

# The Philipstown info The 20 CT



FRIDAY, APRIL 5, 2013

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# Publisher Gordon Stewart Exposes Claims by Fox News and *PCNR* All documentary evidence reviewed plus firsthand account

All documentary evidence reviewed plus firsthand account refutes former staffer's sudden attack regarding 'Malaise Speech'

Perhaps the most notable was the July 1979 speech on the nation's spiritual crisis, which Hertzberg (below) worked on with Carter at Camp David, along with speechwriter Gordon Stewart (below right).



White House photo

Q: What was your first reaction when you saw an article by Pat Caddell, former pollster/advisor to President Jimmy Carter, in the *PCNR*?

A: Something like, "WHAT? Why is one of Roger Ailes' Fox-hounds all of a sudden barking at me in a local paper?"

Q: And?

A: And for what? Oh no. Not the "Malaise Speech?" He says that I had nothing to do with it and go around telling "everyone I meet" that I wrote the speech alone?

Q: It seems like you don't agree.

A: Even Pat couldn't agree with the idea that I had nothing to do with it. Every book, article, White House exit interview, Carter Library Oral History, will confirm I did. It's called a fact.

Q: Why do you think an attack on you over a 33-year-old speech was suddenly a free story on the Ailes' paper's website?

A: Maybe it's for the same reason that Fox News has mentioned me for the first time ever. It's hard not to imagine some connection with recent events here.

Q: Such as...

A: Just recently the Chamber of Commerce took a courageous step in selecting both Elizabeth Ailes and myself for the Cold Spring Chamber of Commerce Business Person of the Year Award. When she rejected the award, instead of simply saying she didn't wish to share with a competitor, she said the reason was alleged and unspecified "unethical behavior" on my part. So I then wrote a letter to the editor — quote "respectfully requesting" unquote — that she provide some examples of this unethical behavior.

Q: And what happened?

A: Kind of a first for me. She began by announcing my letter wouldn't be printed, then went on to attack my simple request for facts as "bogus demands."

Q: So you believe the coverage is not accidental?

A: Roger Ailes has insisted to me in conversation and in writing that he is

not involved with his wife's newspaper. Yet Caddell's sudden attacks were on his network. When a journalist in New York asked the Fox employee for evidence of my ever having made these claims, he did the same thing as Mrs. Ailes, he attacked the journalist rather than answer the question. So far not one single fact has been produced by Mrs. Ailes or the journalist who works for her husband to substantiate anything they have said.

Q: In his recent FoxNews.com pieces, Caddell asserted that you misrepresented your role in drafting the famous July 15, 1979, speech known as the "Crisis of Confidence Speech" or the "Malaise Speech." On March 22, 2013, on FoxNews.com, Caddell wrote: "Four years ago, in both print and in interviews, Stewart claimed to be the author of the 'Crisis of Confidence Speech.' Have you ever claimed you wrote the speech yourself?

A: No. Until this attack no one has ever claimed that I did. Nor has Caddell been able to produce where I made such a claim. In fact, in the very op-ed column I wrote for *The New York Times* (at their request upon Hertzberg's recommendation, not as some act of self-promotion as Caddell imagines), there is a full paragraph saying that Pat's ideas were at the heart of the speech.

Q: So you did work on the speech?

A: Of course I did. Jimmy Carter wasn't handing out invitations to Camp David like nightclub passes. Robert Schlesinger's book clearly states that Hertzberg and I were summoned to Camp David on July 9 to work on the speech, and his description of events along with those of Prof. Kevin Mattson's entire book on the speech, along with my exit interviews upon leaving the White House, and in interviews for the Carter Library.

Q: Caddell cites your *New York Times* op-ed piece in 2009 as evidence for his charges. What do you make of that?

A: The irony is that in attacking me, he has damaged (Continued on page 3)



Matt Francisco, left, Bruce Campbell, Mayor Ralph Falloon and Stephanie Hawkins (and Chuck Hustis, absent) comprise the new Cold Spring Village Board. Photo by J. Tao

# **Cold Spring Government Presents Reorganized Boards**

Search for new village attorney may be on the horizon

By Jeanne Tao

The three recently elected members of Cold Spring's village government were quickly and quietly sworn in on Monday night (April 1). Newly elected Trustee Stephanie Hawkins, who won by nine votes on March 19, was the first to be sworn in by Village Justice Thomas Costello, followed by re-elected Trustee Bruce Campbell and Mayor Ralph Falloon.

Their first meeting on Wednesday, April 3, went relatively quickly through reorganization and a board workshop. Falloon began by reporting on resignations from appointive boards and the subsequent shuffling of members from board to board. Discussion of the draft budget was basically tabled to their next meeting, due to the absence of Village Accountant Ellen Mageean. The workshop ended with a suggestion to begin a search for a new village attorney.

#### Appointments

Former Planning Board Chair Joe Barbaro resigned from the board effective March 31, citing in his letter increased work and family responsibilities as reasons for being unable to complete the last two years of a five-year term. Plan-

ning Board Member Placito "Parge" Sgro also stepped down March 31, which was the end of his term, and asked in his letter not be reappointed. Falloon reported that Peter Downey of the Historic District Review Board said in a phone call that he would not continue on that board after March 31.

Because of these changes, some members of other boards have moved so that all boards have at least a quorum, or minimum of four members. Barney Molloy, who was recently appointed to the Zoning Board of Appeals (ZBA), will now join the Planning Board, and Jim Zuehl will serve as interim chair of the Planning Board. Donald MacDonald will serve as interim chair of the ZBA before moving to the Planning Board, and Ed Murphy, who recently became an alternate, will resume an active role in place of Dick Turner, who passed away in March. Marie Early will move from the Historic District Review Board (HDRB) to the ZBA. The village will post the openings soon so that the boards can begin interviewing for new members.

In addition to the shuffling of the appointive boards, a couple of new liaison assignments were created for the trustees — Bruce Campbell, a member of the Boat Club, will now serve as their liaison, and Falloon and Hawkins will serve as liaisons to Putnam County.

(Continued on page 5)

# **Different Voices Heard at County Legislature**



Moms Demand Action, including many from Philipstown, demonstrates outside the old County Courthouse in Carmel, protesting the County Legislature's opposition to the recently passed state gun control law. See additional photos on page 5.

Photo by K.E. Foley

#### **Mouths to Feed**

# **Health Food**

By Celia Barbour

y friend Frances showed up in my hospital room around noon one day, rosy-cheeked and exuding life. She pulled from her tote bag two Mason jars of chicken stew she had just made and two metal spoons to eat it with. The stew was hot and fragrant, and full of shredded chicken and leeks and chunks of carrot. She sat down in the chair next to my bed, and, as we talked and ate, I felt the stew going into me like a magic spell, or a blessing.

Injury and illness can remove you to a solitary place; sometimes, when things get bad, all you want to do is lie there, very still, and watch the patterns of light on the ceiling while you wait for the painkillers to kick in.

During a period of convalescence, food can sometimes feel like your only link back to the world of normal, thriving humanity. Most of the time, it does this job perfunctorily: it gives you energy to keep going and the nutrients your body needs to heal. Plus it's a source of comfort and familiarity; three meals a day structure the shapeless days.



Basic chicken stew

Photo by C. Barbour

The food that was wheeled down the hospital corridors and delivered on plastic trays to the rolling table at my bedside was carefully planned to fulfill these functions. I could sense that my meals were designed to be good — to meet precise health guidelines, to satisfy all the check-the-boxes criteria that nutritionists love, to offer just-right amounts of fat and sodium, carbs and protein, calories and fiber. Plus, most of my dinners looked like 1950s coloring-book images of square meals, with meat here, starch there, and vegetables off to the side.

But these hospital meals always left me feeling a bit defeated. Not that they tasted bad. They didn't, despite all the clichés about institutional cuisine. Even after I was taken off the Jell-O diet, I could always find a few palatable items per tray. But, in the same way that getting good test scores in school doesn't set you up for a happy, fulfilling or successful life, eating food that's been carefully calibrated to meet certain nutritional standards doesn't really nourish you or fill you with vitality.

Feeding one another is a hallmark of our species. Other animals share food with their infants, but after that, it's every leopard or vulture for himself at the wildebeest. We, on the other hand, feed family, friends, even strangers — and we do it so often we forget that this transaction is predicated on enormous reserves of trust, kindness and goodwill. The food my friends brought to me while I was laid up — in the hospital, or here at home — was infused with tangible doses of generosity and affection. All of it was astonishingly delicious, and it touched and healed me.

Of course, it's not always necessary to take to the kitchen to nourish someone you love. One evening, my husband, Peter, stopped by with a sack of food he'd bought at City Bakery. Included in it were a container of macaroni and cheese, a falafel sandwich, some fish and salad, and a slice of vegetable tart. He ate everything else; I ate the tart. It was perfect. The crust was buttery puff pastry — utterly unhealthy, but delicious — and it was topped with ricotta and a tumble-jumble pile of roast-



Photo by C. Barbour

ed radicchio, endive and fennel, with thin curls of pecorino on top. The flavors

were strong and joyful, and although it may not have provided all the nutrients

I needed at that exact moment, it gave me something else: a reminder of just how delectable the world *out there* 

# Basic chicken stew

This is a basic template for a simple stew. You can add any vegetables you like and flavor the broth with herbs — thyme, rosemary, oregano, fennel.

#### For the broth

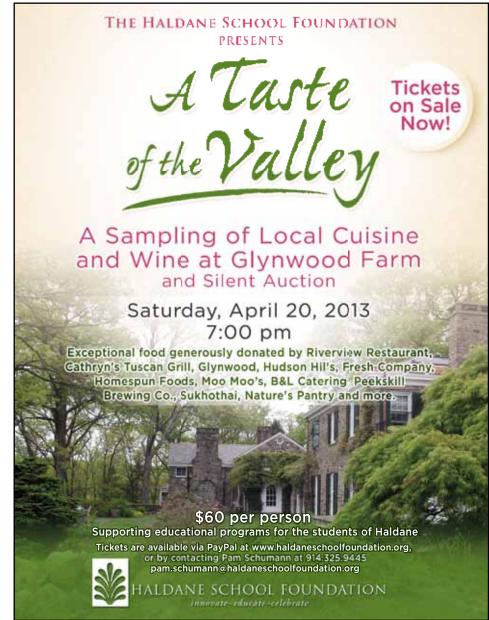
2 whole chickens 2-3 large carrots, broken in half 2 celery stalks, broken in half 1-2 large onions, cut in half

3-4 cloves garlic 2 bay leaves herbs of your choice salt and pepper

- Clean the chickens, removing excess fat and any feathers, and place them in a large pot. Add the other ingredients, fill with water to cover, and place over medium-high heat. The moment the water starts to boil, reduce the heat to very low, so that just an occasional bubble breaks the surface. You want the chickens to stay tender as they poach. Cook, skimming foam that collects on the top, about 40-50 minutes, depending on the size of the chicken.
- Using tongs, carefully lift a chicken from the broth and check for doneness (either by wiggling a leg — it should feel fairly loose — or by inserting a meat thermometer into the thickest part of the thigh. It should read 170 degrees.
- Set aside the chickens to cool, reserving the broth. When the chickens are cool, remove the meat, shred it and place it in a container in the refrigerator. Add the carcasses back to the reserved broth. Heat to a low simmer; allow to cook at least another hour, and up to 8 hours if you have the time the longer the bones cook, the more nutrients they'll leach into the broth. Whenever you decide the broth is finished, strain it to remove the solid matter, then season with salt and pepper to taste.

#### For the soup

- 3 large leeks or 4-5 small ones, white and light-green part only Strained chicken broth (see above)
- 3-4 carrots, peeled and chopped into ½-inch pieces
- 3 large potatoes or parsnips, peeled and chopped into ½-inch pieces
- 1 bag frozen petite peas (optional) Shredded meat from 2 chickens (see above)
- Cut the leeks in half lengthwise and soak in a bowl of cold water for 10 minutes to remove grit. Rinse well, spraying water between leek layers if needed. Cut crosswise into thin pieces and set aside.
- In a saucepan, heat the strained broth over medium-high. Add the leeks and carrot pieces and simmer 10 minutes. Add the potato or parsnip and simmer an additional 15-25 minutes or until the vegetables are soft. Add the shredded meat and peas to cook just until heated through.





# Gordon Stewart on Allegations From Pat Caddell and the PCNR (from page 1)

his own record, because in everything I've written about the speech — with *The* New York Times op-ed piece he cites - I have expressly credited Pat Caddell for his role and ideas. The fact he is willing to sacrifice credible testimony to his own central role in the speech, presumably at his employer's behest, is - frankly - sad.

Q: Why do you think the PCNR is making so much of this?

A: This came immediately after Mrs.

Ailes found herself embarrassed after rejecting the chamber award. Amazingly, she refers to me as a "divider" because I accepted the award! Sadly, other actions taken include refusals to support allegations, refusals to print requests for support, but instead launching more and more personal attacks.

Q: What do you think can be done?

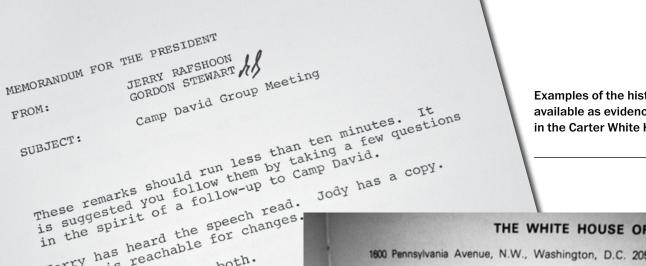
A: I am sorry to say, I honestly don't know. I do know that appeals to "both

> THE WHITE HOUSE WASHINGTON

sides" to step back, however worthy, won't be effective because one side already has always been willing to share. I have to say, as many have, that many current practices of the Ailes' paper seem like a sharp break from the 144 years of its prior existence. When we moved here I quickly became fond of the PCNR. It was quirky, calm, quiet, and above all, decent.

Q: Can we get that sense of decency back?

