Garrison School Reviewing Security Procedures

Fiscal-cliff decision on education cuts delayed

By Jeanne Tao

At the first meeting of the Garrison School Board of Education since the shootings in Newtown, Conn., the board on Wednesday night (Jan. 2) observed a moment of silence to remember those who were killed at Sandy Hook Elementary on Dec. 14. Board members also reflected on the tragedy and discussed safety procedures, as well as attended to the finalization of the board's goals and objectives and the shaping of the budget amid anticipated education cuts both at the state and federal levels.

Security post-Newtown

In her remarks, Superintendent Gloria Colucci explained that Garrison School has been and remains a locked-in school district, wherein all visitors must be buzzed in, sign in and wear a badge. She attests that the school secretary has been "vigilant and diligent" in identifying all visitors before buzzing them in, speaking to those unfamiliar to her over the intercom before allowing entry. Board Member Charlotte Rowe mentioned being touched by the students’ reaction.

Security meeting of school and government

The school’s safety committee, made up of administrators, teachers, parents and the insurance carrier’s representative, met shortly after the shootings and will continue to meet to review the school plan, which outlines procedures for all possible events, from a chemical spill on the road outside the school to an incident at the school’s door, and she expressed her gratitude for their diligence.

The school’s safety committee, made up of administrators, teachers, parents and the insurance carrier’s representative, met shortly after the shootings and will continue to meet to review the school plan, which outlines procedures for all possible events, from a chemical spill on the road outside the school to an incident such as occurred in Newtown. The school also practices these procedures in at least two drills per year — one evacuation and one other type — in addition to the 12 fire drills that are required each year.

Although complimentary letters from state and federal officials praised the district’s size and the insurance carrier’s representation, the school’s insurance provider will also conduct a separate security review. Any recommendations made by either review will be brought to the board for approval.

Board Member Charlotte Rowe mentioned being touched by the students’ response to the tragedy, in the Girl Scouts’ efforts to make snowflakes for the school for Sandy Hook students and in their expressions of concern for them.
Mouths to Feed

Secrets, Lies, and Recipes

By Celia Barbour

Most food lovers I know don’t like to admit they use recipes. There seems to be a kind of disgrace in it, like disclosing that you can’t hum a tune without sheet music, or that you need garamalum tags to get dressed in the morning. This has resulted in some awkward conversations — for example, when I ask an acquaintance if she’d mind sharing the source of a particular complicated, unusual recipe, and she acts as if the idea for it just came to mind unhinged, prompting her to head into the kitchen and spontaneously throw together, say, hominy, tomatillos, chicken and pulsed pumpkin seeds. The more questions I have, the more bizarre the scenario becomes, until I’m like: Really? You were just inspired to do that?

I confess I’ve bowed to this pressure myself at times, talking to colleagues as if what goes on in my kitchen is just 100 percent nonstop improvisation, all Charlie Parker genius at the cutting board. But the truth is that even the dishes I claim to have followed closely once upon a time.

Recipes are the best way to explore and grow as a cook. My favorites mostly trace their roots back to recipes I learned by heart; I’ve excised it from the rest and have used it that way for years, adding white beans or French lentils, serving it with farro or rice. In the beginning, I even served it over pasta, thinking that this would help my kids like it, but that proved unnecessary.

My kids are passionate about it, and when they get like that, I have to brace myself. When I started out, I used two bunches of kale, but they wanted more. So I upped it to three, then four, and still they insisted it wasn’t enough. But I held my ground, if only because standing in the checkout line with five bunches of kale is so good that I exeeded it from the rest and have used it that way for years.

Recipes are the best way to explore and imagine new foods, and to keep stretching and growing as a cook. My favorites are not just step-by-step instructions but seem almost like poems, containing enormous wisdom and experience in condensed, shorthand form.

But even if following recipes is not shameful, it is tiresome. I resent constantly having to shift back and forth between the food and the page, trying to re-find my place and scanning to double-check that I haven’t missed anything. It interrupts the flow of cooking. Which is why, when I find a dish I like, I’ll often make it several times in a short span, paying close attention to each step, so that it works its way into my muscle memory. Because I’ve discovered that cooking becomes way more fun when I close the book and wing it.

Many years ago, I came across a recipe for caramelized kale in Sunday Suppers at Lucques, a superb cookbook by L.A. chef Susan Goin. Actually, that’s not technically the recipe’s name, which is “Farro with Kabocha Squash and Cavolo Nero,” but the kale portion of it is so good that I excised it from the rest and have used it that way for years, adding white beans or French lentils, serving it with farro or rice. In the beginning, I even served it over pasta, thinking that this would help my kids like it, but that proved unnecessary.

Caramelized kale

“Caramelized” here means that the kale is cooked for a long time, until it is dense, chewy-soft and as dark as raisins. Once you have blanched the kale in the first step, you can use that cooking water, which is full of vitamins, to cook up some rice, pasta or farro to serve alongside.

3 bunches of kale, preferably lacinato (but it doesn’t much matter)
¼ cup olive oil, plus more if needed
1 sprig rosemary
pinch cayenne

Bring a pot of salted water to boil. Wash the kale and strip the leaves from the toughest part of the stems, as described above. Discard the stems. Tear or roughly chop the kale. When the water is boiling, add the kale and cook it for 3-4 minutes. Drain (but save the water to make a grain or pasta, if you like). Meanwhile, heat your largest skillet over medium. Add the olive oil, the sprig of rosemary, and the cayenne and chile powders. Let them sizzle in the pan a minute, then add the onion and garlic, sprinkle with a little salt and pepper, and turn the heat down to medium-low. Cook, stirring often, until the onion is soft and turning gold, about 5 minutes.

Transfer the kale to the skillet, toss to coat with the oil and spices, add more oil if needed, plus salt and pepper, and cook over low heat, stirring occasionally, for about 30-40 minutes, adding a splash of the cooking water if the pan seems to be getting dry. You want the kale to sizzle and stew, by turns.

When the kale is dark, almost black, taste and add more salt, pepper, olive oil if needed. Serve warm, with grains and beans on the side.

Not terribly ashamed, anyway.

Photo by C. Barbour
holdors faced a dangerous situation as a result of releasing the information," said Sant, who received hearty applause before and after his remarks from a bevy of county officials and employees as well as approximately a dozen citizens attending the event.

Sheriff Donald B. Smith and several members of the county legislature among others were there lending support.

"This issue is strictly about the privacy and safety of law-abiding citizens," said Odell, who stressed the matter was unrelated to the recent shooting deaths of children and adults in Newton, Conn.

Odell pointed out that Putnam County is home to many retired police, military and other government personnel with registered firearms, and she argued they should not be subjected to public disclosure of their names and addresses in this context.

Anticipating a legal battle with The Journal News, Odell asserted that "we will take this to the very end, wherever it leads us. We are shoulder to shoulder. I will not retreat. I will not surrender."

For his part, Ball said he was introducing state legislation to amend the law to prohibit journalist publication of gun-ownership records while allowing law enforcement access to the files.

Acknowledging his penchant for hyperbole, Ball declared to Sant: "I will fight with you until hell freezes over, and then we will fight on the ice."

At press time it was not clear what steps The Journal News might take to counter Sant's refusal to provide the requested data.

At press time it was not clear what steps The Journal News might take to counter Sant's refusal to provide the requested data.

One of many citizens supporting Dennis Sant's decision. The sign reads: "Legal gun owners are not criminals."
County’s answer to Butterfield is ‘no’

Dear Editor:

The critical question surrounding the Butterfield Hospital property is whether or not Putnam County is going to pay for facilities there. County Legislators Mary Conklin and Sam Oliverio have presented factual answers to that question, but our Village Board, with the exception of Trustee Matt Francis, appears not to care. They should care, especially when the answer amounts to “No, Putnam County has no real plan in place to fund facilities.”

