

The HIGHLANDS Current



Backyard Theater
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OCTOBER 13, 2017

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Odell Punts on Shared Services

Dutchess submits plan, but Putnam declines, for now

By Chip Rowe

Gov. Andrew Cuomo would like the chief executives of New York's counties to think long and hard how to share services within their borders. In fact, as part of the passage of the 2018 state budget, he mandated it.

In September, Dutchess County Executive Marc Molinaro submitted a 59-page report, *Dutchess Together*, that outlined \$27 million in savings from 37 projects, including disbanding the Wappingers Falls police department.



In Putnam County, MaryEllen Odell said she would not produce a plan, at least not this year. The county executive told the Legislature on Aug. 1 that "severe time restraints" (the initiative was announced on April 10) made it "impractical and impossible to finalize a substantive and well-reasoned plan" but that one would be ready for 2018.

Anyway, she said, none of the town supervisors wanted to be involved; they were happy with the county's existing efforts.

The supervisors begged to differ.

Going it alone

The Shared Services Initiative required that county executives (excluding those in New York City) appoint a panel of local elected officials, hold at least three public hearings, and draft a plan with input from cities, towns, villages, school districts, fire departments, non-profits, unions and other interested groups.

The goal was to eliminate duplicate services, use bulk purchasing to get reduced rates and prices, share equipment and facilities and reduce administrative overhead.

If a county submitted a plan to the director of the New York Division of the Budget by Oct. 15, the state promised matching grants (Continued on Page 3)

Fighting Back the opioid Crisis

a special report

The Way Out: 'Where There is Life, There is Hope'

We know there's an opioid abuse problem. What can be done about it?

That is the question we began with three weeks ago. The crisis is complex, but many smart people are looking for ways out.

This has been a difficult series to assemble. It is built on the pain of those who have witnessed the destruction up close, and of those left behind with questions but few answers. Journalists often must report on people in pain and are not unaffected by it. But we also found plenty of good news, as new medicines arrive and as people and politicians awake to the suffering and money begins to flow.

As Susan Salomone of Drug Crisis in Our Backyard, who lost her son Justin to an overdose in 2012, says: "Where there is life, there is hope."

Every week and month and year brings progress. On Sept. 25,

for example, the state Office of Alcoholism and Substance Abuse Services (OASAS) opened the Onward Recovery Community and Outreach Center in Newburgh, which provides free support and services for addicts in treatment, as well as their families. It was funded for five years with \$1.75 million in state funds — your money, well spent. Among other initiatives, Gov. Andrew Cuomo has proposed two pilot recovery high schools for students dealing with substance abuse.

The most effective treatment so far appears to a combination of behavioral therapy and medical intervention with drugs such as Suboxone, which one study found could at least double a person's chances of staying clean for 18 months. At the same time, studies have found that only 10 percent of addicts receive specialized treatment, and four in 10 never seek help.

(Continued on Page 14)



Three patients at St. Christopher's Inn treatment center in Garrison — Anthony, Tristian and Steven — stand in front of an honor wall at the facility.

Photo by Anita Peltonen

Butterfield Developer Drops \$2.5 Million Federal Suit

Attorney: Guillaro still pursuing state claim

By Chip Rowe

The developer of the Butterfield Hospital site has withdrawn a \$2.5 million federal lawsuit he filed against the Village of Cold Spring alleging that Mayor Dave Merandy had illegally attempted to thwart the project.

Salvatore Ferlazzo, the Albany-based attorney who represents developer Paul Guillaro, said his client had instead decided to pursue his claim in state court, where in December he filed notice that he planned to sue the village for the same amount of damages.

Before suing a municipality in state court, notice must be filed with the New York State Court of Claims. The municipality is then allowed to question the plaintiff and sometimes will settle the case before a lawsuit is filed.

Guillaro has given a sworn statement to village attorneys, but Ferlazzo said the developer is now waiting for the village to respond to multiple Freedom of Information Law (FOIL) requests for documents before deciding whether to sue.

"We are evaluating our options," he said.

At a Village Board meeting on Oct. 10, Merandy said the dropping of the federal suit was "good news" but noted there has been "a lot of concern" in the community about pending lawsuits. Asked why he thought the (Continued on Page 6)



Developer Paul Guillaro

File photo

5 Five Questions: DIANA HENRIQUES

By Brian PJ Cronin

Diana Henriques is a veteran financial journalist and author of *A First-Class Catastrophe: The Road to Black Monday, the Worst Day in Wall Street History*. She will discuss the market crash of Oct. 19, 1987, and its lessons at 3 p.m. on Sunday, Oct. 22, at St. Mary's Parish House in Cold Spring to benefit *The Highlands Current*.

Why was Black Monday important?

It was incredibly instructive about the direction our financial systems were moving, which is to say, toward the world we're in right now. It gave us early warnings of how we needed to change our regulatory systems, our thinking about personal finance, our understanding of the role markets play and our understanding of what a market is. That should have changed, if we'd been paying attention.

What should have been done?

We needed to recognize the incredible gap between market reality and market regulation. We live in a marketplace dominated by giant, computer-driven investment strategies that surge from one asset class to another, without notice, and yet we still regulate the financial landscape as if it still consists of nice little silos. That was already a dangerous delusion by

the early 1980s.

Do we need a single regulatory body with authority over the market?

That's a citizen problem. Everyone who has an ATM card or a mortgage or a car loan depends on a functional system. What we should be fixated on is, if the market falls, is it going to fall apart? That's what almost happened after Black Monday, and it almost happened again in 2008. During that crisis, the shorthand we had for it in the newsroom was, "On what day will the ATMs go dark?"

The Dodd-Frank Act was passed in response to the 2008 crash, but you suggest it could hinder the response to future crises. How so?

In a drive to prevent bailouts, the crafters of Dodd-Frank created a rulebook. But even in 1987 there would not have been time for that. Today, with social media and 24/7 financial news, it's ludicrous to think you would have time for the act's deliberative procedural steps to rescue a failing firm.

Are bailouts a necessary part of the financial system?

You have two options: keep things small and quarantined, or monitor everything to prevent risks. What you cannot do is let



Diana Henriques

Photo by Fred Conrad

companies get so big they can bring the house down and then say that you won't rescue them. If you don't want to do bailouts, you have to dust off the antitrust statutes. Politically that's difficult. So you have to regulate big business to make sure that the risks they're taking are not going to bring down the system.

Visit highlandscurrent.com for news updates and latest information.

Central Hudson Asks to Raise Rates

Hearing in Newburgh on Oct. 16

Central Hudson has asked state regulators to let it raise rates on electricity and gas.

If approved, the plan would increase the average residential electricity bill by about \$4.19 per month, based on 560 kWh of usage at July prices, the company said. The average residential electric bill is \$112 per month, it said.

For natural gas heat, the increase would bump the average bill up \$5.54 per month, based on 69 ccf of usage and July prices, it said. The average residential natural gas bill is \$117 per month.

The utility says the increase would raise \$61 million to fund infrastructure and other improvements.

The state Public Service Commission will hear comments on the proposal on Monday, Oct. 16, at Newburgh Town Hall, 1496 Route 300. Information sessions will be held at 2 and 6 p.m. and hearings will be conducted at 3 and 7 p.m.

Comments also can be emailed by Oct. 20 referencing "Cases 17-E-0459, 17-G-0460 — Central Hudson Gas and Electric Rates" to secretary@dps.ny.gov.

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Odell Punts on Shared Services *(from Page 1)*

that equaled whatever savings it realized. Counties that waited would likely miss out on grants but could repeat the process in 2018.

The initiative was not universally popular. A number of counties, including Putnam, said they already had their own strategies in place to share services, and didn't need marching orders. They also noted that one of the reasons property taxes were high — the target of the Shared Services Initiative — was because of unfunded state mandates. Nevertheless, 50 of 57 county executives submitted draft plans to their legislatures for approval by the Aug. 1 deadline.

Odell held public meetings in May and June. She said she had reached out to the supervisors of the county's six towns and concluded that all were satisfied with its efforts at consolidation.

For that reason, Odell said, she recommended that the Legislature instead rely on a revived county Commission for Fiscal Vision and Accountability, which looks for ways to make infrastructure improvements, consolidate law-enforcement departments, achieve health insurance savings, and share garbage and recycling services, recreational facilities and programs, energy consumption and tax assessment resources.

"That's the route that Putnam went," she said in an interview.

Why not?

Odell said the governor's initiative was flawed, and based on the fallacy that county spending is the reason property taxes are higher in New York than other states, "which is incredibly absurd."

In a presentation at her first public hearing on the Shared Services Initiative, Odell noted that of every \$1 collected via property taxes, 71 cents goes to school districts and 9 cents to the county, while towns, villages, and fire districts account for the remaining 20 cents.

On Oct. 5, during a presentation of her draft 2018 budget, Odell said that 70 percent of county operating expenses are for unfunded mandates imposed by higher levels of government.

(In his shared services report, Dutchess



Putnam County Executive MaryEllen Odell at a "Stand Up for America" rally on Oct. 1 in Carmel. *Photo provided*

Executive Marc Molinaro described a similar situation in his county, in which "70 percent of net county costs are for mandated programs and services. The remaining 30 percent is 'optional spending,' including crucial government functions such as health and mental health services, sheriff road patrols, road repair, snow removal, public transportation, 911 dispatch, and senior services.")

School districts and fire districts can opt out of the state initiative, which Odell says she considers unfair because a school district's portion of a property tax bill far exceeds the county portion.

Odell said that Cuomo had backtracked on the promise of matching state grant money and that lawmakers learned at a meeting of the New York State Association of Counties that counties which execute a plan won't see any matching funds until 2019, because they will have to document the actual savings in 2018 and then file reports.

The concept of reducing redundant services is not new to Putnam, said Odell. There are already "hundreds of ways" the county is sharing services with municipalities and school districts through the School Resource Officer/Special Patrol Officer Program, the Putnam County

Emergency Response Team, shared facility space, shared highway maintenance routes, and proposed video teleconferencing appearances for inmates, among other projects, she said.

Supervisors respond

In an unusual joint statement issued Oct. 4, Richard Shea, the Philipstown town supervisor, along with the supervisors of Carmel, Kent, Patterson, Putnam Valley and Southeast, said they wanted to "set the record straight" on creating a shared services plan.

"We are very much interested in discussing how services between the towns and/or the county might be consolidated or shared to improve efficiency, or to reduce taxes," they wrote.

They said they agreed with Odell that the governor's initiative "left much to be desired" and that the root of the problem was that the State Legislature has "consistently refused to address mandate reform, tort reform, insurance reform or any of several areas that might ease the costs on local government."

"The governor must stop playing the blame game and begin showing leadership, working with local government to solve problems, not blaming us for the high property taxes, while the state is rigging the game against us."

However, they charged, Odell had made only a minimal effort. Establishment of the panel required by the initiative, which would have included the supervisors, "never occurred," they wrote. Further, "no meaningful attempt has ever been made to meet with the supervisors to discuss ways that services might be shared or consolidated. Instead the county went straight to holding the public hearings on a non-existent plan, hoping that one would be developed along the way."

In June, the supervisors sent a joint letter to Odell asking her to meet to discuss a plan. "That meeting never occurred," they wrote. "We also suggested that a more cautious approach be followed in order to develop a more comprehensive and well-

thought plan, believing that two months does not allow sufficient time to develop a plan which provides a full understanding of the potential cost savings, or how the plan may affect the quality of service to each of our respective municipalities.

"The county executive, in concurring with our opinion, sent our recommendation to the county Legislature. It is October, and we have still not heard from our county executive," the supervisors wrote.

They said they have continued to meet among themselves, with the goal of having a draft plan prepared by the 2018 deadline. "As we have no choice but to go it alone, this is the route that Putnam County's towns are pursuing," they wrote.

Several days before the supervisors issued their statement, Shea told *The Current* that "the reluctance on the part of the county executive to have a meeting with the supervisors is not helpful. Our legislator, Barbara Scuccimarra, has also not brought up the issue at a Town Board meeting during her reports. At least this would be a good start."

A village perspective

Nelsonville Mayor Bill O'Neill, who attended Odell's May 18 presentation on shared services, said he "didn't see a lot of interest" among others present. He said it made "absolutely" no difference to Nelsonville if the county declined to proceed.

"Theoretically, it makes a great deal of sense" to share services, O'Neill said, because it could reduce property taxes. But so far, he said, "there's no compelling argument," he said.

Nelsonville has a good relationship with the Philipstown Highway Department and the county highway department has also offered assistance, if needed and feasible, he said, while Odell herself has been "extremely supportive" of the village.

Meanwhile, the Philipstown Town Board has backed Nelsonville's efforts to find alternatives to a controversial cell tower proposal. Overall, O'Neill said, "I'm very happy with the level of cooperation we're getting" from other governments.

Holly Crocco and Liz Schevtchuk Armstrong contributed reporting.

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LETTERS TO THE EDITOR

Unpleasant welcome

Two weeks ago my husband and I had our things moved to what we expected would be a nice new apartment in Cold Spring. It was a "mother-in-law suite" near but not attached to the landlord's home. My husband went with the truck and I stayed in New Hampshire for work reasons. That was a Monday. On Tuesday the landlord saw my husband's "My God Loves LGBT!" button on his camera bag. He asked what it was about. My husband said he supports gay rights. The landlord asked if he was gay. My husband said, "Yes, I'm bisexual."

On Wednesday we were evicted because, according to the landlord, "it's unhealthy for my children to be around such people." We removed our belongings from the property and put them in storage. We are stunned that such a thing happened in Cold Spring. We are now

staying at a friend's home looking for a place to live.

Karen Gorst, *Cold Spring*

The editor responds: New York state law forbids landlords from discriminating against tenants on the basis of age, race, national origin, gender, marital status, disability, military status or sexual orientation. (There is one exception: rental units in two-family homes occupied by the owner are not subject to the law.) At the federal level, the Fair Housing Act protects renters from discrimination based on race, color, national origin, religion, gender, disability and the presence of children but not sexual orientation.

Stand up for the flag

As an elected official, County Executive MaryEllen Odell took an oath to uphold the Constitution, which means, among other words, "maintain, sustain, contin-

ue, preserve, protect, champion, defend" ("Two Sides to Every Symbol," Oct. 6). She has let us all down.

