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According to Heather Howard, president of Shepherd's View Animal Sanctuary, to keep animals warm in winter, their calorie intake must double, which in turn doubles the nonprofit's monthly feed bill. See story, p. 3. Photo courtesy of Heather Howard

BOFA Wins Both Village Trustee Seats

Absentee ballots a factor

By Michael Turton

Your vote counts. That's one undeniable lesson to be taken from Michael Bowman and Cathryn Fadde's win in the Village of Cold Spring election for two trustee seats on March 18 (Tuesday). Running as the "BOFA" team, Bowman and Fadde earned 398 and 395 votes respectively in defeating first-time candidate Donald MacDonald and incumbent Matt Francisco, who garnered 378 and 362 votes respectively. Mary Saari, clerk for the Village of Cold Spring, indicated that 1,411 residents were eligible to vote.

For 45 minutes after voting ended, reporters, a few members of the Cold Spring Fire Company and a handful of other onlookers waited rather nervously in the fire hall garage, while next door, election officials went about the business of finalizing (Continued on page 6)

Garrison Board Appoints New Superintendent

By Pamela Doan

The Garrison Union Free School District Board of Education President Raymond O'Rourke announced at the regularly scheduled meeting Wednesday, March 19, that Laura Mitchell had been chosen as the next district superintendent. Following Gloria Colucci's decision to retire last fall, the board had engaged The area Board of Cooperative Educational Services (BOCES) to help identify candidates and a Community Advisory Board of parents, teachers and community members to be involved in interviewing and making recommendations. Dr. Brian Monahan has been the interim superintendent since January.

Mitchell is currently a Beacon resident and will begin her tenure at GUFSD on April 21. Monahan will assist with the transition. O'Rourke described Mitchell as "a leader, mentor and coach with a highly impressive record of academic accomplishment for the Young Women's Leadership School."

Mitchell was a founder eight years ago of the Young Women's Leadership School in Astoria, Queens, and is currently the principal. The school has nearly 600 students in grades 6-12 and is a public school.

Among Mitchell's other distinctions, she was the assistant principal for the Young Women's Leadership School in Manhattan. She has a master's in education with a major in educational administration and also a master's in library science. She was the school library media specialist at the YWLS in Manhattan and at Washington Irving High School. Mitchell's local roots extend back to a few years at Haldane for elementary school.

"She has exactly the right combination of professional and interpersonal skills," said O'Rourke. Mitchell, who was present at the meeting, said, "I'm just so excited to be a part of this district. I'm looking forward to creating partnerships with parents and teachers and community members and doing great things for kids." Board member Theresa Orlandi commented, "I was fortunate enough to visit Laura's school in Queens where we met with teachers and students. It was an incredibly impressive visit. I saw some very innovative things going on in that school, a lot of project-based learning despite all of the constraints that we have. I'm looking forward to the new direction."

Positive financial news

Monahan reported that the 2014-2015 school budget is still in good shape, and they are waiting for the state budget to be passed to finalize it. As of now, all the school's programs will be funded for next year. The state budget is expected to be presented in (Continued on page 5)



Cathryn Fadde and Michael Bowman immediately after hearing of their victory at the Cold Spring Firehouse Photo by K. E. Foley

Deep Dive Reveals Safety Flaws

Metro-North needs to change, says fed report

By Kevin E. Foley

The Metro-North system came under sharp criticism last week by federal elected officials, including Rep. Sean Maloney (D-Cold Spring), as the Federal Railroad Administration (FRA) released its Operation Deep Dive report after an extensive review of the commuter line's operations.

The FRA study was prompted by the December 2013 Sunday morning accident that took the lives of four people and injured 70 more after a southbound train entered a sharp curve at excessive speed just north of the New York City line. Philipstown's James Lovell was among those killed.

On a media conference call on Friday, March 14, Joseph Szabo, administrator of the FRA, summed up the report's conclusions: "The Metro-North railroad is operated with a clear emphasis on on-time performance to the detriment of safety, suffers from inadequate safety training for line workers and in general has a poor safety culture from top management down the line."

Szabo said his agency had deployed 60 technical experts to study all aspects of Metro-North operations over a two-month period. Szabo said FRA had made 21 directed actions to Metro-North that they will be required to carry out. He further said the FRA would hold monthly accountability sessions with Metro-North to evaluate how the actions are carried out. (Continued on page 3)



Laura Mitchell Photo courtesy of Heather Howard

Small, Good Things

Mindful
Awakening

By Joe Dizney

Spring 2014 officially arrived Thursday at 12:57 p.m., but as is typical for this time of year the temperature is consistently schizophrenic. But you can't fool Mother Nature, and signs of life below ground are beginning to reappear. As much as we'd like to rush this process, it's as T.S. Eliot says: The faith and the love and the hope are all in the waiting. This is a time for mindful patience, and with an attitude of quiet awareness we can move cheerfully beyond all that went before and reverentially into a new cycle of warmth, life and growth. I had the good fortune to travel south in late January for a brief escape from the cold. We drove hoping to enjoy the change in flora, fauna and temperature as we traveled, but our first planned stop in Richmond, Va., was greeted by the city's second major snowfall of the season: 5-6 inches of powder from the first (bi-)polar vortex of the season. After the February we've just had, you're probably cynically



Rob's Blistered Carrots With Orange and Mint

Photo by J. Dizney

Rob's Blistered Carrots With
Orange and Mint

Adapted from a recipe by Rob Gabriele; serves 4 as a side dish. (Note: Rob revealed that he usually does this with a combination of carrots and parsnips, which sounds attractive and tasty, but I originally experienced it as a carrots-only dish and still dream about it as such, so...)

- 3 tablespoons unsalted butter or olive oil

1 bunch small carrots, scrubbed, trimmed and leaving ¾-inch green stem intact; split lengthwise if larger than ½ inch in diameter

1 teaspoon raw organic or brown sugar (optional)
- ¼ to ½ cup thinly sliced shallots

Grated zest (1 tablespoon) and juice (¼ to ½ cup juice) of one large orange

2 tablespoons chopped mint

Salt and pepper to taste
1. Heat a large heavy frying pan on high for 3-4 minutes. When the pan is hot, add 2 tablespoons of the butter or oil. Once the butter or oil is hot, add the carrots in a single layer. (If using the sugar, sprinkle it over all. This is to help caramelization.) Continually shake the pan while cooking for approximately 4 minutes longer.

2. Scatter the shallots evenly over the carrots and continue to shake pan and cook for another 3-4 minutes until the carrots and shallots are blistered and charred in spots (but not excessively so).

2. Add orange juice and continue shaking and cooking as before until juice has thickened and coated the vegetables (about one minute). Add last tablespoon of butter or oil, swirl to coat and remove from heat.

3. Add orange zest and stir to distribute. Sprinkle with mint and serve warm.

laughing at this, but for Southerners unaccustomed to such meteorological visitations, this was a game changer. Richmond was significant on our journey as the relatively new home of former Garrison resident, friend and inspiration, Rob Gabriele, happily relocated to escape just this kind of weather and mess. He laughingly picked us up and drove us through the deserted streets to his home for company — human and canine — and a warm, lovingly prepared vegetarian feast. As a cook, I love to see how other people approach food and cooking, and Rob's technique is a perfect extension of his personality: unpretentious, confident, economical, respectful and joyous. This simple side dish spiced with the barest bright splash of orange and mint has stayed with me since. It seems the perfect way to pay an early welcome to the spring-to-come, composed of roots and bulbs to remind us of the new life percolating under the slowly warming ground. About those carrots: although it's not yet the season, the smaller the better. (This is definitely a recipe to remember as the young varietal carrots begin to appear, however distant that may be.) I would typically peel them, but my favored

“It seems the perfect way to pay an early welcome to the spring-to-come, composed of roots and bulbs to remind us of the new life percolating under the slowly warming ground.”

vegetable authorities (Jane Grigson, Deborah Madison, Alice Waters) all suggest that the flavor is concentrated nearest the skin, so a good scrub is preferred to a scrape. Leaving ¾ of an inch or so of the green stems intact is also suggested, which makes for a holistic presentation that evokes the ingredient and its place in the cycle of growth. The idea is to cook them fast and thoroughly but maintain a little crunch. Remind yourself that onions and shallots are of the same botanical family as all blooming bulbs: the snowdrops and crocuses that will shortly appear, the daffodils and tulips soon to follow. These things are both symbolic and real, and although the spring that just officially arrived seems teasingly tentative, this is the nature of life, and it is up to us to be patient and celebrate both the comings and goings of all the seasons.

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Tough Winter for Local Sanctuary Animals

Donations needed as spring arrives

By Michael Turton

It's been the most challenging winter in years — even for the animals at Shepherd's View Animal Sanctuary (SVAS) just outside Cold Spring. Sanctuary President Heather Howard said that the unrelenting cold weather has created an extra burden.

"Food is expensive in winter and it's been tough," she said. "Animals need double the protein to keep them warm." The nonprofit organization receives contributions from local donation boxes; however, Howard said those funds are falling well short of the \$600 a month currently needed for food and veterinarian services. Winter has also wreaked havoc with the site's small shelters and barns, which she said are in need of

spring repairs.

According to Howard, the sanctuary's most immediate need is cash donations. She said food is sometimes donated, but cash contributions enable her to buy the best and most food at bulk rates. Funds are also needed for materials for barn repairs, as are volunteers with carpentry skills to help with the work. Donations and inquiries can be made directly via the sanctuary's Facebook page facebook.com/shepherdsvianimalsanctuary. Checks made payable to Shepherd's View Animal Sanctuary can also be mailed to SVAS at 61 Torchia Road, Cold Spring, NY 10516. Tax receipts are provided.

The sanctuary was established in 2011 to aid domestic, farm and exotic animals in need of a home. "Right now we have ducks, chickens, dogs, cats, goats and sheep," Howard said. "Our newest resident is a 27-year-old severe macaw." There are also nine adolescent domestic

rabbits onsite that she said need a home and are ready to be rescued by qualified families.

Asked why she created the sanctuary, Howard said, "I just love animals — and especially helping the ones that can't help themselves. Not just with my voice but by tending to God's creatures day to day."

The sanctuary's food needs are as varied as the creatures that live there. "We use strictly nutritious food, including fresh produce, organic grains, dog and cat food, rabbit and duck pellets, and chicken feed," Howard said. "And also a slew of vitamins and minerals, especially in winter."

Cold Spring veterinarian Dr. Peter Bach serves on the SVAS board. "It's a unique kind of shelter that deserves to be supported," he said. "It provides a permanent home for animals that need



Photo by Michael Turton

it, and it's not in competition with SPCA shelters."

Howard said that the sanctuary is planning an open house this spring "so that the community can come and see what we're all about." Normally, visits are by appointment only.

