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Feeding Fido **See Page 19**

Friday, July 8, 2016



West Point fireworks as viewed from Cold Spring dock July 2

Photo by Anita Peltonen

Sidewalk Woes in Cold Spring

Safety vs. expanding business

By Michael Turton

s Cold Spring's Main Street Project nears completion (work on Furnace Street will begin July 11), how the new sidewalks are being used by village shop owners remains a thorny and complex issue.

In a letter to store owners on Main Street, Mayor Dave Merandy reminded store owners that, according to the village code, they cannot display merchandise more than three feet beyond the front wall of the store. At some shops, sandwichboard signs, tables, chairs and merchandise crept well beyond that limit. While the law is clear, the threat of paying a fine of as much as \$250 or the theoretical possibility of spending up to 15 days in jail did not sit well with some merchants.

Pro and con

"There are too many laws and regulations for this tiny village," said Patty Villanova, owner of Side Effects/NY Boutique at 137 Main. "They shouldn't be wasting (Continued on Page 5)



Some stores have concrete stoops which are still considered by village law to be part of the sidewalk. Merchandise must be kept within three feet of the shop's front wall.

Photo by M.Turton





Top, multiple rockets produced this colorful display at Cold Spring July 3. (Photo by Anita Peltonen) Above, Bicycle Decorating Contest Winners: from left, Elaine Llewellyn (2nd place), Nick Thesing (1st place) and Eamon Wall (3rd place). (Photo by Michael Turton)

Walking Ward 4 in Beacon

Diversity and growth in Beacon's "entertainment district"

By Jeff Simms

inding around Fishkill Creek, through parts of east Main (the section) and East Main (the



Ali Muhammad during a walk around Ward 4 Photo by J. Simms

street), Beacon's Ward 4 could be the city's most diverse.

Ali Muhammad, the ward's 28-year-old City Council representative, knows every inch of it.

"I know a lot of the people who have grown up here," he says, walking down Tioronda Avenue. "I know a lot of their families." Every minute or two, he pauses to wave as someone drives by. He greets

every person he passes on the street, even if he doesn't know then, although chances are he does. "I want for my brother and sister what I want for myself," he says. "Why not be friendly? Walking down Main Street is difficult sometimes [because he sees so many people], but then again it's great."

His ward includes 1 East Main, which may ultimately be the city's most high-profile housing development. Anoth-(Continued on Page 3) Cook On: 1 part chaos, 2 parts calm

Fish Taco Fill-up

By Mary Ann Ebner

ummer may not always live up to its lazy reputation, but when the season arrives, meals come together with a little less prep and a lot less urgency. With July's warmth and a more relaxed pace, salads and raw food medleys stand in as main dishes. And with minimal time at the grill while the rice cooker steams up a batch of long grain, anyone can pull together a platter of fish tacos to lighten up mealtime.

Old friends know that I share a fish-taco romance with my husband. He deserves credit for making taco night part of the ritual during our courtship when we lived along California's Central Coast. After evening runs from Monterey to Pacific Grove, dinner called and the caller was typically a plate of savory fish tacos somewhere on the peninsula, usually in town or the next town over. Fish tacos had long replaced sardines in this coastal community — once a canning capital — but even transplants like us could appreciate the town's fishy history. We ate our share of fish tacos and even enjoyed a few sardines.

After we left California and moved five or six more times before landing in New York's Hudson Valley, we realized that we'd let our favorite fish dish slip away. When we became parents on a tighter budget and splurged on fish, we occasionally broiled salmon with dill weed. We turned out perfectly fine meals but they didn't remind us much of earlier fish taco endeavors. We'd drifted a little too far from beer-battered and fried whitefish topped with crunchy salsa and finished with zesty lime juice all tucked into fresh corn tortillas.

But as life seems to go, things often have a way of repeating themselves, even if reinvented with just a hint of resemblance. It was our 2014 trip to Costa Rica that

took us back not only to our own vows to each other but to fish tacos (though our personal vows run far deeper than those to any food devotion). Though not a California Baja fish-fried classic taco, the ones we sampled near Arenal and Manuel Antonio rekindled our affinity for this lost symbol of our courtship and set our sons' hearts ablaze

with a great taste they could appreciate. Served primarily with fresh corn tortillas slathered with a creamy curry sauce, our favorite taco tasting in Costa Rica was anchored with flaky grilled white fish, smothered with tomatoes and bright green cilantro.

Making them at home is now a family affair. Everybody helps out, from whipping up a curry sauce to grilling the fish. It's hard to pass on a Baja-style fried fish filet perched in a fresh tortilla, but for a slightly healthier plate, we lean more closely to a quick-cooking fish prepared in minutes on the grill. From Foodtown or the farmers' market, almost any fish will do. Try halibut, tilapia, mahi mahi

or even tuna. Personally, I think the whiter fish are better in tacos. With a fork, flake cooked fish into bite-sized pieces and layer the fish with rice and beans into tortillas. If someone around your table doesn't eat seafood.



Share a summertime meal of fish tacos with a squeeze of fresh lime. Photo by M.A. Ebner

fill tortillas with the rice and beans and generously spoon on the cilantro, tomato and onion salsa or your favorite fresh fruit salsa. To finish a proper fish taco, add a generous squeeze of lime juice to your creation. The tarty juice of the lime enhances the flavor of the fish and everything else along with it, even complementing steamed rice.

Fish tacos make a fast and fresh option for hopeless romantics of the heart or those with a discriminating palate. For a summer meal that offers simplicity and a little fun, skip the utensils and roll out

the fish taco bar.

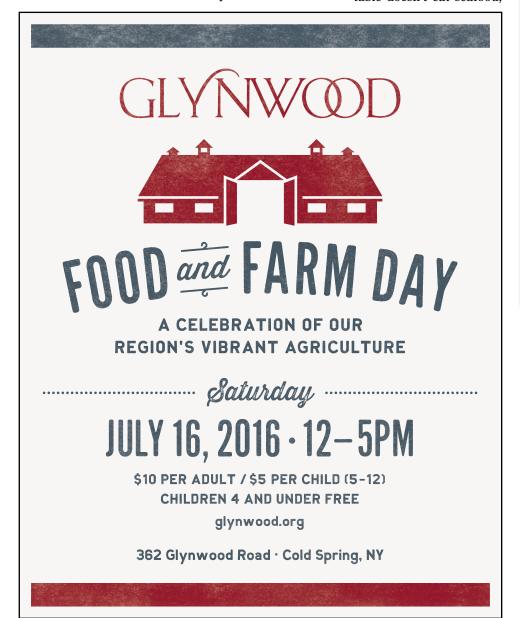
Fish Tacos

Yield: Makes 8 generous servings.

1 to 1 ½ pounds flaky whitefish or your preferred fish salt

freshly ground black pepper pinch of cayenne pepper 2 large whole tomatoes (diced)

- 1 sweet onion (chopped) 1/4 cup olive oil
- 1 bunch fresh cilantro (chopped)
- 1 tablespoon curry powder
- 1 cup mayonnaise (plus 2 tablespoons olive oil if using commercial mayonnaise)
- 2 fresh limes (1 for juicing and 1 sliced in wedges)
- 1 avocado (pitted, peeled and thinly sliced)
- 16 small corn tortillas or (8 medium flour tortillas)
- 1. Fold together diced fresh tomatoes, chopped onion and cilantro in mixing bowl. Add a splash of olive oil, salt and pepper to taste. Set aside.
- 2. Mix curry powder with mayonnaise and freshly squeezed juice of 1 lime. If using basic bottled mayo, beat in two tablespoons of quality olive oil. Set aside.
- 3. Brush fish with remaining olive oil and dust with salt, a twist of black pepper and cayenne pepper. Grill (or pan-sear) over medium heat until cooked just through.
- 4. Warm tortillas on stovetop or in microwave and make your own fish tacos immediately by slathering tortillas with curry sauce and filling with flaky fish and salsa. Rice and beans are also perfect options to fold into the tortillas. Serve with avocado slices and lime wedges. Try fresh pineapple and mango abunke as a side.





Former Beacon School Board President Files Complaint

Alleges discrimination in "broken" school system

By Jeff Simms

ormer Beacon school board president Melissa Thompson, who stepped down this month after choosing not to seek re-election, has filed a federal complaint against the district alleging racial discrimination and "carelessness" in its treatment of her special-needs son.

Thompson's complaint, filed May 20 with the U.S. Office for Civil Rights (OCR), alleged that her son, a recent graduate of Beacon High School, lost out on potential athletic scholarships after school officials failed to acknowledge a learning disability that led to falling grades and his removal from the National Honor Society.

Thompson, who served on the school board for nine years, including the last three as its president, said she hoped her complaint would focus attention on one aspect of what she called a "broken" district.

"There's a degree of carelessness with regard to children with [special needs]," she told The Current. While she said there are people in the district "who work very hard for our children who learn differently," she added, "I can't say that all do, and that's a sad thing. I filed this on behalf of my son, but it's really about all kids that need an extra hand."

Citing racial discrimination as well (Thompson's son is African-American),



Melissa Thompson at a Beacon school board meeting in June File photo by K.E. Foley

she wrote in the OCR filing that she believes the "climate that presides in the Beacon City School District is one that has caught my son in the crosshairs and has adversely impacted his educational experience at Beacon High School."

Thompson's complaint alleged that Beacon teachers and administrators failed to accommodate her son's "504" - a plan drawn up to help students with learning and attention issues participate in the classroom — even after it was brought to their attention.

She also claimed her son's teachers showed little concern when his grades fell, which she believes was discriminatory. She says her son told her: "I am brown and I am passing. Nobody cares about me"

A spokesperson for the U.S Department of Education could not say if OCR would investigate the complaint. Thompson, however, said the agency has told her it will proceed.

Beacon school officials declined comment, saying the district had not received a copy of the complaint. Anthony White, who was elected as school board president on July 5, said that he, too, had vet to see it "in a schoolsystem capacity."

Now that her son has graduated, Thompson called his situation a "non-issue" but indicated

that she still wants the OCR to audit the Beacon district's approach to special-needs students "for the benefit of all children that hold a 504 or IEP," - an Individualized Education Program, another tool used to assist special-needs students.

Thompson said that she decided to file the OCR complaint after receiving a letter from the Beacon Educational Administrators' Association in May suggesting that she was "attempting to use [her] power as a board member to unfairly advantage [her] child ... creating a conflict of interest in [her] roles as board president and as a parent."

"When they finally accused me of harass-

ment, that was the final straw," she said.

When asked how such allegedly glaring deficiencies could have occurred during her near-decade on the Beacon school board, Thompson said: "I was one out of nine. There was very little time to be proactive toward enriching programs for our kids because the board spent so much time reacting to the current events of the district."

Her complaint is the latest in a series of high-profile events that have battered the Beacon school system over the past 12

One Beacon parent, Melissa Rutkoske, who is the wife of newly elected school board member Michael Rutkoske, filed a petition last year with the state Education Department, calling for the dismissal of then-Superintendent Barbara Walkley and school system attorney Michael Lambert. Walkley resigned in January, marking the sixth time the superintendent's seat has been vacated - not including interim heads - since 2006.

