CSX Says Bridge Safe

Crude oil trains make daily crossings

By Michael Turton

A railway bridge located on the property of the Hudson River across from Cold Spring has visibly deteriorated, however its owner says it remains fit for daily use by freight trains. The bridge is located at milepost 51 on the River Line, a 132-mile stretch of track that runs from northern New Jersey to Selkirk, New York, just south of Albany. The bridge and the tracks are owned by the Florida-based CSX Corporation. At the bridge, the tracks are located just a few feet from the riverbank.

Concrete has crumbled beneath one of the bridge’s vertical supports. Concrete has crumbled beneath one of the bridge’s vertical supports. Oil transport by rail on the rise

The span in question, along with a second bridge a few hundred yards to the south, crosses over a pair of narrow channels that enable waters from a wetland located west of the tracks to flow in and out freely as river levels change due to tides, wind and rain. Concrete that forms a part of the bridge’s structure has crumbled beneath a vertical support directly under the tracks.

In an email to The Paper, CSX Spokesperson Kristin Seay, said that the bridge is “current” with regard to its annual inspection. “It was last inspected on Feb. 6, 2014, and was determined to be safe for railroad operations.” Seay said that all CSX bridges are inspected annually. The bridge to the south also shows signs of deterioration but to a lesser extent. On that structure, concrete has fallen away, exposing the reinforcing metal bar.

Oil transport by rail on the rise

The condition of tracks and bridges along the Hudson River has become more significant locally as part of a national trend which has seen an exponential increase in the transport of crude oil and other hazardous materials by rail in recent years. On July 23, 2014, CSX Today reported that “The number of oil-carrying cars run by seven major U.S. railroads jumped from 9,000 in 2008 to 407,701 in 2013...” Closer to home, Seay told The Paper that “CSX operates an average of two to three crude-oil trains per day over (the River Line) route...” That adds up to between 700 and 1,000 crude-oil trains that pass directly across from Philipstown each year.

Two high profile, rail-related tragedies that occurred in recent months no doubt add to local concern. Last July, in Lac-Megantic, Quebec, a train loaded with oil exploded, killing 47 people. Local insurance claims were estimated at $50 million. And in May of this year, a train derailed.

(Continued on page 3)

County Legislators Raise Questions About Placing Services at Butterfield

Issues about costs and leasing versus owning

By Liz Schevetzchuk Armstrong

A routine report to a legislative committee in Carmel Monday night (July 28) sparked a spirited discussion over a Putnam County presence at a redeveloped Butterfield Hospital site, with legislators questioning the virtues of leasing office space versus outright ownership and the costs of bringing county services to Cold Spring.

The interaction at the Economic Development Committee meeting followed an update by Meghan Taylor, president of the Putnam County Economic Development Corp., on recent submissions for New York State Consolidated Funding Application (CFA) grants. Taylor noted that three “priority project” applications came from Putnam County. Of those, two involve Philipstown projects: the Butterfield redevelopment, planned by Butterfield Realty LLC, led by developer Paul Guillaro, (Continued on page 4)
Gone Native

By Joe Dizney

There's no telling where a "successful" recipe is going to come from — or for that matter, what constitutes "success." This week's was prompted by a search for an interesting stuffing for a whole roast salmon I was requested to cook for a friend's party. I don't remember where the original recipe came from but the ultimate concoction was a mixture of wild rice, blackberries and a garlicky-ginger dressing — which sounded as questionably as questionable as the wild rice, berries and even ginger certainly fit the menu of ingredients available to the indigenous peoples of North America. Likewise, salmon and other fish of that family (char, trout) are available to the indigenous peoples of both coasts and some inland rivers and lakes.

Despite my initial reaction, it made sense and moving beyond my knee-jerk reservations, the resulting feast proved memorable. The literal takeaway for everyone present was the stuffing, of which everyone present was the stuffing, of which there was much leftover enjoyment evolved into a stand-alone side dish. First, a stay in New Hampshire during a record low-bush blueberry harvest suggested the premier substitution. The blueberry, like its cousin the cranberry, provides a citrusy kick, which is rarely remarked on. (And this time of year, commercial blueberries are plentiful, recently available for $2 a pint in the supermarket.)

Somewhere along the way roasted beets got added, and again they seemed a pretty obvious addition both in flavor — providing a savory sweetness in contrast to the blueberries' tartness — and in offering a beautiful jewel-like ruby color to the visual mix.

Then there was a stay on Martha's Vineyard (reading Geraldine Brooks' Caleb's Crossing, if memory serves), which prompted the addition of chopped, roasted hazelnuts. (I warned you — there's no telling where this stuff comes from ...)

Through all these permutations, the wild rice provides a perfectly accommodating medium. And in addition to its almost Paleolithic provenance, wild rice also happens to be yet another so-called superfood, highly nutritious, second only to oats in protein (take THAI, quinoa!), among its many other benefits. Actually a wild grass and not directly related to brown or white rice, wild rice, in comparison, provides almost twice the protein and fiber of brown rice and slightly fewer carbohydrates, which makes enjoying this ostensible "delicacy" a guilt-free pleasure.

With some minor tweaks to the vinaigrette along the way (a recent addition of just a smidgen of maple syrup to further reinforce the native American tone), there you have it. To backtrack a bit, as presented here, you could certainly stuff a whole boned salmon and roast it to an impressive and very elegant effect, but experience has shown me it's a much more flexible and equally remarkable side dish to accompany whatever grilled or roasted meat or seafood you have in mind or on hand, pairing well with poultry (particularly duck), pork or scallops, salmon or tuna.

And if for some reason your household is afflicted by heathens averse to the pleasures of beets — which for some reason seems to be the food phobia most commonly remarked on in regards to this recipe — by all means, omit them. Make this thing your very own — that's how cooking is supposed to work.

Blueberry, Beet and Wild Rice Salad

Serves 8 to 10 as a side

1 cup wild rice (or wild and whole-grain blend)
1 ½ cups blueberries
3-4 medium beets, peeled and cut into ½-inch dice
1 cup hazelnuts, toasted & coarsely chopped
4-5 scallions; white bottoms and green tops chopped
2 tablespoons fresh ginger, grated or minced fine
1/4 cup flat leaf parsley basil or mint, chopped

For the vinaigrette:
1 clove garlic, minced fine
1 tablespoon Dijon mustard
1 tablespoon maple syrup
2 tablespoons white wine vinegar
Oil for dressing (1/4 cup; olive oil will do, but better, use walnut or hazelnut oil)
Salt and freshly ground black pepper to taste

1. Cook the rice: Prepare rice as per package directions. (I suggest you use a little less water than suggested for a drier preparation.) Cool and reserve.
2. Roast the beets: Toss cubed beets in 1/2 tablespoons of oil, lightly salt and pepper and roast on a parchment-lined baking sheet (in one layer) at 425 degrees for 20-25 minutes. Let cool and reserve.
3. Prepare the vinaigrette: Combine and briefly whisk garlic, shallots, vinegar, syrup and mustard; add salt and pepper to taste; let macerate for at least a half hour. Whisk in 5-7 tablespoons of oil to emulsify. Adjust seasoning.
4. Assemble the salad: Combine cooled rice, ginger, shallots, green onions and parsley or herbs; fold in vinaigrette. Add in the beets, blueberries and hazelnuts and toss lightly. Drizzle in more oil if dry and adjust seasoning. Serve cool or at room temperature.