It doesn't matter if you agree or disagree that kneeling during the national anthem is an appropriate form of protest. Odell took an oath to protect our freedoms and laws, including free speech. What the protesters are doing by kneeling during the national anthem is constitutionally protected and legal, but what our county executive has done is take an official position and spend county funds in support of violating our laws and the U.S. of New York constitutions.

Everybody is entitled to their opinions, and to voice those opinions, but elected officials need to take the high ground and defend our freedoms, without exception, diminishment or qualification.

Kurt O'Hare, *Putnam Valley*

Getting help

I was in the area to visit Bannerman Castle when I picked up a copy of your newspaper in a corner café on Main Street in Beacon. I wanted to comment on your special report ("Fighting Back - The Opioid Crisis," Sept. 29).

On Long Island, there is a free, walk-in clinic, the Charles K. Post Addiction Treatment Center in West Brentwood, that accepts people no matter their ability to pay. A ride from a friend or relative or a Metro North/Amtrak connection to Long Island Railroad and cab are two ways to reach it.

Also, if a person is on Medicaid, he or she can be taken to a county hospital or teaching hospital. If there is an underlying mental health issue, a dual diagnosis program that treats both the addiction and mental illness is ideal and probably most effective. C.K. Post is one place.

Good luck and God bless all who suffer from addiction. I am beginning to believe



Taking it to the Street By Anita Peltonen

What have been your three most recent jobs?



"I've been here at Deb's [Hair Design] since March. I came from Romeo & Juliet, where I worked for 17 years under two owners."
~Mary Burns, Cold Spring



"I am a psychotherapist but previously was a dance therapist/social worker and a professor at Wesleyan University."
~Jane Wilson Cathcart, Philipstown



"I've been at Home Depot since March. I came from the Beacon recycling plant. And for years before that, I was a long-distance truck driver."
~Joshua Smith, Fishkill

LETTERS TO THE EDITOR (from previous page)

Letters to the Editor

We welcome letters to the editor, which can be emailed to editor@highlandscurrent.com or mailed to 161 Main St., Cold Spring, NY 10516. As with online comments, we ask that writers remain civil and avoid personal attacks. All letters are subject to editing for length, accuracy and clarity. The writer's full name, email and phone number must be included, although only the writer's name and village or city are published. We do not print anonymous letters or those written under pseudonyms.

addicted persons have no more control than do Alzheimer's patients or any other person affected with a brain disease.

The why-can't-you-just-stop or why-can't-you-remember attitude won't help or change anything. Someone ought to explain that to Richard Jones, the sheriff in Ohio who won't let his deputies carry the opioid antidote Narcan.

Gloria Schramm, *Bellmore*

Supreme Court race

Linda Murray, born and raised in Dutchess County, is the best choice for New York State Supreme Court Justice.

Linda is a wonderful, caring mother of two young children, Juliet and Sean, and devoted wife to her husband of 16 years, Richard.

Linda's lifelong local roots, strong community involvement and her passion for helping others are demonstrated by her volunteer efforts for the American Cancer Society's Relay for Life, Youth Soccer League and local recreation departments.

Linda is intelligent and trustworthy. Her work ethic and legal experience as an attorney in both the private and public practice is unmatched.

Linda's attention to detail and legal prowess while working as an assistant district attorney in the Queens County District Attorney's Office has earned her praise and accolades from her co-workers and superiors. Linda continues her passion for law and order today while serving as the principal court attorney in Poughkeepsie City Court.

Linda has been endorsed by the county executives in Dutchess, Putnam, Westchester, Orange and Rockland counties, which this judgeship covers. In addition, Linda has earned the nomination to be on the Republican, Conservative and Independent Party lines.

The smart and obvious choice is clear. Vote Linda Murray on Nov. 7 as our next Supreme Court justice.

Frank Michetti, *Pleasant Valley*

The Philipstown election

I am writing to express my support for Richard Shea for Philipstown supervisor and John Van Tassel and Mike Leonard for the Philipstown Town Board.

Each of these men works tirelessly to bring Philipstown admirable management and leadership.

I'm grateful to have a board that works together in the town's best interest, mindful that there are many different opinions about the problems that confront us.

They are knowledgeable, steady and committed. On Nov. 7, vote for Shea for supervisor and John Van Tassel and Mike

Leonard for Philipstown Town Board.

Lithgow Osborne, *Garrison*

When I decide who to vote for, I look for the candidate who possesses the values that I consider most important for public service. Among the qualities I look for are integrity, a genuine dedication for service, experience, knowledge of the job and of the issues, humanity and concern for the welfare of others.

The voters of Philipstown are fortunate to have candidates running that hit every one of those criteria — and more.

As our next Putnam County sheriff, Robert Langley will bring integrity, dedication to service and experience to an office where Putnam residents have been too long shortchanged.

Richard Shea, upon re-election as supervisor, will continue his long record of honesty, dedication and wisdom, as well as superb leadership.

Michael Leonard and John Van Tassel — two of the hardest working and most dedicated public servants I know — will continue to be part of what makes our Town Board and government the gold standard in Putnam County (and probably Dutchess and Westchester, as well!). Like Richard and Robert, both Michael and John are independent thinkers whose main focus is on serving their constituents, and serving them well.

Be sure to vote on Nov. 7. This isn't "only a local election" that you can afford to miss. Your day-to-day life is affected by our town and county leaders. And you are in a position to ensure the best are elected. Do it!

Margaret Yonco-Haines, *Garrison*

Having lived here for just two years, I recently went to my first meeting of the Philipstown Town Council. I was curious to see who our elected leaders were and what they were like.

I was pleased to find our local representatives to be a dedicated, hard-working and transparent group of people that works well together and is very approachable. How often can you say that about elected officials? Having met them and seen them in action, I'm voting to re-elect Richard Shea, John Van Tassel and Mike Leonard. We're truly lucky to have such high-quality representation.

Dan Willson, *Philipstown*

Defund Planned Parenthood

The signs I have seen around declaring, "I Support Planned Parenthood," should add, "whether I want to or not."

Many people see the movement to deny \$500 million in tax dollars given annually

by pliant politicians to Planned Parenthood, the nation's largest abortion chain, as a step in the right direction. Planned Parenthood gets this tax money under the guise of running women's health clinics, though the clinics don't even offer mammograms as many other community clinics do and for fewer tax dollars.

In reality, abortion, in all its violent forms, dismemberment by suction, scalding with saline solutions and piercing with scissor and knife, is its big business. It does about 325,000 abortions each year, charging on average more than \$500 for the "procedure."

The organization realizes even more money from abortions when the pieces are sold. Its president, Cecile Richards, who earns more than \$725,000 annually, declared in a letter to Congress in 2015 that its California affiliate "receives a modest reimbursement of \$60 per tissue specimen" — read, "body part" — and less in other states.

At the same time, she and her organization have been staunch defenders of late-term abortions, even partial-birth, have opposed fetal-pain legislation, as well as limits on sex-selection abortion, which falls heaviest on females, and have even opposed any requirement that first aid be given to children who survive botched abortions. This is not a life-friendly organization. Rather, it represents choice gone berserk. Nor is it family friendly. With hands deep in mom and dad's tax pocket, Planned

Photo
OF THE WEEK



By Michael Turton

He blamed the photographer.

High-resolution submissions welcome.
Email photos@highlandscurrent.com

Parenthood vehemently thwarts any right of parents to be informed of a minor daughter's impending abortion.

It's time to defund the infamy and take a huge step toward a kinder, gentler and less violent nation.

Dick Murphy, *Beacon*

NOTICE TO BIDDERS

TOWN OF PHILIPSTOWN HIGHWAY DEPARTMENT

Sealed proposals will be received by the undersigned Town Clerk of the Town of Philipstown at her office in the Town Hall, 238 Main Street, Cold Spring, New York 10516 until 2:00 pm on October 25, 2016 when the same will be publicly opened and read aloud for the sale to the Town of Philipstown of:

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Meeting the specifications of the Town of Philipstown Highway Department. Copies of the specifications may be obtained from the office of said Town Clerk at the above address. The right is reserved to reject any and all bids. All purchase contracts awarded pursuant to this notice shall be subject to the provisions of Section 103-A, 103-B and 103-D of the General Municipal Law.

DATED: October 11, 2017

TINA MERANDO
TOWN CLERK
TOWN OF PHILIPSTOWN

suit had been dropped, he said that the documents requested by Guillaro from the village had produced “no evidence” of wrongdoing because there was “nothing to find.”

Butterfield Realty filed the federal lawsuit a week before the March election, which saw Merandy win re-election by 23 votes after absentee ballots were counted. In language similar to that of the state notice, it alleged that he and the village violated Guillaro’s rights with a “a malicious and intentional campaign of harassment, usurpation of authority and other unlawful actions” during its review of the project.

Guillaro dropped the federal lawsuit on Sept. 18, with each party handling its own legal costs. That day had been the deadline set by Judge Nelson Román of the U.S. Court for the Southern District of New York for Butterfield Realty to file a response to the village’s earlier motion to dismiss.

During a Village Board meeting on March 16, the day after the federal suit was filed, Merandy said he and the village attorneys were confident that Cold Spring would prevail.

“I know where I was on this,” he said. “I know where the people in this office were, and the people that are implicated in this, and there is absolutely no truth in it. I’m sorry that it has to come to that ... that Mr. Guillaro feels that this is true. We’ll see where it goes. It’s unfortunate.”

The state notice of claim, filed on Dec. 5, charged that the village, Merandy, ex-



Cold Spring Mayor Dave Merandy

File photo

Trustee Stephanie Hawkins, and other unnamed officials intentionally delayed the project, for reasons not stated. Hawkins served on the Village Board from April 2013 through March 2015.

“The village’s continual demand to involve engineers, attorneys and other professionals in what had previously been handled in the village administratively by the building inspector and other village officials has delayed progress by over a year and caused an explosion of inappropriate expenses,” the state complaint read.

It also claimed Merandy “unlawfully assumed jurisdiction and interfered with the details of all aspects of the project ...

for the purpose of stopping, destroying, interfering with and/or harming the project without justification and for personal reasons.”

Merandy said at the March 16 Village Board meeting that Guillaro’s sworn statement was “probably five pages long and is very favorable to us.” In response to a FOIL request from *The Current* at the time, the village clerk said the mayor was referring to a letter to Merandy from a village lawyer, John Furst, and that the letter was shielded by attorney-client privilege. Furst repeated that assertion on Oct. 11.

The development of the 5.7-acre property on Route 9D in Cold Spring, now well underway, has a long, contentious his-

tory. In 2007, Cold Spring Village Board members complained they had not been informed of a deal by Hudson Valley Hospital to sell the Butterfield property to Guillaro for \$2 million.

The Planning Board approved Guillaro’s site plan in June 2015, however, the federal lawsuit claimed the village violated the developer’s rights by demanding a fresh review of the plan after he swapped the expected occupants of two buildings, the long-awaited county senior center and medical offices.

The senior center had been slated to occupy space in the new construction while the medical offices remained in the Lahey Pavilion. The medical offices have opened in the new building, and the senior center remains under construction at Lahey.

Guillaro described the switch as “a minor modification” because it did not alter the buildings’ footprints, height, parking needs or appearances.

Seamus Weir, an attorney representing the village, on May 19 asked Judge Román to toss the federal suit, arguing that Guillaro altered the site plan after the Planning Board had signed off on it and thus Butterfield Realty “no longer had an ‘approved’ site plan” and had been “required to have its revised site plan re-approved.... While the plaintiff may have been unhappy about the additional time and expenses required, such is the nature of any large-scale redevelopment project.”

Liz Schevetchuk Armstrong and Michael Turton contributed reporting.

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Devastated by Hurricane Irma

Former Garrison resident loses everything

By Michael Turton

A former Garrison resident is reaching out for help after Hurricane Irma destroyed her Florida.

Julie Marcinak, 22, was living in a "floating hotel" on Key Largo while she and a friend renovated a houseboat. As the forecast worsened during the week of Sept. 3, she moved all her possessions from the houseboat to the hotel, confident they would remain out of harm's way.

"The studio apartment was on the second floor of the hotel; I thought it would be safe from flooding," she said.

Flooding was not the problem. The floating hotel was torn apart by 150 mph winds. And the houseboat sank.

Marcinak obeyed an evacuation order and left the Keys on Sept. 7, two days before Irma struck. She packed, she said, "as though I was going out of town for the weekend."

She was among millions of Florida residents fleeing north. A six-hour drive to the state line took 11 hours as vehicles crawled along at 20 mph.

"I lost everything," she said. "It's like you've lost your whole life."



After losing everything to Hurricane Irma, Julie Marcinak has returned temporarily to the Highlands, where she grew up.

Photo by M. Turton

When she returned briefly to Key Largo, the floating hotel had been reduced to "a pile of splinters." Searching through the wreckage, she found one shoe, a swimsuit and little else. A bulletin board filled with her most important personal photos was destroyed. She lost the jewelry that her father, who was killed in 2008 during a robbery at his Garrison Garage, had given to her mother. Her class ring was gone, along with every stitch of clothing and all her furniture.



The floating hotel before ...

Now living in Highland Falls and working at a restaurant, she said she plans to return to Florida in January, when she hopes the tourism industry will have rebounded in the Keys.

Marcinak said she will be better prepared for the next hurricane. "I'm trying to buy a camper or RV," she said. "That way I can drive it away."

The Garrison Fire District pledged \$100 to kick off a GoFundMe campaign at go-fundme.com/hurricane.



and after

Photos provided

"All the News That's Fit to Print"

The New York Times

Late Edition
New York, Tuesday, October 20, 1987
High 50-60; Tonight, cloudy, breezy, showers likely. Low 31-33; Tomorrow, showers ending; High 50-60; Yesterday, High 56, low 48. Details on page 86.

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STOCKS PLUNGE 508 POINTS, A DROP OF 22.6%; 604 MILLION VOLUME NEARLY DOUBLES RECORD

U.S. Ships Shell Iran Installation In Gulf Reprisal

Offshore Target Termed a Base for Gunboats

By STEVEN V. ROBERTS
Special to The New York Times

WASHINGTON, Oct. 19 — United States naval forces struck back at Iran today for attacks on American-registered vessels and other Persian Gulf shipping by shelling two suspected offshore platforms that American officials said were a base for Iranian gunboats.