A: I think we can, just like the Chamber of Commerce is doing to slowly help rebuild our sense of common purpose, just as I hope many of us will share in making Community Day a July 4th for all. Taking specific actions together will help. So will keeping our discourse civil, and our differences resolved with facts, not rhetoric.



Carter, Jimmy

Jordan, Hamilton

Connors, Eleanor

Hutcheson, Rick Butler, Landon

Moffett, George D., III

mpson, William G

McDonald, Alonzo L., Jr. Rowny, Michael J.

Rainwater, Elizabeth Draper, Edna D.

**Examples of the historic documentation** available as evidence of Stewart's role in the Carter White House

THE WHITE HOUSE OFFICE

Office of the Chief of Staff

Assistant to the President and Staff Director

L., Jr. Assistant to the President & Staff Director

Deputy Staff Director

President of the United States

Exec. Asst. to the Chief of Staff Deputy Assistant to the President Conf. Asst. to Deputy Asst.

Assistant to the President

Confidential Assistant

Confidential Assistant

Deputy Asst. for Reseach Special Asst. to the Chief of Staff Deputy Assistant to the President

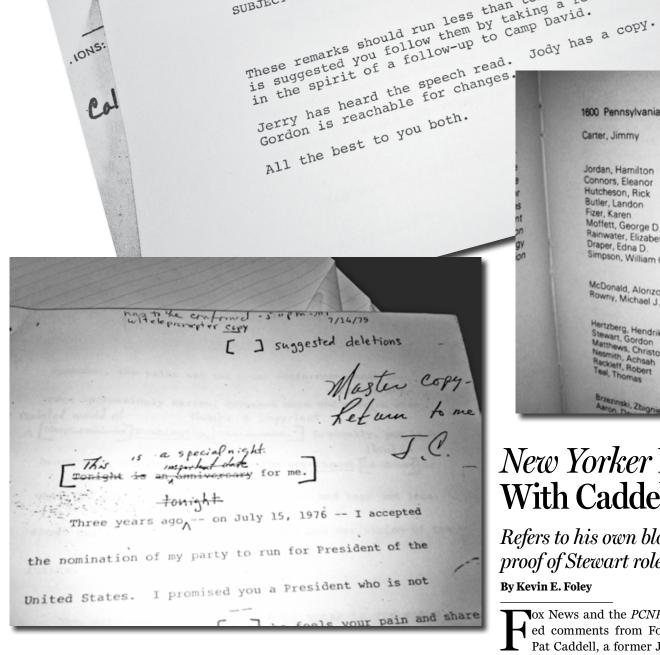
Speechwriters Chief Speechwriter

Deputy Chief Speechwriter

Speechwriter speechwriter Editorial Manage

1600 Pennsylvania Avenue, N.W., Washington, D.C. 20500

Photos by K.E. Foley



FROM:

SUBJECT:

# New Yorker Editor Takes Issue With Caddell Assertions

Refers to his own blogs as proof of Stewart role

By Kevin E. Foley

Nox News and the *PCNR* have postded comments from Fox employee Pat Caddell, a former Jimmy Carter White House pollster, alleging that Gordon Stewart, former deputy speechwriter, has taken undue credit for writing Carter's 1979 "Crisis of Confidence Speech." As part of his attack, Caddell cited New Yorker Senior Editor Hendrik Hertzberg, Carter's former chief speechwriter, as someone who provided evident for Caddell's claim. Caddell obviously did not confer with Hertzberg who, it turns out, does not agree with Caddell's assertions.

Asked in a phone interview whether, as Caddell has alleged, Stewart had sought to draw attention to himself by writing a 2009 New York Times op-ed article on the 30th anniversary of the speech, Hertzberg pointed out that the Times had first asked him, and since he couldn't do it, he suggested Stewart. "It wasn't his idea; it was The New York Times' and mine," said Hertzberg.

Caddell has also asserted that Hertz-

berg's own blog posts on the New Yorker website indicated that Hertzberg sought to distance himself from Stewart's account and had observed that Stewart's role was limited to advising Carter on staging advice for the speech. "That's not true: read the blogs," said Hertzberg.

In his post of July 17, 2009, Hertzberg wrote, "My friend and, at the time, White House colleague Gordon Stewart had an excellent anniversary op-ed about the speech in Wednesday's Times." Asked if Stewart was in fact working on the speech with Hertzberg, he answered with an unconditional "Yes. What we were doing was writing and rewriting."

While Caddell made light of Stewart's contributions to advising Carter on speech presentation, Hertzberg wrote: "In fact he (Carter) never delivered a television speech better than he did this one. Much of the credit for that must go Gordon Stewart."

Asked if Stewart had ever to his knowledge attempted to take undue credit for the speech, Hertzberg was quick to say no. "There were too many people involved, including the president - how could he do that? He certainly didn't do it in front of me."



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#### Praise for Crazy for You

Dear Editor:

It seems as if you've seen the Zgolinski name quite a few times recently, but I couldn't even go to bed tonight without writing yet one more letter. I just returned from the Haldane production of Crazy for You and am just awestruck. What an amazing show! What amazing voices, dancing ability and acting ability! These kids that I see every day (some more than others!) were transformed into stars - each one of them did an amazing job.

Martha Mechalakos and Katie Bissinger have been working with these kids almost since school started, but wow, they certainly had a lot of talent to work with. Kady Neill and Lucy Austin have such astounding voices, and I just can't say enough about Matt Marino — what a remarkable talent! The number with him and Simon Close was just incredible. I've been watching Tyler Mell perform for years and I really hope he goes into the entertainment field because he's a natural onstage. There were so many in the cast, and I could go on and on, but please take it from me that each one up there

LETTERS

did an excellent job. The live music was great too.

This letter probably sounds overly effusive (I actually had to check the thesaurus for synonyms for "amazing") to those who unfortunately didn't get to see the show, but anyone who was there will understand what I'm saying. If you didn't see the show, I would absolutely recommend that you reserve time about this time next year for whatever production they'll be performing, because I guarantee that you'll be in for a treat.

> Sincerely yours, Candy Zgolinski Proud School Nurse at Haldane

# Farming Revival Grows at Glynwood

Frith prunes and promotes farm conservation

By Mary Ann Ebner

pring thaw delivers nature's promises on the farm with melting snow, muddy fields and little lambs. Glynwood President Kathleen Frith couldn't be happier sloshing along muddy farm trails from home to office. Since as-



**Glynwood President** Kathleen Frith leads the organization in its mission to save farming.

Photo by M.A. Ebner

suming organization's presidency last August, Frith has planted herself not only as organization's top leader but as a fullresident Glynwood. And as springtime arrives, the chickens may surprise show when they realize they're not the first ones up on the farm.

When it comes to working the land at the Hudson Valley agricultural property, the Glynwood team has renewed a commitment to farming's sustainable future by nurturing seedlings, mulching, harvesting and carrying out the heavy tasks that farming demands. Frith boasts complete trust in the experienced farmers who share their expertise and energy to fulfill Glynwood's organizational mission to preserve farming. Saving the farm stretches far beyond the local nonprofit's pastures, and Glynwood is digging in deeper than ever to make a difference in the effort to strengthen farm communities and promote a sustainable food system.

"I live onsite," Frith said. "I wanted to live here, and the site is incredibly unique. It's a sustainable working farm, and there's a sense of renewal at Glynwood built on the past 17 years of the organization. We want to build on that success, and a direction we're going to take is to really open up Glynwood."

Recently named Sustainable Business of the Year by the Cold Spring Area Chamber of Commerce, Glynwood Farm demonstrates a commitment to social and environmental advancement through the realization of its sustainable agricultural mission. Glynwood leaders acknowledge that a veil of mystery has at times clouded efforts to heighten awareness of its mission. The location of the property, 225-plus acres just east of Cold Spring, represents one of its greatest assets, but accessibility has hindered visibility. New plans are springing up at Glynwood though, and it's the intention of the farming team to educate as many people as possible to connect communities about farming and food.

"We want to sustain Glynwood's mission, which we think is better for the economy, health and the environment," Frith said. "We're making great strides in making what we're doing more visible."

During the 2013 peak season, Glynwood's CSA (Community Supported Agriculture) program will be able to accommodate more households, while additional endeavors include an expansion of farming workshops offered to the public, school-based sustainability programs, an enhanced farm store, and culinary educational opportunities with farming in mind. Glynwood will also welcome additional staff members, with new hire Chef Jason Wood already making himself at home as culinary director.

"This is a working farm, and we're building a working kitchen," Frith said. "We've hired Jason Wood to help farmers with the culinary kitchen and to help bridge divides regionally. His role here is much larger than just cooking. When people come to Glynwood, they'll see what a working farm looks like and what its food tastes like."

Wood, who served as chef at Tavern at the Highlands Country Club before departing last July, completed the culinary training program at the Natural Gourmet Institute in New York and worked in restaurants in Manhattan, the Catskills and Washington, D.C.

"I've worked directly with farmers before," Wood said, "but now I'm on a farm and having a conversation. I'm giving a culinary perspective to things that they do."

Food represents Wood's art, and a rewarding force of working in restaurants provided his outlet to perform that art. Though Wood will be fully immersed in conversation with farmers, working on innovative culinary education programs for the public, and producing products for Glynwood's farm store, he'll also be cooking and sharing what Glynwood grows and raises.

"Jason is going to be at our CSA pickups doing cooking demonstrations," Frith said. "He'll be using Glynwood products raised in our pastures and grown in our fields. We're also very excited about our farm dinner series. Those dinners will be very diverse in their offerings, from fine dining to family-style."

Frith envisions the dinner series as intimate gatherings around the farmhouse table, ranging from 15 to 25 people for their initial events. Wood, a Garrison resident, has already revealed his passion and innovative perspective on the farm dinner series. He's ramped up his culinary commitment of pasture-to-plate with the capacity to produce a broad array of healthy cuisine using fresh ingre-



Newborn lambs give way to spring at Glynwood

Farm. Photo by M.A. Ebner

> dients sourced onsite. Glynwood recently hosted its first farm dinner series concept for 15 guests. Wood, with a foundation in plant-based culinary arts, has also gained appreciation for animal husbandry and promotes a no-waste kitchen. In the spirit of harmony, he invited chef Teddy Diggs, currently creating fine cuisine with locally sourced bounty on Martha's Vineyard, to work with him on the first farm series dinner.

> "Teddy and I worked under a chef in D.C.," Wood said. "With each one of the dinners, I'm going to collaborate with another chef. We did this first dinner in the main house kitchen, using the living room for the dinner."

> For the initial dinner, Wood focused on Glynwood's own pasture-raised goat, and the meal that he created with Diggs in popup restaurant style may have established a new level of farmhouse ambition. The farmhouse kitchen turned out a fine-dining (Continued on next page)

# Glynwood

- Office and Farm Location: 362 Glynwood Road, Cold Spring
- Postal Address: P.O. Box 157, Cold Spring, NY 10516
- Website: glynwood.org
- Phone: 845-265-3338
- E-mail: info@glynwood.org President: Kathleen Frith
- Chairman: Chip Allemann
- Number of employees: 17 (plus four individuals to join staff this spring)
- Farm apprentices: 2 livestock, 3 CSA Operating Expenses for Fiscal Year
- ending Dec. 31, 2011: \$2.75 million Operating Expenses for Fiscal Year
- ending Dec. 31, 2010: \$2.24 million Total Assets for Fiscal Year ending
- Dec. 31, 2011: \$19,443,705 Total Assets for Fiscal Year ending
- Dec. 31, 2010: \$19,859,372 Acreage: 225-plus acres

# **Cold Spring Government Presents Reorganized Boards**

(from page 1)



HDRB Member Kathleen Foley explains that they needed to consult an outside lawyer under very unusual circumstances and possibly saved the village more money in litigation costs.

Photo by J. Tao

At the end of his presentation on reorganization, Falloon explained that Campbell's record of prolific service to the village as well as his view of the role of deputy mayor led him to reappoint Campbell to that position. "Bruce explained how important it was for him to know and understand what the mayor was trying to accomplish and to be ready at a moment's notice to step in if he needed to," said Falloon. The board then voted and approved Falloon's reorganization.

Near the end of the workshop, Hawkins asked what the process was for appointing a different village attorney, adding that she was interested in searching for a new firm. Trustee Chuck Hustis, who was absent from the meeting, had sent the board a letter clearly disagreeing with the reappointment of Stephen Gaba as village attorney. Hawkins reminded her colleagues that the previous board had voted to begin such a search at their Oct. 23 meeting. That vote happened at the height of disagreements over Gaba's and former Mayor Seth Gallagher's interpretation of the Historic District chapter of the Village Code, but as the controversy died down in later months, so did calls for a new lawyer.

Campbell brought up what he called his "well-known" confusion that led to his "yes" vote that night, which was not how he had meant to vote. "You could have walked out of that meeting not even knowing your name," he said, adding that a complaint from one board to theirs about a contractual employee might require more thoughtful discussion than was achieved that evening.

Hawkins pressed to put the search on the agenda of a future meeting, and they agreed to discuss it at their April 16 workshop.

#### Lawyer bill revisited

On the bill amounting to around \$14,000 received by the village from the firm of Daniels, Porco and Lusardi for attorney services engaged by the HDRB late last year and presented at length during their last meeting, the Village Board clarified that the consultation fees in question had not previously been capped. The consultation of a historic preservation lawyer, Bill Hurst, had been capped at \$1,800, but the HDRB wished to consult a separate attorney to prepare for the Dec. 5 public hearing on and later resolution approving the demolition of Butterfield Hospital.

Falloon reported that the firm has since approached the village to negotiate the fees, and Trustee Matt Francisco, who has had experience working with attorney fees, agreed to speak to them the next day. Falloon said that new policies and procedures were needed for all of the boards to prevent such unexpected and high charges in the future.

#### **Open meetings**

The tenor of Wednesday's meeting was markedly different from those with the previous administration from the outset, when Falloon asked the audience for public comment on the agenda items, though nobody had any. A few audience members also participated throughout, in response to the board's discussions, and were not met with directions to wait until the end of the workshop.