Deep Dive Reveals Safety Flaws

(from page 1)

Asked about the current status of Metro-North, Szabo said the railroad had become "clearly a safer railroad over the last three months."

All the elected officials, including Sen. Chuck Schumer (D-N.Y.) and Sen. Richard Blumenthal (D-Conn.), made critical comments about the management of Metro-North and the lack of safety training and procedures. They all called on Congress to appropriate President Obama's request for \$825 million dollars to fund the introduction of a positive train control system (PTC) as critical in the prevention of future accidents, on Metro-North.

Maloney recalls Lovell

Maloney agreed with the statements of his colleagues and also added a tone of personal urgency to the discussion when he recalled his visit to the Dec. 1 accident site.

"I just want to refocus everyone on what this (the accident) was like," said Maloney. He described being escorted by a National Transportation Safety Board official down to where bodies were found in the wreckage. He said there were little flags dotting the area.

"And you know what, a couple of days later we were at the funeral of Jim Lovell, whose kids go to school with mine in Cold Spring, and you can't look into the eyes of the Lovell kids and not feel a responsibility to do better. And I want to echo what Sen. Schumer said, that the report confirms our worst fears. But for the Lovell family their worst fears have already been realized. And nothing is going to bring back Jim Lovell, the husband and father who walked out the door on his way to work and never came home.

"We have to move forward in a way that guarantees this doesn't happen again. And I want to tell you that there are real solutions here, and what I am concerned about is that we must not substitute recrimination for progress. There is plenty of blame to go around. I applaud the Deep Dive review for identifying all the things that should be going on that are not going on," said Maloney.

Maloney went on to extoll the virtues of PTC and the necessity of funding its installation on Metro-North and on commuter lines around the country. "We know PTC would have prevented this accident. We need legislation requiring



Photo by K.E. Foley

and funding this.

"Safe enough is not good enough," Maloney concluded.

Metro-North response

In a statement in response to the report, Metro-North's new president, Joseph Guiletti, said: Safety will be this railroad's top priority. I will not allow any Metro-North trains to operate unless it is safe for them to run. We will not run this railroad any other way."

Guiletti said several reforms were already in the works, including installing a PTC system. Among others were:

- "Improve how we train our employees and how we monitor their performance.
- "Implement a confidential close-call reporting system so employees can report safety issues without fear of reprisal.
- "Improve how we inspect our tracks and equipment, and how we perform maintenance on the right of way.

- "Request board approval this month to move forward on installing cameras in all our trains, as the NTSB recently recommended.
- "Buy new equipment, hire the necessary staff, change our management structure and reach out to our partners in labor — all to make this railroad as safe as possible."

LEGAL NOTICE

NOTICE IS HEREBY GIVEN, that upon application duly made by Richard Shea, Supervisor of the Town of Philipstown for an extension of time for the collection of taxes in such town pursuant to §938 of the Real Property Tax Law of the State of New York and it appearing to me that there are good and sufficient reason for extending the time for the collection of such taxes and Tina M. Merando, the Collector of Taxes of such town having paid to me, the taxes collected by her during the period ending on the first day of April, 2014 it is;

ORDERED, that the time for collection of taxes remaining unpaid in the Town of Philipstown be and the same hereby is extended to the first day of May, 2014.

DATED: March 19, 2014

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Tina M. Merando
Town Clerk

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LETTERS TO THE EDITOR

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EPF boosts vitality of communities

Dear Editor:

Mega-storms Sandy, Irene and Lee taught us a very hard lesson: We cannot take our river, open spaces and working landscapes for granted. Preserving these “green” assets is a community and state responsibility. The state primarily invests in protecting these resources through the Environmental Protection Fund (EPF).

The EPF is funded through a percentage of the real estate transfer tax. With a return of \$7 for every \$1 dollar invested, the fund has facilitated a successful track record in protecting drinking water supplies and local family farms, planning for sea level rise and revitalizing downtown riverfronts, saving open space and creating parks, all without raising our taxes. In recent years, inadequate EPF funding

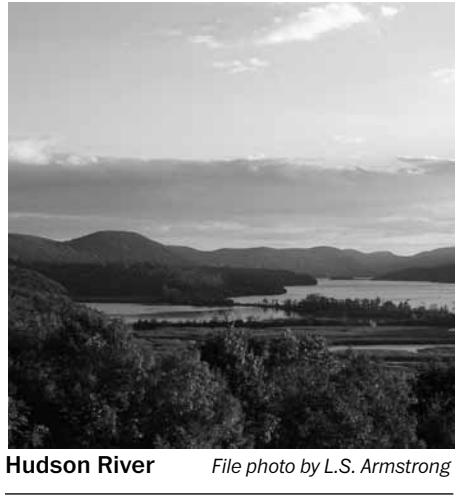
has left these natural treasures vulnerable. With the economy's ongoing turnaround, including the real estate market, it's time to strengthen the EPF so its programs can provide small investments that support collaborative government, nonprofit and business efforts to boost healthy and prosperous communities.

Local and regional plans recognize that a stable financial future depends on further developing the Hudson Valley's outdoor recreation industries, part of the region's \$4.3-billion tourism economy that sustains 80,000 jobs. Increasing investment in the EPF will translate immediately into more local initiatives that provide lasting benefits to local economies.

Please contact our elected representatives in Albany and ask them to support economic development and resource protection by putting \$200 million into the Environmental Protection Fund this year and support increases to Hudson Estu-

ary Management, Protecting Our Open Spaces and Farmlands, and programs that revitalize the Hudson's riverfront.

Andy Chmar
Executive Director
Hudson Highlands Land Trust



Hudson River File photo by L.S. Armstrong

Cold Spring ZBA Revokes C of O for Stone Street Shed

Finds shed violates code

By Liz Schevtchuk Armstrong

Cold Spring's Zoning Board of Appeals last week revoked the certificate of occupancy for the backyard shed at 14 Stone St., finding that the structure, which has pitted neighbor against neighbor, violates village code provisions on setbacks — the appropriate distance for buildings from property lines.

The ZBA declared that the certificate of occupancy “was issued in error because the replacement shed” — the structure in question succeeded an old, decaying shed in the same location — “was constructed to increase the non-conformity of the side-yard setbacks in violation of the village code and is hereby revoked.”

However, while ruling on a crucial point in favor of Andrew Hall and his wife Susan Peehl of 13 Fair St., who raised the setback issue, the ZBA likewise found that the pair “failed to meet their burden of proof with all of their remaining allegations” against the shed.

The ZBA acted in the case March 12 by voting 4-0 to adopt a resolution laying out its conclusions. For two years or more, Peehl and Hall have challenged the shed on various procedural grounds. Built by Paul Henderson and Beth Sigler, it stands kitty-corner behind the Peehl yard.

The latest ZBA meeting proved as contentious as several prior shed discussions, including those at the Village Board of Trustees. Peehl repeatedly interrupted ZBA members as they spoke “and would not stop,” said ZBA member Marie Early, March 19. Eventually, she added, as the disruption continued, “I did, in fact, call the police.” Consequently, Early went on, things settled down and Peehl made a few non-heated remarks during the public-comment period of the meeting.

The latest stage of the conflict began on

Sept. 5, 2012, when Cold Spring Building Inspector William C. Bujarski issued the now-revoked certificate of occupancy — a form of approval for usage. (The Henderson-Sigler shed lacks electricity, running water and insulation and is designed for storage of gardening tools and related items as well as sports equipment, not for residential occupancy.) Shed history, though, dates back to 2008, when one of Bujarski's predecessors granted permission to build the structure, intended as a replacement for the old shed.

According to the ZBA, the old, original shed had a footprint approximately 10 feet wide and 25 feet long, and was single-storied, with a roof about 11 feet high, while the new Henderson-Sigler model is 15 feet high and built atop the previous shed's pre-existing foundation. Erected before the village had a zoning code, the original shed was, before its demise, considered a legitimate but “non-conforming” building, since it did not meet the setback spacing the code demanded.

The ZBA decision observed that the record includes “conflicting evidence presented as to whether the replacement shed ... over-hung, or was larger than the shed's original foundation footprint.” However, it also stated, “the replacement shed has been expanded in violation of Village Code [Section] 134-19(H) which [specifies] that a non-conforming building can be repaired or replaced provided that such action does not increase the degree of, or create any new, non-conformity” under village regulations.

The ZBA added that testimony at a ZBA hearing (which continued for more than a year at odd intervals) and documentary evidence established “that a portion of the replacement shed, i.e., a build-out of the shed's front portion, extends 11 inches in a westerly direction from the shed's original foundation footprint.” The ZBA declared that “the ‘front bump-out’ portion of the replacement



The Stone Street shed, in 2012, when Peehl and Hall complained about it to the Village Board File photo by L.S. Armstrong

shed violates village code because it creates a new area of non-conformity in the side-yard setbacks.”

Early said March 12 “this was the only reason for our finding” and revocation of the occupancy certificate. “The bump-out does not adhere to the side-yard setbacks.” She said that at the meeting, the board informed Henderson that either “he could tear the shed down or make it legal.”

She explained that to make the latter option possible, one approach would be for Henderson and Sigler to seek a new building permit solely for the “bump-out,” a request that almost certainly would be denied by Bujarski, who would advise the couple to go back to the ZBA for a variance, or exemption from the code.

Contacted March 19, Bujarski said, “I have no comment for or against the decision. The ZBA is handling the options available to [the] owners towards compliance.” Going forward, he noted, “I do not have any involvement until the shed is compliant.”

New Cold Spring General Store Prepares to Open

‘Every great town needs a little general store’

By Alison Rooney

Every great town needs a little general store.” So stated Deanna Muraszewski who, with her husband Craig, aims to provide this town with just that, in the form of their new business, Cold Spring General Store (CSGS), opening shortly in the former Old Souls space at 61 Main. (Old Souls, meanwhile, is expanding to larger premises next door.)

CSGS will be stocked with goods that they hope “people will create their connection with,” explained Deanna. There will be an equal mix of perishable and nonperishable goods, most of which will be foods reflective of both Muraszewskis’ backgrounds in the hospitality business. (They met while working in a restaurant.)

“We think of ourselves as locally sourced and mindfully chosen providers ... and we’re trying for all made in the U.S., handmade where possible and telling a story,” said Deanna. Craig added, “We’ve sought out a certain standard of care in terms of the people making the goods. We want products without GMOs or caramel coloring — things to enjoy without feeling guilty.”

2013 was a big year of change for the Muraszewskis. They got married, moved to Cold Spring and decided to start a business. Craig grew up in Carmel, and they had good friends here, resulting in years of visits here from Westchester, where they were living, attending parades and parties, becoming acquainted with the town and feeling it was right for them.