A month later, Walkley and former Beacon teacher's union president Kimberly Pilla filed a defamation suit against Pilla's former husband, who is also a Beacon High teacher.

Thompson said she plans to make a public statement at the July 18 board meeting.

"I want them to understand the degree to which the system is broken," she said. "There are many, many kids like this. They're passing, but are we really giving them the tools to be successful at the next level?"

Walking Ward 4 in Beacon (from Page 1)

er large housing complex is also planned nearby on Tioronda.

"The management of our development and our growth is so important," Muhammad says. "Fifteen years ago we didn't have that issue when I wasn't allowed to walk down Main Street. There was nothing there. It was all boarded up."

Now he worries that his constituents, as well as residents citywide, may one day not be able to afford Beacon. "Things are changing because of the people who are moving here, because they're spending money," he says. Pointing at 1 East Main, he adds: "These factories were here already, and some people took the initiative and had the vision to change it. There's so much more now, but how do we make sure that people aren't priced out?"

The answer is not immediately evident, but for Muhammad it begins, at least, with participation. "We have so many underserved communities and it's extremely important to represent them," he says. "I'm from here and I care about this community. The more we put into our city, the better outcome there is. I've grown up here and I see the difference."

Ward 4 also includes University Settlement and Mt. Beacon, which, along with its riverside area, are perhaps the city's most vivid representations of its unique natural environment. "Between the river and the mountain there's so much energy and so much possible connectivity," Muhammad says.

There's also "new" and "old" Beacon words Muhammad savs he doesn't like. "This is not 'old' Beacon, this is not 'new' Beacon," he says. "It's Beacon, New York. We're 15,000 people strong and we all have to participate." He stops again to greet someone on the street.

Muhammad is excited about the possibility of a pocket park being created on land donated to the city behind 1 East Main and the site of an up-and-coming brewery. The development and commerce represent Beacon and his ward's continued growth, while he envisions the park as a place where all of those people, new and old, can come together.

Like other council representatives, Muhammad is adamant that the continued success of Main Street is the key to the city's future. Recalling again the deserted Main Street of his youth, he notes there are now 75-plus businesses along Beacon's primary thoroughfare.

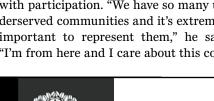
Parking is an issue in Ward 4, as it is throughout the city. Muhammad believes business owners should be educated to park elsewhere rather than take up a Main Street space for hours at a time. Two-hour parking limits should be enforced too, he says. Calling his ward the

city's "entertainment district," Muhammad says his vision for 15 years from now is a thriving Main Street, more affordable housing and more and better activities for young people.

"This is the most beautiful ward, in my opinion," he says. "We have a lot of arts and culture here. And this is better than it was 15 years ago. It's safer than it was."

He stops to greet a driver who slows and honks.

"We can come together and embrace one another," he says. "But you can't just stay home. Get offline and get to know your neighbor."

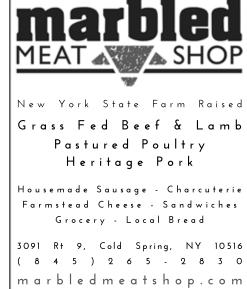


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Beacon School Board Appoints New Leadership

Legal counsel will be put out to bid

By Jeff Simms

oments after being sworn in on July 5, the three new members of the Beacon Board of Education wasted little time in reshuffling the deck.

Meredith Heuer, Michael Rutkoske and Antony Tseng each received applause from audience members — a number of whom were armed with signs with phrases like "New Board New Beginning" and "Yes We Can." The trio replaced former members Melissa Thompson, Christine Galbo and Tracy Antalek Everett. The board must still fill a vacancy created by the resignation of Jose Munoz at its last meeting.

After Anthony White (with Bill Zopf and Frank Garnot dissenting) and Kenya Gadsden (unanimous) were elected as president and vice president, respectively, the three new members offered rapid-fire motions to consider new legal counsel for the district while also addressing the vacancy and the district's ongoing superintendent search.

Tseng made the motion for the district to issue a request for proposals (RFP) for legal counsel. The motion passed unanimously, and the RFP will be issued this week, interim Superintendent Ann Marie Quartironi said.

Later in the meeting, the district's agreement with its current counsel of Shaw, Perelson, May & Lambert, LLP, was extended for a year — with the provision that the agreement can be terminated with a 60-day notice.

The eight members of the board will discuss options for filling Munoz's vacancy at their next meeting on July 18. Tseng suggested that the board hold a hearing to gather public input as well.

"We need to rebuild trust between the board and the community," he said. "Will they trust us enough to do an appointment [for the vacant seat] ... or is a special election the only way ... for them to trust us more?"

In addition, the board created a committee, with Heuer as its chair, to review RFPs that have been submitted from search firms hoping to be hired to recruit candidates for the district's open superintendent position.



Audience artwork at the Beacon school board meeting

Photo by I Simme

Putnam County Hires New Consumer Affairs Head

Position now part-time, could save \$60K annually

By Holly Toal

The Putnam County legislature has approved the hiring of a new director of the department of consumer affairs, following the resignation in February of Jean Noel after she pleaded guilty to embezzlement of county funds.

The legislators appointed Michael Budzinski to the post, which will now be part-time, a move expected to save the county about \$60,000 a year.

County Executive MaryEllen Odell recommended Budzinski, a longtime health department employee from Patterson, to lead the agency, officially called the Department of Consumer Affairs/Weights and Measures/Trades Licensing and Registration. Budzinski, who earns \$110,000 as director of engineering in the health department's environmental health bureau, will add the duties of consumer affairs to his current role for an additional \$20,000 annually.

The full-time consumer affairs position was budgeted for \$80,000 to \$85,000. Personnel Director Paul Eldridge said that under the county executive's proposal, Budzinski would spend about 20 to 25 percent of his time in the consumer affairs office and thus earn about a quarter of that salary.

Noel, who lives in Kent, resigned after the New York State Comptroller's Office discovered she had stolen \$4,575 in cash payments made to her office.

Eldridge, who said he has known Budzinski since he started with the county 34 years ago, called him a "top-notch" individual. "I'm very pleased with this particular selection," he told lawmakers at a prior Personnel Committee meeting.

"We need more oversight, not less. I do not believe we are saving any money. We're going in the wrong direction."

With the county administration looking to save money, Eldridge explained that he was asked to look into the pool of county employees to see if there was anyone qualified and interested in leading the consumer affairs department.

"Budzinski was one of the first individuals that came to mind," he said. "He's very excited about it. He's qualified fully for the position."

Budzinski has worked for the health department since 1982 after graduating from Clarkson University with a bachelor of science degree in civil environmental engineering. He has been a New York State-licensed professional engineer since 1987. He served as assistant public health engineer from 1982 to 1985, as public health engineer from 1986 to 1988, as senior public health engineer from 1989 to 1997, and as director of engineering since 1998.

The appointment is provisional since the position requires passage of the civil service exam, which Budzinski will need to take. The part-time contract ends on Dec. 31, when legislators could consider hiring a full-time director if the arrangement isn't working out.

Eldridge said Budzinski will still be expected to maintain the same workload in the health department, and that Budzinski understands he may have to put in time after regular working hours to fulfill his new role.

Eldridge added that he is confident a part-time director is sufficient for the agency. He said that in the wake of the department shakeup earlier this year, the employees have shown they can keep the department running smoothly.

"They've really stepped up," he said.

The only dissenting vote against the appointment came from Dini LoBue (R-Mahopac Falls) who said she opposed making the position part-time. "It devalues the department," she said. "It opens the door for people to cheat consumers."

LoBue cited the discovery of Noel's theft earlier this year as a reason to enforce more stringent controls. "We need more oversight, not less," she said. "I do not believe we are saving any money. We're going in the wrong direction."

Support Groups

For a full list of area support groups, visit:

highlandscurrent.com/sg

Sidewalk Woes in Cold Spring (from Page 1)



The sidewalk is more than 17 ft. wide in front of the Garden Café.

Photos by M. Turton



Caryn Cannova, owner of Kismet at Caryn's at 72 Main, agreed. "I am so angry at the mayor for how he has handled this," she said. "He told the police flat out he wants merchants ticketed. He is so anti-merchant, it's frightening."

Not everyone sees it that way, of course. Leonora Burton, the longtime owner of The Country Goose at 115 Main, said she supports enforcement of the three-foot law. She said enforcement had all but ceased and some businesses took advantage. She said that at times it had become difficult for pedestrians to navigate the sidewalks, especially those pushing strollers or wheelchairs.

The law is designed to protect pedestrians in part because the village could be held liable for injuries on public sidewalks. The village owns not only the sidewalks but also most of the stoops, porches and patios along Main Street, as well as the benches and trees, all of which come into play with foot traffic.

Sidewalk widths

The issue is complicated by the fact that Main Street sidewalks vary greatly in width. No two blocks are the same. In front of the Garden Café at 116 Main, the sidewalk is more than 17 feet wide. Just across the intersection the sidewalk in front of the Hudson Hil's Café & Market is less than six feet in width.

Stoops and porches further complicate matters. The porches at Hudson Hil's and the Silver Spoon Café at 124 Main are owned by the Village of Cold Spring. Both extend beyond three feet from the front wall of the building and technically speaking may be in violation of the law.

The straw that broke the enforcement camel's back may have come when the Silver Spoon placed tables and chairs on the sidewalk in front of the porch. Merandy's letter soon followed. The tables and chairs were removed, and enforcement became more vigorous.

A number of shops also have slate patios. Slightly raised, they are separate from the sidewalk. Even though most are six feet or more in width they fall under the three-foot limit for display of mer-



Cupocinno's Jesse Arguello may be on to something.

chandise. Some shop keepers feel the entire patio could be used to display goods since they are not part of the pedestrian walkway.

The patio at the Cupoccino Café at 92 Main is one of the thoroughfare's many anomalies. Slightly more than six feet wide, it was "grandfathered" when Jesse Arguello and her husband John bought the business several years ago, allowing them to use it as a small seating area beyond the three-foot limit. Arguello said that the café's certificate of insurance removes the village from any liability.

Turning the law inside out

Villanova believes the law should allow sidewalk signs and merchandise within four feet of the front of the building "whether it's the structure, a porch or a stoop." Cannova, while clearly unsatisfied with the situation, is less definitive. "Each shop has different configurations," she said. "If there are going to be sandwich boards, there should be criteria for how each one looks. But again, that gets murky. Honestly, it's just common sense on what



At Hudson Hil's the sidewalk is only 5' 6" wide.

works and what doesn't. But that seems to have gone by the wayside as well."

Arguello pointed to a possible approach that would turn the existing law inside out. "No two sidewalks are the same width," she said. "Perhaps the code could be written in such a way that it requires a certain width of the sidewalk to be left unobstructed," rather than restricting merchants to the use of only three feet. She suggested that the mandatory width be adequate to allow four pedestrians to walk side-by-side.

