I and Judith Kepner Rose were appointed.

Dave Marion began at 6 p.m. and ended at 6:03.

During that brief span Dave Marion began at 6 p.m. and ended at 6:03.

Village Planning Board Members Appointed

Two of three members who resigned are replaced

By Michael Turton

In a meeting that lasted less than five minutes, Cold Spring Mayor Dave Merandy replaced two of three members of the Cold Spring Planning Board who resigned last week. The special meeting of the Village Board on Tuesday (Nov. 17) began at 6 p.m. and ended at 6:03. During that brief span Dave Marion and Judith Kepner Rose were appointed. One spot remains unfilled.

Marion is owner and president of Full Spectrum Construction Services, a Cold Spring-based company. For several years up until 2013 he served as a senior construction engineer with the Metro-North Railroad.

Kepner Rose is a senior manager with NeighborhoodWorks, a nonprofit organization that supports affordable housing though a network of more than 200 community development organizations nationwide. She is also a ceramic artist.

On Nov. 10, Barney Mollay, James Pergamo and Kenton Dean resigned from the Planning Board, citing disagreement over the appointment of former village Trustee Matt Francisco as chair and concerns over how the Butterfield development project was being handled by the Merandy administration.

“I think it’s going to be a very strong board,” Merandy said of the appointments. “Work will continue without a pause.”

Trustees Michael Bowman and Catherine Padde did not attend Tuesday’s meeting. The appointments were approved by separate 3-0 votes by Merandy and Trustees Marie Early and Fran Murphy.

Main Street tour looks at lighting needs

After Tuesday’s meeting, Early and Murphy walked (Continued on Page 3)

Thinking About Aging and the End

New York considers assisted suicide law

By Kevin E. Foley

Ask most people about how they would prefer to die and they will say, quietly at home, asleep, surrounded by loved ones. A hundred years ago there was great likelihood that would occur. Today, under current medical approaches, three out of four of us are destined to end our lives in an institutional setting connected to the latest life-extending technology while receiving a complex cocktail of medication.

A consideration of aging properly includes the end of life and issues such as quality of life, personal relationships and challenges to core values and beliefs. As medicine finds ways to preserve life, but not defeat death, a question arises whether an individual patient facing a terminal diagnosis has the right to say he or she has had enough of life-extending efforts and wishes to end treatment and die.

After some notable court decisions in the last few decades, patients already have the right to have life-supporting machines unplugged despite the likelihood they will die as a result. In the next session of the New York State Legislature, Assemblywoman Sandy Galef, a Democrat whose district includes Philipstown, will likely have to cast a vote on the proposed End of Life Options Act. If enacted, the law would provide New York residents the right to request medication from a doctor to end one’s life at a time of the person’s own choosing when faced with a terminal illness.

Four states, including California, have followed Oregon in establishing this option (to “die with dignity”) and the rules under which it can happen. Polls consistently show that a majority of Americans favor this kind of a law.

Describing the issue as very emotional, Galef organized a forum with both policy advocates and neutral voices to discuss the matter a few weeks ago. The meeting drew hundreds to the Cortlandt Town Hall in Westchester. Galef let her invited panel do most of the talking.

“There has been a revolution in the way we die,” said Dr. Mildred Solomon, CEO of The Hastings Center in Garrison, which focuses on the study of ethics and science. “For thousands of years humans died of infectious diseases and injuries from accidents. Medicine really improved beginning in the 1960s giving us the ability to forestall death. We now principally die from chronic illness after a period of frailty.”

Solomon described modern medical technology as capable of preserving us longer but not capable of undoing chronic illness. It therefore creates burdens as well as the benefits of longer life. She said it is important to develop a consensus on the use of medical technology, which continues to advance, because it is replacing our notions of fate or the power of a higher being as an explanation for our situation.

After discussing what is permissible under current law (namely, the withdrawal of technology from our bodies), Solomon asked: “What about people who are not directly dependent on technology to live? Do they have the right to undertake dying?” She mentioned a
For all its warmth, silky smashed pumpkin, mildly spiced and tucked into a flaky crust, might as well be classified as a health food. No matter how plentiful the turkey and Brussels sprouts, there’s always room for a velvety slice topped with whipped cream or served a la mode. Few Thanksgiving desserts manage to keep in the fresh produce and freezer sections. If you’re cooking for one or two, a bag of berries goes a long way, but if you’re feeding the neighborhood, stock a supply to last the rest of the year. For those with a true cranberry crush ... Beacon Natural Market is offering their own fresh organic cranberry sauce spiked with orange and a medley of spices.

To modify my own holiday menu, I’ve adapted a pumpkin bar recipe with the fresh berries and chia seeds. When I set out to include the seeds, I didn’t intend to create a superfood to overshadow the pie. I unexpectedly found myself with a surplus of fresh cranberries on the doorstep — in a box from Amazon. One of my kids received a birthday gift from family friends and when the gift-giver closed out his online shopping cart, the gift and a 2-pound bag of cranberries were on the way to our address. Once discovered, there was no chance of redirecting the seeds to their rightful recipient, a master when it comes to blending morning smoothies with yogurt, fruit and chia seeds. Beacon Natural Market carries a selection of chia products ranging from vacuum-packed seeds to miniature single-serving packets in seed and ground form.

With their healthy reputation, I couldn’t bear to let the seeds age on the kitchen counter, and they’ve been making their way into brownies and biscuits. When cranberry seeds sit in liquid for a short time, the combination thickens and takes on a gelatinous form that folds into batters just as naturally as eggs, with a much lower dose of fat and cholesterol. “With chia coming into prominence,” Kitty Sherpa said, “for things like baking, as an egg replacer, it’s a great way to use it. And it has such a mild flavor that it’s almost a hidden ingredient.” It may take more time for chia seeds to land on the average shopping list and pumpkin bars could never replace pumpkin pie, but cranberries — packed with their own nutritional benefits — remind us to count our blessings, sweet and savory.

Chia seeds boast a long list of nutritional benefits and healthy goodness.