Blueberry, beet and wild rice salad

Photo by J. Dizney
CSX says Bridge Safe (from page 1)

in Lynchburg, Virginia, dumping some 50,000 gallons of crude oil into the James River. A July 23 editorial in the Albany Times Union underscored what it called “failure of government to adequately ensure rail safety” as evidenced by such accidents.

Federally regulated

Freight rail lines in the U.S. are regulated almost entirely at the federal level by the Federal Railroad Administration (FRA). Federal law requires that all railroad companies inspect their own bridges on an annual basis — regardless of the size of the bridge. Companies must determine the load capacity of each bridge, certifying to the state where it is located that it is capable of bearing the daily load it must handle.

On July 23, the Federal Department of Transportation proposed comprehensive rules to improve crude oil transportation safety. Recommendations include an immediate phasing out of older tank cars, new standards for tanker cars that carry crude oil, and required notification of first responders.

At the state level, the New York State Department of Transportation’s (DOT) Rail Safety Inspection Section participates in FRA safety programs — mainly for staff training and certification. Beau Duffy, DOT Director of Communications, told The Paper that the agency also conducts random inspections or “blitzes” of rail facilities, focusing on track conditions and mechanical equipment such as brakes and wheels. He said that DOT does not however inspect bridges.

National issue… local focus

The deteriorating bridge across from Cold Spring brings what has become a significant national issue into very local focus.

The Cold Spring Dock and dedicated it to past organization president Betty Budney and her husband Mackey, who died in June 2013. “It is always a great day when you can celebrate happiness, love and family,” said current Lions president Pern McCluskey as she opened the event. “We are here to honor Betty and Mackey’s service to Cold Spring, Betty was one of the first female Lions in Cold Spring,” she continued.

McCluskey also recalled Mackey Budney’s decades of service to the Cold Spring Volunteer Fire Company. She served as a chief and a member of the board of governors. An honor guard worked with CSX to ensure it is in compliance with all federal safety standards noting that FRA inspectors regularly evaluate railroad companies’ bridge safety practices to identify potential weaknesses.

Local senior-elected officials also commented on the River Line bridge. “Like many of my neighbors, I’m extremely concerned about the integrity of this bridge,” said Rep. Sean Patrick Maloney (D-18th District, NY), when notified of the issue by The Paper. “I immediately brought this to the … attention of CSX, and I’ll work closely with officials to ensure inspections are conducted and any necessary repairs are done promptly. With billions of gallons of oil barreling down the Hudson, we must be vigilant that issues like this are addressed quickly — the safety of our neighbors, environment and communities is far too important.” Maloney is a member of the House Transportation and Infrastructure Committee, and has been working with the chairman of that committee to examine the environmental and economic impact of shipments of crude oil along the Hudson River.

New bench marks lifetime of service to community

By Kevin E. Foley

The Cold Spring Lions Club honored one of their own last weekend. At a brief ceremony on Sunday afternoon, July 27, in Lynchburg, Virginia, dumping some 50,000 gallons of crude oil into the James River. A July 23 editorial in the Albany Times Union underscored what it called “failure of government to adequately ensure rail safety” as evidenced by such accidents.

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Legislators Raise Questions About Placing Services at Butterfield

When the Village Board approved a pilot project to remove the lines that delineate parking spaces along the south side of the street, the move came at the recommendation of the Parking Committee chaired by Trustees Cathryn Fadde. Studies have shown that the number of parking spaces can be increased by 15 percent if individual parking spaces are not marked. That could hold true on Main Street where currently the length of parking space has been a concern. The project replaces the current system with one that has been installed for 40 years ago. It also alleviates serious “life saving” issues while producing long-term savings through the reduced operating costs that the new system will entail. Clark commented that the new system will work well on Main Street.

Removal of the parking spaces will allow more room for pedestrians and the Village Board approved a pilot project to remove the lines that delineate parking spaces along the south side of the street.

Legislators Barbara Scuccimarra and Roger Gross at a legislative session in 2013.

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Letters to the editor

Legislators Barbara Scuccimarra and Roger Gross at a legislative session in 2013. Photo by L.S. Armstrong

Dear_trustees, and فأول آثريّة، وذكر- إل****ي

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Former Peace Corps Volunteers Discuss Service
(from page 1)

Cold Spring Main Street Parking Lines to Disappear

Cold Spring Main Street Parking Lines to Disappear

For Gilbert, the biggest sense of accomplishment came from seeing more sustainable behavior changes, both micro and macro, from the children in the family she lived with to the many park rangers she worked with, "mainly older men who never finished secondary school. I trained about 25 of them to do many biological things, monitoring the state of the forest. Being there for four years I could see a deforested hillside become forested again."

Each experience is unpredictable. Bowser was most surprised "by how important religion became in my life. Not in a finding God's way, but because I was forced to talk about religion every single day there ... Religion garnered respect; as long as I could talk a little bit, I got acceptance." Gilbert described herself as "surprised how fast I felt comfortable there, in this Quechua village of 250 people in the middle of the Andes — I felt at home."

Finding solutions

For Bowser the challenge was also the charm. "Americans are cultural workaholics. In Mauritania it was a different pace, a different way of getting things done. The first year I was full of self-doubt — I felt I wasn't getting enough done. Then they clicked into how things was done, it was almost magical. The first year turned out to be a set-up for the second."

At least two Philipstown residents have served in the Peace Corps. Chris Llewellyn in Niger, from 1996 to ’99, doing agricultural and health work, as well as sustainable construction, and Danielle Pack McCarthy from 1998 to 2000 in St. Vincent and the Grenadines, working in education, as a school counselor. Pack McCarthy recalled, "I worked to help children on a very small island learn to trust me enough with their problems and share their dreams. One of the highlights of my experience was a retreat I organized for girls of sexual abuse. These girls had never told anyone else what had happened to them. By the end of the day, they had a roomful of girls who had listened to their story and were now supporting them and cheering them on. Living on my own for two years taught me so much about myself — and the people of St. Vincent showed me every day how much I had to be grateful for. Today, I still work with the children at that school, through an organization called Denniston International, which works to help these children focus on learning and not just surviving."

