



The Paper



Autumn Photofest
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FRIDAY, NOVEMBER 6, 2015

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Incumbents Largely Prevail in Town Election

Frisenda upsets Chirico in highway superintendent race

By Michael Turton and Kevin E. Foley

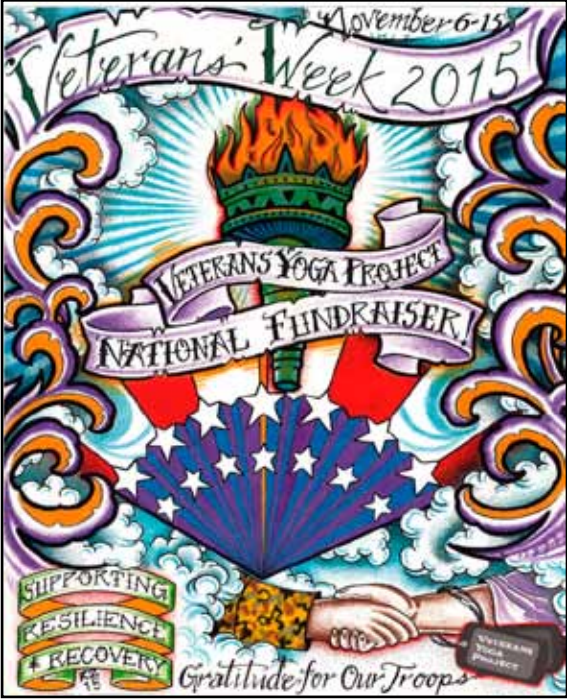
In a typically low 33 percent turnout, off-year election — nearly 2,700 people cast votes in Philipstown on Nov. 3, — incumbents, with the exception of Highway

Superintendent Roger Chirico, held on to their town and county government seats.

The five-member Town Board remains all Democratic with the re-election of Supervisor Richard Shea (unopposed) and Nancy Montgomery, and the election of Robert Flaherty, who had been appointed to fill a vacancy. Republican-Libertarian Craig Watters was the loser in the three-way contest for a board seat.

Republican County Legislator Barbara Scuccimarra defeated challenger Lithgow Osborne, winning 58 percent of the vote, for a second term representing District 1 in the nine-member, all Republican Putnam County Legislature.

Tina Merando easily retained her position as town clerk, defeating Democratic challenger Ann McGrath-



Yoga Helping Veterans Cope

Special classes for those in pain from war

by Alison Rooney

Yoga offers a spiritually enlightening or physically curative reward to practitioners. Providing people with inner tools for focus, strength and flexibility, and restorative, deep relaxation, is especially pertinent to a population sorely in need of these things: veterans, particularly those seeking treatment at the Montrose Veterans Affairs campus. There, once a week, a yoga program is offered to inpatients in the Post-Traumatic Stress Disorder (PTSD) unit and in the Substance Abuse Treatment and Domicile program, which serves veterans who have been or are currently homeless.

During Veterans Day week, Nov. 6 to 15, Veterans Yoga Project (VYP), an educational and advocacy national nonprofit charity, is sponsoring more than 100 yoga teachers and studios across the country in hosting donation-based classes to raise money for programs that support veterans and their families. Cold Spring's Kathie Scanlon, along with Wendy Terra, her fellow instructor at the V.A., will host a "trauma sensitive" yoga class at on Saturday Nov. 14 at 1 p.m., at Peekskill's PranaMoon Studio in space donated by owner Ellen Forman of Garrison; 100 percent of all donations given will go to support VYP programs.

Scanlon has been teaching the yoga class at the Montrose V.A. for two years. She says that "yoga has become almost standard fare at V.A. facilities for people with PTSD." Her class is filled with veterans from two units. The first, substance abuse, enrolls veterans in a 32-day in-treatment program. Their participation in the class is mandatory — they must come at least once, during the second week of their stay — though they may simply observe if they choose.

Others are from the domicile unit, which is a four-month-long in-patient program serving veterans who are homeless, which can mean anything from being out on the streets to just released from prison or estranged from their family. The domicile unit veterans are mandated to come to class four times during their stay. Some come for just the minimum while others attend every week. In the domicile program veterans are taught life skills designed to help them get a job and put their life back together. Because there is a constant changeover of veterans at the facility, the classes change in composition each week, sometimes with a sea of new faces.

Scanlon calls "heartbreaking" what she sees, especially in the youngest veterans. "You can see the terror in their eyes; an inability to be comfortable in their bodies or on their mats. The really young ones almost always have seen active duty and are usually recently returned, over the past couple of years. You can see the trauma." Scanlon says she can see the correlation of age to acceptance of yoga as potentially (Continued on Page 10)



Barbara Scuccimarra, left, and Tina Merando

Photos by M. Turton



Democratic victors, from left: Robert Flaherty, Richard Shea, Nancy Montgomery and Carl Frisenda

Photo by K.E. Foley

Incumbents Win a Near-Clean Sweep in Beacon Elections

By Jeff Simms

Beacon's city government will look largely the same when the new term begins next year, as incumbents swept the mayoral and nearly all of the City Council races on Tuesday.

The lone exception was in Ward 2, where Omar Harper defeated incumbent Charles P. Kelly, who has been on the council since 2006.

Beacon Mayor Randy J. Casale, an Independent, was re-elected for a second term, besting Democratic challenger Ronald S. Ray with 69 percent of the votes.

Casale said Wednesday that he intends to stick to the values that made his first four-year term in office successful.

"Being bi-partisan, transparent and having an open-door policy led to my success," he said. "By having that open-door policy, I've gained trust with the newcomers as well as the old-comers, and that's been my whole campaign—'stronger together.'"

On the City Council, at-large incumbents George M. Mansfield and Lee Kyriacou, both Democrats, beat out Republican challenger Chris Olson. Mansfield and Kyriacou received 42 and 31 percent of the votes, respectively.

Mansfield was elected to his fourth

term on the council, and for Kyriacou, this will be his eighth term overall.

Mansfield said that reasonable tax rates, council members' experience and their adherence to a smart growth philosophy reassured voters on Tuesday.

"I got the sense that [voters] didn't need to rock the boat too much. People feel that things are going well [in Beacon]," he said.

Ward 1 incumbent Democrat Margaret E. "Peggy" Ross won a second term by defeating the Republican challenger and former council member, Diane Spiak-Pisanelli, with 60 percent of the votes.

Harper, who lost to Kelly in the Ward 2 race in 2013, defeated the incumbent on Tuesday, earning a seat on the council for the first time. A registered Democrat, Harper defeated Kelly, who is the Beacon Democratic Party chair, in the September primary. Then, after also being endorsed by the Dutchess County Republican Committee, he appeared on the ballot Tuesday as both the Democratic and Republican candidate for the Ward 2 seat.

Kelly, who was seeking his sixth term, opposed him as the candidate for the Working Families and Green parties.

"The party makes no difference," Harper said. "It comes down to what needs to be done for Beacon."

Gallagher with 55 percent of the vote.

The highway superintendent race proved an exception. Democrat Carl Frisenda leveraged his own county roads experience and a lot of door to door campaigning with running mate Flaherty to unseat Chirico. During his last term questions were raised about Chirico's management of the highway garage and he often clashed with the Town Board and Shea over budget issues.

Shortly after hearing the results, Frisenda said he was quite pleased and grateful to the voters for turning out and that he was looking forward to starting his new job.

"I thought we ran a good campaign," said Chirico, a fixture in the local Republican Party who also has served as a trustee and mayor of the Village of Cold Spring. "They just ran one that was a bit better. I think the Democrats worked very, very hard."

Shea and Montgomery both paid trib-

(Continued on Page 3)



Ali T. Muhammad

Photo provided

Harper said before the election that voters in his ward wanted a fresh face on the city council.

"A lot of people wanted a change in the ward. They love what's happening [in Beacon], but the changes are scaring people as well," he said. "We need to keep Beacon as affordable as possible, so people who have lived here their whole lives can stay (Continued on Page 3)

Small, Good Things

Cracking the Code

By Joe Dizney

If you haven’t heard, there’s a new restaurant in Beacon — Kitchen Sink (157 Main St.; kitchensinkny.com) — and it’s a welcomed addition to our burgeoning culinary scene. The inventive, eclectic menu reflects Dutchess County-native chef Brian Arnoff’s wide range of cooking experiences — from Boston (at Beard Award-winner Baravara Lynch’s Sportello), to Italy, and on to his most recent success, in Washington, D.C., with CapMac, a macaroni-and-cheese themed food truck!

But Arnoff’s heart and soul are firmly grounded in local, seasonal and regional cooking and Kitchen Sink is a return to his Hudson Valley roots, a farm-to-table operation prominently featuring produce from his family’s Hyde Park-based Truckload Farm and Orchard.

And there’s something for everyone on the menu: Grandma’s brisket grilled cheese sandwiches; a lovely porgy filet, chicken pie; a unique take on lamb-stuffed eggplant; even a Vietnamese-inflected skirt steak. The dish that continually catches my eye (and fires my imagination) is, surprisingly, a gluten-free, vegan take on risotto, made from cauliflower.

