Doing Hard Things

Garrison woman travels to Middle East for punishing race

By Brian PJ Cronin

How did Gwendolyn Bounds of Garrison end up in the searing heat of the Abu Dhabi desert, covered in blood and sand, crawling under barbed wire alongside some of the toughest athletes in the world?

She wanted to do something hard.

Four years ago, at a dinner party, an older guest asked a young girl what she wanted to do when she grew up. Bounds recalled that the girl rattled off a long and impressive list. She was charmed by the girl’s tenacity and ambition, but had a depressing epiphany: No one would ask a 46-year-old woman that question.

It’s not like Bounds didn’t have a portfolio of accomplishments to be proud of. A former reporter and editor for The Wall Street Journal, she is the vice president and chief content officer for Consumer Reports, in addition to being the author of The Little Chapel on the River, an account of Guinan’s Pub on Garrison’s Landing following 9/11, and a member of the board of this nonprofit newspaper. But now what?

“There’s just a point in life in which you’ve crossed that Rubicon,” she said. “You have these patterns of who you are. All of us, at some point, if we’re lucky enough to live that long, are going to face that and think: ‘What does this mean?’ Are we just managing to the decline?”

The next morning, Bounds searched Google for: “What are the hardest things you can do?” That led her to discover Spartan races, events in which runners break up the monotony of long-distance running by climbing slippery ramps, swinging from ropes, crawling through mud pits, swimming under walls, hauling tires, jumping over fires, and anything else the organizers can dream up.

A few clicks later, she read an article (Continued on Page 20)

Bail, or Baleful?

Data defy easy link between reform, violent crime

By Leonard Sparks

Data released by New York State shows that about 20 percent of the defendants released since the state eliminated cash bail for most misdemeanors and nonviolent felonies were charged again with other crimes before their original prosecutions were completed, but only a small number with violent felonies.

The data, released in December, includes 284,100 arraignments from Jan. 1, 2020, when bail reform took effect in New York state, to June 30, 2021. It has only cases from criminal courts in New York City; 61 city courts outside New York City (including Beacon’s); and two district courts.

An analysis showed that in 184,653 cases in which defendants were released without bail, about 8.6 percent were rearrested on new misdemeanor charges, 5.8 percent were accused of new nonviolent felonies and 2.2 percent were arrested for new violent felonies before their initial cases were completed.

By the Numbers

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<td>Felony</td>
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By Chip Rowe

Former Haldane administrator shot on side of I-84

New York State Police investigators said last week they have not given up on justice for Richie Aderson.

Aderson, a former director of special education at Haldane, was shot in the chest during an apparent road-rage incident 25 years ago this month, on Feb. 5, 1997, along the shoulder of Interstate 84 in Fishkill near the Route 52 exit. It was rush hour, and police estimate as many as 75 vehicles passed the scene. Aderson managed to return to his Volvo sedan and call 911 on his cell phone.

“We had an accident,” he told the dispatcher. “Pulled out a gun — shot me. Oh, please help me.”

The father of three died in the ambulance on the way to St. Luke’s Hospital in Newburgh. The slug came from a .40-caliber handgun.

Although Aderson provided the dispatcher and first responders with details about the assailant and his vehicle, and a few drivers said they had seen the men on the side of the road, investigators have never been able to identify the shooter, despite receiving 3,000 leads over the years and repeated airings of a segment about the killing on a popular television show, America’s Most Wanted.

Aderson, 47, was returning to his home in LaGrange from his job as an assistant superintendent with the Valley Central School District in Orange County. He had taken the position in 1994 after spending five years at Haldane. Before Haldane, he worked for seven years in the Lakeland district.

“Putting children first was the organizing principle of his life,” a rabbi said at a memorial service.

At Haldane, one of Aderson’s first hires was Gail Kroener, who would teach special education there for 26 years until her retirement in 2016. “I think about him a lot,” she said this week. “He would probably be retired about now, too.”

(Continued on Page 22)
SUSAN ALLPORT

By Chip Rowe


Stone walls crisscross much of the Highlands. Who built them?