Llewellyn relates: "Unlike other volunteer opportunities, most Peace Corps assignments allow the volunteer to be the only American in a foreign community. This encourages integration and full participation. The 24-month length of service gives time for a profound understanding of one’s work in its context."

"Like many volunteers, I joined the Peace Corps with very idealistic goals and expectations. Like most volunteers, I was humbled. I expected to save the world. I was able to participate in very meaningful work and enjoy wonderful relationships. My own philosophies and ideas were challenged by the deep complexities of poverty, inequities, injustices, and cultural attitudes. This continues to be the case 18 years later."

"My experience was very cliché Peace Corps: I helped folks in the village where I lived construct my mud hut and dig a latrine for my use. What I thought were simple problems, like children not being sent to school and sick children not being brought to the clinic, turned out to be complicated. The simple composting techniques and basic health measures that I thought would save the world did improve life for some families. And I am thrilled to be able to report that guinea worm, which was a major problem in the area at that time, has now been eradicated in Niger."

The work of Peace Corps volunteers contributed to that change. "Unexpectedly, returning home was much more difficult for me than acclimating to a pre-industrial village in West Africa. The food that was disposed of after just one meal in America contained more protein than my adopted family in Niger was able to eat in a month."

Gilbert concurred, saying, "Coming back home was difficult at first. Your perspective changes on a lot of things, your convictions on some things." Miller called the reverse culture shock "common, and a testament to how deep and profound the Peace Corps experience is."

"Finding solutions"

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Carmel Hosts 43rd Annual Putnam County 4-H Fair

Three days of fun and learning for the family

By Clayton Smith

From July 25 through 27, local participants of 4-H showcased their knowledge and skills at the Putnam County 4-H Fair at Putnam County Veterans Memorial Park. The event was sponsored by the Cornell Cooperative Extension, a partnership among federal, state, and local governments which extends Cornell University’s land-grant programs to citizens all across New York state.

The four H’s represent head, heart, hands, and health, and the organization prepared plenty of wholesome activities and entertainment for everyone. Upon entering the fair, visitors were welcomed by live music at the Shady Grove Theater, where performers ranged from second graders to musicians who’ve been playing for decades. Continuing through the fairgrounds, guests were encouraged to stop in the Showcase Depot to view art submitted by children belonging to various 4-H clubs in the hopes of winning a blue ribbon.

The Livestock Pavilion housed cows, llamas, goats, and horses for children and parents to observe and pet. For kids looking to add some artistic flair to their day, the face painting tent extended the opportunity. For those looking to test their skill, the games tent provided ample fun. There was even a go-kart track to cater to the thrill seekers in the crowd.

Each day offered a unique variety of events. Some highlights on Friday included a magic show under the science and magic tent, a puppet show by the 4-H Puppeteer Players, and a dog show focusing on agility and obedience. On Saturday visitors had the chance to learn how to build a bird feeder using a soda bottle, attend the Country Living Auction, and enjoy a chicken barbecue dinner to end the day. Sunday opened up with a livestock costume show, and ended with the Power of Youth awards.

Dena Altavilla, a 4-H youth and family development program director, helped oversee the event. She explained that the goal of the program is to guide younger people in developing leadership skills, and ultimately, life skills. The 4-H clubs have a year-long program which takes place after school or on weekends, and culminates in the July fair. Clubs are run by adult volunteers and cover a wide range of activities, from sewing to video production to community service.

“The goal of the 4-H Club is to draw the community closer together,” Altavilla said. Oftentimes, parents will become 4-H club leaders to provide a more formal way for their family to participate in an activity.

One local entity with a tent at the fair was the Kent Police Department. Deputy Michael Schmidt shared that the goal of the police department at the fair was to draw kids in, do a show-and-tell, and make it clear that the police are their friends. Schmidt found the 4-H Fair to be an ideal location for children to meet the local law enforcement.

Ming, a local mother from Carmel who attended the fair with her daughter, found it to be beneficial to the community. She entered some of her daughter’s art projects in hopes of winning a blue ribbon, and she makes a point of getting to the fair every year. “You can spend hours here. There are so many things to do,” she said. Her daughter, Penny, added that her favorite part is the dog obedience show. Ming recommends the fair to her friends and is happy to take her daughter because the children receive recognition for their projects.

To donate or learn how to get involved with the organization, visit 4-H.org.

Fun and games included a go-kart track.

by Ben Neill and Theo Metz, playing Neill’s composition Manitoga before an audience dispersed around the grounds of Manitoga on Route 9D, Garrison, last Saturday, July 26.

Trumpeter and composer Ben Neill, along with percussionist/audio engineer Theo Metz, playing Neill’s composition Manitoga before an audience dispersed around the grounds of Manitoga on Route 9D, Garrison, last Saturday, July 26.

Photo courtesy of Amy Lipton

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Davis McCallum Brings New Sensibility To Hudson Valley Shakespeare

Festival's artistic director makes initial imprint with HVSF 2 reading series

By Alison Rooney

Regular theater-goers attending this season’s roster of Hudson Valley Shakespeare Festival (HVSF) plays – anticipating a radical departure from the style of the preceding 26 years in the wake of the changeover in artistic directors – will find this is not the case. Davis McCallum, whose first real day on the job was this past May 15, did not jump into the tent, waving a sword, creating dramatic intrigues. Rather, as the only second in that job since the company’s founding, McCallum is soaking in the season, living and breathing it with the live audience — the choice of plays, directors, cast and creative staff having been already designated prior to his arrival.

At a mid-season interview he was circumspect about his future plans for the company, noting that this year his “first role is to support the artists working here this season, forge relationships with all three directors and support their vision and those of the other artists.”

Focus beyond the players

McCallum noted that he has frequently been a visiting artist at theaters around the country during his career. A Princeton grad, his extensive resume includes a mix of regional Shakespeare and works by contemporaries playwrights at leading off-Broadway and regional theater companies, from Playwrights Horizons and The Pearl to the Guthrie, Old Globe, Humana Festival and Williamstown. He was also a Rhodes Scholar at Oxford — and this has given him the knowledge of “what makes an optimal experience for a guest artist.” Another goal, realized, was to meet the community, and watch them in action as patrons: “I couldn’t wait for the first preview to see where the focus was,” he said.

Before accepting the position (he was one of over 100 applicants), McCallum had the occasion to attend just one performance previously, but that experience was quintessential HVSF: racing in, a touch late for a Hamlet performance three summers ago, he was struck first, of course, by things scenic: “We took the path through the orchard and the view stopped us in our tracks. After we got our tickets I had a whole second wave of interest because of the quality of the production — it was a revelation.”

