



Home to Roost  
See page 6

FREE | FRIDAY, FEBRUARY 20, 2015

69 MAIN ST., COLD SPRING, N.Y. | [www.philipstown.info](http://www.philipstown.info)

# Fran Murphy Ready to Tackle Village Issues

*Running for  
Cold Spring trustee*

By Michael Turton

Fran Murphy is one of three candidates running for two trustee seats on the Cold Spring Village Board as part of the March 18 election.

Asked why she is running, Murphy told *The Paper*, “I’ve been thinking about politics for a long time.” Her first concrete step was to volunteer at the Village Hall, taking on such tasks as assessing current telephone service providers, dealing with insurance coverage for Main Street businesses and creating a database of volunteer applicants. “I wanted background, to get to know about the business of the village,” she said.



Fran Murphy

Photo by M. Turton

What tipped the scales toward seeking election was her attendance at a few village meetings. While she said the sample was not extensive, what she saw impressed her — though not favorably. “I thought the bickering that I saw, the ‘zingers’ can’t go on. I found it uncomfortable — and embarrassing.” Murphy said at that point she had a choice to make. “I decided that rather than sitting on the outside (Continued on page 3)



A coyote, left, and a bald eagle, above, were photographed near the Taconic Outdoor Education Center. Photos courtesy of New York State Department of Parks

## Camera Catches Carrion Carried Off

*Scientists study local  
animal behavior*

By Pete Salmansohn

What do a bobcat, a barred owl and a red-bellied woodpecker have in common? They were all seen recently feeding on the carcass of a deer leg strung 20 feet up in a hemlock tree and photographed by a motion-detecting trail camera wired onto the trunk.

This unlikely trio of animals was not all present at the same time, of course, but discoveries like this, which defy the predictable in terms of just what local animals may show up for a free meal, are becoming more common as wildlife biologists collect images from well-placed

trail cameras where a small mountain of free food is hard to resist.

Motion-detecting cameras were first used by scientists to study truly rare animals like snow leopards, but inexpensive models are now being used much more commonly by naturalists and backyard amateurs as well, and this winter at least three teams of local New York State Park biologists are collecting a fascinating array of images from their cameras’ isolated locations in area parklands.

Max Garfinkel, Haldane alum and a field biologist, said his team from Bear Mountain has been trying to get photos of an elusive tree-climbing weasel named a fisher, so they tied a large deer leg they had cut from a carcass up onto the trunk of a tree in Sterling Forest. “So far we haven’t seen any fishers, unfortunately, but we did get photos of

a bobcat up there in the daytime, which is pretty unusual, and a whole bunch of other creatures too, including a blue jay, a chickadee, a junco, a red-bellied woodpecker and a squirrel.”

Over on Duck Pond in Fahnestock State Park, naturalists from Taconic Outdoor Education Center have placed road-killed deer carcasses on the thick ice for the third winter in a row and have mounted a trail camera nearby to capture a parade of both daytime and nocturnal visitors. Said Program Director John Stowell, “This year, we got photos of two red-tailed hawks fighting each other off to get to the carcass ... pretty cool!” Ravens and crows are usually the first animals to respond to the meat, and then eagles, hawks and vultures show up, and finally the more wary ones like bobcats, foxes and coyotes.

Zoologist Ed McGowan, supervisor of the Bear (Continued on page 15)

## Downsized Fire Station Proposed

*Funding remains the  
biggest question*

By Michael Turton

About 25 residents braved frigid temperatures on Monday night (Feb. 16) to attend a meeting at the Cold Spring Firehouse, part of an ongoing discussion regarding plans to replace the aging home base of the Cold Spring Fire Company (CSFC) at 154 Main St. The public Q-and-A session, postponed one week due to a winter storm, was led by CSFC President John Landolfi and Assistant Chief Steve Smith. The audience included the five candidates running in the March 18 election for three seats on the Village Board. Landolfi and

Smith answered questions submitted by email and also addressed comments from the audience.

During a break in the question period, Smith reviewed modifications to the proposal presented late last fall that called for a three-story, 19,458-square-foot building that came with a price tag in excess of \$6 million. Plans have since been scaled back to a two-story, 14,193-square-foot building that would cost approximately \$4.6 million to build. Additional costs such as engineering, demolition of the old building and storage required during construction could add another \$800,000 to the bill.

### Costly comparisons

Smith detailed facilities planned for each level of the proposed building. The



The existing firehouse has deteriorated and has several structural flaws.

File photo by M. Turton

basement would house utilities such as a furnace, compressors and generators. The main floor would include truck

bays, a radio room, a laundry, decontamination and fitness rooms, showers and bathrooms. A mezzanine made (Continued on page 3)

Cook On: 1 part chaos, 2 parts calm

Egg Drop Soother

By Mary Ann Ebner

All along the genealogical trail, my ancestors professed their devotion to soup as a home remedy to calm life and any number of ailments. By second nature, it seems instinctive to echo that tradition.

A cup of soup quiets the soul affordably. And when it’s cold and unforgiving outside, as in bitterly cold around the Hudson Valley, a filling of soup may thaw a disposition and whatever else may be ailing. Soup can sustain us without adding excessive calories, while many soups can be tailored for dietary restrictions.

Cold Spring’s Karen Shea concurs that savory soup helps push us on through chilly winter weather and into warmer surroundings despite frigid temperatures. And she continuously tries new recipes to expand her repertoire of soups.

“I make a lot of different soups,” Shea said. “I just made a roasted cauliflower and mushroom soup.” Shea confided that she also added a good amount of garlic to the broth, which most likely boosted its healthfulness.

Her family appreciated roasted vegetables as the soup’s foundation, but the Shea household favors a substantial creation served as a main course. “I make a chicken meatball soup that my family loves,” she said. “Flavoring with leeks is a favorite and soup makes a filling meal.”

As a meal or a dose of folk medicine, a steamy soup not only warms us up but pick us up. According to the National

Institutes of Health, brothy soup, particularly chicken soup, boasts healing properties, explaining its place in many home remedies. Since the 12th century, caretakers have served up soups to help fight the common cold and a range of infections.

A few years ago, crutches kept me propped up for weeks. Preparing and cooking, let alone shopping for food, posed a few challenges and taught me a lesson in appreciating wellness. During that stretch of immobility, many hands — though not mine — kept our family’s kitchen in full operation. Healthy nutrition played a role in promoting healing and family harmony during that recovery chapter. A long list of home-cooked meals helped carry me back to throwing my own weight around in grocery aisles, but the meal most remembered was an egg drop soup that served to nurture the appetite and spirit.

The soup represented a gift of warmth created by my cousin. It didn’t matter that the Texas temperature in Austin that day called more for a cold soup on a sunny afternoon. My cousin, Kathie, decided that the steamy broth and its powerful liquid deserved a place in the meal rotation. She prepared a family-sized pot of egg drop soup, embellished with a host of sources of nutritional properties from eggs and spinach to mushrooms and shrimp. The ancestors were right. The soup commanded its own sort of restorative power, and healing was off and running (or at least moving at a fairly



Egg drop soup

Photos by M.A. Ebner

good clip).

Life eventually leveled out around our home but the egg drop soup remained a preferred choice for a warm, nutritious meal. When a neighbor needed a healthy lift for a wicked virus, she agreed to try the egg drop soup. Chicken soup may have been more appropriate, but a bowl of steaming egg drop served her well. She finished every sip of the broth, slowly, as soup should be eaten to let it work its best.

This egg drop soup stands as one of our primary family meals, not just in winter, but all year through. We eat it as a main course with generous portions. Occasionally, it takes on different qualities and characteristics, deepened in flavor with additional ginger or filled out with cooked, shredded chicken or fish. For an even lighter version, we eliminate the vegetables and let the egg please on its own. Discover its many possibilities and compose your own. Rustic or refined, soup settles — slurped or sipped.

Egg Drop Soup

Serves 8

- |  |                                |
|--|--------------------------------|
| 1 teaspoon rice vinegar                | 1 teaspoon fish sauce          |
| 2 tablespoons soy sauce                | 2 teaspoons salt               |
| 1 tablespoon sesame oil                | 1 teaspoon cayenne pepper      |
| 1 teaspoon sugar                       | 4 cups fresh spinach leaves    |
| 2 teaspoons freshly grated ginger root | 6 eggs, lightly beaten         |
| 3 cups water (reserve ½ cup)           | 1 teaspoon cornstarch          |
| 6 cups vegetable stock                 | 4 cups fresh mushrooms, sliced |
|  | 2 cups scallions, chopped      |

Combine rice vinegar, soy sauce, sesame oil and sugar in large stock pot. Add grated ginger root and cook over medium heat 2 minutes, stirring constantly. Add water, vegetable stock, fish sauce, salt and cayenne, and mix. Cook over medium heat 3 to 5 minutes. Stir in spinach. Gradually add egg and gently stir the egg into the soup with a fork 2 to 3 minutes. Whip cornstarch into the ½ cup of reserved water. Pour cornstarch mixture into soup and stir thoroughly. Reduce heat. Add mushrooms, cover and cook 10 minutes over low heat. Ladle soup into serving bowls. Smother with chopped scallions and serve immediately.



Embellish egg drop soup with your favorite ingredients.

marbled

MEAT

SHOP

Pastured and Grass Fed Meats  
Specialty Grocery - Charcuterie  
Artisanal Cheese - Smoked Goods

3091 Rt 9, Cold Spring, NY 10516 (845)265-2830  
marbledmeatshop.com

Thank you to our advertisers

We are grateful for your support and encourage our readers to shop local.  
Contact us: ads@philipstown.info

Philipstown.info

The Paper

your source  
for organic,  
biodynamic &  
natural wines

180 main street / beacon, ny 12508  
845.440.6923 / monday-saturday 10-7 / sunday 12-5  
www.artisanwineshop.com

3-Time Winner: Best of Hudson Valley Magazine

BEACON, NEW YORK

artisan wine shop

where food meets its match

## Fran Murphy Ready to Tackle Village Issues *(from page 1)*

complaining, now would be a good time to get involved.” She decided to run for trustee.

Unlike the four other candidates, Murphy is running independently rather than as part of a team. “I believe running as a team creates a possible division for the future board,” she said. “The team needs to be formed with the full board once the election is over.”

The 66-year-old Murphy recently retired as director of graduate school admissions at the Zicklin School of Business, part of Baruch College and the City University of New York, a position she held for 18 years. She thinks that experience makes her a strong candidate. “I learned to manage a staff and deal with people,” Murphy said. “I dealt with three different deans and four directors, and was comfortable doing it. I learned to sit with them, talk to them, listen to them — and to get things done.” She also had to deal with conflict, especially between departments within the school. “I know

when to push my agenda, and when to stand back and say, ‘It’s your call.’”

MBA programs are very competitive, especially between schools, and that has a downside according to Murphy. “Some schools tend to exaggerate their numbers,” regarding test scores, enrollment, recruiting success rates and the like. “It was more important to me to be accurate,” she said.

If elected, Murphy said one of the first things she wants to see is for the new board to come together as a unit. “It will be largely a new team,” she said, since no matter who is elected, three of the five trustees (which includes the mayor) will be new. “We need to get to know each other and decide how we’ll work together.” The first-time candidate said that in other situations she would suggest a board retreat, an approach that can’t be used because of the Open Meetings Law, which requires that all business meetings of a quorum of the Village Board be open to the public. “But I think we can

find a way to do it,” she said, “perhaps meetings on two Saturday or Sunday afternoons.”

Murphy mentioned a number of key priorities ahead for the village, starting with selecting a new village attorney as well as a long list of issues that she said include the Main Street project, water and sewer initiatives, a new firehouse, the post office location, the future of Dockside Park and removal of coal tar from the area of the Cold Spring Boat Club. She also sees a need that goes beyond the projects themselves. “We need to keep villages better informed, using reports on a regular basis” to include project schedules and financial updates.

Murphy said that at times, small vocal minorities can wield too much influence within the village. She said that residents need to realize that “sometimes you win, sometimes you lose — and sometimes the greater good of the whole village is more important.” She said that trustees always have to listen to what everyone has to say, “but we have to make decisions based on what is good for the majority.

There can’t be any ‘sacred cows’ anymore — we have to look at everything.”

One area where Murphy feels she can have a positive impact is in seeking grants. “There hasn’t been a specific person working on grants, and we need new revenue sources,” she said. “I’ll work hard at learning to write grant applications, but I can’t do it alone.” She used grants for a new firehouse as an example. “I need to work with the fire company. And they need to contribute information.”

Murphy, a Boston native, and her husband Ed have been married for 38 years. They moved to High Street in Cold Spring 15 years ago. She currently serves on the Cold Spring Recreation Commission and is one of several candidates who have applied to serve on the yet-to-be-named Ethics Committee. Ed is a veteran with more than 40 years of service between the reserves and regular army. A command sergeant major, he served in the first Gulf War and is now Veterans of Foreign Wars commander of the James Harvey Hustis Post in Cold Spring.

## Downsized Fire Station Proposed *(from page 1)*

possible by the high ceilings required for the truck bays would be used for offices, storage and the board of governors’ meeting area. The second floor would include a meeting room accommodating up to 80 people, ready room, kitchen and bathrooms. A divider separating the two largest spaces would nearly double the capacity of the meeting room.