Cranberry Pumpkin Chia Bars

Yield: 3 dozen bars

1 ½ cups flour
1 cup sugar
1 teaspoon baking soda
½ teaspoon salt
1 κύπερ smashed pumpkin (use sweet sugar pie pumpkins or canned pumpkin)
3 cups fresh cranberries, rinsed and dried
½ cup butterscotch chips
1 ¾ cups flour
1 ½ cup canola oil
½ cup cane sugar
¼ cup buttermilk
1 teaspoon vanilla extract
2 tablespoons chia seeds
2 cups water
3 cups fresh cranberries
½ cup vanilla extract
½ cup butter
2 tablespoons chia seeds
*½ cup sugar
*

Choose a 3- to 4-pound sugar pie pumpkin. Cut pumpkin in half and remove seeds (save seeds for roasting). Place split pumpkin on baking sheet and bake at 350 degrees for 45 minutes. Cool. Scoop out pumpkin and mash or puree. Choose a 3- to 4-pound sugar pie pumpkin. Cut pumpkin in half and remove seeds (save seeds for roasting). Place split pumpkin on baking sheet and bake at 350 degrees for 45 minutes. Cool. Scoop out pumpkin and mash or puree.

In a small bowl, add water to chia seeds. Let stand 10 minutes and stir. Seeds and water will take on a gelatinous consistency. In a large bowl, mix flour, sugar, baking soda and salt. In another bowl, combine chia seed mixture, pumpkin, oil, buttermilk and vanilla. Add to flour mixture, stirring just until moistened. Fold in fresh cranberries and butterscotch chips. Pour into a greased jelly roll baking pan or cookie sheet. Bake at 350 degrees for 30 minutes or until the surface bounces back from touch. Cool completely and cut into single-serving bars.

*In place of chia seeds and water, substitute two beaten eggs.
Village Planning Board Members Appointed (from Page 1)

Main Street with a number of village merchants to discuss lighting improvements along Cold Spring’s main business corridor. The federally funded $970,000 Main Street Project, which will get underway in late winter or early spring after some 10 years of planning, will include lighting upgrades as well as sidewalk and drainage improvements. The village will pay about $200,000 of the project cost.

On the tour, Murphy explained that the Main Street Project will replace existing, outdated light fixtures with LED technology, which produces better quality illumination while consuming less energy. Eleven poles along the street will remain until when the project is complete, although Murphy said the village is working with Central Hudson to provide more lighting if it proves necessary.

Next week, she said, two malfunctioning older lights will be replaced with LED fixtures, providing an opportunity to assess the impact of the new system. Murphy plans to present a report on Main Street lighting at next week’s Village Board meeting. “We are more on the same page than people realized,” she said after the tour.

Tax revenue won’t be a cash cow

At the Nov. 10 board meeting, during the public comment period, former Trustee Airinhos Serradas read an op-ed piece he wrote, published recently in the PCNR. In it, he observed that three imminent land-use changes will have a beneficial impact on the village tax base: the redevelopment of the Butterfield Hospital site, the proposed sale of five acres of Scenic Hudson-owned land known as the Campbell property as a residential lot, and the sale of the VFW Hall formerly owned by the Town of Philipstown.

Serradas estimated the Butterfield project will produce $100,000 in property tax revenue for Cold Spring while the Campbell property and former VFW Hall will produce $25,000 and $11,000 annually. He suggested this new revenue would reduce taxes paid by residents and fund initiatives such as sidewalk repair, burying electrical lines and the purchase of Big Belly trash bins.

In an interview with The Paper, Village of Cold Spring Accountant Ellen Mageean agreed with Serradas that the pending land-use changes will provide some relief for local taxpayers because they will increase the total assessed value of property within the village, which in turn will mean a lower tax rate. “The more ratables you have, the better it is for taxpayers,” she said.

But she pointed out that the new taxes will not mean any significant increase in funds available to the village for capital projects. Mageean explained that the total taxes levied in 2014-15, $1,543,011, will essentially stay the same for 2015-16 and for the foreseeable future and that spending cannot increase beyond what is permitted under the state-imposed tax cap. Last year, she said the village was allowed a 1.72 percent increase in the total tax levy. “There may be a small bump in the tax levy next year,” because of the three land-use changes, she said. “But it won’t be a lot of money.”

Mageean plans to present a report on the anticipated effect of the new property taxes at the next monthly meeting of the Village Board.

Smooth parking

Paving of the municipal parking lot on Fair Street was completed on Wednesday, Nov. 18. Parking spaces must be delineated before the lot is reopened and the village is deciding whether to install parking meters.

A crew worked on paving the public lot this week. Photo by M. Turton

Groombridge Games

165 Main Street · Cold Spring · Tel. (845) 809-5614
open Noon to 9pm, wed-sun · facebook.com/groombridgegames

WEIGHTLY EVENTS @ GROOMBRIDGE GAMES

FRIDAYS, 6pm: FRIDAY NIGHT MAGIC
SATURDAYS, 6pm: SATURDAY NIGHT DRAFTS
THURSDAYS, 6pm: OPEN GAME NIGHT
SUNDAYS AT 4pm: MTG, XBOX & WII U TOURNAMENTS


Depot Docs:

Village Planning Board Members Appointed (from Page 1)

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Depot Docs:
Perfect time to step up for Haldane Board

It was with some regret that I announced my resignation from the Haldane Board of Education recently. I say that because serving on the board for the past four years has been a hugely rewarding experience and there’s a lot I’m going to miss. I’ve had a chance to build relationships with my fellow board members, the school’s administrative team, the faculty and the staff. I’ve had a chance to make what is hopefully a positive contribution to the local community.

It even helped me get a job, as my school board leadership credentials impressed the educational technology startup company I ended up working for.

The board is seeking someone to fill my seat until the next election. It is seeking someone who’d like to serve beyond the appointed term and who would therefore run for election in May. If you’ve thought about serving on the board but have been put off by the election process, here’s an opportunity to make a positive impression during the appointment period and enjoy the advantages of incumbency during the election.

This is an especially important time for Haldane. The district is embarking on an ambitious five-year plan to reshape instruction in a way that engages students deeply so they develop the skills they’ll need to compete effectively in the global economy and make a positive contribution to society. At the same time, the tax cap and the recognition that school taxes present a great burden to many within the community imposes financial constraints on what’s possible. So the board is seeking someone to help find an appropriate balance and guide the district through a challenging time.