“Every time we came it felt like home,”

said Deanna. But that new home “felt like something was missing, as far as where to go to get locally made things, because there are so many people here and around here making things. Craig and I fell in love through food and we kept feeling there was nothing here which ‘said’ Cold Spring or the Hudson Valley — that’s where the idea for the store came from.”

Their backgrounds in the food and hospitality industries serve them well for this new endeavor — Craig has been working in the hospitality industry since he was 15 and formerly worked at Thomas Keller’s restaurant Per Se in New York City, at the Four Seasons before that and also at hotels. Deanna has a media background, which she can put to use in promoting their business. The restaurant at which they met, Larchmont’s Plates on the Park, was “very much a farm-to-table type of place — we learned so much there; it was at the beginning of that whole movement,” said Deanna.

The timing worked out well in their quest for a small space in which to begin. “It’s ideal to start from,” said Craig. Choosing their stock came naturally to them as “over the years we’ve been known for our lists — of farmers, fisher-



Cold Spring General Store’s Craig and Deanna Muraszewski

Photo by A. Rooney

men, people whom you can call up and say, ‘Hey Bob, I’ve got a customer with me who is interested in ... ’ We have direct links to products, and the people who make those products, and their families.” Deanna calls CSGS “the opposite of a Big Box store.”

Some of their suppliers will be Glynwood Farm, Overcreek Farm for salad greens and Garrison’s Long Hand Farm for vegetables. Perry’s Pickles, found at the Cold Spring Farmers’ Market on Saturdays, will be available at the store, too. The Muraszewskis emphasize that they don’t want to encroach on the Farmers’ Market but see them as complementary, with one a weekend destination of sorts and their store a place to buy some similar items over the week. (They haven’t set their hours yet but expect to be open on the late side to accommodate commuters returning home needing things for dinner.)

They’ll also be stocking other goods in the building right next door, once a garage, which they’ve dubbed “The Barn.” There they’ll have a seasonal selection of things like grill accessories, charcoal, walking sticks, even birdhouses.

Asked if they received “You shouldn’t, because of the slow winters” advice from people before deciding to pursue their business, they both nodded, with Deanna saying, “Oh yes! We had lots of people sharing their insights.” But, while listening, they persevered.

“At the end of the day,” noted Craig, “if the whole community is thriving, people will come, year-round. There are 200,000 people coming to Fahnestock each winter. If we can link up with Glynwood dinners and other things, change can happen. It’s tough to break the mold, but we think it’s possible.”

Plans are for a hard opening on April 1, with a soft opening sometime between now and then. A visit on March 18 revealed shelving made from reclaimed wood salvaged from an early 1800s barn, and a newly built (by Craig) register area, again all wood. Amid boxes of stock yet to be opened were two of the objects they will offer for sale — one a beer growler (bottle to carry beer in) made by Plan B Brewery with 100 percent New York products, from label to hops and, as Craig said, “supporting another family.” The other is the reusable jute Cold Spring General Store Market Bag, handcrafted in Bangladesh as part of the “Bangladesh Project” with a waterproof lining geared toward carrying rinsed vegetables from market to home, with a percentage of

profits directed back to women’s initiatives in Bangladesh.

Other products are displayed on their new Facebook page, including candles from the Bee Man Candle Co., located in New York, and Massaman-curry, peanut-butter sandwich cookies made by Whimsy and Spice of Brooklyn.

Eventually, the goal is to expand and offer prepared foods as well, but for now the Muraszewskis are excited to open their doors to locals and visitors and welcome them to their General Store. Check with their constantly refreshed Facebook and Instagram pages for updates on the opening, and a website will be up and running soon as well.



Photo by A. Rooney

Garrison Board *(from page 1)*

early April. Monahan said, “We are cautiously optimistic we might get a small amount of help from Albany, but it will certainly not be any windfall.”

Monahan also announced that Standard & Poor’s had issued an AA+ credit rating for the district. “This is basically the best rating that a district of this size can get, and it’s certainly a credit to the board and to Sue Huetter [business manager] that the district is in such good financial shape.” The next public hearing on the budget is April 26 at the school.

The board approved new contracts with the Garrison Teachers Association and Related School Personnel. O’Rourke said, “We extend our deep appreciation to everyone involved for settling these contracts in such an expedient manner.” The faculty will receive a 1 percent increase, and the contract was extended with similar terms for one year.



Cold Spring General Store exterior

Photo by A. Rooney

Glynwood's New Farm Business Incubator Seeks Entrepreneurs

Open Space Institute a partner in venture

By Summer Hixson

An ambitious agricultural initiative planned for New Paltz has its roots in Putnam County. Last week, Glynwood, an operational farm and multifaceted nonprofit based in Cold Spring, announced a new business incubator project that will ensure the next generation of Hudson Valley farmers. In partnership with national environmental conservation organization Open Space Institute (OSI), Glynwood is expanding its established farm apprentice program with a new three-year development and training program that provides land and capital to entrepreneurs with viable business plans.

Glynwood's Hudson Valley Farm Business Incubator, to be located on an 856-acre parcel of land on the eastern escarpment of the Shawangunk Ridge, is currently accepting applications and business plans from farmers with a minimum of two years of experience. A priority will be given to livestock-focused enterprises and diversity of farm activity. Following a short review process, three initial entrepreneurs will be notified of acceptance in September. The program, which provides full-time housing, shared equipment and hands-on professional mentoring and training, is set to launch in early 2015. The deadline to apply is June 30, 2014.

"The incubator represents a pioneering effort of an agricultural organization and a land trust organization working together to ensure farm viability in the region," said Kathleen Frith, president of Glynwood. "We believe the project will be instrumental in bringing more

land into production and increasing the number of viable farm businesses in the Hudson Valley, which is critical to achieving our mission of ensuring that farming thrives across the region."

"This will be the first incubator of its kind in the Hudson Valley," said Dave Llewellyn, Glynwood's director of Farm Training. "The capacity to incubate livestock producers makes it distinct nationally. Our partnership with a major land trust opens pathways to long-term land access for our graduates, whereas a lot of programs like this around the country struggle with where to put farmers once they finish the program."

"Ideally, these farmers will develop their businesses to the point where they are profitable or turning toward profitability," Llewellyn continued. "Then we will transition them to the most suitable property for their enterprise, through OSI or a network of other partners we have in this region."

OSI is playing an integral role in starting this endeavor. The organization is leasing the designated land, which is worth millions, to Glynwood for \$1 per year. They are investing another \$500,000 in soil analysis and improvement, and an additional \$350,000 in capital financing for participating entrepreneurs. Two historic farms sit on 330



Glynwood Farm in Cold Spring

Photo by A. Rooney

acres of the incubator parcel. Mohonk Preserve manages the remaining 534 acres.

"OSI will work with graduates of the incubator to address the pressing need of access to land," said Kim Elliman, president and CEO of the Open Space Institute. "By working with farmers on a lease-to-own model, we are hoping that we can match them up with land and get them on that land affordably."

The New World Foundation's Local Economies Project recently announced a similar land-purchase and incubator program in Hurley, N.Y. Hudson Valley Farm Hub is complementary to Glyn-

wood's focus on livestock in that the Farm Hub's emphasis is on large-scale vegetable production. Combined, the two programs show potential for stabilizing independent farming in the Hudson Valley and helping to continue its agricultural heritage.

New applicants will be added annually during the three-year program. Through its Farm Business Incubator program, Glynwood is projecting up to 15 new sustainable farming enterprises over the next five years.

More information and details on how to apply can be found on Glynwood's website, glynwood.org/incubator-how-to-apply.

BOFA Wins Both Village Seats *(from page 1)*

the count. Tallying the votes using electronic voting machines provided by Putnam County took only the push of a button. However, the paper ballots used in absentee voting had to be counted manually, and only after the electronic count had been determined, in order to ensure that no one who submitted an absentee ballot had voted twice. Once that task was completed and verified, the final results were read aloud.

Absentee ballots made a difference

Absentee ballots played a much more significant role than in the 2013 election, when only 37 such votes were cast. In Tuesday's election, more than double that number, 76 absentee ballots, were counted. Bowman and Fadde were the

big winners, collecting 46 and 43 votes respectively from the absentee ballots, while MacDonald and Francisco collected only 26 and 23 votes respectively. Had those numbers been reversed, MacDonald and Francisco would have been the top two vote getters.

Candidates react

Immediately after the results were announced, Bowman told *The Paper* that he is looking forward to working with the new Village Board. "I think it was a very dark election," he said, adding that one of his first priorities will be to "extend an olive branch" to those who opposed him.

Fadde said she felt that BOFA's door-to-door campaign had an impact. "We

talked to a lot of people, and we listened," she said. "And we're not going to let people down."

MacDonald, who chairs the Zoning Board of Appeals, seemed unfazed by the loss. "This was the first time I put myself out there ... and it was a wonderful experience," he said. "I want to thank everyone who voted and all those who supported us."

"I think it was great. It was the democratic process in action ... and there was a big turnout," Francisco said, just minutes after learning that he had not been returned to office. "I'm looking forward to getting back to private life," he said, quickly adding, "but you'll still see me at meetings."

Vindication

The night was vindication for Bowman, who last March promised, "I will be back," after being edged out by only nine votes by Stephanie Hawkins in his first run for the Village Board. Bowman collected 310 votes in 2013. In topping the polls with 398 votes in Tuesday's election, he increased that total by 28 percent. In contrast, when Francisco was elected in 2012, he received 401 votes. The 362 votes he received in 2014 was a 10 percent decline.

The newly constituted Village Board will meet for the first time in early April. According to Saari, the current board will meet at least once and possibly twice before Bowman and Fadde are sworn in.

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The Calendar

Hudson Valley Seed Takes Root in Regional Schools

Educational nonprofit values outdoor classroom

By Alison Rooney

Still a seedling as it approaches its first birthday, Hudson Valley Seed (HVS), a nonprofit founded by Garrison’s Ava Bynum, has thrived and grown tremendously since its inception. With a mission to “establish educational gardens with a nature-based curriculum in Hudson Valley schools,” it has done just that in three schools, with two more set to begin in spring and potentially more in fall, plus a waitlist of nine strong eager to implement HVS’ combination of hands-on gardening and unique, guided curriculum that dovetails with Common Core-mandated standards in science, math, English, art and more.

Bynum’s work began at the Garden Road School in Peekskill, where she was hired as an “inside/outside” teacher and asked to start a garden. She came to understand how “aligned both were and how each belonged in the other.” Bynum realized that “funding and time are obstacles” to teachers coming up with their own garden lesson plans, because “once teachers are done with what is now mandatory, so little time is left for anything else, and things are so easily relegated to afterschool activities and not integrated into the school day.” Other impediments include the growing season, as “plants really grow when school isn’t in session. The solution is a four-season garden — one which produces food and serves as an instructional center.”