Acknowledging the need for more understanding of Freedom of Information and Open Meetings laws, Falloon reported that he has invited the director of the state's Committee on Open Government, Robert Freeman, to speak on the laws, and he encouraged attendance by all of the village boards as well as the public. The tentative date is May 22, pending confirmation from the speaker and venue.

# Farming Revival Grows at Glynwood (from previous page)

feast studded with impeccable courses featuring Glynwood chicken liver pâté, goat meatballs with gnocchi, soft Glynwood eggs, house-cured bacon, and goat cheese panna cotta prepared with local honey, crushed pistachios and rosemary salt.

"I got to collaborate with an old friend," Wood said. "We were able to bring a group of people together and had good conversation and good food. I'm inspired and looking forward to our new programming."

Largely supported through board contributions, endowment funds and foundation support, Glynwood seeks individual contributions and generates a small percentage of income from programs. As programming opportunities evolve for the local nonprofit, Glynwood will continue to generate revenues from events held onsite including workshops, the farm store and the CSA program.

The CSA program, which spans a 24-week distribution cycle, costs \$675 for a season's worth of shares. Dave Llewellyn, director of farmer training, said that even though the farm will be able to accommodate more households this year, he anticipates that share spots will sell out before the CSA season begins in late May.

"If people act quickly, they should still be able to get a share," Llewellyn said. "CSA

members can pick up their shares on Tuesdays (3 - 6 p.m.), with a 24-hour grace period when they can come and use self service."

If community residents aren't able to commit to a seasonal CSA supply of naturally grown vegetables, they can still purchase farm products at Glynwood's farm store. Frith said that the farm will offer more value-added products at the store, with specialty items ranging from fresh bacon to pickled products created by Wood in the farmhouse kitchen.

Familiar family programs like the shearing of sheep and Harvest Celebration will continue in 2013, but Glynwood will consolidate and dissolve portions of their research endeavors and educational curriculum to further the mission to revive farming for local farmers and consumers, revitalizing farm communities and creating greater access to healthy fresh food.

"We're building a robust team that's based here," Frith said. "It's the whole mission of Glynwood to work hand-in-hand with the community, for economic growth and human health. What an incredible resource we have in the Hudson Valley to preserve. Glynwood wants to help people understand that and not to be swayed to develop agricultural holdings. We're creating pride around a sense of place."

# **County Legislature photos** (from page 1)





Above, part of ceremony for Putnam becoming first Purple Heart County; below, Barbara Scuccimarra proclaims Economic Development Month. See *Philipstown.info* for more on the Legislature's meeting.

Photos by K.E. Foley



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# Historical Figures in Fiction

Writing and illustration workshop with author Deb Lucke

April 13, 3 p.m.

### SPECIAL LOCATION: Philipstown Recreation Department

Deb Lucke, a local resident who wrote and illustrated the children's book *The Book of Time Outs* about badly behaved people throughout history, will lead a hands-on workshop. Participants will create story characters out of real-life

Philipstown historical figures and illustrate fictional renderings.

This event is \$5 per person; open to ages late-elementary through adult. RSVP: info@putnamhistorymuseum.org or call 845-265-4010 www.putnamhistorymuseum.org



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# Haldane Approves 2013-14 Spending Plan

# Unexpected revenue received from state

By Michael Turton

The Haldane Board of Education approved the school district's spending plan for 2013-14 at its meeting Wednesday, April 3, but there were a couple of surprise "gifts" from New York state for revenues in the final budget that will be adopted in August.

Spending next year will total \$22,345,120, a budget-to-budget increase of 1.9 percent compared to 2012-13. The tax levy for next year, the amount raised through local property taxes, is currently estimated at \$619,849, at a tax rate increase of 2.83 percent over the current level. The increases keep the district within the tax cap dictated by the state.

The tax levy is only an estimate at this time, because new assessed property values for Philipstown, on which the tax rate is based, are not available until August. In recent years, the tax levy rate has been adjusted slightly downward, and that will likely be the case again. The spending plan will go to a public vote on May 21.

#### **Unexpected revenues**

School districts that received "High Tax Relief" in the past but had it taken away by the governor's proposed budget were expected get back at least part of that aid in the new state budget. The state budget announced on April 1 showed the full amount reinstated. In addition, the Gap Elimination Adjustment, which had been slated to cut funding to Haldane by \$518,010 next year, was reduced to \$418,000, resulting in a net revenue increase of \$100,000.

The increase in state revenue was no doubt a result of lobbying by school districts across the state, as concern mounted over the magnitude of cuts in funding for public education. Locally, the Haldane PTA spearheaded a letter-writing campaign that saw hundreds of area residents write to elected officials in Albany.

#### **Bubble Class teacher added**

The \$236,000 increase in state aid is relatively small in terms of Haldane's budget overall, amounting to about 1 percent of spending in 2013-14, however it enabled administration and trustees to reinstate some items that previously had been cut, most notably funding for an additional teacher for next year's unusually large third-grade "bubble class." With 75 third-grade students registered at present, a fourth teacher will be hired. Superintendent of Schools Mark Villanti said that if registration falls below the current level, they will have to reevaluate that hire, which would not occur until after the referendum

Other items put back into the budget include funding an increase in Internet bandwidth, appropriation for an internal audit and partial reinstatement of textbook purchases. One teacher's-aide position was also reinstated.

The May budget referendum will include two propositions to be voted on separately from the proposed spending plan - one to fund the purchase of a 30-passenger bus and another to fund upgraded security on the Haldane campus.

#### Debating the tax levy

School Board President Michael Junjulas was unable to attend the meeting due to illness but participated via com-

puter link. He was not permitted to vote on agenda items as required by state law. Vice President Gillian Thorpe and Trustees Evan Schwartz, Peter Henderson and Jon Champlin voted unanimously in favor of the spending plan after lengthy discussion.

Initially, Schwartz and Henderson both argued that spending should be cut in order to reduce the tax levy increase, even if only by a small amount. Referring to the previous budget proposal, Schwartz said: "We said that education would not be hurt. Then there is an infusion of funds ... and now we're reinstating items, but with no change in the tax rate. People may have a problem with that." He suggested that the tax rate be lowered slightly and that some of the new revenue be shifted to reserves. Henderson agreed, though he said that he supported funding the teacher for the bubble class. "We should make an effort to move some funds to decrease the tax levy somewhat."

Champlin said he understood Schwartz's and Henderson's point of view, but "we got push-back from the community about the things that are important to us education-wise," including funding the bubble-class teacher. He said that reducing spending would mean taking away the increased bandwidth and new textbooks.

#### Final decisions in August

Junjulas presented the argument that moved trustees to vote in favor of the spending plan. "I'd love to see the tax rate go down, but we don't know what the rate will be until August. Yes, lower the tax rate come August, but right now, we have to show the higher number." He said that, should the bubble class not be funded, or if assessed property values are favorable, "Give it back to the taxpayers" in the form of a lower tax levy rate.

Villanti said that, depending on the new property tax assessments, \$70,000 from the new, unallocated funds could be used to reduce the tax levy by slightly less than 0.5 percent.

Business Manager Anne Dinio stressed that if funds are removed from the spending plan, such as for the bubble class, "You can't add it back in" after the referendum. Spending can be decreased but not increased after voters approve a budget. "If you want to reduce the tax levy by \$70,000, you do that in August."

Trustees agreed that they are looking at a tax levy increase, the exact amount of which will not be known until August but which will likely be roughly 2.3 to 2.83 percent. Villanti said, "Our track record every year has been (to come in) less than the estimated tax lay rate."

#### **Back to school**

Villanti reviewed next year's school calendar, which has students returning to class on Friday, Sept. 6. He said that resuming classes on a Friday has worked well. "Attendance was good last year. Friday takes care of all the routine startup, and kids come back Monday ready to work."

# **NY** Alert

For the latest updates on weatherrelated or other emergencies, sign up at

www.nyalert.gov.



#### **Philipstown Youth Theatre presents:**

Musical Mystery Tour

directed by Lisa Sabin and Christine Bokhour Friday, April 5, 7 p.m., Saturday, April 6 and Sunday April 7, 2 p.m. and 4:30 p.m.

Aery Ariane One Act Play Festival

Friday, April 12, 8 p.m, Saturday, April 13, 8 p.m., Sunday, April 14, 2 p.m. Tickets \$17/\$14

#### **Depot Docs presents:**

Ai Wei Wei: Never Sorry

Q&A with director Alison Klayman and reception following Friday, April 19, 7:30 p.m. Tickets \$20

**Hudson Valley Shakespeare Festival presents** 

Othello

Saturday, April 20, 2 p.m. and 7 p.m.

Tickets \$20

Tickets: www.brownpapertickets.com or 845.424.3900 www.philipstowndepottheatre.org

Garrison Landing, Garrison, NY (Theatre is adjacent to train station.)



# The Calendar

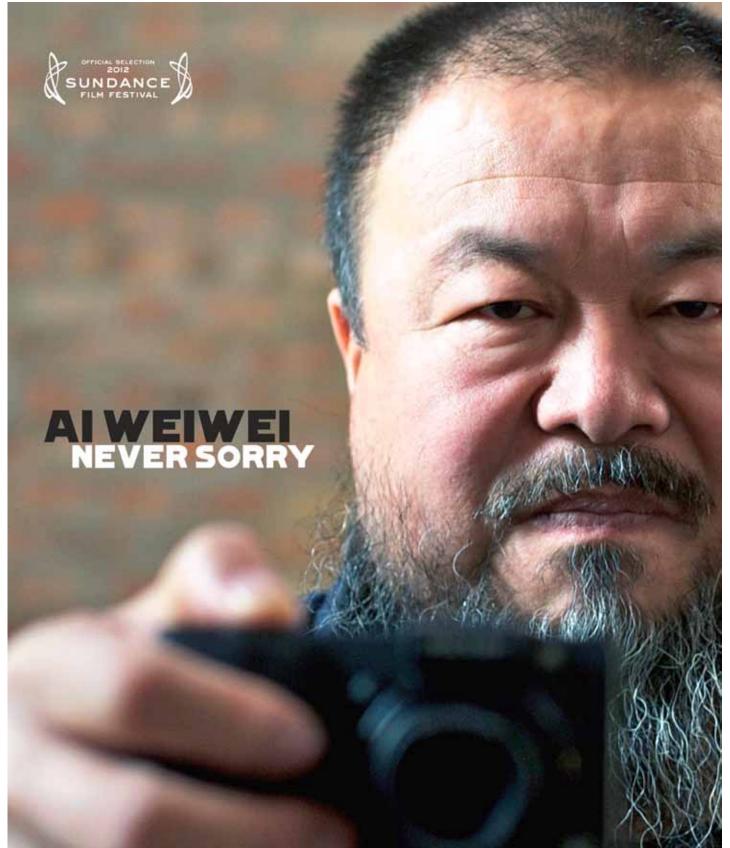


Photo courtesy of Depot Docs

# Depot Docs: Ai Weiwei: Never Sorry

By James O'Barr

ver the course of seven seasons, Depot Docs has brought the work of several first-time filmmakers to Garrison's Landing, among them Ivy Meeropol (Heir to an Execution), Sebastian Junger (*Restrepo*) and Cindy Meehl (Buck). These films have earned awards and accolades far beyond what might have been fairly expected of a fledgling effort. Could it be that the ubiquity of affordable, easily portable, user-friendly digital moviemaking equipment over the past 15 years has meant that anyone with a story that must be told, a curiosity that must be assuaged, or an interest in how the world works (or doesn't) that must be plumbed, suddenly had the key to a whole new box of creative and expressive tools to work with?

If this question interests you, or if you'd just like to see a fascinating and intimate filmic portrait of China's most renowned avant garde artist and political dissident, you'll want to be at the Philipstown Depot Theatre on Friday, April 19, to meet Alison Klayman and to see her multi-award-winning feature documentary, *Ai Weiwei: Never Sorry*.

Klayman didn't discover that she was a filmmaker until after her graduation from college in 2006. She went to China on a trip that was supposed to last a few months, canceled her ticket home when she decided to stay in Beijing and perfect her language skills, and started looking for work. In 2008 she became an accredited freelance journalist and produced feature documentaries for radio and television. (It was the year of the Beijing Olympics.) Her roommate, who worked at a Beijing gallery, noticed the new camera she'd just bought and asked her if she'd like to make a video for an exhibition of Ai Weiwei's photographs. She agreed that she would do it gratis but would retain ownership of the footage.

It was at that time that Ai's artistic practice and political convictions were merging, as he began a campaign to shame the government over the deaths of thousands of children in shoddily built schools that collapsed during the 2008 Sichuan earthquake. Klayman says she "lucked out" in capturing the saga of Ai's transformation from eccentric,

internationally celebrated conceptual and installation artist, photographer, designer and filmmaker, to eccentric, internationally renowned political dissident and fearless scourge of the Chinese Communist Party and its hold on power.

If, as was famously said, "luck is the residue of design," what was Klayman's design once (Continued on page 11)

# Living Yoga Nears Its Six-Month Anniversary

**By Alison Rooney** 

iving Yoga co-owner Liz Schulman was once a student of her two partners, Courtney Tarpley and Richard Villella, without having actually met them. An explanation: Tarpley and Villella are the founders of Yoga Zone, which was the first multi-unit yoga studio in Manhattan. About 15 years ago, Schulman did her teacher training at Yoga Zone, but that took place the year after Tarpley and Villella left.

Fast forward more than a decade to two years ago, when Tarpley took a class of Schulman's at The Garrison, where Schulman had leased a space and turned it into a yoga cooperative. There was, said Schulman, an "immediate synergy" between them, particularly in relation to teacher training, and, with Schulman's lease coming to an end, they decided, as a trio, to open their own studio. That studio, which opened last October, is Living Yoga.

Living Yoga specializes in and in fact offers solely Vinyasa yoga, a flowing style with an emphasis on breathing. Not only is the studio dedicated to Vinyasa, but all of the teachers (who now number four, in addition to the partners), are Living Yoga-trained, the purpose of that being, said Schulman, "to create a cohesive system."