I say “surprisingly” because, if you have followed the trajectory of Small, Good Things, you’ll know that I am a confirmed omnivore. Just a whiff of terms like “gluten-free” and “vegan” normally have me running for the hills, because I’m *sure* I’m going to be missing out on *something*.

But, in the by-now four iterations of this meal that I’ve sampled, I can’t say I’ve been left wanting anything but more. The plate Arnoff serves is decked

out with a roasted mushroom mélange, carrots in “escabeche,” kale crisps and crunchy toasted pumpkin seeds. It’s a masterful mix of colors, flavors and textures. The star of the plate is the creamy “faux risotto,” which unbelievably tastes like it contains about a half-pound of butter and/or cream and cheese.

“Real” risotto, which is made from high-starch, short-grain varieties of rice, is cooked in oil or butter and stock, a process that breaks down the starchy outer layer of the grains and creates a smooth, creamy “sauce” for the *al dente* grains of rice. It is invariably finished off with more butter, and cheese. This is of course delicious in its myriad manifestations, but also tends to be seriously high in both fats and carbohydrates.

Kitchen Sink’s faux risotto manages to feature that same creamy richness and “tooth,” but the harder I’ve tried to weasel the recipe from Arnoff and his *sous* Marc Rosenberg (who seems to be the man with the secrets), the more adamant they’ve become about not revealing its mysteries. This column is my attempt to crack the code on my own.

A Google search reveals a multitude of variations on the theme, most built around a sautéed preparation of grated (or “riced”) florets of cauliflower. While this is a fine solution, unadulterated it lacks the unctuous texture of the real deal. I settled on a combination of the basic sauté and an emulsion of puréed cauliflower, bolstered by a handful of toasted walnuts (to add a bit more body), a splash of lemon juice and a drizzle of oil (here, walnut oil, but olive would do) to up the (healthy) fat quotient.

(Note: I also added a tablespoon of nutritional yeast which more than one



Cauliflower “risotto”

Photo by J. Dizney

recipe suggested as a cheese facsimile. And it worked, to an extent. But beware: overdoing it could nudge the dish dangerously close to the 1960s-’70s stereotype of hippie health food.)

In my test kitchen, I wanted to showcase the risotto itself and it proved a success served to my neighbors with simple roasted (hen-of-the-woods) mushrooms and a garnish of chopped walnuts and parsley — the version shown here.

If I were to extrapolate, I would suggest treating this faux risotto just like the alternative—primarily as the ground for more assertive flavors. May I suggest a Milanese version with peas and saffron (maybe substituting pine nuts for the walnuts)? Or perhaps topped with an Indian curry of say, chick peas or lentils and spinach? How about about a tomato-based or Romesco-sauced plate?

Almost anything will do — and there’s still the Kitchen Sink!

Cauliflower “Risotto”

Serves two as a main course, four as a side dish

- | | |
|---|--------------------------------|
| 1 large head of white cauliflower
(See prep note below.) | ¼ cup walnut oil |
| 2 large shallots, minced | ¼ cup olive oil |
| 3 cloves garlic, minced | 1 tablespoon nutritional yeast |
| Juice of 1 large lemon | ½ cup vegetable stock |
| ½ cup chopped walnuts, toasted | Salt and white pepper |
| | Chopped parsley for garnish |

For the cauliflower purée:

1. In a large skillet, sauté ½ of the shallots and garlic in a tablespoon of olive oil over medium heat until just soft and transparent. Set aside.
2. Steam cook about 1/3 of the cauliflower, either stovetop or in a microwave, until thoroughly cooked and relatively soft.
3. In a blender, pulse the yeast and ¼ cup of the walnuts until powdery. Add the steamed cauliflower, sautéed shallot-garlic mixture, walnut oil and a couple of tablespoons of the lemon juice; purée until smooth. You want a relatively runny purée— add lemon juice or vegetable broth and walnut oil as necessary to reach desired consistency. Season to taste with salt and freshly ground white pepper. Keep warm.

For the “risotto”:

4. In the same skillet, over medium heat, sauté remaining shallots and garlic until soft. Add remainder of the grated cauliflower and a splash of vegetable stock to moisten. Cook, stirring 3 to 4 minutes until “al dente.”
5. Add cauliflower purée; stir to reheat and incorporate 1 to 2 minutes. Thin with more stock if necessary and season to taste with salt, pepper and a bit more lemon juice.
6. Serve immediately simply garnished with the remaining walnuts and parsley or with a topping of your choice and an additional drizzle of oil.

Prep note: Trim the cauliflower into smallish florets, trimming the harder, thick stems into half-inch chunks. Grate by hand or with the grating disc of a food processor to a rice-like texture. Do not overprocess.

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Incumbents Largely Prevail in Town Election *(from Page 1)*

ute to the hard work people had done in the election and to candidates of all parties for their willingness to be part of the process. “It’s all about the hard work that has to be done to address the issues,” said Shea. “It was a good campaign, fair and pleasant,” Scuccimarra said. “I ran on my record; what I’ve accomplished over the past three years and what I want to do in the next three years.” Scuccimarra said the legislature’s vote on the lease for the senior citizen center at Butterfield was her immediate priority (the leased was approved on Nov. 4). “Once that is done, I’ll feel comfortable,” she said. “There is a lot more to

do, including bringing county services here to Philipstown — and dealing with the drug crisis.” Merando, who served as deputy town clerk for 10 years and has been clerk for the last 12, said that as part of the campaign she researched how local government can more effectively use technology and that improving the town website at philipstown.com will be one of her priorities. “The best part [of the campaign] was meeting people ... and hearing what we can do to make [Philipstown] even better,” Watters said. “I loved it.” He said he would think about running again.

Beacon Incumbents Win a Near-Clean Sweep *(from Page 1)*

here for life.” Ward 3 saw incumbent Pamela Wetherbee, a Democrat, garner 64 percent of the votes to turn back the challenge of Republican William Irizarry. This will be Wetherbee’s second term on the council. And in Ward 4, Democrat Ali T. Muhammad was elected to his second term, defeating 19-year-old challenger Samantha A. Tseng, who ran representing the Beacon Works party, with 79 percent of the votes. Muhammad attributed his victory, the largest of the city council races, to his transparency. “People feel like I’m easy to approach and I follow through,” he said Wednesday morning. “People

know what they’re getting from me.” Nearly all of the candidates said prior to the election that continued smart growth and cautious development are critical to Beacon’s future. Taxes, the possible consolidation of Beacon’s three firehouses, lengthening the terms (currently two years) for City Council members, and a more open system of dialogue between city residents and elected officials were also pre-Election Day topics of discussion. In the end, Mansfield said he believes that voters chose the best-qualified candidates, regardless of party affiliation. “It seemed that the voters were looking for the right people, not parties,” he said.

Putnam County Unofficial Election Results

* Incumbent
Putnam County Legislator District 1
Barbara Scuccimarra (Rep, Con, Ind, Ref)* — 1,644 (58%)
Lithgow Osborne (Dem, Team Philipstown) — 1,202 (42%)
Putnam County District Attorney
Robert Tendy (Rep) — 7,621 (57)
Adam Levy (Con, Ind, Ref)* — 5,756 (43)
Supreme Court, 9th District (County/District)
Montgomery Delaney (Rep, Con, Ref) — 7,663 / 119,097 (41)
Gretchen Walsh (Dem, Ind) — 5,879 / 142,640 (49)
Philipstown Supervisor
Richard Shea (Dem, Team Philipstown)* — 1,720 (97)
Write-in Candidates — 62 (3)
Philipstown Town Board
Robert Flaherty (Dem, Team Philipstown)* — 1,714 (38)
Nancy Montgomery (Dem, Team Philipstown)* — 1,616 (36)
Craig Watters (Rep, Con, Ind, Ref) — 1,186 (26)
Philipstown Highway Superintendent
Carl Frisenda (Dem, Team Philipstown) — 1,459 (56)
Roger Chirico (Rep, Con, Ind, Ref)* — 1,160 (44)
Philipstown Town Clerk
Tina Merando (Rep, Con, Ind, Ref)* — 1,444 (55)
Ann McGrath-Gallagher (Dem, Team Philipstown) — 1,180 (45)
Philipstown Town Justice
Stephan Tomann (Rep, Con, Ind, Ref)* — 1,740 (99.5)
Write-in Candidates — 9 (0.5)

See putnamboe.com for full results.