They were built mostly in the years after the American Revolution. People fenced their crops to keep the animals out, or they fenced their animals in. It flipped back and forth. The settlers used timber for fences, but the lumber ran out. They turned to stone, but after the British left they didn’t have anyone who knew how to build them. They did it by trial and error, and I don’t think they ever got to the level of the English wall builders. It was a relatively short window, because by the 1830s and 1840s people were moving west. That’s why we see stone walls in the woods — it was once farmland that was abandoned.

The stone walls seem too low to keep animals in or out.

The walls you see now are just remnants. Not only have they sunk into the ground, but the soil is depositing around them. It’s easy for capstones to get knocked off or to be used for some other purpose. On top of that, people used to put stakes and riders on the stone walls to build them up (so a wall might have just been a base).

Can you explain the book’s title?

It comes from Shakespeare, As You Like It: “Finds tongues in trees, books in the running brooks, sermons in stones, and good in everything.” Farmers were mystified by the stones; you would dig and all you would pull up were stones. People thought that they were put there by the devil to try their patience. So they developed a relationship with the stones: How strong are we? What can we do with these stones?

You titled one chapter “The Irony of Walls.” What’s the irony?

The farmers who first came to this country brought their domesticated animals with the intention of replicating their lives in the Old Country. They had to grow crops to survive, and they had to keep their animals to survive, but they didn’t have enough labor to do both and so they had no way to separate the crops from the animals. From that, an ethos developed that fencing was an unqualified good thing. Good fences make good neighbors; the more fences you have, the better your property. That was great for a while until steam-powered machinery came along and they had imprisoned their fields with these hard-to-dismantle stone walls that had to be removed to use the new, time-saving machinery. That’s why you see the walls still — the land was abandoned in part because of the labor it would have taken to dismantle them.

Your book has been in print for more than 20 years. Why does the topic have such resonance?

Everybody’s taken the walk in the woods and encountered a wall, and it’s an astonishing thing. There are woods all over the world where you think you’re getting away from it all and, all of a sudden, you are surrounded by walls every 100 feet. Many people also like to work with stone and want to know the history. And I think it’s a pretty good story. How could something as basic as a stone wall go in and out of fashion? We have this idea that walls are a great thing. Let’s build as many as possible. And then, 20 years later, our world shifts and we don’t want any of the walls.

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Masks and proof of vaccination required

ON THE SPOT
By Michael Turton
Will your Super Bowl Sunday be about the game?

I’ll hang out with family, friends and not watch the game. Who’s playing?

Dan Fellows, Beacon

I won’t watch, don’t understand the game, but the food will be great.

Sam Abby, Beacon

I’ll watch with my dog, Leni. I’m a Giants fan but leaning toward the Rams.

Bill Petersen, Fort Montgomery (visiting Cold Spring)
Beacon Man Dies in Collision

Police officer also hurt in second crash

A 49-year-old Beacon man died on Saturday (Feb. 5) following a head-on collision on Fishkill Avenue.

Beacon police said a Subaru driven by Derron E. Holmes, its only occupant, collided with a Jeep Grand Cherokee near District Social. Holmes had no pulse and was not breathing when first responders arrived; he was transported by Ambulnz to Montefiore St. Luke’s Cornwall hospital in Newburgh, where he was pronounced dead.

The driver of the Jeep, which also had no passengers, was taken to Vassar Brothers Medical Center in Poughkeepsie by the Beacon Volunteer Ambulance Corps, where he was treated and released.

The collision occurred at about 10 p.m., police said.

At about 1:15 a.m., a Ford Bronco rear-ended a Beacon police cruiser that was parked at the scene with its emergency lights activated. According to the department, an officer sitting in the driver’s seat was taken by Ambulnz to St. Luke’s, where he was treated and released. New York State Police troopers arrested Joseph M. Jarossy, 49, of Glenham, who was charged with driving while intoxicated.

Law Would Allow Liquor License for Cafe

Beacon Falls too close to house of worship

State Sen. Sue Serino and Assembly Member Jonathan Jacobson have introduced legislation that would exempt the Beacon Falls Cafe from a state ban on granting liquor licenses to establishments that are within 200 feet of a place of worship.

The cafe is across Main Street from the Tabernacle of Christ Church. Beacon Falls owner Bob Nevelus said his application to build a permanent home on a donated parcel at the former golf course on Route 9. Its plans are under review by the Philipstown Planning Board, which will hold a second public hearing session on Thursday (Feb. 17).