While this answer may disappoint Mayor Gallagher and our Cold Spring senior citizens, it’s a real answer, based in fact. Wishful thinking isn’t going to get us a senior center. Real dollar commitments from Putnam County will. And despite a lot of talk from other legislators and the county executive, those real dollars have not been committed. Of the five Village Board members, only Trustee Francisco followed up Conklin’s letter to the Village Board to confirm these facts. Meanwhile, we have a mayor and several Village Board members moving ahead, not based on facts, but on fantasy. Our citizenry deserves better.

Sincerely,
Stephanie Hawkins
Cold Spring

Old Albany Post Road near Philipse Brook Road

Photo by K.E. Foley
By Michael Turton

SPENDING PLAN
Haldane Board
www.philipstown.info

A complete budget won’t be known by the Board of Education. Residents vote to approve or reject the proposed budget in May. At Wednesday’s meeting, Superintendent of Schools Mark Villanti said he expected to present a draft budget sometime in March.

Residents also discussed but took no action on the Landesk Group’s “Energy in the Bank” program, which calls for the possible installation of electricity-generating solar panels at the sports field and on school rooftops.

Kate Jordan holds up a sign for Newtown, Conn., at the North Highlands Firehouse, where Girl Scouts made snowflakes for Sandy Hook students, on Sunday, Dec. 29.

Photo by Maggis Rewour

The numbers of the Haldane Central School District’s draft budget for 2013-14, presented when trustees met on Wednesday, Jan. 2, don’t really constitute a budget at all. “This is a spending plan, not a budget,” said Michael Janisquel, president of the Haldane Board of Education. Final revenue figures required for a complete budget won’t be known for some time. New York Gov. Andrew Cuomo is expected to announce the

delayed until March. This means that school districts will not learn of cuts in federal aid until then. The Garrison School District anticipates cuts in Title I (for students living in poverty) and special education funding (which goes toward salaries of special education teachers), which could total around $900,000. That money will have to be replaced if not provided through federal aid.

At the state level, Colucci reported that Gov. Andrew Cuomo has received a report from his Education Reform Commission, and he is expected to address the commission’s eight recommendations at his State of the State address on Jan. 9. None of those points speak to the need for concessions depending on reductions in state aid. Junjulas and Villanti said that as budget negotiations continue, he will not recommend an increase that exceeds the maximum allowable tax levy. With the district facing difficult budget cuts, Villanti said that some teachers have suggested using capital funds to reduce the impact of the reductions in state aid. Junjulas and Villanti both emphasized that capital funds cannot be used to offset operating cuts.

The district is in discussions with both its unions regarding the budget. Budget meetings have approved contracts. However, trusts have hinted at the need for concessions depending on the severity of cuts required. When he was elected as a trustee, Peter Hender- on was afraid that he might have to staff accept a wage freeze if state aid continued to be reduced as it has in the past.

STATE LEGISLATOR VISIT
New York State Assemblywoman San- dy Galef and new state Sen. Terry Gipson will attend the Haldane School Board on Tuesday, Jan. 15, to discuss state aid to school districts. Villanti said that while he believes state legislators understand the impact of reduced aid on a state level, “I don’t think they understand it affects individual districts.” The meeting will be held in the Merrit building.

FIELDS PROJECT AND ATHLETICS
Trustee Jon Champlin, who co-chairs the PLAY Haldane committee that is raising $300,000 for the fields project, reported that cash and pledges received now total $63,000. He said that outstanding grants and applications could result in “significant dollars” being added to that total. He also said that a cash raffle is being planned along with the sale of engraved bricks or tiles to be placed in the area of the refurbished field. Champlin said that if all goes as planned, the field should be ready for use next September, although some improvements around the perimeter may not be complete by then.

Trusted approved sports merger applications for 2013-14 with the Beacon School District for girls swimming and with Garrison Union Free School District for modified lacrosse and modified softball.

Trustees also discussed but took no action on the Landesk Group’s “Energy in the Bank” program, which calls for the possible installation of electricity-generating solar panels at the sports field and on school rooftops.

Garrison Reviewing Security (from page 1)

Masonic Compact

Because I am a Freemason …

• I believe that freedom of religion is an inalienable human right and its protection is indispensable to human freedom; therefore, I will stand in my Lodge with Brothers of all faiths, and respect their beliefs as they respect mine, and I will demonstrate the spirit of Brotherhood in all respects of my life.

• I know that education and the rational use of the mind are the keys to facing the problems of modern society, therefore, I will be able to bring my Lodge, and strive to advance the growth of my mind alongside my Brothers.

• I know that the rich tradition of Freemasonry and its framework of Ritual are important platforms for growth and learning; therefore, I vow to stand upon these platforms to improve myself as a human being, and I vow to help in the mission of the Craft to provide tools, atmosphere, challenges and motivation to help each Brother do the same.

• I know that charity is the distinguishing human virtue, and that personal community service is the best demonstration of one’s commitment to humanity; I acknowledge that words without deeds are meaningless, and I vow to work with my Lodge to provide service to the community, and to promote charity, fraternity, fidelity, harmony, friendship and love.

• I know that my obligation to community extends beyond my local sphere and is partly fulfilled in my patriotism: love of my country, obedience to its laws and celebration of the freedoms and opportunities it symbolizes.

• I know that leadership is best demonstrated by commitment to serving others; I will therefore participate in, and give my best help to, leadership skills, and serve the Brothers of my Lodge to the best of my ability.

• I know that friendship, fidelity and family are the foundation of a well-lived life; therefore, I vow to be a faithful friend to my Brothers, as I expect my Lodge to provide personal obligations, and to treat my family as though it was my own.

• I know that the last great lesson of Freemasonry – the value of personal integrity and the sanctity of one’s word – is a lesson for all people in all times, I therefore vow to be true to my obligations.

• I know that Masonry’s power is best exercised when its light is shared with the world at large; therefore I vow to bring the best of myself to my Lodge, in order that my growth and the growth of my Brothers may be useful to all persons, including the world as a working Freemason, on the path to building a more perfect temple.

Because I am a Freemason, these values and aspirations are guideposts for my progress through life.

Visit philipstown.info for more local news.
Thirty-one years ago, Garrison resident Ed Doyle followed in his father’s footsteps and began serving as town attorney for the Town of Philipstown. Doyle, who is 65, stepped down at the end of 2012. He recently spoke with The Paper’s Michael Turton about his career, his observations on local politics and his plans for the future.

The Paper: When did you begin your duties as the Philipstown Town attorney?

The Paper: Who was town supervisor then?
Doyle: Tony Mazzucca, Bill’s brother.

The Paper: What is behind your decision to move on? Why now?
Doyle: I’d like the opportunity to pursue other interests while I still have my health and can enjoy them.

The Paper: Are you retiring from practice completely or simply no longer serving as town attorney?
Doyle: I closed my practice in Peekskill. A firm in White Plains has taken over the estate planning and estate administration.

The Paper: What other forms of law did you practice in Peekskill?
Doyle: It was a general practice. In addition to the estate work I did real estate, some business law and in my early years some criminal defense. Before coming to Philipstown I did code prosecution for the City of Peekskill and served as assistant town attorney for the Town of Cortlandt.

The Paper: Where did you attend law school?

The Paper: Does the town find itself the target of more legal actions now than 31 years ago?
Doyle: Maybe more than 31 years ago, but for the past 10 to 15 years it’s been very consistent. I didn’t see any great spike. And in court we’ve been very successful as a defendant.

The Paper: Have the types of legal issues that the town deals with now changed much during your tenure?
Doyle: No. I’ve enjoyed being the town attorney immensely. It’s given me an opportunity to give back to the community. My training has been as a lawyer, and I’ve enjoyed using that training and my profession in the civic arena.

The Paper: What is your favorite pizza topping?
Doyle: Cheese. My wife and I like plain pizza.

The Paper: What was the craziest, wildest, most emotional moment that you witnessed in your 31 years of attending Town Board meetings?
Doyle: Well, there have been a few, but I think they were all handled reasonably and the issues resolved.