A few hours later, a naval commando detachment boarded a third platform five miles away and destroyed radar and communications equipment, Pentagon officials said.

No American casualties were reported in the actions, which occurred 120 miles east of Bahrain at about 5 P.M. (U.S.A. Eastern daylight time).

The Dow Jones industrial average, which has been surging up since August 1982, began a dramatic fall last week that continued through yesterday when it closed at 1,730.74. Shows: Weekly close of the Dow.

Dow's Record Fall
Yesterday's close was down 22.6 percent from Friday's close.

Worldwide Impact
Frenzied Trading Raises Fears of Recession — Tape 2 Hours Late

By LAWRENCE J. DI MARIA
Special to The New York Times

Stock market prices plunged in a tempestuous wave of selling yesterday, giving Wall Street its worst day in history and raising fears of a recession.

The Dow Jones industrial average, considered a benchmark of the market's health, plummeted a record 508 points, to 1,730.74, based on preliminary calculations. That is the steepest drop since Oct. 26, 1929, that along with the next day's 15.7 percent decline preceded the Great Depression.

Since hitting a record 2,850 1/8 on Aug. 26, the Dow has fallen almost 1,000 points, or 36 percent, putting the market's decline at 137.3 points below the level at which it started the year. With Friday's plunge of 508.30 points, the Dow has fallen more than 26 percent in the last two sessions.

Unprecedented Trading
Yesterday's frenzied trading on the New York Stock Exchange, which closed at 1,730.74, was the most active in the market's history since the crash of 1929.

Does 1987 Equal 1929?
By ERIC GELMAN
Special to The New York Times

As stock prices soared last year, a Moore, director of the Center for International Business Cycle Research at Columbia University.

"To be sure, there are some unsettling similarities between the current era and the pre-Depression years. Like the Roaring Twenties, the 1980's have seen enormous gains in the stock market."

The Highlands Current presents
THE LESSONS UNLEARNED
Diana B. Henriques, author of *A First-Class Catastrophe: The Road to Black Monday, the Worst Day in Wall Street History*, discusses the 30 years since that day, Oct. 19, 1987,
With Floyd Norris
Garrison resident, former New York Times financial columnist

Sunday, Oct. 22, 2017, at 3 p.m.
St. Mary's Parish House
1 Chestnut Street, Cold Spring, NY
\$50/person • Reception to follow.
Order tickets at lessons.brownpapertickets.com.
Diana Henriques, a former New York Times reporter, also wrote *The Wizard of Lies: Bernie Madoff and the Death of Trust* and appeared as herself in the Emmy-nominated HBO film of that name. See DianaBHenriques.com.

ELECT Robert L. Langley, Jr.

PUTNAM COUNTY SHERIFF

RETURNING INTEGRITY VOTE

Tuesday, November 7th

Paid for by Friends of Langley

Proposed County Budget Meets Tax Cap

Odell again points to challenges of state mandates

By Holly Crocco

Putnam County Executive MaryEllen Odell presented her sixth county budget Oct. 5 at the Putnam County Golf Course in Mahopac. She said it totals \$155.3 million, and meets the state-mandated property tax cap for 2018 of 1.84 percent with a net increase of \$2.3 million, or 1.5 percent spending increase, over the 2017 budget.

Under Odell's proposed budget, which must be reviewed and approved by the Legislature, a homeowner with a property assessed at the average of \$277,000 will pay \$22 more in county taxes, or \$984 annually.

The county's portion of a homeowner's tax bill is about 9 percent, which Odell said was the lowest county share of any tax bill in New York (the average is 21.5 percent). School districts make up 71 percent of the tax bill in Putnam, with towns accounting for 18.5 percent, she said, and villages and fire districts each taking up a little more than half a percent.



County Executive MaryEllen Odell makes a point during her budget presentation on Oct. 5 at the Putnam County Golf Course in Mahopac.

Photo provided

To balance the budget, Odell proposed using \$4.6 million from the general fund, leaving it with a "very healthy" \$12 million after adjustments when the current year ends, she said.

Odell said, as she has in the past, that a large portion of the county's expenses — 70 percent — are the result of programs that the state mandates but does not fund. She noted Early Intervention/Pre-Kindergarten as an example, saying it will cost the county \$9.6 million in 2018, an increase of \$753,000. With 363 students in the program, the cost per child is about \$54,000.

Another mandate with a high price tag is retiree health benefits, which cost the county \$5.1 million. "New York State Health Insurance Program rates have continued to rise significantly," Odell said.

In an effort to reduce this expense, the county executive proposed an alternative, voluntary plan for retirees on Medicare who use the state health insurance program. This would be a fully insured group retiree medical plan with group Medicare Part D coverage and a prescription plan. It could save the county \$160 per retiree, and as much as \$6,591 per family, according to

Odell. If 80 of the 336 eligible retirees opt for the program, it could save \$182,100, she said.

"That's real money," said Odell. "That helps us out a lot."

Odell boasted of the county's success in reducing its debt since 2011, when she took office. Between 2011 and 2017, long-term debt has been reduced 15 percent, from \$88 million to \$75 million, and short-term debt has been reduced from \$17.2 million to zero, she said.

This was achieved even with the county making improvements at Tilly Foster Farm and the Putnam County Golf Course, as well as ramping up highway services and purchasing vehicles, Odell said.

In addition, the budget reflects a \$2.4 million decrease in New York pension expenses because the county paid off its debt to the state through accelerated payments over the past four years. That saved taxpayers \$773,000 in interest, she said.

On the revenue side, Odell said she expects the county will collect \$58.5 million from sales tax in 2018, \$42.3 million from property taxes, and \$26.8 million from various departments, or a total of nearly \$128 million. State and federal reimbursements add about \$28 million.

Odell emphasized the importance of maintaining the extra 1 percent sales tax extension allowed by the state in years past, explaining that it is crucial to avoiding "layoffs, deep service cuts, and huge property tax increases."

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With support from Blue Devil Booster Club & Haldane Tennis Association

Solar Panels Inactive on Haldane Roof

District says installer had been unresponsive

By Lily Gordon

A large array of solar panels installed on the roof of Haldane Elementary School has not generated electricity for the district for nearly a year due to maintenance issues.

After a fire on the roof in December, Haldane staff quickly identified the source as one of 16 switches encased in boxes that are supposed to be waterproof.

The elementary school panels are the largest of three arrays installed on the roofs of district buildings in 2015 as part of an agreement with Monolith Solar. A total of 958 panels were installed at no cost to Haldane with a 20-year lease and were expected to save the district about \$21,000 annually in energy costs.

Soon after the fire, Mark Fobare, the founder and CEO of Monolith, told the board that it had been a “one-in-a-million situation,” comparable to a tire blowing out on a car. “Your car manufacturer didn’t really have any direct participation,” he said, “but I’m standing here and taking responsibility to make sure the system is safe.”



The Haldane project includes 958 rooftop solar panels.

File photo of Monolith Solar

By that time, water had seeped into another of the switch boxes. Superintendent Diana Bowers told Fobare that the district wanted a third-party inspector. The elementary school roof is the only one that uses those type of switch boxes switches, he said, and it was the first time his company had used “this particular configuration.” He said the boxes would be replaced.

The issue did not come up again until the board’s Oct. 3 meeting, when Bowers provided an update. She said water had eventually seeped into all 16 switches on the elementary school roof. The elementary school panels are not generating power,

although smaller arrays on the high school and bus garage are functioning.

“Our attorneys have been back and forth,” with Monolith, she said. “I’m sorry to say that that they have been almost unresponsive. A couple of weeks ago — when we gave them a deadline — there was a response.”

Bowers also noted she had told Monolith’s attorney that it might be time for the district to contact the New York State Energy Research & Development Authority (NYSERDA), which provided funding for the installation. Although the state Department of Education has told Mono-

lith to replace the faulty switches with ones from a different vendor, Bowers said “we are waiting for an agreement about annual inspections before we allow them to make changes and put the panels back into service.”

When reached by phone, Fobare would say only that the company was in contact with the district. “If the superintendent is going to follow the contractual agreements, I think we’re all set,” he said.

Visit highlandscurrent.com for news updates and latest information.



Andrew DeStefano
Captain, NYPD (ret.)

JLDeStefano@aol.com
www.andrewdestefano.net

“Team Smith” at the Putnam Board of Elections succeeded in unlawfully preventing a Republican primary to protect a failing, 16-year perennial incumbent.

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WRITE IN
ANDREW DESTEFANO
For Putnam County Sheriff
November 7th

Reel Life for Teens

Documentary club embraces reality

By Alison Rooney

It's exciting to watch kids discover how gripping a movie about real people living 'ordinary lives' — as opposed to wizards or superheroes — can be," observes Julie Shiroishi, a Beacon parent whose son has attended documentary screenings hosted by the Reel Life Film Club, which begins its second season on Oct. 20.

The club, geared towards students in the sixth through ninth grades but also open to older high school students, is guided by documentary filmmakers and aficionados who live in the Highlands. It is hosted by the three area libraries, Butterfield in Cold Spring, Desmond-Fish (DFL) in Garrison and Howland in Beacon.

The 2017-18 season opens at the Desmond-Fish with a screening of *Hamilton's America*, a look by PBS behind the scenes of the hit musical. The free monthly screenings, which each begin at 6 p.m., will rotate among the libraries on a Friday night each month through July, except in November and June. They are typically followed by discussion with someone involved in the production (live or by Skype).

Last year's screenings usually attract-

ed an audience of about 15 students. This year organizers and librarians are contacting teachers, promoting more on social media and extending the reach to Peekskill.

One organizer, Jackie Wlodarzack, a teacher at the Manitou School and a parent, said the club is designed to "encourage 'tweens to learn about people, events and places that are not part of their everyday experience and cultivate the personal responsibility that comes with sharing our planet with others."

At the club's September meeting, a list of potential films was discussed and debated. Even if a film is chosen, however, there is still the practical matter of getting permission to show it. For that, committee members often rely on documentary filmmakers such as David Gelber of Garrison (*Years of Living Dangerously*) and David Sampliner of Beacon (*My Own Man*).

Among other topics, this season's tentative schedule includes a look at slam poetry in a New York City high school; Philippe Petit's 1974 high-wire walk

between the Twin Towers; the pressures of high-level ballet competitions for teenage dancers; a 14-year-old girl's attempt to sail solo around the world; and an election for third-grade class monitor at a school in Wuhan, China.

"Documentaries find drama in quotidian lives and poetry and philosophy on the tongues of everyday, seem-

ingly unremarkable people, and that's how I understand the world, that the dramatic and beautiful and important is all right in front of us if we just care to look," says Sampliner. "That's why I think it's important to dangle them in front of kids as early as possible. I want them to see that movies don't have to be only about escaping reality."



A scene from *Hamilton's America*, a documentary that will be shown at the Desmond-Fish Library on Oct. 20 as part of the Reel Life Film Club. PBS

Reel Life Film Club Screenings

Oct. 20: <i>Hamilton's America</i> (DFL)	March 2: <i>Before the Flood</i> (Butterfield)
Dec. 1: <i>To Be Heard</i> (Howland)	April 6: <i>First Position</i> (Howland)
Jan. 5: <i>Man on Wire</i> (Butterfield)	May 4: <i>Maiden Trip</i> (DFL)
Feb. 2: <i>Wasteland</i> (DFL)	July 13: <i>Who'll Vote for Me?</i> (Butterfield)

By appointment at
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Marisa Merz
Giulio Paolini

Pino Pascali
Giuseppe Penone
Michelangelo Pistoletto
Remo Salvadori
Gilberto Zorio

MAGAZZINO
ITALIAN ART

The Calendar

Backyard Stage

Directors create a neighborhood theater — behind their house

By Brian PJ Cronin

Beacon's boom has brought with it many cultural amenities: a world-class museum, galleries, restaurants, cafés, coffee houses and old diners converted into Japanese restaurants/underground music clubs.

But what the city has been lacking, at least according to Jason Craig and Jessica Jelliffe, is a flexible, chicken-infested theater space for people who prefer their musicals to be as "stabby" as they are catchy.

Craig and Jelliffe, co-artistic directors of the experimental theater company Banana Bag & Bodice, have turned their backyard at 194 Fishkill Ave. into a theater, which opened this month with Thursday and Friday night performances of their musical *Sandwich*. Admission is free but since the backyard isn't that big (and the chickens need space), reservations are available at brownpapertickets.com/event/3092006.

"Years ago this show was our introduction to the New York City community, so it's the perfect show to use as our introduction to the Beacon community," Craig said a few days before opening

night on Oct. 5. "There's something approachable about this show. It's got a weird sense of humor but it's not very long, the songs are fun and catchy, it's very bright and kid-like."

Jelliffe interjected: "It's not necessarily for kids, though."

When *Sandwich* had its debut in New York City in 2005, *Time Out New York* advised: "Stab whom you have to for a ticket!" That gives you an idea of the quality of the show and its dark humor.

Craig and Jelliffe founded Banana Bag & Bodice in 1999 in San Francisco and have created a dozen original touring shows. Their best-known production is an adaptation called *Beowulf: A Thousand Years of Baggage*, will be restaged in 2018 at the Signature Theatre on 42nd Street. Like *Sandwich*, *Beowulf* is a collaboration with composer David Malloy, known for his Broadway hit *Natasha, Pierre & The Great Comet of 1812*.

Craig and Jelliffe moved to Beacon from New York City three years ago. "It had all of the things we were looking for," said Craig. "An artists' community, closeness to the city, mountains and the river. But we had no idea that so many



From left, Jason Craig, Jessica Jelliffe, Alex Harvey and Miranda Hardy at Banana Bag & Bodice's backyard theater space in Beacon

Photo by B. Cronin

people from the city had been moving up here."

While Beacon has its share of theater artists, the vast majority still perform in New York City. But performance space is expensive there. So last winter, they took one of their shows — an off-beat telling of the Nativity story created as a collaboration with Manhattan's Trinity Church — and performed it in their Beacon backyard.

"We figured, why not just perform it up here with anyone in town who wants to sing and dance?" said Craig. "It was a lot of fun."

Inspired, the couple built risers, extended the floor of their garage, convinced their lighting designer Miranda Hardy to visit from Portland, Oregon, to rig up a system and — most important — secured the blessings of

(Continued on page 23)

Collective Soul

At this Beacon gallery, the artists run the place

by Alison Rooney

Beacon is a tough sell," says Gary Jacketti, who owns the Beacon Artist Union gallery, known as bau.