Factoring these elements, Bynum set about to take what she learned and apply this to a public school model. What she has come up with is structured with the requirement that each teacher who signs on is required to commit to one classroom hour each week, throughout the school year. Bynum has found that teachers have been “very much on board because it takes all of their skills and gives them an opportunity to apply them to a real-life situation.” This first year, the program was offered to grades K-2, with schools able to utilize it in two or three of these grades. As part of the program, schools must commit that every year they will expand by one grade, so students will never advance and no longer have garden time.

A sample lesson, “seed sorting,” encompasses many disciplines: Children sort pumpkin seeds out and count them, then add seeds collected by the entire class together, thus learning higher addition levels. They progress to multiplication and division using storylines about feeding people and inviting them to a harvest festival.

“So, we bring theoretical math concepts down to a tangible level,” explained Bynum. “Then science is brought in by learning how to cultivate the seeds. They weigh them while wet, then when they are dry, learning about the concept of evaporation. English is brought in by using their powers of observation in comparing and contrasting



A young participant in a Hudson Valley Seed program

Photo by Ellie Lobovits

— describing and recording what they’ve observed in their garden journals.”

“Non-regurgitation means retention,” Bynum said. It’s applicable to high school as well. “Pre-calc has so many fascinating problems,” said Bynum. “For example, in an examination of the parabola we look at low tunnels [where vegetables can be grown in cold weather] as parabolas, then calculate the focal point, where the light reflects through the plastic, where the

concentration of heat is the highest.”

Bynum has developed the lessons from her experience, aided by shared information in the online community, though “often it’s more work to re-work it to your specific needs, and easier to create from scratch.” She continued, “I’ve learned not to walk in with any assumptions ... For instance I told some boys to ‘Go rake’ and discovered them trying to shift leaves with the prongs in the up position. They had never used one

before, and I hadn’t thought about that.”

She’s learned that a group mentality prevails — in a positive way. “If I just said, ‘Try kale’ — there would be resistance, but when a whole class has planted it and watched it grow and wonders what it will taste like together, it engages them in all sorts of hands-on ways and removes barriers,” Bynum said. “With kale, they enthusiastically ate kale and potato soup, and they will eat it again, at (Continued on page 11)

Memories Tapped, Talents Revealed in Writing, Bookbinding Workshop for Seniors

Creative group meets weekly at the Friendship Center

By Alison Rooney

Sometimes you think you don’t remember things, but then you take part in an activity, maybe art or cooking, and it catches you off guard — the memory comes.” So spoke Kathy Curto at a gathering of the Writing and Bookbinding Workshop for Seniors, which is currently at the midpoint of a six-week session at the Friendship Center (senior citizen lunch site) in Cold Spring. Curto, a writer and professor of creative writing at Montclair State University, is conducting this series along with teaching artist Christina DiMarco, under the auspices of the Garrison Art Center and the Cold Spring Lion’s Club to assist seniors in developing a written piece, perhaps a memoir, short fiction or journal entries. This will then be placed into a bound book with a cover of their own design using the ancient Japanese art of *suminagashi*, or “floating on water.”



Kathy Curto, standing, displays an example of how a journal can be used.

Photo by A. Rooney

The group met first with DiMarco to create their covers. Over the course of two-and-a-half sessions, they produced the art then worked to fold and sew the books, binding them into journal-sized form, replete with pockets where photos or other objects can be inserted to further personalize them. For DiMarco,

although she has done many previous bookbinding and marbling workshops at the Art Center, Mill Street Loft and elsewhere, this is the first time she has worked with a writer, and she has continued to attend the workshops beyond her own contribution to them, to see how (Continued on page 11)

FRIDAY, MARCH 21

Hudson Valley Restaurant Week
hudsonvalleyrestaurantweek.com

Kids & Community

Wine Tasting
4 - 7 p.m. Artisan Wine Shop
180 Main St., Beacon
845-440-6923 | artisanwineshop.com

Pizza Night and Ice Cream Social
4 - 8 p.m. North Highlands Fire Department
504 Fishkill Road, Cold Spring
For takeout orders, call 845-265-9595.

Wine & Cheese
5 - 8 p.m. Antipodean Books
29 Garrison's Landing, Garrison
845-424-3867 | antipodean.com

Farm Dinner
6:30 p.m. Glynwood
362 Glynwood Road, Cold Spring
845-265-3338 | glynwood.org

Kids' Night Out
6:30 - 9:30 p.m. All Sport Health & Fitness
17 Old Main St., Fishkill
845-896-5678 | allsportfishkill.com

Health & Fitness

Advanced Stage Cancer Support Group
12:30 p.m. Yorktown Jewish Center
2966 Crompond Road, Yorktown Heights
914-962-6402 | supportconnection.org

Bereavement Support Group
1 p.m. Hudson Valley Hospital
1980 Crompond Road, Cortlandt Manor
914-666-4228 | hvhc.org/events

Budokon Martial Arts Yoga
7 p.m. SkyBaby Yoga
75 Main St., Cold Spring
845-265-4444 | skybabyyoga.com

Gong Meditation
7:30 p.m. Beacon Yoga Center
464 Main St., Beacon
530-386-8343 | movement4life.net

Film & Theater

Westchester Jewish Film Festival
5 p.m. Zaytoun
7:15 p.m. *The Real Inglorious Bastards*
9:15 p.m. *Deceptive Practice* (Ricky Jay)
Jacob Burns Film Center
364 Manville Road, Pleasantville
914-747-5555 | burnsfilmcenter.org

Cabaret (1972)
7:30 p.m. Bardavon
35 Market St., Poughkeepsie
845-473-2072 | bardavon.org

1776 (Musical)
8 p.m. Philipstown Depot Theatre
10 Garrison Landing, Garrison
845-424-3900 | philipstowndepottheatre.org

California Suite
8 p.m. Beacon Theatre
445 Main St., Beacon
845-453-2978 | thebeacontheatre.org

The Calendar

Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

Music

Bluegrass Gospel Jam
7 - 9 p.m. Our Savior Church
1400 Route 52, Fishkill
845-896-2371 | hvbluegrass.org

Line Dancing
7 - 11 p.m. Bear Mountain Inn
55 Hessian Drive, Highland Falls
845-786-2731 | visitbearmountain.com

Alva Anderson Trio
8 p.m. BeanRunner Café
201 S. Division, Peekskill
914-737-1701 | beanrunnercafe.com

Thrown Together
8 p.m. Whistling Willie's
184 Main St., Cold Spring
845-265-2012 | whistlingwillies.com

Los Lonely Boys
8 p.m. Tarrytown Music Hall
13 Main St., Tarrytown
914-631-3390, ext. 100 | tarrytownmusichall.org

The Real Original New York Doo Wopp Show
8 p.m. Paramount Hudson Valley
1008 Brown St., Peekskill
914-739-0039 | paramounthudsonvalley.com

Live Music
8 p.m. Cold Spring Depot
1 Depot Square, Cold Spring
845-265-5000 | coldspringdepot.com

Clancy Tradition
8:30 p.m. Towne Crier Cafe
379 Main St., Beacon
845-855-1300 | townecrier.com

Derek Dempsey
9:30 p.m. Max's on Main
246 Main St., Beacon
845-838-6297 | maxsonmain.com

Higher Animals
9:30 p.m. Dogwood
47 E. Main St., Beacon
845-202-7500 | dogwoodbar.com

Orlando Marin Orchestra (Salsa)
9:30 p.m. 12 Grapes
12 N. Division St., Peekskill
914-737-6624 | 12grapes.com

Meetings & Lectures

Free Computer Help
2 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Women's Leadership Alliance Networking Mixer
6 - 8 p.m. Putnam County Golf Course
187 Hill St., Mahopac
pcwomensleadershipalliance.com

Musical Shabbat
7:30 p.m. Beacon Hebrew Alliance
331 Verplanck Ave., Beacon
845-831-2012 | beaconhebrewalliance.org

Stations of the Cross
6:30 p.m. St. Mary's Episcopal Church
1 Chestnut St., Cold Spring
845-265-2539 | stmaryscoldspring.org
7:30 p.m. Our Lady of Loretto
24 Fair St., Cold Spring
845-265-3718 | ourladyoflorettocs.com

SATURDAY, MARCH 22

Hudson Valley Restaurant Week
hudsonvalleyrestaurantweek.com

Kids & Community

Cold Spring Farmers' Market
8:30 a.m. - 1:30 p.m. Open
St. Mary's Parish Hall
1 Chestnut St., Cold Spring
csfarmmarket.org

Food Pantry
9 - 10 a.m. First Presbyterian Church
10 Academy St., Cold Spring
845-265-3220 | presbychurchcoldspring.org

Recycling Center Open
9 a.m. - 3 p.m. 59 Lane Gate Road, Cold Spring
coldspringny.gov

Seed Sowing Workshop
9 a.m. - 1 p.m. Stonecrop Gardens
81 Stonecrop Lane, Cold Spring
845-265-2000 | stonecrop.org

Baseball Card Show
10 a.m. - 5 p.m. Westchester County Center
198 Central Ave., White Plains
914-995-4050 | countycenter.biz

Snakes Alive Program
10 a.m. Wildlife Education Center
25 Boulevard, Cornwall-on-Hudson
845-534-7781 | hhnaturemuseum.org

Wildlife Rehabilitator's Workshop
10 a.m. - 3 p.m. Teatown Lake Reservation
1600 Spring Valley Road, Ossining
914-762-2912, ext. 110 | teatown.org

Maple Sugar Tours
10:30 a.m. - 3 p.m. Outdoor Discovery Center
100 Muser Drive, Cornwall
845-534-5506 | hhnaturemuseum.org
Tours every 30 minutes.

Beginner Contemporary Dance
11:15 a.m. Beacon Yoga Center
464 Main St., Beacon
347-489-8406 | beaconyogacenter.com



Julie Heckert in rehearsal for 1776, which ends its run at the Depot Theatre March 23

File photo by Amy Dul

Soup Kitchen
11 a.m. Presbyterian Church
50 Liberty St., Beacon
845-831-5322 | beaconpresbychurch.com

Spring Under Glass (Members' Preview)
Noon - 4 p.m. Stonecrop Gardens
81 Stonecrop Lane, Cold Spring
845-265-2000 | stonecrop.org

Meet the Animals
1 & 2:30 p.m. Wildlife Education Center
25 Boulevard, Cornwall-on-Hudson
845-534-7781 | hhnaturemuseum.org

Pet Rabies Vaccine Clinic
2 - 5 p.m. South Putnam Animal Hospital
230 Baldwin Place Road, Mahopac
845-808-1390 | putnamcountyny.gov

The Very Hungry Caterpillar
2 p.m. Tarrytown Music Hall
13 Main St., Tarrytown
914-631-3390, ext. 100 | tarrytownmusichall.org

Wine Tasting
3 - 6 p.m. Artisan Wine Shop
See details under Friday.