The Paper: Very fitting that you would answer the last question in such a lawyerly way.
Doyle: [No comment - just smiled]

Visit www.philipstown.info
Unaccompanied child migrants who try to cross the U.S.-Mexico border

By James O'Barr

"Poor Mexico, so far from God and so close to the United States." So said Porfirio Diaz in the 19th century, and so it is today. The tortured history of the two countries and the long border they share is not the subject, but the necessary subplot of Rebecca Cammisa's absolutely remarkable, multi-award-winning documentary, Which Way Home.

The film records the perilous efforts of unaccompanied child migrants from Mexico and Central America to get to the United States. With our eyes fixed on the horror so close to home, and our attention focused, at least for a few minutes, on the awful questions it asks of us as a people and as a culture, it would be forgivable, for once, to look away from the destitution, hunger, violence and hopelessness that characterize the lives of the far-too-many children in the world less privileged than our own. But Which Way Home is cinema at its most verité; it tells the truth and does not let us look away.

Of the many hundreds of thousands of people from all over Latin America who, despite the incredible dangers of the journey, annually take their chances on making it across the U.S.-Mexico border for work to support their families at home, or to find relatives, or to find a better, more secure life in the United States, it is estimated that 5 percent are unaccompanied children.

The kids Cammisa and her intrepid crew (including cinematographer Eric Goethals and Lorenzo Hagerman, production manager Alejandra Liceaga and field producer Sashsa Weisso) focus on and follow the 1,400 miles from the Guatemala-Mexico border to the border with the U.S., come from Honduras, Guatemala and Mexico. Among the riskiest of the risks they take along the way is hitching rides on the freight trains, known to them collectively as "The Beast," that ply those routes. Jumping on and off the moving trains, riding on top of or in boxes or clinging to the sides, the kids treat the trains like playgrounds rather than the killing machines they can become at any moment. To vividly illustrate that death is an all-too-possible outcome that the migrants must face, the filmmakers give some attention to the loss of life along the way, not only on the trains, but at the hands of criminals or the smugglers who are paid to take them across or in the attempt to swim the Rio Grande or to survive the treacherous deserts on.

Music Tracks: Brian Hade and Scott Williams, Comforting and Confronting

Songs relating the 'everyday challenges of life and how God's word applies'

By Allison Rooney

By his admission, Scott Williams, along with his partner in song, Brian Hade, tore it up some during their 20s, performing "up on the mountain" (Woodstock) with tearing-it-up bands like J. Geils and Edgar Winter. As they got married and started families, their lifestyles changed and their music, turning more to the folk-rock tradition, reflected those changes. The pair, with decades of performing behind them, will play their first 2013 date for their God's Family Tour at the Depot Theatre's Music Tracks on Saturday, Jan. 12 at 8 p.m.

Williams calls their music "Christian contemporary" and explained that while most of the Christian music produced today is "worship music," i.e., the object of the music is to worship God, their music is about the 'everyday challenges of life and how God's word applies.'

"What we do," he said, "is like a journal of daily life: what you and I go through and how we apply the challenges. We address things going on in our own lives, and there's a 9-of-10 chance that we're not the only people dealing with these things — it's the challenge of being a human being in our culture."

This concert and tour will be all-acoustic, something Williams said the music lends itself to. Over the years, Hade and Williams have played together off and on, but they have never before toured behind the material, which Williams further described as "being in the James Taylor; Eagles; Crosby, Stills and Nash; easy-listening; singer-songwriter style — there's nothing generic to any specific age group."

They are trying something new this time around and have already gone into the recording studio and recorded the parts written for the backing vocalists who often accompany them. "Normally we write for a big vocal constituency," Williams explained, "but since it's just the two of us this time, we tried this." They'll be giving the audience a background on each song in concert, helping the audience "understand where the writing comes from," he added.

Most of the music on this tour has been penned by Williams, although earlier efforts featured the work of both equally. The pair met in the 1980s when both worked for an advertising agency on the JVC Jazz Festival campaign. They started playing together and in the years since have played up and down the Hudson Valley, a highlight being a chance to perform with Pete Seeger. Both are excited about playing at the Depot Theatre; Williams has performed there and enjoys the "intimate space." Calling this area "a great enclave of musicianship," he said, from speaking with musicians, "it seems like everyone's moving there."

Above all, said Williams, "Our intent, what we want to do, is to offer a little bit of comfort, to have the audience come away uplifted. Brian and I, per se, aren't important."
The Calendar

Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

Health, Sports & Outdoors
Haldane Ice Hockey vs. Yorktown 5:20 P.M., BREWSTER ICE ARENA 63 Fields Lane, Brewster 845-265-9254 | haldalnescchool.org Army Hockey vs. Robert Morris 7 P.M., TATE RINK, WEST POINT 845-938-2526 | goarmysports.com Haldane Boys’ Hockey vs. Pawling 7 P.M., HALDANE HIGH SCHOOL 15 Craigdole Drive, Cold Spring 845-265-9254 | haldalnescchool.org

Art & Design
European Sensibility: Near and Far (Opening) 6 - 9 P.M., GALLERY 66 NY 66 Main St., Cold Spring 845-809-5883 | gallery66ny.com

Music
Real Rough Diamonds 7:30 P.M., BEAN RUNNER CAFÉ 201 S. Division St., Peekskill 914-737-1701 | beamrunnercafe.com Live Music 8 P.M., WHISTLING WILLIE’S 184 Main St., Cold Spring 845-265-2012 | whistlingwillies.com

Derek Dempsey 9 P.M., MAX’S ON MAIN 240 Main St., Beacon 845-838-6297 | maxsonmain.com

Meetings & Lectures
Free Computer Help 2 P.M., DESMOND-FISHER LIBRARY 472 Route 403, Garrison 845-424-3020 | desmondfisherlibrary.org

Beginner AA Meeting 8 P.M., FIRST PRESBYTERIAN CHURCH 10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

Religious Services
Service at Beacon Hebrew Alliance 7:30 P.M., 335 VERPLANCK, BEACON 845-833-2012 | beaconhebrewbaliance.org Service at Reform Temple of Putnam Valley 8 P.M., 362 CHURCH, PUTNAM VALLEY 845-628-4774 | ny069.urj.net

Friday, January 4

Kids & Community
Free Admission for Grandparents 1 - 5 P.M., MID-HUDSON CHILDREN’S MUSEUM 75 N. Water St., Poughkeepsie 845-471-0599 | mhcm.org Wine Tasting 4 - 7 P.M., ARTISAN WINE SHOP 180 Main St., Beacon 845-440-6931 | artisantwineshop.com Wine & Cheese 5 - 8 P.M., ANTIPODEAN BOOKS 29 Garrison’s Landing, Garrison 845-424-3867 | antipodean.com January Star Party 7:30 P.M., LAKE OHAGANIC STATE PARK 1528 Route 82, Ancram | nymidhudsonastro.org Calling All Poets 8 P.M., HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-631-4988 | howlandculturalcenter.org

Garrison Art Center’s show of Gene Garfinkle’s works, along with the student/faculty exhibition, ends Sunday, Jan. 6. Photo courtesy of GAC

Sitting on the Bench by Tara

I can imagine the shock rippling through Philipstown and beyond when my devoted readers opened their latest copy of The Paper and as usual went immediately to enjoy my column. It wasn’t there. They must have been distracted, wondering if something had gone wrong with the world.

Here’s the apologetic truth. Instead of composing my prose I was spending too much time browsing through the scores of columns I wrote for the PCNR when it was run by the perverted Bruc. One of my legacies, I wanted to select my favorite but found it was too difficult. They were all magical although there was the occasional reference to unkind readers who suggested my ego had gone wrong with the world.