Telling the story

Drawn to directing after starting out as an actor, McCallum shifted because he found himself becoming “more interested in how we tell the story to an audience as opposed to ‘my relationship to my guy [character].’ Each play is a sequence of... (Continued on page 11)

Guided Canoe Tours, Wildlife Workshops Launched as New Fahnestock Initiatives

Programs aim to provide summer park use for nearest neighbors

By Alison Rooney

In the recent past, summer at the Taconic Outdoor Education Center (TOEC) has been, in terms of events and programs aimed at the nearby community, the slow season. Things have changed this year, as TOEC shares a host of new environmental education programs and initiatives geared to serve neighbors.

These new programs have come to life supported and driven through a private donation made by Dr. Lucy Rockefeller Waletzky, current chair of the New York State Council of Parks, to various area parks, including Fahnestock, the Hudson Highlands State Park, FDR State Park in Yorktown and Lake Taghkanic State Park in Ancram. A goal of the donation was to diversify education and activities within the parks.

Secret lives of ... mushrooms

At Fahnestock, this has translated into a number of new programs. The (Continued on page 14)
The Calendar
Looking for things to do in and around Philipstown? Grab The Calendar and go. For more details and ongoing events, visit philipstown.info. Send event listings to calendar@philipstown.info. See you around town!

FRIDAY, AUGUST 1
First Friday in Cold Spring

Kids & Community
Ulster County Fair
10 a.m.-Midnight, Fairgrounds
249 Libertyville Road, New Paltz
845-255-1380 | ulstercountyfair.org

Couples Massage Workshop
8 p.m. Silver Spoon Cafe | 121 Main St., Cold Spring
845-265-2525 | silverspoon.com

Electric Beef
6 p.m. Whistling Willy's
184 Main St., Cold Spring
845-265-2012 | whistlingwillys.com

Leon Russell
8:30 p.m., Twine Cafe
379 Main St., Beacon
845-855-1300 | townieorches.com

Live Music
9 p.m. To Pantry
3091 Route 9, Cold Spring
845-626-2840 | thepantrycys.com

Vintage Vinyl
9:30 p.m. 12 Grace | 12 N. Division St., Poughkeepsie
914-737-6634 | 12pounds.com

Beki Brindle and The Hotheads
9:30 p.m. Max's on Main
240 Main St., Beacon
845-838-6279 | maxsonmain.com

Meetings & Lectures
Free Computer Help
2 p.m. Desmon Fish Library
472 Route 403, Garrison
845-424-3200 | desmonfishlibrary.org

Search Inside Yourself Retreat (Opens)
3 p.m. Garrison Institute
14 Mary's Way, Garrison
845-424-4800 | garrisoninstitute.org

Potluck and Meeting
6:30 p.m., Beacon Sleep Club
2 Red Finch Drive, Beacon
914-907-4928 | beaconsleepclub.com

Art & Design
Army Weinstien: Watflower - New Botanicals (Opening)
6 - 9 p.m. Gallery 66 NY
66 Main St., Cold Spring
845-809-5146 | gallerystudio.com

Group Show: Collective II (Opening)
6 - 9 p.m. Buster Levi Gallery
121 Main St., Cold Spring
845-809-5146 | busterlevigallery.com

Theater & Film
Fiddler on the Roof (Teen Players)
3 & 7 p.m. Philipstown Depot Theatre
10 Garrison's Landing, Garrison
845-424-3000 | philipstowndepottheatre.org

Search Inside Yourself Retreat (Opens)
3 p.m. Garrison Institute
14 Mary's Way, Garrison
845-424-4800 | garrisoninstitute.org

Potluck and Meeting
6:30 p.m., Beacon Sleep Club
2 Red Finch Drive, Beacon
914-907-4928 | beaconsleepclub.com

SATURDAY, AUGUST 2
Kids & Community
Cold Spring Farmers' Market
8:30 a.m. - 1:30 p.m. Open
Boscobel, 1601 Route 9G, Garrison
coldspringfarmersmarket.org

Food Pantry
9 - 10 a.m. First Presbyterian Church
10 Academy St., Cold Spring
845-265-3220 | firstpresbychurchcoldspring.org

Town Recycling Center Open
9 a.m. - 3 p.m. 59 Lane Road, Cold Spring
philipstown.com/recyclingcenter.pdf

Green Workshop
10 a.m. School of Jellyfish
183 Main St., Beacon
845-440-8017 | schoolofjellyfish.com

Kayak Tour
10 a.m. Dorning's Point, Beacon
845-831-1997 | mountain-topsonline.com

Ulster County Fair
10 a.m. - Midnight, Fairgrounds
See details under Friday.

Farms to Fork for Preschoolers
10 a.m. Common Ground Farm
79 Farmstead Lane, Wappingers Falls
845-231-4424 | commongroundfarm.org

Make a Bat House
10 a.m. Outdoor Discovery Center
10 Muser Drive, Cornwall
845-534-5000 | hrhsuniversity.org

Putnam County Wine & Food Fest
11 a.m. - 6 p.m. Patterson Plaza Market Grounds
3516 Route 22, Patterson
putnamcountywinefest.com

Bird Festival
11 a.m. - 3 p.m. Trailside Zoo
3006 Seven Lakes Drive, Bear Mountain
845-766-2701 | trailsidezoo.org

Bear Mountain Pow Wow
11 a.m. - 8 p.m. Wayne Recreation Area
Harriman State Park, Stony Point
718-688-9207 | rothweeke@gmail.com
Grand entry of dancers at 1 & 4 p.m.

Great Hudson Estuary Fish Count 2014
11 a.m. Little Stony Point, Hudson Highlands State Park
11 a.m. Long Dock Road, Beacon
845-473-4440x273 | scenicnysudson.org

Mushrooms Program
11 a.m. Hubbard Lodge
2880 Route 9, Cold Spring
845-265-3773 | hrhsuniversity.org

Soup Kitchen
11 a.m. Presbyterian Church
50 Liberty St., Beacon
845-831-5222 | beaconspresbyterianchurch.org

15th Annual Great Newburgh to Beacon Swim
Noon, Newburgh dock
riverorg.org

Bannerman Island Tour
12:30 p.m., Beacon Dock
800-979-3370 | jere@bannerman.org

Kayak Tours
2 p.m. Bannerman Castle
7 p.m. Hudson River Expeditions
14 Market St., Cold Spring
845-809-5935 | hudsonriverexpeditions.com

Playground Opening Party
2 - 5 p.m, Minnewaska State Park Preserve
1665 Route 9G, Cold Spring
845-265-7349 | minnewaska.org

Wine Tasting
3 - 6 p.m. Artisan Wine Shop
See details under Friday.