Director to Leave Philipstown Hub

McCarthy will stay on until successor hired

Danielle Pack McCarthy announced on Monday (Feb. 7) that she plans to leave her position as executive director of the Philipstown Behavioral Health Hub. She said she will remain until the board of directors hires her successor at the Cold Spring-based nonprofit, which was founded in 2019.

“My goal has always been to establish a community-based organization for the residents of Philipstown that long outlasts my tenure here, and the timing is right now for me to move on,” she said in a statement.

Shakespeare Festival Announces 2022 Shows

Will perform in tent at The Garrison

The Hudson Valley Shakespeare Festival, which will erect its tent at The Garrison this summer while it pursues approval to build structures on the site, on Wednesday (Feb. 9) announced its summer performances.

They will be Romeo & Juliet, directed by Gaye Taylor Upchurch and starring Kurt Rhoads and Nance Williamson; Mr. Burns, a Post-Electric Play by Anne Washburn, featuring music by Michael Friedman and directed by Davis McCallum; HVSF’s artistic director; and Where We Belong, by Madeline Saps, directed by Mel Ann Teo and produced with the Woolly Mammoth Theatre Company in association with the Folger Shakespeare Library.

“We are grateful to be working in partnership with [Philipstown] Supervisor [John] Van Tassel and the Philipstown emergency services to ensure all permits are in place for a season in our new home,” McCallum said in a statement. Van Tassel has said he will issue a temporary permit for HVSF to operate at the site in 2022.

HVSF also said it will present two plays in development — Untitled Agatha Project, written by Heidi Armbruster and directed by Ryan Quinn, and Memnon, by Bill Power and directed by Carl Cofield — as well as a video of A Midsummer Night’s Dream that will be available to middle and high schools beginning in April.

The festival had operated at Boscobel in Garrison for more than 30 years but hopes to build a permanent home on a donated parcel at the former golf course on Route 9. Its plans are under review by the Philipstown Planning Board, which will hold a second public hearing session on Thursday (Feb. 17).

Track a Hemlock Killer

State to launch mapping challenge

The state Department of Environmental Conservation has put out a call for volunteers to assist with a mapping project to track the invasive hemlock woolly adelgid, a tree-killing insect.

From Feb. 12 through March 12, the state’s iMapInvasives and the NYS Hemlock Initiative will host a statewide winter mapping challenge, with prizes.

To participate: Find hemlock trees, check for white “fuzz balls” on the underside of twigs and report your findings. See iMapInvasives.org.

Questions:

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Realignment

In his response to the news that Nancy Montgomery once again was assigned by her colleagues on the Putnam County Legislature to only one committee, Donald MacDonald suggested in the Feb. 4 issue that Philipstown seek seceding from the county. I have advocated that for years, largely without any response.

Long before Nancy won her seat on the Legislature, we had two representatives who were nominally Republican but who still could get nothing from the cabal in Carmel. They were treated as outliers, the “senior center” notwithstanding.

When asked with whom we would realign, Dutchess is more Republican but it still has close to a balance. Westchester is more Democrat but more expensive, which might scare off folks. But either way, Philipstown would have representation, which we have not had for years, which is called “taxation without representation.” The largesse have not had for years, which is called “taxation without representation.” The largesse we contribute to the treasury in Carmel has been going down the rabbit hole.

A call for bipartisan government in Putnam County has as much chance as it does in Washington, D.C. Stop wasting your breath.

Anthony Merante, Cold Spring

Good-cause eviction

Re: the pursuit of a good-cause eviction law (“Against the Advice of Counsel,” Feb. 4). If the Beacon City Council enacts the proposed law, will its members be willing, individually, to bear the legal costs of defending it in court? Or will taxpayers be on the hook to defend what, according to competent legal advice, is indefensible?

Intelligent people can surely find a way to advance the agenda of protecting renters while being fair and equitable to landlords.

William Cornell, Beacon

I would hope that the members of the newly composed council, each of whom ran unopposed, would spend some time on quality-of-life issues rather than what will become an exercise in futility, having been adjudicated long ago.