There is no profile for the perfect board candidate. It’s a tough job that requires a lot of work for no pay. There are always plenty of excuses to sit back and let someone else do the job, or to say you might do it, but just not now. There is no perfect time, so I urge anyone who cares about the school and feels they could make a positive contribution to seriously consider submitting a letter of interest to the district clerk.

Peter Henderson

Cold Spring

Land conservation measure needs support

In February the U.S. House of Representatives voted in favor of the American Gives More Act by a super-majority of 67 percent, which included a key incentive for land conservation. In true bipartisan fashion, Congressmen Chris Gibson, R, and Sean Patrick Maloney, D, voted in support of the bill.

Sens. Dean Heller, R-Nev., and Debbie Stabenow, D-Mich., introduced the legislation to the Senate (S.330), and Sen. Charles Schumer, D-N.Y., joined the growing bipartisan coalition of co-sponsors over the summer. Recently, Senate Finance Committee Chair Orrin Hatch, R-Utah, and Senate Republican Conference leader John Thune, R-S.D., stated that they are open to including permanent provisions within a larger package reinstating all of the currently-expired tax incentives for donations. Among these is a key incentive for land conservation, which makes the tax system fairer by allowing working farmers, as well as landowners with modest incomes, to realize more of the value of the tax deduction.

Land conservation is good for everyone. The scenic landscapes of the Hudson Valley bring economic benefit to local communities through outdoor recreation and tourism, and support job growth. Open space also sustains the region’s quality of life by protecting natural resources including safe drinking water.

I urge your readers to contact Sen. Kirsten Gillibrand and ask her to support voluntary land conservation by co-sponsoring S.330. I also encourage them to thank Sen. Schumer and Congressmen Gibson and Maloney for their strong support of this important tax incentive.

Andy Chmar, Executive Director
Hudson Highlands Land Trust

Visit www.philipstown.info for news updates and latest information.

NOTICE FOR CLAIMS AGAINST THE GARRISON FIRE PROTECTION DISTRICT OF THE TOWN OF PHILIPSTOWN

IN FURTHERANCE OF THE Town of Philipstown duty to wind down the affairs of the Garrison Fire Protection District of the Town of Philipstown, which district was ordered dissolved by Resolution of the Town Board of the Town of Philipstown made on November 5, 2015 following a Public Hearing, which dissolution shall be effective upon the formation of the Garrison Fire District and the formation of such Fire District is condition precedent to the within dissolution, NOTICE IS HEREBY GIVEN, requiring all claims against the said dissipolving Garrison Fire Protection District of the Town of Philipstown, excluding any of its outstanding securities, shall be filed with the Town Clerk of the Town of Philipstown within three months of the date of this Notice and all claims not so filed shall be forever barred, pursuant to General Municipal Law 78(7)(2).

NOVEMBER 5, 2015
TINA M. MERANDO, TOWN CLERK, TOWN OF PHILIPSTOWN

POSITION AVAILABLE

The Town of Philipstown has part-time positions available for a Conservation Board Secretary, Zoning Board Secretary and the Code Enforcement Deputy Clerk. Anyone interested should submit their resume to:

RICHARD SHEA, SUPERVISOR
TOWN OF PHILIPSTOWN
238 MAIN STREET, P.O. BOX 155
COLD SPRING, NEW YORK 10516
Thinking About Aging and the End

On one hand, you have people who want to die and have the option to die. On the other hand, you have someone who has a moral duty to keep that person alive. So you have these competing moral obligations, and no life support law has been able to resolve this moral dilemma.

Dignity is preserved when people can die with dignity. The idea of assisted suicide is a morally neutral act after a long history of medical procedures. It is not an act of suicide, but an act of managing life's end. It's something that is needed to escape unnecessary suffering.

The medical profession has a duty to protect life, to promote health, and to relieve suffering. Assisted suicide is a morally neutral act that is needed to escape unnecessary suffering.
Binnacle Books Opens in Beacon
Pointing the way to great reading

by Brian PJ Cronin

I

If there were any doubts in Kate Ryan’s mind that Beaconites were desperate for a book store, they were quelled two weeks ago. Ryan, along with partners Annmarie Nye and Corey Eastwood, opened Binnacle Books last weekend in Beacon. But it was only a few days before opening, when the trio took down the tarp covering the front window, that word began to spread as to what was in the storefront previously occupied by a hair salon at 321 Main St.

“People were hanging the door down,” Ryan recalls. “Or they’d just come right in. We’d all be standing here with tarps on the floor and half-built bookshelves, explaining that we’re clearly not open yet. And people would say, ‘Well, hurry up!’”

Even now, an hour before opening on a sleepy Monday morning, a steady stream of would-be customers could be found interrupting Ryan’s conversation to knock on the front window or even let themselves in. “It’s very urban, but it feels small. The main street feels like a community, but it’s not a homogenous community. It doesn’t feel isolated from the areas around it. There’s interesting stuff going on here.”

Binnacle aims to be part of that “interesting stuff.” All of the store’s shelves were custom built to be pushed out of the way to accommodate readings, performances, and film screenings that will be projected on the storefront window. Through these events, Ryan and her partners are hoping that Binnacle can become an important part of the thriving cultural scene that drew them to Beacon in the first place, instead of a harbinger of the kind of gentrification that pushed them out of New York City.

“We’re trying to listen to what all members of the community are interested in,” she said. “We’ve already gotten an enthusiastic response about our foreign-language section, so we’re planning some foreign-language readings. We’re always thinking about what’s happened down in the city, where changes have happened. When those changes work, what’s making them work? I think it works when people know what they want in their community and make that happen.”

The immediate response to Binnacle Books has certainly shown that Beacon wants a bookstore in their community. Even in the age of e-readers and Amazon Prime, Binnacle’s enthusiastic reception proves that independent bookstores still have a vital role to play.

“We’re at a moment where people can do anything they want without leaving their house,” said Ryan. “But what we’re realizing now is: We don’t want that. We want physical experiences, we want social experiences. And part of what I love about bookstores is that they’re such an important ‘third place,’” a term coined by urban sociologist Ray Oldenberg to describe public places where people gather outside of home or work, such as parks, cafes, houses of worship and bookstores.