Jacketti has been trying to shift that dynamic. Thankfully the gallery is a cooperative, and so sales are important to make artists happy but not vital to keeping the doors open. Instead, every member contributes financially and helps run the place, such as assisting with maintenance, marketing, bookkeeping, labeling, graphics and the website.

The gallery has been on the east end of Main Street for five years, after leaving a smaller space closer to Dia:Beacon. Jacketti, who teaches art for the U.S. Department of Defense, was living in Tokyo when he read a story in *Art in*



Gary Jacketti

Photo by A. Rooney

America about the debut of Dia and soon after happened to be offered a job at West Point.

When he arrived in town, Jacketti found space at Bulldog Studios, in the former Beacon High School building.

"That was quite an endeavor," he recalls. "Those studios never quite took flight, but it was there that I got to know



"Marry Me To The Sky II" by Richard Bruce, from *Selections From the Vault*

Image provided

so many artists and got the idea to open bau. The idea then and now is to promote art and the arts and to have a place for members to experiment and grow. We also wanted to be a platform for music

and theater."

When it opened in January 2004, the bau collective had six members. Artists have come and gone and returned over the years.

(Continued on page 22)

FRIDAY, OCT. 13

Dragonfly Story Hour for Adults
7 p.m. Garrison Art Center
23 Garrison's Landing, Garrison
845-265-3040 | butterfieldlibrary.org

Steady On: Celebrating Lilith Fair at 20
8:30 p.m. Towne Crier Café
379 Main St., Beacon
845-855-1300 | townecrier.com

SATURDAY, OCT. 14

Walk to End Alzheimer's
9 a.m. Walkway Over the Hudson
61 Parker Ave., Poughkeepsie
845-394-4952 | alz.org

Bring the Kids (Ages 4+)
9:30 a.m. Boscobel
1601 Route 9D, Garrison
845-265-3638 | boscobel.org

Plein Air Painting Group
9:30 a.m. – 12:30 p.m. Cold Spring Bandstand
845-424-3960 | garrisonartcenter.org

Family Music Hootenanny
10 a.m. Beacon Music Factory
333 Fishkill Ave., Beacon
845-765-0472 | beaconmusicfactory.com

HHLT Take-A-Hike: Tot Hike
10 a.m. Glenclyffe Trailhead, Garrison
845-424-3358 | hhlt.org

Thyra Heder (Children's Book Reading)
10:30 a.m. Binnacle Books
321 Main St., Beacon
845-838-6191 | binnaclebooks.com

4th Annual Halloween Parade and Festival
11 a.m. – 4 p.m. Mesier Park, Wappingers Falls

Community Day
11 a.m. – 6 p.m. Free admission
2:30 p.m. Talk on artist John Chamberlain
Dia:Beacon
3 Beekman St., Beacon
845-440-0100 | diabeacon.org

Army vs. Eastern Michigan (Football)
Noon, Michie Stadium, West Point
845-938-2526 | goarmysports.com

Family of Friends Harvest Luncheon
Noon – 4 p.m. Villa Borghese
70 Widmer Road, Wappingers Falls
845-831-9102

Fall Food Festival and Contest
1 – 5 p.m. Elks Lodge
900 Wolcott Ave., Beacon
beaconelks1493.com

Hudson Valley Climate Summit
1 – 5 p.m. Poughkeepsie Day School
260 Boardman Road, Poughkeepsie
poughkeepsieday.org/hudson-valley-climate-summit

Musical Round Robin
1 – 4 p.m. Howland Cultural Center
477 Main St., Beacon
845-831-4988 | howlandculturalcenter.org

Vessel Variations (Opening)
4 – 7 p.m. Peekskill Clay Studios
1000 N. Division St., Peekskill
914-739-2529 | peekskillclaystudios.com

History of Drinking Establishments (Talk)
5 p.m. Putnam History Museum
63 Chestnut St., Cold Spring
845-265-4010 | putnamhistorymuseum.org

Haldane Athletic Hall of Fame Induction
6 – 10 p.m. Dutchess Manor
263 Route 9, Beacon
haldaneschool.org/athletics

Calendar Highlights

For upcoming events visit highlandscurrent.com.
Send event listings to calendar@highlandscurrent.com

Session Americana (Music)
7:30 p.m. Chapel Restoration
45 Market St., Cold Spring
845-265-5537 | chapelrestoration.org

The Temptations and Four Tops
8 p.m. Mid-Hudson Civic Center
14 Civic Center Plaza, Poughkeepsie
845-454-5800 | midhudsonciviccenter.org

SECOND SATURDAY OPENINGS

Landscape Painter Gary Fifer
4 – 7 p.m. Bannerman Island Gallery
250 Main St., Beacon
845-416-8342 | bannermancastle.org

Group Show: Cat Art
5 – 7 p.m. Howland Public Library
313 Main St., Beacon
845-831-1134 | beaconlibrary.org
Benefits Mid-Hudson Animal Aid

Kathleen Andersen and Tom Chibbaro
5 – 9 p.m. Catalyst Gallery
137 Main St., Beacon
845-204-3844 | catalystgallery.com

Group Show: The Darkening Days
5 – 8 p.m. RiverWinds Gallery
172 Main St., Beacon
845-838-2880 | riverwindsgallery.com

Works by Anamario Hernandez
5 – 7 p.m. Inn and Spa at Beacon
151 Main St., Beacon
845-205-2900 | innspabeacon.com

Björn Meyer-Ebrecht: Fragments Remnants Leftovers
6 – 9 p.m. Matteawan Gallery
436 Main St., Beacon
845-440-7901 | matteawan.com

Group Show: Selections from the Vault
6 – 9 p.m. bau Gallery
506 Main St., Beacon
845-440-7584 | baugallery.com

Khara Gilvey: Lacuna
6 – 9 p.m. Hudson Beach Glass
162 Main St., Beacon
845-440-0068 | hudsonbeachglass.com

SUNDAY, OCT. 15

7th Annual Beacon Car Show
9 a.m. – 4 p.m. Main Street
845-242-0951 | dutchesscruisers.org

Animal Superstitions
10 a.m. Wildlife Education Center
25 Boulevard, Cornwall
845-534-7781 | hhn.org

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Fri., 10/13 8:30 p.m.
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Sat., 10/14 6:00 p.m.
Helen Avakian - Free

Sat., 10/14 8:30 p.m.
Commander Cody

Sun., 10/15 7:30 p.m.
Missy Raines & The New Hip Breakneck Boys

Wed., 10/18 7:30 p.m.
Evie Sands

Thurs., 10/19 7:30 p.m.
Iris DeMent

Fri., 10/20 7:00 p.m.
Boom Kat - Free

Fri., 10/20 8:30 p.m.
The Bobs Farewell Tour

Sat., 10/21 6:00 p.m.
Christopher Brown - Free

Sat., 10/21 8:30 p.m.
Back to the Garden 1969

Sun., 10/22 11:30 a.m.
Edukated Fleas - Free

Sun., 10/22 7:30 p.m.
Uncle Bonsai
Cliff Eberhardt

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Beacon Lions Luncheon
11:30 a.m. Outback Steakhouse
Route 9, Wappingers Falls
845-831-8721 | ckellybeacon@yahoo.com

Pumpkin Festival
Noon – 5 p.m. Seeger Park
1 Flynn Drive, Beacon
845-463-4660 | beaconsloopclub.org

Disney's Choo-Choo Soul with Genevieve
1 & 4 p.m. Paramount Hudson Valley
1008 Brown St., Peekskill
914-739-0039 | paramounthudsonvalley.com

Garden Dialogues: Modernist Milestones
1:30 p.m. Manitoga
584 Route 9D, Garrison
845-424-3812 | visitmanitoga.org

Beyond Bringing Down Monuments: Addressing Racial Inequalities
2 – 4 p.m. St. Philip's Parish House
1101 Route 9D, Garrison
ecologicalcitizens.org/convenings

Isis Kenney: Women Warriors (Opening)
5 – 7 p.m. Hudson Valley Center for Contemporary Art
1701 Main St., Peekskill
914-788-0100 | hvcca.org

Horror Shorts Vol. 3
7:30 p.m. Dogwood
47 E. Main St., Beacon
845-202-7500 | dogwoodbar.com

MONDAY, OCT. 16

Beacon City Council
7 p.m. City Hall Courtroom
1 Municipal Plaza, Beacon
845-838-5011 | cityofbeacon.org

Nelsonville Board of Trustees
7:30 p.m. Village Hall
258 Main St., Nelsonville
845-265-2500 | villageofnelsonville.org

Sports Booster Club
7:30 p.m. Haldane School
15 Craigsides Drive, Cold Spring
845-265-9254 | haldaneschool.org

TUESDAY, OCT. 17

Morning at the Museum (ages 2-5)
10 a.m. Putnam History Museum
See details under Saturday.

Haldane School Board
7 p.m. Haldane School (Music Room)
See details under Monday.

Are You Ready for an Electric Car? (Talk)
7:30 p.m. Cornwall Presbyterian
222 Hudson St., Cornwall
845-534-5506 | hhn.org

Meet the Beacon Candidates: Republicans
7:30 p.m. Howland Cultural Center
477 Main St., Beacon
845-765-3012 | howlandculturalcenter.org

WEDNESDAY, OCT. 18

Putnam County Flu Clinic
2 – 6:30 p.m. Garrison Fire Department
1616 Route 9, Garrison
putnamcountyny.com/health

Guided Tour: Autumn Color
5 p.m. Stonecrop Gardens
81 Stonecrop Lane, Cold Spring
845-265-2000 | stonecrop.org

Peppa Pig Live
6:30 p.m. Mid-Hudson Civic Center
See details under Saturday.

Citizens Climate Lobby Organizing Meeting

6:45 p.m. Beahive Beacon
291 Main St., Beacon
facebook.com/cclyny18

NY Firearm Laws Forum

7 p.m. Paladin Center
39 Seminary Hill Road, Carmel
RSVP to marilyn.PCFOA@gmail.com

Philipstown Budget Meeting (Fire & Ambulance)

7 p.m. Town Hall
238 Main St., Cold Spring
845-265-5200 | philipstown.com

Meet The Beacon Candidates: Democrats

7:30 p.m. Howland Cultural Center
See details under Tuesday.

The Waiters

8 p.m. Paramount Hudson Valley
See details under Sunday.

THURSDAY, OCT. 19**Common Ground Harvest Gala**

5 – 9 p.m. The Roundhouse
2 East Main St., Beacon
commongroundfarm.org

Women Veterans' Group

6 – 8 p.m. Cornerstone Building
Route 52 and Fair Street, Carmel
mhaputnam.org

FRIDAY, OCT. 20**Crop Shop Farm Stand**

4:45 – 6 p.m. Sargent Elementary
29 Education Dr., Beacon
cityofbeacon.org

Haunted Library

5 p.m. Butterfield Library
10 Morris Ave., Cold Spring
845-265-3040 | butterfieldlibrary.org

6th Annual Catoberfest

6 – 10 p.m. Hudson Valley Brewery
2 Churchill St., Beacon
catoberfest.brownpapertickets.com

David Freund: Gas Stop (Reception)

6 – 9 p.m. Antipodean Books
29 Garrison's Landing, Garrison
845-424-3867 | antipodean.com

Fellowship Supper

6 p.m. St. Mary's Church
1 Chestnut St., Cold Spring
845-265-2539 | stmaryscoldspring.org

Reel Life Film Club: Hamilton's America

6 p.m. Desmond-Fish Library
472 Route 403, Garrison
845-424-3020 | desmondfishlibrary.org

The Streamlined Antiquarian (Design Talk)

6:30 p.m. Boscobel
See details under Saturday.

Haunted House

7 – 10 p.m. Philipstown Recreation Center
107 Glenclyffe Drive, Garrison
845-424-4618 | philipstownrecreation.com

Cries from Syria (Documentary)

7:30 p.m. First Presbyterian Church
50 Liberty St., Beacon
moviesthatmatterbeacon.org

Howard Jones

8 p.m. Paramount Hudson Valley
See details under Sunday.

Highlands Current Selected for Matching Funds

News Match designed to assist nonprofit media

Three foundations that fund a grass-roots campaign for nonprofit news organizations have selected Highlands Current Inc., the publisher of *The Highlands Current*, to be among the more than 100 media firms to receive matching funds through Dec. 31.

The \$3 million collaboration between the Democracy Fund, the Knight Foundation and the MacArthur Foundation will match all donations of up to \$1,000 to Highlands Current Inc., up to a total of \$28,000. All gifts are tax-deductible to the extent provided by law.

Readers may contribute at newsmatch.org, although any donation by check sent to 161 Main St., Cold Spring, NY 10516 or by credit card at highlandscurrent.com/donate also qualifies.

"News Match comes at a time when journalists are facing a perfect storm of economic challenges and political attacks," said Josh Stearns of Democracy Fund. "A robust, independent press is essential to fostering an informed and engaged public and vital for a healthy democracy."

"People are increasingly looking to nonprofit news to fill their information needs," said Sue Cross, executive director of the Institute for Nonprofit News, of

News Match

Quality journalism matters.

which *Highlands Current Inc.* is a member. "We need to build an infrastructure that supports organizations that deliver fact-based, nonpartisan, accountable journalism."

Added Christine Bockelmann, chair of the board of Highlands Current Inc.: "Our readers recognize their stake in government decisions, in the environment and culture of their communities and in national issues with significant local impact. It is our goal to cover all with energy, insight and objectivity. The matching funds in this program will serve that mission."

