Incumbent Francisco Joins MacDonald in Village Race

Running under Community Party banner

By Kevin E. Foley

O
one-term incumbent Matt Francisco has teamed up with long-serving Zoning Board of Appeals (ZBA) Chairman Donald MacDonald to run as a team under the Community Party banner for the two open seats on the Cold Spring Village Board of Trustees. The village election will be held Tuesday, March 18.

In a statement announcing their team candidacy and in an interview with The Paper, as the main themes of their campaign Francisco and MacDonald stressed re-zoning, careful fiscal conservatism, the search for new revenue sources beyond property taxes, and careful review of development projects to achieve successful outcomes.

Matt Francisco

Francisco, 50, has served two years as a trustee. Asked why he was running again he said: "There is more work to be done. I think I can help put the village on a more solid foundation." Francisco pointed to his record of helping cut costs, keeping taxes low and services high as a sound basis for his re-election to another two-year term. He points specifically to his work negotiating a new insurance contract and a retainer agreement with his work negotiating a new insurance contract and a retainer agreement with his work negotiating a new insurance contract and a retainer agreement with his work negotiating a new insurance contract and a retainer agreement with the new village attorney as concrete steps that have saved the village money.

Village docking fees likely to increase

By Michael Turton

Mayor Ralph Falloon has thrown a new twist into the long-running discussion regarding Main Street parking in Cold Spring. At Tuesday's meeting (Feb. 4) of the Village Board he unveiled a concept drawing prepared by Clough Harbour & Associates (CHA), the Albany-based consulting firm that is developing plans for the $1 million Main Street project aimed at improving sidewalks, curbs, handicapped accessibility and other related infrastructure.

The drawing illustrates a new look for the north side of Main Street from the fire hall to Fair Street, a section that features some of the widest sidewalks in the village. The concept plan calls for giving up part of those sidewalks in order to create diagonal parking spaces. While diagonal parking is not unheard of, the twist is that this plan calls for the spaces to be aligned in a way that would require westbound vehicles to back into the new parking spaces. Falloon said that approach makes it easier and safer for drivers to exit the parking spaces because they can simply go forward rather than backing out into traffic. He said this form of diagonal parking has been used elsewhere including in parts of New York City and in Lake George. The up side of the plan is that it would result in a net gain of 12 parking spots. One downside is that it would require removal of 10 trees. Falloon emphasized that the drawing is only an idea at this stage and that he welcomes comments on the concept. He also

Diagonal Parking Proposed for Main Street

Winter Storm Nika hit the region Feb. 5: above, one shovel at a time in Cold Spring (Photo by Michael Turton); left, snowed in on Spring Valley Street in Beacon (Photo by Sommar Nixon)

Cruise boats brought 3,300 visitors to Above, one shovel at a time in Cold Spring (Photo by Michael Turton); left, snowed in on Spring Valley Street in Beacon (Photo by Sommar Nixon)

Cold Spring Village Board candidates Cathryn Fadde and Michael Bowman (Photo by Jennifer Konig)

Bowman and Fadde Running as Team

BOFA seeks two seats on Village Board

By Michael Turton

R estaurateur Cathryn Fadde and Cold Spring firefighter Michael Bowman are running as a team under the acronym “BOFA” for two seats on the Cold Spring Village Board. The Paper spoke with the two candidates recently about why they’re running, what they would bring as new trustees, their assessment of village priorities and their outside interests.

Michael Bowman

Thirty-seven year-old Michael Bow-

man works in information technology at a private school in Westchester County. He has lived in Cold Spring all his life other than while in college. He studied history at Marist College and did postgraduate work in Historic Preservation at the University of Vermont. Bowman served as president of the Cold Spring Fire Company for six years and as an officer with the company for another eight years. He currently serves on Cold Spring’s Historic District Review Board and on the board of directors for the Constitution Island Association.

Asking why he is running for a seat on the Village Board, Bowman said, “I ran last year and came really close (to winning). My father always taught me not to give up on something that I really want.” His roots in the village are also a motivation. “I think we can do a lot better for the village. Having grown up here I can remember when people could go out and have a beer together after a political meeting — I don’t think that exists here anymore,” he said. “I’ve worked hard over the past two years to bridge some of these gaps. I have friends who I don’t see eye to eye with politically — but we get along. Kathleen Foley is a good example. We were polar opposites politically at one time — but now we work together (on the HDRB).”

Bowman listed what he sees as the top three issues in (Continued on page 3)

(Continued on page 3)
Not-So-Rara Avis

By Joe Dizney

Frank Costanza was right — it is just a little chicken.

The Cornish game hen (or Rock Cornish game hen) — neither particularly a hen nor game — is an intentional but common broiler chicken hybrid developed in the 1950s by Alphonse Małkowski — “Te” to her friends — on her poultry farm in Connecticut.

She was born of a large family in a small farm town in France, “Te’s” colorful life included stints as a milliner and a chocolatière in Paris where she eventually met her future husband Jacques, an exiled Russian Jew and world-class printer.

Fleeing the Nazi invasion (there’s an extended story which somehow includes the good graces of Generalissimo Francisco Franco.) “Te” and Jacques ultimately landed — living in high style — in New York and on Long Island, before finally retiring in the ‘60s to the 200-acre Idle Wild Farm in Connecticut. There they settled in to profitably raise African guinea hens for the gourmet restaurant market. (You can take a jeune fille out of the country but you can’t take the country out of the jeune fille.)

But in 1949, a large fire destroyed their breeder stock in search for a replacement “Te” began crossing Cornish game cocks with various birds — the White Plymouth Rock hen, a Mayan fighting cock — in the process developing the Rock Cornish game hen, a succulent little bird with a large, round breast and all-white meat. The birds are fully mature at about 2½ pounds and in four to six weeks as opposed to eight for chicken. Fortune smiled once again on the Małkowskiys and by the mid-1950s, the farm Fortune smiled once again on the Małkowskiys and by the mid-1950s, the farm had settled in to profitably raise African guinea hens for the gourmet restaurant market. (You can take a jeune fille out of the country but you can’t take the country out of the jeune fille.)

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Spatchcocking

Neither obscure nor difficult, game-birds have traditionally been spatchcocked (or “butterflied,” or in French, the even more poetic crapaudine, or “toadied”) as the final result does bear a resemblance to a rather large frog) before roasting. (Roasting is the preferred winter cooking technique but this technique is just as useful for summer grilled poultry.)

To spatchcock your bird (kind of rolls off the tongue, doesn’t it?), simply remove the backbone by cutting up one side with poultry shears (or a good heavy-duty pair of kitchen scissors) and down the other side, finally splaying the carcass and pressing it down with your palms to flatten the bird. This flattening provides for a more uniform thickness and even cooking. If you’re in the least bit insecure about the process, I suggest a quick YouTube search for video assistance.

(Prop note: Save the backbone as well as the first couple of measly wing joints which are usually removed for cosmetic reasons for stock. You can greatly improve the quality of canned broth by simmering the bones with a shallot or two, equally improving the quality of a sauce, should you be making one.)

Pre-salting

I have Molly Stevens’ All About Roasting, an indispensable cookbook, to credit for this technique. Rinse and pat dry your butterflied hen and sprinkle at least a tablespoon of salt (heavier grained Kosher salt is best) all over the bird, above and below. This may seem like a lot but don’t skimp — the purpose of this step is to basically dry out the surface of the skin in addition to seasoning it thereby guaranteeing a tasty, crispy skin. This is also a good time to apply a couple of heavy grinds of pepper or any other dry spice you might want to use.) Once salted, let the seasoned bird rest uncovered in your refrigerator at least 8 and up to 24 hours. (This pre-salting and resting is also an effective technique for any traditionally roasted or grilled chicken.)

Before roasting be sure to remove the bird from the refrigerator for an hour or so to raise the temperature evenly. Brush lightly with melted butter. Again, as per Molly’s expert instructions you will be cooking at a high temperature (400° standard oven, 375° convection, 45-50 minutes for a typical hen) on a flat, open rack over a rimmed baking pan if possible. But again, this is a very forgiving recipe.

That’s about it. There are many ways to tart this simple recipe up: the aforementioned spices or a dieter sauce — but for me the simple roasted hen along with select vegetables roasted along at the same time shows off the sweetness of this common little bird to its best advantage.

“Actually both can be applied to any bird — right on up to turkeys — with stellar results.”

The Paper
Incumbent Francisco Joins MacDonald in Village Race

On the priority of re-zoning Francisco sees the need to align the zoning code with the adopted Comprehensive Plan and live in a village of “small plots” in close proximity to each other. He believes MacDonald is especially qualified to work on things with him and the other trustees. “Donald knows where the pain is when people come before the ZBA,” said Francisco.

“I think the village is not making a decision,” said MacDonald referring to how the voters would be asked to vote on the rewritten Comprehensive Plan. MacDonald believes that doing the hard work of rewriting the zoning code is a key component of future village progress and prosperity. MacDonald proferred “the code is where the rubber meets the road,” said MacDonald referring to how it affects people’s lives. “It’s good to have a trustee who knows the code,” he said. MacDonald proposed that in rewriting the zoning code “we get our measuring tape out and write a code that actually works on us,” rather than imposing a model code from a handbook or other outside source. He spoke of detailing lot sizes, property setbacks and house sizes to account for all possibilities in a small village where all actions affect one’s neighbors.

The code is where the rubber meets the road. It’s good to have a trustee who knows the code.

- Donald MacDonald

Underlining his business experience, Francisco described himself as both pro-development but he wants to be sure “we know what we are really getting. We have to try and insure that there are no surprises.” He points out that the village only has 8431 rable properties to provide tax revenue so he insists that it is vital that new development, including the Butterfield senior housing and commercial proposal, be shown to be tax positive, meaning the village gains revenue or amenities rather than increased expense as a result of the ongoing existence of the project.