Preschool Open House (Members Only)
3:30 - 6 p.m. Outdoor Discovery Center
100 Muser Drive, Cornwall
845-534-5506 | hhnaturemuseum.org

Shabbat Sing-Along (Preschool)
4 p.m. Beacon Hebrew Alliance
331 Verplanck Ave., Beacon
845-831-2012 | beaconhebrewalliance.org

Common Ground Farm Season Kick-Off
4 - 7 p.m. Quinn's
330 Main St., Beacon
845-231-4424 | commongroundfarm.org

Project Code Spring (ages 5-14)
4 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | codespringers.org

Health & Fitness

Cycle for Relay Indoor Fundraiser
8 - 11 a.m. All Sport Health & Fitness
17 Old Main St., Fishkill
845-896-5678 | allsportfishkill.com
To benefit American Cancer Society

(To next page)




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It might even make you laugh, cry, think, feel, and get inspired.

Philipstown.info invites you to nominate yourself as a participant in its celebration of April as National Poetry Month.

Each day in April, our site will feature a new video of a community member reading or reciting a favorite poem, original or borrowed.

To be considered, please send an email to poetry@philipstown.info with your name, address, phone, the text of the poem you've chosen, and a brief description of your connection to Philipstown or Beacon.

We will contact you to arrange the taping.

Our goal is to represent Philipstown and Beacon people and poetry as broadly as possible, but we have a limited number of days and therefore may not be able to include everyone.

“One Poem a Day Won’t Kill You” is a concept borrowed from KRBD Radio Station in Ketchikan, Alaska, which has made this an annual tradition for nearly 20 years.

The Calendar *(from page 9)*

Art & Design

Garrison Art Center

9:30 a.m. - 12:30 p.m. Drop-in Life Drawing & Painting (Short Pose)
5 - 7 p.m. Open Studio Drawing
See details under Sunday.

Muse Monday Open Paint

3 - 8 p.m. Eat. Paint. Love.
331 Main St., Beacon
eat-paint-love.com

Theater & Film

Westchester Jewish Film Festival

2:30 p.m. *Zaytoun*
5 p.m. Fringes: *New Adventures in Jewish Living*
7:30 p.m. *50 Children*
Jacob Burns Film Center
See details under Friday.

Social Justice Film Series: Strong (Documentary)

7:30 p.m. Downing Film Center
19 Front St., Newburgh
845-561-3686 | downingfilmcenter.com

Music

Acoustic Music Jam

7 p.m. Arts on the Lake
640 Route 52, Kent Lakes
845-228-2685 | hvbluegrass.org

Community Chorus

7 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org

Open-Mic Night

7 p.m. Towne Crier Cafe
See details under Friday.

Beginning Guitar (First Session)

7:30 p.m. Garrison Art Center
23 Garrison's Landing, Garrison
845-424-3960 | garrisonartcenter.org

Welf Dorr Unit (Jazz)

8 p.m. Quinn's
330 Main St., Beacon
845-831-8065

Meetings & Lectures

Cold Spring Lions Club

6:30 p.m. Call for location
914-456-9698 | coldspringlions.com

Vet2Vet Support Group

6:30 p.m. Field Library
4 Nelson Ave., Peekskill
914-872-5269 | fsw.org

Beacon School Board

7 p.m. Beacon High School
101 Matteawan Road, Beacon
845-838-6900 | beaconcitcityK12.org

Book Group: Island at the Center of the World

7 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Zoning Board of Appeals (Scheduled)

7:30 p.m. Town Hall
238 Main St., Cold Spring
845-265-5200 | philipstown.com

TUESDAY, MARCH 25

Kids & Community

Philipstown Recreation Center

9 - 11 a.m. & Noon - 2 p.m. Indoor Tot Lot
6:30 p.m. Foot in Mouth Players (ages 12-19)
See details under Monday.

Senior Day Center

10 a.m. - 2 p.m. Mother Lurana House
166 Old West Point Road East, Garrison
845-424-3184 | graymoorcenter.org

Howland Public Library

10:30 a.m. Baby & Me (ages 0-2)
3 - 5 p.m. Drop-in Homework Center (grades 1-8)
See details under Friday.

Rock Painting Workshop

2 p.m - 4 p.m. Beacon Institute
199 Main St., Beacon
845-838-1600, ext. 10 | bire.org
Registration required.

Creative Writing Workshop (grades 6-12)

3:30 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Craft Hour for Kids

4 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Teen Employment Workshop (ages 14-18)

6 p.m. Go-Go Pops
64 Main St., Cold Spring
845-809-5600 | lynn@go-gopops.com

How to Cook Fish (Class)

7 p.m. Ella's Bellas
418 Main St., Beacon
917-803-6857 | homecookingny.com/beacon

Health & Fitness

Red Cross Blood Drive

11:30 a.m. - 7 p.m. West Point
See details under Monday.

Weight Loss Surgery Seminar

6 p.m. Hudson Valley Hospital
1980 Crompond Road, Cortlandt Manor
914-734-3896 | hvhc.org/events

Breast Cancer Support Group

7 p.m. Support Connection
40 Triangle Center, Suite 100, Yorktown Heights
914-962-6402 | supportconnection.org

Sports

Haldane vs. Wappingers (Lacrosse)

4:30 p.m. Haldane School
15 Craigside Drive, Cold Spring
845-265-9254 | haldaneschool.org

Theater & Film

Westchester Jewish Film Festival

1:15 p.m. *Out in the Dark*

3:30 p.m. *Quality Balls: The David Steinberg Story*

6 p.m. *Generation War*

Jacob Burns Film Center

See details under Friday.

Check Please (Dinner Theater)

7 p.m. Cathryn's Tuscan Grill
91 Main St., Cold Spring
845-265-5582 | tuscangrill.com

Beacon Film Society: Visitors (2013)

7:30 p.m. Beahive Beacon
291 Main St., Beacon
beaconfilmsociety.org

Meetings & Lectures

Knitting Club

10 a.m. Howland Public Library
313 Main St., Beacon
845-831-1134 | beaconlibrary.org

Highland Knitters

Noon. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Conservation Advisory Commission

7 p.m. 1 Municipal Plaza, Beacon
845-838-5000 | cityofbeacon.org

Haldane School Board (Budget Discussion)

7 p.m. Haldane School
15 Craigside Drive, Cold Spring
845-265-9254 | haldaneschool.org

Philipstown Recreation Commission

7:30 p.m. Philipstown Rec Center
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

WEDNESDAY, MARCH 26

Kids & Community

Howland Public Library

9:45 a.m. Come & Play (ages 0-3)
10:30 a.m. Toddler Tales (ages 2-3)
3 - 5 p.m. Drop-in Homework Center (grades 1-8)
See details under Friday.

Mah Jongg Open Play

10 a.m. - 1 p.m. VFW Hall
34 Kemble Ave., Cold Spring
845-424-4618 | philipstownrecreation.com

Desmond-Fish Library

10:15 a.m. Music and Movement for Toddlers
1:30 p.m. Preschool Story Hour (ages 3-5)
See details under Tuesday.

Indoor Tot Lot

Noon - 2 p.m. Philipstown Community Center
See details under Monday.

Rivertown Kids Chorus (ages 9-13)

4 p.m. Howland Cultural Center
477 Main St., Beacon
845-264-3393 | rivertownkids.org

Health & Fitness

Breastfeeding Support Group

11 a.m. Hudson Valley Hospital
1980 Crompond Road, Cortlandt Manor
914-734-3896 | hvhc.org/events

Red Cross Blood Drive

11:30 a.m. - 7 p.m. West Point
See details under Monday.

Marge's Knitting Circle for Women with Cancer

6:30 p.m. Support Connection
40 Triangle Center, Suite 100, Yorktown Heights
914-962-6402 | supportconnection.org

Theater & Film

Westchester Jewish Film Festival

2:30 p.m. *The German Doctor*

5 p.m. *The Real Inglorious Bastards with Q&A*

7 p.m. *A Cultural History of Fiddler on the Roof*

(Talk)

Jacob Burns Film Center

See details under Friday.

Wanda Sykes (Comedy)

8 p.m. Tarrytown Music Hall
13 Main St., Tarrytown
914-631-3390, ext. 100 | tarrytownmusicall.org

Music

The People's Choir With Cat Guthrie

7 p.m. Beacon Music Factory
12 Hanna Lane, Beacon
845-202-3555 | beaconnmusicfactory.com

Open Mic Night

7 - 10 p.m. Towne Crier Cafe
See details under Friday.

Open Mic Night

7:30 p.m. Dogwood
47 E. Main St., Beacon
845-202-7500 | dogwoodbar.com

Meetings & Lectures

Budget Workshop

7 p.m. Garrison School
1100 Route 9D, Garrison
845-424-3689 | gufs.org

Zoning Board of Appeals (Scheduled)

7 p.m. Call Village Hall for location
845-265-3611 | coldspringny.gov

Historic District Review Board / Zoning Board (Joint)

8 p.m. Village Hall
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Life Support Group

7:30 p.m. St. Philip's Church
1101 Route 9D, Garrison
845-424-3571 | stphilipshighlands.org

Town Board Workshop (Cell Tower at Landfill)

7:30 p.m. Town Hall
238 Main St., Cold Spring
845-265-5200 | philipstown.com

Cold Spring Recreation Commission (Scheduled)

8:30 p.m. Village Hall
85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

THURSDAY, MARCH 27

Kids & Community

Indoor Tot Lot

9 - 11 a.m. & Noon - 2 p.m.
Philipstown Community Center
See details under Monday.

Howland Public Library

10 a.m. Brain Games for Adults
10 a.m. - 2 p.m. Free Tax Assistance for Seniors and Low Income
10:30 a.m. Pre-K Story Time (ages 3-5)
3:45 - 5 p.m. Lego Club and Block Party
See details under Tuesday.

Senior Day Center

10 a.m. - 2 p.m. Mother Lurana House
See details under Tuesday.

Butterfield Library

10:30 a.m. Bouncing Babies (ages 0-2)
12:30 p.m. Little Bookworms (Preschool)
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Meat & Egg Store Open

3 - 6 p.m. Glynwood Farm (Dairy)
362 Glynwood Road, Cold Spring
845-265-3338 | glynwood.org

Summer Camp Open House

5 - 6:30 p.m. Mid-Hudson Children's Museum
75 N. Water St., Poughkeepsie
845-471-0589 | mhcm.org

PechaKucha Night

5:45 p.m. Socialize
6:30 p.m. Presentations
The Garrison
2015 Route 9, Garrison
845-424-3604 | pechakuchagarrison.com

Ladies Night Out (Fundraiser)

6:30 - 9:30 p.m. Grandview
176 Rinaldi Blvd, Poughkeepsie
845-896-5678 | allsporthealthandfitness.com
To benefit Relay for Life

Be Decadent, Make Marmalade (Class)

7 p.m. Philipstown Recreation Center
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Health & Fitness

Qi Gong/Tai Chi

8:30 a.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Red Cross Blood Drive

11:30 a.m. - 7 p.m. West Point
See details under Monday.