Dutchess County Unofficial Results

Incumbent Mayor Randy Casale (Rep) — 1,805 (69) Ron Ray (Dem) – 794 (31) Ward 1 Margaret E. “Peggy” Ross (Dem)* — 416 (60) Diane Spiak-Pisanelli (Rep) — 273 (40) Ward 2 Omar Harper (Dem, Rep) — 360 (65) Charles P. Kelly (Working Families, Green)* — 195 (35) Ward 3 Pamela Wetherbee (Dem)* — 353 (64) William Irizarry (Rep) — 192 (35) Ward 4 Ali T. Muhammad (Dem)* — 540 (79) Samantha A. Tseng (Beacon Works) — 140 (21) At-large (two seats) George M. Mansfield (Dem)* — 1,845 (42) Lee Kyriacou (Dem)* — 1,337 (31) Chris Olson (Rep) — 1,048 (24)	State Supreme Court, 9th District (county/district results) Montgomery J. Delaney (Rep, Con, Ref) — 22,075 / 119,097 (41) Gretchen Walsh (Dem, Ind) — 21,175 / 142,640 (49) Dutchess County Court Judge Edward Ned McLoughlin (Rep, Con, Ind, Ref) — 23,874 (54) Katherine Moloney (Dem, Green, WP) — 20,295 (46) Family Court Judge Tracy MacKenzie (Rep, Con, Ind, Ref) — 24,283 (55) Lisa Ghartey (Dem, Green, WP) — 19,562 (45) Dutchess County Clerk Bradford Kendall (Rep, Con, Ind, Ref)* — 26,259 (60) Mary Hannon Williams (Dem, WP) — 17,731 (40) Dutchess County Executive Marcus Molinaro (Rep, Con, Ind, Ref)* — 28,947 (63) Diane Jablonski (Dem, Green, WP) — 16,725 (37)	County Legislature, District 16 (Fishkill/Beacon) John V. Forman (Rep, Con, Ind, Ref) — 978 (50.5) Anthony Sciarrone (Dem, WP) — 959 (49.5) County Legislature, District 17 (Beacon) James J. Miccio (Rep, Con, Ind, Ref)* — 1,105 (61) Kellie McCormick (Dem, WP) — 708 (39)	County Legislature, District 18 (Beacon/Fishkill) Jerry Landisi (Rep, Con, Ind, Ref) — 952 (50.45) April M. Farley (Dem, Green, WP)* — 937 (49.55) See dutchesselections.com for full results.
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TOWN OF PHILIPSTOWN ZONING BOARD OF APPEALS NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a Public Hearing will be held by the Zoning Board of Appeals of the Town of Philipstown on November 9, 2015, at 7:30 p.m. at Philipstown Town Hall, 238 Main Street, Cold Spring, New York, to hear the following appeal:

Jacqueline T. Lois: Appeal #890 for a variance. A variance is requested for an existing tennis court fence that was constructed more than 15 years ago. When the fence was constructed the required side yard setback was 30 feet. Today the required setback is 30 feet. The appellant inadvertently constructed a portion of the fence too close to the property line. As a result, at its nearest point the fence is 28.6 feet from the property line and approximately 25 feet of the fence is within the setback area. The appellant seeks a variance of 1.5 feet in order to avoid having to remove or shorten the fence. The basis for the appeal is that, although self-created, granting the variance: (a) will result in less potential environmental damage than relocating the fence; (b) will not affect the neighboring properties; (c) is small (1.5 ft./30 ft.); and (d) will result in a benefit to the appellant that outweighs the benefit to the Town by strict enforcement of the required setback. The property is located at 201 Moog Road, Garrison, in the Town of Philipstown in RC (Rural Conservation Zone) zoning district. Tax Map #49.-3-47. At said hearing all parties wishing to comment will be heard.

Date: October 26, 2015
Robert Dee, Chairman
Zoning Board of Appeals



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Putnam Legislature Sets \$151 Million Budget and Approves Butterfield Lease

Stipulates that senior center depends on \$500,000 donation

By Liz Schevtchuk Armstrong

Dealing in one week with two issues that provoked spirited debate all autumn, the Putnam County Legislature adopted a \$151.3 million 2016 county budget on Oct. 28 and Nov. 4 approved an annual lease of about \$128,000 for a senior citizen center at the Butterfield complex — provided that a \$500,000 donation for the center comes through.

Butterfield lease

Meeting Wednesday night, the legislature adopted a resolution allowing rental of 6,000 square feet in the existing Lahey Pavilion, but made the lease execution contingent upon guarantees from Elizabeth and Roger Ailes that the \$500,000 they pledged for the facility – a gift with a Nov. 30 deadline – remains available. The pavilion currently houses medical offices at Butterfield, on Cold Spring’s southern edge.

The lease itself was not publicly released and the resolution did not specify the rent amount, but after the meeting Deputy County Executive Bruce Walker told *The Paper* the rate is \$12.95 a square foot, plus a \$50,000 fee for usage of common areas of the property for a total of \$127,770. Walker said the 2016 rent charge, for partial-year occupancy once the building becomes usable, will be \$94,275.



Cold Spring Trustees Mike Bowman and Cathryn Fadde await the vote of the Putnam County Legislature on the Butterfield lease.

Photo by L.S. Armstrong

Legislator Roger Gross said the initial lease term is five years.

With Philipstown senior citizens and residents, including Cold Spring Trustees Michael Bowman and Cathryn Fadde, in attendance, legislators Barbara Scuccimarra, who represents Philipstown and has championed a senior center at Butterfield; William Gouldman; Toni Addonizio; Ginny Nacerino; Joseph Castellano, Gross; and Carl Albano, the legislature’s chairman, authorized the lease — with the stipulation about the Ailes money. Legislators Dini LoBue and Kevin Wright abstained. Wright explained that because he had not received requested information, he lacked sufficient knowledge for a decision. On Oct. 19, during a committee review, questions arose about locating the center in the Lahey Pavilion, instead of in new construction, and Wright had sought a cost comparison of the two options and details of the Ailes’ funding.

Albano said Wednesday that “it’s very clear and apparent this will cost less than the other location ... I think it will be a substantial saving” and provide better access to the elderly.

Fresh from a re-election victory Tuesday but pale and feeling ill, Scuccimarra hoarsely expressed gratitude for her colleagues’ support.

Also thanking the legislature for moving the project ahead, Pat Sheehy, director of the Office for Senior Resources, said that “it’s just really great to see it happen.”

After the meeting, Walker said that the annual cost for the center at Butterfield “is about half of what we pay” at senior centers in Putnam Valley and Mahopac. He mentioned Philipstown’s high percentage of older residents and said the Lahey space represents “a great opportunity to give them a better place” than their current quarters in the American Legion.

2016 budget

Voting 5-4 to approve a \$151,347,630

million budget for 2016, the legislature trimmed \$111,626 — less than one-tenth of a percent — from the \$151,459,256 draft budget presented by County Executive Mary-Ellen Odell in early October. 2016’s budget tops the 2015 version by nearly \$5.8 million but complies with the New York State-imposed tax-hike cap of approximately 1 percent.

Much of the budget controversy involved planned increases, ultimately adopted, to many county retirees’ contributions to

health insurance.

The change bases the amount a participant pays on the amount of his or her pension, rather than years of employment, with levels ranging from 8 percent, for a retiree with a pension of up to \$10,000, to 30 percent, for someone with a pension of \$65,000 or more. According to Odell, participants currently pay an average of 8 percent or less.

LoBue, Gross, Addonizio and Wright, the four who voted “no” on the final budget, also opposed the health-care changes. Scuccimarra, Castellano, Gouldman, Nacerino and Albano voted to approve the budget and health-care changes.

“We can no longer expect the taxpayer to pay 95 percent of the cost” of health-care, Nacerino said, noting that older residents who aren’t ex-county employees enjoy far less generous benefits.

“We proposed a plan that I think is fair,” added Castellano, who chairs the legislature’s Audit and Administration Committee. “You have to look at the numbers.”

But Wright asserted that the health-care overhaul introduces a “means test” on benefits and that the county might just as well use a means test for county fees or when providing law enforcement. Instead, “let’s talk about shared services ... and ways to shrink government,” he said. “Let’s talk about a sale-tax return to various municipalities.”

Gross advised the legislature to exercise “due diligence” and find other savings. “The money is there if we want to have the guts to do what we have to do,” he said.

“This is the wrong thing to do,” LoBue said of the changes. “It’s the wrong process.” She called for all parties involved to collaborate on health-care revisions. She also criticized Odell for “outrageous spending” and declared that “we don’t have a revenue problem, we have a spending problem.”

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Setting the Stage for the Beacon Theater

Community gathers to discuss plans

by Brian PJ Cronin

It was standing room only upstairs at Beacon's BeAHive on Tuesday, Oct. 27, as over 80 people came to discuss the proposed changes for The Beacon Theater on Main Street — and what, if anything, the public can do to influence the direction of the project.

As *The Paper* reported on Aug. 21 and Sept. 11, the future of the 80-year old theater has proved divisive since the space was sold to Brendan McAlpine of McAlpine Construction over the summer. At the time, the space was occupied by 4th Wall Productions, who bought the building from developer William Ehrlich in 2010. Ehrlich retained the note to the building and 4th Wall paid the mortgage to him. But with 4th Wall behind in their mortgage payments, foreclosure threatened until McAlpine — whose family also had a lien on the building as a result of about \$200,000 worth of outstanding debts for renovation work done on behalf of 4th Wall — stepped in and bought it.