The question was asked, as it surely is today, why Labradors came from Newfoundland, not Labrador. The possible answer was supplied by research scientist Robert Hutchison, then a Garrison resident, who had published a splendid and definitive volume about his family, “For The Love Of Labrador Retrievers.” Mr. Hutchison, a fan of mine, speculated that we are named for his Labrador ancestors who, as my 12th birthday approaches I can all, including Labradors, and today as my 12th birthday approaches I can no longer race after a Frisbee. On the plus side, I am much wiser and, as everybody knows, I am as modest and – I must be frank – as fetching as ever. That is because we are named for the Labrador region was probably brought to the New World by Iberian Portugese animal, Castro Laboreiro.

Retrievers.” Mr. Hutchinson, a fan of the scientist Robert Hutchinson, then a

Sales
Free Admission for Grandparents 1 - 5 P.M., MID-HUDSON CHILDREN’S MUSEUM 75 N. Water St., Poughkeepsie 845-471-0599 | mhcm.org

Wine Tasting 4 - 7 P.M., ARTISAN WINE SHOP 180 Main St., Beacon 845-440-6931 | artisantwineshop.com

Wine & Cheese 5 - 8 P.M., ANTIPODEAN BOOKS 29 Garrison’s Landing, Garrison 845-424-3867 | antipodean.com

January Star Party 7:30 P.M., LAKE OHAGANIC STATE PARK 1528 Route 82, Ancram | nymidhudsonastro.org

Calling All Poets 8 P.M., HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-631-4988 | howlandculturalcenter.org

Garrison Art Center’s show of Gene Garfinkle’s works, along with the student/faculty exhibition, ends Sunday, Jan. 6. Photo courtesy of GAC

The Paper
www.philipstown.info | philipstown.info

Saturday, January 5

Kids & Community
Cold Spring Farmers’ Market 8:30 A.M. - 1:30 P.M., PHILIPPSTOWN COMMUNITY CENTER 107 Granny's Drive, Garrison cotfarmmarket.org

Food Pantry 9 - 10 A.M., FIRST PRESBYTERIAN CHURCH OF PHILIPPSTOWN 10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

Winter Birds at Your Feeder 10 A.M., OUTDOOR DISCOVERY CENTER 100 Main Street, Cold Spring 845-534-5506 | hhnaturemuseum.org

Meet the Animals 1 & 2:30 P.M., WILDLIFE EDUCATION CENTER 25 Boulevard, Cornwall 845-647-7811 | hhnaturemuseum.org

Wine Tasting 3 - 6 P.M., ARTISAN WINE SHOP See details under Friday.

Health, Sports & Outdoors
Caregiver Support Group: Budgeting for You, Mom & Dad 9:30 A.M., DEMPSEY HOUSE 199 Crompond Road, Cortlandt Manor 914-674-3734 | howlandculturalcenter.org

Army Men’s Basketball vs. Columbia 3 P.M., CHRISTIEN CENTER, WEST POINT 845-938-2526 | goarmysports.com

Drozgchen Meditation Retreat with Lama Surya Das (Opening) 3 P.M., GARRISON INSTITUTE 14 Mary’s Way, Garrison 845-348-7125 | garrisoninstitute.org

Army Hockey vs. Robert Morris 7 P.M., TATE RINK, WEST POINT 845-938-2526 | goarmysports.com

Art & Design
Dia:Beacon Tour 1 P.M., 3 BEERMAN ST., BEACON 845-440-0030 | dia beacon.org Free with admission.

Wild Cats and More (Opening) 2 - 5 P.M., HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-631-4988 | howlandculturalcenter.org Through Jan. 27

Theater & Film
Movies for Kids: Cluck and Daggor Noon, JACOB BURNS FILM CENTER 364 Main Street, Pleasantville 914-747-5555 | jbfilmcenter.org

Jack Hanna & Animal Friends 3 P.M., TARRYTOWN MUSIC MALL 13 Main St., Tarrytown 914-633-3390, Ext. 100 | tarrytownmusichall.org

Music
Live Music 8 P.M., WHISTLING WILLIE’S 184 Main St., Cold Spring 845-265-2012 | whistlingwillies.com

The Howlin’ Wolves 8 P.M., HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-631-4988 | howlandculturalcenter.org

Live Music 9:30 P.M., MAX’S ON MAIN 240 Main St., Beacon 845-838-6297 | maxsonmain.com

Meetings & Lectures
Introduction to Buddhism 10 A.M., 1 P.M., GAYMOUTH SPIRITUAL LIFE CENTER 1350 Route 9, Garrison 914-622-9044 | gaymouthepiscopal.org
www.philipstown.info  The Paper  Jan. 4, 2013 9

SUNDAY, JANUARY 6

Kids & Community

Snakes Alive!
10 & 11:30 a.m. Outdoor Discovery Center
100 Muser Drive, Cornwall
845-634-6500 | naturemuseum.org

Farmer’s Market
11 a.m. - 3 p.m. Scenic Hudson’s River Center
Long Dock Drive, Beacon
845-234-9325 | thebeaconfarmersmarket.com

Meet the Animals
1 & 2:30 p.m. Wildlife Education Center
See details under Saturday.

Health, Sports & Outdoors

Hudson Valley Co-Ed Soccer
7:45 a.m. Fishkill Recreation Center
793 Route 52, Fishkill
meetup.com/hudsonvalleycoedsoccer

Theater & Film

Movies for Kids: Chak and Dagger
Noon. Jacob Burns Film Center
See details under Saturday.

Music

Ukulele Group
3 - 5 p.m. Arts on the Lake
640 Route 52, Lake Carmel
845-228-2685 | artsonthelake.org

First Sunday Jazz
5 - 8 p.m. Whistling Willie’s
124 Main St., Cold Spring
845-265-2012 | whistlingwillies.com

Meetings & Lectures

Brave New Gita With Madan Oppenheimer
4 p.m. Beacon Yoga Center
464 Main St., Beacon
347-489-8460 | beaconyogacenter.com

Religious Services

Our Lady of Loretto
7:30, 9, & 11:45 a.m. Mass
24 Fair St., Cold Spring
845-265-3718 | ourladyoflorettocs.com

St. Mary’s Episcopal Church
8 & 10:30 a.m.
1 Chזרחst St., Cold Spring
845-265-2539 | stmarycoldspring.org

St. Philip’s Episcopal Church
8 & 10:30 a.m.
1505 Route 9D, Garrison
845-424-3571 | stphiliphands.org

Grace United Methodist
8:15 a.m. & 10 a.m.
337 Peepskill Hollow Road, Putnam Valley
845-526-3716

St. Basil’s Academy Greek Orthodox Chapel
8:30 a.m. Route 50, Garrison
845-424-3500 | stbasilsacademy.org

St. Luke’s Lutheran Church
9 a.m. 65 Ossianica Lake Rd., Putnam Valley
845-528-8958 | stlukesputnamvalley.org

First Presbyterian Church
9 a.m. Adult Bible Study
10:30 a.m. Service
10 Academy St., Cold Spring
845-265-3220 | presbyteriancoldspring.org

South Highland Methodist Church
9:30 a.m. 19 Skane Kill Road, Garrison
845-265-3365

Quaker Friends Worship
10 a.m. Whitby House
845-424-9525
Call for directions.