Project Code Spring (ages 5-14)
4 p.m. Desmon Fish Library
472 Route 403, Garrison
845-424-3000 | coderspring.org

Wrestling Under the Stars III
7 p.m. Dutchess County Stadium
1500 Route 90, Wappingers Falls
northeastwrestling.com

Health & Fitness
Tai Chi
9 a.m. St. Philip's Parish House
1101 Route 9G, Garrison
845-424-3571 | stphilipsnorthyards.org

Stand-Up Paddleboarding Yoga
10 a.m. & Noon, Hudson River Expeditions
14 Market St., Cold Spring
845-809-5935 | hudsonriverexpeditions.com

Yoga at Storm King
10:15 a.m. 12 Grapes, New Windsor
845-534-3115 | stormking.org

Culinary Workshop: Herbal First Aid
2 p.m. Glynwood Farm
362 Glynwood Road, Cold Spring
845-265-3338 | glynwood.org

Art & Design
Wandering and Wonderings with Katie Holten
3 p.m. Beacon Art Center
1 Museum Road, New Windsor
845-534-3115 | stormking.org

Tony Volpe / Genefree(Open)
6 - 9 p.m. Beacon Street Barber Shop
907 South St., Poughkeepsie
914-402-1700 | beaconstreetbarbershop.com

Theater & Film
Calling All Poets Fundraiser
Noon - 11 p.m. Howland Cultural Center
477 Main St., Beacon
845-424-3571 | howlandculturalcenter.org

Wrestling Under the Stars III
7 p.m. Dutchess County Stadium
1500 Route 90, Wappingers Falls
northeastwrestling.com

SUNDAY, AUGUST 3

The Manitou School
Preschool, PreK/Kindergarten Bridge, and Elementary
You’re invited to our new playground opening. Meet our teachers and take a tour. There will be fun activities for kids, snacks and refreshments!

PLAYGROUND OPENING PARTY!
August 2nd | 2-5pm
(rain date August 3rd)
1656 Route 9D | Cold Spring, NY 10516 | 845-295.7349
info@manitousschool.org | www.manitousschool.org
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The Great Hudson Estuary Fish Count takes place Saturday in Cold Spring and Beacon.

Meetings & Lectures
Free Computer Help
Noon – 4 p.m. Howland Public Library
313 Main St., Beacon
845-631-1134 | beaconlibrary.org

MONDAY, AUGUST 4
Kids & Community
Bridge Club
9:30 a.m. Howland Cultural Center
477 Main St., Beacon
845-631-4068 | howlandculturalcenter.org

Project Code Spring for Girls
3:30 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-2020 | desmondfishlibrary.org

Board Game Night
7 p.m. Cup and Saucer | 165 Main St., Beacon
meetup.com/Beacon-Board-not-Bored

Health & Fitness
Yoga with a View
6 p.m. Boscobel
1601 Route 9G, Garrison
845-265-3638 | boscobel.org

Visit www.philipstown.info for news updates and latest information.

The Beacon Theatre 845-453-2978 | thebeacontheatre.org
The Progressions
8 p.m. The Beacon Theatre  | 445 Main St., Beacon
845-453-2978 | thebeacontheatre.org

Premik Russell Tubbs
8 p.m. Bear’s Runner Café | See details under Friday.

This Is Jazz ... This Is Not Jazz
8 p.m. The Beacon Theatre | 445 Main St., Beacon
845-453-2978 | thebeacontheatre.org

The Progressions
8 p.m. Silver Spoon Café | See details under Friday.

Charlie Sabin
9:30 a.m. Philipstown Depot Theatre | See details under Friday.

Jake McKevel & The Countertops / Elephants / Tundrastrumpeter
8:30 p.m. Quinn’s | 330 Main St., Beacon
845-831-0005 | quinnsbeacon.com

Howland Wolves (Jazz)
9 p.m. Ski Wine Bar
173 Main St., Beacon | 845-765-0885

Tangled Vine
9:30 p.m. 12 Grapes | See details under Friday.

Meetings & Lectures
Overseasists Anonymous
8:30 a.m. Graymoor
3:30 p.m. Overeaters Anonymous

PV. Preliminary Budget Meetings
9 a.m. Town Hall
265 Dongan’s Lake Road, Putnam Valley
845-526-2121 | putnamvalley.com

Friends of the Desmond-Fish Library
10:30 a.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

Auditions for The Marvelous Wonderettes
7 – 9 p.m. County Players
2681 W. Main St., Wappingers Falls
845-298-1491 | countyplayers.org

The Two Gentlemen of Verona
7 p.m. Boscobel | See details under Friday.

Music
Avala Merando (Jazz)
5:30 p.m. Wishing Well’s
See details under Friday.

Sunday Sounds
6 – 9 p.m. Virgo’s N’ Soul Café
469 Fishkill Ave., Beacon
845-831-1543 | virgospinssoul.com

Sunset Concert Series: Parsonfield
6:30 p.m. Riverfront Bandstand, Cold Spring
coldspringsummerbarn瘤ber.com

Dancing Under the Stars Concert
7:30 p.m. Trophy Point, West Point
845-938-4159 | westpointband.com

Richard Shindell
7:30 p.m. Towne Crier Café | See details under Friday.

Visit www.philipstown.info for news updates and latest information.
Putnam Community Service Network Seeks Nominations

I t is there a person (or an organization) who has taken that extra step, given support when needed, made an impact on you or someone you know? The Putnam Community Service Network (PCSN) is seeking nominations for the Putnam County Golf Course in Mahopac. Award recipients and all nominees will be honored at the PCSN Awards Breakfast.

Nominations make a difference by showing the community the broad array of community programs, projects, and services provided by dedicated professionals, volunteers, organizations and youth in Putnam County and by giving much deserved recognition for their accomplishments. Nominees and recipients will be recognized at the awards breakfast in September.

Categories include: Distinguished Service Award-Individual, Distinguished Service Award-Organization, Ruth Dain Volunteer Service Award, Professional Career Recognition Award, Norman Vincent Peale Outstanding Service Award, Liz & Buzz Burr Excellence in Communication Award, Joe Gomez Memorial Advocacy Award, Youth Award, Public Service Award-Individual, Fred Dill Community Service Networking Award.

The deadline for completed applications received is Friday, Aug. 15, 2014. Award descriptions, criteria and applications may be obtained online at cce.cornell.edu/putnam or by calling 845-225-8405, ext. 211.
Sharon Watts Exhibition on View at Cathryn's

A virtuoso, Sharon Watts inherited from her mother a flair for the feminine and chic that she instills in her whimsical artwork. From small-town girl to “gal-about-town” Manhattan commercial artist, she has put her distinctive stamp on almost everything, from a weekly fashion illustration gig for The New York Times, to beauty campaigns for the big cosmetic companies, to China mugs and children’s books.