"Other studios have an eclectic mix of styles. We know and teach Vinyasa. We have a cohesion from class to class, so the language will be familiar throughout. There isn't a huge deviation in style here in terms of teachers, just personality and of course the level of the class."

Schulman was drawn to Vinyasa because it's "an active physical form — stretchy. If you're a physical person who likes to work hard, it's great for you. The style pushes the breath to the forefront. You can feel the difference and relax into the breath. We don't shy away from giving people a workout; we believe in strength."

A look at a Level 3 (the highest in difficulty) class on a Wednesday morning recently gave weight to these words. Eighteen people, some men, mostly women, laid their mats down in the large studio room, painted in several different hues of a calming blue-green. As the class got started, Schulman drew an analogy between her daughter's recent acquisition (Continued on page 14)



Living Yoga's owners Courtney Tarpley, left, Liz
Schulman and Richard Villella Photo courtesy of Living Yoga

# SITTING on the BENCH \* by Tara \*



ven though my forebears used to plunge into the icy Canadian waters to help fishermen by carrying ropes between ship and shore, I don't swim in the Hudson any more, at least not in the winter. I'm twelve now and my old bones tell me to stay dry. But whatever the weather, I still go down to Garrison Landing because it's so pretty and because occasionally I'll meet some of my admirers there. One of them, a professor at West Point across the river, is a unique commuter. In the morning he leaves his home in Rhinebeck with his kayak on his vehicle's roof. At the landing, he launches his craft and paddles across the Hudson to his teaching duties. He reverses the routine to return home. Neat, oui?

Also cadets sometimes drop by the store to pick up candy. It's interesting. The youngest, the plebes, say nothing but "Yes, ma'am, No, ma'am" like automatons. They are being trained to salute anything that moves. The older ones, the upper classmen, are much more confident, talking freely about their thoughts and their futures. I think they all come in for a chat with civilians outside the rigid demands of West Point.

Recently I learned of another connection to the academy. A lively and engaging lady named Terry, another West Point professor, comes into the Country Goose where she buys tea and cookies and candy. Chatting with the boss, she said, "The Goose has infiltrated West Point." She explained what lay behind that curious remark. It seems that she and five other professors from across the river at various times had won scholarships to Oxford University in the U.K. They enjoyed their stay over there and particularly remembered the charms of an English tea time. All now back home, they decided to import the custom to the Hudson Valley. That was why she bought tea and other English items from the boss.

"We get together, chat, drink tea and eat cookies as if we are back in Oxford," she said. "It's a nice way of cementing the special relationship. Say, it would be lovely if Tara could mention us in her brilliant column." You're welcome.

At the Goose, the boss has an array of refreshing teas, delicious cookies and English chocolates which are available whether customers have been to Oxford or not.



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ADVERTISEMENT

# The Calendar

Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

#### **ONGOING**

#### Elegy

11 A.M. - 6 P.M. FRIDAY TO SUNDAY THEO GANZ STUDIO | 149 Main St., Beacon 917-318-2239 | theoganzstudio.com Through April 7

Evening Light: Oil Paintings by Linda Puiatti NOON - 6 P.M. WEDNESDAY TO MONDAY RIVERWINDS GALLERY | 172 Main St., Beacon 845-838-2880 | riverwindsgallery.com Through April 8

#### Laura Gurton: Recent Paintings

10 A.M. - 6 P.M. MONDAY TO SATURDAY 11 A.M. - 6 P.M. SUNDAY

HUDSON BEACH GALLERY | 162 Main St., Beacon 845-440-0068 | hudsonbeachglass.com Through April 7

#### Marnie Hillsley and Simon Draper: Collage, Collaboration and CoHabitation

Jesse M. Kahn: Transformations

3 - 8 P.M. FRIDAY

NOON - 6 P.M. SATURDAY AND SUNDAY **BEACON ARTIST UNION** 

506 Main St., Beacon 845-440-7584 | baugallery.com Through April 7

Peekskill Project V: The New Hudson River School Through July 28

#### The Power of Place

Through April 28

11 A.M. - 5 P.M. FRIDAY

NOON - 6 P.M. SATURDAY AND SUNDAY **HUDSON VALLEY CENTER FOR CONTEMPORARY ART** 

1701 Main St., Peekskill 914-788-0100 | hvcca.org

#### Robin Dana: Watershed

9 A.M. - 5 P.M. MONDAY TO THURSDAY 11 A.M. - 5 P.M. SATURDAY

845-838-1600 | bire.org/events Through Oct. 6

#### Romanticism: Andrea Hanak and Frank Hutter

23 Garrison's Landing, Garrison 845-424-3960 | garrisonartcenter.org

#### Studio Mali by François Deschamps

NOON - 6 P.M. SATURDAY AND SUNDAY

**FOVEA EXHIBITIONS** 

143 Main St., Beacon 917-930-0034 | foveaexhibitions.org

2 P.M. WEDNESDAY TO SUNDAY

1 Museum Road, New Windsor

8:15 A.M. MONDAY TO SATURDAY 24 Fair St., Cold Spring 845-265-3718 | ourladyoflorettocs.com

### FRIDAY, APRIL 5

#### **Kids & Community**

# **Blossoms Bloom**

79 Farmstead Lane, Wappingers Falls 845-231-4424 | commongroundfarm.org

NOON - 5 P.M. SUNDAY

BEACON INSTITUTE | 199 Main St., Beacon

10 A.M. - 5 P.M. TUESDAY TO SUNDAY

GARRISON ART CENTER

Through May 5

Through April 7

#### **Storm King Art Center Highlights Tour**

845-534-3115 | stormking.org

#### **Our Lady of Loretto Daily Mass**

# Preschool on the Farm (ages 2-4):

10 A.M. & 1:30 P.M. COMMON GROUND FARM



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#### **Indoor Tot Park**

NOON - 2 P.M. PHILIPSTOWN RECREATION CENTER 107 Glenclyffe Drive, Garrison 845-424-4618 | philipstownrecreation.com

#### Children Read to Dogs (ages 7-10)

3:30 P.M. DESMOND-FISH LIBRARY

472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

#### **Wine Tasting**

4 - 7 P.M. ARTISAN WINE SHOP

180 Main St., Beacon

845-440-6923 | artisanwineshop.com

#### Wine & Cheese

5 - 8 P.M. ANTIPODEAN BOOKS

29 Garrison's Landing, Garrison 845-424-3867 | antipodean.com

#### Family Bingo & Pasta Night

6:30 P.M. PHILIPSTOWN COMMUNITY CENTER

107 Glenclyffe Drive, Garrison 845-424-4618 | philipstownrecreation.com

#### The Musical Mystery Tour (Youth Players)

7 P.M. PHILIPSTOWN DEPOT THEATRE

10 Garrison's Landing, Garrison

# 845-424-3900 | philipstowndepottheatre.org

#### **Art & Design**

Suzanna Frosch - Recent Work (Opening) 6 - 9 P.M. MARINA GALLERY

153 Main St., Cold Spring

845-265-2204 | marinagallery.com

#### **Cuts and Assemblages (Opening)** Sacred Garden Exhibit (Opening)

6 - 9 P.M. GALLERY 66 NY 66 Main St., Cold Spring

845-809-5838 | gallery66ny.com

#### **Theater & Film**

#### **Calling All Poets**

8 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

#### Music

#### **Chris Jensen**

9 P.M. MAX'S ON MAIN

246 Main St., Beacon 845-838-6297 | maxsonmain.com

#### **Meetings & Lectures**

#### **Free Computer Help**

2 P.M. DESMOND-FISH LIBRARY 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

### **Traditional Chinese Medicine (Retreat)**

3 P.M. GARRISON INSTITUTE

14 Mary's Way, Garrison

845-424-4800 | garrisoninstitute.org

#### **Beginner AA Meeting**

8 P.M. FIRST PRESBYTERIAN CHURCH 10 Academy St., Cold Spring

845-265-3220 | presbychurchcoldspring.org

#### **Religious Services**

# **Beacon Hebrew Alliance**

7:30 p.m. 331 Verplanck Ave., Beacon 847-831-2012 | beaconhebrewalliance.org

#### **Reform Temple of Putnam Valley**

8 P.M. 362 CHURCH, PUTNAM VALLEY 845-528-4774 | ny069.urj.net

#### SATURDAY, APRIL 6

#### **Kids & Community**

# **Cold Spring Farmers' Market**

8:30 A.M. - 1:30 P.M. PHILIPSTOWN **COMMUNITY CENTER** 

107 Glenclyffe Drive, Garrison csfarmmarket.org

# **Food Pantry**

9 - 10 A.M. FIRST PRESBYTERIAN CHURCH

OF PHILIPSTOWN

10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

# **Annual Tag Sale**

9 A.M. - 3 P.M. GERMAN AMERICAN SOCIAL CLUB OF PEEKSKILL

11 Kramers Pond Road, Putnam Valley 845-528-5800 | gac1936.com

#### **Philipstown Little League Cleanup Day**

9 - 11 A.M. BASEBALL AT NORTH HIGHLANDS FIELDS 9 - 11 A.M. SOFTWARE AT 9D UPPER FIELD philipstownlittleleague.com

#### **Volunteer Cleanup of Northgate Farm**

9 A.M. - 1 P.M. LITTLE STONY POINT PARKING AREA 3011 Route 9D, Cold Spring | fofhh.org RSVP to thomjohnson1@verizon.net

#### **Dirt Road Cleanup Day**

10 A.M. OLD ALBANY AND TRAVIS CORNERS, GARRISON

Questions to tzaleski@sprynet.com

#### **John Allen Pond Family Hike**

10 A.M. DENNYTOWN AND SUNK MINE ROADS, **COLD SPRING** | 845-424-3358 hhlt.org | Registration required.

#### Family Yoga & Meditation (ages 6 and up)

10:30 A.M. HOWLAND PUBLIC LIBRARY 313 Main St., Beacon

845-831-1134, ext. 103 | beaconlibrary.org

#### **Extreme Draw On!**

NOON - 3 P.M. MAIN STREET, COLD SPRING 845-424-3960 | garrisonartcenter.org

# The Musical Mystery Tour (Youth Players)

2 & 4:30 P.M. PHILIPSTOWN DEPOT THEATRE See details under Friday.

#### **Wine Tasting**

3 - 6 P.M. ARTISAN WINE SHOP See details under Friday.

#### **Putnam Highlands Audubon Society Annual Dinner**

5 P.M. SOCIAL HOUR

6 P.M. DINNER 7 P.M. THE BEAUTIFUL BIRDS OF COSTA RICA

**TACONIC OUTDOOR EDUCATION CENTER** 

75 Mountain Laurel Lane, Cold Spring 845-265-3773, ext. 102

putnamhighlandsaudubon.org

#### **Farm Dinner**

6 P.M. GLYNWOOD FARMS

Local seasonal

produce

362 Glynwood Road, Cold Spring 845-265-3338 | glynwood.org

#### **Art & Design**

#### Free Admission to Boscobel

9:30 A.M. - 5 P.M. 1601 ROUTE 9D, GARRISON 845-265-3638 | boscobel.org

#### Of Time and Place: Celebrating Scenic Hudson's 50 Years

11 A.M. - 3 P.M. SCENIC HUDSON'S RIVER CENTER Long Dock Road, Beacon

845-473-4440, ext. 273 | scenichudson.org

11 A.M. - 6 P.M. FREE FOR BEACON RESIDENTS 1 P.M. TOUR

3 Beekman St., Beacon

845-440-0100 | diabeacon.org

#### The History of Beacon (Opening)

2 - 5 P.M. HOWI AND CULTURAL CENTER 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

#### The Breakdown (Opening)

6 - 9 P.M. MAD DOOLEY GALLERY 197 Main St., Beacon | 845-702-7045

#### **Judith Tulloch Band**

8 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

#### The Compact

9 P.M. MAX'S ON MAIN | Details under Friday

#### **Meetings & Lectures**

#### **Overeaters Anonymous**

8:30 A.M. GRAYMOOR SPIRITUAL LIFE CENTER 1350 Route 9, Garrison | 917-716-2488 | oa.org

#### **AA Meeting**

10 A.M. - NOON UNITED METHODIST CHURCH 216 Main St., Cold Spring | 845-265-3365

#### Deer, Lyme and the Environment (Panel)

10:30 A.M. DESMOND-FISH LIBRARY 472 Route 403, Garrison

845-424-3020 | desmondfishlibrary.org Sponsored by Philipstown Garden Club

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premises

#### **Free Computer Help**

2 P.M. DESMOND-FISH LIBRARY See details under Friday.

#### **Annual Meeting and Lecture: Black Power Cadets**

**PUTNAM HISTORY MUSEUM** 63 Chestnut St., Cold Spring

845-265-4010 | putnamhistorymuseum.org

#### **Religious Services**

#### **Our Lady of Loretto**

4:30 P.M. CONFESSION

5:30 P.M. MASS | See details under ongoing.

#### SUNDAY, APRIL 7

#### **Kids & Community**

#### **Beacon Flea Market**

8 A.M. - 3 P.M. HENRY STREET PARKING LOT Behind Main Street Post Office, Beacon 845-202-0094 | beaconflea.blogspot.com

#### Not Your Mama's Sunday School (ages 8-16)

11 A.M. - 2 P.M. SCHOOL OF JELLYFISH 183 Main St., Beacon 845-440-8017 | schoolofjellyfish.com

## **Beacon Farmers' Market**

11 A.M. - 3 P.M. SCENIC HUDSON'S RIVER CENTER Long Dock Drive, Beacon

845-234-9325 | thebeaconfarmersmarket.com

#### **Spring Salamanders**

2 P.M. HUBBARD LODGE | 2880 Route 9, Cold Spring 845-534-5506, ext. 204 | hhnaturemuseum.org

### The Musical Mystery Tour (Youth Players)

2 & 4:30 P.M. PHILIPSTOWN DEPOT THEATRE See details under Friday.