St. Joseph’s Chapel
10:15 a.m. 74 Upper Stokan Road, Garrison
845-265-3718 | ourladyoflorettocs.com

Fourth Unitarian Society
10:30 a.m. 1698 Strawberry Road, Mohansic Lake
914-528-7131 | fourthau.org

Church on the Hill
10:30 a.m. 245 Main St., Cold Spring
845-265-2022 | coldspringchurchnorthoflorg

United Methodist Church
11 a.m. 216 Main St., Cold Spring
845-265-3365

MONDAY, JANUARY 7

Kids & Community

Bridge Club
9:30 a.m. - 12:30 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org

Indoor Tot Park
Noon - 2 p.m. Philippus Recreation Center
107 Genny Smith Drive, Garrison
845-424-4618 | philipstownrecreation.com

Health, Sports and Outdoors

Youth Basketball Skills/Drills (Grades 6-8)
6:15 - 7:15 p.m. Philippus Recreation Center
845-424-4618 | philipstownrecreation.com

Men’s Basketball
7:30 p.m. Philippus Recreation Center
107 Genny Smith Drive, Garrison
845-424-4618 | philipstownrecreation.com

Music

Community Chorus
7 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org

Dancing Dialogue
Parent and Child Dance & Learn Classes
3 - 7 p.m. Putnam County Health Department
1 Geneva Road, Brewster
845-808-1332 | putnamhealth.org

Religious Services

Bible Study
7 p.m. Our Lady of Loretto
24 Fair St., Cold Spring
845-265-3718 | ourladyoflorettocs.com

WEDNESDAY, JANUARY 9

Kids & Community

Indoor Tot Park
9 - 11 a.m. & Noon - 2 p.m. Philippus Recreation Center
107 Genny Smith Drive, Garrison
845-424-4618 | philipstownrecreation.com

Health, Sports & Outdoors

Breast and Ovarian Cancer Support Group
10:15 a.m. First Fishkill Library
348 New York 376, Hopewell Junction
800-532-4290 | supportconnection.org

Haldane Boys’ Basketball vs. Bronxville
6 p.m. Haldane High School
15 Cragside Drive, Cold Spring
845-265-9254 | haldaneschool.org

Music

Open Mic Night
7:30 p.m. Bank Square Coffeehouse
129 Main St., Beacon
845-440-7165 | banksquarecoffeeshouse.com

Meetings & Lectures

Daytime Book Club: The Archivist
1:30 p.m. Howland Public Library
313 Main St., Beacon
845-831-1134 | howlandlibrary.org

Hudson Valley Fiction Writers Workshop
7 p.m. Barnes & Noble
2518 South Road, Poultkeepsie
meetup.com/hudsonvalleyfictionwriters-workshop

NHFD Organizational Meeting
7 p.m. North Highlands Fire Department
504 Fishkill Road, Cold Spring
845-265-9959 | nhfd21.org

Cold Spring Board of Trustees
7:30 p.m. Village Hall
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Cold Spring Planning Board
7:30 p.m. Village Hall
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Women’s AA Meeting
7:30 p.m. First Presbyterian Church
10 Academy St., Cold Spring
845-265-3200 | presbyteriancoldspring.org

Religious Services

Bible Study
7 p.m. Our Lady of Loretto
24 Fair St., Cold Spring
845-265-3718 | ourladyoflorettocs.com

WINTER CLASSES BEGIN IN JANUARY

The Howland Public Library’s Daytime Book Club reads The Archivist by Martha Cooley on Tuesday, Jan. 8.

Mah Jong Open Play
10 a.m. - 1 p.m. VFW Hall
34 Kentile Ave., Cold Spring
845-424-4618 | philipstownrecreation.com

Senior Bus Trip to Fishkill
10 a.m. Pickup at Crestmont Ridge
10:15 a.m. Pickup at Perkins Plaza, Cold Spring
845-424-4618 | philipstownrecreation.com

Music & Movement for Toddlers
10:15 a.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3000 | desmondfishlibrary.org

Preschool Story Hour
1:30 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3000 | desmondfishlibrary.org

Health, Sports & Outdoors

Free Flu Vaccine Clinic
3 - 7 p.m. Putnam County Health Department
1 Geneva Road, Brewster
845-808-1332 | putnamhealth.org

Young Women’s Breast Cancer Support Group
7 p.m. Support Connection
40 Triangle Center Suite 100, Yorktown Heights
914-962-6402 | supportconnection.org

Theater & Film

Dear Governor Cuomo plus QA
7:30 p.m. Downing Film Center
19 Front St., Newburgh
845-561-3666 | downingfilmcenter.com

Music

Open Mic Night
8 p.m. Whistling Willie’s
184 Main St., Cold Spring
845-265-2012 | whistlingwillies.com
10 Jan. 4, 2013

The Calendar (from page 9)

Meetings & Lectures

Men’s Group
6:30 P.M. FIRST PRESBYTERIAN CHURCH OF PHILIPSTOWN
10 Academy St., Cold Spring
845-265-3220 | presbychurchcoldspring.org

Putnam and Beyond Book Club: An Invisible Thread
6:45 P.M. RUCHI INDIAN CUISINE
1853 Main St., Peaks Island | meetup.com/PB6C

Sci-Fi, Fantasy & Horror Writers’ Group
7 P.M. BARNES & NOBLE
258 South Road, Poughkeepsie
meetup.com/The-Mid-Hudson-Sci-Fi-Fantasy-Club

Life Support Group
7:30 P.M. ST. PHILIP’S EPISCOPAL CHURCH
1105 Route 9G, Garrison
845-265-2022 | coldspringchurchonthehill.org

Town Board Workshop
7:30 P.M. PHILIPSTOWN TOWN HALL
238 Main St., Cold Spring
845-265-5200 | philipstown.com

Historic District Review Board
8 P.M. VILLAGE HALL
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Religious Services

Contemplative Prayer
7 A.M. FIRST PRESBYTERIAN CHURCH OF PHILIPSTOWN
10 Academy St., Cold Spring
845-265-3220 | presbychurchcoldspring.org

Morning Minyan
8:30 A.M. BEACON HEABBLE ALLIANCE
331 Verplanck Ave., Beacon
845-835-2012 | beaconheabblealliance.org

Bible Study
7 P.M. CHURCH ON THE HILL
245 Main St., Cold Spring
845-265-2022 | coldspringchurchonthehill.org

Thursday, January 10

Kids & Community

Indoor Tot Park
NOON - 2 P.M. PHILIPSTOWN RECREATION CENTER
107 Glenclyffe Drive, Garrison
845-424-4618 | phipstownrecreation.com

Haldane PTA Meeting
3:30 P.M. HALDANE SCHOOL
15 Craigsides Drive, Cold Spring
845-265-9254 | haldatapta.org

Children Read to Dogs (Ages 7-10)
4 P.M. DESMOND-FISH LIBRARY
472 Route 403, Garrison
845-424-3000 | desmondfishlibrary.org

Health, Sports & Outdoors

Caregiver Support Group: Budgeting for You, Mom & Dad
6 P.M. DESMENSEY HOUSE
See details on Saturday.

Haldane Girls’ Basketball vs. Putnam Valley
8 P.M. HALDANE HIGH SCHOOL
15 Craigsides Drive, Cold Spring
845-265-9254 | haldatahs.org

Adult Co-Ed Volleyball
7:30 P.M. PHILIPSTOWN RECREATION CENTER
107 Glenclyffe Drive, Garrison
845-424-4618 | phipstownrecreation.com

Free Wellness Talk
7:30 P.M. THE LIVING ROOM
103 Main St., Cold Spring
845-270-8210 | coldspringlivingroom.com

Religious Services

Open Mic Night
8 P.M. 12 GRAPES
12 N. Division St., Peekskill
914-737-6624 | 12grapes.com

Meetings & Lectures

HRFD District Meeting
7 P.M. NORTH HIGHLANDS FIRE DEPARTMENT
504 Fairlaw, Cold Spring
845-265-9595 | nhfd21.org

Music Tracks: Brian Hade and Scott Williams (from page 7)

— the message is what is important.” Visit garylandmusic.com to learn more about Williams’ music and to listen to audio tracks from his last CD. Concert tickets cost $15 and are available through Brown Paper Tickets, brownpapertickets.com/event/301535.

Hudson Valley Occupational Therapy for Kids, PLLC
309 Main Street, Cold Spring, NY 10516
845.265.7663
deb1954@bellsouth.net

Open Tuesday - Saturday
Call for an appointment.

The Paper

Programs for Children at Desmond-Fish

Upcoming programs at the Desmond-Fish Library offer a warm respite from outdoor activities.

Lily reads to Fredro during Tall Waggin’ Tutors at the Desmond-Fish Library in Garrison. This program resumes on Thursday, Jan. 10, from 4 to 6 p.m. and continues every second Thursday of the month.