Any scenario to replace the existing structure will be costly. Smith said that North Highlands’ 17,000-square-foot fire hall cost approximately \$4.7 million, an expenditure that was reduced somewhat because parts of the original building’s skeleton were kept intact. Mahopac’s completely new 34,000-square-foot fire station was initially estimated to cost \$5.7 million but in the end came in at \$8.7 million.

### Alternate design suggested

Resident Mike Armstrong questioned why a design for a Cold Spring firehouse put forward in 2012 was estimated at only \$3 million. Smith said one reason was that the proposal did not take Wicks Law into account, a factor he said would add about 25 percent to the cost. Wicks Law requires municipalities to seek separate competitive bids from plumbing, electrical and HVAC as well as general contractors. Landolfi also pointed out that the design was based on prefabricated components rather than a design created specifically for the lot that the current fire station occupies. Armstrong commented that the trapezoidal design currently being considered is inherently more costly than a rectangular building. He suggested that contractors be asked to bid on that type of design.

### Repairs impractical

Early on, a question that may have been on the minds of many was addressed — why not simply repair the existing building? Smith said that previous engineering studies determined that is not feasible due to a number of serious structural flaws; for example, the piers that support the building are deteriorating; the west wall of the building is bulging outward; the floor of the meeting room is sinking; and the floor in the truck bay had to be reinforced several years ago. Cracks and settling are also evident in other parts of the building.

“The building cannot hold the weight [of the trucks],” Smith said. “We can’t remodel; it’s just not worth it ... it would probably cost more” than building a new structure.

### Fire district again discussed

As in the past, the possibility of creat-

ing a new fire district was discussed, perhaps to include Cold Spring, the Village of Nelsonville, and parts of Philipstown now served by CSFC. That approach would make it possible to build the new fire station in Nelsonville, moving it away from the very cramped quarters on Main Street. In a fire district, residents elect commissioners who administer the fire company within its area of jurisdiction. A fire district operates independent of local municipalities and has the authority to tax residents directly for fire protection.

North Highlands currently operates as a fire district. When a new fire station was built there several years ago, spending had to be approved by voter referendum. Residents voted “no” the first time. Plans and costs were then scaled back, and a second vote approved construction of the new facility. Fire companies in Cold Spring and Garrison do not operate as part of a fire district and as such come under the jurisdiction of the municipality.

Another possibility is establishing a single, expanded town-wide fire district with all residents within its boundaries taxed at the same rate for fire protection. That is not the case now. Landolfi did not have exact figures available but said that local taxation for fire protection differs considerably. He estimated that tax rates per thousand dollars of assessed property value vary from 83 cents in Cold Spring and \$1.19 in Philipstown to \$2 in Garrison and \$2.50 in North Highlands. While economies of scale may be possible by forming a large, merged fire district, it would require agreement among the villages of Cold Spring and Nelsonville, the Town of Philipstown and the North Highlands Fire District. The CSFC itself has twice voted against creating a fire district for Cold Spring, Nelsonville and adjacent parts of Philipstown, in recent years. One obstacle Landolfi pointed to are the “service awards” that provide a form of pension to firefighters, paid for by Cold Spring taxpayers. He said it’s possible that if a new fire district were formed, Cold Spring taxpayers may be required to fund the existing service awards as well as the pensions required by the new district. He also hinted at a loss of local autonomy, suggesting that while the CSFC has always had an “open-door policy” regarding use of its meeting room by community groups, in a fire district such decisions might not be made locally.

To date, the lack of success in streamlining local government and related ser-

vices does not bode well for a dovetailing of fire protection services. A report commissioned by the Town of Philipstown in 2011 that supported consolidation of fire departments town-wide was strongly criticized by local fire companies. Last year the three municipalities abandoned attempts to merge building departments. The desirability of combining three local justice courts has also been discussed but with no action taken. Talk of merging local school districts has also gone nowhere.

### Funding

No one in attendance questioned the

need for a new fire station; in fact Landolfi and Smith received a round of applause at the end of the meeting for having provided updated information on the proposed project. The big question that remains is how the new facility will be funded in a village with fewer than 900 taxed properties. “The Village of Cold Spring has to go after grants,” Landolfi said. “We [CSFC] can’t apply for grants.” Trustee Stephanie Hawkins, however, encouraged the fire company to be a part of the grant-seeking process. Landolfi responded in part by saying, “It’s a no-brainer; you have to hire a grant writer now.”

Sushiya has moved  
to Main Street, Fishkill,  
and now has a new name:

# Domo Sushi Japanese Restaurant

Take Out & Eat In

Grand Opening

20% Off  
with this coupon  
Expires 3/28/15



Just west of the intersection of  
Route 9 and Main St., (Hwy. 52)  
in Fishkill

Sushi  
Combinations  
Sashimi  
Combinations  
Japanese Dishes  
Sushi Rolls  
Hand Rolls  
Check out our  
catering menu

845.896.2144  
1140 Main Street  
Fishkill, NY 12524  
domosushiroll.com  
Monday - Saturday  
11:30 a.m. - 9 p.m.

Philipstown.info

ThePaper

PUBLISHER

Philipstown.Info, Inc.

FOUNDER

Gordon Stewart

(1939 - 2014)

MANAGING EDITOR

Kevin E. Foley

ARTS/FEATURE EDITOR

Alison Rooney

CONTRIBUTING EDITOR

Liz Schevtchuk Armstrong

SENIOR CORRESPONDENT

Michael Turton

LAYOUT EDITOR

Kate Vikstrom

CALENDAR EDITOR

Chip Rowe

calendar@philipstown.info

REPORTER

Pamela Doan

PHOTOGRAPHER

Maggie Benmour

ADVERTISING DIRECTOR

Michele Gedney

For information on advertising:

845-809-5584

Email: ads@philipstown.info

Advertising closing: Tuesday

at noon

Requirements: PDF or jpeg

(minimum 300 dpi)

Review our rate sheet:

www.philipstown.info/ads

© philipstown.info 2014

All rights reserved. No part of this publication may be reproduced in any form, mechanical or electronic, without written permission of the publisher. Advertisements designed by *The Paper* are copyrighted and may not be reproduced in whole or in part without permission.

# Planning Board Schedules Public Hearing on Butterfield Plans for March 4

*County legislators talk of moving forward – into 6,000 square feet of space*

By Liz Schevtchuk Armstrong

The Cold Spring Planning Board voted on Wednesday (Feb. 18) to hold a public hearing on March 4 on the Butterfield redevelopment project, a decision representing a milestone in more than three years of often intense – and contentious – review of plans (revised over time) by Butterfield Realty LLC to repurpose the old hospital site.

The Planning Board action occurred a day after a Putnam County Legislature committee discussed proposed county occupancy of 5,000 to 6,000 square feet, including a new county-run senior citizen center, in a multi-government facility on a redeveloped Butterfield parcel that totals 5.7 acres.

Led by owner-developer Paul Guillaro, Butterfield LLC intends to retain the existing Lahey Pavilion medical clinic but demolish the abandoned hospital building, and build not only the intergovernmental structure but 55 market-rate condominiums for older residents; a “square” of retail/commercial shops or offices; and three single-family homes on the 5.7-acre property, which anchors the southern entrance to the village of Cold Spring.

### Parking spaces

Wednesday’s hearing date-setting came on a 4-1 vote, with Planning Board Member Arne Saari the lone “no” after he strenuously objected that the site plan provided insufficient parking, particularly for residents of the two-bedroom condominiums.

The public hearing will focus on the site plan – or layout and other details – and, on a preliminary basis, on the land subdivision integral to the redevelopment. A second hearing on the subdivision would follow at an undetermined date, a pro forma requirement.

If the owners of each condominium bring two cars, “where are these people going to park?” Saari questioned. “I think we’re pushing the envelope on parking.”



An architectural rendering of buildings at the proposed Butterfield redevelopment  
Photo by L.S. Armstrong

He argued that “it sounds like we’re pushing the place toward Foodtown – inadequate parking.” At the Foodtown plaza, home to the village’s grocery store, he often cannot find a parking space and must leave his car on the street behind, he said. He foresees similar problems at Butterfield: “I think we’re going to create a parking nightmare down here.”

Chuck Voss, the board’s planning consultant, and Anna Georgiou, its attorney for the review, answered that the parking spaces will meet both needs and obligations under the Village Code. Voss noted that the code is likely to change anyway, reducing the requirements for providing parking from the “suburban”-style mandate now on the books.

The Butterfield redevelopment “was designed as a shared-parking environment,” a flexible-use site, in which residents could park elsewhere on the property and in which not all residents owning cars or others driving to Butterfield would bring vehicles in at once, Voss said. Thus, as he elaborated, some condominium owners would leave during the day, freeing spaces for cars of those patronizing the government facility or offices and shops, while customers, employees and others using the latter buildings would not need parking overnight, and might not drive to the site in any case. “I don’t think you guys want to apply a suburban standard” – in essence, the drive-constantly-and-park model – to a new village development, he said.

Barney Molloy, Planning Board chair (and a candidate for Cold Spring mayor) said that at Butterfield the village wants as much unpaved land as possible. “You can make the argument that parking might, at some time in the day, be a little bit difficult,” he told Saari, “but the village has been clear from Day One that the priority is maintenance of green space at the expense of additional parking.” He also questioned the assumption that Butterfield condominium residents would have two vehicles per apartment, “which is a leap I don’t think we can make.”

The Village Board rezoned the site to accommodate the Butterfield plans, and Steven Barshov, Guillaro’s attorney, suggested that Saari’s complaint is not with the developer’s plans but with the pertinent village laws. The developer, too, may dislike some rules but “everybody has to comply with the code, whether we like its logic or not,” he said.

### A county discussion

Participants at the Feb. 17 meeting of the Putnam County Legislature’s Physical Services Committee, which deals with buildings and infrastructure, spoke of efforts to date and acting expeditiously to bring to Butterfield a strong county presence, including a senior center vastly upgraded above the current lunch venue at the American Legion.

Legislator Carl Albano, who chairs both the Physical Services Committee and the full legislature, called on his colleagues to join in finalizing Putnam’s plans. The legislature allocated \$64,000 in contingency funds for 2015 for taking space at Butterfield.

“Conceptually, we’re on the same page with this, although we didn’t have a formal vote or anything,” after allocating the \$64,000, Albano said. At this juncture, he proposed, “the next thing we have to do is try to put together some agreement with the developer so we know we’re really committed to this and decide which space we want.”

He outlined two spaces at Butterfield as options. One, on a second-floor level allowing someone to walk outdoors, would provide notable light. The other, perhaps more directly accessible, would be on the ground floor of a different building. Putnam County would take between 5,000 and 6,000 square feet overall, he said. He emphasized the need to finalize details soon, “make some kind of commitment,” and “move forward so we can start solidifying this whole direction we’re moving in.”

Legislator Barbara Scuccimarra, who represents Philipstown, said the office of County Executive MaryEllen Odell is negotiating arrangements, (To next page)

Philipstown.info

ThePaper

presents

Candidates Forum

for Cold Spring Village

Board of Trustees

Monday, March 2, 7:30 p.m.

Haldane Music Room

15 Craigside Drive, Cold Spring

Mayoral candidates

Dave Merandy

Barney Molloy

Trustee candidates

Marie Early

Robert Ferris

Fran Murphy

All are invited!

Election to be held Wednesday, March 18

HELP WANTED

Freelance Typist

A Philipstown-based writer building a new research file (text only) needs the help of an efficient, accurate typist. The project will generate hours for you February - April. Later there will be other projects.

Send resume to:

localscholar1@gmail.com

Pay will be very satisfactory.

# Budget and Measles Outbreak Dominate Garrison Board Discussion

By Pamela Doan

The good news is that the 2015-16 budget process looks as if it will roll out fairly uneventfully in the hands of a seasoned group of Board of Education members at the Garrison Union Free School district. The district also hasn't had any measles reports, but the board discussion at their Feb. 18 meeting looked ahead while evaluating the current state of affairs.

Superintendent Laura Mitchell and Business Manager Susan Huetter presented the board with estimated figures for the 2015-16 district budget. Mitchell reviewed the school's mission as context for the budget and recognized the challenges they face in delivering quality programs within the bounds of the tax levy limit and low expectations for a larger portion of state aid.

Spending is up slightly due to increas-

es in salaries and benefit commitments. The increase is projected at nearly \$150,000, which is just under Huetter's estimate for the tax levy limit. "Without having the governor's aid figures, we can only estimate the budget now," said Huetter. GUFs relies on state aid for 7 to 8 percent of their budget. Most of their funding comes from district taxpayers.

Board members expressed concern about the amount of the district's reserve funds that will be necessary to fund the 2015-16 school year. Although Huetter described it as minimal, Board member Derek DuBois said: "We decreased the fund balance by \$83,000; what that really means is that we planned to spend \$300,000 from the reserves and we are on course to spend close to \$400,000 out of our reserves this year. It's 1/8 to 1/10 of our reserves. We've gone from saving for a rainy day to spending \$300,00 to \$400,000, which by definition is a path we can't be on for more than eight years

without ugly consequences." The board decided to review a five-year tally of the fund balances to get a clearer picture of the trends and look at net changes.