Herbert Simon, Beacon

Nelsonville race

I want to thank Nelsonville Trustees Chris Winward, Dave Moroney and Maria Zhynovitch for voting for and passing a law to regulate STRs (“Nelsonville Limits Short-Term Rentals,” Jan. 21). This is a well-thought-out and fair law. I have lived in both Cold Spring and Nelsonville for 70-plus years, the last 48 on Main Street in Nelsonville. Growing up, we kids weren’t happy with the fact that all the neighbors knew each other and we were watching everything we did. Raising my own children, I appreciated knowing there were others looking out for my kids and my house.

Back then there was very little crime in the village. It was like having our own neighborhood watch. Right now, I have no idea who owns the house next to me. There are strangers coming in and out every weekend and the owner shows up once a week with clean towels and sheets. My biggest concern is that our houses are so close that, if there’s a fire next door, my house could go up in flames. The law helps put my mind a little at ease.

I also want to endorse Winward for mayor and Moroney and Alan Potts for trustees in the March election. I have known Dave for over 30 years and Chris and Alan since they moved here. I know we have to progress with the times, but that doesn’t mean we have to lose the values we grew up with, and I’m sure Chris, Dave and Alan will make sure that doesn’t happen.

Mary Lou Caccetta, Nelsonville

Golf course funds

Spending COVID-19 relief money — taxpayer money — for a purpose that is extremely bad for the environment and contributes to climate change is beyond belief (“Putnam OKs COVID Funds for Golf Course,” Feb. 4). Golf courses rely on pesticides and insecticides, and their lawns are a terrible use of land. In addition, it’s well-known that golf is a dying, so-called sport. It’s incredibly cynical to use COVID money for such a purpose; only Putnam would do something like this, hopefully. I hope Rep. Sean Patrick Maloney is making a stink about this waste of federal funds.

Heidi Wendel, Nelsonville

I was surprised when I read that the Legislature was considering spending $400,000 in federal COVID relief aid at the county golf course. But then I realized how fortunate I am to live in a county that has no pressing infrastructure, health care, transportation or environmental issues.

I was so relieved to dedicate that funding for the seven deficient dams was forthcoming; that the sheriff’s Hudson River patrol has been restored; that no Putnam municipality needs funds to upgrade water or sewer lines or create safer crosswalks; that no county department needs a computer upgrade, a new vehicle or training; that the hospital has state-of-the-art equipment; that our overworked health care workers don’t need a raise or funding to expand

(Continued on Page 4)
LETTERS AND COMMENTS

(Continued from Page 4)

their knowledge; and that small-business owners, retail stores and restaurants didn’t need any county efforts to increase their sales.

None of us should worry because, obviously, none of these efforts are needed.

Dennis O’Brien, Cold Spring

Spending COVID money on a golf course is a type of hyperbolic immorality you’d expect from a failing dictatorship or a Charles Dickens novel. There is nothing conservative about it. Who do these legislators answer to? How could they possibly still have the support of their party?

Sean Conway, Cold Spring

I wonder how many members of the Legislature play there or have friends and family who play there?

David Watson, Cold Spring

I’m thinking this $400,000 is a solid gesture by the Legislature to the middle class of Putnam — not everyone who plays golf is a hoity-toity snob. I’m picturing the firefighters, cops, electricians, retired teachers and MTA guys who were thrilled to golf during the shutdown and all used that public course. The Boy Scouts have a merit badge for golf. If “golf” or “tennis” (yes, public tennis courts may need repairing) conjure up images of people who don’t pay their fair share in taxes to use public parks and services, that’s not something I relate to.

Can investing in a public course be a fairly fine thing to do? Yes. Some spots on the rail trails that go through Putnam are quite shaggy — there’s a good public works project. Because I use the trails I’ll say that, but many others will think it’s a waste.

Irene Pieza, via Facebook

The county says some of the money will be used to remove asbestos at the club. If anyone still has asbestos in their home in Putnam County, you should be ticked. You deserve remediation far more than a golf course.