“No that people are free to choose the terms of their social engagement, people are actively choosing that third place,” she said. “That’s exciting.”

For now, Binnacle’s stock consists of about 80 percent used books and 20 percent new books, so shoppers can simultaneously refresh their Marilynne Robinson collections while picking up the new Lucky Peach cookbook or the latest in Elena Ferrante’s series of Neapolitan novels. The store is also looking to purchase used books, with an emphasis on the store’s core categories of literary fiction, literary non-fiction, art books, science and nature, drama, cooking, and cultural studies. They’re also filling out their black-studies section, queer-studies section and what Ryan describes as “an awesome kid’s section.” While the store will accept some genre fiction, Ryan says they’ll continue to be somewhat selective since the store’s stock is carefully curated.

Indeed, a curious shopper scanning the impressive collection spread out on those wooden, movable shelves might wonder where all these used books came from. For now, Binnacle’s stock consists of books. All three met in New York City and have worked in various bookstores. Eastwood, who hail’s from the Hudson Valley, continues to own other bookstores in New York City and Madrid.

Binnacle’s owners

Corey Eastwood, one of Binnacle’s owners

Photo by Michael Berlin

Above, Kate Ryan, who, along with Eastwood and Annmarie Nye, owns Binnacle Books in Beacon

Photo by B. Cronin

Hudson Beach Glass
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Open daily 10AM - 6PM, Sunday 11AM - 6PM
www.hudsonbeachglass.com

Give Thanks For Jazz

November 21, 2015 at 5:30 PM
JAZZ VESPERS with Noted Artists

JOHN STOWELL, Guitar and SYLVIA CUENCA, Drums

and featuring Bob Scheps (Tenor Sax/Flute), Cameron Brown (Bass), and Tom McCoy (Piano)

First Presbyterian Church of Philipstown
10 Academy Street, Cold Spring

(Wash up Main Street, turn right at first street past light)

Wine and Cheese Reception to Follow

-Donations for Artists Gratefully Accepted-
Peekskill Project 6 Fills Waterfront with Art

Sculptures capture the light, the imagination, and the eye

By Amy Lipton

With contributions from 57 local and international artists, Peekskill Project 6 has filled the city’s waterfront with public art. Organized by the Hudson Valley Center for Contemporary Art with its works selected by a committee of nine artists and curators, the exhibit continues through Dec. 31.

Launched in 2004, the exhibit is designed to bring contemporary art out of the museum and into the community, specifically into spaces not normally used to present art, using the city as a stage.

The works include site-specific exhibitions, sculpture, photography, video, performances and workshops presented in locations that include empty industrial buildings, storefronts, parks and private homes, as well as the HVCCA. Each artist spent a week in Peekskill to explore and learn about its social, geographic and cultural history as inspiration.

A recent addition to the project is by the Dutch-Icelandic artist Olafur Eliasson, who lives in Berlin. His mesmerizing piece, Your Repepetitive View, plays with landscape, light and perception. Inside a shipping container lined with mirrors one sees a kaleidoscopic expanse of illusion. Looking in one window and out through another, viewers see the surrounding expanse of sky and river, tree and human, framed and repeated many times over. This piece sits at the waterfront park near the Peekskill train station.

Nearby in the same park is Solar Finn (2015), by Mark Andreas, a large kinetic sculpture made of cedar, ash, steel and solar.

(Continued on Page 10)

Sacred Space: A Sanctuary for Healing

Beacon practice is devoted to elements of nature

By Alison Rooney

Donna Brickwood’s Sacred Space is found on Beacon’s Main Street, but her real sacred space is outdoors, anywhere in the natural world. Her overall umbrella of healing arts includes many facets of her training: wilderness survival, Eastern philosophy, martial arts, massage therapy, myofascial release, cranial-sacral work, essential oil therapy and nature awareness, all in service of promoting a “healthy lifestyle of balance, well-being, and the interconnectedness to all things,” she says.

Prompted by a thought, years ago, from a martial arts teacher: “If you know how to hurt someone, you should know how to heal them,” Brickwood’s studio, which has been open for about six years, is devoted to understanding energy, something she herself was drawn to, partially because of the mystery.

At Sacred Space, Brickwood offers individual and group sessions, meditations and workshops and guest practitioners. She also conducts many workshops outdoors. A licensed massage therapist for 14 years, she says that often her therapeutic massages are a gateway to other holistic therapies. “I’m very fortunate; a lot of people come in and afterwards say ‘do what you feel you’d like to do.’ Then I can be more open with healing techniques. I try to be respectful, knowing the boundaries.”

Brickwood was raised in Cornwall, in a home where her parents encouraged her to “find my relationship with nature and spirituality, though for the most part it is something I came to on my own.” Her Korean mother exposed her to Asian traditions and culture; her father’s family line. “I always had a deep connection to nature; a reverence for the deep beauty of it and how the elements made me feel: the radiance of the sun, the wind on a mountaintop … I bring people out on nature adventures — yoga hikes, stand-up paddle boarding out on the river. Really, my love is teaching people about their own awareness and how we’re rooted to the earth. That part is usually missing in their healing. If they’re connected to nature, that can spark their core being.”

Brickwood’s own connections to nature were strengthened during her time at Tom Brown Jr.’s Tracker School (trackerschool.com/) when she was in her early 20s. A description on the school’s website reads: “If you want to be ‘one’ with the Earth it is not enough to just have good survival skills, but to strive for a more rounded combination of philosophy and skills … tracking, nature observation, and awareness…”

“I went deep into the training,” Brickwood recalls, “and lived in the woods for three to four years; I was in a tent for most of.”

