Services Committee heatedly debates bringing county services to Philipstown and whether to locate a county-supported senior citizen center there or elsewhere.

September

- Foodtown celebrates the opening of the newly renovated supermarket, an expansion that increases floor space from 6,500 to 8,500 square feet.
- After more than two years of rumors, fears and delays, construction of Dunkin’ Donuts begins on the site of the former Elmesco Citgo service station adjacent to Foodtown Plaza.
- Site-plan review of the Butterfield project begins.
- For the first time in their long history, the Haldane Blue Devils play the annual homecoming football game “under the lights.”

October

- Philipstown’s Town Board approves paving a section of East Mountain Road after debate that parallels long-standing controversy over whether to pave the historic Old Albany Post Road.
- The Philipstown Town Board approves acquisition of a pumper truck by the Garrison Volunteer Fire Company, ending six months of acrimony over the way the planned purchase transpired.

November

- The Haldane girls’ soccer team wins its first state championship. The girls’ volleyball team comes within one point of doing the same and takes home the silver.
- In what is largely a mid-term celebration for Republicans nationwide — including Putnam County, voters return incumbent Democrat Rep. Sean Patrick Maloney for a second term after an intensely competitive race with former incumbent Nan Hayworth.
- In the New York State Senate race, Republican Sue Serino defeats the Terry Gipson, the Democratic in-



Three youths were arrested after an August graffiti spree in Cold Spring. Photos by M. Turton

cumbent.

- Gordon Stewart, founder of *Philipstown.info* and *The Paper*, dies. Stewart, who led a remarkable life that spanned journalism, politics, the arts, screenwriting and business, was 75.

December

- The Cold Spring Fire Company unveils plans for a three-story, \$6 million firehouse to replace the aging structure on Main Street, setting off what is sure to be a lengthy debate.
- Gov. Andrew Cuomo announces new economic development grants, including \$935,000 for the Hudson Highlands Fjord Trail.
- Less than a month after his death, Gordon Stewart’s goal of mounting a second performance of Handel’s *Messiah* is realized as St. Mary-in-the-Highlands Episcopal Church hosts a repeat, again drawing a large crowd. An empty maestro’s podium honors Stewart, who conducted the 2013 performances.
- The Philipstown Town Board accepts a bid in its effort to sell the VFW building, long used for town and village meetings and other public events.

Time passes, a community evolves, a new year beckons

As 2014 drew to a close, Philipstown was not the same community it had been just 12 months earlier. Change was as inevitable as the passage of time. People who were important to us died. Newborn infants were welcomed into the world. Families moved away while others made this their new home. Businesses closed and new enterprises opened their doors. There were wins and losses — in sports, in politics and in life.

The ticking of the clock and continued evolution of our community may be the only sure bets when it comes to predicting what 2015 will bring. As Abraham Lincoln put it, “The best thing about the future is that it comes one day at a time.”

The Arts Scene 2014: Celebratory and Innovative (from page 5)

bring both the tough and the tender on the page,” Curto said to the class, whose efforts produced work that embodied that belief.

In Beacon

Art-scene-wise, 2014 will be remembered as yet another notch in the ever-trending upward chart of exhibitions, performances, venues and community involvement in that small city. Without singling out any one entity, together the trio of live music establishments, the Towne Crier, Quinn’s and Dogwood, each reinventing itself and reopening over the course of the last two years, have given the art galleries a run for their money in being labeled as Beacon’s signature “known for” art form.

Bolstered by the ever-expanding Beacon Music Factory and the many

music festivals its founder, Stephen Clair, has helped generate, music and music-makers are proving a draw for both locals and visitors. With the linchpin of Second Saturday firmly in place, music can also be heard on, say the third Tuesday or the fourth Monday — pretty much, as the song goes, *Eight Days a Week*. With so many music aficionados to tap into, related businesses have followed suit, from a store full of LPs to a bona fide luthier. Have an oud in need of repair, for example? No problem — just turn down Chestnut from Main. All of these sweet sounds are bittersweet when considering the passing of the man whose music and way more than that were and always will be synonymous with the city of Beacon and the Hudson Highlands beyond: Pete Seeger, May 3, 1919 – Jan. 27, 2014.



The Towne Crier stage as instruments await Photo by Rick Gedney