Board member Charlotte Rowe said: "Because we've had such large reserves, we've basically preserved our situation a good 10 years out. Most school systems have reached this point in three to five years, but we've maintained our independence and low taxes because of the reserves. Other districts face raising taxes, consolidating to lower costs or looking at completely new scenarios."

The minutes from the Safety and Health Committee sparked another discussion about the district's policy on vaccinations. Board members continue to be concerned that 16 of the 220 students are not vaccinated, and that puts the school below what is considered to be the herd immunity threshold of 95 percent. Although New York state law requires vaccinations, parents can refuse to vacci-

nate their children for personal, religious reasons and be granted an exemption.

The board requested that their legal counsel review the district's policy and advise them if there are options to strengthen, refine or change the policy. The school health nurse interviews families who request the exemption about their beliefs. Board President Raymond O'Rourke said: "We want to be sure that we are not being unduly lax in granting exemptions. We have a high number, higher than any of our neighboring districts, but the question is if the policy is as restrictive as it can or should be. It may not be as rigorous as it could be if that's the direction we choose to go."

The Center for Disease Control reports 141 cases of measles in 17 states currently, including New York, New Jersey and Pennsylvania. Measles is highly contagious. The district recently included information about the measles in packets that are distributed to parents.

## Planning Board Schedules Public Hearing *(from page 4)*

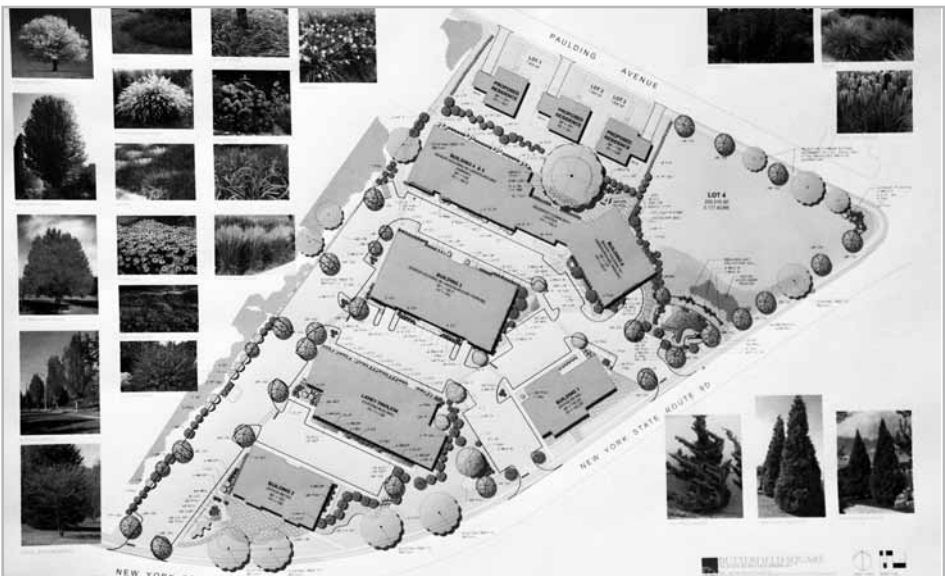
including a possible option-to-buy, with Guillaro. Likewise, she and Fred Pena, commissioner of highways and facilities, have gone over rudimentary designs for county space. Pena similarly has conferred with Pat Sheehy, director of the county Office for Senior Resources on the senior center.

"All of her [Sheehy's] functions could be properly addressed" at Butterfield, "and significantly improve the conditions for the seniors at this new location," Pena informed the committee. "It would be a tremendous improvement." The existing site "really does not provide all the functions" necessary for a proper senior citizen center, he said.

"We're not even close" to what the county offers elsewhere, Scuccimarra

said. "It's awful."

Albano observed that "15 to 16 percent of our real estate taxes come from that [western] side of the county. So the general thought is ... we should have some presence there." He mentioned his own idea for Butterfield, that "there will be room that's able to be shared by probably other people in the county in the future. You'd want some of that space to be where you could go different directions with it — multipurpose." Moreover, he continued, "it's interesting: I think 4 percent of the seniors in that area," in Philipstown, "utilize the current facility" at the American Legion, "which kind of gives you an indication that it's way under what most other facilities are utilized at."



A drawing maps the landscape concept for the Butterfield redevelopment.  
Photo by L.S. Armstrong

# Dave Merandy for Mayor · Marie Early for Trustee

## A Tradition of Commitment to our Community



**Dave Merandy** has over 40 years of professional construction and management experience building our community, and over 20 years of volunteer and elected service to his neighbors. As a Coach, Board of Education President, Town Councilman and proud father of 5, Dave has repeatedly demonstrated that long term commitment to community and the best interests of our kids and neighbors are what matter most.

**Marie Early** has over 35 years of professional experience in software engineering, market data and personnel management, and a decade of volunteerism in our Village. She is a dedicated civic leader who has been appointed to multiple standing boards. Marie has a proven record of problem solving, project management, critical thinking, and commitment to the best interests of our community.

# VOTE! Wednesday, March 18th

## Dave Merandy for Mayor · Marie Early for Trustee

# Thinking of Raising Chickens in Your Backyard?

Lydia Langley's 'Home to Roost' service offers humane advice and fresh egg deliveries

By Alison Rooney

Lydia Langley loves her birds — all 30-plus of them. She loves her crested frizzles and leghorn Polishes, her Marans and Ameraucanas. As partial to the “starters” sold at Blue Seal as the rare, heirloom breeds, Langley is quite simply crazy for chickens.

As a city-to-Cold-Spring-weekender-to-full-time-Garrison transplant, living on a historic farm property there, she had no experience with chickens but took the plunge with an initial six back in 2008. That number quickly grew, and Langley, brought up in the New Jersey suburbs, found herself with 30 pet chickens, most of whom did what they do best, especially under the right conditions: lay eggs. Shifting away from her former, New York City-based life as an interior designer, she began selling what they were laying, dubbing her farm a “yolkette” and delivering the freshest of eggs to Philipstown and beyond, all the while absorbing and researching the world of chickens.

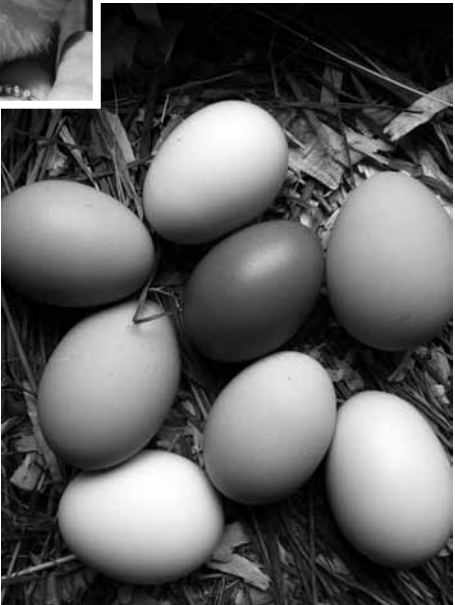
Now a font of knowledge of all things poultry or, as she puts it, an “eggspert,” she is embarking on a related course, becoming a consultant on raising backyard chickens. “I am hanging out a shingle to help newcomers enter the fascinating world of pullets, cockerels, hens and

roosters ... Whether you would like to discuss coordinating your fledging project from start to finish or want to maximize your current flock, I love what I do and I'd be happy to be your ‘everything chickens’ resource.”

Why chickens? It all began in Turkey ... the country of Turkey, that is. About 20 years ago, Langley took a trip there and spent a night with a family in the countryside. “The matriarch went out and gathered eggs, which she then cooked — and they



Photo by Lydia Langley



The naturally varied hues of Chickie Whiskers' eggs reflect the different breeds of hens laying them.

Photo by Lydia Langley

were spectacular, and it made me realize what eggs can actually taste like.”

After a later sojourn in North Carolina, where she sampled many fresh eggs, Langley and her husband decided, despite their lack of experience (hers, none whatsoever; his, a couple of chick-

ens growing up), they wanted to put the 19th-century-built barns on their property, which had been in disuse except as storage, back in action — chicken action.

“We had preexisting space conducive to housing chickens, so we thought we'd try it,” she said. Plus, Langley felt an affinity for the chickens themselves, not just their eggs. “They're sociable, they come over to you, respond to you — they're full of personality,” she enthused.

Langley emphasized that she and her husband consider their chickens as pets. “We have a personal relationship with our hens,” she noted. Though egg production dwindles during the typical chicken's life span (of around five years, only the first two of which are egg-producing), her farm is “no kill — they spend their entire lives with us, and their safety and well-being is most important.”

On average each of the 30 hens on hand lays about four to five eggs a week, although a few lay every day, and “Rocket” (all of the birds are named) whom Langley calls “temperamental,” produces a mere two or three. Egg production depends on the weather. “Since we can't free-range this time of the year, there aren't as many, but they're kept in an enclosed yard with raptor nettings, so they can sit in the sun, but they can't forage right now,” Langley explained, adding that they come in at sunset through an automatic door. Although they've never experienced a ground predator, they have had some issues from time to time with hawks and falcons.

Each dozen-egg carton (recyclable and returnable to Langley each time new eggs are delivered) of “Chickie Whiskers” eggs (the name reflects her equal love of cats) contains ovals of varying hues, from speckled brown to a washed green, ivory, near-red and more, but “within the flock there should be no difference between taste and nutrition,” no matter what the shell color, Langley said. “In warmer months, when they have access to grass and bugs, the eggs taste their best.”

It was originally only the Langleys' friends who got to sample the eggs, as the distribution began via word of mouth. Although they have occasionally delivered in bulk to New York City, their usual clientele has weekly standing orders, or simply on an as-needed basis, or as she describes her clientele, “weekly, bi-weekly and those I annoy,” as well as some local businesses.

Langley delivers the eggs — sometimes still warm, to her neighbor, 100 feet away, and on her near daily rounds all over Philipstown. In addition to everything else, a great byproduct of this old-fashioned delivery system (replete with handwritten names on ribbon-fastened carton tags) has been meeting new peo-



Lydia Langley

Photo by Cheryl Harrington

ple. “It's been a wonderful social thing, too,” Langley said. “Our goal is to be the local resource for people. We don't want to sell commercially. We love having pet chickens — it's great for insect control and they amuse us.”

### Interest growing

Asked why raising backyard chickens appears to be such a trend right now, Langley thinks it's “having that aspect of being in control of your food supply, and also just that bit of life in your backyard.” But, for healthy, thriving chickens, much must be learned, and that's where “Home to Roost”, as Langley has dubbed her new consulting services, comes in.

Although “small backyards can still keep fat, happy chickens,” potential backyarders need advice on which variety of birds are most suitable to their specific situation, how to set up and maintain coops and all the nitty-gritty on the care and feeding of the flock, including medical issues that might arise and are most often avoided through prevention techniques. Langley can work with those still in the planning stages, and also those who wish to maximize the output of an existing flock. She is also able to foster chicks until they are out of the “danger zone.” “The most important aspect is housing,” Langley said, (Continued on page 14)

Cycling&FitnessStudio

on the fly

spinning • barre • personal training  
battlerope suspension training • apparel

Weekly Class Schedule

\*Must pre-register at [www.ontheflycyclingstudio.com](http://www.ontheflycyclingstudio.com)  
please consult online schedule for real time information

Monday

9:00am Strength Lengthen Tone (Dawn)  
12:00pm \$10 Community Day Class - Intro to Spin  
6:15pm Battlerope Suspension Training (Jose)  
6:45pm Spin Stretch (Ashley)  
7:30pm Battlerope Suspension Training (Jose)

Tuesday

9:45am High Intensity Interval Spin 45 (Leslie)  
6:00pm Total Body Barre (Deanna)

Wednesday

9:30am Barre 60 (Deanna)  
6:15 Battlerope Suspension Training (Jose)  
6:45pm Spin45 (Sam)  
7:30pm Battlerope Suspension Training (Jose)

Thursday

9:45am Spin 45 (Sam)  
6:45pm Barre Cardio Sculpt (Deanna)

Friday

9:45am Barre 60 (Deanna)  
5:15pm TRX Spin (Sam)

Saturday

8:00am Barre 60 (Deanna)  
9:15am Spin 45 (Ashley)  
9:30am Battlerope Suspension Training (Jose)  
11:30am Intro to Battlerope Suspension Training (Jose)

Sunday

9:00am Spin 45 (Sam)  
9:45am Hot Power Flow Yoga (Alessandra)

1:1 Personal Training available with Dawn or Jose  
1:1 Personal Barre Training available with Deanna

Our instructors:  
Samantha Lutzer, Deanna Murszewski, Dawn Scanga, Jose Matos, Ashley Holmes, Leslie Bazile, Alessandra Scanga  
Inquire at [onthefly3091@gmail.com](mailto:onthefly3091@gmail.com)

\*First time visitors mention this ad to receive a discounted drop in price of \$10 on your first visit!

3021 Rt. 9 Cold Spring, NY 10516

845-265-2833(general inquiries)  
845-264-2840 (for last minute reservations)

Hudson Beach Glass

Hot glass will light you up.

Warm up at Hudson Beach Glass basking in the glow of our 2000° furnace while learning how to make a paperweight.