Paul Yeaple, via Facebook

Shakespeare project

My family has lived off Snake Hill Road for more than 73 years, so I feel I can speak of our country road with some knowledge (“Philipstown Residents Divided Over HVSF Plans,” Feb. 4). It has been, for the most part, a quiet road; there aren’t many houses and the tortuous nature of the curves dissuades heavy traffic. It is part of “rural Garrison” as much as the dirt roads of Old Albany Post and Philipse Brook. All the people who live on this road do so because they value their privacy.

That peace and quiet is about to be disrupted by the Hudson Valley Shakespeare Festival plans for The Garrison, and for no apparent reason. I do not object to Shakespeare moving nearby. In the past I have been an ardent supporter and attendee. But I strongly object to the two-lane highway which will be constructed onto our little country road, especially since an entrance/exit already exists.

It can’t possibly be cost-effective to build a road over the stream at a steep incline. There is plenty of land farther north on Route 9 where it would not interfere with Coleman or Frazier Road. It would also eliminate the need to cut down trees and build across the stream, disturbing the waterway. HVSF’s current plan will earn the enmity of every one of its neighbors, which is not the wisest way to begin a project which ultimately will depend on the goodwill of the community.

Polly Townsend, Garrison

I sat through the debate at Philipstown Town Hall; it seemed to rival the complete works of Shakespeare in length and, at times, theater. Only around 10 persons spoke against the proposed HVSF plans. The vast majority were in favor, and most strongly in favor. Those against were largely people neighboring the golf course.

They have good reason to “kick the tires.” Unfortunately, many of those against had a tendency to exaggerate. I’m a relatively new resident to Cold Spring. I am very happy here. That happiness is largely due to the people who live here, such as [philanthropist] Chris Davis and [HVSF artistic director] Davis McCallum. They are generous of spirit, fair and transparent. I can tell they care about our community. I trust them. And I trust them to do what is best for our community.

Paul Thompson, Cold Spring

Correction

A story in the Feb. 4 issue identified a business owned by Kat Selman as Sunflower Wellness. In fact, it is Stone Flower Wellness (stoneflowerwellness.com).

Redistricting maps

When the nonpartisan League of Women Voters comes out against the state’s redistricting maps, you know it’s a bridge too far (“Legislature Approves New Districts,” Feb. 4). Regardless of which party does it, we should be disappointed when politicians select their voters to keep themselves in power. I’m pretty sure it is supposed to be the other way around.

Tom Campanile, via Facebook

The Republicans did it before, but it was not this bad, for the most part. What makes me angry is that they are ignoring the voters, who twice voted [in referendums] against gerrymandering and the like.

Alana Sweeney, via Facebook

Cafe closes

I have been craving Jeff Consagra’s multi-grain paninis since the pandemic shutdown began in March 2020 (“Foundry Cafe Closes,” Feb. 4). A post-run brunch with the family was going to be my post-pandemic treat. I’m glad Jeff is taking a rest, but I wish I could have eaten one last stack.

Carolyn Glauda, via Facebook

MLK Jr. Essay Winners

Each year, the Southern Dutchess Coalition and the Beacon Sloop Club celebrate the life of Dr. Martin Luther King Jr. with a parade, program and essay contest. The parade and program were not held this year because of pandemic concerns, but the groups invited students to respond to the question: “Are we keeping the Rev. Dr. Martin Luther King Jr.’s dream alive?”

Here are excerpts from the six winning essays, which were selected by a committee of Sloop Club members. Each student received a $50 prize donated by Rhinebeck Bank.

“MLK was all about God and love. Color is not important. Love is important. I think Martin Luther King would want me to show love. Right now, everyone is not treated equally. I still see a lot of bad things happening in this world. I know God can fix it — and he wants to. Until then, I will do my part and be kind to everyone by showing love and respect so we can live in a more peaceful world.”

NICHOLAS FERRIS JR. | Grade 2, JV Forrestal Elementary

“Martin Luther King tried to make the world a better place, but that’s a lot of work. Martin had six principles based on nonviolence and love which guided his life. This man believed that love could conquer all. I can use his principles to become a better person. I can try to make my school a better place by joining the Student Council. I can make posters for food drives. We can raise money for good causes and to get new playground equipment.”

LANDON SOLTISH | Grade 5, Glenham Elementary

“I believe that all people should be treated equally because no one has the right to act more superior than the other because they think of themselves as different. In my book, no matter the similarities or differences, I try to include everyone. I keep Dr. King’s dream alive by treating everyone the way I want to be treated. The Golden Rule!”