“In this small village we deliver full municipal services, police, water, fire. Financially we cannot afford mistakes.”

- Matt Francisco

Cold Spring. “For probably the past five years I’d have to say it’s been Butterfield. And I’d have to go with rezeoning after that. The one I’m always going to throw in there is … transparency. I think that he could probably solve a lot of our issues if things were done more openly.” He added a fourth key issue, describing it as “the inability of the (current board) to make a decision.”

Growing up here — and (my) sense of community, I always go back to that — the old Cold Spring where everywhere knew each other and respected each other. I don’t think it’s very far to get back to that.

- Michael Bowman

Cathryn Fadde lack of process. Not seeing things done in a particular order — and finished. You never get to ‘yes’ and put the shovel in the ground.”

“I think we can do a better job. I got frustrated not seeing the process move along. We keep looking on the horizon for someone who’s going to do it — and then you look in the mirror and say … OK?”

- Cathryn Fadde

Cathryn Fadde is owner of Cathryn’s Tuscan Grill in Cold Spring. A native of Colonia, N.J., she studied political science and international affairs at Marymount Manhattan College. She has lived in Cold Spring for 19 years. Cathryn’s Tuscan Grill had served on the board of directors of the Cold Spring Chamber of Commerce for 15 years, was its president for three years and treasurer for seven years. She also acts as treasurer for Cold Spring’s Special Board for the Comprehensive Plan and Local Waterfront Revitalization Plan.

I think that doing the hard work of rewriting the zoning code will require careful examination, that doing the hard work of rewriting the zoning code will have to try and insure that there are no surprises. If the kitchen is on fire you don’t have a full week to decide what to do. Fadde summarized why she thinks she would be an effective trustee. “I think that I bring the ability to think through things and not make snap decisions,” she said. “When I first opened (the restaurant) I thought I could do everything myself. One of my lessons has been learning the phrase ‘Can you help me?’”

Fadde said she hopes she can “lessen the divide” on the Village Board. She said that while she and Bowman are running as a team, “It’s not to say we don’t see things slightly differently. We’re not in lock step. But I think we both really care about the village. We want to see things get done.”

Fadde’s 85-year-old father, Harry, lives with her in Cold Spring. She lists golf, kayaking and live music as her favorite pastimes.

February 8

Harper Kechen
Knife and Tool Sharpening
Bring your kitchen knives, scissors and other tools that need sharpening and watch Harper sharpen them on the spot!

Cold Spring Farmers’ Market
Open from 8:30 to 1:30 every Saturday at St. Mary’s One Chestnut Street, Cold Spring cfarmmarket.com

BOFA ‘Seeks Two Seats on Village Board’ (from page 1)

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- Michael Bowman

Bowman feels that his experience with the Cold Spring Fire Company and his understanding of Cold Spring’s past would help him be an effective trustee. “Being president of the fire company I saw the budget process every year. Also growing up here — and (my) sense of community. I always go back to that — the old Cold Spring where everybody knew each other and respected each other. I don’t think it’s very far to get back to that.”

Among his personal traits, Bowman thinks his willingness “to listen to everybody” will also serve him well. “I’m not going to try to push my own agenda. I’m going to listen to what the people really want. I’ll seek compromise and middle ground — not just ‘my way or the highway.’”

Bowman lives with his fiancée Donna and 10-year-old daughter Sophia. His mother, Marlene, has lived in the village since the early 1960s. He lists the outdoors, photography and brewing his own beer as his favorite pastimes. Summing up he said this: “I had high hopes when I ran last year — knowing that I could work with anybody. I had hoped that the Village Board that was elected would be more united because the one before that was just chaos. We’ve kind of gone down that road again — you’ve got (two) trustees on the end — and then you’ve got (two) trustees in the middle and they’re not getting along.” He said that if he and Fadde are elected would be more united because “I have more dealt with a lot of individuals in Cold Spring. I work quietly and respectfully; that’s how you get things done.”

Like Francisco, MacDonald believes that doing the hard work of rewriting the zoning code is a key component of future village progress and prosperity. MacDonald proferred “the code is where the rubber meets the road,” said MacDonald referring to how it affects people’s lives. “It’s good to have a trustee who knows the code,” he said. MacDonald proposed that in rewriting the zoning code “we get our measuring tape out and write a code that actually works on us,” rather than imposing a model code from a handbook or other outside source. He spoke of detailing lot sizes, property setbacks and house sizes to account for all possibilities in a small village where all actions affect one’s neighbors.

On the horizon MacDonald sees several likely significant and expensive village projects that will require careful examination, including Butterfield, a new firehouse, a new boat club building and the renovation of the village water treatment plant.

He and Francisco agree that having individuals with experience reading plans and evaluating details and costs will benefit all the citizens of the village.

The Paper
February 7, 2016 3
Public Comments Sought on Scaled-Down Post Office Location

USPS to discuss relocation plans at Village Board meeting

By Liz Schevtchuk Armstrong

The U.S. Postal Service needs help in finding a new Cold Spring home. As they search for the best place for a post office — one smaller than once anticipated — postal authorities want public input. They also intend to discuss relocation plans at a Feb. 11 Cold Spring Village Board meeting, to take place in the Haldane Central School District music room, which can hold a larger audience than the Village Hall.

Since Jan. 27, following expiration of its lease in quarters next to the Foodtown grocery on Chestnut Street, the Cold Spring post office has used a make-shift trailer at the edge of the shopping plaza. “We want to move as quickly as possible” into a permanent building, George Flood, a USPS communications-programs specialist told Philipstown.info/ The Paper Tuesday afternoon (Feb. 4). “Now we’re looking for a smaller space” than before. According to a USPS news release, the post office requires about 900 square feet.

Flood said the new facility would contain the usual counter for mailing letters and packages, selling stamps, and related customer services. But mail-carrier functions, recently transferred to Garrison, would remain there, with the Garrison facility renovated to accommodate them as well, he added. Flood said that the 10516 addresses should get their mail at about the same time of day as before, since the Garrison post office is only a few miles from Cold Spring.

To assist in finding the best place in the village for a post office, the USPS is asking residents to make suggestions — via mail:

“We are committed to working with the community and encouraging everyone to share their comments with us about the post office relocation,” Cold Spring Postmaster Lesley Delamar stated. “Our goal is to find an ideal location in Cold Spring for our customers and employees to do business.”

The question of where to put a post office has bedeviled postal officials and the community since mid-2009, when the shopping plaza owner revealed that the current location would be held on the same day, the April, the federal primary in June, the state primary in September, and the general election in November, there was much confusion for voters, which led to a drop in voter participation. This chaotic schedule also hampered our troops from participating in the very democratic they defend.

This January, the Assembly passed legislation which I sponsored consolidating the election calendar so that state and federal primaries would be held on the same day, the fourth Tuesday in June. Preliminary results from my recent constituent survey show that approximately 90 percent of constituents support this effort. This Assembly bill also ensures that ballots for military voters get sent out 46 days before a primary or general election. This way our troops will be able to return their absentee ballots in time for their votes to be counted.

Up until 1974, New York’s state primary election was held in June, when it was changed. I am confident that we can successfully use this schedule again.

Consolidating federal and state primaries to a June date will save taxpayers $50 million. It will ensure that military personnel and New Yorkers living abroad have an opportunity to vote. Lastly, it will prevent the need to have two separate primaries in 2014 for federal and state elections, and in 2016 it will prevent three separate primaries.

Please help me supporting the New York State Senate to pass this legislation as soon as possible so that we can save taxpayer dollars and encourage voters to participate in the primary election process.

Sandy Galef Assemblywoman
(914) 450-4086

K eepl letters to the editor to a 250-word limit. We reserve the right to edit letters for length. Letter writers should avoid making personal attacks or unsubstantiated charges. Unless writers indicate otherwise, letters will also be text-only email with our format. To be considered, submissions must include writer’s name, location, and email address.

Support Francisco and MacDonald for trustee seats

Feb. 6, 2014

To the editor:

I write to urge the voters of Cold Spring to vote for Matt Francisco and Donald MacDonald for village trustee seats. These two individuals have a history of working respectfully with all individuals, groups and causes. There is much to be done. The village issues need experienced, thoughtful and caring people to listen, study, and to sort out the details and options as decisions for the future are made. We are fortunate to have Matt Francisco and Donald MacDonald in our community and willing to run for office. I urge you to vote for them.

Kathy Plummer
Cold Spring

Heroin biggest drug issue in Cold Spring

Feb. 3, 2014

To the editor:

The comments [The Paper, Jan. 31, 2014, page 3, “Galef and Constituents Search for Solutions to Cold Spring’s Post Office Problems”] from Barbara Scuccimarra and (Re Bach) CDC reports approximately 8,800 alcohol-related deaths a year, while CDC claims pot was implicated in a small, single-digit percentage of traffic-related incidents resulting in deaths.

As a CS (Cold Spring) resident and parent of a 23-year-old, I will tell you the biggest issue of drugs in CS and the surrounding area: HEROIN. One of the reasons why: heroin costs a hell of a lot less than pot. And other forms of ingestion have it no more stigma of needles, as young people can now snort it or smoke it. So here is your cheapest drug in Putnam County. But it is never described as a “gateway drug,” because addicts can’t afford the other drugs, or they die before they would even have an opportunity to move on to something else.

The other big killer, that is not a target of the so-called ‘war on drugs,’ is prescription painkillers. From 1999-2000, Rx painkiller ODs rose 415 percent (CDC). That is four times higher than cocaine and heroin ODs combined.

Barry Wells
Cold Spring

Galef supports federal and state primary consolidation

Feb. 4, 2014

To the editor:

The 2012 election calendar was hectic. With the presidential primary in April, the federal primary in June, the state primary in September, and the general election in November, there was much confusion for voters, which led to a drop in voter participation. This chaotic schedule also hampered our troops from participating in the very democratic they defend.