Call 845 440-0068 to schedule a time

162 Main St, Beacon, NY 12508 845 440-0068

Open daily 10AM - 6PM, Sunday 11AM - 6PM

[www.hudsonbeachglass.com](http://www.hudsonbeachglass.com)

# The Calendar



Above, a sampling of More Good's 50-plus varieties of bitters; right, the More Good line of soda syrups: Ginger Ale, Cassia Kreme and Root Beer.



Photos by A. Rooney

## Beacon Just Got ‘More Good’



More Good's Jason Schuler

*Large new space offers soda syrups, herbs and spices, loose-leaf teas and hopes to become a community hangout*

By Alison Rooney

Like connective tissue, a whole string of new Beacon businesses, prompted perhaps by the opening of the Towne Crier Café a year and a half ago, have opened up not on the east end of Main, nor the west, but at points between. The latest, opening its doors on a frosty Valentine's



Day, is More Good, which, along with its selection of hand-crafted, healthy soda syrup concentrates, bitters, cocktail ingredients, bar accouterments, herbs, spices and teas, is also a meeting place of sorts. A communal table, intended to serve as a community resource for meetings, or just a stop-in for a pot of tea, is open to all, whether purchases are made or not. The large storefront also holds a commercial kitchen prep area, used not only by More Good but other food startups.

There's a newly built bar with seating on the premises, too, though no alcoholic beverages are served. That bar hearkens back to More Good's begin-

nings, as the germination of this and More Good's line of syrups, which it has been wholesaling for a couple of years, began with owner Jason Schuler's stint behind the bar at Gleason's in Peekskill not so long ago.

A 20-year veteran of the bar and restaurant business — his first job was as a busboy, Schuler, who grew up in Hopewell Junction, said he “worked in bars and restaurants my whole life, trying to figure out what I would do with my life; meanwhile I was in training and didn't know it — I get enjoyment seeing other people enjoying themselves.”

Schuler cut his teeth in the cocktail industry during a stretch living in L.A., where he said he “learned the history and culture of mixology, and how to make great cocktails with (To page 11)

## Foodshed Talk Stresses Importance of Farming in Hudson Valley

*Demand for local produce means protecting land for farming*

By Brian PJ Cronin

The evening began with bad news. “I know you all probably thought we'd be drinking beer here tonight,” joked Steve Rosenberg, Scenic Hudson's senior vice president, as he stood in the red barn known as the River Center on the shores of the Hudson River at

Beacon's Long Dock Park on Feb. 17. Alas, even though the event was titled “Local Beer via the Hudson Valley Foodshed,” Rosenberg sadly explained that there would be no tastings tonight, and that the intrepid souls who had arrived bearing fresh growers from Beacon's 2 Way Brewing Company with the intent of sharing them with the ample crowd would have to refrain.

It was the only sour note on a night filled with optimism as Rosenberg and



Farmland conserved by Scenic Hudson on Kerley Corners Road, Red Hook Photo by Robert Rodriguez Jr.

Emily Watson of Plan Bee Farm Brewery in Fishkill spoke about the Foodshed Conservation Plan, its many benefits to the Hudson Valley and how the foodshed

is supporting the emerging craft beer revolution overtaking the area. Their lecture was the first in a series of Tuesday evening lectures (Continued on page 11)

# The Calendar

Looking for things to do in and around Philipstown?  
Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

## FRIDAY, FEBRUARY 20

### Kids & Community

**Pizza Night and Ice Cream Social**  
4 - 8 p.m. North Highlands Firehouse  
504 Fishkill Road, Cold Spring  
Call 845-265-9595 for takeout.

**Frozen Sing-Along**  
5 p.m. Desmond-Fish Library  
472 Route 403, Garrison  
845-424-3020 | desmondfishlibrary.org

### Film & Theater

**Tournées French Film Festival: Blue Is the Warmest Color (2013)**  
6:30 p.m. Vogelstein Center (Vassar)  
124 Raymond Ave., Poughkeepsie  
845-437-5473 | film.vassar.edu

**Through a Lens Darkly (Documentary, 2014)**  
7 p.m. Bardavon  
35 Market St., Poughkeepsie  
845-473-2072 | bardavon.org

**Almost Maine: A Romantic Comedy**  
8 p.m. The Beacon Theatre  
445 Main St., Beacon  
845-453-2978 | thebeacontheatre.org

**Goblin Market (Musical)**  
8 p.m. Philipstown Depot Theatre  
10 Garrison's Landing, Garrison  
845-424-3900 | philipstowndepottheatre.org

**Boeing-Boeing**  
8 p.m. County Players Theater  
2681 W. Main St., Wappingers Falls  
845-298-1491 | countyplayers.org

### Music

**Open-Mic Night**  
8 p.m. Howland Cultural Center  
477 Main St., Beacon  
845-831-4988 | Sign-up begins at 7:30 p.m.

**Herbcraft**  
8 p.m. Quinn's | 330 Main St., Beacon  
845-831-8065 | quinnnsbeacon.com

**Two Dollar Goat (Bluegrass)**  
8 p.m. BeanRunner Café | 201 S. Division St., Peekskill | 914-737-1701 | beanrunnercafe.com

**Leo Kottke**  
8:30 p.m. Towne Crier Cafe  
379 Main St., Beacon  
845-855-1300 | townecrier.com

**Thrown Together**  
9 p.m. Whistling Willie's  
184 Main St., Cold Spring  
845-265-2012 | whistlingwillies.com

**Jason Gisser**  
9:30 p.m. Max's on Main | 246 Main St., Beacon  
845-838-6297 | maxsonmain.com

**Sailing Stone**  
9:30 p.m. 12 Grapes | 12 N. Division St., Peekskill  
914-737-6624 | 12grapes.com

**Jonny Rosch and Friends**  
10 p.m. The Hudson Room | 23 S. Division St., Peekskill | 914-788-3663 | hudsonroom.com

## SATURDAY, FEBRUARY 21

### Kids & Community

**Cold Spring Farmers' Market**  
8:30 a.m. - 1:30 p.m. St. Mary's Church  
1 Chestnut St., Cold Spring | csfarmmarket.org

**17th Annual Polar Plunge**  
9 a.m. Registration opens | Noon. Plunge  
Sharpe Reservation | 436 Van Wyck Lake Road, Fishkill | polarplungeny.org/fishkill  
To benefit Special Olympics NY

**Apprentice Beekeeping**  
10 a.m. Common Ground Farm  
79 Farmstead Lane, Wappingers Falls  
845-231-4424 | commongroundfarm.org

**Learn & Serve Open House**  
10 a.m. - Noon. Scenic Hudson  
8 Long Dock Road, Beacon  
845-473-4440, ext. 273 | scenichudson.org

**Secret Lives of Venomous Snakes**  
10 a.m. Wildlife Education Center  
25 Boulevard, Cornwall-on-Hudson  
845-534-7781 | hhnaturemuseum.org

**Free Admission**  
5 - 8 p.m. Mid-Hudson Children's Museum  
75 N. Water St., Poughkeepsie | mhcm.org

**Minecraft Mania (grades 3-5)**  
5:30 - 7 p.m. Butterfield Library  
10 Morris Ave., Cold Spring  
845-265-3040 | butterfieldlibrary.org

### Sports

**Army vs. American (Men's Basketball)**  
3 p.m. Christl Arena, West Point  
845-938-2526 | goarmysports.com

### Art & Design

**Cabin Fever Workshop: Introduction to Watercolor**  
10 a.m. Garrison Art Center  
23 Garrison's Landing, Garrison  
845-424-3960 | garrisonartcenter.org

**Photo Apps Class**  
10 a.m. RiverWinds Gallery  
172 Main St., Beacon  
845-838-2880 | riverwindsgallery.com

**Members Winter Walk**  
2 p.m. Storm King Art Center | 1 Museum Road, New Windsor | 845-534-3115 | stormking.org

**Linda Puiatti: Paintings**  
3 - 6 p.m. RiverWinds Gallery  
172 Main St., Beacon 845-838-2880  
riverwindsgallery.com | Rescheduled from Feb. 14.

**Garrison Art Center Openings**  
Gabe Brown: *Ladder to the Sun*  
Julie Anne Mann: *Rooted / Forest Portraits*  
5 - 7 p.m. 23 Garrison's Landing, Garrison  
845-424-3960 | garrisonartcenter.org

**Howland Library Openings**  
Lynn Sweeney: *Obstructed Memories*  
Markie Baylash: *My Heroes Have Always Been Strong Women* | 5 - 7 p.m. 313 Main St., Beacon  
845-831-1134 | beaconlibrary.org  
Rescheduled from Feb. 14.

### Film & Theater

**Almost Maine: A Romantic Comedy**  
8 p.m. The Beacon Theatre  
See details under Friday.

**Boeing-Boeing**  
8 p.m. County Players Theater  
See details under Friday.

**Goblin Market (Musical)**  
8 p.m. Philipstown Depot Theatre  
See details under Friday.

### Music

**Jazz Vespers**  
5:30 p.m. First Presbyterian Church  
10 Academy St., Cold Spring  
845-265-3220 | presbychurchcoldspring.org

**Buckwheat Zydeco**  
8 p.m. Paramount Hudson Valley  
1008 Brown St., Peekskill  
914-739-0039 | paramounthudsonvalley.com

**Decoda (Chamber Ensemble)**  
8 p.m. Vassar College (Skinner Hall)  
124 Raymond Ave., Poughkeepsie  
845-437-5799 | vassar.edu

**Valentine's Dance**  
8 - 10 p.m. Howland Cultural Center  
477 Main St., Beacon  
845-831-4988 | howlandculturalcenter.org

**Live Music**  
8 p.m. The Depot Restaurant  
1 Depot Square, Cold Spring  
845-265-5000 | coldspringdepot.com

**Richie Goods and Nuclear Fusion**  
8 p.m. BeanRunner Café | Details under Friday

**Luther 'Guitar Jr.' Johnson & The Magic Rockers**  
8:30 p.m. Towne Crier Cafe  
See details under Friday.

**The Differents**  
9 p.m. Whistling Willie's | Details under Friday

**Mike N Ed's Acoustic Adventure**  
9:30 p.m. Max's on Main  
See details under Friday.

**Electric Beef**  
9:30 p.m. 12 Grapes | See details under Friday.

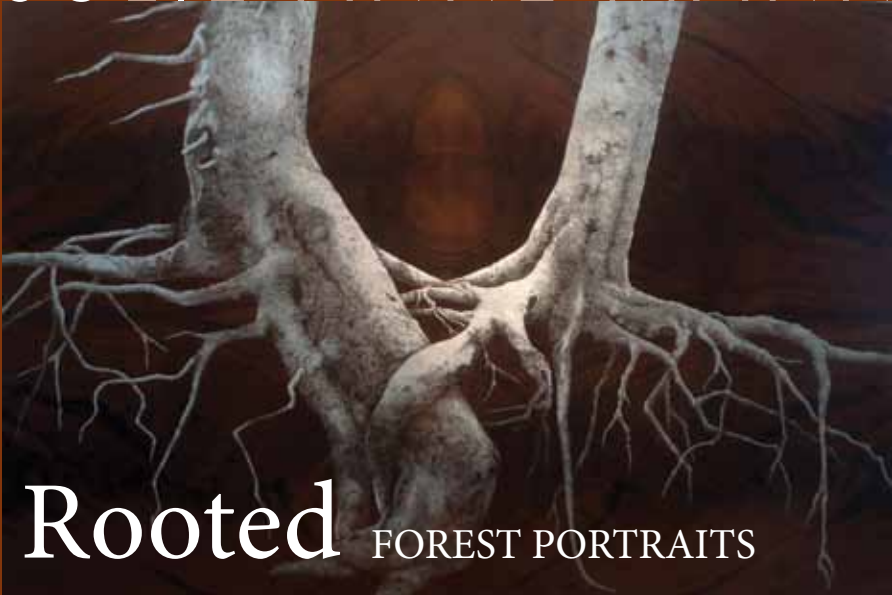
**Joy on Fire**  
10 p.m. Division Street Guitars  
36 N. Division St., Peekskill  
914-737-2630 | divisionstreetguitars.com

**Jonny Rosch and Friends**  
10 p.m. The Hudson Room  
See details under Friday.

### Meetings & Lectures

**Intro to Life Insurance Basics (Talk)**  
1 p.m. Howland Public Library  
313 Main St., Beacon  
845-831-1134 | beaconlibrary.org


JULIE ANNE MANN



Rooted FOREST PORTRAITS

EXHIBITION  
Feb 21 thru Mar 15, 2015

RECEPTION  
Saturday, Feb 21, 5 - 7



GABE BROWN

Ladder to the SUN

paintings


Galleries open:  
Tues thru Sun 10 to 5

Garrison Art Center

THE RIVERSIDE GALLERIES

23 Garrison's Landing  
Garrison, NY 10524

845-424-3960 garrisonartcenter.org




SkyBaby Studio  
Yoga and Pilates


75 Main Street  
Cold Spring NY 10516

845.265.4444


skybabyyoga@gmail.com

www.skybabyyoga.com





River  
ARCHITECTS  
FORM FUNCTION FUN



Architecture | Urban Planning | Passive House  
Sustainable Design | Historic Restoration | Interiors

8 Marion Ave, Suite 3, Cold Spring, NY 10516 845.265.2254 riverarchitects.com

SUNDAY, FEBRUARY 22

Kids & Community

**Hudson Valley Renegades Job Fair**  
10 a.m. - 2 p.m. Dutchess County Stadium  
1500 Route 9D, Wappingers Falls  
845-838-0094 | hvrenegades.com