While the news was first welcomed, moods darkened once word got out that McAlpine's plan would change 4th Wall's original plan to restore the space to an 800-seat theater, and instead build a 195-seat multi-purpose performance space with 32 residential units.

That led to the creation of a community group, Save The Beacon Theater. Led by BeAHive's Scott Tillitt, and Cabot Parsons, chair of the City of Beacon's Arts and Cultural Development Committee, the group called this public meeting to solicit community engagement.

"We're not here tonight to say 'We're



BeAHive's Scott Tillitt facilitates discussion.

Photo by Kevin E. Foley

going to stop the project and bring in a rainbow filled theater with unicorns out front," said Tillitt. "We're just going to tell you what the plans are, we're going to hear what your concerns are, and that if we can change the project in any way we'd like to incorporate the voice of the community as much as possible."

At the suggestion of their attorneys and the recommendation of Beacon's Planning Board, the McAlpines did not attend the event. But they did meet privately with members of the group beforehand. Tillitt said that during the private meeting he and his fellow Save The Beacon Theater members expressed their concerns as well as concerns heard so far from the community at large.

Chief are the significant economical and cultural benefits that a large scale working theater could bring to Beacon, versus the relatively smaller benefits that a smaller performance space and residential units would bring. With no other large scale performance spaces currently available, Parsons worried that if the theater is gutted it would put a ceiling on Beacon's cultural growth.

"The visual arts helped put Beacon back on the map," he said, "But now the live music scene is transforming Bea-

con, and it doesn't room to have expand. Community groups don't have room to expand, the Beacon Independant Film Festival needs space to expand." Although the Towne Crier has attracted household names like Ani DiFranco and Rickie Lee Jones to Beacon, it has a 200-seat capacity. For the aforementioned concerts, tickets sold out quickly.

"When we asked people last year as part of a county-wide survey what they would like to see more of in their community, resoundingly, right at the top of that list is 'Performing arts and live theater,'" said Linda Marston-Reid, the executive director of Arts Mid-Hudson. She noted that tourists who attend such events are more likely to spend the night, which would mean more time spent on Main Street shopping and eating.

While Beacon is currently facing a housing shortage, City Council Member Peggy Ross noted that there are currently 475 residential units in the works.

"When you approach it as 'What does the city need at this point?' I would say that 32 additional residential units doesn't really hit it," said Former Mayor Steve Gold. "But the advantage of having a theater there that's professional, that's being utilized correctly and bring-

ing in the public, I think the economic impact of that would be far greater. And it speaks to why people visit Beacon and why so many of them then decide to move here."

Gold's comments raised another concern: That the theater space as currently proposed by the McAlpines might prove inadequate.

"I want to make it clear that when they say that their plan has a theater, that it doesn't," said Save The Beacon Theater's Stephanie Hepburn. "It has a meeting room with a raised stage. A theater requires a backstage, set-building capabilities, and dressing rooms. What we're really looking at is a rectangular room like the one we're in right now, with a raised stage. It would be good for lectures, for book clubs, and for knitting groups. But it wouldn't be a theater."

Kelly Ellenwood, vice president of BeaconArts, agreed. "If we can give any positive feedback as a group, it's to make sure that the theater space that gets built is a viable one," she said. "As it is now, I personally feel that it's not viable. Why build something if it's not adequate? Because it won't be used."

The public's next chance to weigh in on the project will be Tuesday, Nov. 10, at 7 p.m. when the plan is presented again to the Planning Board at City Hall. In the meantime, Beacon Mayor Randy Casale urged those in attendance to move forward in a peaceable manner, as their legal options were few.

"They bought the building, they own the building, they put money into the building, the best thing to do is try and work with them," said the mayor. "Because it looks like the cards are stacked against you."

"But," he added with a smile, "the McAlpines own a hotel right down the street. If a 750-seat theater could work in that space, it would be a boon to their business. I think they know that. So I think you're on the right track."



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The Calendar

Garrison's Ironbound Releases New Documentary

The Anthropologist premieres Nov. 13 in New York

By Alison Rooney

If their bread and butter is commercial web content, Garrison's Ironbound Films' jam and honey is their documentary filmmaking work. One-third run by Philipstown's Daniel Miller, Ironbound intersperses its client-driven work — web-based videos produced for a range of entities, corporate to nonprofit, anything from eBay and Microsoft to the FDR Museum — with self-generated films, documentaries focused on a range of topics, from the re-building of the World Trade Center site to rabblrouser Morton Downey Jr.

On Friday, Nov. 13, Ironbound's latest effort, a documentary called simply, *The Anthropologist*, premieres at DOC NYC, America's largest documentary festival. Occurring at the School of Visual Arts, this screening joins others also taking place that weekend at festivals whose locales include St. Louis and farther afield, Recife, Brazil, effectively turning the weekend into an unplanned launching pad for the film.

Filmed over a just-concluded five-year period, (Miller jokingly dubs the film, "the boyhood of the social sciences"), *The Anthropologist* examines the profes-



Katie Yegorov-Crate and Susie Crate in a scene from *The Anthropologist*

Photo provided

sional and personal life of Susie Crate, an anthropologist who focuses on human-environment interactions and teaches at George Mason University.

Crate herself is the single parent of a half-Siberian teenage girl, and the film delves into the mother/daughter relationship, shown through the eyes of Crate's daughter, Katie, as well as Margaret Mead's daughter, now 76, as a counterpart to bigger picture issues: how societies are forced to negotiate the disruption of their traditional ways of life, whether through encounters with the outside world or because of the drastic effects of climate change — for instance the melting of permafrost, causing vast lakes which have overtaken hayfields in Siberia, the rising sea levels in Kiribati and receding glaciers in Peru,

all of which have forced an alteration in the lives of people indigenous to each area. *The Anthropologist* was funded — as was another Ironbound film, *The Linguists* — by the National Science Foundation. This made it easier to work on it long-term, heading out to film at intervals. "We could only really film them when Katie was on school break and they went on field trips," Miller says. "In fact, we made another film (*Evocateur*, about Morton Downey) in between breaks in shooting this one." Generally Ironbound has three or four people on hand for actual shooting; the crew consists of a sound person, camera operator, producer and writer. Duties are divided up at Ironbound itself, with Miller generally serving as writer and co-founder Seth Kramer doing the shooting and editing while Jeremy Newberger focuses more on the commercial side of the business. Both Miller and Kramer have backgrounds developing films for PBS and similar entities focused on history and public affairs, while Newberger, according to Miller "has a great pop sensibility — knows what's interesting to people." Together the three throw around ideas, all in service of a collective vision of sorts. "We don't do polemics," Miller explains. "We (Continued on Page 9)



The Anthropologist features the life of Susie Crate (right) shown here with her daughter Katie.

Photo provided

A Handmade Store, With Yarn

Beacon shop grew out of desire for slower pace

By Alison Rooney

Kristy Carpenter's professional life in New York City was emblematic of most people's: fast paced. Working as a photographer for photojournalism agencies, her job seemed to dominate her life, and the work/play balance was skewed entirely one way, with constant meetings and everything moving at a frenetic clip.

Carpenter decided to make a major change. As a sideline, along with her former husband, at the dawn of the Etsy era, she started making wooden bookmarks, which they began selling at craft shows. "We



Color bundles of wool, ready to be knitted

met a whole new world of people, and I just decided I was sick of what I was doing, and tired of going into the city," she says. Six years ago, Carpenter changed directions entirely, and with a partner opened Clay, Wood & Cotton, a shop near the west (Continued on Page 10)



Photos by A. Rooney

FRIDAY, NOVEMBER 6

Community Blood Drive
2 – 8 p.m. Garrison Firehouse
1616 Route 9, Garrison
800-933-2566 | nybloodcenter.org

Ada Pilar Cruz: *Seeing Double* (Opening)
6 – 8 p.m. Buster Levi Gallery
121 Main St., Cold Spring
845-809-5145 | busterlevigallery.com

Cali Gorevic and Julie Anne Mann: *Cross-Pollination* (Opening)
6 – 9 p.m. Gallery 66 NY | 66 Main St., Cold Spring
845-809-5838 | gallery66ny.com

Haldane School Foundation Fall Ball
6 – 10 p.m. Highlands County Club
955 Route 9D, Garrison
haldaneschoolfoundation.org

The Hitchhiker / Sorry, Wrong Number
7 p.m. Boscobel Mansion
1601 Route 9D, Cold Spring
845-265-3638 | hvshakespeare.org

Hudson Valley Fort vs. Florida Blacktips (Football)
7:05 p.m. Dutchess County Stadium
1500 Route 9D, Wappingers Falls | gofxfl.com

Jesus Christ Superstar (SOLD OUT)
7:30 p.m. Philipstown Depot Theatre
10 Garrison Landing, Garrison
845-424-3900 | philipstowndepottheatre.org

Three Dog Night
8 p.m. Paramount Hudson Valley
1008 Brown St., Peekskill
914-739-0039 | paramounthudsonvalley.com

Calling All Poets
8 p.m. Center for Creative Education
464 Main St., Beacon
914-474-7758 | callingallpoets.net

SATURDAY, NOVEMBER 7

Antiques Show & Flea Market
8 a.m. – 4 p.m. Stormville Airport
428 Route 216, Stormville
845-221-6561 | stormvilleairportfleamarket.com
Continues on Sunday.