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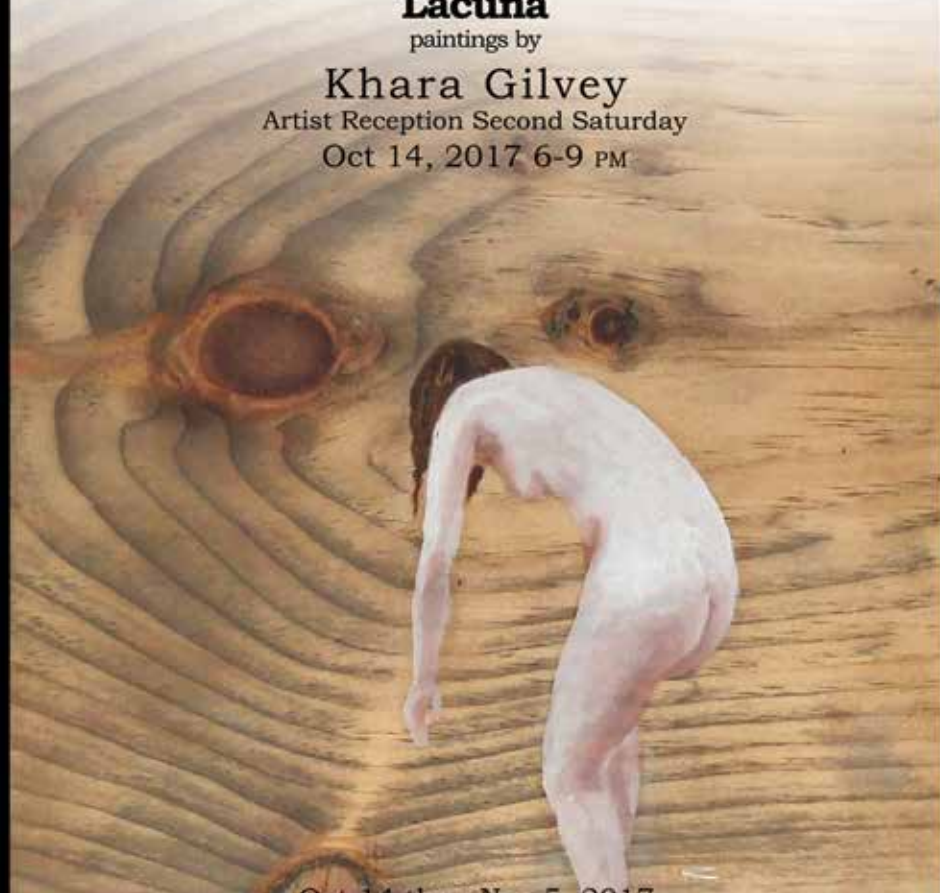
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The Way Out *(from Page 1)*

There is a plan. Last year, Cuomo assembled a 23-member Heroin and Opioid Task Force that included Salomone, Patrice Wallace-Moore of Arms Acre in Carmel and state Sen. Terrence Murphy, whose district includes eastern Putnam County. After a series of public hearings, it made 25 recommendations, including mandating addiction training for healthcare professionals; limiting first-time opioid prescriptions for acute pain from a 30-day supply to seven; expanding access to painkillers that are difficult to crush or dissolve; and eliminating the need for a patient to have prior authorization from an insurer for long-term in-patient treatment.

We asked a number of people for their ideas on what should take priority in this fight and were overwhelmed with the responses (below). Thank you to the counselors, doctors, parents and law-enforcement officials who spoke with us over the past few months — and a special thanks to those who shared their personal experiences fighting this demon. Always fighting.

Lena Petersen, of Cold Spring, is a nurse who treats homeless and jailed addicts in New York City.

Most in-patient, traditional drug treatment programs are a fast, sometimes sloppy approach to detox. They provide a relatively controlled environment where addicts can go through withdrawal. But after completing detox, individuals are thrown back into their communities and social networks where their addiction was formed. They are expected to avoid opioids while engaged in the environment that prompted their use.

A more successful approach is to engage individuals within the context of their home communities but keep them engaged in treatment through controlled "home detox." This eliminates the requirement that they isolate themselves from their natural environment and networks. This approach destigmatizes treatment and may even prompt others to seek help, as well.

Fighting Back the opioid Crisis

a special report



Lena Petersen

Photo by Anita Peltonen

David Poses, 41, has lived in Cold Spring since 2005.

Unless you've experienced addiction first-hand, it doesn't make sense. No junkie wants to be a junkie, but there's a terrifying chasm between "will" and "way": a hopelessness. In that regard, addiction is a disease, a terminal one. It is infectious and contagious, and no amount of guilt/shame/blame/denial/prayer will make it go away.

I started using heroin at age 16. I was in pain. Heroin didn't make me happy, but it sure as hell made me forget how miserable I was. That's what it does. It kills pain — and so much more.

At 19, I went through the conventional recovery process (rehab, halfway house, support groups). Though I don't begrudge the potency and potential of any of these programs, none worked for me. I spent the next decade lying to my friends and family, telling them I was clean. Even after long stretches of sobriety, I kept going back because the hole in my heart still needed to be filled.

Whatever pain heroin kills, it saves all that shit up and throws it back at you when you stop using. While I understand how some people might not be sympathetic to a junkie in withdrawal, the agony is no less real. The word *craving* is often misused to describe what a recovering addict experiences. *Craving* is what you feel on a hot summer day when you're in line at Moo Moo's. With dope, it's more need than want, like a bodily urge. It's an emergency, a feeling like

you're going to suffocate if you don't get dope in your system right now.

If I had to pick one area to prioritize in the opioid crisis, it'd be to treat the problem on an individual level at every stage — from the preventative messages we teach our children, to the recovery options we consider when an addict is ready to get help, to the resources we provide to parents, families and spouses. In this day and age, where every cup of coffee at Starbucks is custom-tailored, it makes sense to have an individualized approach to addiction.

Everyone in my life missed every red flag because there are no universal warning signs. A self-medicating addict like me will behave differently than an "escape artist" user. Because the allure of dope varies from person to person, no template for recovery is going to work for everyone. Many addicts would have a much better chance at recovery if treated as an individual, especially during the most vulnerable time, which is withdrawal and the stages immediately following.

As a country, we're in a reactive stance. We're scared and we're angry and we want solutions, but we don't know where to start. We're warming up to the idea that incarcerating addicts doesn't deal with the underlying problem, but we fear that treating addiction as a disease takes the onus off the user.

Public perception has changed. When I first started using, heroin was considered taboo and a major leap from "gateway" drugs. Oxy-

contin didn't exist. As opioid pain pills became more mainstream, casual users came to understand that heroin is to Vicodin as beer is to whisky — that is, branding and potency are the variables.

Unlike alcohol, however, which is legal and regulated, you never know what you're getting when you buy an illegal drug. You're never going to buy a can of beer with 4.2 percent alcohol content printed on the label and get grain alcohol. With heroin, there's no consistency, and no quality assurance. What barely got you high yesterday can kill you today. And you have no way of knowing. That kind of information would be helpful to a curious kid who hears "Just say no" and asks, "But why?"

If we truly want addicts to get well, our laws must reflect that desire and we must make more resources available.

In my experience, Suboxone was a lifesaver. I was lucky. Many addicts are unaware it exists. Many who do know don't have access to it. A partial opiate antagonist, Suboxone comes in form of a film you place on your tongue. The drug "sits" on your opiate receptors, tricking your brain into believing it has a steady supply of dope. You're not high, but you're not needing heroin, either.

Under federal law, Suboxone (buprenorphine) is a Schedule III controlled substance with high abuse potential. But it can't be abused. (I tried.) Suboxone has a ceiling. It also contains naloxone, which blocks opioids entirely.

The federal government limits the number of doctors who can prescribe Suboxone, and it limits the number of patients they can treat. Because of these restrictions, there is a black market for the drug. We need to eliminate the barriers to access, and addicts would learn first-hand that it won't get you high.

A tremendous amount of inertia must be overcome for an addict to take the first step toward recovery. In addition to the stigma of addiction, every addict has to contend with feelings of guilt and shame. If someone is making the effort to get clean, a safe, supportive, understanding family is going to yield better results than telling the addict how disappointed you are.

Everything above contributed to my recovery and continues to be vital in my ongoing effort to stay clean. Today, my life is beyond anything I could have imagined when I was on dope. I'm married to the most amazing

(Continued on next page)

woman in the world. We have two children whom I love in ways I never knew existed until I became a parent. I have a successful career. I'm happy; fulfilled. Mindful. Grateful. Not the kind of person you'd look at and imagine as a junkie. But I've been to hell and back. I'm not saying I'm right and anyone who disagrees with me is wrong. I'm saying this needs to be a conversation, not a template.

Rebecca Darman, 24, of Cold Spring, has lost eight friends to overdoses.

When I was in high school, Percocet was just becoming a thing at parties. I don't think people realized how addictive it is, how close to heroin it is. It starts out as a fun thing and they get sucked into it.

I just didn't know what to do about it.

Sometimes tough love is a good thing. You have to be willing to call out your friends. I never thought it was my place. I should have.

Kids often know more about what other kids are doing than the parents, especially at a small school like Haldane. You're together five days a week. Everybody knows everybody.

It's important to look after each other. To help them. To have their back. Many of the friends I hung out with in high school died.

Lillian Rosengarten, of Cold Spring, is a licensed clinical social worker. Her son, Phil, died of an overdose in 1996.

I know all too well no family is exempt from addiction and the possibility of overdose and death, no matter how intact, how loving, how open or closed the communication, how angry or dysfunctional, how wealthy or poor. I want to absolve all parents of guilt that they may be responsible for their child's addiction and/or death.

Phil, my first-born, had a long history of drug addiction that began at age 15. Although able to achieve 10 years of sobriety, he overdosed at age 36. My own parenting had lacked consistency and good communication. I felt helpless at the time to know what to do. Pleading and anger were of no use. Enabling was destructive.

Fighting Back the opioid Crisis

a special report



Rebecca Darman

Photo by Michael Turton

Many years later I learned how open communication between parent and child can nurture a healthy sense of self and a capacity for the child to express themselves with open directness and to say "No" without fear.

It is never too early to begin to talk to your child about how drugs harm and kill. Parents need to be honest, open and talk about their own feelings and emotions. Talk about depression. Mood disorders and depression are a common reason children begin experimenting with drugs. Teach your child it is OK to cry, as well as to express anger and fear. Do not

say, "Don't cry, you are a big boy or girl, boys don't cry, crybaby," etc. Don't shut the child down or punish for self-expression. This humiliates the child, who will lie, hide or shut down emotions as he or she learns to be "compliant" and "good" to please the parent.

Just listening is a powerful tool to cultivate to accept your child's experience and emotions as they may arise. If discussion is possible (but never pushed) do so without criticism or judgment. When parents can access their own emotions (not as criticism or punishment) this can bring closeness and honesty to the relationship.

The anti-drug message needs to be an ongoing conversation. Share with your child your own drug experience or that of someone close to your family. When there is addiction in the family, a child can feel he or she is at fault for the parent's erratic moods. To be in a support group such as Alcoholics Anonymous is an accomplishment, as is sobriety. What is important is for the child to know the parent is coming from a genuine place.

Stay calm and non-critical. This lets your children know you are on their side and that you love them. Preaching does not work, nor do threats. The parent's role

is to educate and keep communication open. Speak to your child with respect, do not undermine, and listen well. No matter how the communication goes and the lessons to be learned, eventually it is the child who makes his or her decision on whether to use. There is no way to shield your child from the realities of drug use and abuse.

All children need room in the parent-child relationship to learn to express themselves without criticism and to feel safe doing so. In this way children learn to feel good about themselves and hopefully make healthy choices.

Susan Salomone is the co-executive director with her husband, Steve, of Drug Crisis in Our Backyard, a nonprofit based in Mahopac. They co-founded it in 2012 after their son Justin, 29, died of a heroin overdose.

When Justin was 23, we found out from his girlfriend that he had started using prescription pain killers, specifically Percocet. I remember her email telling us that she was breaking up with him because he was making poor life choices and using Perks. I had to call her to find out what that was.

Before he died, we learned many things about addiction. We learned that addicted children lie right to your face, but we don't acknowledge it because they are our children. We learned that the pusher is not some scraggly old man in a dark alley but more likely your kid's friend or a classmate. We learned that the junkie you envisioned living on the streets in New York City in a cardboard box was now living in your house.

We learned the pain that goes with being addicted to painkillers, the withdrawal the addict suffers, the anxiety and guilt that our child suffered. We learned that nothing we could do would cure or control Justin.

We also have learned so much in the five years since his death.

We learned that continued attempts at recovery raise the chances of success. Once is not enough and sometimes 10 times is not enough, but the important thing is to keep trying. Remaining hopeful under the most distressing circumstances is difficult but important.

(Continued on Page 16)



Lillian Rosengarten

Photo by Sheila Williams

Medication-assisted treatment, along with behavioral therapy, increases the chance of recovery. We cannot make anyone get well. They have to do this on their own, but recovery is possible with the support of family, professional intervention and a solid support network — Alcoholics Anonymous, Narcotics Anonymous or something similar.

We learned that this is a brain disease and that some researchers believe that even the first use is not voluntary. We learned that 40 percent of the people who abuse substances suffer from a mental-health issue that might include social anxiety, generalized anxiety, depression, obsessive compulsive disorder, ADHD and bipolar disorder.

We learned that early use of any drug, including alcohol and marijuana, leads to higher rates of addiction. We learned that there is a family disposition for the disease, as there is with diabetes and heart disease. If you have a family member who is addicted, no matter how distant, the chances increase. Educate your children on this important health hazard.

We learned that people suffer in silence because of the stigma associated with addiction and mental illness. People think that they are the only ones when, in reality, two out of three families are suffering with this disease. We learned that Americans consume close to 90 percent of the painkillers manufactured in the world. That 23 million people need treatment and only 10 percent get it. That many insurances will only cover 14 days of treatment; no wonder this is a revolving

Fighting Back the opioid Crisis

a special report



David Gerber of St. Christopher's Inn speaks at a vigil in Cold Spring on Aug. 31 to raise awareness about overdoses.

Photo by Ross Corsair

ing door with people coming out of treatment and relapsing within hours. With opioids, months and years are needed in learning how to live without the drugs and deal with the cravings.

We have learned that parents and siblings of the addict are also victims of this disease. They watch their brother or sister create chaos in the house and struggle with their anger. If the sibling dies, they feel guilt for not trying harder. They need help, too.

During one of the many sessions we spent with Justin's addiction psychiatrist, he said as long as there is life, there is hope. I think of that often. When I first heard it,

there was no connection for me because deep inside I never believed Justin would die. The pain and anxiety caused by living with the disease clouded my judgment and caused such anger and resentment that I couldn't see my son's pain. I only saw the symptoms of the disease: lying, stealing and manipulating.