**Beacon Farmers Market**  
11 a.m. - 3 p.m. Scenic Hudson River Center  
Long Dock Drive, Beacon  
845-234-9325 | beaconfarmersmarket.org

**Fareground Community Pop-Up Cafe**  
Noon - 3 p.m. Beacon Community Resource Center  
23 W. Center St., Beacon  
facebook.com/fareground

Health & Fitness

**Multiple Sclerosis Support Group**  
5 p.m. Cold Spring Healing Arts  
6 Marion Ave., Cold Spring | 415-420-4358

Art & Design

**Hudson Valley Modern Quilting Guild**  
1 p.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

Film & Theater

**Sleeping Beauty Opera/Ballet (Film)**  
2 p.m. Paramount Hudson Valley  
1008 Brown St., Peekskill  
914-739-0039 | paramounthudsonvalley.com

**Goblin Market (Musical)**  
2 p.m. Philipstown Depot Theatre  
See details under Friday.

**Almost Maine: A Romantic Comedy**  
3 p.m. The Beacon Theatre  
See details under Friday.

**Cabin Fever Film Series: Alice Neel and Eric Fischl**  
3:30 p.m. Garrison Art Center  
23 Garrison's Landing, Garrison  
845-424-3960 | garrisonartcenter.org

Music

**Piano Festival: Inon Barnatan**  
4 p.m. Howland Cultural Center  
477 Main St., Beacon  
845-831-4988 | howlandmusic.org

**Traditional Irish Session**  
6 - 8 p.m. Silver Spoon Cafe  
124 Main St., Cold Spring  
845-265-2525 | silverspooncs.com

**Socks in the Frying Pan**  
7:30 p.m. Towne Crier Cafe  
See details under Friday.

Meetings & Lectures

**Peekskill's Unknown African American Heroes (Talk)**  
2 p.m. Peekskill Museum  
124 Union Ave., Peekskill  
914-736-0473 | peekskillmuseum.org

MONDAY, FEBRUARY 23

Kids & Community

**Free Tax Assistance for Seniors & Low-Income**  
10 a.m. - 2 p.m. Howland Public Library  
313 Main St., Beacon  
845-831-1134 | beaconlibrary.org

**Books and Babies Early Literacy Program**  
11 a.m. Desmond-Fish Library  
472 Route 403, Garrison  
845-424-3020 | desmondfishlibrary.org

**Not Your Ordinary Meatloaf (Class)**  
11:30 a.m. & 7:15 p.m. St. Mary's Church  
1 Chestnut St., Cold Spring | chefstefny.com

**Developmental Check-up (ages 2-4)**  
2 - 4 p.m. Howland Public Library  
313 Main St., Beacon  
845-831-1134 | beaconlibrary.org

Health & Fitness

**Supporting Your New Grandchild (Class)**  
4 p.m. Hudson Valley Hospital  
1980 Crompond Road, Cortlandt Manor  
914-734-3257 | hvhc.org/events

Meetings & Lectures

**Book Club: Orphan Train**  
7 p.m. Butterfield Library  
10 Morris Ave., Cold Spring  
845-265-3040 | butterfieldlibrary.org

**Zoning Board of Appeals**  
7:30 p.m. Town Hall | 238 Main St., Cold Spring  
845-265-3329 | philipstown.com  
Rescheduled from Feb. 9

TUESDAY, FEBRUARY 24

Kids & Community

**Howland Public Library**  
10:30 a.m. Baby & Me (ages 0-2)  
4 p.m. Crazy 8s Math Club (grades 3-5)  
313 Main St., Beacon  
845-831-1134 | beaconlibrary.org

**Paint Like the Masters (ages 7-10) (First Session)**  
3:30 p.m. Garrison Art Center  
23 Garrison's Landing, Garrison  
845-424-3960 | garrisonartcenter.org

Kids' Craft Hour (grades 2+)

4 p.m. Desmond-Fish Library  
472 Route 403, Garrison  
845-424-3020 | desmondfishlibrary.org

Meetings & Lectures

**Knitting Club**  
10 a.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

**Highland Garden Club**  
Noon. Butterfield Library  
10 Morris Ave., Cold Spring  
845-265-3040 | butterfieldlibrary.org

**Highland Knitters**  
Noon. Desmond-Fish Library  
472 Route 403, Garrison  
845-424-3020 | desmondfishlibrary.org

**Food + Social Enterprise (Panel)**  
6 p.m. Beahive Beacon  
291 Main St., Beacon  
845-765-1890 | beahivebzzz.com

**Native Pollen Bees: The Unstung Heroes (Talk)**  
6 p.m. Scenic Hudson  
8 Long Dock Road, Beacon  
845-473-4440, ext. 238 | scenichudson.org

**Haldane School Board**  
7 p.m. Haldane School  
15 Craigsides Drive, Cold Spring  
845-265-9254 | haldaneschool.org

**Board of Trustees**  
7:30 p.m. Village Hall | 85 Main St., Cold Spring  
845-265-3611 | coldspringny.gov

**The Ice Harvesting Industry (Talk)**  
7:30 p.m. Cornwall Presbyterian  
222 Hudson St., Cornwall-on-Hudson  
845-534-5506, ext. 204 | hhnaturemuseum.org

WEDNESDAY, FEBRUARY 25

Kids & Community

**Howland Public Library**  
9:45 a.m. Come and Play (ages 0-3)  
3 p.m. Toddler Tales (ages 2-3)  
See details under Tuesday.

(To page 10)

# Jazz and Love

Featuring jazz artist  
**MARTY ELKINS**



**Sat. Feb 21 - 5:30pm**  
First Presbyterian Church  
10 Academy St. Cold Spring

Walk up Main St., turn right at first street past traffic light

Donations gratefully accepted in support of jazz music programming

**Wine + Cheese Reception to follow performance**

# Frances (Fran) Murphy

for Cold Spring Village Trustee

## LET'S GET BACK TO BASICS

Get to know me. I want to know what's on your mind.

Join me for one of two "Meet & Greet" events:

- Complimentary breakfast buffet**  
Wednesday, February 25, 10 a.m.  
Silver Spoon Restaurant, 124 Main St.
- Complimentary hors d'oeuvres**  
Sunday, March 8, 3 p.m.  
The Foundry, 55 Main St.



I love dining at  
*the Garrison*

A memorable dining experience can be found right here in the Hudson Highlands, at The Garrison.



A SWING THING HOSTED BY FISHKILL'S VP ACADEMY LUIS PEREZ  
**Friday, February 27, 2015 • 7:00 pm**  
\$29+ per person: 1 Hour Class with 2 Course Menu  
\$9 per person: class only

VERITY WINE DINNER  
**Friday, March 6, 2015 • 7:00 pm**  
\$79+ per person  
Call for reservations

Dine. Stay. Celebrate. Discover  
845-424-3604 • thegarrison.com



The Calendar (from page 9)

**Desmond-Fish Library**  
10:30 a.m. Music & Motion for Toddlers  
1:30 p.m. Preschool Story Hour  
3:30 p.m. Lego Builders Club  
See details under Tuesday.

**Battle of the Books Informational Meeting (grades 5–8)**  
3:30 p.m. Butterfield Library  
10 Morris Ave., Cold Spring  
845-265-3040 | butterfieldlibrary.org

**Passed Hors d’oeuvres: Swedish Meatballs**  
7 p.m. Philipstown Recreation Center  
107 Glenclyffe Drive, Garrison  
845-424-4618 | philipstownrecreation.com

**Health & Fitness**  
**Diabetes and Nutrition (Talk)**  
1 p.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

**Sports**  
**Army vs. Boston University (Women’s Basketball)**  
7 p.m. Christl Arena, West Point  
845-938-2526 | goarmysports.com

**Meetings & Lectures**  
**Dutchess County State of the County Address**  
5 p.m. Culinary Institute of America  
1946 Campus Drive, Hyde Park  
dutchessny.gov/rsvp

**BeaconArts Annual Meeting**  
6:30 p.m. 2 Way Brewing Company  
18 West Main St., Beacon  
beaconarts.org | Rescheduled from Jan. 28

**Budget Workshop**  
7 p.m. Garrison School  
1100 Route 9D, Garrison  
845-424-3689 | gufs.org

**Recreation Commission**  
7 p.m. Village Hall  
85 Main St., Cold Spring  
845-265-3611 | coldspringny.gov

**Support Groups**  
For a full list of area support groups, visit:  
**philipstown.info/sg**

**Historic District Review Board**  
8 p.m. Village Hall | 85 Main St., Cold Spring  
845-265-3611 | coldspringny.gov

THURSDAY, FEBRUARY 26

**Kids & Community**  
**Howland Public Library**  
10 a.m. Brain Games for Seniors | 10:30 a.m. Pre-K Story Time (ages 3–5) | 3:45 p.m. Lego Club (ages 4+) | See details under Tuesday.

**Free Tax Assistance for Seniors & Low-Income**  
10 a.m. - 2 p.m. Howland Public Library  
See details under Monday.

**Butterfield Library**  
10:30 a.m. Bouncing Babies  
12:30 p.m. Little Bookworms (ages 2.5–5)  
10 Morris Ave., Cold Spring  
845-265-3040 | butterfieldlibrary.org

**Winter Meat and Vegetable Store**  
3 - 6 p.m. Glynwood Farm  
362 Glynwood Road, Cold Spring  
845-265-3338 | store.glynwood.org

**Putnam County Chambers Trailblazers Awards**  
5:30 p.m. Villa Barone Hill Top Manor  
466 Route 6, Mahopac  
845-228-8595 | putnamchamberny.org

**Cold Spring Area Chamber Mixer**  
6 p.m. Doug’s Pretty Good Pub  
54 Main St., Cold Spring  
845-265-3200 | coldspringareachamber.org

**Community Reads: The Misfits**  
6:45 p.m. Haldane Middle School  
15 Craigside Drive, Cold Spring  
845-265-9254 | haldaneschool.org

**Art & Design**  
**Artist’s Talk: Jaanika Peerna**  
7 p.m. Desmond-Fish Library  
472 Route 403, Garrison  
845-265-3652 | desmondfishlibrary.org

**Film & Theater**  
**The London Stage: Macbeth**  
8 p.m. Vassar College (Martel Theater)  
124 Raymond Ave., Poughkeepsie  
845-437-5599 | vassar.edu

**Music**  
**Margaret McDuffie**  
7:30 p.m. Towne Crier Cafe  
See details under Friday.

**Meetings & Lectures**  
**Code Update Committee**  
7 p.m. Village Hall | 85 Main St., Cold Spring  
845-265-3611 | coldspringny.gov

FRIDAY, FEBRUARY 27

**Kids & Community**  
**Free Tax Assistance for Seniors & Low-Income**  
10 a.m. - 2 p.m. Howland Public Library  
See details under Monday.

**Navigating Healthcare Options**  
10 a.m. - 5:30 p.m. Howland Public Library  
313 Main St., Beacon | 800-453-4666  
misn-ny.org. Appointment required.

**4-H Family Fun Over-Night**  
6 p.m. The Maritime Aquarium  
10 North Water St., Norwalk  
845-278-6738 | counties.cce.cornell.edu/putnam

**Swing Dance Class and Dinner**  
7 p.m. The Garrison  
2015 Route 9, Garrison  
845-424-3604 | thegarrison.com

**Art & Design**  
**Group Show: The Big Draw (Opening)**  
6 - 9 p.m. The Catalyst Gallery  
137 Main St., Beacon  
845-204-3844 | catalystgallery.com

**Film & Theater**  
**International Film Night: O’Horten (Norway)**  
7 p.m. Howland Public Library  
313 Main St., Beacon  
845-831-1134 | beaconlibrary.org

**The London Stage: Macbeth**  
8 p.m. Vassar College (Martel Theater)  
See details under Thursday.

**Music**  
**Alexis Cole Ensemble**  
8 p.m. BeanRunner Café | Details under Feb. 20  
**Duke Robillard Band**  
8:30 p.m. Towne Crier Cafe  
See details under Feb. 20.

**Live Music**  
9 p.m. Max’s on Main | See details under Feb. 20.  
**Last-Minute Soul Mates**  
9 p.m. Whistling Willie’s | Details under Feb. 20

**Drew Bordeaux & the Cavalry**  
9:30 p.m. 12 Grapes | Details under Saturday  
**Showtime Dance Band**  
10 p.m. The Hudson Room | Details under Feb. 20


**Meetings & Lectures**  
**Garrison Institute**  
3 p.m. Enlightened Leadership: Becoming a Force for Positive Change (Opens)  
3 p.m. Oppression in the Soma Retreat (Opens)  
14 Mary’s Way, Garrison  
845-424-4800 | garrisoninstitute.org  
**Norma and Peter Stanford: A Dream of Tall Ships (Talk and Signing)**  
5 – 8 p.m. Antipodean Books and Maps  
29 Garrison Landing, Garrison  
845-424-3867 | antipodean.com

ONGOING


**Art & Design**  
Visit philipstown.info/galleries  
**Religious Services**  
Visit philipstown.info/services

**Meetings & Lectures**  
**Alcoholics Anonymous**  
Visit philipstown.info/aa  
**Support Groups**  
Visit philipstown.info/sg

ARCHITECTUREINTERIOR DESIGNPLANNING



LAKESIDE RESIDENCE  
MILFORD, PA



HUDSON DESIGN

...to create enduring architecture which grows more beautiful with time, harbors delightful memories and shelters the spirit.