Cross-Country Ski and Snowshoe Sale
9 a.m. – 1 p.m. Taconic Outdoor Education Center
75 Mountain Laurel Lane, Cold Spring
845-265-3773 | nyparks.com

Family Volunteer Landscape Day
10 a.m. – 3 p.m. Manitoga | 584 Route 9D, Garrison | 845-424-3812 | visitmanitoga.org

Gourd Craft Family Workshop
10 a.m. Common Ground Farm
79 Farmstead Lane, Wappingers Falls
845-231-4424 | commongroundfarm.org

West Point Foundry Preserve
11 a.m. Free Guided History Tour
845-473-4440 x238 | scenichudson.org
1 p.m. HHLT Take-a-Hike
845-424-3358 x7 | hhl.org
80 Kemble Avenue, Cold Spring

Hudson Valley Shakespeare Festival: Fairy Tales
2 p.m. Philipstown Depot Theatre
10 Garrison Landing, Garrison
845-424-3900 | philipstowndepottheatre.org
Appropriate for grades K-5

Calendar Highlights

For upcoming events visit philipstown.info.

Send event listings to calendar@philipstown.info.

***You Are My Blue / I Am Your Red* (Opening)**
3 – 6 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org.

Home Movie Day
4 – 8 p.m. Beacon Community Center
23 W. Center St., Beacon
centerforhomemovies.org/hmd

Secret Life of St. Philip's Church (Benefit)
4 p.m. Graveyard tour
5 – 7 p.m. Silent auction and wine reception
St. Philip's Church | 1101 Route 9D, Garrison
845-424-3571 | stphilipshighlands.org

Cottage Supper Club (Fundraiser)
6 p.m. Longhaul Farm
60 South Mountain Pass, Garrison
845-661-0351 | hudsonvalleyseed.org

Middle School Teen Night
7 – 10 p.m. Philipstown Community Center
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Call Mr. Robeson: A Life, with Songs
7 p.m. Paramount Hudson Valley
1008 Brown St., Peekskill
914-739-0039 | paramounthudsonvalley.com

The Hitchhiker / Sorry, Wrong Number
7 p.m. Boscobel Mansion | Details under Friday

Jesus Christ Superstar (SOLD OUT)
7:30 p.m. Philipstown Depot Theatre
See details under Friday.

SUNDAY, NOVEMBER 8

44th Annual Train & Hobby Show
11 a.m. – 3 p.m. Mid-Hudson Civic Center
14 Civic Center Plaza, Poughkeepsie
845-454-5800 | midhudsonciviccenter.org

Champagne Brunch / Silent Auction
Noon. The Powelton Club, Newburgh
845-424-3358 x7 | hhl.org
Honoring Sidamon-Eristoff Family

Holiday Lino Cut Cards (First Session)
1:30 p.m. Garrison Art Center
23 Garrison's Landing, Garrison
845-424-3960 | garrisonartcenter.org

The Burning of Danbury (Talk)
2 p.m. Van Wyck Village Hall
1095 Main St., Fishkill
845-297-1875 | fishkillhistoricalsociety.org

Black Bears Presentation
2 p.m. Hubbard Lodge
2880 Route 9, Cold Spring
845-225-7207 | hhnaturemuseum.org

Jesus Christ Superstar (SOLD OUT)
2 p.m. Philipstown Depot Theatre
See details under Friday.

Corvus Ensemble: *Stories in Song*
3 p.m. Howland Cultural Center
477 Main St., Beacon
845-765-3012 | howlandmusic.org

National Theater: *Hamlet*
6:30 p.m. Downing Film Center
19 Front St., Newburgh
845-561-3686 | downingfilmcenter.com
Starring Benedict Cumberbatch

Chaka Khan
7 p.m. Bardavon | 35 Market St., Poughkeepsie
845-473-2072 | bardavon.org

The Hitchhiker / Sorry, Wrong Number
7 p.m. Boscobel Mansion | Details under Friday

MONDAY, NOVEMBER 9

Cooking Dinner with Fernando Sinchi
10 a.m. & 6 p.m. Philipstown Community Center
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

National Theater: *Hamlet*
1 & 6:30 p.m. Downing Film Center
See details under Sunday.

Parking Committee
5 p.m. Village Hall | 85 Main St., Cold Spring
845-265-3611 | coldspringny.gov

Zoning Board of Appeals
7:30 p.m. Town Hall | 238 Main St., Cold Spring
845-265-3329 | philipstown.com

TUESDAY, NOVEMBER 10

Boscobel Open for Artists
9:30 a.m. – 4 p.m. 1601 Route 9D, Cold Spring
845-265-3638 | boscobel.org
No public admission.

Zumba Gold for Seniors (First Session)
10 a.m. Chestnut Ridge, Cold Spring
845-424-4618 | philipstownrecreation.com
Free to Philipstown residents 62 and older.

Hudson Valley Shakespeare Festival: Fairy Tales
Noon. Paramount Hudson Valley
1008 Brown St., Peekskill
914-739-0039 | paramounthudsonvalley.com
Appropriate for grades K-5.

Knit & Crochet Group
Noon. Continental Village Clubhouse
49 Highland Drive, Garrison
845-424-4618 | philipstownrecreation.com

National Theater: *Hamlet*
1 p.m. Downing Film Center
See details under Sunday.

Early Literacy Story Time (ages 2-3)
1:30 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Beacon Chamber Meet-up
4:30 p.m. Baja 328
328 Main St., Beacon | beaconchamber.org

Small Business Workshop: How to Start, Grow, Succeed
6 p.m. Butterfield Library | 10 Morris Ave., Cold Spring | 845-265-3040 | butterfieldlibrary.org

PTA Parent Support Group
7 p.m. Cold Spring Methodist Church
216 Main St., Cold Spring
845-424-6130 | facebook.com/PTALearnDiff

Board of Trustees
7:30 p.m. Village Hall | See details under Monday.

Conservation Board
7:30 p.m. Town Hall | See details under Monday.

Beacon Film Society
8 p.m. Beahive Beacon
291 Main St., Beacon | beaconfilmsociety.org

WEDNESDAY, NOVEMBER 11

Veteran's Day

Howland Public Library closed

Putnam County offices closed

The Great American Jukebox (Talk)
1 p.m. Desmond-Fish Library | 472 Route 403, Garrison | 845-424-3020 | desmondfishlibrary.org

Historic District Review Board
8 p.m. Village Hall | See details under Monday.

THURSDAY, NOVEMBER 12

Regina Gelfer: *The Kiss Box* (Reading)
4 p.m. Desmond-Fish Library | See details under Wednesday. | Appropriate for pre-K to grade 2.

Cyber Security Panel Discussion
5:30 p.m. Beahive Beacon | 291 Main St., Beacon
845-765-1890 | beahivebzzz.com

Medicare 101 (Part 1)
6 p.m. Butterfield Library | Details under Tuesday

Code Update Committee
7 p.m. Village Hall | See details under Monday.

Dutchess County Public Transit Workshop
7 p.m. Beacon City Court | Municipal Plaza, Beacon
845-473-8521 | dutchessny.gov

FRIDAY, NOVEMBER 13

Free Admission for Grandparents
9:30 a.m. – 5 p.m. Mid-Hudson Children's Museum
75 N. Water St., Poughkeepsie
845-471-0589 | mhcm.org

Army Basketball
5 p.m. Men vs. Ferrum College
7 p.m. Women vs. Pepperdine | Christl Arena, West Point | 845-938-2526 | goarmywestpoint.com

3rd Annual Cider Dinner
6:30 p.m. Glynwood Farm | 362 Glynwood Road, Cold Spring | 845-265-3338 | glynwood.org

Jesus Christ Superstar (SOLD OUT)
7:30 p.m. Philipstown Depot Theatre
See details under Nov. 6.

Artie Lang (Comedy)
8 p.m. Paramount Hudson Valley
See details under Nov. 6.