Merandy told *The Current* he is "absolutely" open to examining the village's sidewalk issues, adding that Arguello's approach may be a good way to rethink the three-foot law.

The mayor also said that municipalities such as Cornwall charge a fee for outdoor dining areas located on municipal property, something he feels Cold Spring should consider for restaurant porches. He said the village needs to have an assessor determine price guidelines for the possible sale of porches owned by the village. Hussein (Jimmy) Abdelhady, owner of the Silver Spoon, has expressed interest in purchasing his porch. Many residences also have porches located on village property.

In the spotlight

Lynn Miller, co-owner of GoGo Pops at 64 Main, is experiencing the three-foot law firsthand, and because she is also a member of the village board, the spotlight shines a bit brighter on her.

In an email to *The Current*, Cannova complained that while retail shops such as hers must comply to the letter of the law, restaurants with tables and chairs extending out onto the sidewalk more than three feet do not. She used GoGo Pops as an example, stating that its tables and chairs stick six feet out onto the sidewalk.

Responding by email, Miller said she is "not trying to skirt the law by using my position to get around the 3-foot display restriction." She explained that the tables were placed over steel basement doors because in the past pedestrians had tripped on the hinges.

Miller also pointed out that she put a bicycle and sandwich board on the west

edge of the raised stoop at Gallery 66 NY, adjacent to GoGo Pops. They also extend more than three feet from the building. She said that was necessary because pedestrians had also tripped over the edge of the stoop.

"We chose to position our sidewalk sign and chairs to prevent injuries to pedestrians," she said. Measurements taken by *The Current* showed that GoGo Pops' tables and chairs extend five feet from the building. Between the tables and chairs and Main Street the open sidewalk is nine feet wide.

In an email Merandy commented further, saying "any changes made to our code would have to be very detailed. If we extend the distance, there has to be a minimum-clear pedestrian walk. That would have to be clear in the code."

He added: "I'm fine with restaurants having tables on the sidewalks if they are kept tight and there is plenty of sidewalk left," he said, using Cold Spring Pizza and the Garden Café as examples. "But I'm dead against having merchants stack their wares up all over the sidewalks past three feet."

The Code Update Committee is revising much of the existing village code but the section dealing with sidewalks is not currently being reviewed.

Michael McKee, PhD

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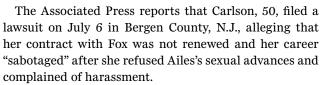
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Roger Ailes Sued for Sexual Harassment

Former host alleges Garrison resident "sabotaged" career

By Jeff Simms

ox News chairman Roger Ailes, who lives in Garrison and owns the Cold Springbased weekly Putnam County News and Recorder, is being sued for sexual harassment by Gretchen Carlson, a former Miss America and Fox News host who left the network last month, according to reports in numerous national media outlets.



Ailes, 76, immediately issued a statement denying the



Gretchen Carlson

charges and asserting that Carlson filed the lawsuit as retaliation because her contract was not renewed last month. The Minnesota native had been the co-host of "Fox & Friends" until 2013 and also hosted "The Real Story with Gretchen Carlson."

In his statement, Ailes said Carlson "conveniently" began to pursue the suit only when it became apparent her contract would not be renewed. Fox News, he said, provided Carlson "with more on-air opportunities over her 11-year tenure than any other employer in the industry, for which she thanked me in her recent book." He added: "This defamatory lawsuit is

not only offensive, it is wholly without merit and will be defended vigorously.'

Among other allegations, Carlson claimed Ailes told her during a meeting she requested in September 2015 to discuss her complaints that "I think you and I should have had a sexual relationship a long time ago and then



Fox News photo

and I'd be good and better." She further alleged that Ailes made suggestive comments about her legs and encouraged her to wear outfits that accentuated her figure. Carlson's attorney told

you'd be good and better

reporters that the harassment was "very consistent and very pervasive" and that she has "very powerful evidence." He noted that a 2014 book about Ailes, The Loudest Voice in the Room, by Gabriel

Sherman, contains other accusations of harassment. Carlson is also suing her co-host, Steve Doocy, but not the network. Its parent company said in a statement that it has begun an internal review.

The suit seeks unspecified financial damages for mental anguish.

Cold Spring Trees Need Trimming

But estimates nearly double what was budgeted

By Michael Turton

The good news is that Cold Spring's Tree Advisory Board is keeping close tabs on the health

and well-being of the more than 400 village-owned trees that line the streets. The less-than-good news is that, like everything else, their care comes at a cost.

At the July 5 meeting of the village board, advisory board members Kory

Riesterer and Charles Day presented a report that recommended the removal or pruning of five trees that are dying or have dead limbs.

The village budget includes \$4,000 for tree removal, maintenance and replacement. The estimated cost of the work is \$7,000 based on quotes from several treeservice companies.

Dead branches on this maple tree on Garden St. present a hazard.

Photo by M. Turton

"Once you identify liability and don't do anything about it ... We have to find the money somewhere."

"We have to find the money somewhere."

Merandy said he will check with Central Hudson for assistance. The utility provides pruning when its power lines are involved. Trustee Steve Voloto will inspect the trees to help determine priorities.

Jennifer Zwarich chairs the Tree Advisory Board. The other members are Tony Bardes and Gordon Robertson.

In other business ...

• A joint meeting of the **Recreation Commission** and the village board planned for July 5 was postponed. Merandy said the purpose of the session,

which will be rescheduled, is to clarify the commission's role, responsibilities and priorities, such as the fees for boats tying up to the village dock and use of

- Anne Dinio, business manager for the Haldane Central School District, will fill in as village accountant until Michelle Ascolillo returns from maternity leave. The board approved hiring Dinio for \$45 per hour.
- The village continues to receive requests to film in Cold Spring. The latest is from William Biavati and Ashley Bassett, both students who live in the village. The shoot will (Continued on next page)

lesser of two issues. "Once you identify liability and don't do anything about it...," Mayor Dave Merandy said, his voice trailing off.

The budget may be the

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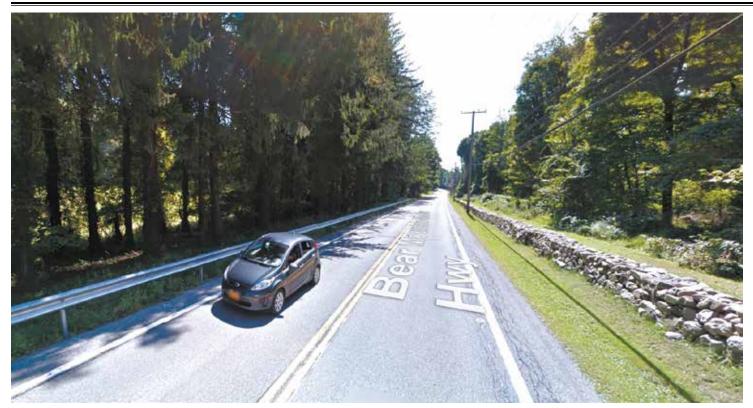


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Looking south on Route 9D near Boscobel

Source: Google Maps

Shea Says Route 9D to Get a Needed Facelift

Work south of Cold Spring should improve bicycling and walking

By Kevin E. Foley

Bicyclists, walkers and drivers should appreciate that the state Department of Transportation intends to resurface and upgrade the section of route 9D immediately south of Cold Spring this summer.

Town of Philipstown Supervisor Richard Shea said he was able to get the di-

rector of Region 8 (which includes the lower Hudson Valley), Todd Westhuis, to personally inspect the roadway and agree the work was warranted.

The supervisor had petitioned the agency in the past but an impromptu encounter at a meeting for the proposed Fjord Trail put the project on the director's radar.

Shea said his office has received numerous complaints about the condition of the road and, in particular, the lack of shoulder space for bicyclists on a road designated by the state as a bikeway. Shea said he hoped that once the work was complete, it would provide "a more pleasurable experi-

ence for bicyclists, for drivers and for people who want to walk to Boscobel," which on Saturdays during the summer is the site of the Cold Spring Farmers' Market.

The cost of the work is not known yet. But Shea said the project will come under a routine DOT maintenance account and will not require a special appropriation.

Obituary

Marcia DiCastro

(1947-2016)

Marcia A. DiCastro, 69, of Cold Spring, died on June 30, 2016 at NewYork- Presbyterian/Hudson Valley Hospital in Cortlandt Manor. Born in Cold Spring on January 5, 1947, she was the daughter of Bernard J. and Mary E. (Ciccarelli) Dillon. Her husband Vincent D. DiCastro died in

Mrs. DiCastro, a lifelong Cold Spring resident, attended Our Lady of Loretto and Haldane schools and was a parishioner of Our Lady of Loretto. She will be sadly missed by all who knew her.

Survivors include her son Vincent J. DiCastro of Cold Spring; three brothers: Bernard F. (Joan Tomlin) Dillon of Beacon, Thomas E. (Meg) Dillon of Naples, Florida, and Daniel R. (Cathy) Dillon of Cold Spring; a sister, Bernice A. (Jim) Pega of Hopewell Junction and a brother-in-law, Charles Nobile of Cold Spring, husband of her late sister, Rose Marie Nobile. Many nieces and nephews also survive.

A Mass of Christian Burial was held on July 6 at Our Lady of Loretto. Donations may be made in Mrs. DiCastro's name to the American Cancer Society at cancer.org.

Cold Spring Trees Need Trimming (from previous page)

produce a 30-second commercial and involve a crew of seven.

 Voloto reported that a number of residents expressed concern to him about the presence of police officers at the Cold Spring Independent Day celebrations on July 3 armed with automatic rifles and wearing body armor. Merandy said the officers were from the Putnam County Sheriff's Department. Trustee Fran Murphy noted that the U.S. Department of Homeland Security now requires such a presence at large public gatherings. "It doesn't make a lot of sense," Voloto commented. Merandy said he would get more information.



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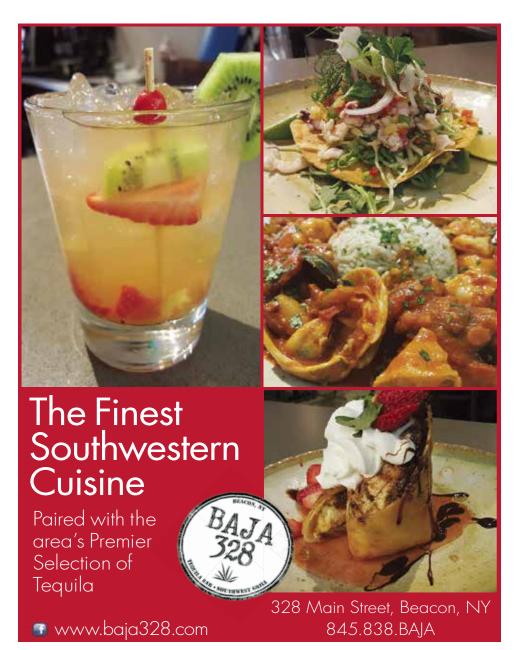
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Beacon Police Blotter

Friday, June 17 to Thursday, June 30

Officers handled 699 calls, including 12 auto accidents and 21 domestic disputes. This is a selection of their reports.