Working traditionally with pen and ink and watercolor, then a quick clean-up at the sink, Watts often has the company of her cats, Mi-ro and Tizzy, lending their “help.” She also sells “Pret-A-Tees,” distinctive, one-of-a-kind pillows made from vintage T-shirts, on her Dirndl Skirt Etsy shop. Part magpie, part archivist, she spends weekends in her Beacon garage-studio creating non-fashionable assemblage art with found objects.

Watts states: “I have been drawing fashionable young women, preferably with a soupçon (or more) of wit, forever. A fashion as a career designer eluded me (I flunked draping), so I stuck to art, and along the way have let the swoosh of fashionable young women, preferably with a soupçon (or more) of wit, forever.”

The Hudson River Portfolio Opens at Boscobel

Exhibit on view Aug. 3 through Nov. 30

This summer and fall Boscobel will display the suite of famous aquatints published in The Hudson River Portfolio. The exhibition consists of 20 hand-colored prints depicting an iconic view along the river from north of Troy south to Gover-nor’s Island.

In 1820, Irish artist William Guy Wall (1792–1864) embarked on a comprehensive sketching tour of the Hudson River Valley. Master printmaker John Hill (1770–1850) engraved Wall’s watercolors for The Hudson River Portfolio, which was published in New York City by Henry L. Megarey between 1821 and 1825. Considered to be a foundation in the development of American printmaking and landscape painting, the Portfolio’s 20 topographical views follow almost the entire course of the Hudson River.

Curated by Steven Miller, Boscobel executive director, the portfolio is on loan from the Museum of the City of New York, where for 16 years Miller was curator of paintings, prints and photographs.

The Hudson River Portfolio was unusual for its day and set a precedent for such en- deavors. The Hudson River Portfolio: A Re- generation for the Hudson River School is open for viewing during regular business hours Aug. 3 through Nov. 30, 2014, and is free with Boscobel paid admission. Visit Boscobel.org or call 845-265-3638.

William Guy Wall (1792-1864), artist, John Hill (1770-1850), engraver; The Hudson River Portfolio includes a suite of famous aquatints. Image courtesy of Boscobel.

Cold Spring Yard Debris Pickup Set for Aug. 13

The Village of Cold Spring Highway Department will pick up yard debris at the curbside on Wednesday, Aug. 13. Place items at the curbside after 4 p.m. on Aug. 12.

Gillian’s Island Plays Americana Mix Aug. 7 at Vassar Museum

All are invited to an evening of music and art from 6:30 to 8:30 p.m. on Thursday, Aug. 7. Gillian’s Island (Stusan English, Roberta Muller, and Gretel Vetere) will play a mix of Americana from many eras at Vassar College’s art museum, the Frances Lehman Loeb Art Center, 124 Raymond Ave., in Poughkeepsie.

The museum has an exceptional col- lection of art ranging from ancient Egyp- tian artifacts to Hudson River School paintings to the works of modern masters. There’s also an exhibition on view called Faces and Figures in Self-Taught Art, featuring more than 50 works from 30-plus artists, and a small installation of American folk art portrait paintings from the 19th century.

The evening will include songs by Hank Williams, Gillian Welch, Stephen Foster, Iris DeMent, Merle Hag- gard, and others, accompanied by banjo, guitar, and stand-up bass and featuring the museum’s group’s trademark three-part harmony.

Depending on weather, the show will be outdoors in the art center’s sculpture garden or inside in the galleries. The show is informal — not a concert — so listen, wander through the exhibitions, then listen some more. Light refresh- ments available. All free. The museum is open from 10 a.m. to 9 p.m. on Thurs- days.

Tickets on Sale for Great New York State Fair

Event runs Aug. 21 – Sept. 7

New York State in- vites the community to visit Syracuse to discover the Great New York State Fair. For the first time, New Yorkers can buy tickets online to attend the State Fair from Aug. 21 to Sept. 7.

Fairgoers can save more than 40 per- cent by purchasing tickets in advance online at nysfair.org. Five products in- clude a single-day ticket, will be mailed to purchasers:

• $30 single-day advance sale ticket, a 40 percent savings over the $50 charge for admission at the gate during the fair.

• $80 Frequent Fairgoer ticket book, which contains 6 day’s worth of tick- ets, 50 percent savings over the full general admission price.

• $20 single-day rides wristband voucher. The voucher saves $5 over the weekday price and $10 over the weekend price. The wristband allows a fairgoer to ride the all-new Wave Shows Midway rides all day.

• $70 voucher for the Mega Pass, which allows a fairgoer to ride Midway rides all day every day.

• $5 daily parking pass. Visit nysfair.org for tickets.

Classical Guitarist Terry Champlin Returns to Chapel Aug. 17 with Violinist Sabina Torosjan

Classical guitarist Terry Champlin re- turns to The Chapel Restoration with violinist Sabina Torosjan at 4 p.m. on Sunday, Aug. 17. They will feature music of Bach, Beethoven, Mozart and Cham- plin’s own compositions.

Champlin has written for orchestra as well as solo guitar in works played wide- ly through the world. He performs ex- tensively, too, including at Avery Fisher and Carnegie Recital Hall. He is on the faculty of Vassar College and Mannes College of Music.

Torosjan, a native of Estonia, began playing the violin at age seven. A gradu- ate of the Juilliard School, she has won the Governor’s Island Festival Award as well as the Gluck Com- munity Fellowship. She is a member of Jeunes Virtuoses de New York.

The Chapel Restoration at 45 Mar- ket St., Cold Spring. This series is made possible, in part, through Putnam Arts Council’s Arts Link Grant Program, with funds from New York State Council on the Arts, the support of Gov. Andrew Cuomo and the State Legislature, and funds from Putnam County.

The concert is free to the public, but contributions are welcomed.

The Paper

www.philipstown.info | Philipstown info

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C O M M U N I T Y       B R I E F S

Fine Crafts Fair Returns to Garrison’s Landing

Preparations for the 45th Annual Fine Crafts Fair are well underway. Save the dates – Aug. 31 and Sept. 1 – for this annual community event on Garrison’s Landing. For 44 years the fair has been an annual community event on Garrison’s Landing. The fair is a benefit that provides critical funds for year-round education programs, while also supporting regional artisans that still make their wares by hand and with love. Visit garrisonartcenter.org.

Now Casting: Rural Renovation Projects

An award-winning production company is currently searching the tri-state area for homeowners looking to convert and repurpose their wild and overgrown structures into a one-of-a-kind living space. If this sounds like a perfect fit for you or someone you know, contact wildrenovationproject@gmail.com with your name, location, renovation project, budget, and what you would like your space to look like. Additionally, please include photos of yourself, family and structure you wish to renovate.