1949 ROUTE NINE  
GARRISON, NEW YORK 10524  
845.424.4810  
JCOPELAND@HUDSONDESIGN.PRO

WWW.HUDSONDESIGN.PRO

BEACON'S  
BEST BRUNCH  
Every Sat. & Sun. from 10am



"A gem... The Towne Crier takes its food seriously."  
— NYTimes

Friday 2/20 8:30pm  
LEO KOTTKE

Saturday 2/21 8:30pm  
LUTHER "GUITAR JR." JOHNSON  
& THE MAGIC ROCKERS

Sunday 2/22 7:30pm  
SOCKS IN THE FRYING PAN  
from Ireland

Thursday 2/26 7:30pm  
MARGARET McDUFFIE  
& FRIENDS

Friday 2/27 8:30pm  
DUKE ROBILLARD BAND

Saturday 2/28 8:30pm  
STEPHANE WREMBEL

Thursday 3/5 7:30pm  
JESSY CAROLINA  
& THE HOT MESS

Friday 3/6 8:30pm  
HOT CLUB OF COWTOWN

Open Mic Wednesday, 7pm

Tickets and info: townecrier.com • 845-855-1300

Saturday 3/7 8:30pm  
KIM SIMMONDS  
& SAVOY BROWN  
50<sup>th</sup> Anniversary Celebration

Thursday 3/12 7:30pm  
NEW RIDERS  
OF THE PURPLE SAGE

Friday 3/13 8:30pm  
TOM CHAPIN  
WITH THE CHAPIN SISTERS & FRIENDS  
70<sup>th</sup> Birthday Concert

Sunday 3/15 7:30pm  
BREWER & SHIPLEY  
guest MISTER ROPER

Thursday 3/19 7:30pm  
THE NARROWBACKS  
and JAMESON'S REVENGE

Saturday 3/21 8:30pm  
CLANCY TRADITION

Friday 3/27 8:30pm  
MATT MARSHAK BAND

OPEN FOR BRUNCH, LUNCH AND DINNER

Wed. from 4pm • Thu. & Fri. from noon • Sat. & Sun. from 10am

Kitchen closes 9:30pm (Fri. & Sat. at 10:30pm)

Closed Mon. & Tue.

## Beacon Just Got ‘More Good’ *(from page 7)*

real ingredients — the art form of what cocktails used to be.”

On returning to this area, he wound up at Gleason’s, which he enjoyed because “it was far enough away from New York City that I was able to educate people. They’d ask questions and engage in dialogue about how things were made; there was a genuine interest.”

While at Gleasons, Schuler fine-tuned his syrup making, and in December 2012 he was asked by a regular if he could make 12 bottles of his syrup for purchase as Christmas gifts for friends and family. “I said yes. It was a lightbulb moment. That night, I pitched my idea to a friend, and with a \$2,000 investment I started my business, taking orders from behind the bar, and it took off from there.”

The core of the business is the soda syrups, which can be used as a cocktail ingredient, seltzer flavoring or as a healthy soda-like substitute. All of the spices used are crushed by mortar and pestle and are organic. There are currently three flavors, Cassia Kream, Ginger Ale and Root Beer, with two “testers” — lemon/lime and orange — likely to appear soon.

Schuler’s concept of the business has included one stipulation from the start: “The company has to have a huge philanthropic component. The bottom line is that we want to help take care of the community and the planet.”

Determining that a charity focused on water would fit in best with what More Good was creating, Schuler started researching and found generosity.org, a nonprofit dedicated to ending the clean water crisis in developing countries, one community at a time.

“Over a billion people don’t have access to clean water,” Schuler said. “We

reached out to them and made a promise to donate at least \$4,000 a year to them plus 10 percent of our net profit. In our first year we raised over \$6,000, and then last year we decided on a one-day fundraising event, where we raised \$17,000 in 24 hours through the community; we provided a platform for people to do inherently what they want to do.”

### Whole Foods

Lately the business has escalated after Whole Foods decided to stock More Good products. “We started with Whole Foods last June, with just one store, in Albany. Then we got their flagship store in Brooklyn in July, all seven Manhattan stores in November, and we’ll be supplying the whole Northeast from March onwards. So in less than a year we’ve gone from one to 32 Whole Foods stores,” Schuler explained.

During More Good’s first year, they opened up a “tester” 200-square-foot retail store across from Homespun further west along Main Street. Initially a spice station, they added in bar supplies and quickly outgrew that space. The larger space was needed for more production room, of which they have an ample supply now, with a large portion of the new space devoted to the kitchen and dry storage area, which is open to view on one side.

The kitchen serves not only More Good, but other local food businesses, including Cold Spring retailer/wholesaler Go-Go Pops. Schuler, who said there is a “need for a community commercial kitchen,” envisions it as a “full incubation services kitchen, a place for getting ideas to market. We will offer really reasonable hourly rates, which will make it accessible to very small food businesses just starting out or expanding.”



Shelves, soon to be filled with books, overlook a community table at More Good.  
*Photo by A. Rooney*

Schuler said he chose Beacon as his base of operations after initially considering Brooklyn. He’s glad that he did: “It’s a cool, vibrant community, and we’re happy to be here.”

The new space was empty, and More Good was able to design it to their own specifications and construct much of their furnishings with reclaimed, donated wood and other materials, examples being the bar, which is made from old doors that were once used by a friary near Peekskill, and the checkout table, which in its earlier life performed that same duty at the now-closed Nichols Hardware. That one of the More Good business partners is an industrial designer is evident through the stylish, warm, wood-filled interior.

The demands of attention to the wholesaling end of things has meant a delayed opening of this new space, for which a lease was signed in October 2013 with an earlier opening anticipated. “Wholesaling has taken so much time, and we had to sacrifice an earlier

opening to continue growing at the pace we’ve been at,” Schuler explained.

Aside from their own line of soda syrups, all of the other products are retail. Among these are over 50 varieties of bitters, which Schuler described as being “what salt and pepper are to a chef, bitters are to a drink — they accentuate.” Other cocktail-associated products like mixers, boxed water, stuffed olives and maraschino cherries line the shelves in one corner, while a wide sampling of organic, fair-trade herbs and spices — “all of the highest grade possible” — are adjacent, along with an assortment of tea leaves. A line of More Good-blended teas is planned for the future. There are also bar- and food-related books available for sale.

More Good is located at 383 Main St. in Beacon and is open seven days a week, Wednesday through Monday from 10 a.m. to 8 p.m. and Tuesday from 10 a.m. to 3 p.m. For more information, visit [drink-moregood.com](http://drink-moregood.com) or their Facebook page.

## Foodshed Talk Stresses Importance of Farming *(from page 7)*

on local produce that Scenic Hudson will be presenting for the next month at the River Center. Future lectures will focus on native pollen bees (Feb. 24), soil regeneration (March 3), gardening with kids (March 10) and conservation easements (March 24). All lectures run from 6 to 7 p.m. and are open to the public.

While the idea of a watershed is a familiar one, the idea of defining a regional “foodshed” is less well known, even though the concept is over 85 years old. W.P. Hedden, an economist who worked for the N.Y. and N.J. Port Authority, first coined the term in his 1929 book *How Great Cities Are Fed*. Whereas a watershed is primarily tangible — the dikes, dams, slopes and creeks that allow water to converge at a single point — a foodshed is defined not only by the landscape, but by the economic structures and relationships that allow food to travel from the place it’s produced to the cities and towns in which it’s consumed.

The Hudson Valley foodshed is made up of over 5,000 farms that feed the valley itself and New York City. Although the amount of food that the valley supplies to the five boroughs is significant — over 85 percent of the foods featured at New York City Greenmarkets come from the Hudson Valley — it’s nowhere near enough to meet the city’s ravenous demand. According to Rosenberg, recent studies estimate that the monetary value in unmet demand for fresh, local food in New York City is in the neighborhood of \$1 billion. “That’s a big number, and it means a lot to local farmers,” he explained. “If you know there’s this unlimited demand for what you’re producing, that means that

as long as you can produce it economically, hold onto your land and manage the competition, that you can make it because the market is there.”

### Farms need farmers

Tourism and agriculture remain the Hudson Valley’s top two economic engines, so protecting and expanding the amount of farmland available is a critical part of sustaining the foodshed. Through conservation easements, over 80,000 acres of farmland have currently been preserved. With an easement in place, these parcels of land have become permanently restricted to agricultural and associated uses, protecting wildlife and aquifers in the process. But approximately 650,000 acres of farmland in the foodshed remain unprotected. Scenic



The 125th Street Fresh Connect Market, which is the Bronx CSA of the New York City Coalition Against Hunger  
*Photo by Terence Duvall*

Hudson has identified 163,673 acres of that land within nine clusters as the highest priority going forward in terms

of determining what to protect. It won’t be cheap. Scenic Hudson estimates that it *(Continued on page 14)*



**DOWNING**  
film center  
19 Front St., Newburgh, NY  
845-561-3686  
[www.downingfilmcenter.com](http://www.downingfilmcenter.com)

**Now Showing → Thurs., Feb. 26**

# Still Alice

(PG 13)

With Julianne Moore  
(Oscar Nominee for Best Actress 2015),  
Kristen Stewart & Alec Baldwin

**FRI & SAT 3:00 5:30 8:00**  
**SUN 1:30 4:00**  
**TUE & WEDS 7:30**  
**THU 2:00 7:30**

YOUR BEST BET — buy tix ahead at box office  
or at [www.downingfilmcenter.com](http://www.downingfilmcenter.com)

**PHILIPSTOWN  
DEPOT THEATRE**

Philipstown Depot  
Theatre presents:

**Goblin Market**  
**Feb. 20 & 21, 8 p.m. • Feb. 22, 2 p.m. • Tickets \$25**

Cabaret in the Country presents:  
**Aspects of Andrew Lloyd Webber** hosted by Phil Geoffrey Bond  
**Feb. 28, 8 p.m. • Tickets: \$30**

Depot Docs presents:  
**1971** including reception and Q & A with the director after the film  
**March 6, 7:30 p.m. • Tickets: \$20**

Classical Music Weekend: Four Classics

- **Michael Musgrave in Concert • March 13, 8 p.m.**
- **Michael Musgrave Master Class** with students from Vassar, New Paltz and Bard • **March 14, 2 p.m.**
- **Young Artists Evening of Opera, Lieder and More** hosted by Bente Strong • **March 14, 7 p.m.**
- **Trio Jardin:** Rachel Evans on viola, Joy Plaisted on harp, and Anthony Bolotowsky on flute play selections from the classics • **March 15, 4 p.m.**

**www.brownpapertickets.com**  
845.424.3900 • [www.philipstowndepottheatre.org](http://www.philipstowndepottheatre.org)  
Garrison Landing, Garrison, NY (Theatre is adjacent to train station.)



COMMUNITY BRIEFS

(From previous page) tled “Humans for Breakfast.” The emphasis is on the human connection as illustrated through its most prominent feature — a collaborative wall covering using the work of Rebecca Darlington and Donald Alter. Ashey has won two awards from Houzz and has been featured in *Poughkeepsie Journal*, *Hudson Valley Life* and *Chronogram*.

McTernan has been shown in the pages of *Good Housekeeping*, *Woman’s Day* and on HGTV. As a designer and teacher she mixes custom pieces sprinkled with unusual antique and vintage finds, as witnessed in her retail shop in Croton. McTernan brings her chic, cool and casual style to Gallery 66 with a room entitled “Elements of Nature.”

Syrek creates “The Garden of Sumptuous Silence.” This design vignette beckons one to the place of silent, meditative relaxation that only a garden delivers. The elements of this design utilize close-up photographs of insects and small animals by Jane Marcy. Syrek has published award-winning designs showcased in *Westchester Home* magazine and has been a featured designer in showhouses throughout New York and New Jersey.

The opening reception is Friday, March 6, from 6 to 9 p.m. The exhibit is on view March 6 through 29. Regular winter hours are Thursday through Sunday, noon to 5 p.m. For more information call 845-809-5838 or visit gallery66ny.com.

## Diabetes Program at Butterfield Library

*Self-management sessions in March and April*

The Julia L. Butterfield Memorial Library, in Partnership with the Westchester Independent Living Center Health and Wellness Series, presents a Diabetes Self Management Program. This six-week workshop series is for adults age 18 and older who have been diagnosed with diabetes or caregivers for those with diabetes. This workshop is geared for Type 2 diabetes, but persons diagnosed with Type 1 are welcome. Topics to be covered, but not limited to, include: making an action plan, nutrition and healthy eating, stress management, monitoring blood sugar, and working with a health care professional.

This six-week program will take place Tuesday mornings, March 3, 10, 24 and 31 (no class March 17) and April 7 and 14, from 9:30 to 11:30 a.m. in the main reading room of the Butterfield Library. Registration is required; this is not a drop-in program. Information presented each week will build on the previous week’s class. To register, access the Butterfield Library’s online calendar at butterfieldlibrary.org and register on the calendar on the homepage, or call 845-265-3040 and ask to speak with Luanne Morse.