Friday, June 17

4 a.m. – Report of shots fired at Tompkins Terrace. Luis Rodriguez, 27, of Beacon, and Richard Bosque, 29, of Katy, Texas, each charged with criminal possession of a weapon.

6:40 a.m. – Caller reported a flag stolen on Eliza Street.

11 p.m. – After a traffic stop on Main St., Jujuan Taylor, 20, of Beacon charged with driving without a license, endangering the welfare of a child and possession of marijuana.

Saturday, June 18

9 a.m. – After police responded to a disabled vehicle on Wolcott Ave., Kim Carroll, 50, of Beacon charged with driving without a license and false personation (giving

a false name).

1:15 a.m. - Maurice Frye, 52, of the Bronx charged with disorderly conduct

after a fight on Fishkill Ave.

Sunday, June 19

11:55 a.m. – Caller reports damage to vehicle parked on Tompkins Terrace.

2:15 p.m. – After a traffic stop on Verplanck Ave., Jesus Martinez-Reyes, 46, of Wallkill, charged with driving without a license or a valid registration or insurance, failure to stop at a stop sign, and failure to yield to pedestrian in a crosswalk.

Monday, June 20

8:35 a.m. – Counterfeit money reported on Wolcott Ave.

Wednesday, June 22

4 p.m. – Several business owners on Main St. reported receiving counterfeit bills.

Editor's note: We requested that the Beacon police share this information with us. We publish such news because we believe the public should be aware of police activities. The issue of how much to report and whether all names should be used is of concern to us. We welcome reader comment.

Friday, June 24

10:30 a.m. – Caller to headquarters reported ongoing harassment. Both parties spoken to.

3:15 p.m. – After a traffic stop on Route 9D, Jing Chen, 53, of New York City was charged with having a counterfeit inspection sticker and failure to signal a turn.

Saturday, June 25

6:30 p.m. – Following a traffic stop on East Main St., Michael Dopazo, 36, of Beacon was charged with driving while intoxicated and not wearing a seat belt.

Sunday, June 26

6:30 a.m. – After a report of a disabled vehicle on Route 9D, Corinne Hrinko, 21, of Montgomery, was charged with driving while intoxicated.

7 p.m. - Caller reported damage to property on Spring St.

Monday, June 27

11:10 a.m. - Caller reported graffiti on a building on Mason Place.

10:15 p.m. - Caller reported a fight on Liberty St. between neighbors.

Wednesday, June 29

8:45 p.m. – Darryl Randolph, 39, of Beacon was arrested on Main St. and charged with possession of counterfeit money.

Thursday, June 30

2:30 p.m. – Following a traffic stop on Simmons Lane, Douglas Sawyer, 46, of Beacon was charged with driving without a license, circumvention of an interlock device and failure to signal a turn.

4:45 p.m. - After a fight on Main St., Gary Vantassel, 54, of Chelsea was charged with aggravated family offense and criminal contempt.

Zuckerman named to MTA Board

Sees safety, service and value as crucial

Putnam County Executive MaryEllen Odell named Neal Zuckerman of Garrison to represent Putnam County on the board of the Metropolitan Trans-

portation Authority (MTA). Zuckerman has represented the Metro-North Railroad Commuter Council in the Putnam County seat since 2010 and since 2014 also served on the MTA board in a non-voting capacity representing the MNRCC.

Zuckerman is a partner and managing

director of The Boston Consulting Group, where he advises major corporations on business strategy, growth and operations. He specializes in providing advice to companies transforming their businesses in the digital era.

"I am thrilled to have Neal Zuckerman represent the county on the MTA Board, especially since we have already worked together on a range of MTA issues" Odell said. "His business experience and career as a U.S. Army aviation officer, where he dealt extensively with safe flying operations, make him a great choice for this position."

Zuckerman said he sees the needs of riders as three-fold: "safety, above all else; reliable, professional service, which MTA employees deliver every day; and value—the price has to be justified by the service. As a commuter, as well as board member, I will advocate strongly for these needs."

Zuckerman succeeds Robert Bickford of Cold Spring, who served for nine years on the MTA Board. He will continue to serve as the county's Ethics Committee chair.

Zuckerman, his wife and two children



Neal Zuckerman

Photo provided

reside in Garrison. A graduate of the United States Military Academy at West Point and Harvard Business School, he is a member of the Philipstown Planning Board and a member of the board of the Putnam History Museum and the Desmond-Fish Library.

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Mosquito Control Day in Putnam July 12

Zika education bags available at Philipstown Town Hall

Ounty Executive MaryEllen Odell and interim Commissioner of Health Dr.

Michael J. Nesheiwat are calling on residents to dump all standing water on their property during Mosquito Control Day on Tuesday, July 12.

Free Zika education bags will be available at Philipstown Town Hall at 238 Main St. in Cold Spring during business hours while supplies last. Each bag contains information about mosquito control and Zika virus, and two mosquito "dunks." These donut-shaped mosquito control products are made from a biological larvicide that kills mosquitoes before they are old enough to bite. The kits also include a sample DEET wipe.

"Residents should check their yards and dump all standing water that can be removed," said Odell. "If the water cannot be easily emptied, consider using a mosquito dunk. This will help reduce the mosquito population."

Neisheiwat said "another crucial strategy is to prevent mosquito bites. Apply an EPA-approved insect repellant, such as those containing DEET, and dress in long sleeves and pants which may be unpleasant on hot and humid summer days."

Fortunately, he added, "the mosquito that could prove to be a local carrier of the Zika virus is not currently in Putnam."

The Calendar

Shedding Light on an Historic Site

Lantern tours introduced at West Point Foundry

by Alison Rooney

scenic Hudson's monthly, seasonal guided tours of its West Point Foundry Preserve have been exceedingly popular since their inception in 2014. To supplement these first Saturday of

the month offerings, this summer it will be conducting two night-time "lantern tours" on Tuesday, July 19, and Thursday, Aug. 18, to illuminate the striking ruins of the 19th-century manufacturing complex.

"People never get to see the preserve at night, but it operated 24 hours a day,



Visitors enjoy signage at the West Point Foundry Preserve.



A view of the ruins at West Point Foundry Preserve

Photos courtesy of Scenic Hudson

at least during the Civil War," explained Reed Sparling, who will conduct the tours and also leads the daytime tours along with Cold Spring's Mark Forlow. He will share voices of a newspaper reporter, painter John Ferguson Weir (whose notebooks, Sparling says, "contain wonderful accounts of the inside of the casting") and foundry employees.

"We've been asked if it's going to be a ghost tour," he says. "There are no accounts of ghost sightings, but I found an account that one young apprentice was killed there by a cannon discharge, and, of course, there were many killed elsewhere" by (Continued on Page 11)

McCaffrey Realty Doubles as a Gallery

Paintings by former Haldane teacher on exhibit

by Alison Rooney

fter McCaffrey Realty traded places with Hudson Valley Shakespeare in January, switching across-the-street-from-each-other locations, Managing Agent Bill Hussong had an idea. Looking at the stretches of brick wall lining the new premises, he thought, Let's start an art gallery.

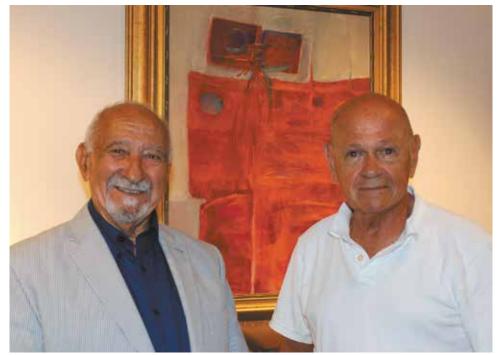
Art would be a "great way to emphasize what Cold Spring is all about: the creative community," he says now. Plus, "the idea seemed a natural for the space and also who we are: local, blue $\operatorname{chip} - \operatorname{a}$ boutique agency before that became trendy." Since April, the real-estate office has displayed the work of a different artist each month, with multiple works sold and all revenue going to the artist.

July's exhibit came about by chance, as former (former in this case meaning really former — more than 50 years ago) Haldane art teacher Bob Digiovanni was in the area and got together with his

former student, McCaffrey, as he usually does when he visits. After Digiovanni showed McCaffrey a copy of one of his paintings, McCaffrey brought it over to

his office and passed it around; everyone there thought it would be great to have an exhibit of his work.

A week later, Digiovanni loaded his



Bob Digiovanni and Bob McCaffrey at the opening of Digiovanni's exhibit at McCaffrey Real Estate on July 1

Photo by A. Rooney

daughter's Jeep with 11 of his paintings (all but one are recent works), drove to Cold Spring from his home in Massachusetts, and a day later the exhibit was hung, the doors opening with a reception on July 1.

It's not the first Cold Spring exhibition for Digiovanni — the first time his work, around 25 paintings, was shown was at Butterfield Library in 1960. That capped off a three-year period living in Cold Spring and teaching art to all 13 grades at Haldane. His time here ended when he received a scholarship to pursue an M.F.A. at the University of Notre Dame. After receiving his degree, Digiovanni taught briefly at Lakeland Central School in Peekskill before returning to his native Boston area.

Digiovanni, who radiates the energy of someone decades younger, says his "love for Cold Spring has never wavered." Noting that he "got to know all the students," Digiovanni described them as "wonderful. There were no drugs or alcohol back then that I saw. Main Street was pretty dead then, very quiet, very peaceful — except for McCaffrey's Bar, of course." (Continued on Page 12)

ONGOING

Gallery Shows

highlandscurrent.com/galleries

FRIDAY, JULY 8

HVSF: Macbeth

7:30 p.m. Boscobel | 1601 Route 9D, Cold Spring 845-265-3638 | hvshakespeare.org

Ladysmith Black Mambazo (Clearwater Benefit)

8 p.m. Paramount Hudson Valley 1008 Brown St., Peekskill 914-739-0039 | paramounthudsonvalley.com

SATURDAY, JULY 9

26th Annual Hot Air Balloon Festival

6 a.m. & 6 p.m. Launches | Noon. Festival Barton Orchards | 63 Apple Tree Lane, Poughquag balloonfesthv.com

Community Yoga Class

8:30 a.m. Dockside Park, Cold Spring Suggested donation \$5 | Weekly through July

Family Music Hootenanny

10 a.m. Beacon Music Factory | 629 Route 52. Beacon | 845-765-0472 | beaconmusicfactory.com

Amazing Chair Workshop (ages 6-12)

10 a.m. - 3 p.m. Boscobel | 1601 Route 9D. Cold Spring | 845-265-3638 | boscobel.org

Free Pets Rabies Vaccine Clinic

10 a.m. - Noon, Hubbard Lodge 2880 Route 9, Cold Spring 845-808-1390 x43150 | putnamcountyny.gov

Denning's Point History Walk

10 a.m. CEIE | 199 Dennings Ave., Beacon 845-838-1600 | bire.org

The Sinking of the USS Indianapolis (Talk)

10 a.m. Putnam Valley Grange 128 Mill St., Putnam Valley Sponsored by the P.V. Historical Society

Colonial Horn Working

11 a.m. - 4 p.m. Fort Montgomery Historic Site 690 Route 9W, Fort Montgomery 845-446-2134 | nysparks.com

Armed Forces Appreciation Festival

Noon - 5 p.m. Mahopac Marine 897 South Lake Blvd., Mahopac 845-628-6550 | mahopacmarina.com

Garri*Con

Noon - 4 p.m. Desmond-Fish Library 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

Painted Parasols Workshop

Noon, Howland Public Library 313 Main St., Beacon 845-831-1134 | beaconlibrary.org

Star Wars Yoga, The Force and You

Noon, SkyBaby Yoga | 75 Main St., Cold Spring 845-265-4444 | skybabyyoga.com

Common Ground Farmstand

1 - 3 p.m. 164 Main St., Beacon commongroundfarm.org

Putnam History Museum Lawn Party

21 Malcolm Gordon Road, Garrison

5 - 7 p.m. Woodlawn Estate

845-265-4010 | phmlawnparty2016.eventbrite.com

HVSF: As You Like It

7:30 p.m. Boscobel | See details under Friday.