(Continued on Page 11)
FRIDAY, NOVEMBER 20

Pizza Night and Ice Cream Social
4 – 8 p.m., North Highlands Firehouse
504 Fishkill Road, Cold Spring
For take-out, call 845-265-9595

Holiday Pottery Show & Sale (Opening)
5 – 7 p.m. Garrison Art Center
23 Garrison’s Landing, Garrison
845-424-3967 | garrisonartcenter.org

Double Dose of Alice
5:30 p.m. Walt Disney’s Alice in Wonderland (1951)
7 p.m. Tim Burton’s Alice in Wonderland (2010)
Butterfield Library | 10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

Women’s Sip and Shop
6 – 9 p.m., Dutchess Manor
203 Route 9D, Beacon
beaconchamber.org

International Film Night: Shanghai Pride
(China, 1995)
7 p.m., The Beacon Theatre
445 Main St., Beacon
845-453-2978 | thebeacontheatre.org

Class Action plus Veterans Charity Auction
9 p.m. The Hudson Room
23 South Division St., Beacon
914-788-3663 | Hudsonrooom.com

SATURDAY, NOVEMBER 21

Deer Hunting Season Opens
dec.ny.gov/outdoor/65323.html

Harvest Sale
9 a.m. – Noon, St. Philip’s Church
1105 Route 9D, Garrison
845-424-3571 | stphilipsghild.org

Family Music Hootenanny
10 a.m. Beacon Music Factory
629 Route 52, Beacon
845-765-0472 | beaconmusicfactory.com

Harvest Sale
10 a.m. – 2 p.m. First Presbyterian Church
10 Academy St., Cold Spring
845-265-3220 | firstpresbycoldspring.org

SUNDAY, NOVEMBER 22

Holiday Pottery Show & Sale
10 a.m. – 5 p.m. Garrison Art Center
See details under Friday.

Hudson Valley Wine & Chocolate Festival
11 a.m. – 5 p.m. Ramada Center | 35 Market St., Poughkeepsie
845-473-2072 | hardonhotel.com

C’mon Beacon, Let’s Dance
8 p.m., Howland Cultural Center
477 Main St., Beacon
845-831-1134 | beaconlibrary.org

SUNDAY, NOVEMBER 22

Holiday Pottery Show & Sale
10 a.m. – 5 p.m. Garrison Art Center
See details under Friday.

The Facts of the Fiction: Plotting the Modern Thriller
3 p.m. Winter Hill | 20 Nazareth Way, Garrison
thrillertalk.knowpapercliplets.org
Sponsored by Philipstown Info & The Paper
Mid Hudson Animal Aid Benefit
3:30 – 6:30 p.m. Powelton Club
29 Balmville Road, Newburgh
midhudsonanimalaid.org

Quartet Plays Beethoven, Brahms
4 p.m. Chapel Restoration
45 Market St., Beacon
845-938-5537 | chapelrestoration.org

NY Alert
For the latest updates on weather-related or other emergencies, sign up at www.mayert.com.

TUESDAY, NOVEMBER 24

Holiday Pottery Show & Sale
10 a.m. – 5 p.m., Garrison Art Center
See details under Friday.

The Saint Who Became Santa (Talk)
6 p.m., Howland Public Library
313 Main St., Beacon
845-831-1134 | beaconhistorical.org

Zumba (First Session)
8 p.m., Philipstown Community Center
107 Glenys Rd, Garrison
845-424-4618 | philipstownrecreation.com

WEDNESDAY, NOVEMBER 25

Leaf and yard debris curbside pickup (Cold Spring)
Batterfield Library closed
Holiday Pottery Show & Sale
10 a.m. – 5 p.m., Garrison Art Center
See details under Friday.

Recreation Commission
7 p.m., Philipstown Community Center
107 Glenys Rd, Garrison
845-265-3611 | coldspringny.gov

Thanksgiving Vigil Service
7 p.m. St. Mary’s Episcopal Church
1 Chestnut St., Cold Spring
845-266-2539 | stmaryscoldspring.org

GeorgeClinton & Parliament Funkadelic
8 p.m. Paramount Hudson Valley
1008 Beekman St., Peekskill
914-739-0039 | paramounthudsonvalley.com

THURSDAY, NOVEMBER 26

Thanksgiving Day
Local libraries closed
Holiday Pottery Show & Sale
10 a.m. – 5 p.m., Garrison Art Center
See details under Friday.

Army vs. Arkansas-Pine Bluff (Men’s Basketball)
7:30 p.m. Christ Arena, West Point
845-938-2526 | goarmywestpoint.com

In Our Soul’s Name (Documentary, 2015)
7:30 p.m. First Presbyterian Church
50 Liberty St., Beacon
info@moviesthatmatterbeacon.org

Siam Allen Band
8:30 p.m. Towns Crier Cafe
370 Main St., Beacon
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2015 HOLIDAY POTTERY show & sale November 20–29
Nov 20 Member Preview Opening Sale, 12–5pm
Nov 20 Opening party for everyone, 5–7pm

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WINTER HILL
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Christmas Carols led by
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panels. This elegant but confounding work moves in a continuum of different states. It works in a reactive relationship with weather and natural forces. Solar Finn uses solar panels to collect energy used to power a pump, which cycles water between an inner and outer reservoir to be distributed throughout the sculpture. Whether the cycled water has some environmental benefit to the surrounding earth and landscape is unanswered but the work provocatively raises the question. Molly Haslund, from Denmark, has placed 1000 Wooden Balls in different formations outdoors of a temporary factory site at 150 N. Water St. She continues to move the balls throughout the duration of the project. Haslund has also created a large-scale wooden compass for another ongoing performance work in which she carries the compass around Peekskill and uses it to make chalk marks on the streets—a choreography project in public space. Peekskill artist Peter Bynum has filled 10 inset stone archway spaces under Route 9 with vinyl canvases that reflect natural biformic forms. Titled Life, these images have been reproduced from Bynum’s studio paintings where he uses the medium to create patterns of branching architecture, letting the paint itself become nature. It’s a great use of space and highlights a piece of infrastructure that might be otherwise overlooked.