This Assembly bill also ensures that ballots for military voters get sent out 46 days before a primary or general election. This way our troops will be able to return their absentee ballots in time for their votes to be counted.

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Please help me supporting the New York State Senate to pass this legislation as soon as possible so that we can save taxpayer dollars and encourage voters to participate in the primary election process.

Sandy Galef
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Cold Spring dock ‘undervalued’

The ‘sweet spot’ Falloon is seeking remained elusive as trustees again dis-
cussed docking fees, this time with two representatives of the Seastreak boat line.

Falloon said that while he doesn’t want to discourage cruise boats from visiting Cold Spring due to “crazy fees,” the vil-

lodge does have to consider the cost of infrastructure, garbage pickup and other expenses. Whatever that sweet spot ends up being it will almost certainly mean an increase in fees. Boats using the dock at the foot of Main Street currently pay a flat rate of $2 per foot based upon the size of the boat. Passengers pay $60 for the day trip for tickets purchased online or at the cruise line’s office.

Tickets are also sold at a discounted rate of $40 through a company similar to “Groupon.” In 2013 Seastreak took in between $150,000 and $160,000 in gross revenue from its trips to Cold Spring, according to a report presented to the village code, an “oversight that was noted last year provided at Tuesday’s meeting indicates that docking fees were also paid for the empty boats.

Seastreak’s trips to Cold Spring origin-
ate in New York City and New Jersey. Boats leaving New York take about an hour and a half to reach the village while trips from New Jersey take an hour lon-
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tors have about three hours to explore the village — and some have commented that they would like to have more time in Cold Spring. Seastreak is also consider-
ing options such as guided tours of the village as a way to ease the burden on restaurants that have been inundated with customers from the boats all at once. They also said that while fall is the best time to visit Cold Spring they are considering adding a Saturday cruise on summer weekends. Last year boats ar-

ived on both weekend days throughout the fall season with Saturday cruises be-

ing considerably more popular.

Rec Commission, easements and grant applications

Cold Spring’s Recreation Commission has been operating with five mem-

bers, two of the number required by the village code, an “oversight that was never corrected,” according to Falloon. Trustees appointed to appoint two new mem-

bers rather than amend the code. Falloon pointed out that docking issues now fall under the commission’s mandate.

Trustees approved an application by the Historic District Review Board for a Certified Local Government grant of $17,000 to update the historic preserva-
tion section of the Village Code along with design standards that apply within Cold Spring’s Historic District. A revised $75,000 grant application to New York State Energy Research and De-
velopment Authority (NYSERDA) will also be submit-
ted. Those funds would be used to update the Village Code, bringing it into compli-

ance with the 2012 Comprehensive Plan. The draft application will be written to exclude 25 NYSERDA recommendations that Village Attorney Michael Ligouri said prove prohibitively expensive. Trust-

ees and Falloon have stated a number of times that if NYSERDA were to make the recommendations mandatory, the village would not accept the cost.

The board also approved easements with a number of Market Street property owners. The easements are required in order to complete repairs to the pumping station in that area. The facility has been subject to flood damage in recent storms.

Two trustees were absent from Tues-
day’s meeting — Deputy Mayor Bruce Campbell due to illness and Husits due to a schedule conflict.

Cold Spring Burglar Draws Sentence

A Fishkill man was sentenced Tues-
day, Feb. 4 for a burglary of a residence in Cold Spring in June 2013. Putnam County Justice James F. Reitz sentenced Jason Smith, 37, to three and a half to seven years in state prison according to the Putnam County Dis-

ctrict Attorney’s Office.

“I am proud of the dedicated and hard-working members of our local law enforcement community who work to-

gether in an effort to bring justice and peace to innocent crime victims in Put-

nam,” Putnam County District Attorney Adam Levy said.

According to the DA’s office, on June 21, 2013, a Cold Spring resident reported to village police that he returned home to find his flat screen television missing. Cold Spring police recovered video sur-

veilance from a neighbor’s home, which showed Smith walking up to the victim’s

home and knocking on the door. Smith was a prior acquaintance of the victim,

and the video showed that when it was clear no one was home, Smith entered the home through a rear door and exited with the television.

Putnam County Sheriff’s Investigator Thomas Corless, in conjunction with Chief Investigator Henry Lopez of the District Attorney’s Office, quickly iden-
tified Smith as the suspect. Further in-

vestigation showed Smith attempted to pawn the TV, but dumped it in Memo-

rial Park in Beacon when he was un-

successful.

Sheriff’s Deputy Brian Aisenstat, who spotted his car on Route 9 in Philip-

town, arrested Smith July 3. Smith was also charged with driving on a suspend-

ed license and other offenses.

Chief Assistant District Attorney Cha-

na Krauss prosecuted the case.

Two Seastreak boats wait to dock at Cold Spring last fall.

Photo by M. Turton

Cold Spring parking proposed for Main Street (from page 1)

acknowledged that others including the fire department would have to formally weigh in on the plan’s feasibility.

Cold Spring resident Kathleen Foley questioned if the proposed scheme would leave enough room for delivery trucks that service businesses along the proposed sec-

tion of Main Street. She also brought up what she described as “vast football field size” parking spaces found on some parts of Main Street. The exchange prompted Trustee Stephanie Hawkins to ask if the committee that prepared a detailed parking study as part of the 2012 Comprehen-

sive Plan would be reconstituted. Falloon responded that a new parking committee would be formed. Malia Marnolli, who op-

erates Skahyba Yoga, asked why two park-


ings spaces on Rock Street had recently been eliminated. Falloon said that a new “No Parking” sign had been placed in the wrong location and that the two spaces will be re-

stored. Trustee Charles Hustis is arranging a workshop to deal with parking issues; however no date has been set yet.

Cold Spring parking proposed for part of Main Street

The “sweet spot” Falloon is seeking

Diagonal Parking Proposed for Main Street (from page 1)

Two Seastreak boats wait to dock at Cold Spring last fall.

Photo by M. Turton

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Trustees approved an application by the Historic District Review Board for a Certified Local Government grant of $17,000 to update the historic preserva-
tion section of the Village Code along with design standards that apply within Cold Spring’s Historic District. A revised $75,000 grant application to New York State Energy Research and De-
velopment Authority (NYSERDA) will also be submit-
ted. Those funds would be used to update the Village Code, bringing it into compli-

ance with the 2012 Comprehensive Plan. The draft application will be written to exclude 25 NYSERDA recommendations that Village Attorney Michael Ligouri said prove prohibitively expensive. Trust-

ees and Falloon have stated a number of times that if NYSERDA were to make the recommendations mandatory, the village would not accept the cost.

The board also approved easements with a number of Market Street property owners. The easements are required in order to complete repairs to the pumping station in that area. The facility has been subject to flood damage in recent storms.

Two trustees were absent from Tues-
day’s meeting — Deputy Mayor Bruce Campbell due to illness and Hustis due to a schedule conflict.

Cold Spring Burglar Draws Sentence

A Fishkill man was sentenced Tues-
day, Feb. 4 for a burglary of a residence in Cold Spring in June 2013. Putnam County Justice James F. Reitz sentenced Jason Smith, 37, to three and a half to seven years in state prison according to the Putnam County Dis-

ctrict Attorney’s Office.

“I am proud of the dedicated and hard-working members of our local law enforcement community who work to-

gether in an effort to bring justice and peace to innocent crime victims in Put-

nam,” Putnam County District Attorney Adam Levy said.

According to the DA’s office, on June 21, 2013, a Cold Spring resident reported to village police that he returned home to find his flat screen television missing. Cold Spring police recovered video sur-

veilance from a neighbor’s home, which showed Smith walking up to the victim’s

home and knocking on the door. Smith was a prior acquaintance of the victim,

and the video showed that when it was clear no one was home, Smith entered the home through a rear door and exited with the television.

Putnam County Sheriff’s Investigator Thomas Corless, in conjunction with Chief Investigator Henry Lopez of the District Attorney’s Office, quickly iden-
tified Smith as the suspect. Further in-

vestigation showed Smith attempted to pawn the TV, but dumped it in Memo-

rial Park in Beacon when he was un-

successful.

Sheriff’s Deputy Brian Aisenstat, who spotted his car on Route 9 in Philip-

town, arrested Smith July 3. Smith was also charged with driving on a suspend-

ed license and other offenses.

Chief Assistant District Attorney Cha-

na Krauss prosecuted the case.
Jack Goldstein applies past principles to perpetuate workmanship and design

By Alison Rooney

 Seeking Quality from Porcelain to Paintings

Although Goldstein had prior experience running an antiques shop in Rehoboth Beach, Del., antiques was largely a sideline for him until his move here — up from New York City — about seven years ago. Drawn, as many before him, to this area’s natural beauty and historic character, Goldstein spent decades in the city, where his deep appreciation for the very different architectural aesthetics and urbanscapes led him to active roles in preservation and land-use there. Many of the problem-solving skills he utilized could, he feels, be applied to the crux of Cold Spring’s growth issues.

Goldstein doesn’t specialize in a particular period or design, but instead looks for “quality in workmanship and design,” he says, further describing the collection as “edecetic and identifiable. From my perspective, whether it’s a keychain, a bronze or a piece of porcelain, I try to find the best example that has been very rewarding for me. I feel here that the local market is actually Goldstein’s point of view is at the basis of a consensus is very difficult. Problem solving that I went through can be applied everywhere,” he maintains. “Consensus is very difficult. Problem solving is very different from negotiating; it is a more three-dimensional process. It’s getting all elements into some metaphorical room and rearranging them into a solution. It’s a thought process that requires the removal of ego; it’s an agreement on the process, rather than stacking the deck with like-minded people, that produces the best solutions,” he says.