So now I know the truth. As long as there is life, there is hope. It is important to believe that an addict can die and once he or she is gone there is no going back and trying again.

The priority now is to bring awareness of the dangers and rampant use of opioids. Denial is a huge factor and people need to realize that the earlier an intervention is made, the better the chances of a person not getting into trouble.

The stigma associated with addiction keeps families and those who are struggling from asking for help. We also need to reduce barriers to treatment and increase prevention education in our schools. By bringing awareness of addiction as a disease, and focusing on this issue in our community, we reduce stigma.

David Gerber is the director of counseling and shelter services at St. Christopher's Inn in Garrison.

We have laws that require people who receive a DWI to, at

the very least, get a chemical dependency assessment. We need a common-sense law that says if your use is so severe that you require your life to be saved by a first responder after an overdose, you are required to attend in-patient treatment.

This could reduce the number of people who require emergency services through multiple overdoses, and reduce the number of people who rely on Narcan as a "get-out-of-overdose-free" card. It would provide helpless families with relief and peace of mind knowing that help is available.

The lengths of stay for such treatment should be long enough to ensure that we are not merely detoxing people, but giving them the time to develop coping skills, and giving their brains time to get past biological urges and cravings. The standard 14 days covered by insurance does not adequately address the need.

Our most recent approach has been to detoxify, re-medicate the problem with drugs like methadone and Suboxone and attempt to engage in an out-patient setting. Addiction takes over lives. It requires rehabilitation, not a bandage.

The best approach for many is detox and residential treatment, followed by a halfway house or supportive living in conjunction with out-patient treatment. We've been penny-wise and dollar foolish, by limiting and reducing access to care.

Stacey Farley, of Garrison, is a ceramic artist and member of the Highlands Current Inc. board of directors. She first proposed a drug czar at the Sept. 24 meeting of the Philipstown Community Congress.

In our local government we have highways and building departments. We have planning boards, zoning and conservation boards. We have dog control. Doesn't it make sense to have someone in charge of the important and pervasive issue of drug abuse?

Whether you call the position drug czar, commissioner or director of prevention and treatment, let's put our best resources behind this problem and create a full-time, paid position. This person would be responsible

(Continued on next page)



The memorial and recovery wall at the St. Christopher's Inn treatment center in Garrison.

Photo by Anita Peltonen

for focusing full attention on the crisis, supporting existing resources, mobilizing appropriate medical and rehab support, and educating and communicating with families, individuals, schools and the community, with the goal of reducing abuse and addiction.

So long as there is one person struggling with addiction in our community, we need to try harder and make prevention and treatment a priority. Let's put someone in charge.

Beth Greco is the CEO and president of the Walter Hoving Home, a Christian ministry founded in Garrison in 1967 that serves women who have been addicted to drugs.

We must give people hope and instill the belief that addicts can recover. We need to recognize it as a battle for a person's life — it will take families, communities, schools, businesses, police, churches and other faith-based organizations, medical professionals and government to make a difference. That will mean getting our own agendas out of the way and making the priority to work together, even if we have different viewpoints or methods.

Helen Keller said it best: "Alone we can do so little; together we can do so much." We have to recognize that each individual in need will respond to different types of help. Our team members participate in many coalitions, and I travel the country working with women at our homes in Garrison; Las Vegas; Pasadena, California; and Oxford, New Jersey. I see people working together and it encourages me that we will see progress.

Being from the faith-based community, being freed from addiction myself and working in the field for more than 25 years, I believe that together we can put hope within the reach of every addict.

Larry Burke is the officer-in-charge of the Cold Spring Police Department.

Narcan training has been a priority for us. We only need to train one more officer. Having a small, part-time force with limited resources is frustrating, especially after working in narcotics for 14 years in New York City, where resources seemed unlimited.

Fighting Back the Opioid Crisis

a special report

We have to talk to the kids. They need to know that we're not the bad guys, that they can trust us and that we can help them.

We also need to be involved in the broader community. People have to let us know what's going on, and they do. I attend Communities That Care meetings. We work with the school resource officer at Haldane. I've spoken to the Lions Club and others to help educate parents.

The larger community includes law enforcement beyond Cold Spring. All the police forces in the region meet monthly where we share information, including about narcotics.

This is a difficult subject, but when an overdose death occurs the scene should not be cleaned up before police arrive. There are ongoing investigations in Putnam County where evidence gathered at the scene may lead to arresting dealers.

As a community, we have to somehow deal with the pain-pill issue. There is no quick fix. If there were, it would have been done already.

Robert Tendy is the Putnam County district attorney.

The priority is to save lives. This can be done by utilizing every resource available: expanded use of Narcan for overdoses; education

from an early age about the risks of drug abuse and the benefits of a healthy lifestyle; teaching parents to be vigilant for signs of drug abuse and to seek help immediately; a change in our society's views about using prescription drugs for seemingly every problem that arises — even to the point that we have some children regularly taking pills as early as 4 years old. These children can grow up to have no understanding and no fear of the risks of drug use.

It is also important to have compassionate and understanding law enforcement when dealing with victims of drug abuse, who would love to stop using but cannot. Nobody wants to become an addict. We need expanded facilities for treatment — real, long-term treatment.

All of the above are important and must be part of the plan. However, intensive drug-traffic interdiction also is a necessity. Without it, we will never turn the tide. This means de-politicizing the border-security debate. In the realm of "saving lives," border security is not a left versus right discussion.

Make no mistake, immigrants — documented and undocumented — also suffer from the opioid crisis. Border security is a matter of national security. The U.S. in 2015 alone seized from our southern borders over 1.5 million pounds of illegal drugs, most of it heroin and fentanyl. Much more was not seized and entered our neighbor-

This series has four parts.

In **Part 1 (Sept. 22)**, reporters Michael Turton and Liz Schevtchuk Armstrong spoke with the parents of young men who struggled with opioid addiction. One died, one survived, but they faced many of the same obstacles in getting treatment. We asked them to share their experiences, hoping it would provide a road map.

In **Part 2 (Sept. 29)**, we examined the role of law enforcement and the courts in battling the epidemic. Turton looked at the work of the Putnam County Drug Court, while Jeff Simms spent time with Beacon and Dutchess County police officers who are at the front lines.

In **Part 3 (Oct. 6)**, we looked at treatment options. Brian PJ Cronin profiled the Dutchess County Stabilization Center, an innovative first stop for those in crisis, while Anita Peltonen and Armstrong visited treatment centers — St. Christopher's in Garrison, Arms Acres in Carmel and CoveCare in Carmel.

Finally, in Part 4, we share the thoughts of specialists, counselors, doctors and those struggling with addiction about what they feel should take priority in addressing the problem.

We appreciate your feedback about the series and thoughts about how best to address the epidemic. Email editor@highlandscurrent.com. If you have missed an installment, each is posted at highlandscurrent.com, where comments are welcome. We also have posted additional material and resources.

hoods. Unless we can stanch the flow of heroin and fentanyl it will take a very long time to "solve" the opioid crisis.

To that end, we need more state and federal funding to give law enforcement agencies the tools necessary to track points of origin, entry and distribution; we need severe penalties for repeat offenders who sell these drugs. We need to recognize that the opioid crisis is part of a plan of attack by unofficial international corporations — loosely connect-



Members of Philipstown Communities That Care gather to discuss strategies to fight the drug abuse crisis.

Photo by Ross Corsair

(Continued on Page 18)

The Way Out

(from Page 17)

ed cartels that have one goal: keep as many of our citizens as possible devoted to their product.

Marc Molinaro is the Dutchess County Executive.

Addiction needs to be addressed as a mental health issue. Our goal is to divert the individual from ever needing to go to the emergency room or criminal justice system. The Dutchess County Stabilization Center [a 24-hour crisis center that opened in Poughkeepsie in February] is a critical tool to acknowledging that. It's based on the belief that individuals, if provided with the right response, can find their way to recovery.

Every county in America should have something like this. And long-term beds and long-term care are the responsibility of state and federal governments, along with insurance companies, which should be required to provide assistance.

The opioid crisis is the public health crisis of our lifetime. It affects every income level, every background, every religion, every race, every color, every creed, both genders. There's isn't a family that is not affected by addiction, and in particular, opioid and heroin addiction and abuse.

I'm not a physician, a psychiatrist or a psychologist. I observe. This county has never confronted mental illness and

Fighting Back the opioid Crisis

a special report



Lisa Scicluna speaks at the vigil in Cold Spring on Aug. 31.

Photo by Ross Corsair

drug addiction in a way that it ought to. It has always treated it only as some sort of stigmatized issue or criminality. Drug addiction can lead to criminal behavior, no question, but we need to treat the addiction, and help the person, and I don't think that we've ever gotten to the point where we acknowledge that, institutionally and universally, and that still has to be confronted.

We see enormous amounts of fentanyl coming to New York state and to the Hudson Valley from China, and finding its way into other drugs. That's a criminal action that needs to be confronted. The Hudson Valley is situated next to a major city, and that proximity makes it easier to move illegal drugs. They get into the hands of people who shouldn't have them,

people who are fighting addiction as well as those who want to buy and sell. All of that converges to make our problem — I wouldn't say unique — but certainly more acute.

Lisa Scicluna is co-chair of Philipstown Communities That Care. Her brother, Joey Maddaloni, died of an overdose in 2008 at age 22.

We need greater support in our emergency rooms. When someone comes in with an overdose, we need to have a professional there to discuss recovery and treatment options in a non-judgmental way. Would a person at high risk for diabetic complications get released without speaking to someone who can guide them? Someone who has overdosed deserves the same guidance.

In addition, the judicial and prison system needs to better address those with this disease. For many, what landed them in court or prison is a symptom of the disease.

To parents of young children — do not assume this won't ever affect your family. Educate yourself on prevention. Just as you try to instill healthy physical habits now, like eating vegetables and applying sunblock, encourage positive emotional health. There is never a guarantee, but the more odds you can put in their favor, the better.

For adolescents and young adults, the window between ex-

perimentation and addiction has become much smaller due to the potency of the drugs out there. No one ever plans to become an addict. It is a disease that can prance right in once the door has been opened. The risks are great, whether you use regularly or just once.

Addiction is a disease and it needs to be treated as such. It can be managed, no matter your age or circumstance. There is hope. Reach out. There is no need to fight alone.

Terrence Murphy represents eastern Putnam County in the state Senate and was a member of the governor's Heroin and Opioid Task Force.

Treating heroin and opioid addiction requires getting to the root of the problem, which is the overprescribing of opioids to patients with short-term, acute pain. This is why I sponsored legislation to limit opioid prescriptions from 30-day supplies to 7-day supplies.

Gov. Andrew Cuomo signed the bill, S8139, into law in 2016 and it has become a national model. In July, Senators Kristin Gillibrand of New York and John McCain of Arizona introduced the idea in Congress as part of their Opioid Addiction Prevention Act.

But there is more to be done.

Families are paying enormous amounts to send loved ones to sober homes. While there have been successes, sober homes in New York state are unregulated, posing a significant financial risk to patients. There are also accounts of people across the state overdosing at these facilities.

There must be accountability and consequences for bad actors. Profiting from those seeking help, and not providing the promised care, cannot be tolerated.

Heidi Snyder is a pharmacist and president and CEO of Drug World Pharmacies, which includes a store in Cold Spring.

I don't have all the answers on how to address the crisis, but my immediate goal is to get Narcan into 100 homes and businesses in Philipstown, and from there, into every home and business. It should be inside every first aid kit.

We offer Narcan free without a prescription at our pharmacies — the

(Continued on next page)



Graffiti spotted recently near the Cold Spring train station. Many people are working to make this message obsolete.

Photo by Michael Turton

state covers the co-pay up to \$40. Anyone can request it. It's a nasal spray, you spray it in to the person's nose. I tell people that I want to see them come into get a new one because the one they had expired without being used.

You may think, well, no one in my family is suffering from opioid addiction. But people visit your home, you may have friends or relatives who you don't know have a problem, you may encounter a stranger who has overdosed. I keep one in my

Voices from the Community



For a video by Gregory Gunder, see highlandscurrent.com.

purse and one at home and I don't have anyone in my life that I know of who is addicted.

People say: "The opioid crisis is a terrible problem, I just don't know what to do." This is something you can do as a caring person and a citizen. Every person who is saved from an overdose gets another chance. Who doesn't deserve one more chance in this world? Maybe it's the chance they needed to get clean. I ask young people, "Have you ever regretted not having Narcan?" and the answer is sometimes, "Yes, because I wouldn't have had to wait after calling 911."

For more responses, including from U.S. Rep. Sean Patrick Maloney, Jim and Melanie Matero, state Assemblyman Frank Skartados, Putnam County Judge James Reitz, Putnam County Sheriff's candidate Robert Langley Jr., state Sen. Sue Serino, counselor Arlene Seymour and Arms Acres CEO Patrice Wallace-Moore, see highlandscurrent.com.

Fighting Back the opioid Crisis

a special report

Where to Find Help

Hotlines

24-7 Drug Abuse Helpline
877-846-7369 or text 467369

Partnership for Drug-Free Kids
855-378-4373 (Weekdays 9 a.m. – 5 p.m.)

24-Hour Crisis Counseling (Dutchess)
845-485-9700 (call or text)

Local Treatment Centers

Arms Acres, Carmel
armsacres.com
845-225-5202 (out-patient)
845-225-3400 (in-patient)

CoveCare Center, Carmel
covecarecenter.org
845-225-2700 (out-patient)

Dutchess County Stabilization Center
230 North Road, Poughkeepsie
845-485-9700 | Open 24-7 for walk-ins

Lexington Center for Recovery, Wappingers Falls
lexingtonctr.org | 845-765-2366

Onward Recovery, Newburgh
onwardrecovery.org
845-725-1244 (out-patient)

St. Christopher's Inn, Garrison
stchristophersinn-graymoor.org
845-335-1020 (out-patient, adult men)

Walter Hoving Home, Garrison
walterhovinghome.org
845-424-3674 (faith-based, adult women)

Treatment Directories

Doctors Who Prescribe Suboxone
suboxone.com

Bed Availability / Out-patient Treatment
findaddictiontreatment.ny.gov

Provider Directory
oasas.ny.gov/providerdirectory

Substance Abuse and Mental Health Services Administration (SAMSHA)
800-662-4357 | findtreatment.samhsa.gov

Overdose Prevention Training

St. Christopher's Inn, Garrison
Contact Rob Casasanta at 845-335-1035 or rcasasanta@atonementfriars.org
The next classes are Nov. 5 and Dec. 3.