Dustina Sherbine’s The Red Record is a multi-site installation made of piles of oyster shells scattered along the waterfront, under a stairwell at 190 N. Water St., at the Bruised Apple Bookstore, and on the streets of Peekskill. The oysters, a once native river species, might be otherwise overlooked. The Finnish artist Megan Snowe, who lives in Philadelphia, spent time collecting stories and objects from Peekskill residents about their “endings” to make her installation piece titled The End (2015). The piece has a ghostlike, dreamy quality conjuring the past but reflecting possibilities for the future. Anomaly no. 2 (meteorite) by collaborative team Really Large Numbers (Julia Oldham and Chad Stayrook) is a mixed-media sculpture in which the artists examine the events of “the Peekskill meteor,” which fell onto a parked car in October 1992. Using scientific and mystical methods as well as humor, Really Large Numbers recreates the calamity. Italian artist Andrea Mastrovito also created a compelling installation that references a local historic event. The Peekskill Evening Stars is a haunting projected animation inside a dark abandoned building. It was inspired by The Peekskill Evening Star, which ran inflammatory editorials that fueled the Peekskill riots in 1949. The graphic video shows four men shooting toward the ceiling and then at the ceiling. The shooting stops and the ceiling silently depicts the disposition of constellations that could be seen from Peekskill on Aug. 27, 1949, the day the riots began. Smoke Gets in Your Eyes by New York City artist Elana Herzog was inspired by a white domestic wood stove she found abandoned in an empty factory. Herzog’s installation around the stove is comprised of patterns created with carpet remnants, pieces of old wooden flooring and printed textiles. This labor intensive yet playful installation is about “domesticity and work” but is at the same time a meditation on the past, time, change and things left behind.

James Mulvaney, a Peekskill artist and one of the curators of the project, created a piece with painted lumber titled Stack. It juxtaposes the image of the standard wooden pallet with the lumber used in framing a building, in which he designed a series of wooden parts that mimic the function and feel of both a pallet segment and a building modular. Stack is intended to be a monument as well as an anti-monument to Peekskill’s present development and history as a transit hub. Robert Brush, of Beacon, suspended a stark white neon sign that glows with the words En Plein Air. Brush’s language speaks to the original Hudson River School painters and their mystical inspiration by the air, light and landscape. In much of the artwork in Peekskill Project 6 one can feel vestiges of this enduring inspiration. For more information, including a map, visit peekskillproject6.org. HVCCA, at 1701 Main St., is open 11 a.m. to 5 p.m. on Friday and noon to 6 p.m. on Saturday and Sunday. The North Water Street industrial sites are open from noon to 6 p.m. on Saturdays and Sundays (phone 914-788-0100 for information). The last of a series of discussions on public art, Taking Up Space: The Archive, the Aftermath and the Curator as Storyteller, will take place at HVCCA on Saturday, Dec. 5.
a year, including overwintering, and it was there I became connected to a deeper sense of learning, living closer to the earth’s ancient skills.”

Brickwood set up her studio with a specific intention, bringing in the four main elements of nature: earth, air, wind and fire. People coming to the studio, whether it be through massage, a need for other physical healing, or simply by signing up for a hike, range from those very familiar with the practices to those never before exposed. What’s important is not that people accept or understand everything she puts forward, but that there is a curiosity about it.

Others come to Sacred Space for help with physical ailments, and that’s where myofascial release (MFR) comes in. In Brickwood’s description, MFR is “based on the connective tissue of the body. Whether it’s chronic issue, injury, trauma, stress or dehydration, the fascia almost dries up.

When fascia is healthy it’s viscous and fluid and energy and water move through easily. When restricted it gets tight and gluesy and binds down and the body can feel like it’s in a strait-jacket. In MFR work there is holding for lengths of time, using opposing forces to allow the tissue to release, working on both a tissue layer and on a deeper layer — it really goes down to a cellular level, and it’s a re-education of the body.”

If Brickwood feels a massage client might be receptive, “I explain to them there are tools to open things up. This gives me the liberty to work on an area or a problem. You can see a difference really quickly. A lot of people wait forever to deal with pain.”

Cranio-sacral therapy, on the other hand, is like working with the hydraulic system, Brickwood explains, calling it a “gentle manipulation of the spine and cranial bone. Tuning into the rhythms of the cranial system and central nervous systems. The cranial bones are not fused. They breathe and can be manipulated.” A typical client has headaches, hip pain, spinal issues or balance problems. “It’s like connecting to a very tangible harmonic in the body, you can feel waves in the body and the body does the healing naturally — you’re a guide if the body allows it to happen.”

Other therapies Brickwood is trained in include Reiki, Integrated Energy Therapy, Shamanic Therapy and Violet Alchemy. She also works a lot with essential oils. Of course, many clients have no idea what might work best for them. “Whether a person comes in with a specific intention, seeking counsel or maybe overcoming a challenge, we talk, and I decide what type of therapy after tapping into the energetics,” she said. “Everyone is different. There might be a part of ourselves that we don’t want to confront. I pick up intuitive impressions.”

The idea of Sacred Space came to Brickwood about nine years ago, when she was at the Tracker School. “A big part of being there was to identify my mission in life. Being in a sacred environment, you receive waves in the body and the body does an essential formulation. When I approach anything here, it’s with that reverence.”

Sacred Space is located at 436 Main St., Beacon. For more information, visit sksacredspace.com or call 845-762-8494.
Garrison Institute Names New Director

Chris Marblo was president of Arts Center in Troy

The Garrison Institute this month hired a new executive director, Chris Marblo, who most recently had been president of the Arts Center in Troy, New York, which served some 40,000 people a year with classes, exhibits, and programs in the arts and creativity. During his tenure, the center added new programs, including a series on creative thinking, and boosted class revenue and individual giving.

Marblo also had headed The Town School in New York City, where he launched a creative thinking program and innovation lab and led an endowment campaign that raised $9.3 million. His other experience includes serving as head of The Kent School in Maryland and head of the middle schools at the Haverford School in suburban Philadelphia and The Albany Academy in Albany.

"The board unanimously chose Chris as the right leader for our new, transformative decade," said Board Chair Diana Rohr. Marblo also composes and releases ambient electronic music, which, he says, “in a real way, is part of my contemplative practice.”

Garrison Art Center Opens Pottery Show

Holiday tradition continues through Nov. 29

Following a members-only preview, the Garrison Art Center opens its annual holiday pottery sale to the public from 5 to 7 p.m. on Friday, Nov. 20. The show and sale continue daily (except for Thanksgiving Day), from 10 a.m. to 5 p.m. through Sunday, Nov. 29.

"The sale in 2016 featured more than 30 regional ceramic artists along with a few jewelers and other artisans," the Art Center noted in its announcement at garisonartcenter.org. “Pottery ranges from the whimsical to the highly sophisticated and includes sculptural works as well as some items for children. Back again are the ever-popular handmade soaps and exquisite paper goods along with other creatively unique items.” Proceeds from the sale benefit the artists and the Art Center’s education programming.