Off the Wall Improv
8 p.m. The Beacon Theatre | 445 Main St., Beacon
845-453-2978 | thebeacontheatre.org

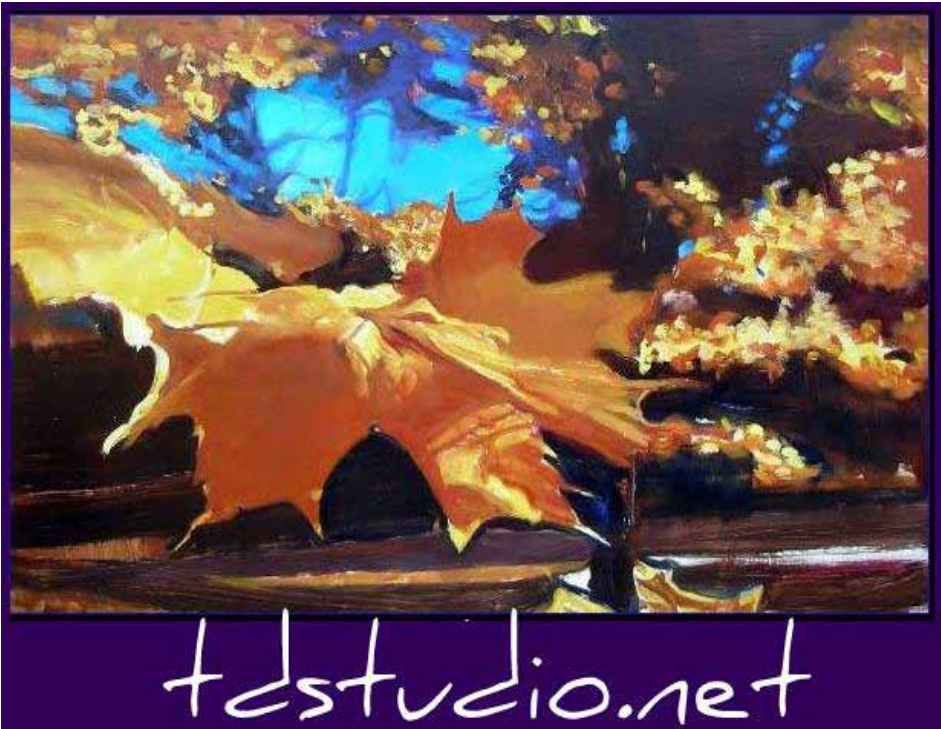
Soweto Gospel Choir
8 p.m. Bardavon | See details under Sunday.

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Garrison's Ironbound Releases New Documentary (from Page 7)

love characters with imperfections. Although you might not presume it, all of our films have a lot of laughs. With *The Anthropologist* you see all the flaws, yet there's no hypocrisy. Not everyone is perfect, even while earnestly in pursuit. It arrives ultimately at a real trust between us and our subjects. That affects all our work. Even with Morton Downey, where people who hated him got to see his human side, which came from tumult and a rise after failing at a variety of careers.”

Miller was always interested in film, initially from a theoretical perspective. Attending Brown University, he intended to write about it. He discovered the documentary form at college and shifted to creating films, something which still excites him. “There’s a never-ending challenge in telling these stories well,” he says. “For instance, *The Linguists* is about scientists looking for languages on the verge of extinction. We needed to convey this in a way which would keep people in their seats.”

Ironbound must have found that way to convey, as *The Linguists* was a big hit at the 2008 Sundance Film Festival and on the festival circuit overall that year. It has had a long life since, helped by its academically-pertinent theme — “it’s in the collection of virtually every college with a linguistics department,” Miller notes.

Ironbound wanted to repeat the experience, and also wanted to do something related to climate change. Crossing those two things together brought them to the field of anthropology. Finding an environmental anthropologist with a daughter presented them with the “notion of offspring of anthropologists: what do they learn about the world, at home?”

Another Ironbound film, *The New Recruits*, looks at three business students determined to use market principles to solve global poverty. It aired on PBS and was nominated for an Emmy in 2011. Ironbound is already working on two new projects. *Detected*, a short film, takes a look at a new type of bra that is able detect breast cancer. It will premiere at next year’s South x Southwest Festival in Texas. Then there’s *Heading Home*, which follows five Jewish Major League baseball players on a trip to Israel in commemoration of the 50th anniversary of Sandy Koufax missing a World Series game because of Yom Kippur.

After its premiere weekend, the new film will embark on its journey through the festival circuit. After that, its future “will be revealed,” Miller explains. “You kind of have to take baby steps. It could be anything; it was made with similar values to *The Linguists*, so we know its value to academia. Beyond this, how it finds its way in the culture? Who knows? We’re excited to see.”

The *Anthropologist* will be shown at 9:30 p.m. at the DOC NYC Festival at the School of Visual Arts Theatre, 333 West 23rd St., between 8th and 9th Avenues. For tickets, visit docnyc.net/film/anthropologist-the.

Visit www.philipstown.info for news updates and latest information.



Daniel Miller, in front of the Ironbound Films office at Garrison's Landing
Photo by A. Rooney

Lions Club Luncheon

David and Cathy Lilburne of Cold Spring Lions flank Lt. Col. David R. Siry, guest speaker at the group's annual Election Day luncheon
Photo by Kevin E. Foley

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Thursday, 11/12 7:30pm ACOUSTIC ALCHEMY	Saturday, 11/28 8:30pm CHERISH THE LADIES
Friday, 11/13 8:30pm RIANNON GIDDENS OF THE CAROLINA CHOCOLATE DROPS	Sunday, 11/29 7:30pm LARRY & MURALI CORYELL
Saturday, 11/14 8:30pm LIVINGSTON TAYLOR guest CHELSEA BARRY	Thursday, 12/3 7:30pm BILL KIRCHEN
Sunday, 11/15 7:30pm PAT MCGEE DUO guest BRIAN DUNNE	Friday, 12/4 8:30pm DAR WILLIAMS guest JOE CROOKSTON
Friday, 11/20 8:30pm ADRIAN LEGG Wednesday Open Mic!	Saturday, 12/5 8:30pm DR. LUCKY'S BLUE REVUE BURLESQUE IN BEACON
	Sunday, 12/6 7:30pm SUSAN WERNER

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Closed Tuesday

A Handmade Store, With Yarn (from page 7)

end of Beacon’s Main Street that specializes in handmade items, most produced locally. After a two-year stretch in the one-room space that is now home to the Theo Ganz Studio, Carpenter’s partner decided to devote her time to her family in Brooklyn, so Carpenter took over and moved the shop to larger premises near the Bank Square Coffeehouse, expanding into two rooms, the second devoted to yarn and its uses.

“Our goal was and is to support handmade products, to know who we’re working with, where we’re getting things from, and where things are being made,” she says. “Not all of what we have is local, but a lot of it is, and I’ve met most of the people who create what we sell, either at craft markets and fairs, or even through people walking through the door, telling me they make stuff — that can be great, or not so great.”

Of course, not everything makes it onto the shelves of the bright, white-walled space where the wooden shelves are lined with an array of textiles, ceramics, jewelry and more. Most of the stock is skewed toward items people can take home easily, as many customers are international tourists who stream out of nearby Dia:Beacon — CW&C is one of the first stores they encounter. Their favorite purchases are dish towels and art prints, Carpenter says.

CW&C also has its regulars, including a contingent of men who “come in here like clockwork, twice a year, for birthday and Mother’s Day cards — it’s very funny,” Carpenter says. And, in the ways that a shop can be more than that in a place like Beacon, Carpenter recently received a note from a customer she hadn’t seen in a while. It explained that the sender had moved back to Brooklyn and expressed appreciation

for CW&C’s being so welcoming to her when she first moved to Beacon, not knowing anyone. “I came and hung out just to talk to someone — thanks for being so welcoming,” she wrote.

Like many a small business, CW&C does much of its advertising and marketing through social media, including Instagram and Facebook and its website. Sales went up every year after the 2009 opening, before plateauing this past year, something Carpenter blames squarely on last year’s ferocious winter weather. “Beacon retail is still dependent on weather,” she says.

At age 6, CW&C is heading toward a certain level of longevity in terms of Beacon shops. Carpenter feels its success is based on keeping prices accessible. “You can come in here and leave with something you love for under \$25, and that’s important,” she says. Her prime location is also a factor as well as her six-days-a-week hours.

Carpenter also cross-promotes with complementary services, getting information out on crafting and knitting classes. The yarn component of the business stemmed from customers asking for it. Though it’s not a full-service yarn shop — “We’re a handmade store, with yarn,” Carpenter notes, CW&C “tries to hit all the basic types of yarn, including a line of American-milled and dyed. Knitting has changed a lot in recent years. So much of [shopping for] it is done online, especially the patterns — people don’t want to spend hours looking through books now.”

As for the main room, it’s full of dish towels, tableware, art prints, soaps, candles, bath products, wrapping paper, pillows, vases, jewelry, stationery and racks of cards.

Even though Carpenter’s bank account



Inside Clay, Wood and Cotton

Photo by A. Rooney

isn’t as full as it was during her years working in the city, she says she has zero regrets over making the choice she did. “I’m living a more content life now, here,” she says. “Having something you really support, to work on, is great.”

Clay, Wood & Cotton is located at 133 Main St. It is open Thursday through Monday from 11 a.m. to 6:30 p.m., Wednesday from 11 a.m. to 4 p.m., and closed Tuesday. For more information visit claywoodandcotton.com or call 845-481-0149.

Yoga Helping Veterans Cope (from page 1)

helpful. “The Vietnam-era vets often have more of the physical ailments: bad backs, bad knees, and they’re not always receptive. The younger guys are more like ‘anything that can help me,’” Scanlon says. The nature of the most recent conflicts is evidenced in how the younger veterans are presenting, “There are more kids with PTSD and it’s because of all the bombing and guerrilla warfare, the increase of firepower. So many have traumatic brain injuries.”