Goldstein sees Main Street as “very much still a living street, which shows off very well. I would hate for tourism to overtake the natural quality you see in Main Street. That being said I think people dealing with their own property should be sensitive to what makes the town attractive. Look to the quality of the little things: doorknobs, colors. There’s a role for preservation, a role for zoning, but they need to be administered judiciously. Look at what the asset are: proximity to the city, proximity of the train to the town, mix of use in the town, a good school, the physical layout. You want to try to channel development energy into taking advantage of those. It’s important to create long-term permanent jobs in the area. I don’t think Cold Spring should be seen primarily as a vacation spot or as a bedroom community. You need to create a population that is invested in the future of the place. There needs to be light industry geared to the assets which already exist here. Sometimes this involves taking unpopular positions. Disappointing one’s friends is very difficult, but looking at someone else’s point of view is at the basis of a healthy community.... I don’t think Cold Spring needs to live in the past — it’s living and breathing now.”

Goldstein says he misses “the intellectual stimulation, the being at the center of things,” of his former life. “It was rewarding to see ideas become reality, grow and prosper,” he says. “However,” he adds, “peace of mind is a very valuable thing and I treasure it. I think I’ve made a contribution when I walk through Times Square and see theaters filled — many would have been swept away. I feel ‘job done.’ But I feel here that there’s an appetite to people here that has been very rewarding for me. I felt part of the place very quickly. I do find contemplation easier in the city than here, but here I’ve got a place to breathe. I’ll always enjoy both.”

Bijou Galleries are located at 50 Main St., Once Upon A Time Antiques at 101 Main St., and Downtown Gallery at 40 Main St., all in Cold Spring.

A selection from one of Jack Goldstein’s cases at Bijou Galleries, Cold Spring

Photo by A. Rooney

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Beacon’s Howland Center Hosts African-American Art

Works by a dozen artists

By Kevin E. Foley

During the month of February Beacon’s Howland Cultural Center is hosting a selection of works from African-American artists in the Hudson Valley in recognition of National African-American History Month.

The show opened Feb. 1 with an afternoon reception. The center is located on the eastern end of Main Street.

“Beacon is such a diverse community to begin with so we wanted to take advantage of that in terms of the arts,” said Florence Northcutt, president of the Howland board of directors as well as coordinator of the center’s art exhibitions.

Northcutt pointed out that the Howland Center hosts art shows every year displaying works from sectors of the population that might not otherwise receive as much attention as deserved. She said Latino and women artists’ shows also run in September and March respectively. This year the center is holding its first Asian-American show in May, according to Northcutt.

Two of the 12-featured artists, Josephine Green and Michael White, spoke with The Paper at the reception.

Green is a photographer who uses the software program Adobe Photoshop and other online resources to enhance and stretch the expressiveness of her photos. In one work she captured a long sought opened-winged butterfly that she bathed in additional light and texture to bring out its beauty and warmth.

“I have no message in my work — I just shoot what I like,” Green said. She also had a small series of children’s portraits with mostly smiling faces containing perhaps a touch of ambivalence, no doubt suggested by Green’s backstory.

“I was in Haiti in December 2012 and I stayed in a compound where they had the school downstairs and the living quarters upstairs,” she said. “The kids would line up in the yard every day and I would go out.”

Michael White

Photo by K.E. Foley

Painting by Richard Outlaw

Image courtesy of Howland Center

Marilyn Heberling and cast of eight serve up Check Please

By Alison Rooney

Between them, Marilyn Heberling and Cathryn Fadde have said “Why not?” to a number of events taking place at their respective businesses, Art To Wear Too and Cathryn’s Tuscan Grill.

Yes, Heberling has hosted fashion shows — to be expected at a clothing boutique — but so has Fadde at her restaurant. Fadde has “moved every single table outside, even in the snow” to host music events. She’s been known to change things up.


Heberling is a photographer who uses various software programs, such as Photoshop, to enhance and stretch the expressiveness of her photos. In one work she captured a long sought opened-winged butterfly that she bathed in additional light and texture to bring out its beauty and warmth.

“I have no message in my work — I just shoot what I like,” Green said.

She also had a small series of children’s portraits with mostly smiling faces containing perhaps a touch of ambivalence, no doubt suggested by Green’s backstory.

“I was in Haiti in December 2012 and I stayed in a compound where they had the school downstairs and the living quarters upstairs,” she said. “The kids would line up in the yard every day and I would go out.”

After Fadde replied “Why not?” to Heberling’s suggestion of same, Heberling calls both of them “trailblazers — we’ve been here [Main Street] a long time because we do try unusual things.”

On two successive Tuesday nights, March 4 and March 11, nested somewhere between the main course and dessert, diners in Cathryn’s front room will find themselves surrounded by eight actors, performing a one-act comedic play, aptly titled Check Please, by Jonathan Rand and directed by Heberling, who also appears. Written in the 1970s the play has been updated and runs approximately 30 minutes.

Naturally, it takes place in a restaurant, and involves most of the actors — who range from 10 years old to “mature, ahem” (says Heberling) playing multiple roles.

With life imitating art, Rafael Dalila, who works at Cathryn’s, will double as both stage crew (a crew of one) and server. Actors include several Garrison residents, and a contingent from Peekskill. They are: Ian Berger, Alyssa Borg, Jim Cairl, Tom Campbell, Stephanie Hare, Conor McMahon, and Brittany Spencer.

Spencer, who holds a BFA in acting, moved to Cold Spring from New York City about seven months ago, after growing up in Houston. She was cast in an informal way — she’s a friend of Berg’s, also in the show, and she thought it would be enjoyable. Spencer is hesitant to fully describe her roles, as she doesn’t want to give crucial plot elements away, and calls them simply “quirky ladies.”

Years ago, Heberling participated in some more experimental theater, outside the (Continued on page 11)
Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

FRIDAY, FEBRUARY 7

First Friday in Cold Spring

Kids & Community

Howland Public Library
10 a.m. - 2 p.m. Free Tax Assistance for Seniors and Low Income
3 p.m. Young Adult Connections Group
313 Main St., Beacon | 845-831-1134 beaconlibrary.org | Registration required.

Susanne Street Live: Elmo Makes Music
10:30 a.m. & 6:30 p.m. Mid-Hudson Civic Center
10 Civic Center Plaza, Poughkeepsie | 845-454-6800 | midhudsonciviccenter.org

Music & Movement (ages 3-5) (First Session)
10:45 a.m. Beacon Yoga Center
464 Main St., Beacon | 845-264-9565 | hudsonriverfeldenkrais.com

Taste Wining
4 - 7 p.m. Artisan Wine Shop | 180 Main St., Beacon
Wine Tasting
3 - 6 p.m. Artisan Wine Shop | 472 Route 403, Garrison

Health & Fitness

Blood Drive in Memory of Frank Gain
2 - 8 p.m. Garrison Volunteer Fire Company
1656 Route 9, Garrison | 845-424-4406 | garrisonfire.org

SATURDAY, FEBRUARY 8

Beacon Second Saturday

Kids & Community

Project Footwear
8 - 10 a.m. Croton Point Nature Center
1 Croton Point Ave., Croton-on-Hudson | 845-862-5297 | park.state.ny.gov

Cooking Class: Couples Cooking
3:30 p.m. Dempsey House
1992 Crompond Rd., Cortlandt Manor | 914-917-4186 | hudsonriverculinary.com

Hudson River Eaglefest
9 a.m. - 4 p.m. Eagle spotting at boat ramp |
9 a.m. - 4 p.m. Hourly guided bird walks
9:15 a.m. Raptor Tours for Kids
10 & 11 a.m. Skyhunters in Flight
10 a.m. Birds of Prey
11 a.m. Birds, Brain and Darn
Northeast Nature Center
516 Route 119, Fishkill | 845-862-5297 | park.state.ny.gov

Hudson Valley Coffee Festival
5 - 8 p.m. Beacon Yoga Center
23 South St., Beacon | 845-831-5322 | beaconyogacentral.org

February 7, 2014 The Paper
845-528-4774 | rtpv.org

845-265-9254 | haldaneschool.org

845-831-1134 | beaconlibrary.org | Registration required.

379 Main St., Beacon | 845-838-629 | maxsonmain.com

845-855-1300 | townecrier.com

8 p.m. Beacon Theatre
445 Main St., Beacon | 845-453-2978 | thebeacontheatre.org

The Miracle Worker
8 p.m. County Players
2681 W. Main St., Wappingers Falls | 845-298-1541 | countyplayers.org

World’s End Theater: All In the Timing (Reading)
8 p.m. Philipstown.info | 69 Main St., Cold Spring

Music
Guitar Passions
8 p.m. Bardavon | 35 Market St., Poughkeepsie | 845-473-0722 | bardavon.org

Led Zeppelin Tribute Band
8 p.m. Tarrytown Music Hall
13 Main St., Tarrytown | 914-633-1390 | tarrytownmusichall.com

Maria Muldaur
8 p.m. Paramount Hudson Valley
1008 Brown St., Peekskill | 914-737-1701 | bearmunnearcafe.com

Last Minute Soulmates
8 p.m. Wishing Well
184 Main St., Cold Spring | 845-265-2012 | wishingwell.com

Live Music
8 p.m. Cold Spring Depot
15 Craigside Drive, Cold Spring | 845-831-5322 | beachdepot.com

County Players
8 p.m. Philipstown.info | 69 Main St., Cold Spring

EagleFest Viewing Sites
Croton Point County Park: Croton Point Avenue, Croton | 914-762-2922 x150 | easttown.org

EagleFest Viewing Sites
9 a.m. - 4 p.m. | boscobel.org
3655 Mill Road, Garrison | 845-265-3638 | boscobel.org

Second Saturday Walk at Brinton Brook (ages 6 up)
9 a.m. Meet at main parking area; off Route 9A, north of Croton | 914-667-1903 | sailwildlifeoutdoors.com

Food Pantry
9 - 10 a.m. First Presbyterian Church
10 Academy St, Cold Spring | 845-866-2020 | presbychurchcoldspring.org

Recycling Center Open
9 a.m. - 5 p.m. 59 Lane Gate Road, Cold Spring | coldspringny.gov

Roger O’Leary Loop Around Storm King and Buffalo Hill (Hike)
10 a.m. Black Rock parking area on Reservoir Road | 845-255-1704 | demonsknally@yahoo.com

Suzanne Street Live: Elmo Makes Music
9:30 & 11 a.m. Outdoor Discovery Center
930 Mower Drive, Cold Spring | 845-544-5900 | ihnaturumuseum.org

Suzanne Street Live: Elmo Makes Music
10:30 a.m. & 2 p.m. Mid-Hudson Civic Center
See details under Friday.