Veterans’ Benefits Workshops to be Held in Hudson Valley

Clinics set for Aug. 4

On Monday, Aug. 4, Veterans’ Benefits Workshops will be held in Mahopac and Goshen to connect veterans and their families with information, resources and one-on-one assistance on veterans’ compensation claims. The clinics will provide free advice and guidance for veterans and families who need assistance filing veteran claims applications, completing required paperwork, and understanding VA compensation claims such as medical, service-connected disability, educational, pension, and survivor benefits. VA Hudson Valley Healthcare will also participate in these free workshops. The clinics will take place from 10 a.m. to 12:30 p.m., at the Mahopac Public Library located at 668 Route 6 in Mahopac, and from 2:30 p.m. to 5 p.m. at the Orange County Emergency Services Center located at 22 Wells Farm Road in Goshen. The clinics are being hosted by the office of Rep. Sean Patrick Maloney (NY-18).

Howland Library Hosts Welcome Back to the Catskills

Lecture highlights grand hotels

Join author Oscar Israelowitz as he presents a historical slide show and lecture of the Catskills at 3 p.m. on Wednesday, Aug. 6, at the Howland Public Library. Learn about the history of the grand hotels, the famous entertainers who performed there, the railroads that made it all possible, and the Jewish farmers who first opened their homes to summer visitors. Israelowitz’s photographic works have been exhibited at the Whitney Museum of American Art. He is a fully licensed tour guide in New York City. Visit israelowitzpublishing.com. Books will be available for sale and signing.

Beacon Sloop Club to Hold Corn Festival Aug. 10

The Beacon Sloop Club’s annual Corn Festival will take place from noon to 5 p.m. on Sunday, Aug. 10, rain or shine, at Pete and Toshi Seeger Riverfront Park, 1 Flynn Drive, Beacon. The festival features fresh picked, ready-to-eat locally grown Hudson Valley sweet corn on the cob for just a ‘Buck-an-Ear,’ hot chili, cold drinks, and summer treats.

Music throughout the afternoon will be provided on two stages. The main stage will feature David & Jacob Bernz, Mara Levine and Caroline Cutroneo, Hank Waji, Caroline Doctorow, Spook Handy, Howland Cultural Center Community Chorus, Kurt Haenck and Cosby Gibson. The children’s stage will feature Jonathan Kruk, Hudson River Lore, Lydia Adams Davis, Young Kangaroo Repub- lic, Missy Orquint and Karen Brooks, Steve and Shirl Kaplan and others. Music will be powered by solar power.

The festival is family friendly, handicapped accessible, and fun for all ages. Environmental displays and free children’s activities will be available.

Cрафт and food vendors will be on hand at the festival and at the Farmers Market. Free admission and parking. Call 845-207-1971, 845-864-1469 or visit the BSC website at beaconsloopclub.org. The Beacon Sloop Club is an all-volunteer, non-profit group promoting responsible use of the Hudson River and its environs.

Performers Herald The Beacon’s 80th Anniversary Aug. 2

The Beacon is one of the oldest music festivals in the country. It is named after Pete Seeger and it celebrates the importance of the Hudson River as a cultural center. The festival attracts audiences from all over the world and features a wide range of musical genres, from folk to classical to contemporary. This year’s lineup includes some of the biggest names in music, as well as local talent.

Joseph’s Fine Jewelry

Buying Gold, Silver, Diamonds, Coins, etc.
Specializing in estate jewelry. We buy to resell, not to scrap.

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A C T O N S

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Left, classical guitarist Terry Champlin, and violinist Sabrina Torosjan. Photo courtesy of The Chapel Restoration.

Gerard Ryan Furniture Image courtesy of Garrison Art Center.

Ken Miller, volunteer and member of the Beacon Sloop Club. Photo courtesy of Beacon Sloop Club.
Guided Canoe Tours, Wildlife Workshops Launched as New Fahnestock Initiatives

From page 7

first, initiated earlier in July, is a series of public family nature programs, all held at Hubbard Lodge, 2920 Route 9, Cold Spring, under the umbrella title of “World Wildlife.”

The first session introduced participants to the “important obligation, responsibility and accountability questions associated with exotic and non-native wildlife pets” while the second, titled “Lamp Post Critters” took place this past Saturday evening, in a naturalist-led investigation into the nocturnal and secretive life of moths.

This program was held both indoors and out for some post-talk moth spotting. This program was held both indoors and out for some post-talk moth spotting. 

which were adopted from unsuitable circumstances in the tri-state region. He which were adopted from unsuitable circumstances in the tri-state region.

Connecticut, brought a number of founder of Animal Embassy of Stamford, Connecticut, brought a number of founder of Animal Embassy of Stamford, 

African bullfrog, Eurasian eagle owl, red-footed tortoises, chinchillas and red-eyed tree frogs from South America. They all had special stories concerning their travels and survival. Unlike traditional pets, Evers mentioned that the animals he brought require special treatment regarding shelter, food, time commitments, and space, and are best adapted to the weather and special circumstances of their native lands. They come with a variety of unique needs, making survival in our neighborhood almost impossible if they escape or are released. Evers conveyed an important message about the life-long responsibility and legitimacy of acquiring wild animals for pets with thought to the long-term welfare of the animal. As an example, the red-footed tortoise can live to be over 150 years of age. He stressed the point that all these critters were once family pets, and are native to other parts of the world, but how they were often released into the wild when the pet owners became overwhelmed.

Also taking place this summer at TOEC are Owl Prowl walks. Largely designed for the many overnight visitors who use the campground at TOEC, these prowls consist of an interpretive walk to call owls, with educators bringing along handheld Firefox audio units with call owls, with educators bringing along handheld Firefox audio units with speakers which they use to “broadcast” calls to attract the attention of the four species of owl found in those woods, the predominant species being the barred owl. While these walks have yet to occur on a set schedule, if you are interested in participating, contact the TOEC.

The other major initiative this summer comes in the form of a boat and a paddle. Each Saturday and Sunday through Labor Day, through the Nature on the Move program, TOEC staff will lead two-hour nature canoe tours on Canopus Lake. Offered at 10 a.m. and 2 p.m., participants (no one under 5, no pets allowed) will be provided with basic instruction (no experience necessary): the strokes, getting in and out, etc., and will follow an environmental educator on a paddle around Canopus Lake, keeping an eye out for, in TOEC program director John Stowell’s description, “fascinating bird nests hanging under cliffs, geology and landforms, vegetation and anything else which comes up — it’s an open trip and whatever presents itself, we’ll run with it. We’re trying to think more outside of the box so instead of the usual trail walks, we’re doing something similar out on the water.”