There is very specific training for those conducting yoga classes with veterans who might be suffering from PTSD. To start, Scanlon sets up the room differently to the usual fashion of rows. “I make sure that the guys have a lot of space between each other. I always have a wall behind them [not another person], so they can only look ahead. I position

myself so that I am the closest to the door, and I put my back to it, so essentially I am ‘guarding’ the room. Often the people I can see a PTSD reaction in are people closest to the door.” Participation is never forced. “This could be a triggering situation for them — being on the floor on their backs,” Scanlon said. “But just being in the room is a good introduction and can have a calming effect. I work really hard in the first 15 minutes to establish a rapport with them, especially knowing this could be the one and only time they will have this experience. I joke with them and tell them that this is part yoga class, part stand-up. I try to give them the idea, in the initial minutes, that this could be something that could help them. For the most part, it’s pretty successful.”

Once the class begins, there are other



Two participants in the Montrose V.A. Yoga for Veterans class.

Photo by Kathie Scanlon

room. Before I even start walking I give everyone a heads up that I’m moving through the room. During the final period of relaxation, I ask them if I can turn off the fluorescent lights. There’s still lots of natural light. I close the door to give them a sense of privacy and security.” No music is played, as commonly-used “yoga music” can evoke traumatic memories. Scanlon watches her visual metaphors, often used to relax. Things as basic as “imagine you are sinking your toes into the sand” can have extremely negative connotations.

For Scanlon, what’s most essential in her work with the veterans is trying to establish “the connection they need back to their own body, seeing their body as a safe place to be. Helping them feel that they can re-inhabit their body and see it as dependable and reliable to

them. In the two years I have been teaching these classes, there has not been a class in which someone did not express gratitude for the sense of well-being that yoga engenders.”

PranaMoon Studio is located at 1000 North Division Street in Peekskill. For more information on VYP, visit veteran-syogaproject.org.

differences from standard yoga class procedures. There’s no assisting or adjusting. There is an understanding that, because of injuries, including nerve damage all the way down to their feet, many will be unable to hold poses, and, at times, chair yoga is incorporated. Poses are chosen which focus on calming the nervous system: forward bends, inversions, lots of lower back release, nothing energizing. “I almost always stay up in the front of the



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COMMUNITY BRIEFS

Cold Spring Farmers’ Market Moves Indoors

Winter season starts Nov. 7 at St. Mary’s

On Saturday, Nov. 7, the Cold Spring Farmers’ Market will move indoors from Boscobel to the Parish Hall at St. Mary’s Episcopal Church at Main and Chestnut Street. The market will open one hour later than in the past, at 9:30 a.m. The closing time of 1:30 p.m. remains unchanged.

The Cold Spring market offers produce, fish, meats, breads, fruits, preserves, cheeses, pastas, syrups, sauces, honey, savory pastries, gluten-free baked goods, plants, coffee, ice cream, wines, herbs, teas, ciders, wools, soaps, and a variety of other items. All vendors must grow or raise their products within a 200-mile radius, use locally-sourced ingredients and depend on their farms for a living. For more information, visit csfarmmarket.org.

Haldane Coaches Host Basketball Clinic

Players in grades 3 to 7 invited to improve skills

Tyrone Searight, who coaches the Haldane girls’ varsity basketball team, and Joe Virgadamo, who coaches the boys, will co-host a free clinic for boys and girls in grades three to seven who would like to improve their skills with an assist from members of both varsity squads.

The clinic is scheduled for Sunday, Nov. 15, at the Haldane Middle School gym in Cold Spring. The girls start at 2 p.m. and the boys at 3:45 p.m. The event is free although donations are welcome. Please RSVP to tyronesearight@aol.com.

The Philipstown Recreation Department also hosts weekly sessions for young players to work on their game.

John Froats organizes an hour-long session on Mondays at 6:15 p.m. for boys and girls in grades three to eight and Jeff McDaniel oversees girls’ 3-on-3 basketball for grades three to six on Thursdays at 4 p.m. Both take place at the Community Center gym off Route 9D in Garrison. The cost is \$1 per session for residents and \$3 for non-residents. For more information, visit philipstownrecreation.com.

Got Winter Coats?

Knights of Columbus launch drive

The annual winter coat drive of the Knights of Columbus, Loretto Council No. 536, has begun and continues through Tuesday, Nov. 24. Donation bins are located at the Haldane Middle School, Haldane High School, Garrison School, Our Lady of Loretto Church in Cold Spring and St. Joseph’s Church in Garrison.

The Knights distribute the donated coats, which can be new or secondhand, to men, women and children in need through the Putnam County Department of Social Services in Carmel (for the women and children’s coats) and St. Christopher’s Inn at Graymoor in Garrison (for the men’s coats). Over the years the Knights have collected more than 300 coats, said Tom DesMarais, who is the drive’s chairman.

To learn more about the council, which is affiliated with Our Lady of Loretto and promotes the principles of charity, unity, fraternity and patriotism, visit kofc536.com.

Harvest Music Festival Set for Putnam Valley

The music will flow from 2 to 6 p.m. on Nov. 15

The Tompkins Corners Cultural Center in Putnam Valley will host the

annual Harvest Festival from 2 to 6 p.m. on Sunday, Nov. 15. It will take place in the historic Methodist Church building at 729 Peekskill Hollow Road where it began years ago.

In the Harvest Festival tradition, the music will flow continuously. The performers scheduled to appear include John Cohen (formerly of the New Lost City Ramblers); Tim Pitt; Pat Cummings; the Lake Sagamore Baroque and Renaissance Ensemble with Jay Unkeless, Paul Krieger and Doug Ingram; the Kitchen Table Band; and Eli Smith, Ernie Vega and Samoa from the Jalopy Band.

The suggested donation at the door is \$10. For more information, or to reserve tickets, call 845-528-7280 or email info@tompkinscorners.org.

Make Friends in Your Backyard

Audubon to host talk on birdfeeders

On Sunday, Nov. 15 at noon, Scott Silver, facility director and curator of



Meeting for lunch Photo by Eric Lind

animals at the Wildlife Conservation Society’s Queens Zoo, will present a basic backyard birdfeeding program at Hubbard Lodge on Route 9 north of Cold Spring.

The program, sponsored by the Putnam Highlands Audubon Society, will introduce those who are new to birdfeeding to the experience, outline considerations for setting up a feeder and help identify its likely visitors. For more information, visit putnamhighlandsaudubon.org.

Sparkle! Tickets on Sale

Boscobel tradition begins on Dec. 4

Tickets have gone on sale for Sparkle!, the annual holiday celebration set to take place at Boscobel from 5 to 9 p.m. on Fridays and Saturdays from Dec. 4 to 19. Premium tickets for some time slots, which include a twilight tour of the grounds, have already sold out.

The evening includes thousands of lights, luminous displays and festive holiday happenings around the gardens and grounds of Boscobel. This year ventriloquist Jonathan Geffner will present three shows each Friday, and the Libby Richman Jazz Trio will perform Saturdays.

Other attractions include Mr. & Mrs. Santa, the Sparkle Queen Stilt Walker, ice-carving demonstrations by Bill Bywater, magical entertainment from Margaret Steele, acoustic holiday classics with Rick Soedler, period music by Thad MacGregor, caroling with the Taghkanic Chorale and illuminated hoop dancing.

Food will be available for purchase from Hudson Hil’s Café and Market.

Grounds-only tickets are \$15 for adults and \$10 for children ages 3 to 11. A family pack for two adults and two children is \$45. Tickets including the twilight tour are \$25 for adults and \$20 for children ages 3-11. Children under 3 are

(Continued on next page)

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COMMUNITY BRIEFS

(From previous page) free. Friends of Boscobel members receive 10 percent off tickets. To purchase, visit boscobel.org or call 845-265-3638.

Town Clerk Has Anti-Radiation Pills

Potassium iodide protects thyroid if Indian Point leaks

The Putnam County Bureau of Emergency Services has stocked the Philipstown town clerk's office with a supply of Potassium Iodide (KI) tablets available at no charge to residents during its regular weekday hours (8:30 a.m. to 4 p.m.).

The FDA since 2001 has recommended that residents living near nuclear power plants such as Indian Point in Buchanan keep a supply of KI tablets on hand in the event of a "radiation emergency." Each tablet prevents the vulnerable thyroid gland from absorbing radioactive iodine for 24 hours, although it does not protect other organs.

The tablets are not recommended for adults over the age of 40 because that group has the lowest chance of developing thyroid cancer or injury but is most likely to have allergic or adverse reactions. Fetuses and infants are most at risk. For more information, visit www.bt.cdc.gov/radiation/ki.asp.

Town Hall is located at 238 Main St. in Cold Spring. The clerk also has a supply of the Indian Point Emergency Planning Guide, or it can be downloaded at putnam-countyny.com/pcbcs/oem. The Bureau of Emergency Services site includes a list for assembling a "go" bag for quick evacuation.