Hidden Treasures in Your Attic?

Astor Galleries will hold appraisal day on Dec. 5

Astor Galleries of Cold Spring will host an antique and collectibles appraisal day from 10 a.m. to 5 p.m. on Saturday, Dec. 5, at St. Mary’s Episcopal Church in Cold Spring. Specialists will be on hand to offer verbal appraisals on fine art, coins, photography and cameras, toys and dolls, watches and clocks, musical instruments, scientific instruments, books, historical documents, fine jewelry, silver, hunting items, military items, clothing and accessories, textiles and rugs, country items and Chinese and Japanese antiques.

The firm has been holding appraisal days in the Hudson Valley “because many of our local clients have had negative experiences trying to sell items via an estate, tag or yard sale,” explained owner Stephen Cardile. “They often found that a predatory type of buyer or dealer would show up searching only for the items that were seriously undervalued and looking to take advantage of their lack of knowledge.”

The event proceeds benefit the local organizations that host them and “are our way of giving back to the community,” he said. “We have come across some amazing discoveries at them.”

No appointment is necessary. A donation of $10 is requested per item or $25 for three items. Appraisers also are available for house calls, or those interested can submit photos via the $10 appraisal tab at astorgalleries.com. For more information, call 800-784-7876 or email Stephen Cardile at stephen@astorgalleries.com. St. Mary’s is located at the corner of Main Street and Route 9D (Chestnut Street).

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Community Briefs

Save Your Memories at Desmond-Fish

New system allows VHS-to-DVD transfers

The Desmond-Fish Library has purchased a family memory archiving station that can transfer home movies from VHS tapes and floppy disks to DVD or online storage. The service, which is offered on Saturdays, is free, but reservations are required. Call Pam or Jen at 845-424-3020. The service is not available for commercially produced, copyrighted material. The library is located at the intersection of Route 403 and Route 9D in Garrison.
Could You Drive Better?
Two-part class can reduce points, insurance

The Butterfield Library in Cold Spring will offer a two-part, six-hour defensive driving course that can help drivers reduce their insurance costs or points from their driving record. The first part of the course is scheduled for 6 to 9 p.m. on Monday, Nov. 30, and the second for the same time on Wednesday, Dec. 2. Both sessions are required.

The course, which will be taught by Jillian Kelly, costs $35. Phone Luanne Morse at 845-265-3040 to register.

Beacon
Historian to Speak on ‘Newburgh’s Talented Son’
Andrew Jackson Downing known for ‘Newburgh’s Talented Son.

Hudson Valley historian Matthew Colon will speak at 7 p.m. on Tuesday, Nov. 24, at the Beacon Historical Society, on Andrew Jackson Downing, the horticulturist, architect and writer who had a great influence on American culture in the mid-19th century with his books on landscape gardening and home design. Colon, who is director of the Historical Society of Newburgh Bay and the Highlands, will explore the career and life of “Newburgh’s talented son.”

The Beacon Historical Society meets on the fourth Tuesday of each month in January and February at the Howland Cultural Center at 477 Main St. For more information visit beaconhistorical.org.

Towne Crier to Host Variety Show Benefit
Performance will aid Beacon no-kill shelters

The Towne Crier in Beacon will host a holiday variety show at 1 p.m. on Saturday, Nov. 28, to benefit the no-kill Beacon Shelter Mid-Hudson Animal Aid and Rescue Foundation. This family-friendly performance will feature playwright Peter Uillian, Beacon Poet Laureate Tom O’Connell, the Beacon Players, Halley Knox, David Benez and RJ Storm and The Last Minute Soul Mates. Miss Vickie, owner of Miss Vickie’s Music, will host. There will also be gift basket drawings and door prizes.

A minimum donation of $15 is requested of anyone who wishes to attend. (Children under 6 are free). Tickets can be purchased online at townecrier.com. The Towne Crier is located at 379 Main St.

How St. Nicholas Became Santa
Historian to examine Dutch roots of tradition

Food historian Peter G. Rose will speak at 6 p.m. on Tuesday, Nov. 24, at the Howland Public Library on St. Nicholas, “the saint who became Santa.” Rose will touch on literature, religion, the fine arts and Dutch food as she describes the extraordinary story of St. Nicholas, who became Santa. A sampling of Dutch cookies will be provided.

Rose’s book, Delicious December: How the Dutch Brought Us Santa, Presents, and Treats, will be available for purchase and signing. A native of Utrecht, she is a past recipient of the Alice P. Kenney Award for research and writing on the Seventeenth Century in the Dutch Brought Us Santa, Childhood Pleasures: Dutch Children in the Seventeenth Century. To learn more, visit peterrose.com.

The Howland Public Library is located at 311 Main St. For more information, call 845-831-1134 or visit beaconlibrary.org.

Howland Library to Close for 10 Days
Bathroom and entrance upgrade

The Howland Public Library in Beacon will close for 10 days after Thanksgiving to remove asbestos from the front door area, the bathrooms and basement and upgrade its public restrooms. The construction project, set to begin Nov. 23, will be funded by a grant from the New York State Education Department.

The library will be closed from Friday, Nov. 27, through Sunday, Dec. 6. It will reopen at 9:30 a.m. on Monday, Dec. 7. The library will close again before the end of the year to install a new front entrance. While the library is closed, items can be returned to its outside book drop or any other library in the Mid-Hudson Library System. No fines will accumulate.

Beacon Library Offers Free Music Streaming
Friends pay for subscription to Freegal

The Howland Public Library has added free streaming music to its catalog, allowing cardholders to access more than 6 million songs from 28,000 labels. Cardholders also download three MP3 songs per week.

To access the service, known as Freegal, visit beaconlibrary.org. The service has free mobile apps that can be accessed on computers, phones, tablets, Roku, Xbox and Apple TV devices. In Cold Spring, the Butterfield Library also offers Freegal and allows patrons to check out Roku devices to stream movies. Visit beaconlibrary.org for info.