#### **Art & Design**

#### **Drop-In Art Sessions**

9:30 A.M. - 12:30 P.M. DRAWING AND PAINTING FROM LIFE (LONG POSE)

10 A.M. - 1 P.M. BASIC ETCHING

1:30 - 3:30 P.M. PRINTMAKING CLUB **GARRISON ART CENTER** 

23 Garrison's Landing, Garrison 845-424-3960 | garrisonartcenter.org

#### **Free Admission for Beacon Residents**

11 A.M. - 6 P.M. DIA: BEACON See details under Saturday.

#### **Motion Theatre Workshop (First Session)**

12:30 P.M. BEACON YOGA CENTER

464 Main St., Beacon 347-489-8406 | beaconyogacenter.com

#### **Elegy (Closing Program: Readings and Music)**

2 P.M. THEO GANZ GALLERY | 149 Main St... Beacon | 917-318-2239 | theoganzstudio.com

#### Piano Festival: Till Fellner

4 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon

#### 845-831-4988 | howlandculturalcenter.org

First Sunday Jazz With Anita Merando

5 - 8 P.M. WHISTLING WILLIE'S

184 Main St., Cold Spring 845-265-2012 | whistlingwillies.com

#### **Meetings & Lectures**

#### **Beginner AA Meeting**

NOON. GRAYMOOR SPIRITUAL LIFE CENTER 1350 Route 9, Garrison

800-338-2620 | graymoorcenter.org

#### **Sunday Author Series: Cynthia Owen Philip**

2 P.M. BEACON INSTITUTE | 199 Main St., Beacon 845-838-1600 | bire.org/events

#### **Brave New Gita**

4 P.M. BEACON YOGA CENTER | 464 Main St., Beacon | 347-489-8406 | beaconyogacenter.com

#### **Sunset Readings: Amber Dermont and** James Hoch

4 P.M. CHAPEL RESTORATION

45 Market St., Cold Spring | sunsetreadings.org

#### **AA Open Meeting**

8 P.M. ST. MARY'S EPISCOPAL CHURCH

1 Chestnut St., Cold Spring

845-265-2539 | stmaryscoldspring.org

#### **Religious Services**

#### **Our Lady of Loretto**

7:30, 9, & 11:45 A.M. 24 FAIR ST., COLD SPRING 845-265-3718 | ourladyoflorettocs.com (Continued on next page)

free wifi

hours:

monday

tuesday

6:30am - 6pm

6:30am - 7pm

6:30am - 7pm

6:30am - 7pm

6:30am - 6pm

7:30am - 6pm

7:30am - 6pm

wednesday

thursday

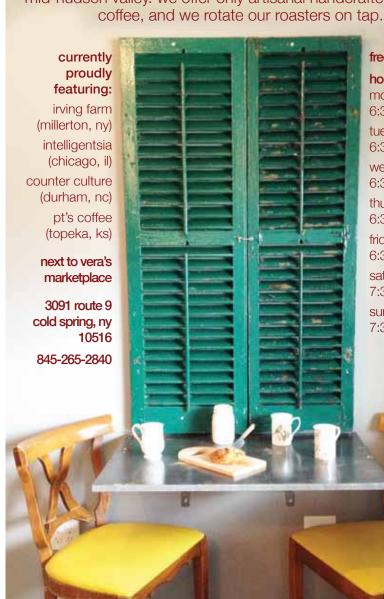
saturday

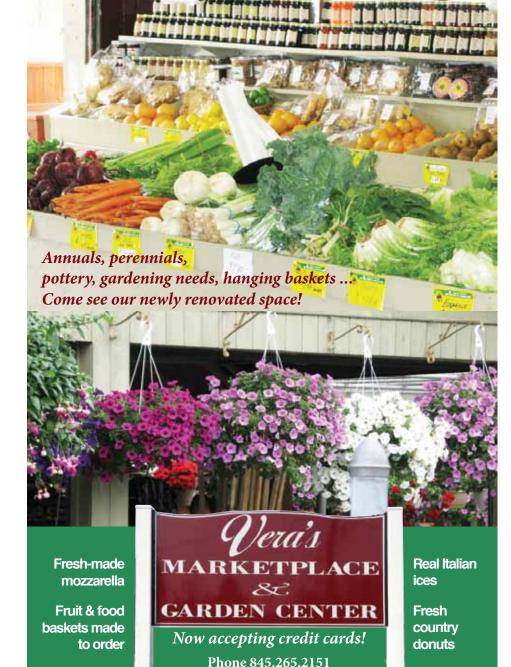
sunday

friday

# cold spring coffee pantry

cold spring coffee pantry is a multi-roaster coffee shop in the mid-hudson valley. we offer only artisanal handcrafted specialty





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3091A Rt. 9, Cold Spring NY 10516 Vera & Dominic Giordano

# The Calendar (from page 9)

#### St. Mary's Episcopal Church

8 & 10:30 A.M. 1 CHESTNUT ST., COLD SPRING 845-265-2539 | stmaryscoldspring.org

#### St. Philip's Episcopal Church

8 & 10:30 A.M. 1101 ROUTE 9D, GARRISON 845-424-3571 | stphilipshighlands.org

#### St. Basil's Academy Greek Orthodox Chapel

8:30 A.M. ROUTE 9D, GARRISON

845-424-3500 | saintbasilacademy.org

#### St. Luke's Lutheran Church

9 A.M. 65 OSCAWANA LAKE ROAD, PUTNAM VALLEY 845-528-8858 | stlukesputnamvalley.org

#### First Presbyterian Church of Philipstown

9 A.M. ADULT BIBLE STUDY

10:30 A.M. SERVICE

10 Academy St., Cold Spring

845-265-3220 | presbychurchcoldspring.org

#### **South Highland Methodist Church**

9:30 A.M. 19 SNAKE HILL ROAD, GARRISON 845-265-3365

#### **Quaker Friends Worship**

10 A.M. WHYATT HOME

845-424-3525 | Call for directions.

# St. Joseph's Chapel

10:15 A.M. 74 UPPER STATION ROAD, GARRISON 845-265-3718 | ourladyoflorettocs.com

#### Church on the Hill

10:30 A.M. 245 MAIN ST., COLD SPRING 845-265-2022 | coldspringchurchonthehill.org

#### **Fourth Unitarian Society**

10:30 A.M. 1698 STRAWBERRY ROAD, MOHEGAN LAKE | 914-528-7131 | fourthuu.org

#### **Graymoor Spiritual Life Center**

11 A.M. PILGRIM HALL, 1350 ROUTE 9, GARRISON 800-338-2620 | graymoorcenter.org

#### **United Methodist Church**

11 A.M. 216 MAIN ST., COLD SPRING 845-265-3365

# MONDAY, APRIL 8

**Kids & Community** 

#### **Bridge Club**

9:30 A.M. - 12:30 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon

845-831-4988 | howlandculturalcenter.org

#### **Yoga for Toddlers**

10 A.M. BEACON YOGA CENTER

464 Main St., Beacon

347-489-8406 | beaconyogacenter.com

#### **Indoor Tot Park**

NOON - 2 P.M. PHILIPSTOWN RECREATION CENTER See details under Friday.

#### **Health & Fitness**

#### **Philipstown Recreation Center Basketball**

6:15 - 7:15 P.M. YOUTH BASKETBALL SKILLS/ DRILLS (GRADES 3-8)

7:30 P.M. MEN'S BASKETBALL

107 Glenclyffe Drive, Garrison | 845-424-4618 | philipstownrecreation.com

#### **Art & Design**

#### Intro & Basics of Fused Glass (First Session)

9 A.M. GARRISON ART CENTER

23 Garrison's Landing, Garrison 845-424-3960 | garrisonartcenter.org

#### **Drop-In Drawing & Painting From Life** (Short Pose)

9:30 A.M. - 12:30 P.M. GARRISON ART CENTER 23 Garrison's Landing, Garrison

845-424-3960 | garrisonartcenter.org

#### **Theater & Film**

#### **Auditions for Proof**

7 - 8:30 P.M. THE BEACON THEATRE

445 Main St., Beacon

845-453-2978 | thebeacontheatre.org

#### **Community Chorus**

7 P.M. HOWLAND CULTURAL CENTER

477 Main St., Beacon

845-831-4988 | howlandculturalcenter.org

#### **Open Mic Night**

7 - 9 P.M. BEANRUNNER CAFÉ

201 S. Division, Peekskill 914-737-1701 | beanrunnercafe.com

#### **Meetings & Lectures**

#### **AARP Tax Assistance**

10 A.M. - 2 P.M. HOWLAND PUBLIC LIBRARY 313 Main St., Beacon

845-831-1134 | beaconlibrary.org

#### **Cold Spring Lions Club**

6:30 P.M. CATHRYN'S TUSCAN GRILL

91 Main St., Cold Spring

914-456-9698 | coldspringlions.com

#### **Beacon City Council Workshop**

7 P.M. MUNICIPAL COURTROOM

1 Municipal Plaza, Beacon

845-838-5000 | cityofbeacon.org

#### **Executive Functions, ADHD and Their Impact** on Learning

7 P.M. HALDANE ELEMENTARY (MUSIC ROOM) 15 Craigside Drive, Cold Spring

845-265-9254 | haldanepta.org Rescheduled from March 18

#### **Haldane Booster Club**

7 P.M. HALDANE SCHOOL

15 Craigside Drive, Cold Spring 845-265-9254 | haldaneschool.org

#### **Nelsonville Board of Trustees**

7:30 P.M. VILLAGE HALL

258 Main St., Nelsonville 845-265-2500 | villageofnelsonville.org

#### **AA Big Book Meeting**

8 P.M. ST. PHILIP'S EPISCOPAL CHURCH

1101 Route 9D, Garrison 845-424-3571 | stphilipshighlands.org

TUESDAY, APRIL 9

#### **Kids & Community**

#### **Indoor Tot Park**

9 - 11 A.M. & NOON - 2 P.M.

PHILIPSTOWN RECREATION CENTER See details under Friday.

#### Farm Fun Together (ages 18 months to 5 years)

10 A.M. GLYNWOOD FARM

362 Glynwood Road, Cold Spring 845-265-3338 | glynwood.org

#### **Pioneer Living Series: Toys and Games**

Noon. Common Ground Farm

79 Farmstead Lane, Wappingers Falls 845-231-4424 | commongroundfarm.org

#### Block Party (0-3) & Lego Club (4+)

4 P.M. HOWLAND PUBLIC LIBRARY | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

#### **Kids Craft Hour**

4 P.M. DESMOND-FISH LIBRARY

472 Route 403, Garrison

845-424-3020 | desmondfishlibrary.org

#### **Art & Design**

#### **Boscobel Open to Artists**

9:30 A.M. - 5 P.M. 1601 ROUTE 9D, GARRISON 845-265-3638 | boscobel.org

#### **Theater & Film**

#### **Auditions for Proof**

7 - 8:30 P.M. THE BEACON THEATRE See details under Monday.

#### Music

#### **Open Mic at Bank Square Coffeehouse**

6:30 P.M. SIGN-UP

7:30 P.M. PERFORMANCES

129 Main St., Beacon

845-440-7165 | banksquarecoffeehouse.com

#### **The Dream Choir** 7 P.M. YOGASONG STUDIO

27 Travis Corners Road, Garrison

845-424-4340 | yogasongstudio.com

#### **Old-Timev Southern Fiddle Tunes**

7 P.M. HOWLAND CULTURAL CENTER

477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

# **Meetings & Lectures**

# **Knitting Club**

10 A.M. HOWLAND PUBLIC LIBRARY | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org



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#### physical, mental, emotional, social growth

For more information: www.dancingdialogue.com suzitortora@mac.com; 845-265-1085

8 Marion Ave Suite 1 Cold Spring, NY

# The Calendar (from page 10)

#### **Highland Knitters**

NOON. DESMOND-FISH LIBRARY 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

#### **AA Open Meeting**

7 P.M. ST. PHILIP'S EPISCOPAL CHURCH 1101 Route 9D, Garrison 845-424-3571 | stphilipshighlands.org

#### **Beacon Planning Board**

7 P.M. MUNCIPAL COURTROOM 1 Municipal Plaza, Beacon 845-838-5000 | cityofbeacon.org

#### **Board of Trustees Workshop**

7:30 P.M. VILLAGE HALL 85 Main St., Cold Spring 845-265-3611 | coldspringny.gov

#### **Women's AA Meeting**

7:30 P.M. FIRST PRESBYTERIAN CHURCH 10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

#### **Religious Services**

#### **Our Lady of Loretto**

7 P.M. BIBLE STUDY | See details under Sunday.

### WEDNESDAY, APRIL 10

#### Lawn and Leaf Pickup - Cold Spring

#### **Kids & Community**

#### **Indoor Tot Park**

9 - 11 A.M. & NOON - 2 P.M. PHILIPSTOWN **RECREATION CENTER** | See details under Friday.