## Actors From the London Stage Perform *Macbeth*

*Vassar offers free performances Feb. 26-28*

Actors From the London Stage is one of the oldest touring Shakespeare theater companies in the world, and they will be performing *Macbeth* at Vassar College Feb. 26-28.

The company has an innovative approach: Five actors perform all the parts in the play, each handling multiple roles. The group tours approximately 16 to 20 colleges and universities each year with the goal of making Shakespeare exciting and accessible to new audiences.

The performances at Vassar are free

and open the public. Each show begins at 8 p.m. in the Martel Theater of the Vogelstein Center for Drama and Film. Reservations are required. Contact boxoffice@vassar.edu or 845-437-5599 to reserve.

Actors From the London Stage performers hail from such stages as the Royal Shakespeare Company and Shakespeare’s Globe Theatre.

For information about accessibility and directions to Vassar’s campus, visit vassar.edu.

## Scenic Hudson Presents Events in March, April

*Gardening for kids, eel monitoring training and lectures*

Scenic Hudson will present several events to the community this spring.

Tuesday, March 10, 6 to 7 p.m. – Engaging Kids Through Gardening (lecture), Scenic Hudson’s River Center, Beacon: After offering basic tips for starting a garden with children, educators from Hudson Valley Seed will demonstrate hands-on projects for garden-based learning and inspiration. Participants will receive a seed starter kit and ideas for beginning a window box or backyard garden.

Saturday, March 21, 10 a.m. to noon – Eel Monitoring Training Day, Black Creek Preserve, Esopus: The Hudson River Estuary Program and Scenic Hudson seek volunteers to monitor eels in Black Creek from March 21 to June 1. Volunteers will learn how to catch, count, weigh and release unharmed these important fish whose populations are declining. Your data may help biologists discover why.

Tuesday, March 24, 6 to 7 p.m. – Conservation Easements: What, Why & How? (lecture), Scenic Hudson’s River Center, Beacon: Scenic Hudson Assistant Land Conservation Director Cari Watkins-Bates and Alex Reese of Obercreek Farm LLC in Wappingers Falls will lead a discussion on conservation easements — what they are, why they’re important for protecting farms and our local foodshed, and who benefits when land is protected through an easement (hint: we all do).

Saturday, April 4, 11 a.m. – 1:30 p.m. – Free Guided History Tours, West Point Foundry Preserve, Cold Spring: Tours will focus on the foundry’s 100-year history, its operations and diverse workforce, and Scenic Hudson’s efforts to protect and interpret the remains of this industrial powerhouse while preserving the land’s natural beauty.

For information on these programs, contact Anthony Coneski at 845-473-4440, ext. 273, or visit scenichudson.org

## Beacon

## Clearwater Starts Online Songwriting Project

*Month-long contest to write verses to climate change song*

Hudson River Sloop Clearwater has launched a unique “Build-a-Song” online project that aims to engage any-and-all comers in helping write a new anthem about climate change.

The organization that folksinger Pete Seeger founded some 46 years ago will employ modern technology to enable old-timey collaboration among musicians and songwriters from — potentially, at least — every corner of the globe.

Clearwater’s music director, Linda Richards, says Build-a-Song provides a new means for musical collaboration, allowing participants to upload their work on one of three easily accessible song-sharing sites. The songwriting process



Clearwater’s Power of Song apprentices

Photo courtesy of Clearwater

starts with a month-long contest to create four verses for an original chorus.

“It is easy, anyone can participate, and we are going to walk you through it,” said Richards, who wrote the chorus for the tune, called “Don’t Walk Away.” Directions for the song writing process and a recording of the chorus done by Clearwater’s Power of Song group is available on clearwater.org, under the banner “Music.”

Participants can pick an online site to record their own original verses and submit them by email before March 20. Richards said 20 finalists will be selected by a jury that includes the Power of Song youth apprentices. “Then, anyone can go online and vote for their favorites, and the winners will become the song,” said Richards, who founded the Power of Song program in collaboration with Seeger, who died last year at 93.

Power of Song will perform the final version of the song at this year’s Great Hudson River Revival festival in Croton-on-Hudson on June 20 and 21.

For more information, contact Linda Richards at linda@clearwater.org.

## Howland Center Presents Women’s Exhibit in March

*Artists honored again this women’s history month*

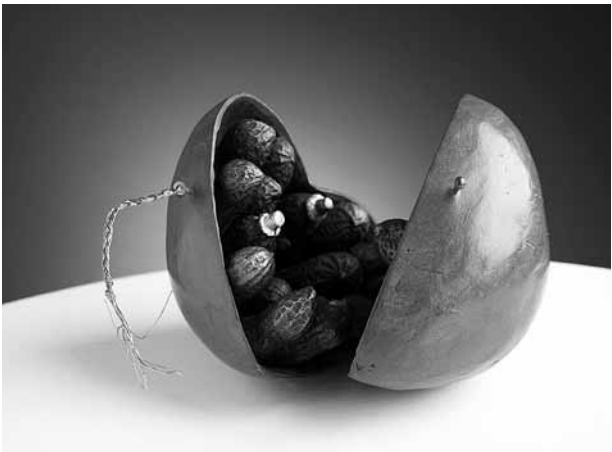
The month of March is officially designated National Women’s History Month, when the nation honors and recognizes women as an important force in American history: in transforming culture, history, politics, as leaders, writers, scientists, educators, historians, artists and much more.

The Howland Cultural Center proudly joins once again in this annual celebration with an exhibition of 34 artists: Gabrielle Bell,

Jennifer Blakeslee, Alissa Corrado, Deb Davidovits, Carolyn De Michel, Virginia Donovan, Regina Dueno, Ronnie Farley, Stephanie Fogarty, Carol Flaitz, Tarryl Gabel, Karen Gersch, MaryAnn Glass, Erica Hauser, Linda Hubbard, Insun Kim, Galina Krasskova, Pat Lane, Helen Lang, Carol Loizides, Basha Maryanska, Bibiana Huong-Matheis, Cynthia McCusker, Jackie Merritt, Susanne Moss, Angelika Rinnhofer, Janet Ruhe-Schoen, Chris Sanders, Teresa Schmittroth, Eleni Smolen, Caitlin Strom, Robyn Tauss, Kate Vikstrom and Catherine Welshman. The artists offer a variety of work featuring paintings, sculpture and photography. This exhibit is another representation of the quality of artistic expression that contributes significantly to the spiraling reputation of Beacon as a mecca for the arts in the Hudson Valley.

The exhibition opens on Saturday, March 7, with a reception from 3 to 5 p.m., to which the public is invited to meet the artists. It will show from March 7 through 29 with gallery hours every Thursday, Friday, Saturday and Sunday, from 1 to 5 p.m. Exceptions to this schedule take place on Sunday, March 8 and 29 for concerts presented by the Howland Chamber Music Circle.

For further information call 845-831-4988 or visit howlandculturalcenter.org. The Howland Cultural Center is located at 477 Main St. in Beacon.



007@72 by Insun Kim Photo courtesy of Howland Cultural Center

Joseph’s Fine Jewelry

Buying Gold, Silver, Diamonds, Coins, etc.  
Specializing in estate jewelry. We buy to resell, not to scrap.

171 Main Street  
Cold Spring NY 10516

• Thursday & Friday 10 a.m. - 4 p.m.  
• Saturday & Sunday 10 a.m. - 5:30 p.m.



Store: 845-265-2323 • Cell: 914-213-8749

# Thinking of Raising Chickens in Your Backyard? (from page 6)

“and I can work with preexisting space or set up something new.”

She arrived in Philipstown almost accidentally — a magazine left in Langley’s New York City mailroom opened to a page displaying an ad from McCafrey Realty got her attention, and soon thereafter she found herself owning a small weekend house in Cold Spring; Sept. 11 prompted her departure from year-round residency there, and circumstances (including meeting her husband Robert) led the former Mount Holyoke art history major and Parsons School of Design interior design graduate to country roads and a life with chickens.

She’s happy about it. “Discovering new information is endless and that’s the fun of it. They’re such nice creatures, you want to do everything for them, and then they will make good eggs. We grow our eggs with love and want to share that passion with others.”

Langley will be presenting at the Cold

Spring Farmers Market on March 7, from 10:30 a.m. to 1 p.m. She’ll be available to answer any questions and to talk to anyone interested in her consulting services. For information on both her

egg deliveries and her consulting services, contact her at 845-705-0259 or [hometoroost.bccs@gmail.com](mailto:hometoroost.bccs@gmail.com), or visit the [chickiewhiskers.eggs](#) Facebook page.

# Foodshed Talk Stresses Importance of Farming (from page 11)

will cost around \$720 million to protect those clusters of farmland in perpetuity. And all that protected farmland is going to need someone to farm it. Local farmers are retiring faster than they can be succeeded by new blood. Rosenberg grimly noted that the average age for a farmer in the Hudson Valley is currently 58.

Fortunately there are some young farmers in the Valley, such as Emily and Evan Watson. They’re the young couple who run Plan Bee Farm Brewery at their farm in Fishkill, although they’ve recently announced an ambitious plan to expand to a 25-acre farm in Poughkeepsie with enough space to increase their current production eight times over.



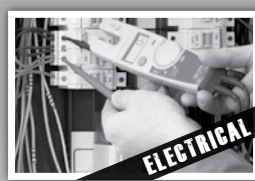

Plan Bee’s beers are unique in that they are entirely dependent on the local foodshed to be produced. “Everyone knows where their local brewery is,” Emily explained. “But those locations are

where they make the beer, and not necessarily where the ingredients come from.” At Plan Bee, 100 percent of the ingredients come from within New York state, with many of them being grown on the farm itself. This includes honey from the farm’s hives that are used in the brewing process. While this would seem to safely qualify the farm’s beers as “local,” for the Watsons it’s not quite local enough. And their goals going forward illustrate the dedication that the next generation of Hudson Valley farmers will need to have in order to act not just as farmers, but stewards of the land.

“Our goal is to reduce the radius of where our ingredients come from over the next few years until I can finally say that I personally planted and processed everything that goes into our beer,” said Emily.

That’s a goal that’s worth raising a glass to — even if that glass can’t be raised at the River Center itself.

## Tired of Ridiculous Utility Bills?




### Which Money-Saving Energy Solution Is Right For You?


Solar Electric  
Solar Hot Water

Solar Pool Heating  
Energy Efficient Boilers

Energy Audits  
Energy Efficient Lighting





CALL FOR YOUR  
FREE ENERGY EVALUATION




Smart Home  
SERVICES

Smart Home Services is a Merger of



BURKE & Mid-Hudson  
PLUMBING SERVICES

845.265.5033 • [SmartSystemsNY.com](http://SmartSystemsNY.com)



LEARN WHICH REBATE CREDIT AND INCENTIVES WORK FOR YOU!

Call Smart Home Services for all Residential & Commercial Needs! ELECTRIC • PLUMBING • HVAC • SOLAR • GENERATORS



## ROYALTY CARPET

YOUR FULL SERVICE FLOORING STORE

*GIVE YOUR FLOORS THE ROYAL TREATMENT*

**Full service flooring:**

- All types of flooring sales and installation — carpet, laminate, hardwood, ceramic tile, & resilient floors

**Carpet, upholstery, ceramic tile & grout cleaning**

**Commercial janitorial cleaning**

**Damage restoration:**

- Restoration of property damaged by fire, smoke or water

Call today to schedule affordable flooring services, occasional and specialty cleaning, or regular janitorial services. You always get a FREE estimate. Payment plans are available.

**Royalty Carpet • 288 Main Street • Beacon, NY 12508**  
845-831-4774 • [royaltycarpetinc@gmail.com](mailto:royaltycarpetinc@gmail.com)

## SERVICE DIRECTORY

### Lynne Ward, LCSW

Licensed Psychotherapist

*Individuals • Couples • Adolescents • Children*

*Addiction Counseling*

75 Main Street  
Cold Spring, NY 10516

[lynneward99@gmail.com](mailto:lynneward99@gmail.com)  
(917) 597-6905

### ROGER GREENWALD, AIA

REGISTERED ARCHITECT

RESIDENTIAL SPECIALISTS

Tel: 845-505-9331  
172 MAIN ST., Beacon, NY 12508

NY License 036259  
[roger@greenwaldarchitects.com](mailto:roger@greenwaldarchitects.com)

[GREENWALDARCHITECTS.COM](http://GREENWALDARCHITECTS.COM)

Open Tuesday - Saturday  
Call for an appointment.