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Troublesome Tire Removed from Hudson River

A huge tractor tire that for years was mired in a shallow cove along the Hudson River just south of the Bear Mountain Bridge will no longer be an eyesore for Metro-North commuters from Beacon, Cold Spring, and Garrison. On Nov. 6, Riverkeeper, Metro-North and Sea Tow Central Hudson teamed up to haul the tire out of the mud and ship it for recycling. Special equipment was needed to extricate the 6-foot-wide tire, which weighed 1,800 pounds.

An 1,800-pound tire was removed from the Hudson near the Bear Mountain Bridge. Photo courtesy of Riverkeeper
Cross-Country Teams Finish in Top 10 at States

Edited by Peter Farrell

It was chilly and windy day on Saturday, Nov. 14, at Monroe-Woodbury High School, the site of the state public high school cross-country championships. The Haldane boys entered the meet with a legitimate chance to compete for their first Class D state title. “I knew going in it was going to come down to one of four teams: Haldane, Lake Placid, Maple Grove and Saquoit Valley,” said Coach Tom Locascio. “We have been building for nine years to get this opportunity.”

Run at 10:15 a.m. in front of a great crowd with a strong Haldane fan base, the first half mile played out with no surprises. All that would soon change. As the runners neared the end of Mile One, the expected order of finish was already in jeopardy. That was just the beginning of a tough day.

“Several of our runners were not placing as I had anticipated,” Locascio said. “I know what it takes to get to this meet, and for these kids to encounter difficulties made me feel for them. You work hard, run hundreds of miles and then to not have the opportunity to run your best is really sad.”

As it turned out, despite a slightly disappointing finish, the boys still finished fifth, a school best, including an individual ninth-place finish from Theo Henderson, who completed the 5,000-meter course in 17:07, a Haldane state meet record. He was followed by Adam Silhavy at 18:07, Kenneth McElroy at 18:46, Nick Farrell at 19:38; Andrew Gannon was the last scoring Haldane runner at 19:46. Ellis Osterfeld and Jonas Petkus finished in 20:05 and 20:11, respectively.

The girls raced at 12:30 p.m., the last competition of the day. “I didn’t know how we would do this year,” said Locascio. “All I knew was that my girls were running better each week and that their competition today would be fierce.”

Team Captain Ruby McEwen once again led the Haldane pack, finishing 31st in 21:07. Taylor Farrell was second for the Blue Devils in 21:45, and Olivia McDermott, with a strong final 400 meters, edged out Heather Winne for third. McDermott ran a 22:37 and Winne a 22:47. Abbey Stowell ran 23:57 and won the final scoring spot for the second week in a row.

“When we really need her, Abbey always runs her fastest times,” Locascio said. Rounding out the final seven, Wylie Thornquist ran 24:31 and Meghan Ferri ran a 24:42.

“The girls were so close to finishing fifth as the boys did,” Locascio said.

Haldane Senior Theo Henderson, with Coach Tom Locascio, finishes his Haldane Cross Country career with a Haldane record ninth-place finish in the New York State Class D Championships held at Monroe-Woodbury High School, Saturday, Nov. 14.

Lost Cat


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Pro Hockey Comes to Putnam
Black Knights and Sailors also take the ice
By Michael Turton
The Brewster Bulldogs’ entry into the six-team Federal Hockey League means that fans in Putnam County now have a local professional team to cheer for. The Bulldogs, Army’s Black Knights and a bumper crop of Haldane student-athletes skating for the Hendrick Hudson High School Sailors, give fans three brands of hockey to choose from during the just-underway 2015-16 season. The Federal Hockey League was launched in 2010 and, besides Brewster, includes teams in Danbury, Connecticut; Danville, Illinois; Port Huron, Michigan; Dayton, Ohio and Berlin, New Hampshire. Brewster’s first-year team also features a rookie coach, David Lun, who spent four seasons as a player in the Federal League before moving behind the bench. “Our players average 22 or 23 years of age and come from across the U.S. as well as from Canada and Russia,” he said. “We’re a hard-working, blue-collar team.” After four games, Brewster stands in fourth place, good enough to make the playoffs if they maintain that pace. Lun lists forwards Mike Zanella of Ithaca and John Scully, of Arlington Heights, Illinois, along with goalie James Robbins from Rockford, Ill., as early-season standouts. The Bulldogs will play a 56-game schedule with home games at the Brewster Ice Arena at 63 Fields Lane. Ticket prices are $15.75 for adults and $11 for children. The next home game is at 7:35 p.m. on Friday, Nov. 27. A full schedule and ticket information is online at brewsterbulldogsprohockey.com or call 845-302-0077.

The Black Knights
Army’s Black Knights, whose season began on Oct. 9, play 33 games, mostly against opponents from the Atlantic Hockey Conference. The team has a traditional rivalry with Air Force and hosts the Falcons at the Hollender Center at West Point for back-to-back games on Jan. 15 and 16. Although the Black Knight lineup includes 19 returning players, this year’s team has only five seniors. Its record as of Nov. 20 is one win (against Connecticut), two ties and five losses. The next home games are Friday, Nov. 20, and Saturday, Nov. 21, at 7:05 p.m., against Robert Morris, followed by a game on Dec. 5 against Sacred Heart University of Fairfield, Connecticut. Tickets, which cost $9 to $20, can be purchased at goarmywestpoint.com, by calling 1-877-849-2769 and at the West Point ticket office at Gate 3 of Michie Stadium.

Haldane’s Hockey Eight
Head Coach Mike Grean is big on this year’s Sailors, which combines players from Haldane and Hendrick Hudson high schools. “They’re hungry,” said Grean, who lives in Cold Spring. “They want to win. They want it bad.” That desire stems in large part from a successful 2014-15 season, during which the team reached the final four of the state championships for the first time. With a good crop of seniors and solid goal-tending, Grean said the goal is nothing short of the championship. This year’s Haldane skaters include seniors Daniel Hietmann and Anthony Percacciolo, juniors Michael Harmancin and James Sherman, sophomore Luke Junjulas and Joe Orza and freshmen Thomas Percacciolo and Vladimir Siria. The Sailors play a 20-game schedule with home games held at the Ice Time Sports Complex in Newburgh. The season gets underway on the road against Carmel High School on Friday, Nov. 27, at 8 p.m. at Brewster Arena. The first game at Ice Time is scheduled for 8 p.m. on Tuesday, Dec. 4, against Cross River’s John Jay High School.