Soup Kitchen
11 a.m. Presbyterian Church
50 Liberty St., Beacon | 845-831-5322 | beaconpresbychurch.com

Valentine’s Day Pet Photos
11 a.m. - 4 p.m. Mahopac Food Barn
166 Route 6, Mahopac | 845-225-7777 | putthumarie.com

Winter Carnival
Now Open! 5 p.m. Philipstown Community
107 Grandy's Drive, Garrison
Noon - 5 p.m. Winter Hill
20 Nazareth Way, Garrison | 845-484-6066 | philipstowncreation.com

Meet the Animals
1 & 2:30 p.m. Wildlife Education Center
25 Boulevard, Cornwall-on-Hudson | 845-454-7781 | ihnaturumuseum.org

Cooking Class: Couples Cooking
2:30 p.m. Dempsey House
1992 Crompond Rd., Cortlandt Manor | 914-234-3906 | hvcca.org/events

Verite the Turtle & Change Reaction (Children's Theater Company)
3 p.m. New Era Creative Space
1992 Crompond Rd., Cortlandt Manor | 914-234-3906 | hvcca.org/events

Hudson Valley Coffee Festival
5 - 8 p.m. Beacon Yoga Center
23 South St., Beacon | 845-831-5322 | beaconyogacentral.org

Hudson River Eaglefest
9 a.m. - 4 p.m. Eagle spotting at boat ramp |
9 a.m. - 4 p.m. Hourly guided bird walks
9:15 a.m. Raptor Tours for Kids
10 & 11 a.m. Skyhunters in Flight
10 a.m. Birds of Prey
11 a.m. Birds, Brain and Darn
Northeast Nature Center
516 Route 119, Fishkill | 845-862-5297 | park.state.ny.gov

The Architecture of Meditation
10 a.m. Black Rock parking area on Reservoir Road
914-917-4186 | countytreasures.org

Tai Chi Dance
8 p.m. Howland Cultural Center
477 Main St., Beacon | 845-831-4988 | howlandculturalcenter.org

Meet the Animals
1 & 2:30 p.m. Wildlife Education Center
25 Boulevard, Cornwall-on-Hudson | 845-454-7781 | ihnaturumuseum.org

Cooking Class: Couples Cooking
2:30 p.m. Dempsey House
1992 Crompond Rd., Cortlandt Manor | 914-234-3906 | hvcca.org/events

Verite the Turtle & Change Reaction (Children's Theater Company)
3 p.m. New Era Creative Space
1031 Elm St., Peekskill | 914-325-0553 | rescuepa.com

Wine Tasting
3 - 6 p.m. Artisan Wine Shop
See details under Friday.

Code Springers (ages 5-14)
4 p.m. Desmond-Fish Library
472 Route 403, Garrison | 845-424-8000 | desmondfishlibrary.org

Big Brown NY Beer Festival
5 - 8:30 p.m. Westchester County Center
198 Central Ave., White Plains | 914-995-4050 | countytreasures.org

Escape Dance
8 p.m. Howland Cultural Center
477 Main St., Beacon | 845-831-4988 | howlandculturalcenter.org

Health & Fitness

Hudson Valley Hospital Center
9 a.m. - 5 p.m. Childbirth Classes (One-Day Program)
Hudson Valley Hospital Center
810 Main St., Peekskill | 914-995-0500 | hvhospital.org

Hudson River Eaglefest
9 a.m. - 4 p.m. Eagle spotting at boat ramp |
9 a.m. - 4 p.m. Hourly guided bird walks
9:15 a.m. Raptor Tours for Kids
10 & 11 a.m. Skyhunters in Flight
10 a.m. Birds of Prey
11 a.m. Birds, Brain and Darn
Northeast Nature Center
516 Route 119, Fishkill | 845-862-5297 | park.state.ny.gov

The Architecture of Meditation
10 a.m. Black Rock parking area on Reservoir Road
914-917-4186 | countytreasures.org

Tai Chi Dance
9 a.m. St. Philip's Parish House
1101 Route 90, Garrison | 845-844-6711 | stphilips Philipstowncreation.com

Tai Chi Dance
9:30 a.m. Arts on the Lake | 640 Route 52, Kent Leaves | 845-228-2686 | artsatthelake.org

The Architecture of Meditation
10:30 a.m. Garrison/Weston
1191 Route 90, Garrison | 914-367-7546
meditationandmassages.com

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The Calendar (from page 9)

Downing Film Center
1:30 p.m. Oscar Shorts 2014: Animated
3:45 p.m. Oscar Shorts 2014: Live Action
6:30 p.m. When Comedy Went to School (Documentary) See details under Friday.

Music
Community Chorus
7 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4300 | howlandculturalcenter.org

Open Mic Night
7 p.m. Towne Crier Cafe
See details under Friday.
Daniel Levin / Joan Pablo Cartelli (Jazz)
8 p.m. Quinn's
330 Main St., Beacon | 845-831-8065

Meetings & Lectures
Cold Spring Lions Club 6:30 p.m. Call for location 914-456-9698 | coldspringlions.com

Beacon School Board
7 p.m. Sargent Elementary School
914-456-9698 | coldspringlions.com

Cornell Cooperative Extension Association of Putnam County Meeting
7 p.m. Cornster Park Building | 1 Fair St., Carmel | 845-278-6738 | putnam@cornell.edu

Friends of Butterfield Library 7 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-9254 | haldanepta.org

Haldane Booster Club 7:30 p.m. Haldane School
15 Craigside Drive, Cold Spring
845-265-9254 | haldanepta.org

Zoning Board of Appeals Workshop 7:30 p.m. Village Hall
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

TUESDAY, FEBRUARY 11

Kids & Community

Phips/oppenheim Children's Center 9 - 11 a.m. & 2 - 4 p.m. Toddler Time
421 North St., Beacon
845-265-3611 | phips/oppenheim.org

Health & Fitness
Breast and Ovarian Cancer Support Group 10:15 a.m. East Fishkill Library
348 New York 376, Hopewell Junction
800-532-4290 | supportconnection.org

Your Gut and You (Digestive Health Lecture) 6 p.m. Hudson Valley Hospital See details under Saturday.

Theater & Film
Jacob Burns Film Center 1 & 3:10 & 5:20 p.m. Romo, Open City (1045)
7:30 p.m. Visitors (2014) See details under Friday.

Dowtown Film Center 2 p.m. When Comedy Went to School (Documentary) 7:30 p.m. Oscar Shorts 2014: Animated See details under Friday.

Music
Old Timey Southern Fiddle Jam Session 7 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4968 | howlandculturalcenter.org

Adult Rock Camp: Fleetwood Mac - Rumours (Intermediate) (First Session) 8 p.m. Beacon Music Factory
12 Hannea Lane, Beacon
845-202-3955 | beaconmusicfactory.com

Meetings & Lectures
Knitting Club 10 a.m. Howland Public Library
313 Main St., Beacon
845-631-1134 | coldspringny.gov

Beacon Recreation Committee (Scheduled) 6:30 p.m. Beacon High School (Re token)
101 Matteawan Road, Beacon
845-630-5000 | cityofbeacon.org

Beacon Planning Board (Scheduled) 7 p.m. Municipal Plaza (Court Room), Beacon
845-630-5000 | cityofbeacon.org

Haldane School Board 7 p.m. Haldane School (Meeting)
15 Craigside Drive, Cold Spring
845-265-9254 | haldanepta.org

Rescheduled from Jan. 21

Haldane School Foundation 7 p.m. Butterfield Library | 10 Morris Ave., Cold Spring
1 p.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

Open Mic Night 7 p.m. Towne Crier Cafe See details under Friday.

The People’s Choir with Cat Guthrie 7 p.m. Beacon Music Factory | 12 Hannea Lane, Beacon
845-202-3955 | beaconmusicfactory.com

Meetings & Lectures
PTA Elementary School Improvement Team 8 a.m. Haldane Elementary Library
15 Craigside Drive, Cold Spring
845-205-6254 | haldanepta.org

Justice Court 1 p.m. Village Hall | 85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Rudolph Highland’s Fjord Trail Master Planning Process 7 p.m. Chalet on Hudson | 3250 Route 9D, Cold Spring | facebook.com/HudsonFjord

Rivertown Kids Chorus (ages 9-13) 4 p.m. Westchester Medical Center
477 Main St., Beacon | 845-264-3339 | rivertownkids.org

Health & Fitness
Westchester Medical Open House & Breakfast 8 - 11 a.m. Lahey Pavilion
1756 Route 90, Cold Spring
845-265-3642 | hw.com/events

Breastfeeding Support Group 10 a.m. Cornerstone Park Building | 1 Fair St., Carmel
845-819-2435 | putnamcounty.org

Heartseaver CPR Class 6 - 10 p.m. All Sport Health & Fitness See details under Friday.