Music and Movement for toddlers with Gabriella Johnson and Puffy Townsend begins on Jan. 9 at 10:30 a.m. in the library’s program room. Children between 6 months and 4 years of age and their caregivers sing along with Johnson and Townsend, play instruments and move to simple songs. They also will play with the library’s parachute and the toys and climbing structures in the program room.

The craft hour each Tuesday at 4 p.m. features crafts like feltiing and making things with fabric and yarn. A nutritious snack is provided for the children.

The story hour for preschool-age children is held each Wednesday at 1:30 p.m. Children’s Librarian Townsend reads several stories, and then the children do a related craft. This program continues every Wednesday except during school vacations.

The Desmond-Fish Library is located at 472 Route 403 in Garrison. For more information, call 845-424-3020 or visit the website, desmondfishlibrary.org.

S E R V I C E   D I R E C T O R Y

MARINA GALLERY

www.themarinaartgallery.com
visit us on facebook
845 265-2204

DEB'S HAIR DESIGN

425 Main Street, Cold Spring, NY 10516
845.265.7663
deb1954@bellsouth.net

Open Tuesday - Saturday
Call for an appointment.

Hudson Valley Occupational Therapy for Kids, PLLC
309 Main Street, Cold Spring, NY 10516
845.265.7663
deb1954@bellsouth.net

Garrison Concierge

Yes ... That Can Be Arranged ...

Open Tuesday - Saturday

PHILOSTOWN DEPOT THEATRE

Deb’s Hair Design

425 Main Street, Cold Spring, NY 10516
845.265.7663
deb1954@bellsouth.net

Open Tuesday - Saturday
Call for an appointment.

Hudson Valley Occupational Therapy for Kids, PLLC
309 Main Street, Cold Spring, NY 10516
Still Donating Recycled Bikes to Kids Who Need Them

By Alison Rooney

Since our original story on Guinan’s Aurora was published July 19, 2011, Jay Vitale’s search for a storage home for all the donated bicycles has proved successful: He now has the use of a barn on Pat O’Dell’s Old Albany Post Road property as well as space at Ken Rhodes’ place on Indian Brook Road — space he is very grateful for, as the continued person-to-person recycling of bicycle treasures.

Recently, Vitale has facilitated the donation of over 65 bikes to the Fresh Air Fund organization, Cystic Fibrosis, and to Dutchess Social Services. In December, he was off to bring 15 bikes to veterans at the Montrose Common Ground facility. Vitale has been able to provide bikes to Army and Marine veterans and is about to add the Coast Guard. He also has “a dozen ready to go to New York City, a place called Bronx Works — we were happy that the Fresh Air Fund recommended us.” Wurd continues to spread through Guinan’s Aurora’s Facebook page and webpage, guinan’saurora.org, and donations are steady.

He is moved by donors and recipients alike, relating that “a lady called from nansaurora.org, and donations are steady. There she had six bikes for me. She had a fixture at Garrison’s Landing, he was friendly with multiple generations of the Garrisons, and was determined to lift the spirits of John Guinan, who was diagnosed with terminal brain cancer at age 52, soon after taking over the business. Vitale explained the beginning of his idea: ‘I know, from experience, how people with cancer can fall into a depression. I invited him to lunch. John said, ‘I am really pissed that people are throwing away that looks less than perfect. But I need that home, and I need space at the bay at the Upper Station Road firehouse to use as a location for repairing the bikes. Vitale has a specific goal for all of these bikes, once repaired: giving them to kids. Kids with cancer and other illnesses top the list, and also kids from disadvantaged backgrounds who are good students. The bikes are distributed ‘without bias as to race, religion or gender.” Vitale is passionate about what this simple gift can bring, knowing, specifically, how hospital and medical bills can drain a family’s disposable income: “Children with cancer go right to the head of the list. These bikes can breathe life back into their bodies and help them with remission.” Vitale has worked with Vassar Brothers Hospital and Goodwill Industries, amongst others, to locate children who fit these parameters; there are many.

What Vitale is most in need of now is a permanent “home” to store all of the donated bicycles. He’s presented this plea to the Philipstown Town Board at one of their recent meetings. He explained, “I’m trying to close a perfect circle. On the one hand I’ve had overwhelming participation, but I need a home. It can be in complete disrepair — I’ll put a new roof on it or anything — but I need a space to do this. This is now a 501(c)(3) nonprofit; I’ve got MJ Guinan and Dan McNally on the board and everything is going great, but I need that home, and I need sponsors too.”

HELP WANTED

Reporters, who are available at Philstowndepottheatre.org.

For job descriptions and application instructions, go to www.glynwood.org and click the “Jobs at Glynwood” link in the box on the right side of the page.

Music Tracks: Hade and Williams

Tickets: www.brownpapertickets.com or 845.424.3900

www.philipstowndepottheatre.org

Garrison Landing, Garrison, NY (Theatre is adjacent to train station)
Audubon Society Holds Crow Program and Party
Birdseed pickup and sale. Jan. 12
The Putnam Highland Audubon Society announces its Annual Bird Event at the Taconic Outdoor Education Center, Saturday, Jan. 12, from 3 - 5 p.m., rescheduled from Nov. 3. Orders from the fall birdbread sale can be picked up 2 - 5 p.m. Some seed will be available for sale on the day of the event. At 3 p.m., Douglas A. Robinson, assistant professor of biology at Mt. St. Mary's College in Newburgh, will present The Uncommon Life of the American Crow. Robinson has studied and written extensively on crows and will provide insights into their behavior and family structure as well as a "bird's eye" view of the crow's world. An early dinner will follow the program at 4 p.m., featuring Chef Mike's famous vegetarian chili, dessert and apple cider. Audubon birders will be available to discuss the care and feeding of birds over the winter months and will be happy to suggest varieties of bird seed for attracting common and uncommon bird species. There will also be some bird feeders for sale with suggestions on where best to place them to discourage squirrels! To cover the cost of the presentation and food, the suggested donation is $15. All proceeds support further PHAS programs. For program and chili reservations and questions, contact Paul Kuzma at 845-298-5991 or email paul@sharpwild.com.

European Art Opens at Gallery 66 NY
Gallery 66 NY presents a group show of European sensibilities with established German artists, introducing emerging local artist Donna Blais and accomplished guitarist Ron Soodalter. Tokyo-based artist, while Germany is represented by several artists, including and Function by Ron Soodalter and Germany is represented by emerging local artist Donna Blais and accomplished guitarist Ron Soodalter. The show is a broad survey of various artists creating contemporary visual art. It is represented through the eyes of emerging photographer Donna Blais, Spain is represented through a lyrical and musical performance by Ron Soodalter, while Germany is represented by artists currently living in Germany, curated by Carla Goldberg. German artists cover a variety of work from figurative to lyrical abstraction. Sonja Tines and Lupe Godoy approach their work in the form of Surrealism and multilayered storytelling. Artist Hego Gövert, a former rock and blues guitarist, will make his life through his guitar and the flamenco. Soodalter was a professional guitarist from the age of 13 and studied with Carlos Montoya. Soodalter will make a special appearance at Gallery 66 NY for this European tribute. For more information call 845-809-5838 or visit gallery66ny.com.