#### **Chess Club With Moning Lin**

10 A.M. - 1 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

#### **Mah Jongg Open Play**

10 A.M. - 1 P.M. VFW HALL 34 Kemble Ave., Cold Spring

845-424-4618 | philipstownrecreation.com

#### **Music & Movement for Toddlers**

10:15 A.M. DESMOND-FISH LIBRARY 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

#### **Preschool Story Hour**

1:30 P.M. DESMOND-FISH LIBRARY 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

#### move + play (ages 5-7)

4 P.M. HOWLAND PUBLIC LIBRARY 313 Main St., Beacon 845-831-1134 | beaconlibrary.org

### **Guided Garden Tour - Spring Bulbs**

5 P.M. STONECROP GARDENS 81 Stonecrop Lane, Cold Spring 845-265-2000 | stonecrop.org

#### **Sailing Class (First Session)**

7 P.M. BEACON SLOOP CLUB 2 Red Flynn Drive, Beacon 845-497-3658 | jbirmingham@hvc.rr.com

#### **Art & Design**

#### Intro to Painting (First Session)

5:30 P.M. GARRISON ART CENTER 23 Garrison's Landing, Garrison 845-424-3960 | garrisonartcenter.org

#### **Meetings & Lectures**

#### Men's Group

6:30 p.m. First Presbyterian Church 10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

#### **AA Meeting**

7:15 P.M. BEGINNERS 8:30 P.M. CLOSED DISCUSSION ST. PHILIP'S EPISCOPAL CHURCH 1101 Route 9D, Garrison 845-424-3571 | stphilipshighlands.org

#### **Life Support Group**

7:30 P.M. St. PHILIP'S EPISCOPAL CHURCH 1101 Route 9D, Garrison 845-424-3571 | stphilipshighlands.org

#### **Philipstown Conservative Committee**

7:30 P.M. VFW HALL

34 Kemble Ave., Cold Spring 845-392-3405 | philipstownconservative.com

#### **Historic District Review Board**

8 P.M. VILLAGE HALL | 85 Main, Cold Spring 845-265-3611 | coldspringny.gov

#### **Religious Services**

#### First Presbyterian Church of Philipstown

7 A.M. CONTEMPLATIVE PRAYER 10 Academy St., Cold Spring 845-265-3220 | presbychurchcoldspring.org

#### **Beacon Hebrew Alliance**

8:30 A.M. MORNING MINYAN 331 Verplanck Ave., Beacon

# 847-831-2012 | beaconhebrewalliance.org

**Graymoor Spiritual Life Center** 9:30 A.M. BIBLE STUDY AND MASS JOHN XXIII PARLOR, 5TH FLOOR 8 P.M. CENTERING PRAYER MEETING

St. Francis Chapel | 1350 Route 9, Garrison 800-338-2620 | graymoorcenter.org

#### **Church on the Hill**

7 P.M. BIBLE STUDY 245 Main St., Cold Spring 845-265-2022 | coldspringchurchonthehill.org

# THURSDAY, APRIL 11

#### **Kids & Community**

#### **Indoor Tot Park**

9 A.M. - 11 A.M. & NOON- 2 P.M. PHILIPSTOWN **RECREATION CENTER** | See details under Friday.

#### **Seniors' Computer Class Registration**

9:30 - 11:30 A.M. KOEHLER SENIOR CENTER 180 Route 6, Mahopac

10 A.M. - NOON. PUTNAM VALLEY SENIOR CENTER 117 Town Park Lane, Putnam Valley 845-628-6423 | putnamrsvp.com/clc

#### **Brain Games for Adults**

10 A.M. HOWLAND PUBLIC LIBRARY 313 Main St., Beacon 845-831-1134 | beaconlibrary.org

# Depot Docs: Ai Weiwei: Never Sorry (from page 7)

she realized she had a very big and important story in her viewfinder? She told a New York Times reporter, "I just wanted to think something new about China, to do something good and show who this guy is." For those of us only vaguely and imperfectly familiar with China in its current (or any other) incarnation, the view Klayman gives us after three years inside Ai's orbit is both shocking and unsurprising, as the Party attempts to maintain its top-down control of development and the parameters of political space in the face of enormous cultural and economic changes, and the ultimately irrepressible technological changes constantly generating new, user-friendly forms of social media. Such means of communication enable the sharing of possibilities not sanctioned by the State and conversations that go beyond the bounds of the "official story."

As for Ai, Klayman's "David" is presented as an uncompromising freedom fighter who grew up with his father, a major Chinese poet and literary figure declared an "enemy of the people" under Mao and forced to live in exile in

a remote part of China. After the family returned to Beijing in 1975, Ai enrolled in the Beijing Film Academy and co-founded the avant garde art group "The Stars." For 12 years he lived in the U.S., mostly in New York, where he studied at Parsons School for Design and the Art Students League of New York. Klayman was able to document this period with archival footage and interviews, but she otherwise spends little time recounting the growth of Ai's international reputation and his prodigious accomplishments. Rather, given the drama of Ai's contest of wills with the Chinese government's "Goliath" happening in real time, she wisely stays focused on that still unfolding story, which is, perhaps, Ai's greatest artistic achievement so far.

Ai Weiwei: Never Sorry will be shown at the Philipstown Depot Theatre, Garrison's Landing, on Friday, April 19, at 7:30 p.m. A Q-and-A with Klayman and a reception will follow the screening. Reservations are advised and can be made by calling the Depot Theatre at 845-424-3900 or on philipstowndepottheatre.org.

#### **Bouncing Babies**

10:30 A.M. BUTTERFIELD LIBRARY 10 Morris Ave., Cold Spring 845-265-3040 | butterfieldlibrary.org

#### Children Read to Dogs (ages 7-10)

3:30 P.M. DESMOND-FISH LIBRARY See details under Friday.

#### **Health & Fitness**

#### Dance \* Drum \* Sing \* Hum 7:30 P.M. BEACON YOGA CENTER

464 Main St., Beacon 347-489-8406 | beaconyogacenter.com

#### **Adult Co-Ed Volleyball**

7:30 P.M. PHILIPSTOWN RECREATION CENTER 107 Glenclyffe Drive, Garrison 845-424-4618 | philipstownrecreation.com

#### **Fox & Branch Family Folk Music**

4 P.M. HOWLAND PUBLIC LIBRARY 313 Main St., Beacon 845-831-1134 | beaconlibrary.org

#### **Beginning Fiddle, Cello & Mandolin**

7:30 P.M. GARRISON ART CENTER 23 Garrison's Landing, Garrison 845-424-3960 | garrisonartcenter.org

#### **Open Mic Night**

8 P.M. SIGN-UP

9 P.M. PERFORMANCES

12 GRAPES | 12 N. Division St., Peekskill 914-737-6624 | 12grapes.com

Visit www.philipstown.info  $for\ news$ 

#### **Meetings & Lectures**

#### **AARP Tax Assistance**

10 A.M. - 2 P.M. HOWLAND PUBLIC LIBRARY See details under Monday.

#### **Haldane PTA**

7 P.M. HALDANE SCHOOL 15 Craigside Drive, Cold Spring 845-265-9254 | haldanepta.org

#### **Chess Club**

7 - 10 P.M. HOWLAND CULTURAL CENTER 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org

#### **Art and Ethics for Artists and Graphic Designers (Lecture)**

7 P.M. CENTER FOR THE DIGITAL ARTS 27 N. Division St., Peekskill westchestergallery.wordpress.com

#### Special Board for Comprehensive Plan/LWRP

7:30 P.M. VILLAGE HALL 85 Main St., Cold Spring 845-265-3611 | coldspringny.gov

# **AA Step Meeting**

8 P.M. ST. MARY'S EPISCOPAL CHURCH See details under Sunday.

# **Religious Services**

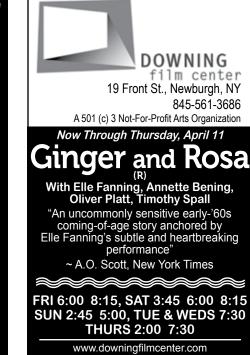
#### Church on the Hill

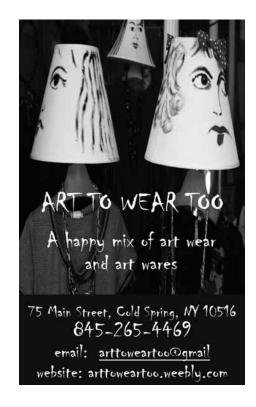
6:30 P.M. HILL TOP VISIONARIES (YOUNG ADULTS) See details under Sunday.

#### **Graymoor Spiritual Life Center**

7:30 P.M. St. JOHN'S PRAYER GROUP ST. PIUS X CHAPEL | See details under Sunday.







#### COMMUNITY BRIEFS

# Aery Theatre Presents Ariane One-Act Festival

A riane Orenstein, long-time Aery Theatre Company and Depot Theatre actress passed away far too early in 2011. In her memory, the Aery Theatre Company's Third Annual Ariane One-Act Festival gathers together a group of local award-winning playwrights, directors and actors to perform four original oneact plays at the Philipstown Depot Theatre in Garrison on April 12, 13 and 14.

#### To be performed are:

- Dreamboat, written by Anne Connolly (winner of Best Actress – Fourth Annual Aery 20/20 Festival) and directed by Connolly and Christopher Lukas (Emmy Award-winning producer-writer-director for PBS stations over a 50year period)
- Wishes, written and directed by Albi Gorn (winner of many playwriting awards including, among others, Best Play – 2006 Strawberry One-Act Festival in New York City and the 2005 Havemeyer One-Act Play Competition)
- Chlorine Blues, written by Aery Theatre founder Patrick J. Lennon (winner of Best Play 2012 Strawberry One-Act Festival in New York City) and directed by Aery Theatre artistic director Richard E. Knipe Jr. (winner in 2003 and 2004 Strawberry One-Act Festival and in 2000 New American Playwrights and well-known for his Depot Theatre Mainstage productions Schooling Giacomo; Honor and Grace and Prisoners).
- Lady Wife (winner of Best Play and Best Actress - Sixth Annual Aery 20/20 Festival) written and directed by Connolly

Performances are Friday and Saturday, April 12 and 13, at 8 p.m., and Sunday, April 14, at 4 p.m. at the Philipstown Depot Theatre, Garrison's Landing in Garrison. The performances contain mature material.

Tickets are \$15 (seniors \$12). For more information or to purchase tickets, call 845-424-3900 or visit philipstowndepottheatre.org

# Art Center Holds 'Draw On' in Cold Spring April 6

Free demo classes April 13

On Saturday, April 6, the Garrison Art Center is partnering again this year with the Aldrich Museum in a community-wide collaborative drawing event, Draw On! This year the event will take place at locations in Cold Spring — Marina Gallery, Gallery 66 NY and The Living Room, between noon and 3 p.m. They will



Garrison Art Center open house

Photo courtesy of GAC

offer some fun ways to express oneself through drawing. All ages are welcome.

Visit the Garrison Art Center on Saturday, April 13, for their Open House and free demo classes. From 10:30 a.m. to noon see the Draw On! exhibition and participate in demos in clay and silk-screen printing. From 12:30 to 2 p.m. there will be demos in marbling, land-scape drawing, experimental drawing and monotype printmaking.

Draw On! and the Open House at the Art Center are free and open to all ages, but children under 8 must be accompanied by a parent or guardian. The Garrison Art Center is located at 23 Garrison's Landing in Garrison. For more information, call 845-424-3960 or visit garrisonartcenter.org.

# Haldane Foundation's Glynwood Fundraiser Offers Taste of Valley

The Haldane School Foundation (HSF) invites all members of the community to feast on cuisine from local restaurants and caterers to sample the region's finest craft beer and wine at its 2013 spring fundraiser — A Taste of the Valley.

The event, which will be held at Glynwood Farm at 7 p.m. on Saturday, April 20, will feature food from many of the area's finest restaurants, including Hudson Hil's, Sukhothai, Riverview Restaurant, Cathryn's Tuscan Grill, Homespun Foods, Glynwood, Nature's Pantry, Fresh Company, B&L Catering, Moo Moo's Creamery and others. Wine from local wineries will be served. Craft beer tastings will be provided by Peekskill Brewing Company, compliments of Brewmaster and Haldane parent Jeff O'Neil.

"The HSF's annual fundraiser at Glynwood is always our most popular event," said Event Co-chair Pam Schumann.
"This year, the continued support of

Glynwood and the generosity of our local businesses made it possible for the foundation to adopt this exciting new format, in which attendees will get to sample the fare of the talented chefs, vintners and brewers working right here in the Hudson Valley."

The Taste of the Valley fundraiser will take place in the Main House of Glynwood Farm. Tickets are on sale now for \$60 per person. To purchase tickets online go to haldaneschoolfoundation.org. For more event information, contact Schumann at 914-325-9445 or pam.schumann@haldaneschoolfoundation.org.

The HSF is a community-based, non-profit organization that raises money to enhance public school education in the community. Since its inception in 2000, the HSF has awarded over \$500,000 in educational grants to the district, with almost \$70,000 awarded in 2012 alone.

# Garden Club Brings Easter Baskets to VA

As part of its program of regular seasonal offerings to the residents at the Veterans Administration Hospital at Castle Point, the Highland Garden Club delivered Easter baskets filled with spring plants. To encourage the vets to begin their own projects, the group also provided baskets of seeds and seed-starting kits. In a few months, members will take vegetable and flower plants for the vets to grow in specially designed beds.



Highland Garden Club Treasurer Mary Joy of Cold Spring with Easter baskets Photo courtesy of Highland Garden Club

Headquartered in Cold Spring, the Highland Garden Club maintains the flowers around the memorial at Main and Chestnut Streets (Routes 301 and 9D), around the bandstand near the dock, and in the beds at the foot of Main Street. In addition to bringing holiday plants to the VA, the club also provides plants to Philipstown seniors at the Friendship Club. Members also produce Christmas wreaths as a fundraiser and will be holding an annual plant sale the weekend before Mother's Day.

# Dog Walk and Adoption Day at the Walkway

The Walkway Over the Hudson has been a dog-friendly park since its opening in 2009 and will host *Dog Adoption Day* on Saturday, April 20. The day



Walkway park staff Michele Markey, left, Mike Cappuccilli Jr., Jeff Hayden and Shea (a rescue pup and Walkway dog ambassador) and Geoff Travagline

Photo courtesy of Walkway

will start off with a dog walk from 9-11 a.m. with a pet etiquette discussion. Walkway doggie memberships and dog bandanas will be raffled off.

After the dog walk, on the west side of the park, from 11 to 4 p.m., dogs will be available for adoption. Those who cannot adopt can find out about volunteering or fostering a pet. Those who adopt dogs will receive free gift bags.

Activities for kids include face painting, balloon animals and a visit from the mascot, Harvey the Hound. Pooches will enjoy fresh-baked dog treats by Cakes by Meg. Stylish T-shirts will be available to commemorate the day. Local salsa company My Brother Bobby's Salsa has packaged a special edition label to commemorate the event. Pet and Play Resort will present workshops on how to introduce your dogs to one another, doggie body language, and heat exhaustion.

There will be a pet food and supply drive, too. Drop off pet food, treats, beds, toys, cleaning supplies, towels and old blankets. The donated items will be divided up and given to the shelters that participate, including the Animal Farm Foundation, Hudson Valley Humane Society, Ulster County SPCA, Dutchess County SPCA, Roundout Valley Animals for Adoption, Humane Society of Walden, Guiding Eyes for the Blind, Pets Alive Animal Sanctuary, Warwick Valley Humane Society, Town of Hyde Park Animal Control, National Great Pyrenees Rescue, and OCC Retriever Rescue.