Quickens Moon Ritual 6:45 p.m. Notions-n-Potions
157 Main St., Beacon
845-765-2640 | notions-n-potions.com

Young Women’s Breast Cancer Support Group 7 p.m. Support Connection
40 Triangle Center, Suite 100, Yorktown Heights
914-692-6402 | supportconnection.org

Sports
Haldane vs. Garrison (Modified Boys Basketball) 4:15 p.m. Garrison School | 100 Route 90, Garrison
845-424-3689 | guls.org

Army vs. Holy Cross (Women's Basketball) 7 p.m. Dutchess Arena, West Point
845-938-2526 | gearmysports.com

Theater & Film
Jacob Burns Film Center 1 & 3:30 p.m. Amsterdamned (1988) 5:00 & 7:30 p.m. Funeral in Berlin (1986) 7 p.m. Dutchess Arena with NO DOCUMENTARY w/ QA | See details under Friday.

Traces of the Trade: A Story from the Deep North (Documentary) 1 - 4 p.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

Oscar Shorts 2014: Live Action 7:30 p.m. Downing Film Center See details under Friday.

Music
Open Mic Night 7 p.m. Towne Crier Cafe See details under Friday.

See details under Friday.

For more information:
www.coldspringny.gov | 845-265-3611 | coldspringlions.com

To next page
David Wilson with special guest Andy Revkin
7:30 p.m. Towne Crier Cafe
Details under Friday.
Fred Gillen Jr.
8 p.m. Dogwood
47 E. Main St., Beacon
845-202-7500 | dogwoodbar.com
Open Mic Night
9:30 p.m. 12 Grapes
See details under Friday.
Karaoke Night
9:30 p.m. Max’s on Main
See details under Friday.
Brattle Presents Noon
10 a.m. – 2 p.m., Mid-Hudson Civic Center
14 Civic Center Plaza, Poughkeepsie
845-454-5800 | midhudsonciviccenter.org
Meetings & Lectures
Haldane PTA
3:30 p.m. Haldane School (Band Room)
15 Crusiades Drive, Cold Spring
845-205-9254 | haldanepta.org
Hudson Valley Garden Association
7 p.m., Trinity & Town Hall
14 Central Ave., Wappingers Falls
845-418-3640 | hvga.org
NMFD District Meeting
7 p.m. North Highlands Fire House
504 Fairview, Cold Spring
845-205-9955 | nmfd21.org
Special Board for Comprehensive Plan/LWRP
7:30 p.m. Village Hall
85 Main St., Cold Spring
845-205-3611 | coldspringgov.org
FridAy, Febriary 14
Valentine’s Day
Kids & Community
Great Backyard Bird Count Begins
Great Backyard Bird Count Begins
www.putnamhistorymuseum.org
Vacation Camp (ages 5-12)
8 a.m. – 5 p.m., All Sport Health & Fitness
See details under Feb.
Mid-Hudson Children’s Museum
9:30 a.m. – 5 p.m. Free Admission for Grandparents
10 a.m. & 1 p.m. Valentine’s Day Cookie Workshop
75 N. Water St., Poughkeepsie
845-471-0589 | mhcm.org
Howland Public Library
10 a.m. – 2 p.m. Free Tax Assistance for Seniors and Low-Income Households
10 a.m. – 5:30 p.m. Navy Healthcare Options Registration (required) | See details under Feb.
Ongoing
Art & Design
Visit valleyarts.info/gallery
Religious Services
Visit valleyarts.info/services
Meetings & Lectures
Alcoholics Anonymous
Visit valleyarts.info/aa
Howland Center Hosts African-American Art (from page 7)
and take their pictures.” Green was on a mission with the Beulah Baptist Church of Poughkeepsie distributing toys to orphans. “The kids are so beautiful,” she said. For all other children’s photos that time of day, Green created a paint-on canvas using Photoshop’s Dry Brush feature and then sent her photos off to Cwansoundem.com, an online service based in Raleigh, N.C.
A 9/11 meditation
Similar to Green and most artists, Michael White is more comfortable discussing the process of creation rather than any ascribed meaning or message in his work. Standing before one of his large canvases hanging on the wall of the balcony of the center’s main room, White described his basic process of creation by an ordinary by-product of his experience as a pool lifeguard, getting chlorine on his jeans. “I use industrial grade chlorine on denim, wash them on top. Bleach doesn’t work as well,” he said, as he pointed to the contrast of white space amidst blue.
The eye quickly goes to the provocative middle of white canvas where a viewer can see Arabic writing and two large pistols pointing at maps of the United States. White readily admits this and other work is “post-9/11” work. “The images are very much a part of my life these days. It’s kind of an exploratory process every time I work. It takes on new meaning. I've been often asked to verbally expound on his ideas he does allow some clues to this thinking. “The image has a power itself — but if people come to understand the text it adds to the meaning. I've got a lot of different responses to it. Suicide bombers had no face, we'll never know who they were — there is a sense of anonymity to the act.”
Another large canvas expressed similar and different suggestive kinds of inquiry through the presence of airplanes and an image of Jesus. “Anything is a weapon — a plane is a bomb. Absolutely anything can be a weapon.” White offered.
Last year in the same show White said he had worked displaying an atomic bomb from World War II. “War is a big part of our lives.”
For as he begins a piece, White admits his own interest in how a piece might turn out. “It's kind of an exploratory process every time I work. It takes on new meaning as the piece develops.”
The show runs until Feb. 23. Gallery hours are 1 to 5 p.m. Thursday to Sunday except Saturdays Feb. 9, 16, and 23 when the center has concerts.

Pop-Up Dinner Theater Added to Cathryn’s Menu (from page 7)
the physical boundaries of a stage theater, performance in a Greek tragedy is a function at the University of Michigan and playing a part in productions of The Glass Menagerie and The Bald Soprano took place in a private house. “I thought that right now the world is in a bit of a weird place,” she says, “and it's time to do something fun and different... Plus, everything old is new again, I was fortunate enough to be part of the real experimental theater — people like Julian Beck, Judith Malina. It's coming back.”
Spencer agrees with Heberling. “Notting is ‘kind of a trend on the Internet now, with flash mobs and all kinds of dance, music, and theater groups in subway stations. Environmental theater like Sleep No More is so popular. Things which take over a space; recently there was one done in an abandoned hospital.” (Note — this is not to be interpreted as another potential use for the Butterfield property.)
The plot is simply described by Heberling: “The story of a girl and a guy and several different blind dates they go on. It's a 'just when you think you can't get any worse...’ series of situations,” she says. “I wanted to do this script because for an actor it's some crazy stuff.”

Throughout the 19th century, New York City print publishers Nathaniel Currier and James Merritt Ives produced thousands of pictures of America, which are as popular today as they were when they were first produced. Currier and Ives tapped into a rising middle class of the industrial era and the discretionary time and money to buy affordable pictures for various, new settings in which to display them. Steven Miller will explain the history of N. Currier and Currier & Ives companies and show the wide range of scenes they produced, beyond their most well-known winter scenes.
Admission: $5 for the general public Members free.
Free admission will also be given to attendees of the West Point Foundry book launch. RSVP: info@putnamhistorymuseum.org or call 845-265-4010.

“Currier & Ives: More Than a Christmas Card”
A presentation by Boscobel Executive Director Steven Miller
Saturday, February 8, 5 p.m.

Howland Center Hosts African-American Art (from page 7)
Garrison Art Center announces Summer Arts on the Hudson

Garrison Art Center has announced its summer arts immersion program is open for registration. Arts on the Hudson, a three-week arts immersion program for children entering kindergarten through eighth grade. The art center provides children with a memorable summer experience filled with creativity, friendship and fun all taking place at the center’s inspiring riverside location on the Hudson River. While the focus is on art, the program is designed to serve all interests and the creative potential that exists in each child. Children will look forward to painting, drawing, sculpture, book arts, pottery, and more.

Summer Arts on the Hudson runs from June 30 through July 18. Students will use a wide range of materials as they undertake projects designed by Teaching Artists that expand their 21st century skills — collaboration, communication, critical thinking and creativity. Through shared discovery and friendly fun, students explore traditional and alternative approaches to creativity that lead to the development of their visual literacy and understanding of their immediate and larger environment. Each year a different theme is chosen to guide the curriculum and along with the study of many artists and ideas, children begin the development of a richer artistic language. Visit garrisonartcenter.org to learn more about the program and to download registration forms.

Nature Lovers Invited to Hike in Carmel

Celebrate the day after Valentine’s Day on your own date with nature. Bring a lover, a friend, or just yourself and join the Kent Conservation Advisory Committee for a walk as they trek through the Fred Jill Wildlife Sanctuary to enjoy the beautiful forests of the mid-Hudson. The hike for nature lovers begins at 1 p.m. on Saturday, Feb. 15.

Putnam County Courthouse parking area, located just off Fair Street. Should the small lot be full, leave vehicles at the Carmel High School lot, a short walk from the Courthouse. “It is extraordinarily beautiful right here where we live, even in the midst of winter,” said KCAC Chairperson Beth Herr. “Come join this excursion through the winter world and learn some history, too. We will be walking over the old Putnam County fairgrounds, by the railroad tracks that never was, and under the “wolf” oak tree,” she said.

Participants are encouraged to bring water, wear warm clothing and good hiking shoes. Because this is a wildlife sanctuary, pets are not allowed. A light snowfall would provide a canvas for animal tracks, but deep snow or an icy coating would postpone the hike. Should a weather event occur, KCAC hike subscribers will receive a text alert. Non-subscribers should check the KCAC website after 11 a.m. on the day of the hike for kentac.info/wp/contact Herr at 845-259-5635.

Join Great Backyard Bird Count Feb. 14–17

Join 300,000 citizen scientists around the world in the 17th Annual Great Backyard Bird Count (GBBC) with over 25,000 count days for at least 15 minutes on one or more days of the count and upload your sightings at gbbc.birdcount.org/get-started.