West Point Band: Cartoon Classics

7:30 p.m. Trophy Point

845-938-4159 | westpointband.com

CSFS: The Maltese Falcon

8 p.m. Dockside Park, Cold Spring coldspringfilm.org

Calendar Highlights

For upcoming events visit highlandscurrent.com Send event listings to calendar@highlandscurrent.com

Little River Band

8 p.m. Paramount Hudson Valley 1008 Brown St., Peekskill 914-739-0039 | paramounthudsonvalley.com

SECOND SATURDAY

Community Free Day

11 a.m. - 6 p.m. Dia:Beacon 2 p.m. Courtney J. Martin on Robert Ryman 3 Beekman St., Beacon 845-440-0100 | diabeacon.org

Isabel Lewis: Occasions and Other Occurrences

Noon - 5 p.m. Long Dock Park | 23 Long Dock Road. Beacon | 845-440-0100 | diabeacon.org

Juan Manual Alvarez-Ossa: Of American Perceptions - Studies

4 - 7 p.m. The Lofts at Beacon | 18 Front St., Beacon | 845-202-7211 | loftsatbeacon.com

Odyssey: A Group Painting Show

5 - 8 p.m. RiverWinds Gallery 172 Main St., Beacon 845-838-2880 | riverwindsgallery.com

Anderson Center for Autism: Expressive **Outcomes**

5 - 7 p.m. Howland Public Library | 313 Main St., Beacon | 845-831-1134 | beaconlibrary.org

Don Mengay: Soft Targets

6 - 9 p.m. Hudson Beach Glass | 162 Main St., Beacon | 845-440-0068 | hudsonbeachglass.com

The Blank Show (Custom Designer Toys)

6 - 9 p.m. Clutter Gallery | 163 Main St., Beacon 212-255-2505 | shop.cluttermagazine.com

Kirsten Lyon and Ian George

6 - 9 p.m. bau Gallery | 506 Main St., Beacon 845-440-7584 | baugallerv.com

Susan English: Pourous Light

7 p.m. Matteawan Gallery | 436 Main St., Beacon 845-440-7901 | matteawan.com

SUNDAY, JULY 10

Desmond-Fish Library closed

26th Annual Hot Air Balloon Festival

6 a.m. & 6 p.m. Launches Noon, Festival See details under Saturday.

Funtastic Family Arts Festival

Noon - 5 p.m. Tompkins Corners Cultural Center 729 Peekskill Hollow Road, Putnam Valley 845-528-7280 | tompkinscorners.org

Isabel Lewis: Occasions and Other Occurrences

Noon - 5 p.m. Long Dock Park See details under Saturday.

One-Year Danceiversary

3182 Route 9, Cold Spring 845-424-6353 | fredastairecoldspring.com

Sunset Music Series: Caravan of Thieves

6 - 8 p.m. Foot of Main Street, Cold Spring facebook.com/coldspringmusicseries

HVSF: Measure for Measure

MONDAY, JULY 11

Career Assistance Session

11 a.m. - 1:30 p.m. Howland Public Library 313 Main St., Beacon | 845-249-4642 dutchessonestop.org | Appointment required.

Core Cardio Class for Women (First Session) 7 p.m. Philipstown Community Center

845-424-4618 | philipstownrecreation.com H.V. Renegades vs. West Virginia 7:05 p.m. Dutchess County Stadium

1500 Route 9D, Wappingers Falls

107 Glenclyffe Drive, Garrison

845-838-0094 | hvrenegades.com As You Like It

7:30 p.m. Boscobel | See details under Friday.

TUESDAY, JULY 12

Boscobel Open for Artists

9:30 a.m. - 4 p.m. 1601 Route 9D, Cold Spring 845-265-3638 | boscobel.org No public admission.

Howland Public Library

3 - 4:30 p.m. Tech Drop-in 6 p.m. Magazine Paper Bowls Workshop 313 Main St., Beacon 845-831-1134 | beaconlibrary.org

Casual Bike Ride

7 p.m. People's Bicycle | 430 Main St., Beacon facebook.com/PeoplesBicycle



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4 p.m. Fred Astaire Dance Studio

7:30 p.m. Boscobel | See details under Friday.

9 a.m. - Noon. Cortlandt Town Hall

1 Heady St., Cortlandt Manor

914-941-1111 | assembly.state.ny.us Organized by Assemblywoman Sandy Galef

Fitness Quest with Jason Edwards

H.V. Renegades vs. West Virginia

7:05 p.m. Dutchess County Stadium

WEDNESDAY, JULY 13

Animal Embassy: Athletes of the

1 p.m. Howland Public Library

H.V. Renegades vs. West Virginia

7:05 p.m. Dutchess County Stadium

Free Movie Night: Super Trooper

THURSDAY, JULY 14

See details under Tuesday.

See details under Monday.

HVSF: As You Like It

Animal Kingdom

7:30 p.m. Boscobel | See details under Friday.

Leaf and Yard Debris Pickup in Cold Spring

11:30 a.m. Butterfield Library | 10 Morris Ave.,

Magician and Ventriloguist Bob Conrad

7:30 p.m. Boscobel | See details under Friday.

8 p.m. Visitor's Center | Main St. at Route 9D. Beacon

845-765-0444 | beaconchamberofcommerce.com

Cold Spring | 845-265-3040 | butterfieldlibrary.org

See details under Monday.

10:30 a.m. Butterfield Library See details under Wednesday.

Sciencetellers (grades K-6)

2 p.m. Howland Public Library See details under Tuesday.

Kids Cook! with Rebecca Weber

4 p.m. Desmond-Fish Library 472 Route 403, Garrison 845-424-3020 | desmondfishlibrary.org

Monthly Dance Jam

7 p.m. Towne Crier Café | 379 Main St., Beacon 845-855-1300 | townecrier.com

HVSF: Measure for Measure

7:30 p.m. Boscobel | See details under Friday.

FRIDAY, JULY 15

Mad Science - Moving Motion (grades K-5)

10 a.m. Butterfield Library See details under Wednesday.

Howland Public Library

11 a.m. Ready Readers Story/Craft Program (ages 3.5 to 6) | 3 - 5 p.m. Card Games/Dungeons and Dragons Club | See details under Tuesday. Intro to Yoga with Krystal Ford

1:30 p.m. Desmond-Fish Library

See details under Thursday. Personal Retreat Weekend (Opens)

3 p.m. Garrison Institute | 14 Mary's Way, Garrison

845-424-4800 | garrisoninstitute.org H.V. Renegades vs. Staten Island

7:05 p.m. Dutchess County Stadium See details under Monday.

HVSF: As You Like It 7:30 p.m. Boscobel | See details under July 8.

Colin Hay (Men at Work)

8 p.m. Bardavon | 35 Market St., Poughkeepsie 845-473-2072 | bardavon.org

Open-Mic Night

8 p.m. Howland Cultural Center 477 Main St., Beacon 845-831-4988 | howlandculturalcenter.org Sign-up begins at 7:30 p.m.

Shedding Light on an Historic Site (from Page 9)

weapons, such as the Parrott Gun, made at the foundry.

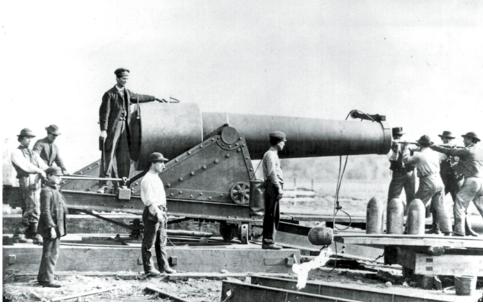
The lantern tours will take place under full moons to provide as much illumination as possible. The lanterns themselves, lit not by flames as they once were but looking enough like the originals to evoke the era, were tested at a recent Scenic Hudson benefit held at the Foundry. The lantern tours are free, but reservations are essential, as, with a maximum of 25 participants, they'll likely fill quickly.

Sparling urges those unable to attend these programs to come along to one of the daytime tours, which require no advance registration and - thus far no one has been turned away. Offered on Aug. 6 and Sept. 3, the tours give participants "a good nuts-and-bolts history of the Foundry and the work that

Scenic Hudson has done to preserve it," Sparling says. He says visitors tend to be transfixed by his fellow guide, Mark Forlow, whom many in Philipstown know from his presentations at

Putnam History Museum. "People listen to his every word," Sparling says. "He has such great knowledge. We relate a lot there through the story of the Parrott Gun."

Sparling says that tour participants have come from all over New York state



A Parrott Gun, built at West Point Foundry

Photo courtesy of Scenic Hudson

and the surrounding "People listen to his every region, and that quite a word. He has such great few locals have signed on, many expressing surprise at the site, having never *lot there through the story* explored it. As the guides note on the tour, usually both the Chapel Restora-

> tion and the Putnam History Museum are open and can easily be combined with a foundry tour.

Neither tour has a minimum age requirement. While the lantern tours might prove a little tricky for those with

walking or visual difficulties, the day tours are fully accessible, with a detour at the end for those unable to climb a set of steps. The 90-minute day tours, also free, begin at 11 a.m. in the preserve's

parking lot at 68 Kemble Ave.

To register for the lantern tours, visit scenichudson.org. If a tour is full, call Anthony Coneski at 845-473-4440, ext. 273, to be added to the wait list.

Scenic Hudson acquired the 86-acre property in 1996 to safeguard the foundry's remains. A trail connects it with Cold Spring's Metro-North station, so visitors arriving by train can easily reach it. Scenic Hudson has also developed a self-guided mobile tour that allows people to experience the foundry digitally through narration, sound effects and historic photographs. See foundrytour.org.