Notes for the program give further information: “… explore Canopus Lake’s unique rocky ledge shoreline that has a feel of an Adirondack Lake and learn about the critters and plants above and below the water’s surface that make the lake their home. Check out a painted turtle, observe how beavers and other secretive creatures impact the shoreline. Listen for the distinctive calls of birds that nest on the adjacent cliffs and view their hidden nests. If you’re lucky, there is a chance to see a beaver or otter. The landscape that surrounds Canopus also has environmental history tales to share — from the iron ore… (To next page)
A 50-foot sugar maple in my front yard is marked for destruction. Sometimes in the very near future, this shade-giving, syrup-producing shelter for birds that holds in hundreds of pounds of carbon will be reduced to firewood in a matter of hours after taking decades to grow to this size. Roots that hold in soil and prevent erosion, leaves that decompose to become a rich layer of mulch, and flowers that nourish bees in spring will all be lost.

In my defense, this tree is about 30 feet from the house and it leans at a 30-degree angle toward the house. Although the side of the tree facing the house has full branches, Central Hudson's crews have stripped the roadside branches over the years, leaving it unbalanced. While it doesn't fit the profile of a high-risk threat, it makes me uncomfortable given how I've seen that the “eventual goal is to do interpretable weather event challenges — call TOEC information, directions or inclement weather.”

There is a plan for new trees once this one is gone. I've planted shadblow and redbud already in the yard. Both are native understory trees that sustain birds and bees, too. To keep sun on the house, a line of lower-growing trees will replace the maple. Witch hazel is a native tree with fragrant blooms and provides a tree in someone's yard, it's certainly something to consider when it's done on a mass scale for development.

There is an advantage to losing this tree, too. When it's gone, our house, patio and front yard will be opened up to dramatically more sunlight. Four years ago, the patio plants used to get full sun. Now it's reduced to maybe four to five hours per day. Forget about the grass or growing anything else in the yard. Moss is the best option at this point.

Here are some facts about sugar maples.

“A tree can absorb as much as 48 pounds of carbon dioxide per year and can sequester 1 ton of carbon dioxide by the time it reaches 40 years old,” according to the North Carolina State University Cooperative Extension’s fact sheet. My tree is at least 40 years old and when it is cut down, all that carbon is released. Sugar maples can grow to be 100 feet tall and live for 300 years. According to the Hudson River Audubon Society of Westchester’s website, maple trees support grouse, turkey, purple finch, goldfinch, grosbeak, and the red-bossed warbler. The birds feed on their seeds.

The United States Department of Agriculture Plant Guide lists white-tailed deer, mouse, and the snowshoe hare as browsers of the sugar maple. Squirrels eat its seeds, buds, twigs and leaves. Birds nest in its cavities and bees use its flowers as an early spring source of food. Last but not least, the sugar maple is the state tree of New York. There is a plan for new trees once this one is gone. I've planted shadblow and redbud already in the yard. Both are native understory trees that sustain birds and bees, too. To keep sun on the house, a line of lower-growing trees will replace the maple. Witch hazel is a native tree with fragrant blooms and provides great sustenance for bees. It's hardly and low maintenance, growing to a height of 15 to 30 feet tall at maturity. I have four seedlings I put in last year that will be ready to transplant.

I've also got a plan for a flowering dogwood or Cornus kousa. This native tree has showy white flowers that sustain bees, birds and squirrels. Nothing beats a lovely tree that also contributes to wildlife habitat. The Kousa dogwood or Cornus kousa isn’t a native, but it’s been naturalized for more than a century and has more resistance to dogwood anthracnose, a fungus that can kill the tree eventually if not caught early and treated.

Fruit trees are another option, although they would be more maintenance and care to capture a harvest. If left to their own devices, though, fruit trees can sustain a variety of wildlife, as well.

Deciding to remove a healthy tree is never an easy decision. In no matter what factors influence the choice, considering replacement that add value to the landscape as well as beauty and enjoyment can make up for the loss just a little bit. There isn't anything that will replace all that carbon that's released, though. Loss of forests across the world is a key contributor to global warming trends. While that may not override the need to take down a tree in someone's yard, it's certainly something to consider when it's done on a mass scale for development.

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Heads Up for Philipstown Hawks Opening Day

By Kathie Scanlon

A hot July Sunday afternoon is often passed pool-side but July 27 brought about 60 adults to Memorial Park in Beacon to participate in a Heads Up Football Clinic hosted by the Mid Hudson Conference of Pop Warner Football. The conference is made up of 17 teams from surrounding counties.

Heads Up Football is a program designed by USA Football, the national governing body for youth football, to create positive change for the health and safety of young players.

Daniel Miller, president of the Hawks, joined nine coaches of the Philipstown Hawks and Player Safety Coach Kristin Noschese Van Tassel to drill in the hot sun in pursuit of Heads Up Football certification. All adults on the sidelines will be required by Pop Warner to be certified in Heads Up Football. Van Tassel had previously attended an all-day Heads Up training in Hartford, Connecticut, on June 21.

“Heads Up Football puts the Philipstown Hawks on the cutting edge of research about how to best keep players healthy, hydrated, and happy,” Miller said.

The clinic offered four stations which participants rotated through: equipment fitting, concussion recognition and awareness, heat and hydration and Heads Up tackling drills.

Drills taught proper body mechanics to execute tackles safely.

Regarding practice of the drills, Van Tassel said: “As a parent of two boys who have a love of sports, one being football, and seeing all the recent heightened awareness of concussions and football in the media, I had a personal vested interest in learning more about keeping players safe.”

Pop Warner, a national organization for children ages 5-12, has seen a decline in participation in 2010 to 2012 of 9.5 percent in youth football although some speculate that the growing popularity of lacrosse indicates that fear of concussion is not the only factor in reduced numbers in youth football.

The Center for Disease Control designed Heads Up to educate on concussion recognition for all youth sports. The Heads Up Football program utilizes this information in its concussion awareness section, cdc.gov/concussion/HeadsUp/youth.html.

An overview of the Heads Up Football program, available online at usafootball.com/headsup, is complete with demonstration videos that are also accessible to parents. The program offers clinics for parents to teach the same fundamentals that coaches have learned so that all have the education to cooperatively provide for improved safety. The Philipstown Hawks plan to present an informal parents’ clinic at the end of the first day of practice (6 to 8 p.m.) on Aug. 4, at Mayor’s Park.

Registration for Philipstown Hawks Football and Cheer is still open for girls and boys ages 5-12. For information and weight requirements, visit eteamz.com/PHILIPSTOWNHAWKS/ or contact Miller at footballhawks@gmail.com.