Sculpture Group Show Opens Jan. 5
Two Gauz Studio announces that they will start the New Year with Form and Function, an exhibition of work by several artists, opening on Saturday, Jan. 5, from 4 to 6 p.m. The sculptures include the figurative abstractions with mirrors of Sarah Howland, chairs — one in steel by In-sun Kim and one in maple and walnut by Margaret McDuffie; jewelry by Kit Burke-Smith; twig, inlay furniture by Bo Stevens; and the Japanese-inspired nesting stools by Jessica Wickham. To read more about the artists, visit the website, theoganzstudio.com. The gallery, at 149 Main St. in Beacon, is open Friday through Sunday from 11 a.m. to 6 p.m. and by appointment at 917-318-2239. The studio is also announcing their first Call for Artists for a group exhibition with the theme "Elegy" to take place in March. All categories including limited performance, video and sound are acceptable, and any artist is invited to submit work that hasn't been shown in Beacon throughout Italy. Emerging artist Donna Blais lives in New Palz. Although photography has been her passion for the past 30 years, she has only recently shown her work. This year she achieved first place in the open category at the Garrison Art Center's PHOTOCentric 2012 competition, juried by Elizabeth Opalenik and gallery owner Robert Mann. Juror Deborah Willis selected one of her images as one of the Juror's Selection in Professional Photography magazine's competition this fall. Traveling through Italy, Blais was inspired by the relaxed lifestyle and colorful characters in Italy, so much so that she began photographing her travels throughout Italy.

Ron Soodalter of Cold Spring brings Spain to life through his guitar and the flamenco. Soodalter was a professional guitarist from the age of 13 and studied with Carlos Montoya. Soodalter will make a special appearance at Gallery 66 NY for this European tribute. For more information call 845-809-5838 or visit gallery66ny.com.

Free Talk on Food
Award-winning author, speaker and health coach Marika Blossfeldt will offer a free talk on Jan. 30 at 7:30 p.m. at The Living Room, 105 Main St. in Cold Spring as the kickoff event for her upcoming Wellness Workshop. In her free talk, titled Energize Your Body and Mind by Making Smart Food Choices, she'll share tips on how to energize and educate the public on issues concerning the environment and health. The talk will feature solar power and its applications to food production, as well as how to choose the best, most nutritious and environmentally friendly foods. The program is free and open to the public. For more information, call 917-318-2239.

Phelps: Free Talk on Food reconvenes at The Living Room with an event sponsored by the Putnam County Department of Health, which is being held at the Putnam County Department of Health headquarters in Kent, on Wednesday, Jan. 9, from 3 to 7 p.m. Some seed will be available for sale at the Taconic Outdoor Education Center, Saturday, Jan. 12, from 3 to 5 p.m., rescheduled from Nov. 3. Orders from the fall birdbread sale can be picked up 2 - 5 p.m. Some seed will be available for sale on the day of the event. At 3 p.m., Douglas A. Robinson, assistant professor of biology at Mt. St. Mary's College in Newburgh, will present The Uncommon Life of the American Crow. Robinson has studied and written extensively on crows and will provide insights into their behavior and family structure as well as a "bird's eye" view of the crow's world. An early dinner will follow the program at 4 p.m., featuring Chef Mike's famous vegetarian chili, dessert and apple cider. Audubon birders will be available to discuss the care and feeding of birds over the winter months and will be happy to suggest varieties of bird seed for attracting common and uncommon bird species. There will also be some bird feeders for sale with suggestions on where best to place them to discourage squirrels! To cover the cost of the presentation and food, the suggested donation is $15. All proceeds support further PHAS programs. For program and chili reservations and questions, contact Paul Kuzma at 845-298-5991 or email paul@sharpwild.com.
**Gergely Pediatrics**

Dr. Peter Gergely, MD
Janet Fisig, CFNP
Danielle Chiarawalk, CFNP

**Collaborative practice for children & adolescents**

**Board Certified Pediatricians & Licensed Pediatric Nurse Practitioners**

**Welcomes patients with developmental or behavior issues**

Meet with us for a **FREE first time consultation**

34 Route 403, Garrison, N.Y. 10524
tel: (845) 424-4444 fax: (845) 424-4664
gergelypediatrics.com

---

**Minnewaska Provides Winter Activities**

The Minnewaska State Park Preserve is offering outings throughout the month of January. Preregistration is required for participation in all public programs. For more information, call the park office at 845-255-0752.

- **For outings, please wear appropriate clothing and footware and bring snacks and water.**
- A parent or guardian over the age of 18 must accompany children wishing to participate in any programs.
- Unless otherwise noted, all programs meet at the Nature Center. The Park is at 5281 Route 44-55 in Kerhonkson.

**Sunday, Jan. 6, 1 – 3 p.m.**

**Cross-Country Ski to Kempton’s Ledge**

Environmental Educator Laura Conner will lead a 4-mile cross-country ski outing to Kempton’s Ledge, where scenic views of the Palmaghatt Ravine abound. This moderately challenging outing will follow along Lake Minnewaska Carriage Road and Castle Point Carriage Road, a well-groomed route that does include two challenging hills. Participants must provide their own ski equipment and must have previous cross-country skiing experience. If there is no snow, this outing will be a hike.

**Tuesday, Jan. 8, 10 a.m. – 1 p.m.**

**Snowshoe & Winter Tree ID**

This moderately challenging 2-mile outing includes a tree-identification workshop not just for winter but any season. Snowshoes may be rented from the park office, located at the Peter’s Kill Climbing Area. Early arrival is suggested for snowshoe rental. If there is no snow, this outing will be a hike. This program will meet in the Peter’s Kill Area.

---

**New Program for Children With Autism and Disabilities**

Putnam ARC, the leading provider of services for children and adults with developmental disabilities in Putnam County, is pleased to announce the establishment of PARC Pals, an after-school program for children with autism and developmental disabilities.

The program, which takes place at PARC Center, 1508 Route 6 in Carmel, is for children ages 5-12 and is offered Monday through Friday from 3 to 6 p.m. PARC Pals is a fun and inviting space for children to make new friends, play, create and read, all with trained staff supervising activities. PARC Pals currently has openings, and families are encouraged to visit and apply for this program.

After-school hours have been identified by many Putnam County parents as an important time for respite care. PARC Pals staff members are trained to care for children with many different disabilities. The ratio of staff to children is usually 1 to 3, and the program is able to adjust for high-need children.

PARC Pals is free to children and their families who are eligible for the NYS Office for People With Disabilities (OPWDD) Home & Community Based Services Waiver.

For more information about PARC Pals or to arrange a visit, please call 845-225-5650, ext. 1177, or log onto our website, PutnamARC.org.

---

**Choosing, Blossfeldt will address how to prevent dips in energy and concentration, how natural foods can boost motivation and clarity of mind and what are the best foods to eat for blood sugar balance and weight loss.**

Those who would like to delve deeper into the subjects can sign up for Blossfeldt’s six-session Breakthrough Wellness Workshop starting Jan. 24 at 7:30 p.m. at The Living Room. In the workshop Blossfeldt will share food and lifestyle fundamentals. With heightened awareness regarding one’s food choices and a basic knowledge as to how foods affect our bodies and minds, participants will be able to design their own way of healthy eating, one that feels natural to them and can be maintained for the rest of their lives without strict rules or regulations or sacrificing taste and pleasure.

Blossfeldt will cover topics such as blood sugar balance, the food-mood connection, choosing fats and oils, the acid-base balance, the importance of sleeping and of their lives without strict rules or regulations or sacrificing taste and pleasure.

Blossfeldt will share food and lifestyle information, visit the author’s website, www.philipstown.info

The Paper Jan. 4, 2013
Mad Scientists Take Over Garrison School
Second annual science-filled week is prelude to March’s science fair

By Alison Rooney

The Garrison School science fair, a longstanding March or April tradition, now has an innovative lead-in, Mad Science Week, designed to get students started, thinking, and engaged with science and excited about devising their science fair projects. The Cougar’s Pride, the Garrison PTA newsletter, states: “We hope that the week will bring science to life, inspire kids to understand how the world works and increase participation in the Science Fair.”

This year’s program, the second annual, begins on Monday, Jan. 7, with the presentation of two assemblies—one for the elementary grades and another for middle school students—put on by Philadelphia’s renowned Franklin Institute Science Center.