The Walkway Over the Hudson has two entrances: the east side of the river at 61 Parker Ave. in Poughkeepsie; the west side of the river at 87 Haviland Road in Highland. The site is administered by New York State Office of Parks, Recreation and Historic Preservation. For further information, contact the park office at 845-834-2867 or visit nysparks.com.

# Garrison Institute Offers Urban Earth Day Meal

The Garrison Institute will host An Urban Earth Day Meal, a dinner prepared by Fresh Company with hors d'oeuvres, dinner, beer and wine and featuring a talk by Jonathan F.P. Rose on the green urbanism movement for healthier cities, including a surprising hotspot of green resilience: the South Bronx. This is the fourth annual Earth Day event hosted by the Garrison Institute in collaboration with Fresh Company.

The menuis inspired by classic New York City dishes made with ingredients from the city and the Hudson Valley. Some of the vendors include Sfoglini Pasta, Bronx Brewery, Long Island wine, and eggs and honey from NYC; Hudson Valley vendors include Hudson Valley Fresh, Continental Organics, Blooming Hill Farm, Padgett (continued on next page)



#### COMMUNITY BRIEFS

(from previous page) Farm, Old Chatham Sheep Company, and many more.

Rose was recently profiled in the Wall Street Journal. A thought leader in the Smart Growth, national infrastructure, green building, and affordable housing movements, his business, public policy and not-for-profit work all focus on creating a more environmentally, socially and economically responsible world. In 1989 he founded Jonathan Rose Companies LLC, an award-winning multi-disciplinary real estate development, planning, consulting and investment firm, as a green urban solutions provider. He is a trustee and former chair of the Garrison Institute, which he co-founded with his wife, Diana Calthorpe Rose.

The dinner will take place Thursday, April 18, at 7 p.m. at the Garrison Institute, 14 Mary's Way in Garrison. It is open to the public, but reservations required online at garrisoninstitute.org/urbanearthday or by phone at 845-424-4800. The cost is \$38 per person paid by credit card prior to the event or \$40 cash or check at the door. A percentage of the dinner price will be donated to Chef's Collaborative, an organization that promotes sustainable cuisine through education and supports local farmers. Organic Valley, a dairy co-op, will generously match the donations.

# The Butterfield Library Says Goodbye to Tree

The tree that graces the edge of the Butterfield Library's front lawn in Cold Spring has reached the end of its life cycle. For a few years, the tree has shed its branches during wind and storms and, upon examination, it has been determined that it is hollow and rotten.

Throughout the years, this tree has provided shade from the sun, held the hours sign, and provided a peaceful spot for story time. To recognize the significance of its loss, one of the library's patrons suggested the library have a ceremony to honor this tree.

There will be a special reading of *The Giving Tree* by Shel Silverstein to say goodbye to the library's leafy friend on Wednesday, April 10, at 3:30 p.m. All are welcome. Children are invited to bring handmade cards to say goodbye.

For more information on this and other events at the Butterfield Library, please visit butterfieldlibrary.org.

# Health Dept. Offers Vegetable Gardening Workshop on April 20

Growing and eating your own vegetables is a trend that benefits health and fosters family involvement. The Health Department and Cornell Cooperative Extension are launching a new program on April 20 called "Garden to Table," modeled after the Victory Gardens of the World War II era. This presentation will offer tips on starting a vegetable garden and is suitable for families with or without much property.

Growing vegetables has multiple rewards: children tend to eat more vegetables when they grow their own, time spent gardening is healthy exercise, and the experience of gardening is one in which the whole family can participate.

The event is planned for Saturday, April 20, from 10 a.m. to 12:30 p.m., at 1 Geneva Road in Brewster. For more information about this program, or to register, visit CCE.cornell.edu/putnam or call 845-278-6738.

For additional information on eating right and incorporating healthy lifestyle

practices, visit the *Live Healthy Putnam* website at putnamcountyny.com/livehealthyputnam or the Academy of Nutrition and Dietetics website, eatright.org.

# Soprano Fontanelli Opens Chapel Concert Season

Cristina Fontanelli will appear in concert on Sunday, April 21, at 4 p.m. in the Chapel Restoration. The program will include selections from her opera, Broadway, cabaret and nightclub repertoire. Admission is free.

Among broadcast appearances, Fontanelli was PBS host for Andrea Bocelli's 2011 concert in Central Park and has been on *CBS Weekend NY* in performance and as a co-host for the past two years. She has sung with the Palm Beach Opera, the Cairo Opera, Opera of Hong Kong, the New York Grand Opera, New Jersey State Opera and the Opera of the



Cristina Fontanelli

Photo courtesy of Chapel Restoration

Hamptons. She has also been guest artist with the Boston Pops and the St. Louis Symphony performing in major concert halls throughout the United States, including the Lincoln and Kennedy centers, and in Canada and the Far East. She has toured the Middle East extensively as an Ambassador of Opera, has recorded *Cristina Fontanelli Sings Great Italian Favorites*, has appeared at Feinstein's at The Regency in New York City, among other venues, and has received various other awards.

Robert Wilson, who will appear with Fontanelli, has a distinguished career as both soloist and accompanist.

The chapel, at 45 Market St. in Cold Spring, is across from Metro-North station, where free parking is available on weekends. This concert is made possible, in part, by New York State Council on the Arts with the support of Gov. Andrew Cuomo and the state Legislature and public funds from Putnam County, grants managed and monitored by Putnam Arts Council. Contributions from the public are welcome.

#### Beacon

# Bakers Donate to Raise Money for Baby Felix

Turn off your ovens, put away your rolling pins, and don't bother going to the store for more flour. Instead, head to Beacon on Saturday, April 13, for the Bake Sale for Baby Felix and stock up on homemade treats for a good cause. From 10 a.m. until 4 p.m., Zora Dora Paletaría at 201 Main St. will be filled with freshly baked goods made by amateur as well as



Felix Koch

Photo courtesy of the Koch family

professional bakers and confectioners.

The bake sale will be held in honor of Felix Koch, an 8-month-old boy who was born with a rare, life-threatening condition called biliary atresia, which is a blockage of the bile ducts between the liver and small intestine. Felix was one of the lucky ones; on his 6-month birthday, thanks to a selfless organ donor, he received a new liver. But even with health insurance, Felix's parents are facing enormous medical expenses as a result of the surgery, treatments and countless doctor and hospital visits. His parents, teachers Kate and Branden Koch of Brooklyn, have asked for assistance from the Children's Organ Transplant Association (COTA), and a group of friends and family volunteers, led by Kristen Cronin and Tara Tornello of Beacon, are working with COTA to raise funds for Felix and other children like him. One hundred percent of proceeds from the bake sale will benefit COTA in honor of Felix.

A wide array of sweet and savory treats will be available at the bake sale. Freshly squeezed lemonade will also be sold. Purchases may be made with cash only.

Almost 35 bakers and confectioners from all over the Hudson Valley are donating their time and talents to help contribute to this worthy cause. Some of these include Lagusta's Luscious, a New Paltz-based artisanal chocolate shop, donating 100 of their fair-trade, glutenfree, vegan chocolates; CIA-trained former Roundhouse pastry chef Marissa Sertich, donating her scones; Beacon Bagel, donating their housemade pretzels; and Walnut Grove Farms in Montgomery, donating eight dozen of their farmfresh eggs to the bakers.

For more information on the Bake Sale for Baby Felix, email bakesaleforbabyfelix@gmail.com. Read Felix's story at cotaforfelixk.com.

# Alexander String Quartet Returns to Howland Center

The Howland Chamber Music Circle will present the Alexander String Quartet, Zakarias Grafilo and Frederick Lifsitz, violin; Paul Yarborough, viola; and Sandy Wilson, cello, in a return performance.

Formed in New York City in 1981, the quartet was the first string quartet to win the Concert Artists Guild Competition the following year. In 1985, the quartet captured international attention as the first American quartet to win the London International String Quartet Competition, receiving both the jury's highest award and the Audience Prize.

Since then, the Alexander String Quartet has performed in the major music venues of five continents. Widely admired for its interpretations of Beethoven, Mozart and Shostakovich, the quartet has also established itself as an important advocate of new music through over 25 commissions and numerous premiere performances.

For its concert at the Howland Center, the quartet has chosen to play two works by Benjamin Britten: 3 Divertimenti for String Quartet and the String Quartet No. 2 in C Major, Op. 36, and Franz Schubert's String Quartet No. 15 in G Major, D.887.

The performance will take place on Sunday, April 21, at 4 p.m. at the Howland Cultural Center, at 477 Main St. in Beacon, and will be followed by a reception to meet the artists.

Tickets are \$30 (\$10 for students) and can be reserved by calling 845-297-9243 or on the HCMC website, howlandmusic.org.

# Theo Ganz Studio Opens Archives From Villa de García to Beacon April 13

Theo Ganz Studio will present Archives From Villa de García to Beacon, a solo exhibition of the work of Kirsten Kucer. The opening reception for the artist will take place on Saturday, April 13, from 6 to 8 p.m. The show runs through May 5.

Kucer taught at the Universidad de Monterrey and lived in Villa de García, Nuevo León, Mexico from 2001 to 2005. When she returned to the U.S. and moved to Beacon in 2005, she began working in an intimate 90-square-foot studio and concentrated on drawing. "I started pulling from memory and my photographic archives of my time spent in Mexico as a way to begin drawing," Kucer wrote. "I thought my primary concern in this work was about space and chance, but as I continued drawing it was clear that it was equally as much about my experiences in Villa de García."

Theo Ganz Studio is located at 149 Main St. in Beacon. For more information, call 917-318-2239 or visit theoganzstudio.com.



Kucer's Light at the End of the Tunnel, 2004 (latex, glass and steel)

Photo by Nancy Bauch/Theo Ganz Studio

# Living Yoga Nears Its Six-Month Anniversary (from page 7)

of a driver's learning permit and the window between obtaining knowledge at the beginning of a new activity and the later ability to use that knowledge without consciously thinking about it.

"What struck me about it," Schulman said, "was the process of where she is to where I am: study, focus, being absorbed in a way that you don't need the object anymore; there's a continuum. What we're doing here in this room is the same. We don't have to think so much; although we want to retain an open beginner's mind, we are free to work on the quality of our minds. We can transcend the body and have more subtle experiences."

After that opening, Schulman guided, with instructive words and an occasional gentle correction as she moved through the room constantly, navigating those in the class in a flow of changing positions, telling them to — among many other things — "lengthen your spine as you arch your back — have room for your chest to drop," "make sure your right hip comes above your knee; this pose can often make you feel stuck — it confines your freedom within the boundaries of the pose."

Throughout, there was a language of poses: Lizard, Reverse Prayer, Warrior I, which the participants were obviously familiar with at this level, as they moved into them almost in unison. After about 60 percent of the class time had elapsed, there was an almost palpable rise in energy in the room, which lasted until Schulman slowed things down and brought the session to an end with a more meditative pace.

It was not clear to this observer whether Schulman was working extemporaneously, or if the whole session had followed a set sequence. Explaining, Schulman said, "I always write my classes by doing my practice. However, any good teacher still has to teach the people in front of

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them. In particular with Level 1, there is a mixture of experience and people who have never done it before. You can't stick to your sequence or you're not addressing the needs of everyone in the class."

> "We don't have to think so much; although we want to retain an open beginner's mind, we are free to work on the quality of our minds. We can transcend the body and have more subtle experiences."

Their clientele is a mixture of those who used to take classes at The Garrison and many new students, some of whom try it out after simply spotting it while at the plaza for other purposes. One of the "old" guard is Glen Cavanagh, a veteran of many years, who praised the studio.

"Classes rotate from week to week, working different areas of the body. At some places [the teachers] repeat the same classes over and over and it doesn't work your whole body. Here the flow is impeccable, with the pacing linked to breath, and no jarring transitions. If the pace is too fast, you can get a full inhale or exhale, and if it's too slow, you're left gasping because the movement is not in sync with the breath."

Asked what she thinks the most common misconceptions about yoga are, Schulman offered a counterpoint: "People often think it's not a workout, or, on the other hand, that you have to be really flexible to do it. But the whole philosophy is that you start where you are and make it work for you. Also people don't fully understand the scope of the practice. Westerners tend to see it as physical, but there is a deep philosophy in the

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practice, which can change your life. You can have as much as you like or as little as you like, but there is a depth to this practice which moves beyond the body — it's not interchangeable with Pilates or going to the gym; it's very multi-layered."

Living Yoga was built as a certified "Green Yoga Studio," trying to leave as light a footprint as possible, said Schulman, using bamboo floors, special paint low in VOCs (volatile organic compounds), LED lights, a water-filtration system that uses no plastic, and radiant heat in the bathrooms.

Classes are available in different multi-class packages, and one can drop in and try just one for \$18. Classes are offered seven days a week. Other teachers are Jenn Stebbins, Leslie Mott, Beth DeWit and Amanda Amadei. There are discounts for teachers and various emergency responders and the military.

A teacher-training course recently concluded, and another will be offered in the fall. Each month the studio hosts Yoga Beats, a two-hour, extended-level (above Level 3) "hard, sweaty" class set to a particular style of music — they've done '80s and funk, and next up is "Diva Night" with an all-female line-up of songs.

Living Yoga also offers a teachers' advancement program, continuing education for teachers on various topics. There's even a book group that meets every six weeks or so. The overall goal, said Schulman, is to make Living Yoga become "not just a place for class, but to foster a sense of community — we're thinking that way moving forward."

Living Yoga is located at 3182 Route 9 in Cold Spring (Perk's Plaza) and can be reached at 845-809-5900. For more information, visit the website livingyogastudios.com.