Beacon

Howland Center to Host Two Concerts

Corvus Ensemble and Horszowski Trio set for Nov. 8 and 15

The Howland Cultural Center will host two concerts over the next two weekends.

On Sunday, Nov. 8, at 3 p.m., the Corvus Ensemble will perform Stories in Song, a program that includes works by Handel,

Mozart, Beethoven, Brahms, Gershwin and Astor Piazzolla, as well as original songs from *To See the Stars* by the group's mezzo-soprano, Faye Chiao. Its other members are cellist Saba Hughes and pianist Stefan Petrov.

Tickets at available at the door for \$15, or \$12 for students and seniors. Children under 12 are free.

The following Sunday, Nov. 15, at 4 p.m., the Howland Chamber Music Circle welcomes the Horszowski Trio. The group consists of two-time Grammy nominee Jesse Mills on violin, Raman Ramakrishnan on cello and Rieko Aisawa on piano. It will perform Trio in E-Flat Major, Op. 70, No.2 by Beethoven, *For Daniel* by Hudson Valley composer

Joan Tower and Trio in A Major, Op. 50 by Tchaikovsky.

Tickets are \$30 (\$10 for students). Call 845-765-3012 or visit howlandmusic.org.

A reception will follow each performance. The Howland Cultural Center is located at 477 Main St. For more information, call 845-831-4988.

(Continued on next page)

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COMMUNITY BRIEFS

Festival Announces Series, Online Films

I Am What I Play *will kick off quarterly screenings*

The Beacon Independent Film Festival will launch a quarterly film series at 7 p.m. on Friday, Nov. 13 at the Howland Cultural Center with a screening of *I Am What I Play*, which opened the festival on Sept. 18. The documentary focuses on four disc jockeys during the heyday of rock, when many DJs were given great freedom on the air and enjoyed celebrity status. Has this type of freeform radio died, or has it reinvented itself in unexpected spaces?

A donation of \$10 is suggested at the door. Free popcorn and drinks will be available. The Howland Cultural Center is located at 477 Main St. For further in-

formation, call 845-831-4988 or visit beaconindiefilmfest.org. Future dates for the film series are Feb. 12, May 13 and Aug. 12.

The festival also has posted films online that were accepted for the 2015 event but were not shown due to time constraints. Access is free, although the films will be removed after Nov. 30. Visit vimeo.com/channels/biff2015online.

Afghan Raffle to Raise Money for Shows

Barbara Verdesi donates handiwork

A member of the Howland Public Library's knitting club, which meets weekly, has donated a hand-knit afghan to be raffled as a fundraiser for the library's upcoming No Strings Marionettes performances. The drawing will

take place on Monday, Nov. 16.

This year's marionette shows, which will take place on Dec. 13 at the Howland Cultural Center, will be "Wasabi the Dragon" and "Scrooge: A Christmas Carol."

The cream-colored afghan, which was created and donated by Barbara Verdesi, is on display at the library at 313 Main St. Tickets are \$1 each or six for \$5 and can be purchased at the front desk.

The Falcon to Host Riverfest Fundraiser

Linda Ronstadt tribute

The Falcon in Marlboro will hold a tribute to Linda Ronstadt at 7 p.m. on

Sunday, Nov. 15 as a fundraiser to offset a shortfall for the 2015 Beacon Riverfest caused by inclement weather during the June event.

Kelly Ellenwood will cover Ronstadt's 1974 platinum-selling album *Heart Like a Wheel* with backing by Beacon Music Factory faculty members Daria Grace, Kathleen Bosman, Josh Stark, J Why and Stephen Clair.

Tickets at \$25 (\$15 for students and seniors).VIP tickets are \$75 each and include prime seating, a drink with the artists after the show and a gift bag. To purchase, visit brownpapertickets.com/event/2409890. The Falcon is located at 148 Route 9W.



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Sports Haldane Varsity Cross Country Boys take 3rd, Girls 6th in Northern Counties Event

Contributed by Coach Tom Locascio

On Friday Oct. 30th, the Haldane Cross Country teams travelled to Bowdoin Park in Wappinger Falls to compete in the annual Dutchess/Putnam County Championships.

The boys finished in third place, losing only to Arlington and Brewster, and won a plaque in this race for the first time in school history, while the girls running shorthanded finished a strong sixth.

The Northern Counties is a tough race for us. All school sizes, from class A Arlington, to class D Haldane run in the same race

In the boys' race, Theo Henderson finished first for Haldane and seventh overall with a time of 17:14. Nick Farrell was next at 17:49. Both Theo and Nick earned medals in a very competitive field. Adam Silhavy was next at 18:50 followed by Kenney McElroy, running his best race of the year at 18:53. Jonas Petkus was close behind running an 18:57. Andrew Gannon and Ellis Osterfeld rounded out the top seven finishers for the Devils running a 19:22 and a 20:16.

After losing the league championship to Pawling, it was especially rewarding to beat them out for the third place spot.



Haldane Blue Devil Ellis Osterfeld finishes strong in the Northern Counties 5k at Bowdoin Park on Friday Oct. 30. Haldane boys took 3rd place overall in this competitive event.

Photos by Peter Farrell

On the girls' side, Haldane was once again lead by Ruby McEwen, the captain, who finished eighth in the race, running a 20:58, which earned her the only Haldane girls medal. Ruby is an excellent runner. In addition to being physically tough, it is her mental toughness that makes her a champion.

Ruby was followed by Olivia McDermott, who ran a season's best 23:23, Heather Winne at 23:44 was next, also running her best time this season, followed by Wylie Thornquist at 24:43, Abbey Stowell at

24:46, and Meghan Ferri at 25:26. All the girls ran their best full 5k times.

They are peaking at the right time. With a full squad next week, we should have four girls running 23 minutes or faster. I don't recall that ever happening before.

This Saturday, Nov. 7, both teams return to Bowdoin Park for the Section 1 Championship, where the boys will go for their eighth consecutive section championship and the girls will try to make it seven out of eight. The boys run at 11:30 with the girls running at 1:30.



Marina Martin's 4 goals lead the Lady Blue Devils to a 6-2 victory over Solomon Schechter in the Class C Sectional Championship on Friday, Oct. 30 at Arlington High School.

Haldane Girls Varsity Soccer Advances in Playoffs

The Lady Blue Devils played in the Class C Sectional Championship at Arlington on Friday, Oct. 30, where Marina Martin led her Haldane teammates to victory by scoring four goals in the decisive 6-2 win over Solomon Schechter. The team then headed off to Middletown on Tuesday, Nov. 3, where they beat Seward 4-1 in the Class C Regional Semi-Finals. Leading the scoring for Haldane with two goals each were Marina Martin and Bailey McColium. Next up for the Lady Blue Devils is a trip to Long Island on Saturday, Nov. 7, where they will take on Port Jefferson in the Section One Regional Final.

Boat Club Building Razed

Coal tar cleanup will last until spring

By Michael Turton

The removal of coal tar from the soil beneath the Cold Spring Boat Club is underway. Watermark, the company contracted by the New York State Department of Environmental Conservation (DEC) to excavate and remove the toxic byproduct of a manufactured gas plant that operated on the site in the late 19th and early 20th centuries, began demolition of the clubhouse on Nov 2. By the next morning, the building was gone.

Watermark will excavate much of the site to a depth of 10 to 12 feet in order to remove pockets of the black-brown, viscous substance, which is known to be carcinogenic. Most of the digging will take place where the building stood and in the parking lot to the east. Testing will determine what needs to be removed from the lot west of where the building stood.



Work crews began demolition of the Cold Spring Boat Club building on Nov. 2, the first step in a process to clean up coal tar on the property.

Photo by Michael Turton

Cold Spring Mayor Dave Merandy said residents living west of the Metro North tracks have been contacted and invited to be added to an email list the Village will use to keep them informed. DEC representatives also have also gone door to door to discuss the project. Merandy said he plans to meet with Watermark and DEC within the week and that a public meeting to review the project will be held soon after that.

The excavation will be tented to con-

tain airborne pollutants and reduce dust and noise. Trucks will have to cross the Metro North Railway bridge to remove the excavated material for disposal. Concerns were raised about the structural integrity of the bridge at a number of public meetings and, as a precaution, only tri-axle trucks will be permitted.

A spokesman for the DEC indicated that work at the site is expected to be "substantially complete" by Apr. 1.

The Cold Spring Boat Club, established

in 1955, leases the site from the Village of Cold Spring, which owns the property. The club vacated the premises at the end of August. The lease, which has nine years remaining, has been set aside for the duration of the cleanup.

There are more than 200 coal tar sites across New York; the estimated cost to clean them up runs into the billions of dollars. Despite being a known carcinogen, coal tar is used to seal driveways, treat skin disease and as an ingredient in shampoo.






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A view of Storm King

Photo by Bennett Goldberg



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Autumn Photofest

Above, left,
Lusk Reservoir
at West Point
*(Photo by Mary Ann
Ebner)*

above, right,
Undercliff Trail
*(Photo by Heather
Candon)*

at right, Pig Hill
Inn *(Photo by Sarah
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