Scenic Hudson runs programs and workshops for children over the summer, many at Beacon's Long Dock Park. They include creating nature journals and sketching nature, along with family fishing night. The organization is also looking for volunteers to assist with mugwort removal at the park and invasive plant removal at Madam Brett Park in Beacon. For details, visit scenichudson.org/events.

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knowledge. We relate a

of the Parrott Gun."



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McCaffrey Realty Doubles as a Gallery (from Page 9)



Bob Digiovanni's paintings at McCaffrey Real Estate

Photo by A. Rooney

(Hussong explained: "It's Whistling Willie's now. Bob grew up above his father's bar.")

Although he is still in touch with many students from the years he taught, Digiovanni is unaware of any teaching colleagues still around with the exception of Frank Milkovich, who retired as assistant to the superintendent (and, before that, as principal) of the Haldane School District in 1988 after 32 years

affiliated with the school. Milkovich is still active with the Cold Spring Lions Club.

After his return to Massachusetts, Digiovanni switched to college-level teaching, working for two decades at Boston State College, and then Bunker Hill Community College. In between those jobs he had a six-month stretch of unemployment — his first encounter with it. Feeling low, he was receptive

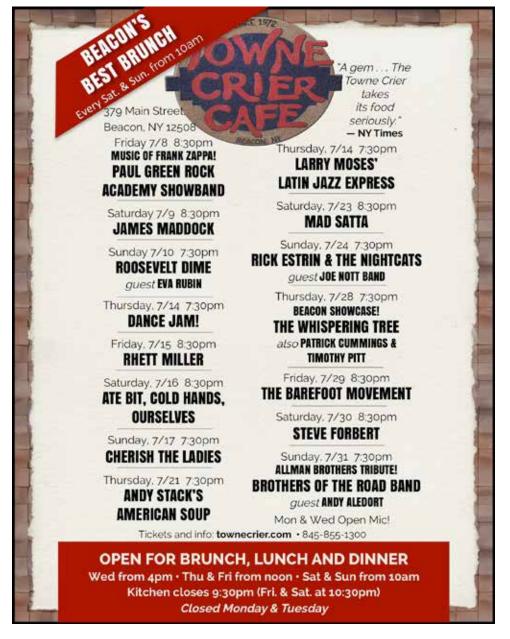
when his daughter suggested they travel to Egypt for three weeks. They had a wonderful time - "I got rid of my angst," $\label{eq:definition} \mbox{Digiovanni says} - \mbox{and that trip spurred}$ the travel bug. Digiovanni has since explored both Europe and the U.S., all reflected in his paintings, which include the abstracted geography of places as disparate as a Roman-built viaduct in Luxembourg, sunset at Florida's Pompano Beach, spring in Sicily, as well as the sands of Egypt. He's very much looking forward to his next trip, to Norway. Throughout his teaching life his work was exhibited in shows at educational institutions, arts associations and at Boston Gallery Seven, all in the Boston area.

The other artists who have exhibited at McCaffrey's are George Stevenson, Rick

Thurston and Daisy De Puthod. Hussong says most visitors come in for real estate but then engage with the work, which, until this exhibit, has largely reflected local landscapes and scenes. One McCaffrey agent purchased a work for her client, considering it a perfect welcometo-the-neighborhood gift.

Asked what Bob McCaffrey was like in high school, Digiovanni had only good things to say, "He was the most endearing student. His nickname was 'Bumpy' and, well, he looked like an angel. I remember that every time I complimented him he would turn beet red. He was the most popular student in the grade."

The Digiovanni exhibit runs through July during regular business hours at 140 Main St. For more information visit McCaffreyrealty.com or call 845-265-4113.









Do You Fear the Kohlrabi?

Chef will discuss what to do with your CSA share

by Alison Rooney

Although owning a share of a Community-Sponsored Agriculture (CSA) brings never-before-sampled vegetables well beyond green beans and lettuce

to the kitchen, many people find they never get around to actually cooking or even peeling some of the more obscure selections. Let's face it, there have been times when you forget which one is the tatsoi and which one is the name-you-can't-even-remember and as not to confuse it with the tatsoi.

Enter Rebecca Weber to help save the weekly share. The Culinary Institute of America graduate and fairly recent Nelsonville transplant (she moved here about two years ago) spoke on June 30 at the Desmond-Fish Library in Garrison on what to do with your CSA share as part of her monthly Food Forum series there. The Thursday evening sessions include a little bit of presentation, then a little bit of cooking, followed by consumption of what's been prepared.

On June 30, after a bit of introductory conversation about everyone's favorite summertime dish, participants were asked what vegetables stumped them. Kohlrabi won by general consensus, although Swiss chard and mustard and beet greens came up, too ("I actually buy the beets to get the greens," Weber said). Weber demonstrated how to slice and dice some of the beautifully prepared grilled vegetables and roasted tomatoes she had prepared in advance, along with several accompanying sauces, including an anchovy vinaigrette, a chermoula, Greek Goddess and white bean and fennel dips, an aioli and a hummus. Attendees were encouraged to sample.



Kohlrabi

Then it was demonstration time, as Weber showed slicing techniques for grilling vegetables, including how best to hold the knife. She urged everyone to "watch and focus on what you're doing to get a straight cut." She also showed how to chop and dice vegetables slated to be included in dishes like ratatouille. Interspersed with advice on these techniques, Weber whipped up a delicious baba ghanoush.

Everyone migrated to two tables for hands-on work preparing pappardelle pasta with summer squash and arugula with walnut pesto, and what was to be a zucchini ricotta pizza, but, due to some gluten-free dietary restrictions, wound up being a stack of the zucchini ricotta topping and, separately, a pizza base.

Somewhere in there, the kohlrabi still didn't quite get its moment in the sun. Weber did offer that the bulby vegetable — which is considered a "brassica" with cabbage, broccoli and cauliflower because it grows above ground rather than below — is popular in German, Indian and Vietnamese cuisine. It is best prepared in a frying pan with butter, and it also works well in gratin dishes. Further exploration is warranted, as it's handily loaded with Vitamin C and potassium too.

Recipes for all the prepared sauces, the baba ghanoush and both main dishes were provided in a set, along with web links to recipes for many summer vegetables, including zucchini, eggplant, tomatoes, cucumbers, Swiss chard, kale and other leafy greens, corn, but alas no ... kohlrabi, which, it turns out, is not a summer veg-



Cooking instructor Rebecca Weber demonstrates how best to slice a zucchini for a particular dish.

Photo by A. Rooney

etable. Instead, it's best in spring and fall, so there's time enough to learn how best to prepare it. Hint: initial research online indicates that it may be eaten raw, steamed, roasted, made into fritters, used as a soup ingredient and with or without its greens. The taste and texture apparently falls somewhere between cabbage and broccoli stems but milder and sweeter.

Weber began her series at Desmond-Fish in January with a New Year's Resolutions (remember those?) theme and has since addressed seasonal cooking; how to roast a whole fish with chimichurri and herbed butter; breakfast crepes; and making standard and gluten-free dumplings. Future topics include homemade pasta-making and outdoor grilling, for which the location will shift from the library's downstairs program room to the grounds outside.

"My goal is to have a fun time and send you home with some tried-and-true recipes," she says. "If I can sprinkle in a little more knowledge about food issues or cooking techniques, I'm glad to do this. I'd also like to learn what your needs are and gear the group toward areas that interest those who attend."

The chef grew up in Minnesota, where

her parents owned what she describes as a "what a diner is in the Midwest" restaurant. As a result, she never wanted to work in one and began on a non-food-industry path. However, Weber says she quickly discovered that "an office job was not for me" and enrolled at cooking school.

Upon graduating, she went to work in Poughkeepsie for one of her Culinary Institute professors before switching into food safety work, where one of her clients was ShopRite. She now works directly for ShopRite, training staff at multiple locations.

The next session with Weber, scheduled for 4 p.m. on Thursday, July 14, will focus on cooking for and with pre-teens. A \$10 donation is suggested to cover materials. Call 845-424-3020 for a reservation. The library is located at 472 Route 403, at the corner of 9D.

NY Alert

For the latest updates on weatherrelated or other emergencies, sign up at nyalert.gov.



Devising a method of utilzing all of a CSA share can be as simple as grilling and accompanying with a variety of sauces.

Photo by A. Rooney

PHILIPSTOWN DEPOT THEATRE

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Mary Poppins

Thursday, July 21, 7 p.m.
Friday, July 22, 3:30 p.m. & 7 p.m.,
Saturday, July 23, 3:30 p.m. & 7 p.m. • Sunday, July 24, 2 p.m.

Teen players present

Damn Yankees

Thursday, July 28, 7p.m. • Friday, July 29, 7 p.m. Saturday, July 30, 4 p.m. & 7 p.m. Sunday, July 31, 2 p.m.

All tickets at brownpapertickets.com or philipstowndepottheatre.org 800.838.3006 • Garrison Landing, Garrison, NY (Theatre is adjacent to train station.)

Cold Spring Celebrates Independence Day



An impromptu serenade by Slam Allen at Dockside Park in Cold Spring on July 3

Photos by Anita Peltonen





Fireworks above spruce trees at Dockside Park in Cold Spring

Photo by A. Peltonen



Cold Spring kids Clark Brown and Amalia Timm danced to Slam Allen and also the Slambovians at Dockside Park before the fireworks.

Photo by A. Peltonen



Cold Spring puppy review portion of Main St. parade

Photo by A. Peltonen



A fun day was had by all. Photo by Michael Turton



Above, Natalie Diaz and Kelly Ann Vega with her daughter Naomi Smith; below, Mike and Noah



Beacon Celebrates Independence Day

Beacon Memorial Park, July 3 Photos by Anne Wykstra



Laquan Jones with daughter Myla Ballard



Lynette Rajala and grandchildren Anya and Gio Mercurio at the Cold Spring waterfront. Rajala is a local kindergarten teacher. Photo by A. Peltonen



Cold Spring pipers parade down Main Street. Photo by Anita Peltonen



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6:15 9:00, SUN 12:30 3:30 6:30
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WED & THU 2:00 7:00

"The BFG" (PG)

FRI 2:00 4:45 7:30, SAT 12:15 3:15 6:00 8:45, SUN 12:15 3:15 6:15 MON 2:30 7:30, TUE 1:30 4:30 7:30 WED & THU 2:30 7:30

COMMUNITY BRIEFS



James Brandon Lewis, bassist Luke Stewart and drummer Warren Trae Crudup III Photo provided

Dvořák in America Chapel to present musical play, with puppets

n Sunday, July 17, the Chapel Restoration in Cold Spring will present the musical play, The New World Symphony: Dvořák in America, written and directed by puppeteer Vit Horeiš. The performance, which is free, begins at 4 p.m.

The piece, which premiered at New York City's La Mama Theater in March, depicts the life of Bohemian composer Antonín Dvořák from 1892 to 1895, when he spent three years in the U.S. as director of the National Conservatory of Music of America in New York. He declared that African-American and Native-American music would be the foundation on which new American music would rise, and composed The New World Symphony inspired by spirituals and the Hiawatha story.