Women's Prenatal/Postpartum Discussion Group

7 p.m. Hudson Valley Hospital Center
1980 Crompond Road, Cortlandt Manor
914-736-7700 | northeastdoulas.com

Adult Co-Ed Volleyball

7:30 p.m. Philipstown Recreation Center
See details under Monday.



Sen. Terry Gipson welcomed the Haldane Blue Devils Volleyball Championship Team to the state Senate March 12.

Photo courtesy of Sen. Gipson

The Calendar *(from page 10)*

Film & Theater

Royal Opera House Live: Don Giovanni

1 p.m. Jacob Burns Film Center
364 Manville Road, Pleasantville
914-747-5555 | burnsfilmcenter.org

Westchester Jewish Film Festival

2:30 p.m. *Fringes - New Adventures in Jewish Living*
5 p.m. *Zaytoun*
7:30 p.m. *The Prime Ministers: The Pioneers with Q&A*
Jacob Burns Film Center
See details under Friday.

Music

Piano Bar Night

7 - 11 p.m. Bear Mountain Inn
55 Hessian Drive, Highland Falls
845-786-2731 | visitbearmountain.com

John and Ray Acoustic Together

7 p.m. Cup and Saucer
165 Main St., Beacon
845-831-6287

Jay Collins

7:30 p.m. Towne Crier Cafe
See details under Friday.

Tenbrooks Molly

7:30 p.m. Dogwood
See details under Friday.

Band of New York

8:30 p.m. 12 Grapes
See details under Friday.

Karaoke Night

9:30 p.m. Max's on Main
See details under Friday.

Meetings & Lectures

Open Gate Sangha Retreat (Opens)

3 p.m. Garrison Institute
14 Mary's Way, Garrison
845-424-4800 | garrisoninstitute.org

Voluntary Simplicity (First Session)

7 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

FRIDAY, MARCH 28

Kids & Community

Indoor Tot Lot

9 - 11 a.m. & Noon - 2 p.m. Philipstown Rec Center
See details under Monday

Howland Public Library

10 a.m. - 2 p.m. Free Tax Assistance for Seniors and Low Income
10 am. - 5:30 p.m. Navigating Healthcare Options
See details under Monday

Fridays at the Farm (ages 2-4): What's in a Seed?

10 a.m. Common Ground Farm
79 Farmstead Lane, Wappingers Falls
845-231-4424 | commongroundfarm.org

ONGOING

Art & Design

Visit philipstown.info/galleries

Religious Services

Visit philipstown.info/services

Meetings & Lectures

Alcoholics Anonymous
Visit philipstown.info/aa

Visit **www.philipstown.info** for news updates and latest information.

NY Alert

For the latest updates on weather-related or other emergencies, sign up at **www.nyalert.gov**.

Memories Tapped in Writing, Bookbinding Workshop for Seniors *(from page 7)*

Curto develops the project.

Throughout the hour-and-a-half-long session, Curto kept things flexible and positive. Participants were invited to read what they had written over the week, or not, if they didn't wish to share. Suggestions were made as to possible forms to use: haiku, letter writing, short stories, six-word memoirs, journaling. "There are lots of ways we can go with this," Curto said. "Even though reading and writing are solitary, they connect us with the world."

In order to provide them with "an appetizer," she played two examples of oral histories from StoryCorps, which she notes as being "a project which embraces the telling of stories, but also the listening to them ... I chose those two because they are both poignant and powerful," she said.

"Where did your minds and hearts go, listening to these stories?" she asked. Addressing a shift in one of the stories, she focused in on it: "At some point in a story that's too ideal, we notice it and search for reality. I happen to believe great pieces of writing bring both the tough and the tender on the page."

The connection between generations and the good that comes between sharing stories was discussed by the group. A woman named Mary, a first-time attendee, said that "getting children to sit down with some kind of recorder and listen to memories would be a great project for them because as we get older we're just 'grandma.' ... It seems to them that we were never young. ... I've given my children journals. I say, 'Write it down before you go to bed.' We think we're going to remember, but you don't — it's gone."

Curto concurred and saw other benefits to it. "When someone is no longer with you, you see glimpses of them in your siblings or even your children. In this age of technology, why not use it to build a bridge with different generations? — develop a desire and appreciation for history." DiMarco then mentioned that her sister, "very thoughtful, did a beautiful interview with my grandma, who now has dementia. We play the tape for her and it brings things back for her."

Marie Van Valkenburg, a retired teacher from Cold Spring, volunteered



Marie Van Valkenburg, retired teacher and new author

Photo by A. Rooney

to read first, sharing a sharply detailed, richly remembered and humorous account of a semi-disastrous, partially-cooked shrimp cocktail-serving adventure: "There I stood, admiring the finished results; everything looked great. My aunt and uncle arrived and were impressed. Suddenly, something was wrong." Van Valkenburg had a tangy twist of a last line to complete her tale and the "audience" applauded. Curto called it "truly a story, with momentum. You gave us important details and avoided assumptions that readers would know what was going on." Participants offered positive assessments as well, one noting, "The conflict made it a story."

Van Valkenburg, who made reference to "going to the A&P in Beacon," grew up in the Bronx and came up to this area in 1955 to teach (first at Haldane, then in Beacon and, finally, at Putnam Northern Westchester BOCES), wanted to create this memoir for her family. "This story has always made my family laugh," she said, explaining why she chose it as her subject. "It's a family joke." Van Valkenburg heard about these classes from her daughter and came to the Friendship Center for the first time because of them. She had thought about

putting things down on paper previously: "There was a time I thought I'd love to write a memoir about teaching — I'd have liked to put it down. I'm happy people enjoyed the story today."

After receiving a sheet of prompts, among them "The smell of a place you love" and "Put your character in the dark. See what happens" and verbal ideas — "Nicknames and the stories behind them," the group read a handout of a poem, "After Our Daughter's Wedding" by Ellen Bass, and discussed it and its resonance in their lives. The class wound down with an examination of the different forms haiku can take, with mention made by Curto that "sometimes it's just as important what you don't put down as what you do," and a reading of a few done as "homework" from the week before: "Cheesecake rising, hot, wafting into dreams, cooling to sweet perfection," read one, and "My new friend Naomi has a granddaughter age 13. Mine's 12 — how great!" Concluding, Curto offered help in scanning photos and formatting with computer software and put forth the idea that some could possibly submit their work to publications — something else she was glad to help them with.

Hudson Valley Seed *(from page 7)*

home." While HVS' focus is on the academic, Bynum sees it as an avenue to nutrition education and advocacy, a critical side benefit.

Now operating at Beacon's South Avenue, Sargent and J.V. Forrestal schools, with 15 teachers working within those schools on the program, HVS will be working with Garrison School in the spring and with Glenham in either spring or fall. An expansion to Newburgh's nine elementary schools is in the works. At Forrestal, in an effort funded by United Way, HVS works in collaboration with Hudson Valley Farm to School and Common Ground Farm to do a three-pronged program. A different vegetable is highlighted every month, and Common Ground Farm visits first, followed by an HVS educator who works with that vegetable. Finally, there is a visit from a professional chef who highlights the vegetable in a meal. That dish is then cooked by Beacon's food service director and served at all the schools. Approximately 2,100 kids vote, determining if they like it. If they do, it gets added to the rotating menu. "Winners" have included kale and

potato soup, butternut squash macaroni and cheese, succotash and beet chocolate cake, while only pumpkin soup failed to find the support it needed to make the menu.

With all this activity in just the first year, HVS is operating at full capacity, and the challenge for Bynum going forward is on trying to figure out how to bring on more educators.

"Right now the program can't expand because we need funding for more educators," Bynum said. "We want to expand to meet demand but also want to document success and establish best practices so that we can scale successfully."

Funding thus far for the nonprofit has come from a mix of foundation and individual support, and each school's contribution varies by district. The Garrison Children's Education Fund has helped support the program at Garrison School.

Working on development has been part of Bynum's learning curve as a young executive director. She is grateful for the mentoring she has received from both Keeva Young-Wright, the president

of Northern Westchester Hospital Foundation, "who has been instrumental in coaching me in development," as well as the network of food and education professionals in the Hudson Valley. "It's so rich, and several individuals have made their time and knowledge available to me to help me carry HVS' mission through," said Bynum.

It helps that the program is "designed to be scalable. The designs for the Hudson Valley can be applied to any Hudson Valley school. Already we have a proven success with an established model." Right now the program is just beginning to measure its success quantitatively. Children are given a simple pre- and post-survey from which HVS analyzes what they are taking away from the program.

"We have lots of informal assessments now," Bynum said, "and hope to have more structured data later in the year, too, both on academics and on healthy eating choices."

For more information, visit hudsonvalleyseed.org or phone 845-419-3871.

COMMUNITY BRIEFS



Director Jennifer McCreery
Image courtesy of Desmond-Fish Library

Desmond-Fish Appoints
New Library Director

Interim Director Jennifer McCreery
chosen to succeed Carol Donick

The Board of Trustees of the Desmond-Fish Library has selected Jennifer McCreery as the new library director. Only the third person to serve in this position in the 34-year history of the library, McCreery succeeds Carol Donick, who moved on to the Kent Library last fall after 17 years in Garrison.

“We feel that in Jen McCreery we have found the ideal leader for the next chapter of the library,” said Hamilton Fish, president of the trustees, in announcing the appointment.

McCreery is already a familiar face at the Desmond-Fish Library, having joined the staff at the circulation desk in March 2013. Prior to her work at Desmond-Fish, she worked in a number of libraries, including the United Nation’s Dag Hammarskjöld Library, New York Public Library, and Santa Barbara Public Library. She holds a master’s degree in library science from CUNY-Queens College. In addition to her library work, she has nine years of experience managing theatrical tours for Radio City’s *Christmas Spectacular* and the Hudson Valley Shakespeare Festival.

“All those summers working under the Shakespeare tent gave me a great affection for this area,” she said. “The Desmond-Fish Library gave me a library card back in 2003 when I was living up the road at Graymoor with the HVSF acting company. When Carol Donick hired me last year, I was thrilled to be back in a community that I know and love.”

After Donick resigned as library director, McCreery served as interim director before being offered the full-time position. “It is challenging work, but it has the same appeal that drew me to librarianship in the first place,” she stated.

More information about the Desmond-Fish Library may be found at desmondfishlibrary.org.