A class in session at Living Yoga

Photo courtesy of Living Yoga

# Basic STAR Program Changed in the New York State Budget

ssemblywoman Sandy Galef, chair of the Assembly Real Property Taxation Committee, announced the 2013-14 New York state budget includes changes that will require current Basic STAR (School Tax Relief) recipients to re-register in order to continue receiving their exemptions. Under the new plan, taxpayers will register with the New York State Department of Taxation and Finance. The updates are part of an effort to eliminate wasteful spending on inappropriate STAR exemptions.

Basic STAR exemptions applied to New Yorkers' school tax bills are available only for a taxpayer's primary residence.

"Recently there have been instances where owners of property have double-dipped and have received exemptions on multiple properties," stated Galef. "This is against the law. The STAR Program has been in existence since 1998 and needs to require periodic renewals by property owners so that abuses such as double-dipping do not take place. These new rules should correct the problem and assure that the STAR program has the financial resources to continue to help taxpayers."

The New York State Comptroller reported earlier this year that improper exemptions cost the state \$13 million in the 2011-12 year and might exceed \$73 million by 2015-16.

The state budget includes the following changes to the Basic STAR Program:

#### STAR Re-Registration Program

Owners of property that received the basic STAR exemption for the 2012-13 school year must re-register with the

Commissioner of the New York State Department of Tax and Finance.

The commissioner will provide written notification of the registration requirement to owners at least 60 days before the registration deadline.

The commissioner may reinstate reregistration requirements in the future but cannot require registered STAR recipients to re-register more than once in a three-year period if their primary address has not changed.

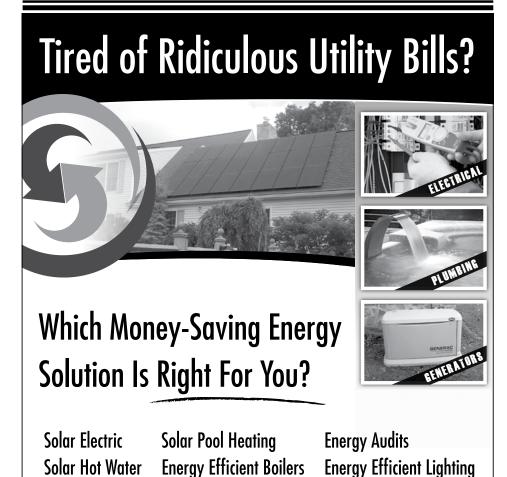
An administrative process is established for taxpayers who fail to submit their re-register paperwork by the established deadline, or who wish to appeal decisions of the department.

#### STAR revocation and penalty

The new law establishes a number of provisions aimed at discouraging fraudulent exemptions, which will include repayment of the full amount of inappropriately claimed exemptions and other fines and penalties. However, Galef noted the Assembly fought to keep the penalties in line with the objective of the program, which focuses primarily on eliminating unnecessary mistakes and fraud going forward.

"These changes do not impact the Enhanced STAR program for seniors 65 and over. Senior citizens have been required to meet an economic threshold of \$74,100 or less and prove this threshold each year to receive the Enhanced STAR tax relief," concluded Galef.

Taxpayers seeking additional information about changes to the STAR program should contact the Tax Department at 518-457-2036 or visit their website at tax.ny.gov.



# Garrison's 'Monastery for the 21st Century' Celebrates 10th Anniversary (from page 16)

This program was designed to help them use contemplative practices to free them from that stress-producing reactive pattern that they get caught in," she said.

The Garrison Institute is housed on the scenic riverfront land known as Glenclyffe. The grounds are rife with lore and legend dating back to the Revolutionary War. There is even, somewhere in this land's buried history, a fleeting association with Benedict Arnold. The parcel is actually under the auspices of the Open Space Institute, the not-for-profit group that has long been committed to keeping the property out of the hands of developers. Before the Open Space Institute or the Garrison Institute was associated with the land and building, it was a monastery that served as home to the Capuchin Friars. With a time span of only three decades since the departure of that religious order, you don't have to go far in Philipstown to encounter someone who has memories of the Capuchin days and the friars' contribution to the community. "I remember that in the '80s, they were kind enough to let the younger basketball team practice in their gym when the two gyms at Haldane were full," said former Haldane pupil and current Cold Spring Mayor Ralph Falloon.

It is a practice of the Garrison Institute and a condition of the Open Space Institute that the grounds remain accessible to the community. For those longtime local residents who might be sentimental about the days of the Capuchin monastery, they would be heartened to see that not much has changed, right down to the occasional remaining example of Christian iconography, some of which was spared at the suggestion of someone with no small amount of influence: "There's a very sweet story



Photo courtesy of Garrison Institute

about the Dalai Lama coming here and responding to a passing comment about possibly removing the cross that crowns the main entrance of the building. He said, 'No, no, don't remove that. Let it stay to honor what the Capuchin community meant," said Brentano.

But the past informs the present in ways other than physical, according to Brentano. "This building is redolent with the sense that the people once living here dedicated themselves to a contemplative life. The fact that the Capuchin community existed here once makes this building very relatable to the people who come here now."

Aside from the Gala Dinner of April 9, there will be other events to mark the 10th anniversary as the year unfolds, some of it with a local focus. "We're talking about a program for the local community, something I think is very important," said Brentano, referring to discussions that have taken place between institute programmers and their local advisory group.

But local residents can take advantage of Garrison Institute offerings without the time or financial commitments that a full retreat would require, although all are encouraged to explore the institute website for retreats that might be a good fit. On an ongoing basis on most Wednesday mornings, there is a free meditation session open to all. Additionally, local tai chi instructor Teresa Peppard leads a lowcost session on most Thursday mornings. These are just two examples of programming offered to locals who might want to participate in the Garrison Institute, both of which are on a drop-in basis.

Brentano offered a glimpse of what's in store for the future. "We're building hubs in other locations as part of our Climate, Mind and Behavior program. We have five or six other cities now, with people who have attended gatherings here and have since gone on to implement these practices elsewhere, while still working within the overall initiative. So we're building these networks. In the digital age that's

how you create impact," she said, while stressing an ongoing commitment to the institute's mission of using contemplative practice to build a more resilient and compassionate future.

Local residents who visit the Garrison Institute might spot a retreat-goer roaming the grounds in a state of quiet contemplation. If the track record of the Garrison Institute up until now is any indication, that state of silence might just be the most effective tool available for changing the world for the better.

The Garrison Institute is located at Glenclyffe, 14 Mary's Way, Route 9D in Garrison. Details and tickets for the April 9 Gala Dinner are available at garrisoninstitute.org.

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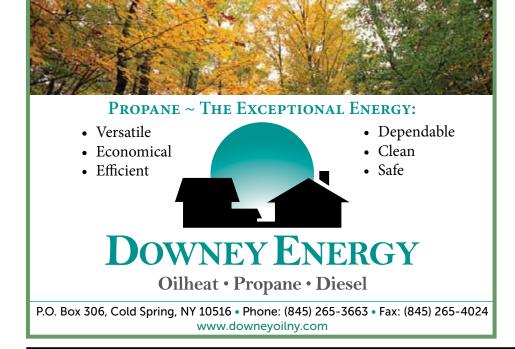
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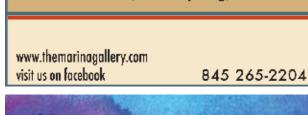
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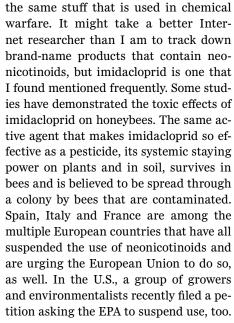
**Roots and Shoots** 

# Plant a Native Flower, Save a Bee

By Pamela Doan

read the story that made the rounds last week about the mass die-off of .40-50 percent of the honeybees with a sick feeling. It's hard not to find terrible news about nature or the environment on a daily basis, but if you've been paying attention, you know that bees have been dying in droves for nearly a decade. It's called colony collapse disorder, and mites, disease and pesticides have all been named as possible causes. This time around, a class of pesticides called neonicotinoids may be involved.

There are more than 4,000 species of native bees in the U.S., and one third of our food supply needs pollination from bees. Essentially all fruit that has seeds and many vegetables, from asparagus to watermelons, need pollination. Almonds, olives, alfalfa and soybeans couldn't be harvested without pollination. If you enjoy fruits and vegetables, thank a bee for



If national news about the state of bees is dire, how are local farms affected? I spoke to Josh Morgenthau, third-generation farmer and the owner of Fishkill Farms. They have a CSA, apple orchards

> and organic produce, not to mention delicious apple cider donuts. Morgenthau said, "I'm worried about this problem. We've have had bumblebees brought in, but we've been lucky so far and have good natural pollinators." Morgenthau described an increase in wild bees when the farm went organic. As part of Eco Apple, a program for small and mid-size growers in

the Northeast, Fishkill Farms follows the protocols of Integrated Pest Management. It's similar to guidelines for organic growing but acknowledges that

Photo by P. Doan



growing apples without any chemicals is extremely difficult and that some usage is allowed under certain conditions.

Integrated Pest Management can be applied to any home garden or landscape, too. The approach relies on careful identification of the pathogen or pest and treats the ecosystem holistically. Most of us are ready to reach for a bug spray to get rid of a pest rather than first look at the function of that pest in the landscape and non-chemical approaches to controlling it. Responsibly evaluating the biological, cultural and physical methods to address the problem takes more effort, but it will prevent damage and harm to all the living plants and creatures in your garden, your neighbor's yard and wherever else the chemicals travel in the wind or water.

A lot of magazines and websites emphasize butterfly-friendly gardens, but bee-friendly gardens are beautiful and useful, too. I've been planting cosmos, which are asters, for the past few years in the same spot in my yard. All kinds of bees love them and they flower all summer long. Native flowering plants are especially good in supporting our native bees. Joe Pye weed, ironweed and coneflowers are just a few that have gorgeous color and provide lush habitat for bees. The Native Plant Center in Westchester has upcoming classes on gardening to attract beneficial insects and landscaping for beekeepers.

Kim Eierman, an environmental horticulturist who teaches classes at the Native Plant Center, the Bronx Botanical Gardens and many other places, recommends layering your landscape to create a supportive bee landscape. "There are about 470 native bees in New York, and then there are honeybees, which are not native. They have different needs, so a diverse range of plants is the key. In the spring, bees emerge hungry, so native trees that provide pollen and some nectar like sugar and red maples, tulip trees and willows, among others, are the first line of nutrition. Later in the spring, your flowering shrubs like black cherry, winterberry and clethra compliment your natives like anise hyssop, woodland sunflowers, mountain mints and milkweeds."

After reading all this, you might be thinking, "Yeah, sure, but if I'm attracting all these bees to my yard, don't I have to worry about stings?" Kim had an answer for this, too. "Bees don't care about us and aren't aggressive. Yellow jackets, which are aggressive, aren't bees and should be treated differently." So plant natives, avoid the pesticides, and do good by the bees. You won't regret it.

*Garden questions? Send them here:* askrootsandshoots@philipstown.info.

its invaluable role in producing it.

Neonicotinoids were the answer to highly toxic organophosphates, which are a class of pesticides that work like a nerve gas for insects and function like

Garrison's 'Monastery for the 21st Century' Celebrates 10th Anniversary By Pete Smith uring a recent weekday lunch hour at the Garrison Institute, retreat-goers milled quietly in

the dining hall, gathering their plates and helping themselves to an elegantly arranged buffet of mozzarella panini, white bean and celery salad and other farm-fresh offerings. Making their way to the hall's artisan-crafted banquet tables, they sat and savored, but there was no verbal gushing about the sublime menu. This was Day 5 of a silent retreat called Jesus - The Teachings of a Revolutionary Mystic. Just weeks earlier, another gathering was held, called The Climate, Cities and Behavior Symposium. In that case, as with many of the retreats at the Garrison Institute, communication - verbal, aloud and passionate, was very much a part of it.

These gatherings serve as examples of the diversity in contemplative-practice programming that the Garrison Institute has offered over the past decade. The fact that this "monastery for the 21st century," as its founders have referred to it, is thriving on the occasion of its 10th anniversary is cause for celebration. On April 9, a Gala Dinner will be held at the Pierre Hotel in Manhattan, hosted and co-chaired by Garrison Institute Spiritual Advisor Galek Rimpoche and actoractivist Richard Gere. A keynote speaker for that event will be author and environmentalist Paul Hawken.

When the Garrison Institute began in



Recent staff retreat at Garrison Institute

2003, it did not have the luxury of growing slowly into its role as a retreat center with an international profile. Within months of hosting its first retreat, there was a historic visit by the Dalai Lama, appearing there to address a conference of teachers from Tibetan Buddhist Dharma Centers in the Americas. All of this happened before the Garrison Institute was even able to hold its own opening ceremony. In the ensuing years, the retreat center has hosted countless spiritual leaders, artists and environmental activists, all within the framework of "applying the power of contemplation to today's pressing social and environmental concerns, helping build a more resilient and compassionate future," according to its mission statement.



the strength of the

founder's vision

for what the in-

stitute could offer

the world," said

Robyn Brentano,

director of the

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and momentum of

Insti-

Garrison



**Garrison Institute Director Robyn Brentano** 

events in those early days, a byproduct of the determined spirit of Jonathan and Diana Rose, who founded the Garrison Institute.

Aside from the founders and their commitment to develop a thriving center for contemplative practice, the Garrison Institute also has three spiritual advisors, all of who joined on Day 1. Along with the spiritual value they brought as evidenced by the diversity of their backgrounds, the advisors collectively

"I think you can stressed the importance of using science as framework for the teachings of the institute. "They knew that by doing so, contemporary society could begin to understand the value of contemplative practice," said Brentano. Those three spiritual advisors, Rinpoche (who is the co-chair of the April 9 event), Rabbi Zalman Schacter and Father Thomas Keating, have been consistently engaged in the programming of the institute and remain so to this day.

According to Brentano, it is especially significant that the teachings and contemplative practices of the institute have resulted in real world applications. "One of the seminal programs that was developed here under our Transforming Trauma Initiative is the Domestic Violence Shelter Workers Program. This is for people employed in domestic violence shelters, experiencing vicarious trauma due to the nature of their work. It is known that shelter staffers internalize their ex-(Continued on page 15)