The performance will include 50 puppets. eight performers and three musicians. Music will range from Dvořák compositions, to spiritual and work songs, to jazz and rock. The performance features composer, musical director and jazz saxophonist James Brandon Lewis, bassist Luke Stewart and drummer Warren Trae Crudup III.

The Chapel Restoration is located at 45 Market Street, adjacent to the Metro-North train station, where parking is free on Sundays.

Winged Jewels Land at Museum

Dragonfly program set for July 16

n Saturday, July 16, the Hudson High-On Saturday, July 10, the Illiands Nature Museum in Cornwall will present its popular annual "Dazzling Dragonflies" program at 9:30 a.m. and 11 a.m. at its Outdoor Discovery Center on Muser Drive, across from 174 Angola Road. Environmental educators will discuss dragonfly anatomy, behavior, identification and what makes them unique.

"Adult dragonflies are sometimes referred to as 'mosquito hawks' because they catch and eat up to 300 mosquitoes and other small insects daily," said educator Sasha Boucher. "Dragonflies use their spiny legs to scoop up mosquitoes right out of the air; they even eat the mosquitoes while in flight." After the presentation, participants will be invited to guided walk through the fields to collect, identify and release some of the winged jewels.

Admission to the museum is \$8 for adults (\$6 for members) and \$6 for children (\$4 for members). For more information visit hhnm.org or call 845-534-5506, ext. 204.



A widow skimmer dragonfly

Photo by Pam Golben

Downing to Celebrate 10th Anniversary

L burgh waterfront will celebrate its

Film center offers reduced tickets and popcorn The Downing Film Center on the Newwww.siglerhendersonstudio.com



A scene from the 1988 film Cinema Paradiso

10th anniversary on July 22. It showed its first film, Water, directed by Deepa Mehta, on July 22, 2006, in what had been the basement of a furniture warehouse and later the Yellow Bird Gallery.

The 55-seat Downing will mark the anniversary with two the screenings of Academy Award-winning film Cinema Paradiso (1988), Giuseppe Tornatore's classic celebration of the magic of the movies, at 2 and 7:30 p.m. on Monday, July 18. Admission is \$5, or free for Downing members.

In addition, from Friday, July 22, through Thursday, July 28, ticket prices will drop to their 2006 levels for other films: \$8 for adults, \$7 for students and members of the military, \$6 for seniors and children under 16, and \$5 for Downing members. The price of popcorn will also be reduced to its opening-day price of \$2.

Tickets are available at the box office at 19 Front St. during movie hours, as well as at downingfilmcenter.com. For more information, call 845-561-3686 or email downingfilmcenter@gmail.com. Seating is on a first-come, first-served basis.

Glynwood to Host Farm Day, Burger Night

Fresh Company to cater both events

Nlynwood Farm in Cold Spring will hold its second annual Food + Farm Day, which it calls "an immersive celebra-



Scott Wolfson and Other Heroes



On Sunday, July 17, the indie folk band Scott Wolfson and Other Heroes will perform at 6 p.m. at the bandstand at the foot of Main Street in Cold Spring as part of the free Sunset Concert Series sponsored by the Cold Spring Area Chamber of Commerce.

tion of our regional food system," from noon to 5 p.m. on Saturday, July 16. The family friendly event will include tours of the farm, hands-on demonstrations, tastings of local products, live music and a marketplace.

The demonstrations include horseshoeing, making your own ice cream, beekeeping and caring for your tomatoes. There will also be games and storytelling just for kids and hay rides for all ages, as well as farm animals. Lunch, soft drinks. beer and hard cider will be provided by Fresh Company. The event will take place rain or shine.

Food + Farm Day will be followed at 6 p.m. by Glynwood's inaugural Community Burger Night. Shelley Boris of Fresh Company will prepare an al fresco meal with the farm's grass-fed, pasture-raised beef as the centerpiece.

Tickets for the Food + Farm Day are \$10 for adults and \$5 for children ages 5 to 12 at glynwood.org/event/food-farm-day.

> Tickets to the Burger Night are \$25 for adults and \$15 for children. Children ages four and under are admitted free to both events. Glynwood is located at 362 Glynwood Road, off Route 301. In addition to Fresh Company, other sponsors are Chronogram and Zero to Go. For more information, call 845-265-3338.





COMMUNITY BRIEFS



Artwork by Bryan and Sabrina

Butterfield to Hold Three Events for Kids

Athletic animals, fitness quest and "mad science"

The Butterfield Library in Cold Spring The Butterneid Library ... will host three events for children over the next week.

Wednesday, July 13, at 11:30 a.m., Animal Embassy will visit to share a program called "Athletes of the Animal Kingdom" with visitors such as a veiled chameleon, an Argentine tegu and a carpet python.

On Thursday, July 14 at 10:30 a.m., in a Fitness Quest adventure, Jason Edwards will lead children on a grand quest to find the secret formula to health and fitness and build research skills along the way.

Finally, on Friday, July 15, at 10 a.m., in a Mad Science show, children will be invited to explore the laws of motion by creating jet packs and a rocket-propelled car.

Big Kids Read to Little Kids

Butterfield continues "Buddies" program

Reading a book aloud is one of the best things beginning readers can do to improve their skills. Since younger children love reading to "big kids," the Butterfield Library in Cold Spring this summer will continue to offer its Reading Buddy

Reading Buddies must be in sixth through 12th grades and younger children should be in kindergarten through fifth grade. Once registered, partners will be matched. The Reading Buddies will be responsible to schedule their meeting time during regular library hours and the time they spend together will be logged. For more information, email Maureen Mc-Grath at jbl.libraryservices@gmail.com.

Beacon

Library to Share Works by **Autistic Artists**

 $"Discovering What is \ Underneath"$ opens July 9

The Howland Public Library in Beacon will host an opening reception from 5 to 7 p.m. on Saturday, July 9, for Xposure: Discovering What is Underneath, an exhibition of work created by adult artists in the Anderson Center for Autism's Expressive Outcomes program. The exhibit will be on display through Aug. 6 during library hours at 313 Main St.

The Anderson Center for Autism, locatedin Staatsburg, is a non-profit organization that provides programming for children and adults with autism. Its Expressive Outcomes program held its first art exhibit in 2004. At the exhibitions, artists discuss their inspiration, techniques and ideas. For more information, visit andersoncenter-

Dance Jam on July 14

Towne Crier hosts monthly

forautism.org.

The next Towne Crier Dance Jam ■ will be held on Thursday, July 14, beginning at 7 p.m. with soul, R&B, Latin (all styles), funk, reggae, rock and disco spun by DJ Rhoda Averbach and partners Al Brandonisi and Efrain "La Voz" Colon.

"The dance jam is a perfect night out, right here in Beacon," said Averbach. "Nothing gives us more pleasure than seeing people loving this beautiful music and interacting so freely with each other.

Share Your News With Our Readers

Share news and announcements with the readers of *The High-lands Current*. To submit your upcoming events and announcements for consideration in our Community Briefs section (in print and online) submit a text-only press release (250 words or less) along with a separately attached high-resolution photograph to arts@highlandscurrent.com.

We thank Towne Crier Café owner Phil Ciganer for welcoming this event." Said Carrington Hall, of Philipstown: "This is a Studio 54 atmosphere in an informal setting. Why go schlepping down to the city when you can have a ball right in the neighborhood?"

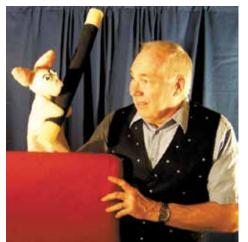
The Towne Crier is located at 379 Main St. in Beacon. Admission is \$10. For more information, visit meetup.com/Towne-Crier-Dance-Jam.

Library to Present Adult **Reading Events**

Crafts and comedy at Howland

The Howland Public Library in Beacon will host three events in the coming week as part of its "Exercise Your Mind" adult summer reading program.

On Saturday, July 9, artist Vickie Raabin will lead a free workshop starting at noon on creating painted parasols. All supplies are included, and participants should dress for messy fun.



Bob Conrad

Ceramics on Display at bau Gallery



The Beacon Artist Union Gallery at 506 Main St. will host a reception from 6 to 9 p.m. on Saturday, July 9, for the opening of an exhibit, On Display, by the ceramic artist Kirsten Lyon. It continues through Aug. 13. The bau Gallery's regular hours are from noon to 6 p.m. on Saturday and Sunday.

Image provided

On Tuesday, July 12, at 6 p.m., Amina Chaudhri will explain how to make coiled bowls out of magazine paper. The event is free and all supplies are included. Registration is required for these two events at beaconlibrary.org or by calling 845-831-1134.

Finally, on Wednesday, July 13, at 1 p.m., join magician and ventriloquist Bob Conrad for a free show for adults that features comedy, puppets and a touch of magic. No registration is required. The library is located at 313 Main St.

Free Lunch for Kids and Teens

Nutritious meals served weekdays

hildren and teenagers ages 18 and younger can receive a free, nutritious meal between noon and 12:45 p.m. weekdays through Aug. 26 at three locations in Beacon: Tompkins Terrace (194 Tompkins Ave.), Davies South Terrace (52 Davies Ave.) and the Beacon Community Resource Center (23 West Center St.).

For more information visit ccedutchess. org/nutrition/summer-food-service-programs or call 845-677-8223, ext. 122. The program is administered by Kids R Kids Feeding Program, New Vision Church of Deliverances and the Beacon Nutrition Advisory Committee.

(Continued on next page)

Visit highlandscurrent.com for news updates and latest information.



COMMUNITY BRIEFS (From previous page)

Common Ground Farm

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Feel the Need to Weed?

ommon Ground Farm in Wappingers Falls has launched Weeding Wednesdays. Each week from 2 to 4 p.m., the farm is open for volunteers who want to get their hands dirty, help farmers complete weeding tasks and see how their food is grown. Email susan@commongroundfarm.org for information.

Bannerman Island to Honor Gardeners

Mains Sons C.

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Party and opera music scheduled on July 16

The late Harrison Libby of Beacon, a longtime member of the Bannerman Castle Trust board of directors, will be honored with a plaque in the garden on the island during a ceremony on Saturday, July 16, for his work in restoring the

> also be a garden party for visitors with a performance by opera singers Lorraine Helvick and Danielle Davis. Since 2007, volunteers

> island's gardens. There will

have been working to recreate Helen Bannerman's gardens, and the Saturday program will also honor three Bannerman Castle Trust gardeners for their work. The event is being catered by Pandorica Restaurant in Beacon, and guests will be able to take a self-guided tour of the island.

For tickets, which are \$50, visit zerve.com/Bannerman/ Garden. The boat leaves the Beacon dock at 3 p.m. for the three-hour event.



Opera singers Lorraine Helvick and Danielle Davis will perform on Bannerman Island.