Putnam County Offers
Programs for Child Abuse
Awareness

During April, National Child Abuse Awareness Month, the Putnam County Child Advocacy Center (CAC) is joining National Children’s Alliance and thousands of its members and supporters across the country to bring attention to the issue of child abuse prevention and intervention. The Putnam CAC will once again launch their Blue Ribbon Campaign and encourage county residents to wear blue on Friday, April 4, in recognition and support of victims of child abuse.

The CAC will present the workshop

“Protecting Your Child: Lessons Learned from Sex Offenders” from 9:30 to 11:30 a.m. at the TOPS Center, 110 Old Route 6 on the Donald B. Smith Campus in Carmel.

“Everyone has the ability and responsibility to prevent child abuse,” said Marla Behler, program coordinator of the CAC. “We need to become more educated about how to recognize the signs, how to respond and how to intervene.”

“Protecting our children should be everyone’s top priority. The statistics we see on child abuse are heart-wrenching and unacceptable. This administration is trying to help and so we’ve launched our Putnam County Cares mobile app for Android phones where police emergency contact information is available,” said County Executive MaryEllen Odell.

In addition, the CAC will hold their 9th Annual Children’s Expo & Public Safety Fair on Saturday, April 26. The event is free and open to the public.

Other Child Abuse Prevention exhibit displays will be at the following locations:

- April 1-11: Putnam Hospital
- April 14-18: Mahopac Library
- April 21-25: Julia L. Butterfield Memorial Library, Cold Spring
- April 28-May 2: Health Department and DMV

For more information on local events related to National Child Abuse Prevention Month, visit putnamcountyny.com and under “Departments” select Child Advocacy Center, or visit nationalchildrengalliance.org. Also visit their Facebook page at facebook.com/putnamcac.

Cold Spring Lions to
Celebrate 75th and Honor
the Budney Family

Gala dinner dance at Dutchess
Manor March 28

A gala dinner dance will celebrate the 75th anniversary of the Cold Spring Lions charter and honor Lion Betty Budney and her dedicated family.

Tony Merando and the Crossroads Band will start up the music at 7 p.m. Friday, March 28, at the Dutchess Manor, and the dining and dancing will go on until 10 p.m. Tickets at \$125 can be purchased on the Cold Spring Lions website or by sending a check to Cold Spring Lions, c/o Pam Mac Cluskey, P.O. Box 457, Garrison, NY 10524.

The Cold Spring Lions Club has been actively involved with the Philipstown Community, giving large donations to the restoration of the dock area, Tot Park, Haldane graduation knoll and many other local projects and scholarship programs. For many years, the club has collected eyeglasses and assisted the needy with eye exams and glasses, and has made contributions to Guiding Eyes for the Blind in Yorktown, Vacation Camp for the Blind, Sight First and other programs. In the fall, CSL organized Strut Your Pup for Healing Autism in an effort to increase public awareness of the use of service dogs for children with autism. New this year, CSL is collecting hearing aids for those who don’t have the funds to cover the costs of expensive amplification.

Betty Budney, one of the first women to join the Lions, chaired the Children’s Holiday Wish List and food basket program for many years. She and her late husband Mackey, along with Cathy Greenough, spent hours raising money, purchasing gifts and organizing distribution of gifts for the Children’s Wish List. She joined the Town Board January 1989 and served for over 20 years. She

has also served as past president of the Cold Spring Lions Club and as chair of the Lions See Committee, providing eye-sight testing of Philipstown’s preschoolers.

Mackey Budney, a stalwart of the community and staunch supporter of the Lions Club, served in of the Cold Spring Fire Company No. 1 for over 60 years and was a member of the Board of Governors for over 30 years. He died June 2013.

For more information on the dance, email Adele Stern at ajstern1@gmail.com.

Voluntary Simplicity
Course to Meet at
Desmond-Fish Library

The Northwest Earth Institute’s *Voluntary Simplicity* five-week discussion course will meet from 7 to 8:30 p.m. in the Desmond-Fish Library’s Community Room on Thursday evenings, March 27 through April 24.

Course Description: “Our decisions on how we live and consume are not made in a vacuum. We are affected by the consumer culture and society around us. Voluntary Simplicity helps participants examine how modern society influences our personal choices. Together, you explore how consumption patterns have an impact on you and your relationships, as well as the environment. Discover ways to slow down and live simply.”

Register by March 19 so that the library can order enough copies of the course book. Course participants may borrow the books from the library or purchase a copy to keep for \$25.

Class size is limited to 12 students. Register at the library desk or call 845-424-3020. See more at nwei.org/discussion-courses-2/voluntary-simplicity/.

Registration Open for
4-H Junior Vet Program

In a joint partnership with South Putnam Animal Hospital’s veterinarians in Mahopac, Cornell Cooperative Extension’s 4-H Youth Development Program is sponsoring a six-week Junior Vet Program Series. The series is open to Putnam County youth 9 to 14 years old. Membership in 4-H is not required.

This program will be an introduction to explore a career in the vet sciences with hands-on learning and a chance to shadow local veterinarians. A session of continuous Mondays, 6:30 to 7:45 p.m., begins March 31 and concludes May 12.

A tentative schedule includes a tour of the animal hospital, explanation of equipment, review of requirements to keep pets healthy, discussion of the heart

and other vital organs, and learning of animal body language, animal restraint and safety, and basics of dog training.

The registration fee of \$100 for non-4-H members, or \$70 for 4-H members, will include enrollment and workbook materials. Prior participants are not eligible. Space is limited to 12 on a first-come, first-served basis. Early registration is advised. Only a non-refundable, paid registration will reserve workshop space.

A registration form is available at cce.cornell.edu/putnam. Call 845-278-6738 for more information.

Voxare String Quartet
Returns to Howland

The Howland Chamber Music Circle will present a return engagement of the Voxare String Quartet in a concert of music spanning five centuries.

Voxare’s performances have included appearances at Avery Fisher Hall with the New York Philharmonic, the Guggenheim Museum and Carnegie Hall. The quartet has had performing residencies at Dartmouth College and Columbia University among others; Voxare has also been the quartet-in-residence at New York’s Bagemusic, was featured live on Soundcheck WNYC and had its concerts broadcast on WQXR. Voxare’s performances earned the quartet Chamber Music America’s 2010 ASCAP Award for Adventurous Programming.

For their concert at the Howland Center, the members of the quartet have chosen to play J. S. Bach’s Concerto in D Minor for Two Violins (arranged for string quartet), Arab-American composer Mohammed Fairouz’s *The Named Angels*, and Felix Mendelsohn’s String Quartet, Opus 13.

The concert will take place Sunday, March 30, at 4 p.m. at the Howland Cultural Center, 477 Main St., Beacon, and will be followed by a reception to meet the artists.

Tickets at \$30 (\$10 for students) can be reserved by calling 845-297-9243 or at howlandmusic.org where further information on this and other presentations by the Chamber Music Circle can be found.

Putnam County Gardens
Needed for Fundraiser

Secret Garden Tour set for June 7

Partners With PARC, a nonprofit dedicated to securing the financial future of people with disabilities, will host its annual Putnam County Secret Garden Tour on Saturday, June 7, and gardens



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COMMUNITY BRIEFS



Father and son make prints at the art center.

Image courtesy of Garrison Art Center

are needed for this year's fundraiser.

This garden tour fundraiser, which supports programs and services for children and adults with autism, disabilities and special needs, was named "Best Garden Tour in the Hudson Valley" by *Hudson Valley Magazine*.

The tour, which runs from 10 a.m. to 4 p.m., is a self-guided driving tour of gardens across Putnam County. Tour organizers are looking for unique, memorable and special gardens to profile for this year's tour.

"Building on the success of our past garden tours and our well-known Cold Spring by Candlelight House Tour, we are in need of new and exciting gardens to showcase for this year's Putnam County Secret Garden Tour fundraiser," said Rand Bridget Otten, director of development for Partners With PARC.

A total of 12 gardens are needed. Organizers are looking for formal gardens, charming country gardens, water gardens, alpine gardens, perennial flowering landscapes, rose gardens, and more. Garden owners on this tour will be given a trip for four to Cancun, Mexico (accommodations only, five days/four nights) as an incentive.

To have your garden visited by Putnam County Secret Garden Tour organizers, call 845-278-7272, ext. 2287, or email garden photos to rand_otten@putnamarc.org.

Free Open House at Garrison Art Center

Garrison Art Center announces *Try Your Hand*, an art open house from 10 a.m. to 3 p.m. on Saturday, April 5. The public is invited to visit studios and participate, free of charge, in a variety of art activities designed to please artists and non-artists alike, from toddlers to seniors.

Try Your Hand workshops will be offered as morning and afternoon sessions with activities ranging from pottery, hand-building in clay, 3D paper creations, and printmaking, to marbling, experimental drawing and painting. Visitors are welcome to stay as long as they like, bring a picnic lunch, and spend time

down by the riverside enjoying the view.

In partnership with the Aldrich Museum's annual *Draw On!* community event, the open house will include a workshop for all ages, *Stamping, Printing, Rolling*, to encourage participants to experiment with new ways of making marks using traditional and non-traditional methods.

This open house is made possible, in part, through the Putnam Arts Council's Arts Link Grant Program with funds from Putnam County. Visit garrisonart-center.org or call 845-424-3960. Garrison Art Center is located at 23 Garrison's Landing, Garrison.

Haldane to Hold Baseball/Basketball Fundraiser March 27

On March 27, a Haldane baseball/basketball fundraiser will be held at Max's in Beacon. The cost will be \$60 per person for dinner, drinks and musical entertainment. There will also be some silent auction items. The fundraiser will provide monies for both teams to be summer travel teams. Ten percent of the proceeds will benefit the Haldane Blue Devils' Booster Club. Tickets can be purchased through Coach Tommy Virgadamo at 845-242-2662 or tvirgadamo@haldane.lhric.org.

Juried Photo Exhibition Calls Entries

The Riverside Galleries at Garrison Art Center announces a call for entries to its juried exhibition, *PhotoCENTRIC*, to take place Sept. 13-28.

Amateur and professional photographers alike are invited to submit original images in all photographic mediums: digital, film, alternative processes, pinhole, photograms, black and white or color, and in the People, Nature and Open categories.

Juror Marvin Heiferman, an independent curator and writer, organizes projects about photography and visual culture for institutions such as the Museum of Modern Art, Smithsonian Institution, International Center of Photography,

Whitney Museum of American Art, and the New Museum. A contributing editor to *Art in America*, Heiferman has written for numerous publications, catalogs, monographs and magazines, including *The New York Times*, *Artforum*, *Aperture* and *BOMB*. His most recent book is *Photography Changes Everything* (Aperture, 2012).

The Best in Show award is a \$1,000 prize, and first, second and third prizes will be given in each category; all prizes include images and bios in a book as well as on the Garrison Art Center website.

The entry fee for five images is \$35 by the early entry deadline of May 14; the regular entry fee of \$45 will be charged by the final entry deadline, June 6. For more information on submission guidelines, visit garrisonartcenter.org and go to "Juried Photography."