Arms Acres, Carmel
Contact to Tammy Bender at 845-704-6198 or tbender@libertymgt.com
The next class is Nov. 17.

Dutchess County Health Department
845-486-3500 | healthinfo@dutchessny.gov

Counselors

Lillian Rosengarten, LCSW
845-265-2856 | lillirose@optonline.net

Pharmacies that dispense naloxone without a prescription

Drug World, Cold Spring
Rite Aid, Beacon
CVS Pharmacy, Fishkill

Support Groups

Spotlight Family Support Group
Call 914-582-8384 for information.
Mahopac: Oct. 24, Nov. 7, Nov. 21
Hopewell Junction: Oct. 26, Nov. 9, Nov. 23
Yorktown: Oct. 17, Oct. 31, Nov. 14, Nov. 28

Friends of Recovery Putnam, Carmel
845-225-4646 | facebook.com/forputnam
The next meetings are Nov. 14 and Dec. 12.

Narcotics Anonymous (Mid-Hudson)
845-431-9011 (Dutchess)
888-399-5519 (Regional)
newyorkna.org/meetings/meeting-search
NA meets in Beacon at the Reformed Church and St. Andrew's.

Paying for Treatment

NYS Office of Alcohol and Substance Abuse Services
combatheroin.ny.gov/get-help#payfortreatment
Understanding Your Rights for Treatment and Insurance Coverage
[oasas.ny.gov/publications/pdf/Rights for SUD Insurance Brochure.pdf](http://oasas.ny.gov/publications/pdf/Rights%20for%20SUD%20Insurance%20Brochure.pdf)

Intervention Services

David Gerber | 845-335-1101
Ray Dorritie | 914-473-4735

Education/Prevention

Philipstown Communities That Care
philipstownnctc.org

Council on Addiction Prevention & Education of Dutchess County
845-765-8301 | capedc.org

NYS Office of Alcohol and Substance Abuse Services
combatheroin.ny.gov

National Institute on Drug Abuse
drugabuse.gov

Prevention Council of Putnam
845-225-4646 | putnamncadd.org

Partnership for Drug-Free Kids
drugfree.org

Prescription Opioid Drop Boxes

Beacon Police Department
Philipstown Town Hall

For more resources, see Philipstown Communities That Care (philipstownnctc.org) and Drug Crisis in Our Backyard (drugcrisisinourbackyard.org).

COMMUNITY BRIEFS

Rockin' at the Chapel

Music series debuts in Cold Spring

A newly minted rock music series, Restoration Roadhouse, will host its first concert on Saturday, Oct. 14, at 7:30 p.m. at the Chapel Restoration in Cold Spring. Session Americana, a rock/folk band from Boston, will perform. Tickets are \$25, and beer will be available for purchase. Search for "Restoration Roadhouse" at eventbrite.com for tickets.

Industrial Pioneer

Lecture to discuss Depression-era master designer

John Stuart Gordon, a curator and American design expert, will speak at Boscobel in Garrison on Friday, Oct. 20, about the industrial designer Lurelle Van Arsdale Guild, who created icons during the Depression era for many leading companies. The event begins at 6:30 p.m. and is \$20, or free for members. Guild is best known for redesigning the Electrolux vacuum.

Carbon-Free Driving

Talk on future of electric cars

David Noland will speak on Tuesday, Oct. 17, at the Cornwall Presbyterian



PAST STOP FOR GAS — From 1978 to 1982, David Freund photographed gas stations across the U.S. Nearly 600 of his photos appear in a new four-volume, slipcased set called *Gas Stop*. Freund will discuss the architecture, culture and landscape of the American gas station at the Antipodean bookstore on Garrison's Landing on Friday, Oct. 20, during a reception from 6 to 9 p.m.

Photo by David Freund

Fellowship Hall on the past, present and future of electric cars. The event begins at 7:30 p.m. A number of electric cars, including Tesla Models X and S, a Chevy Volt, a Honda Fit and a Volkswagen e-Golf, will be parked at the venue. Tickets are \$5 for members of the Hudson Highlands Nature Museum and \$8 otherwise. See hhn.org.

Beyond Monuments

Discussing racial inequalities

A public forum on Sunday, Oct. 15, organized by the Ecological Citizen's Project, will address issues of racial inequality. It begins at 2 p.m. at the St. Philip's Parish House in Garrison.

Speakers include the Rev. Stephany Graham, president of the Peekskill Pastor's Association, Wilfredo Morel of Arts 10566 and Martin McDonald, president of the Peekskill chapter of the NAACP. RSVP at ecologicalcitizens.org/convenings. Childcare is available.

Line Dancing for Haldane

Foundation's Country Gala is Oct. 21

The Haldane School Foundation will host a Country Gala on Saturday, Oct. 21, at the Topfield Equestrian Center in Philipstown. The fundraiser, which begins at 6 p.m., will feature food, cocktails, a silent auction and music from the Nash East Country Band. Tickets are \$110 at haldaneschoolfoundation.org.

Run Wild

Museum to host 5K

The Hudson Highlands Nature Museum in Cornwall will host a Meadows and Trails 5K on Saturday, Oct. 21. Registration begins at 7:30 a.m. and the race is at 9 a.m. The fee is \$35. A quarter-mile dash for children ages 3 to 10 begins at 10:15 a.m. See hhnm.org.

Get Your Flu Shot

It's that time again

The Putnam County health department will hold a walk-in flu shot clinic from 2 to 6:30 p.m. on Wednesday, Oct. 18, at the Garrison Fire Department. Any coun-

ty resident age 18 and older can receive a vaccination for \$25. The shot is free for anyone age 65 and older or anyone with a Medicare card. See putnamcountyny.com.

Beacon

Catoberfest is Coming

Fundraiser for animal shelter

Live music, German food, craft beer and raffles are on the program for the sixth annual Catoberfest to benefit Mid Hudson Animal Aid. It will take place Friday, Oct. 20, from 6 to 10 p.m. at the Hudson Valley Brewery in Beacon. Meal tickets are \$16 in advance or \$18 at the door. The no-kill cat sanctuary has more than 150 cats available for fostering or adoption. See catoberfest.brownpapertickets.com.

Meanwhile, the Howland Public Library in Beacon will host a reception on Saturday, Oct. 14, from 5 to 7 p.m. for *The Cat Art Show*, featuring photos and artwork depicting felines. All sales also will benefit Mid Hudson Animal Aid.



"Garden Cat," by Jan Dolan, is one of the pieces on display at the Howland Public Library as part of its *Cat Art Show* that opens Oct. 14.

Image provided

Crop Shop

Students sell garden yield

The children who attend the Beacon Recreation Center's Afterschool Program are working with Hudson Valley Seed and Common Ground Farm to run a farm stand on Friday afternoons from 4:45 to 6 p.m. through Nov. 17. On Oct. 20 and 27 the stand will be at Sargent Elementary near the lower cafeteria entrance. On Nov. 3 and 11, it will be at J.V. Forrester.

Visit highlandscurrent.com for news updates and latest information.

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COMMUNITY BRIEFS

Winners Needed

Marine Corps League to hold raffle

The Marine Corps League will host a Basket Raffle on Saturday, Oct. 14, at the Memorial Building in Beacon. Doors open at noon and prizes will be called at 2 p.m.

The prizes include 50 gift baskets, 20 gift cards and a basket of Lotto tickets. There will also be a 50/50 raffle. Proceeds benefit veterans and youth programs in Dutchess County. Call 845-440-6344.

Boxing in America

Author to discuss book on heavyweights

Paul Beston will read from and discuss his new book, *The Boxing Kings: When American Heavyweights Ruled the Ring*, at the Howland Library in Beacon



Paul Beston has a new book, *The Boxing Kings*. He discusses it on Oct. 22 at the Howland Public Library in Beacon.

Photo provided



Baba Andrew Lamb will perform at the Howland Cultural Center on Oct 21.

Photo provided

at 2 p.m. on Sunday, Oct. 22. The book examines the lives of seven legends and how sports reflect American society and history.

Music Series Ends

Trio to perform at Howland

The Elysium Furnace Works music series at Howland Cultural Center will end on Saturday, Oct. 21, at 8 p.m. with a performance by the Baba Andrew Lamb Trio. Admission is \$10. The trio includes Lamb on saxophone and flute, Joseph Daley on tuba and Tani Tabbal on drums.

How to Get Arts Grants

Council to hold information sessions

The Mid-Hudson Arts Council will present an informational session on Saturday, Oct. 21, to explain how to apply for three of its grant programs. It takes place at 1 p.m. at the Howland Public Library in Beacon. See artsmidhudson.org. The application deadline is Nov. 15.

Visit highlandscurrent.com for news updates and latest information.



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includes reception with director Amir Bar-Lev
Oct 28, 7:30 p.m. Part II

Youth Players: Willy Wonka, Jr.

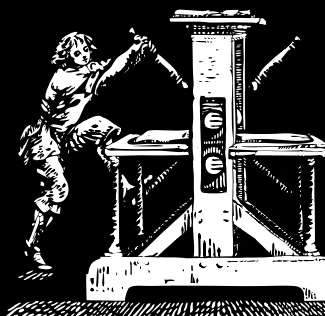
Nov 3-12

My Queer Youth

By Phil Geoffrey Bond
Nov 18, 8:00 p.m.

Garrison Landing, Garrison, NY (Theatre is adjacent to train station.)
philipstowndepottheatre.org

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Collective Soul *(from Page 11)*

"We try to accommodate life," Jacketti explains. "We've always been pro-artist, always."

He estimates bau has had 40 members; currently it has 12. Each application is vetted by all members and a majority must approve. Once accepted, each member is given the gallery space for a month to mount a show. It can be open whenever the artist wants, as long as someone is there. The only requirement is that the gallery must be returned to the white box he or she started with.

When months are allocated, each artist suddenly has a deadline, Jacketti notes, which can be "conducive to creativity, and daunting." The focus is not on sales. "We have our fair share," he says, "but if we were a commercial gallery we wouldn't have lasted 14 years showing a profit each year. Bau has held 154 consecutive monthly exhibitions since we opened — not bad, right?"

Jacketti, himself an artist who specializes in figurative bronze sculpture, also owns a gallery called Beacon Art Shortwave Gallery that he opened in 2009 in the wealthy weekend enclave of Stone Harbor, New Jersey. During its season from April through Columbus Day, Jacketti displays, and sells, many works by co-op members and other Hudson Valley artists.

Now he's bringing some of that work home to roost with a group show at bau called *Selections from the Vault*, which

runs through Nov. 5.

In Beacon, Jacketti observes, residents who shop for art are mostly in their 30s and starting out. They buy pieces for \$300, not \$3,000.

"I wish I could do the same here in the Hudson Valley as I have in New Jersey," Jacketti says. "I wish the wealthy people of New York City would pay attention to the talent in the Hudson Valley, but the collectors have not come. We'll see what happens in the next few years."

bau Gallery, at 506 Main St., is open Saturday and Sunday from noon to 6 p.m. See baugallery.com.

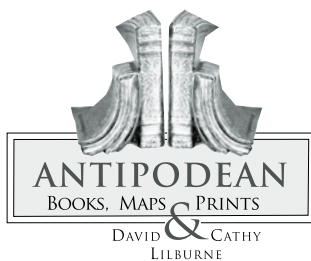


"Hard Edge Painting," by Karlos Carcamo, will appear in the *Selections From the Vault* exhibit.



Kathy Feighery's "Eliza Jane," from *Selections From the Vault*

Images provided



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7:15, MON 4:00 7:15, TUE 7:15

WED 12:45 4:00 7:15, THU 7:15

Blade Runner 2049 (R)

FRI 2:30 5:45 9:00

SAT 1:30 4:45 8:00, SUN 12:30 3:45

7:00, MON 3:45 7:00, TUE 7:00

WED 12:30 3:45 7:00, THU 7:00

American Made (R)

FRI 3:00 6:15 9:30

SAT 2:00 5:15 8:30, SUN 1:00 4:15

7:30, MON 4:15 7:30, TUE 7:30

WED 1:00 4:15 7:30, THU 7:30

Backyard Stage *(from Page 11)*

neighbors. Sandwich is the first show in their newly converted space.

Alex Harvey, who performs in *Sandwich* some nights and offers a directorial eye, thinks the space could ease tensions between Old Beacon and New Beacon. The backyard show “has the potential to create co-ownership over things” and

“maybe even break down a barrier or three,” he says.

Once *Sandwich* concludes in the space, the second show will not be *Beowulf*, which requires 12 performers and a large band.

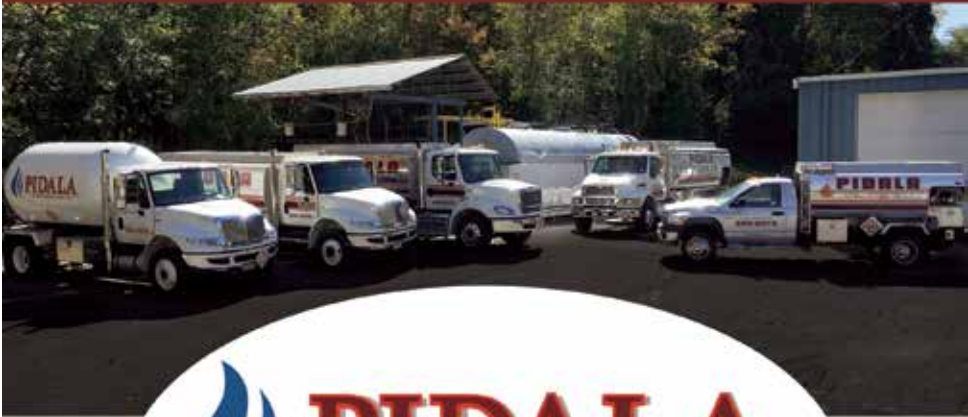
“Yeah, I don’t know about that one,” said Craig, while scanning his neighbors’ homes. “It’s pretty loud.”