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Feeding Fido

Cold Spring vet concerned about what many dogs eat

By Michael Turton

By one estimate Americans spend \$45 billion annually on dog food and another \$6 billion on treats. And yet, not all dog food is created equal. Dr. Peter Bach of the Animal Hospital of Cold Spring has expressed concern about what many dogs are being fed, so we asked him for more details. His responses have been edited for space.

What should a healthful canine diet look like?

It should contain a high amount of protein and a small amount of fat. Also roughage, which is not the same kind of fiber that humans consume. It should be probiotic, with a type of bacteria that normally grows in the gut that is sometimes missing from the animal's gut. It should also include vitamins and minerals but not many carbohydrates — maybe about 6 percent carbs — which is very hard to find [in dog foods].

Do dietary needs vary much from breed to breed, other than amounts?

A working dog needs a lot more calories than a dog that basically sits with the owner and watches TV all day.

What are common mistakes owners make regarding diet?

They fall into traps. The industry is overselling the concept of a grain-free diet. They should actually be promoting carbohydrate-free diets. Another mistake is using a raw diet that is not freshly made. Nothing against raw diets, but most of the commercial food contains too much bacteria and it's often harmful to both the pet and the human. Home-cooked meals often don't contain the right amount of trace nutrients and vitamins.

And finally, just feeding a dog scraps from the table — what our grandparents and parents used to do — does not increase the animal's longevity. Scraps contain too many fats, especially saturated fats, and too many of the sugars and carbs found in most North American diets. I understand the owners desire to share and

to give in to begging, but it's not actually a good thing.

Is part of the problem that pet owners tend to anthropomorphize their dogs?

That's an issue in all aspects of veterinarian medicine and dog ownership. But you cannot take that out of humans. It's one of the hardest things for me to explain to people — don't overfeed an animal, and don't just give in to what you think the dog's needs might be as a substitute for love. Human-grade protein — muscle meat

– is not necessary in dog food. They can have a lower-grade protein. The nutrients that a dog needs are counterintuitive; it needs nutrients to make hair; it needs to constantly renew its nails; it needs roughage that you would probably consider unacceptable food at your table. A dog needs that fiber to have good, healthy bowel movements and so forth. And no, Fluffy should not eat until he bursts. Just because he demands food three times a day doesn't mean he needs it.



Doc Lowder, a three-month-old pug
pup. Photo courtesy of Peter Bach

What do dogs need?

They typically don't get enough exercise. There's a study that says that dogs should have a type of enhancement, some life enrichment by having a walk once or twice a day. Just letting him out into the back yard to sniff and poop is not an enrichment; they know all the smells in the backyard. They need something different than the ordinary daily life of the human — a nice walk in a neighborhood they haven't been to before or at least a chance to check out their neighborhood to see who has been there and what's going on. Dogs decline mentally if they don't have that type of enrichment.

What do you recommend as a nutritious treat for dogs?

Baby carrots are very good.

Are organic foods showing up in canine diets?

I'm sure it is but there's no research to support that it's necessary. There's absolutely nothing that I'm aware of that says organic foods will increase a dog's longevity or make them healthier. It stands to reason that the things that make our life better also make the dog's life better. But there are differences. Cadmium, for example, is a toxin for humans but doesn't play a role in dog's kidneys; they don't collect cadmium. So maybe all toxins we humans

worry about are not detrimental to a dog's health. Didn't we just talk about anthropomorphism?

What about wet versus dry food?

I'm more cerned about the content of the wet food than the dry food. If we were talking about a cat I'd give you a completely different answer, but for dogs, it's not as important since dogs drink sufficiently. It becomes a convenience issue for the owner. Dry food you can put out and leave out all day and the canned food.

at least in the summer, attracts all kinds of bugs and things. There's not really a big difference nutrition-wise, unlike cats, which need the canned food.

Some owners favor raw diets for dogs.

The American Veterinary Medical Association commissioned a study that found that the biggest objection to raw diets is the bacteria that is often found. Also raw diets aren't very well researched. Some people do no research and just use their gut instinct to add things that are indigestible in dogs. Cottage cheese, for instance. It sounds like a great idea to put it in dog food but the University of Pennsylvania's senior canine nutritionist has shown it does not work in dog food. It sounds good; kind of warm and fuzzy, but it isn't a dog food.

The core of my objection to small manu-



Dr. Peter Bach

Photo by M. Turton

facturers is that they have no idea what to put in dog food. This is a little bit exaggerated; but the standard for trials in dog food is that if the dog is fed for six weeks and doesn't die, the dog food passes. The AFFCO (Association of American Feed Control Officials) standards are not very tight and stringent.

How common are food allergies in dogs?

Lately they're becoming a big thing and much more common than environmental allergies. Pollen and carpet cleaners are also big but food allergies really trump everything else.

What should people do to plan their dog's diet? Search online?

Research online is at the point where anybody can publish anything. It's more disturbing than good. I like to have people start by talking to me about diet concerns. I'm very open minded but I'm not for a raw diet and I'm not for a high amount of table scraps. I can also provide recipes.

Dogs that eat food from a company that does its own research live the longest. Research looks at what micronutrients and vitamins are needed and what diseases the dogs get, and they design their dog food based on that research. There are at least three such companies doing that, including Purina, Waltham and Hills.

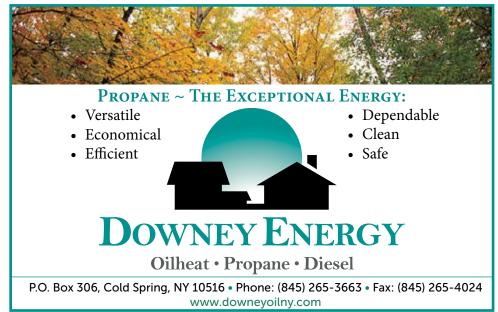


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After the Barn, 508 Main St. All In One Food, 1020 Wolcott Ave Artisan Wine, 180 Main St. Baja 328, 328 Main St. Bank Square Coffeehouse, 131 Main St. Beacon Bagel, 466 Main St. Beacon Creamery, 134 Main St. Beacon Falls Café, 472 Main St. Beacon Natural Market, 348 Main St. Beacon Pantry, 382 Main St. Dogwood Café, 47 E. Main St. Ella's Bellas, 418 Main St. Harry's Hot Sandwiches, 449 Main St. Homespun Foods, 232 Main St. Howland Cultural Center, 477 Main St. Hudson Beach Glass, 162 Main St. Key Foods, 268 Main St. Marbled Market - Stock Up, 29 Teller Ave. More Good, 383 Main St. Poppy's Burgers, 184 Main St. Riverwinds Gallery, 172 Main St. Scarborough Fare, 257 Main St. Sukhothai, 516 Main St. The Hop, 458 Main St. Tito Santana Taqueria, 142 Main St. Towne Crier Café, 379 Main St. Utensil, 480 Main St. Vogel Pharmacy, 234 Main St.

BEACON (Other)

Dia:Beacon Café, 3 Beekman St.

COLD SPRING (Main Street)

Bijou, 50 Main St. Butterfield Library, 10 Morris Ave. C&E Hardware, 158 Main St. Chamber of Commerce Information Booth, foot of Main St. Cold Spring Apothecary, 75 Main St. Cold Spring Pet Supply, 169 Main St. Cold Spring Pizza and Deli, 120 Main St. Cold Spring Village Hall, 85 Main St. Country Goose, 115 Main St. Country Touch, 97 Main St. Cup-o-ccino Café, 92 Main St. Dancing Dialogue, 26 Main St. Depot Restaurant, 1 Depot Square Doug's Pretty Good Pub, 54 Main St. Foundry Café, 53 Main St. Gallery 66 NY, 66 Main St. The Garden Café, 116 Main St. The Gift Hut, 86 Main St. Go-Go Pops, 64 Main St. The Highlands Current, 161 Main St. Houlihan Lawrence, 60 Main St.



RiverWinds Gallery, Beacon Photo by Michele Gedney

Hudson Hil's, 129 Main St. Hudson Holistic, 156 Main St. Hudson House, 2 Main St. Hudson Valley Shakespeare Festival, 140 Main St. Joseph's Fine Jewelry, 171 Main St. McCaffrey Realty, 140 Main St. Moo Moo's Creamery, 32 West St. Old Souls, 61 Main St. Pig Hill Inn, 73 Main St. Riverview Restaurant, 45 Fair St. Romeo & Juliet, 155 Main St. SkyBaby Studio, 75 Main St. Swing, 65 Main St. Whistling Willie's, 184 Main St.

NEAR COLD SPRING (Routes 9 and 301)

B & L Deli, 3176 Route 9 (Philipstown Square) Cold Spring Quick Mart, 3188 Route 9 Cold Spring Coffee Pantry, 3091 Route 9 Glassbury Court at Cold Spring, 3370 Route 9 Glynwood Store, 362 Glynwood Road (Route 301) Highland Wine and Liquors, 3176 Route 9 (Philipstown Square) Marbled Meats, 3091 Route 9 Nicole Brooke Salon, 3182 Route 9 (Philipstown Square) Philipstown Nails, 3182 Route 9 (Philipstown Square) Round-up Texas BBQ, 2741 Route 9 Stonecrop Gardens, 81 Stonecrop Lane (Rte. 301) Vera's Philipstown Farm Market, 3091 Route 9

COLD SPRING (Foodtown Plaza area)

Animal Hospital of Cold Spring, 55 Chestnut St. Angelina's, 41 Chestnut St. Cold Spring Healing Arts, 6 Marion Ave. Drug World, 55 Chestnut St. Foodtown, 49 Chestnut St. Grey Printing, 35 Chestnut St. Lahey Pavilion, 1756 Route 9D Limited Editions Realty, 10 Marion Ave. The Main Course, 39 Chestnut St. Putnam History Museum, 63 Chestnut St. River Architects, 8 Marion Ave. Yannitelli Wines, 55 Chestnut St.

COLD SPRING (Boscobel)

Boscobel (Front Desk), 1601 Route 9D **Cold Spring Farmers Market** (Saturday a.m. May-Nov)

NELSONVILLE

Deb's Hair Salon, 290 Main St. Hudson Hounds, 290 Main St. iGuitar, 290 Main St. Nelsonville Deli, 289 Main St. Nelsonville Village Hall, 258 Main St. Philipstown Town Hall, 238 Main St.

GARRISON

1-2-3 Stop, 871 Route 9 Antipodean Books, Garrison's Landing Appalachian Market, 1467 Route 9 Desmond-Fish Library, 472 Route 403 Garrison Art Center, Garrison's Landing Garrison Café, 1135 Route 9D Gergely Pediatrics, 34 Route 403 Garrison Restaurant, 2534 Route 9 Philipstown Depot Theatre, Garrison's Landing Philipstown Recreation Center, Route 9D The Stadium, 1308 Route 9

FISHKILL

All Sport Health and Fitness, 17 Old Main St. Maya Café, 448 Route 9

SCHOOLS

Beacon High School Garrison School Haldane High School

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