Audubon Society to Hold Annual Spring Dinner

The Putnam Highlands Audubon Society will hold their Annual Spring Dinner Saturday, March 29, at 5 p.m. at the Taconic Outdoor Education Center. The event begins with a social hour and opening remarks by state Sen. Terry Gipson at 6 p.m., followed by a buffet dinner. The keynote speaker is New York State Department of Environmental Conservation biologist Ron Novak, speaking on northeastern cottontail rabbit conservation efforts. A live auction will end the evening.

This informal but major fundraiser takes place in the park setting of the Highland Lodge at TOEC and provides an opportunity to get together with locals who are interested in birds, wildlife and the natural world. Make reservations to

Paul Kuznia at swixblue@hotmail.com or 845-265-3773, ext. 102. Tickets are \$38 at the door or payable by check to PHAS at PHAS, P.O. Box 292, Cold Spring, NY 10516. PHAS requests that no children under 12 be brought by attendees.

To reach the Highland Lodge, take Route 301 to Dennytown Road (between Taconic State Parkway and Route 9); go 1/4 mile to Indian Brook Road; turn right and go 1/4 mile to Mountain Laurel Lane; then turn left and go 1/2 mile to the lodge.



Northeastern cottontail rabbit in Maine

Photo by A. Rooney

Visit www.philipstown.info for news updates and latest information.




Lynne Ward, LCSW,

is pleased to announce her collaboration with Dr. Julia Wellin, a board certified psychiatrist. Dr. Wellin will be available for Psychiatric Consultation to adults and adolescents, Medication Management, Hypnosis and EMDR. She specializes in the evaluation and management of Depression, Anxiety, Bipolar I and II, and Obsessive Compulsive Disorder. Although Dr. Wellin and I will accept referrals independent of each other, our aim is to provide integrated care when possible. We consider this to be a model of care increasingly rare in our fragmented medical system. Dr. Wellin believes in a holistic approach that includes working with the patient's primary care doctor and psychotherapist, if desired by the patient.

Dr. Wellin is a graduate of Barnard College and Albert Einstein College of Medicine. She completed her residency at Jacobi Hospital, Department of Psychiatry. She has also served on the faculty of Lenox Hill Hospital and Albert Einstein College of Medicine.

Dr. Wellin maintains a private practice in New York City but is excited to begin working with adults and adolescents in the Cold Spring, Garrison and surrounding areas.

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Haldane Girls' Storybook Run Ends in Troy

Lose to Chautauqua Lake
61-39

By Jeffery McDaniel

After four inspiring postseason victories, the storybook run of the Haldane Lady Devils skidded to a halt in Troy in the New York State Class C semifinals. It might be useful to think of a state tournament as a system of caves. In each cave, a dragon waits for you. You win by slaying the dragon. The reward is another cave, with an even bigger dragon inside. On Saturday afternoon at Hudson Valley Community College, Haldane found itself in the ultimate cave, facing a dragon from Chautauqua Lake.

Word on the street was that Chautauqua had several sturdy bigs to watch out

for. Height in basketball is similar to gold; occasionally it's overrated, but it almost always retains value. Chautauqua's bigs definitely put on their hard hats and banged underneath — clogging the paint, altering and blocking shots, gobbling up rebounds, and converting bread-and-butter layups. But the adversary that surprised, the adversary hidden in the proverbial horse, if you will, was guard Courtney Hewes. Now if you saw Hewes walking on the street, you might not expect much — she's an unassuming, almost petite, 5-foot-5 — but she unveiled a bona fide arsenal: a couple right-handed layups after quick-fingered steals, a full-speed, coast-to-coast left-handed layup, and four 3-pointers, including one in the third quarter where she dribbled in transition from half-court to the top of the key and calmly buried a high-arc

ger. You could almost hear the Haldane fans thinking: Are you kidding me? She scored a very loud 19 points, 16 of them coming before halftime, when the tone of the game was being established.

When Chautauqua broke a tough second-half Haldane press with three crisp passes, and then a role player promptly swished a jumper from the foul line extended, with about 6 seconds running off the shot clock, the Haldane faithful had to wonder: Is Chautauqua really this good, or did they perhaps offer up a sacrificial lamb before driving east from Lake Erie to curry favor with the basketball gods and hence are having the game of their lives?

The Haldane girls kept fighting, hustling, persevering. They are a valiant bunch, and they definitely left it all on the court and performed with class and passion and made the whole community proud with their achievement and hustle. Seniors Cali Schweikhart, Jess Harrison and Shauna Ricketts battled under the boards. Freshmen Marissa Lisikatos and Hannah Monteleone scrapped and trapped tenaciously.

But Chautauqua's combination of size, speed, intensity and precision was too much; the three-quarters-court press they systematically employed in the first quarter stifled the flow of the Haldane offense, making it hard to get clean looks and forcing a number of turnovers. Their disciplined, swarming 2-3 zone was also a major nuisance, thanks to their long arms, quick feet and fast hands, making it tough on all the Haldane players, especially star scorer Allie Monteleone.



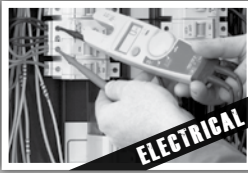

When Allie dribbled past a pony-tailed guard, a very tall defender was always there to meet her. Hands were constantly swiping at her dribbles, and the zone collapsed in on her. In the second half, she did create some space for herself, but shots that would normally drop rolled around the rim like a roulette wheel before trickling out. Hopefully Allie will have a chance to come back to the state tournament next year, when she's a senior, and write herself a different ending, the ending she deserves.

Speaking of writing endings, Senior Sam Lisikatos whipped up a doozy in her last game in a Haldane uniform. Is there a gutsier athlete in Cold Spring than speedy Sam Lisikatos? Last week against Friends, she caught a hard elbow to the cranium, winced and gathered herself for a few minutes, then buried one of the free throws. Against Chautauqua, the combination of her quick release and soft outside touch allowed her to get off shots before the zone could get to her. When Lisikatos looks back on her illustrious high school career, she'll have bittersweet memories of the afternoon in Troy, when she unleashed a heroic performance in a 61-39 losing effort, swishing jumper after jumper, racking up 22 points, the high scorer of the game, earning herself a spot on the All-Tournament team.

The Lady Devils had an excellent year. They won four huge games in the postseason, taking home the sectional and regional banners. Out of the 64 or so teams in the Class C postseason bracket, they made it to the final four, close enough to smell the rose petals of ultimate glory. And they had their hearts broken on a warm Saturday in Troy at the end of a historically cold winter. It is this way with tournaments. The deeper you go, the bigger and stronger the competition. They were slain by Chautauqua Lake, a dragon from 400 miles to the west, a dragon that would win the state championship the following day.

It was a courageous run for the Lady Blue Devils. They made their fans and community and parents proud. They are graduating four strong seniors in Lisikatos, Schweikhart, Harrison and Ricketts. But they have a lot of homegrown talent coming back under the inspiring tutelage of Coach Tyrone Searight. They have the salty flavor of defeat in their mouths, and the cinnamon scent of victory in their noses. And they are developing an appetite for dragon tail.

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Roots and Shoots

The Case
Against Lawns

By Pamela Doan

The Native Plant Center based on the campus of Westchester Community College is a tremendous local resource and advocate for preserving and conserving our native foliage. Every year they host a conference that is attended by landscape designers and architects, managers that oversee public and nonprofit landscapes, and gardeners who want to learn more.

This year’s subject at the March 17 conference was “Creating Landscapes That Sustain Nature.” Presenters ranging from researchers and educators to community project leaders discussed ways that personal landscaping choices impact the well-being and survival of whole ecosystems. The fates of butterflies, bees and other pollinators, birds, and amphibians were the focus.

There were several areas of overlap in the discussions and a great deal of consensus, yet each presentation included a common image of a suburban house set in a large expanse of lawn. It’s a familiar image to all of us and a common style for many of the developments in our area.

All the large trees are removed during development — the oaks, maples, white pines, birch — and then the plot is leveled before the structures are built. Topsoil is brought in at the end and turf grass is planted to create a sweeping acre or two of lawn. A few arborvitae, juniper, or rhododendrons are placed across the front of the house. There might be a birch or a flowering tree in the front yard for color, usually forsythia, a Bradford pear, or Japanese barberry. All a homeowner has to do is hire someone to mow and sign up for annual fertilizer, pesticide and herbicide applications. Landscaping is done. Nature is tamed.

“Another reason to cut back on lawn size is savings in time and money for mowing, which is a source of pollution.”

The problem is, the planting that I just described doesn’t have value to sustain wildlife. Landscaping takes some time and effort; there’s no other way about it. We have the challenge of living in a high-browse area for deer, too.

My big frustration overall with any discussion of sustainable landscapes is that it needs to address a management plan for the deer population. Unless and until deer are managed with a strategy



Forsythia is a prolific bloomer, but take note of how many bees you find in it. Photo by P. Doan

that goes beyond hunting, no garden is sustainable without fencing. Browsing deer have decimated the native foliage in our forests, and it’s impossible to restore. The only things thriving in the forest are the invasive plants that deer won’t eat, like Japanese barberry, knotweed, some mountain laurel, ferns and wild grape. Other invasive plants are starting to take hold, too, as our climate is warming.

Deer are a big reason that we all have the same plants in our yards. We can only plant certain things that the deer won’t eat. Try finding a tulip bed in an unfenced yard once this unrelenting snow is completely gone. Chances are, you won’t. Deer love tulips. Daffodils are more common, though, since we all know the deer will leave them alone. Again, daffodils aren’t a great source for sustaining pollinators, though. They are usually a last resort flower.


Back to lawns, alternately referred to as “green deserts” and “sterile landscapes” during presentations at the conference: Those large expanses of turf grass don’t offer sustenance, not even to deer. (Deer aren’t grazers but pick out the clover and other tasty treats that are intermixed.)

Consider creating a native plant garden that can be fenced, instead. Plantings that begin blooming in early spring and last into the late fall create an enjoyable and colorful view throughout the

months and will benefit the ecosystem you’re trying to support. It isn’t a perfect solution, but it’s a way to bring nature back into our “sterile landscapes.”


Another reason to cut back on lawn size is savings in time and money for mowing, which is a source of pollution. One hour of mowing with a gas-powered lawn mower is the equivalent in terms of carbon released into the atmosphere of driving a car for four hours. Although

setting up a new bed takes time and effort, if it could cut back on 30 minutes or an hour of mowing each week during the summer, it would be well worth it. The exercise and enjoyment of tending to a flowerbed certainly trumps sitting on a bumpy, loud riding mower for the same amount of time. In upcoming columns, look for plant lists and further information about sustaining wildlife in home landscapes.



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