With a focus on chemistry this year, the assemblies promise to “differentiate between physical and chemical properties through fun, engaging demonstrations. The chemistry show explores everything from everyday chemistry to the chemical detective work performed by laboratory scientists,” according to Franklin Institute’s description. The assemblies will bring all the students together, while in individual elementary school classrooms, parent volunteers will come in and perform experiments pertaining to specific topics advised in writing by the teachers. On average, each classroom will enjoy two or three such visits during the course of the week. Parents were provided with a number of ready-to-use experiments, or they were invited to devise their own experiments with input from their child’s teacher. One in-class parent experiment will include digestion, using acid in flasks simulating the human stomach.

Dr. Robin Whyatt of the Columbia University School of Public Health (and Garrison resident) will spend the day Tuesday with the middle schools sharing her experience choosing science as a career and the ways her research on pesticides has impacted public awareness and legal action, and mentoring the students in planning experiments to answer science questions that interest them.

In the middle school, the classroom component will be focused around Myth-busters, the Discovery Channel’s popular science series. Rather than the parents coming in and showing them things, the middle school students will create myths themselves and then “bust” them as well. They will present their findings as part of the week’s culminating evening on Thursday, Jan. 10. Participation in the regular school science fair is mandatory for middle schoolers and optional for elementary students.

Throughout the week, science will be threaded into different parts of life at the school, according to Garrison PTA chairs of Mad Science Week (and parents) Marilyn Walker and Derek DuBois. All of the teachers will offer an enhanced science curriculum during the week. “As the kids go throughout their school day,” said Smith, “science will surround them in and out of the classroom.” Exhibits scattered throughout the school will include a telescope and a combination of hands-on and presentational material. The cafeteria will have television screens streaming different science channels. Thursday evening is Family Night, and beginning at 6 p.m., (The Paper’s “Mouths to Feed” columnist) Celia Barbour and her team will be making dinner for the families, who will then adjourn upstairs, allowing families to visit the gym at 7 p.m. to experience a range of hands-on science stations. These will include:

- Testing your cycling watt output vs. that of triathlete Mike Bakker; Bakker will also talk about how he uses science to improve his performance as an ironman triathlete.

Mad Science Week Schedule

Monday, Jan. 7 – Assembly at 9 - 9:45 a.m. for grades K-4; 10 - 10:45 a.m. for grades 5-8 with the Franklin Institute on chemistry.

Tuesday, Jan. 8 – assemblies for middle schoolers of their mythbusting findings (some of which may involve watermelons, duct tape and lots of water)

Wednesday, Jan. 9 – As the parents go throughout their school day, science will surround them in and out of the classroom.

Thursday, Jan. 10 – Celia Barbour and her team will provide dinner from 6 to 7 p.m. in the cafeteria. The cost is $5 per person or $20 per family; pay at the door. Interactive exhibits in the gym follow from 7 to 8 p.m.
Open Space Institute to Connect Fahnestock, Hudson Highlands Parks

The Open Space Institute announced Monday, Dec. 17, the acquisition of two properties totaling 13.6 acres that will help the New York State Office of Parks fill in the gap between Clarence Fahnestock Memorial State Park and Hudson Highlands State Park Preserve.

The acquisition of the two parcels, which are located on Jaycox Road in Philipstown, Putnam County, builds on the goal to create a hiking corridor between Fahnestock and Hudson Highlands — parks to which OSI has added thousands of acres over the past three decades.

“OSI has added nearly 7,000 acres to Fahnestock State Park — more than doubling its size — and we’ve added close to 1,500 acres to Hudson Highlands,” said Kim Elliman, OSI’s president and CEO. “It has been a longtime goal to link these two state parks, and the public is now one step closer to being able to hike from the Hudson River to the Appalachian Trail entirely on publicly accessible property.”

The parcels were acquired by OSI’s land acquisition affiliate, the Open Space Conservancy, and are adjacent to a 50-acre property recently acquired by the Hudson Highlands Land Trust. That parcel, which is also part of the envisioned hiking corridor, will be added to Fahnestock State Park.

“Both OSI and HHLT have been working together on this hiking corridor for many years, so we’re pleased that our partnership has resulted in these important acquisitions, furthering the original vision to connect the two parks,” said Andy Chmar, the executive director of the Hudson Highlands Land Trust.

OSI intends to transfer the land acquired today to the New York State Office of Parks, Recreation and Historic Preservation as an addition to Fahnestock as well.

The Open Space Institute protects scenic, natural and historic landscapes to provide public enjoyment, conserve habitat and sustain communities. OSI has protected more than 116,000 acres in New York state. Through its Northern Forest Protection Fund and Conservation Capital Program, OSI has assisted in the protection of an additional 2.2 million acres from Quebec to Georgia. Please visit osiny.org for more information.

The Open Space Institute in the late 19th century, left, and current Town Hall

Photo by Maggie Benmour

Open Space Institute to Connect Fahnestock, Hudson Highlands Parks
Nature Museum and Land Trust Are Bullish on Bears

Presentation on American black bears urges treating them with respect

By Alison Rooney

Hudson Highlands Nature Museum (HHNM) Environmental Educator Carl Heitmuller began his presentation on American black bears (ABB) by asking audience members why they attended. The predominant answer was along the lines of, “We hike a lot and want to know what to do if we see a bear.” The talk and PowerPoint display, co-sponsored by the museum and the Hudson Highlands Land Trust (HHLT) as part of a wildlife-education partnership, covered that question and more.

Heitmuller began with a general discussion — sort of an American Black Bear Basics 101. Above all, he said, “These bears are big, but you don’t have to be scared; respectful, yes, but not scared.” He described their girth as “huge” — males range from 125 to 650 pounds, while females tip the scales at 90 to 300 pounds. The largest recorded weight is 880 pounds.

Illustrating his discussion of the anatomical features of the ABB with visual images as well as a skull and a skin, which were passed around to attendees, Heitmuller started at the top noting the typical round ears, not pointed, of the ABB. The head is quite wide at the top; the typical round ears, not pointed, of the ABB. The head is quite wide at the top, the northern reaches of the North American continent, including all of Canada and Alaska, where they overlap with grizzly bears, and the northern United States and extending all the way down to Florida. A male can cover a range from eight to 60 miles, while a female’s is smaller, at just one to 15 miles. Thus if one sees a particular bear in Philipsburg, that same bear could be seen in Poughkeepsie, for they will travel that far to obtain food.

The habitat of the ABB is generally a deciduous, coniferous forest, categorized by the thick understory vegetation that yields them so much food. Within that habitat, the bears can employ their extremely keen sense of smell, which they use to detect danger, locate mates and find food. They are capable of walking more than 40 miles to reach a prey animal they’ve detected and can detect human scent more than 14 hours after the person passed on a trail.

Contrary to popular belief, bears can see “fairly well, although they are a touch near-sighted” according to Heitmuller. They are able to see color and are born with blue eyes, which turn to brown during their first year.

Posing and then answering a few common questions about the ABB, Heitmuller said that humans are completely out-swim bears, not only break into the car, but will chew everything (including the upholstery) inside the car to determine what might be a food source.

Closing by asking the audience if they had questions, Heitmuller responded to one asking if ABB populations were rising or decreasing by saying he was unsure. “People think there are more since they are seeing more, but … we’re not sure if the population is up or simply condensed into a smaller area because of development. Preserving land protects the bears.”

There will be more programs co-sponsored by the HHNM and the HHLT in 2013. Visit hhnaturemuseum.org, or call 845-554-5506, Ext. 204 for more museum details, or go to hhnaturemuseum.org, or call 845-424-3358 for the HHLT.

What to do if you encounter a bear

Assuring attendees that bear attacks on humans are extremely rare, Heitmuller said bears will nip and cuff bad-mannered humans, as they would another animal. However, if startled they can cause injury; alerting the bear through clapping or using bells is useful. His advice is: “Don’t panic, don’t approach, don’t shout. Pick up small children and restrain dogs. If a bear lunges, snaps its jaws or brushes his paws, it means they may be able to out-paddle them if in a canoe or kayak.

Carl Heitmuller recently spotted a bear high up in a tree near where he lives. Photo courtesy Carl Heitmuller