The Hudson Highlands Fjord Trail Bird Count, Feb. 12. The proposed multi-use, nine-mile trail that will link the Cold Spring and Beacon train stations, and allow hikers and bicyclists to travel safely along the Hudson River, away from Route 9D traffic, will be discussed at a public meeting.

Hudson Highlands Fjord Trail Public Meeting Set for Feb. 12

The Hudson Highlands Fjord Trail, the proposed multi-use, nine-mile trail that will link the Cold Spring and Beacon train stations, and allow hikers and bicyclists to travel safely along the Hudson River, away from Route 9D traffic, will be discussed at a public meeting. The meeting will take place from 7 to 9 p.m. on Wednesday, Feb. 12, at the Chalet on the Hudson (3250 Route 9D, Cold Spring). The meeting is free, but does not require an e-mail alert. Non-subscribers should check the KCAC website after 11 a.m. on the day of the hike at kentac.info/wp/contact Herr at 845-228-5635.

Graymoor Screen's Sex Trafficking Documentary

Nefarious: Merchant of Souls

Graymoor Spiritual Life Center is hosting a screening of the award winning documentary, Nefarious: Merchant of Souls at 7 p.m. on Tuesday, Feb. 18, in its third floor conference room in Garrison. This film takes a hard-hitting look at the disturbing trends of modern day sex slavery. Filmed in over 19 countries, the filmmaker tells the story of sex slavery through the eyes of the enslaved and the traffickers. The director, writer, and producer, Benjamin Nolot, founded Exodus Cry, an international anti-trafficking organization built on a foundation of prayer and committed to abolishing sex slavery through Christ-centered prevention, intervention and holistic restoration of trafficking victims.

“Pop Francis has addressed this crisis, reminding us that human trafficking “affects the most vulnerable people in society: women, children, the disabled, the poorest and those who come from situations of family or social disintegration.” He says, “All persons of good will, whether they profess a religion or not, cannot allow these women, these men and these children to be treated as objects, devalued, violated, often repeatedly sold, for various purposes, and at the end, either killed or ruined physically and mentally, to end up discarded and abandoned. It is shameful.”

Call Graymoor Spiritual Life Center at 845-424-2111. To register in advance, visit nefariousfilmtastic.eventbrite.com.

The Franciscan Friars of the Province of St. Francis of Assisi are a Roman Catholic order of brothers and priests founded in 1609 by Fr. Paul Wattson, SA at Graymoor in Garrison. Visit atonementfrs.org.

Make a Valentine's Day Card in Peekskill

Create a special Valentine’s Day collage at the Hudson Valley Center for Contemporary Art with inspiration from Jon Pylphuck’s work on display at the museum. The workshop takes place from 2 to 4 p.m. on Feb. 8, at HVCCA. Cost is $5 for a materials fee, $2 for family level members. HVCCA is located at 1701 Main St., Peekskill. Visit hvcca.org.

Ten Philistown Businesses Honored

Chamber of Commerce names Trailblazers for 2014

Ten member businesses and organizations of the Cold Spring Area Chamber of Commerce were honored as “Trailblazers” at an evening program at the Putnam County Chamber of Commerce on Wednesday, Feb. 12. The Putnam County Chamber of Commerce (PCCC) presented the awards.

Cold Spring Area Chamber of Commerce members were honored in five categories including: Emerging, Environmentally Engaged, Established, Mature and Profile Companies. Andrew and Samantha Latzer, owners of Cold Spring Coffee Pantry and On the Fly Cycling Studio, received the Emerging Trailblazer Award.

Ava Bynum, Manager of the Cold Spring Farmers’ Market and Shelley Borris, owner of Fresh Company, were honored as Environmentally Engaged Trailblazers.

Established Trailblazer awards went to David McCarthy, Manager of Tightrope Image and Chip Alleman, Manager of The Garrison. Business owners Jim Matero of Jaymark Jewelry, Robert Lominio of Robert’s Custom Wall, and Eugene A. Nyhren of Tuscan Grill and Marilyn Heberling of Art To Wear Too were recognized as Mature Trailblazers.

Socially Conscious Trailblazer awards were presented to Putnam ARC and Carinda Swann, executive director of The Garrison Art Center. Candidates had to be nominated and were required to describe the positive impact they have had in their community. A selection committee made up of representatives from the PCCC and other community leaders made final selections.

The Putnam County Chamber of Commerce is made up of chambers from Brewster, Carmel, Kent, Greater Mahopac-Carmel, Patterson, Putnam Valley and Cold Spring. The event honored businesses from each of the six PCCC member chambers.

“The PCCCs’ ... value continues to be above and beyond for the needs of our business community, as a whole, and ensuring our voices are heard at all levels of government,” said PCCP Chair Jenni fe Maxwell. “Joining our community’s best and brightest business professionals, this gala brings all of us together ... to celebrate the vital contributions that our businesses provide to ‘Main Street’ and our residents.”

Putnam County Executive MaryEllen Odell and Sheriff Donald B. Smith served as masters of ceremony for what was the PCCC’s fourth annual Trailblazer Awards gala.

KI Distribution Dates Announced in Putnam County

The Putnam County Bureau of Emergency Services (BES) announced that replacement of Potassium Iodide tablets, also known as KI, will be distributed within the Indian Point 10-mile Emerge- ncy Planning Zone. Indian Point Energy Center (IPEC) is a three-unit nuclear power plant station located in Buchanan, N.Y., just south of Peekskill.

“We encourage our residents who live within the 10-mile radius of Indian Point Energy Center to take advantage of this free program. While there is no indication of any trouble, we believe in making sure everyone who wants these tablets has the opportunity to get them,” said County Executive MaryEllen Odell.
According to BES Commissioner Adam Stiebeling, the 130 mg simple salt tablet of KI that was distributed in case of a radiological emergency at Indian Point will reach the end of its shelf life this month. Any expired KI can be discarded in regular household trash. Putnam County, through the Nuclear Regulatory Commission (NRC), will issue either replacement 65 mg tablets or KI in liquid form.

The adult dose 130 mg tablet is no longer available through the NRC so adults will be required to take two (2) 65 mg tablets in an emergency.

The County BES will offer not only new supplies of KI during the month of February but emergency planning information and materials at the following locations and times: 2 – 7 p.m. on Feb. 20, VPW Hall, 34 Kemble Ave., Cold Spring; 2 – 7 p.m. on Feb. 25, Town Hall, 265 Oscewa na Lake Road, Putnam Valley; Carmel, 2 to 6:30 p.m. on Feb. 27, Town Hall – Meeting Room 2, 60 McAlpin Ave., Mahopac.

KI supplies are available for pick-up at the BES offices located at 112 Old Route 6 in Carmel. Office hours for pick-up are 9 a.m. – 4 p.m., Monday through Friday or by calling 845-808-4000.

Beacon
BeaconArts to Honor Linda T. Hubbard
BeaconArts Community Association will honor the remarkable contributions of former BeaconArts President Linda T. Hubbard on Thursday, Feb. 27 in addition to being one of the founding members of BeaconArts. Hubbard has worked tirelessly to promote Beacon and the arts for the past 10 years.

Theo Ganz Studio Honors Pete Seeger with Photo Tribute
Theo Ganz Studio invites the community to celebrate the life of Pete Seeger by bringing in their favorite photographs of him to post them in the gallery windows for the month. The tribute is called Community. Photographs of Pete Seeger in all stages of his life and career are welcome. The Ganz Studio is located at 149 Main St., Beacon. Call 917-318-2239.

Gilles Vonsattel Returns to Howland Chamber Piano Festival
The Howland Chamber Music Circle announces the return engagement by Gilles Vonsattel to mark the end of this year’s Piano Festival. Winner of a 2008 Avery Fisher Career Grant, Swiss-born American pianist Vonsattel is an artist of uncommon breadth. With repertoire that ranges from Bach’s Art of the Fugue to works by Janiss Xe- nakis, and equally comfortable as a soloist and chamber musician, Vonsattel displays a musical curiosity and sense of adventure that has gained him many admirers.

For his concert at the Howland Center, Vonsattel has chosen to play Beethoven’s Piano Sonata No. 14 in C-sharp minor Op. 27, the Moonlight, Afrique by Saint-Exupery, three works by Ligeti, Les Jeux d’eau de la Villa d’Este, Funerailles No. 7 from Harmonies poetiques et religieuses, and Penelope des morts, Messiaen’s Cech es d’angoisse et fardes d’aioue from Preludes, and he will end with the rollicking Wienershorn Cotton Mill Blues by Frederic Rzewiak.

The concert takes place at 4 p.m. on Sunday, Feb. 23, at the Howland Cultural Center, 477 Main St., Beacon, and will be followed by a reception to meet the artist.

For information and tickets at $10 ($10 for students), call 845-297-9424 or visit howlandmusic.org.

Bau Gallery Hosts Opening Reception Feb. 8
Bau Gallery will host an opening reception from 6 to 9 p.m. on Saturday, Feb. 8, for a new exhibition by artists Arthur Wood and Laura Gurton. The exhibition runs from Feb. 8 through March 2. Gallery hours are noon to 6 p.m. Saturdays and Sundays.

A fine and exquisite oil painter, sculptor and inventor in his own right, Wood became known for his Broken Angel building in the Clinton Hill neighborhood of Brooklyn. Gurton’s tundings evince from a refined process that balances chance and control. The artist’s method, refined over many years, makes use of both oil paint and resin.

For more information, contact info@baugallery.com, call 845-440-7584 or call Carla Goldberg at 845-222-0177. Visit baugallery.com.

Beacon Re-Imagined Exhibition Kicks Off Feb. 8 at Hudson Beach Glass
Hudson Beach Glass will host the Mount Beacon Incline Railway Restoration Society’s Beacon Re-Imagined exhibition through March 9.