## Deb's Hair Design



845.265.7663  
[deb1954@aol.com](mailto:deb1954@aol.com)  
290 Main Street, Cold Spring, NY 10516

BOARD GAMES • COLLECTIBLE CARD GAMES • ACCESSORIES  
USED & NEW BOOKS • IN-STORE EVENTS



## GROOMBRIDGE GAMES

165 MAIN STREET, COLD SPRING  
845.809.5614 • [GROOMBRIDGEGAMES.COM](http://GROOMBRIDGEGAMES.COM)



845.424.3095

Professional wallcovering  
installations

[www.wallpaperingbyjulie.com](http://www.wallpaperingbyjulie.com)

## ENGLISH + HARMS

SPECIALTY PAINTING

917.626.7564  
[englishandharms.com](http://englishandharms.com)

Faux Finishes, Interior Painting, Design and Color Consultation

### Julia A. Wellin MD PC

Board Certified in Adult Psychiatry  
and in Child and Adolescent Psychiatry

Medication, Psychotherapy, Hypnosis,  
EMDR, Addiction Counseling

*Individuals, Couples, Adolescents*

[jwellinmd@aol.com](mailto:jwellinmd@aol.com)  
Cold Spring Healing Arts  
6 Marion Avenue  
Cold Spring, NY 10516

212.734.7392  
1225 Park Avenue  
New York, NY 10128

## SIMEON LAGODICH

### BUSTER LEVI

GALLERY

121 Main Street, Cold Spring, NY 10516  
[BUSTERLEVIGALLERY.COM](http://BUSTERLEVIGALLERY.COM)

### Cold Spring Physical Therapy PC

John R. Astrab PT, DPT, OCS, MS, CSCS

Medicare, United Health Care, Railroad, Tri-Care, No-Fault, Workers Compensation Insurance Plans Accepted

1760 South Route 9 • Garrison NY 10524  
845.424.6422  
[johnastrab@coldspringnypt.com](mailto:johnastrab@coldspringnypt.com)  
[coldspringnypt.com](http://coldspringnypt.com)

Roots and Shoots

A Horoscope for Your Garden, So to Speak

By Pamela Doan

The *Farmers' Almanac* has always been a little indecipherable to me. Its instructions leave no room for error. It's been continually in print since 1818 and I find its pages of planting wisdom intimidating — what if I'm busy on April 14–15 and plant my vine crops on April 17 instead? Are they doomed?

I do enjoy the sections with household management tips, though, like an easy method to pit an avocado and a home-made solution for weed control (dish soap). In the past 20 years, the *Almanac* is no longer just an annual publication. There is a website, eBooks, a TV show, an email newsletter and social media presence on Pinterest and Facebook.

If you've ever looked at the *Almanac*, it's very specific. Their Gardening Calendar lists the best days for everything from planting to pest control and pruning. For example, it says for Feb. 20–21, "Seeds planted now will grow poorly and yield little." (Agreed, since my garden is underneath 3 feet of snow.) On Feb. 22–23, the *Almanac's* calendar says it is "fine for planting beans, peppers, cucumbers, melons, and other aboveground crops where climate is suitable."

When I interviewed Sandi Duncan, the managing editor, who is the first woman to edit the *Almanac*, I asked her how the calendar is developed and why it is so

absolute about the results of performing various garden duties on particular days. Duncan said: "It's been the *Almanac* tradition forever. What a lot of people believe is that the moon has a pull on the earth, think of the tides, and depending on what phase the moon is in, it pulls the water up to the surface, making the ground more fertile. There's a little folklore in it, but people have followed it and get the best results." While the *Almanac* doesn't guarantee their predictions, they do stand by their time-tested formula.

While they couched their responses to my questions to protect their secret formula, I did learn more about this approach.

**Is everything on the Gardening Calendar based on moon phases?**

"It's not only based on the phase of the moon, but where the moon is located astrologically speaking. Formulas for various activities are either based on the zodiac signs or moon phases or both. Each zodiac sign supposedly has a specific nature/character. They are fruitful (productive) or barren; dry or moist; masculine or feminine; fixed or movable/flexible, earthy, airy, fiery or watery. All of which can enhance, complement, hinder or retard an activity. Same with the moon phases. The various phases can enhance, complement or hinder or have no impact at all on activities. All of which our formula takes into consideration."

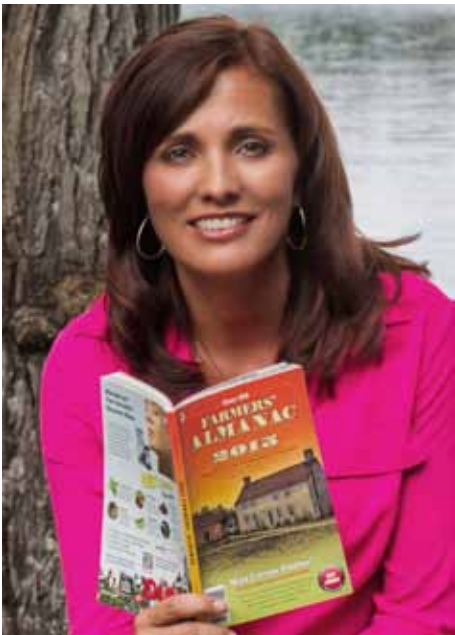
**What is the difference between planting grains and hay on a certain day and aboveground crops at a different time?**

"Based on age-old formulas and beliefs, certain zodiac signs are associated with various gardening chores/planting. For example, if the moon is in Sagittarius it's believed to be a bad time to plant, but a good time to kill plants. So this is how and why certain days suggest aboveground crops and others below."

**What does pest control have to do with moon phases? What makes a barren period?**

"When looking at planting dates our formulas will take into consideration those signs that are best or good and those that are specific to the item being planted (such as hay) and then throw in the proper moon phases and there you see differences in dates when looking at aboveground crops versus hay/grain crops. Same with killing pests. You would follow the fiery, barren signs (Aries is a fiery, barren sign) to ensure the hindrance of future growth or development."

Lunar gardening is described as an ancient tradition, and while I couldn't find anyone I know who uses this method, there are websites devoted to it, and they share similar statements about waxing and waning cycles. The general idea is to plant when the moon is waxing and has the strongest gravitational pull on the



Sandi Duncan, *Farmers' Almanac* editor, with the 2015 annual edition  
Photo by Angimarie Photography

Earth, and to leave plants alone when the moon has waned. That's the time to kill weeds.

I asked Jennifer Stengle, community educator in the Horticulture Program at the Cornell Cooperative Extension in Putnam County, if she knew of any scientific evidence for this method. Stengle said: "None whatsoever, though the lunar calendar did provide a framework of time. The moon has no gravitational effect on something as small as a human, much less as small as a plant." Once again, it all comes down to the soil.

Camera Catches Carrion Carried Off (from page 1)

Mountain Zoo as well as scientific research in Harriman and Bear Mountain State Parks, has reflected upon the advent of trail cameras and what we're learning from the often-surprising images we collect off their convenient SD cards. "We all know a lot about African animals, like lions and other predators, from growing up watching all those nature TV programs. But here in the thickly wooded eastern forest, we really don't know what happens," he said. "One thing that's being revealed," he continued, "is that cryptic animals like bobcats are more common than we thought. We've also seen that multiple species will feed in close proximity to each other, which is certainly not typical. I've seen photos of a fox feeding on one end of a deer and a raccoon on the other. Or eagles and ravens and vultures all within a few yards of each other. The images also give us a sense of how important deer meat is to them, especially during a winter

as cold as this one."

Stowell said that his educators are learning something about the personalities of the animals that come to the carcasses. "Coyotes are shy and careful. They're so smart. They sense that something is weird or different about the setup of the carcasses, so they're not the first to come in to feed. But then they see the crows and the ravens and probably figure it's OK."

Traditional questions and assumptions about dominance and hierarchy are also being pondered. "We put a dead deer in a big open field," said Ed McGowan,

"that we thought would appeal to eagles, and we were thrilled to see a rare golden eagle show up. Then the bald eagles came in, but the golden defended the carcass. Golden's, it turns out, are usually the boss."

McGowan went on to describe a scene

captured on another camera setup that showed an opossum walking straight into a carcass that had already been discovered by a bobcat and a coyote, who were standing just yards away. "He just walked in, impervious, right between them. How about that?!"



A coyote and raven near the Taconic Outdoor Education Center  
Photos courtesy of New York State Department of Parks



A bobcat was photographed at Sterling Forest in Rockland County.

PROPANE ~ THE EXCEPTIONAL ENERGY:

- Versatile
- Economical
- Efficient

- Dependable
- Clean
- Safe

**Downey Energy**

Oilheat • Propane • Diesel

P.O. Box 306, Cold Spring, NY 10516 • Phone: (845) 265-3663 • Fax: (845) 265-4024  
[www.downeyoilny.com](http://www.downeyoilny.com)

Sports

By Peter Farrell

# Philipstown Soccer Club to Host Referee Training Course

The Philipstown Soccer Club (PSC) will host a youth soccer referee course for adults and children age 14 or older, on an upcoming Saturday this spring.

The one-day course is for a Level 8 Certification that allows recipients to referee youth soccer travel games, earning anywhere from \$25 to \$80 per game, depending on the age level of the team. Fourteen-year-olds receive a Level 9 Certification. The PSC has arranged for the Hudson Valley Referee Association to commit on-field mentors for all new referees at games beginning this spring.

With the popularity and growth of soccer in the Hudson Valley, the numbers of games have outpaced the number of qualified referees, so there is a great need for new referees. The PSC plays upwards of 100 home games per year, and neighboring towns add to that number. A qualified referee is almost assured game assignments, based upon their availability on any given Sunday, spring and fall.

The PSC is currently asking interested people to email interest (name and age) to Craig Roffman at [info@philipstown-soccerclub.org](mailto:info@philipstown-soccerclub.org).

The cost of the program is \$225 and includes certification, referee uniforms, cards and flags. In the case that not enough applicants reply, interested applicants will be directed to a nearby class in an adjoining town.

## Share Your Sports News With Our Readers

Please send scores, high-resolution photos, and other sports news to:  
**[sports@philipstown.info](mailto:sports@philipstown.info)**.

Include the name of the photographer, and caption information for photos.



Devyn Kelly, left, Alex Kubik, Madison Chiera and Taylor Farrell advance to the Knights of Columbus regional free-throw competitions. Photo by Peter Farrell

## Free-Throw Winners Advance to Regional Competition

By Dan Dillon, Free-Throw Coordinator, Knights of Columbus

The Knights of Columbus Loretto Council No. 536 sent eight boys and girls to the District 54 Free-Throw Competition, which was held on Feb. 14 at St. Mary's School Gym in Fishkill, and four of them came home winners.

Moving on to the regional competition on Saturday, March 15, at the St. Columba School Gym in Hopewell Junction will be Devyn Kelly, who shot 6 for 25 in the 9-year-old girls' bracket; Madison Chiera, who took the 10-year-old girls' bracket by shooting 15 for 25; Taylor Farrell, who shot 14 for 25 in the 12-year-old girls' bracket; and Alex Kubik, who shot 16 for 25 in the 12-year-old boys' bracket. Each winner in the district competition was presented a medal by the district deputy Nick Longo.

The winners of the regional competition will advance to the Downstate Regional Tournament to be held in late March.



HOULIHAN LAWRENCE



**A RARE FIND**      **\$1,145,000**  
Wild Turkey Woodlands is a perfect weekend getaway or full-time residence on 17 acres in Garrison, N.Y., just over an hour from Manhattan. Bucolic privacy like this is a rare find. WEB# PO1093493 GARRISON



**PRIVATE COUNTRY SETTING**      **\$895,000**  
Filled with style. Three bedrooms, three-and-a-half baths. Exposed beams, massive stone fireplace, gunite pool and spa. Minutes to train. Privacy on 3.5 acres. WEB# PO1119037 GARRISON



**LOVELY HILLTOP HOME**      **\$749,000**  
Stunning four-bedroom Colonial on 2 acres. Wood floor entry opens to living room, den and dine-in-kitchen with granite countertops. Master suite. Pool. Deck. WEB# PO1124184 GARRISON



**SEASONAL RIVER VIEWS**      **\$555,000**  
Generously proportioned rooms and sunset views. Open floor plan living and entertaining spaces. Lower level great room with fireplace and glass doors to patio. WEB# PO1102576 GARRISON



**BEAUTY, WARMTH AND VALUE**      **\$450,000**  
Stunning renovations inside and out. Windows, cabinets and granite counters, appliances, bathrooms, some wood floors, heat/air condition. Decks/views. On almost 2 acres. WEB# PO1101300 GARRISON



**VILLAGE CHARM**      **\$389,000**  
Conveniently located near train station – no need for car. Front porch and back deck. Wood floors, new kitchen, updated electric, System 2000 furnace. Move right in. WEB# PO1119572 COLD SPRING

Cold Spring Brokerage | 60 Main Street | 845.265.5500 | [HoulihanLawrence.com](http://HoulihanLawrence.com)

Local Market Leader. Area's Largest Global Network.  
**PROVEN AND PROVING IT.**

CHRISTIE'S  
INTERNATIONAL REAL ESTATE

## NY Alert

For the latest updates on weather-related or other emergencies, sign up at [www.nyalert.gov](http://www.nyalert.gov).

The Gordon Stewart Concert Series  
presents

# The Serenade Orchestra *Bartok, Mozart & Strauss* performed on 18th/19th century instruments to benefit St. Mary-in-the-Highlands



March 1  
May 17  
June 14

St. Mary-in-the-Highlands Church  
1 Chestnut Street, Cold Spring

March 1, 2015 4 pm

General Admission tickets \$20  
available at [www.brownpapertickets.com](http://www.brownpapertickets.com)  
Supporter tickets \$100, Sponsor tickets \$250  
mail check to St. Mary's, 1 Chestnut St., Cold Spring, NY 10516  
845.265.2539  
[stmaryscoldspring.org](http://stmaryscoldspring.org)