Jason Craig and Jessica Jelliffe during a performance of *Sandwich* with an oversized cat and a rabbit who are having a bad day

Photo provided

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What Was Not Said: My Eulogy by Aleta Wolfe

Too deep in trauma and grief to speak at any point since the fateful phone call about my only son Forrest Wolfe Rzyz-Ryski, I, who grew, birthed, nursed, nurtured and loved him more than my own life, need to have his back, as he always had mine.

I quietly grieved by slowly and carefully looking, feeling, sorting through his belongings and laid on his bed for hours in his room in Georgia. I cut sections of his hair at the funeral home. I sat alone in the hot Georgia sun outside the crematorium, meditating, listening to his song "Clearly" over and over while intaking visually and physically the arising heatwaves dissipating into the atmosphere from the crematorium chimney.

I am as proud of Forrest now, as I have been his entire life.

With generous help from friends in our community, I was able to actualize my vision for his memorial. Sadly I sat paralyzed in silence. Because of this, my voice and my son's voice not heard, and the essence of his life risks being lost.

Forrest passed peacefully in his sleep, in his pjs, and in his bed, ready for school and work in the morning. His last text was sent at 10:49 pm Thursday 17th of August 2017, to me, his mother. The following un-answered texts the next day were his roommate's group texting to coordinate buying glasses for the upcoming eclipse, a coworker sending the code to unlock the main door of L.A. Fitness as Forrest was opening Saturday morning, a friend asking to come by to play Frisbee in the park. Forrest's life was in full swing, full of plans. "Silent Spring" his newly arrived — that afternoon — book for class lay on his desk/nightstand inches from his bed.

He was training for an upcoming MMA match in Tennessee on Oct. 21, 2017.

He was graduating this year with his BA in English Literature after switching from Economics.

He was deciding on a graduate program at Sarah Lawrence College, NYU or Columbia.

He had earned three martial arts belt promotions that were to be awarded this coming year.

We were planning to travel to California and Mexico during the upcoming school holiday breaks. He was planning a post-graduation trip to Thailand with his friend Naomi.

He was excelling in school and had meaningful relationships with several professors who are now grieving.

He had close-knit housemates, friends, teammates, and co-workers that enjoyed his company in a healthy, wholesome manner.

He was a responsible, helpful and beloved roommate.

Forrest's multi-faceted talents, dedication to study and self-realization were inspirational and admirable to many. This must never be forgotten.

Forrest was humble and gentle.

Forrest's death was accidental and shocking to everyone who knew him and those who were genuinely close in his life.

He was NOT an addict.

His life never centered around a drug so that it became the focus of his reality.

He came dangerously close to dependence five years ago, but with his dedicated effort, his girlfriend and, the help of his family, nipped that in the bud. He never looked back.

For these last five years, his life was happily committed to school studies, MMA training, work, music, art, Frisbee, and other healthy fun activities with friends and family. He finished summer school July 25th and flew to N.Y. for an intensive jazz guitar workshop. He had a beautiful 3.5 weeks trip here with family and friends, then back to school in Georgia full of excitement to begin the new semester.

Unknown to his loved ones, he had very recently been re-exposed to drug use through a chance encounter. But he had already taken steps to acquire a drug counselor/therapist to divert the potential path compromising his life's goals: sport, school, work, health, and friendships.

If Forrest could speak, he would say, "I am sorry to my Sister, Mama, Dad, cousins, Grandmothers, aunts, uncles, roommates, teammates, professors, and precious friends, Mum my room was kept clean and organized...and I made my bed in the morning."

He would want to focus awareness on the risk of recreational drug use, to decimate the soulless that sell death, and support more effective methods in behavior modification for addicts.

He was always the voice of reason and contemplation in our deep conversations on religion, God, politics, and art.

He was polite, well mannered, respectful and sensitive through every stage of his life, childhood to young adult.

Forrest hiked the Appalachian Trail with his friend Brianna for one month a few years ago. He loved nature. A feat, since until his late teens he was petrified of spiders and insects. Once on a horseback camping trip when he was 10-years-old, as we were lying in our sleeping bags, he asked if we could sleep at a nice hotel with good cotton sheets instead of the tent. Go figure...there was a huge spider.

He rode his beloved bike as many places possible instead of driving. Environmentally conscious, he cared about our oceans, our earth and humankind, he put forth efforts and brought awareness to these issues as often as he could.

Forrest was an accomplished and healthy cook and was crazy about mussels meunière since he was in kindergarten. Sriracha sauce and Shichimi Togarashi powder kept on hand a must, our house or his. And, oh, a nonstop supply of cornichons in the fridge was always a request and appreciated.



Forrest adored his dogs Mingus, Luna, Jet Black and cat Chico. Together we rescued Mingus from the streets of a nearby city, Forrest named him.

His skateboards, guitars, Ron English t-shirts/toys and beat up sneakers were highly prized.

He was my tech guy and the keeper of passwords.

I will never forget when Forrest was 5 months old and in his bassinet, I was gently stroking his arm to put him to sleep (light touch always sent him into slumber). When I stopped, a fat little hand reached over and grabbed my wrist and forced the back and forth motion to ensure I continued. He was a tactile being, and that never went away. I am now a friend and client of his massage therapist in Georgia. Thank you Forrest.

Forrest's musical taste was eclectic. Garage band rock and soulful bluesy vibes were often enjoyed, but poetic hip-hop and classical were in there as well. He was a huge lover of Jazz and Django Reinhardt was a favorite, Aesop Rock had respect.

Forrest enjoyed reading. Pondering Alan Watts was a favorite endeavor and falling asleep to listening on tape. To list all the literature that he liked would be difficult but I will include Haruki Marukami and especially The Wind up Bird Chronical. He appreciated the classics as well. He had a subscription to the New Yorker. Harry Potter held a place in his heart.

He loved Miyazaki's film Spirited Away.

His sense of humor revolved around making slight comical changes to words and slipping them into normal conversation when everyone least expected it. Because of years of doing this, he had an entire language of "Forrestisms" that are impossible to forget.

Forrest brought a smile and warmth into every room he entered. Always positive, nourishing, uplifting and ready for a meaningful conversation. Yet he also had a deep place of sorrow that surfaced in prose, art and music. In his innocence and youth, unrequited love, the untimely death of an uncle, childhood friends and a dear friend to suicide weighed heavily on his heart.

He was proudly the descendant on his maternal side of Jesse de Forest, orchestrator of the first Walloon Huguenot settlement in New Amsterdam and further on, Revolutionary War Patriot Henry Bale, amongst several others. He was excited about exploring his history. He is a pending member of SAR.

He deserves to be more than an accidental drug overdose statistic and fodder for the local media's current topic.

For five years I drove Forrest to the airport from his breaks and holiday visits. These were coveted, precious moments of conversation and thought, the trip often culminating in a selfie together in front of the terminal. This last trip (he must have been indulging me previously) he said, "Mom can we not do this today?". He then gave a longer than the usual, firm and tender hug. Upon parting, a good, warm gaze and "I love you Mama." Our last hug until the funeral home a week and a half later..

Sadly, his memorial — his legacy — allowed little time for all to share their unique, and positive memories from his life. Please feel free to write and send your stories. 1010.grace@gmail.com

Forrest's life was, and is, so much more than the sum of how he tragically left this world.

Forrest was 23.

Small, Good Things

Seafood with a Spanish Accent

By Joe Dizney

The first “bad” tomato was an indicator that things were headed south. After over two months of summer lunch sandwiches, one mealy bite of a less-than-optimal specimen signaled that it was time to reconsider the menu.

Summer spoils us with its bounty. It's not that we get lazy in the kitchen, but when things are at their absolute freshest, “cooking” takes on a new meaning and doesn't require as much effort or planning.

But during this time of the year, when the air temperature says summer but the garden is winding down, we long for the lighter and brighter tastes. Best then to look to the cuisines of warmer climes for inspiration.

The northwest Galician coast of Spain is rugged and not a particularly popular destination. The region is not particularly wealthy, but its culture is rich in history and cuisine, which leans heavily on readily available seafood.

The potato is also a major crop in Galicia. And peppers — in particular the tiny, bright green Pimiento de Padrón — are considered a delicacy as a tapa, fried in olive oil and sprinkled with salt, not un-



Bacalao a la Gallega.

Photo by J. Dizney

like Japanese shishitos.

The defining sauce of the region is ajada, a spicy but not fiery condiment made from garlic lightly fried in olive oil and assertively seasoned with sweet paprika. It is used as a condiment for vegetables (cauliflower, cabbage, beans or lentils), but more commonly as the basis

for rich stews of potatoes and seafood.

Merluga a la Gallega is the quintessential Galician seafood dish, containing all these distinctive elements. Hake (*merluga*) is a large, flaky white fish related to cod or haddock that the Spanish are fond of, and while it is available here, I've adapted the recipe to the relatively more available and economical cod, although haddock, halibut or even monkfish would be fine. Shrimp, clams or scallops would make for an equally enjoyable meal.

This stew gets its savory punch from a healthy amount of sliced onions fried with the garlic and pimento. Bay leaves add additional complexity, and the quick stovetop cooking serves merely to bind the flavors and cook the potatoes. The seafood is briefly steamed atop the stew for a light, fresh-but-substantial dish perfectly suited to this in-between season.

The Pimientos de Padrón may be difficult to find; shishitos are the best substitute, but fresh Anaheim or poblano peppers (or jalapeños, particularly if milder) are also reasonable.

I've added chorizo (Spanish, or Portuguese if you can find it) but it is by no means necessary. In all honesty, this recipe — minus fish or sausage, plus beans or cauliflower — is just as authentic and enjoyable as a vegetarian main course or vegetable side dish.

Bacalao a la Gallega

Serves four

- | | |
|---|---|
| ¼ cup olive oil | poblano, Anaheim are acceptable), diced |
| 2 onions, sliced thin | 2 pounds fingerling potatoes, halved lengthwise |
| 6 or more garlic cloves, sliced thin | 1 cup dry, white wine |
| 2 teaspoons or more sweet paprika | 1 cup fish, shellfish or vegetable stock |
| 2 bay leaves | 4- to 8-ounce cod steaks |
| 6 ounces chorizo, cut into ½-inch bits | Salt and freshly ground black pepper |
| 6 ounces Padrón peppers or other tiny green peppers (shishito is ideal; | |

1. Heat the olive oil in a 10-inch skillet (with lid) over medium-high heat; add onions and garlic, cooking gently until just soft (about 3 to 5 minutes). Add the paprika and fry for an additional 2 to 3 minutes, add chorizo, peppers and bay leaves and cook for another 3 to 4 minutes.
2. Add potatoes, wine and stock and reduce to a simmer. Season with salt and pepper to taste and cook for 10 to 15 minutes, until the potatoes are tender and liquid has reduced a bit.
3. Season the cod with salt and pepper on both sides. Lay the fish on top of the potatoes, cover the pot and simmer/steam for 8 to 10 minutes, until the fish is cooked through. Serve cod in shallow bowls covered with a generous portion of the potatoes, chorizo and sauce.

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Sports

Varsity Scoreboard

Football

Haldane 40, Eldred 7
Sam Giachinta (120 yards rushing), QB
Brandon Twoguns (154 total yards), Wilson
Thorpe (12 tackles, fumble recovery)
 Somers 41, Beacon 0

Boys' Soccer

Haldane 1, Dobbs Ferry 0
 Beacon 5, Lourdes 1
 Croton 4, Haldane 0

Girls' Soccer

North Salem 6, Haldane 0
 Valhalla 6, Haldane 3
 Haldane 2, Pawling 1
 Beacon 8, Poughkeepsie 0
Reanna Cader (2), Chloe Antalek (1)
 Beacon 4, Peekskill 0
Cader (3), Antalek (1)

Girls' Swimming

Lakeland-Panas 86, Beacon 76

Volleyball

Haldane 3, North Salem 1
 Beacon 3, Carmel 0
 Peekskill 3, Beacon 0

Girls' Tennis

Beacon 6, Brewster 1

Cross Country

Section 1 League Championship

Haldane Girls
 9. Shannon Ferri (22:41.20)
 14. Meghan Ferri (28:46.40)

Haldane Boys

6. Nicholas Farrell (17:29.40)
 8. Jonas Petkus (17:37.70)

Highlands Current Athlete of the Week

*Reanna Cader,
 Beacon*

Cader, a senior and co-captain on the girls' varsity soccer team, scored three goals, including two in the first six minutes of the second half, in a 4-0 victory over Peekskill on Oct. 10. She has been a big part of the Bulldogs' nine-game streak without a loss after starting the season 0-4.

Reanna Cader

Photo by Dawn Sela



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Sports

Haldane Reconsiders Athletic Policies

*Considers training rules,
limiting team sizes*

By Lily Gordon

After a number of parents expressed concern at the Sept. 5 meeting of the Haldane School Board about athletic policies at the high school, the board has started the process of making changes.

The district does not have training rules, leaving discipline to the discretion of coaches, but some parents protested what they see as a lax attitude toward athletes who skip practices or are caught using alcohol or drugs. In response, board members on Oct. 3 said they are drafting an athletic and extracurricular code of conduct.

Further, Athletic Director Chris Salumn said he will change the process of determining if eighth graders can “play up” on junior varsity and varsity teams,



EVENLY MATCHED — Saoirse Maguire (12) of Haldane prepares to send the ball downfield past Bulldogs defender Anna Manente (18) when the Blue Devils traveled to Beacon on Sept. 22. The game ended in a 2-2 tie.

Photo by Scott Warren

after parents expressed concern about the large size of some fall sports squads and the risks of having middle school students playing against high school juniors and seniors at the varsity level. Starting with winter sports, instead of responding to requests from parents, Salumn will solicit recommendations from varsity coaches.

“They’re going to recommend the children [eighth-graders] who they think can help the J.V. or varsity team,” he said. “If we both feel that it’s in the best interests of the student, I will reach out to the family and we will start that process.”

To address large teams (the Haldane girls’ varsity soccer team has 25 players, including five eighth-graders, and the boys’ varsity has 26 players, which coaches determined was not quite enough to field both J.V. and varsity squads), Haldane is discussing again having coaches make cuts rather than taking an everyone-makes-the-team approach. “It looks like we’re moving in that direction,” said Superintendent Diana Bowers at the Oct. 3 meeting.

More sports on page 26.

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or



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or



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You can read the detailed proposals at: ecologicalcitizens.org/pccproposals.
All Philipstown residents age 13 and older are eligible to vote.

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