The exhibition kicks off with a reception from 6 to 9 p.m. on Feb. 8, as part of Beacon’s Second Saturday programming. The evening will feature three speakers: Mark Wildinger — Land Use Advocacy Planner, Scenic Hudson, who will give a presentation on the status of Hudson Highland Fjord Trail and Beacon Loop Trail; Jim Korn — Chair, Fishkill Creek Greenway & Heritage Trail, who will discuss upcoming projects related to the Greenway; Jeff McHugh — Vice President, Mount Beacon Incline Railway Restoration Society, who will give a presentation on the Incline Railway initiative.

As part of the evening’s festivities, the Incline Society will present a film short titled Excelsior: Restoring New York’s Mountain Railways. The film highlights the Incline Railway’s past, the ongoing movement to restore it, and the Incline Society’s restoration vision.

The public is invited to attend. Refreshments will be served. Hudson Beach Glass is located at 162 Main St., Beacon.

Contemporary Exhibit by Beth Haber Opens at RiverWinds
RiverWinds Gallery in Beacon presents Ripe Figs and Rich Pomegranates: The Garzoni Series by Beth Haber. Her translation of the still life into contemporary art is credited with bringing a richness of color and nourishment for the soul. The show opens on Beacon Second Saturday Feb. 8 and runs through March 2. The artist reception will be held from 5 to 8 p.m. on Feb. 8. There will also be an artist talk by Haber on the work of Giovanna Garzoni and how it has inspired her, at 4 p.m. on Feb. 15.

Haber’s works in this series are constructed upon past elements, observations and ideas of display. The underlying material is mylar – a flat-screen surface to which colors adhere only over time.

Haber is a Hudson Valley artist and a presenting artist at Vassar College. She is a recipient of the New York State Council of the Arts Award and is on the education staff at Dia:Beacon.

RiverWinds Gallery is located at 172 Main St., Beacon. Call 845-838-2880 or visit riverwindsgallery.com. Hours: Wednesday through Monday noon to 6 p.m. Beacon Second Saturday noon to 9 p.m.
Gluten-Free Goodness and More at Ella’s Bellas

Former Beacon storefront expands and offers full in-house and to-go menus

By Alison Rooney

Those who, like this reporter, have not for some time been inside Ella’s Bellas, formerly a take-out bakery known for its gluten-free line, will be surprised entering their new, more than twice-as-large space. The expansion into the premises next door took place last April, and now Ella’s Bellas has fully transitioned into a large, welcoming café space offering a full range of breakfast and lunch options, none of which use wheat, where the emphasis is on using as many local products as possible to achieve great tasting food, with a focus on flavor.

Ella’s Bellas began its life back in 2009 as a wholesale bakery which owner Carley Franklin Hughes operated out of her own home. Then a stay-at-home mom with a young daughter who eventually became the inspiration for the bakery’s name, she began making both “regular” and gluten-free goodies. Feeling a need to get out of her home as she was “driving my family crazy” Franklin Hughes decided to focus on gluten-free baking after researching and finding no equivalent in the Hudson Valley, to maintain her wholesale business, because she didn’t feel that there was enough of a guarantee of street traffic walk-in business in Beacon. That first incarnation opened in November 2011. Although Franklin Hughes, who grew up in West Virginia and has lived in Beacon for eight years, had no food retailing background, she had “food experience” starting with working at her college dining hall. “I was that kid,” she recalls, “who was always throwing dinner parties at college.”

Attending her sister’s graduation from Bard College, she experienced new food flavors, like pesto pizza, for the first time. “We couldn’t get things like that in West Virginia,” she says. Winding up working in theater, she still could never leave food behind. At her last job, as a company manager for a small theater company in New York City, she was “always planning food-centered opening nights. Finally I decided to turn it into a career.”

What happened with her new storefront surprised Franklin Hughes. First of all, things were continually busy, leaving her little time for the wholesale component of her business, which she eventually eliminated. “Soups and salads just didn’t go...” and we saw that people were staring at the door but leaving because there was no place to sit down. So, when tenants next door left, and with the closing of the Coffee Shoppe café across the street, Franklin Hughes decided to expand. Renovations have produced an airy, open, inviting space. Some of the non-retail area is now occupied by Tas Kaifi coffee roasters, whose proprietor Greg Flaherty once had his own space further east on Main Street. “He roasts his own here,” says Franklin Hughes. “He still has his wholesale accounts and we’re his main retail one. We’re symbiotic but our own entities.” Estalling his coffee, she notes: “I did the [Beacon] farmers’ market and so did he and he’s the reason I wound up drinking a cup of coffee after five years of not doing so!”

Offering such breakfast food options as muffins, vegan muffins, savory scones, vegan chia walnut bars, cinnamon rolls and quiche, Ella’s Bellas always has sweets on hand as well. The chocolate chip cookie has always been the best seller, but there are about 10 to 15 different kinds of cookies available, cupcakes, brownies (for that prototypical girl after her dance class...), special order cakes (with a week’s notice) along with lunch specialties: always two kinds of soups and salads, sandwiches (always one vegan option — a popular recent one was white bean puree with a kale or arugula pesto, caramelized onions and black radish) — a savory bread pudding and quiche.

It’s all labor intensive, says Franklin Hughes, because they focus on each recipe rather than going for the fastest and cheapest. “Every item has a different flour blend,” she says. “We mix our own flour and have 15 to 20 different flours on site (flour can be purchased.) It’s time consuming; even to get a cookie dough to what it is takes about five more steps than at a regular bakery. Ella’s Bellas now has a staff of one full-time baker, one almost full-time baker, a part-time cake decorator, 4 counter staff, two dishwashers and, of course, its owner.

The interior renovation was largely completed by Franklin Hughes’ husband, Jason. He built the lights and repurposed old doors and windows from their old house to be used as tables. There is also an outside patio just waiting for spring, with lots of seating. This patio will be available for party rentals in warmer weather. There are garden beds in back, in which they have planted vegetables to be incorporated into the menu; a further plot of land elsewhere in (To next page)
By Pamela Doan

Starting tomato plants from seed has been a debate in my household now that the garden catalogues have arrived. In my mind, it’s more work and hassle than we’ll reap in terms of flavor, cost and effort. In the past few years, the time involved in creating the garden — making the beds, amending the soil, fencing — has taken up the time that might have been used for planting seeds indoors during the winter in preparation. I’ve sown seeds directly, but bought a lot of transplants.

Tomatoes take up about a quarter of my garden and I always hope to can some, maybe that will be this year’s? Seeds or a visit to a plant sale? I’m more than one or two or three or four. seed — do you know how many seeds are available at garden centers and from seed catalogues. The average price for a packet of seed is $3 to $4. Sowing seeds directly, but bought a lot of transplants. During the winter in preparation. I’ve used for planting seeds indoors. The plants still need to be kept under lights until they’re about 10 inches tall. The flats can be enclosed in a heating coil or pad under the flat. Or use a special grow light that artificially produces the spectrum plants need for growth and produces heat as well. This would be my only option and lights can range in price from the $50s up into the hundreds. Just looking at the choices online gives me a headache.

The other materials aren’t costly, though. A sterile growing medium or soilless mix to plant the seeds in, and a container — usually a flat. Both are available at garden centers and from seed catalogues. The average price for a packet is $3 to $4.

When it comes to technique, here’s where detail and attention make all the difference. The flats can be enclosed in plastic bags to keep moisture in until the seeds sprout. Once the seedlings are about an inch high, remove the plastic bags and keep the flats under a 40-watt fluorescent bulb for 15 hours each day at 60 degrees. A couple more weeks have passed, the seedlings should be a few inches tall and have a full set of leaves. Now it’s time for the first transplanting. Tease them apart and place each one in its own three to four-inch pot in a rich, well-balanced soil. The plants still need to be kept under lights until they’re about 10 inches tall.

Every time the tomatoes are watered, add a light houseplant fertilizer. Transplanting the tomatoes a second time into bigger containers encourages ideal root growth. The last frost in our area is around May 15, and then the plants are ready to be hardened off before the final transplant into the garden. Tomatoes are sensitive to cold temperatures and shock. All your work could go to waste if this step isn’t carefully followed. During the day, take the tomatoes outside to get fresh air in a sheltered spot and bring them in at night for a week. For another week, leave the tomatoes in their pots outside overnight in a sheltered spot as long as temperatures are above 55 degrees. Eight to 10 weeks have transpired since the great idea to start tomatoes from seed came up. Now that you know what you’re getting into and you’ve developed a deepening appreciation for the farmer who grows those beautiful tomatoes at the farmer’s market, what will it be? Seeds or a visit to a plant sale? Seeds or a visit to a plant sale? Seeds or a visit to a plant sale? Seeds or a visit to a plant sale?
Join The Paper’s Winter Photofest
Contribute your best shots of the town in winter.

The Paper will collect high-resolution, color pictures from local photographers of local winter scenes and themes. We prefer pictures taken this year. The best photos (in our opinion) will be featured in The Paper on its color pages. Limit: three photos weekly per person.

Please title photo file with your name and photo location, for example:
JohnDoe-ColdSpringDock.jpg

Send photos to photofest@philipstown.info

Peter Yarrow (of Peter, Paul & Mary), center, clapping, appeared with local musicians at the Towne Crier in Beacon on Feb. 2 during a sold-out event in support of Moms Demand Action For Gun Sense In America. Photo by Kate Vikstrom

Digging out on Wednesday morning was no easy task. Photo by Michael Turton

Storm King and river ice. Photo by Maryann Syrek

Squirrel raids a Cold Spring bird feeder. Photo by Rick Gedney

The Garden Cafe offered snow-weary residents hot coffee, sandwiches and Wi-Fi — and was one of few Main Street shops open Wednesday morning. Photo by Michael Turton

Above, empty station (Photo by Naomi Canaan)
Left, Boscobel winter scene, (Photo by Michael Turton)