ANDREW CAPORALE | Grade 5, Glenham Elementary

“Andrew Caporale

“I do not think people today are keeping Dr. King’s dream alive. People are still dying. There are still riots and protests for equal rights. I plan to help. I talk to everyone, I play with everyone, I don’t treat anyone different. I’m kind to everyone. I try to live by Martin Luther King’s dream.”

ZAIRE WEST | Grade 5, Glenham Elementary

“It is our job to be good citizens. Dr. King believed that we should treat people the way that we want to be treated. I try to do this in how I treat my teachers, classmates, friends and teammates. This is how I am keeping Dr. King’s dream alive. It is my dream that by the time I have a family of my own that discrimination will be a thing of the past.”

WESTON HETRICK | Grade 5, Glenham Elementary

(Continued on Page 6)
Republican Voters File Redistricting Lawsuit

Petition cites local district as example of gerrymandering

By Leonard Sparks

A group of Republican voters sued last week to overturn new congressional districts approved by the state Legislature and Gov. Kathy Hochul, saying they are designed to flip seats held by their party. They cited District 18, which has been represented since 2013 by Rep. Sean Patrick Maloney, a Democrat who lives in Philipstown, as an example.

In the 67-page lawsuit, filed Feb. 3 in state court in Steuben County, the plaintiffs claim that Democrats “brazenly enacted a congressional map that is undeniably politically gerrymandered” and violates the state constitution.

Each of the plaintiffs says he or she lives in a congressional district where Republican votes will be diluted or rendered meaningless because Democrats moved the party’s voters into Republican-leaning areas or packed Republicans into one district. The lawsuit also alleges that some of the new districts deviate from the goal of having 776,971 people in each one.

The boundaries approved by the Legislature move “strongly Republican areas,” such as Putnam Valley, Carmel, Yorktown and Somers, into District 16, which has Democratic strongholds like Mount Vernon and Yonkers, said the plaintiffs. They charge that this change is intended to make the 18th a safer district for Maloney.

“Congressional District 18 is now oddly shaped, like a sitting dog,” said the plaintiffs.

The lawsuit also cites District 19, where incumbent Rep. Antonio Delgado is being challenged by Dutchess County Executive Marc Molinaro. The plaintiffs say Democrats “shopped for Democratic voters” to turn the district from Republican-leaning to one with a Democratic advantage.

Republicans hold eight of New York’s 27 U.S. House seats. The new map has 26 districts because the state lost one seat because of population shifts in the 2020 census. The new boundaries are expected to give Democrats 22 of 26 seats.

The lawsuit asks the court to adopt a new map or order the Legislature to create one.

The redrawn districts were approved along party lines — 43-20 in the state Senate and 163-45 in the Assembly. Sen. Sue Serino, a Republican whose district includes the Highlands, voted against the maps; Sandy Galef, a Democrat whose district includes Philipstown, and Jonathan Jacobson, a Democrat whose district includes Beacon, voted for them.

The Legislature took over the redistricting process after a 10-member commission approved in 2014 by voters, and filled with four members appointed by Democratic leaders and four by Republicans, failed to agree on a single map.

LETTERS AND COMMENTS

Jeff Consaga was more than a restaurateur, and the Foundry was so much more than a cafe. It was the heartbeat of Cold Spring. With its closing, we have lost a cherished family member.

The Foundry was the first place my late uncle, Art Kanell, brought me when I moved to Cold Spring in 2005. “The talk of the town starts here,” he said.

Jeoff’s acolytes, Sharon and Colleen, could make the sun shine on a cloudy day. Sharon knew what I wanted before I sat down: scrambled eggs, well done; bacon, crispy but not burnt; home fries; wheat toast; grain mustard. When our son was born, she bought us a teddy bear with a beating, battery-operated heart.

Jeoff was a patron saint of prickly personalities. He had the people skills to manage the contentious ’77 Yankees. He might have even kept the Beatles or Simon & Garfunkel together. He did have fabulous taste in music, because the Foundry’s shelves were a veritable Smithsonian.

I especially loved Jeff’s lentil cakes, and his blueberry and carrot muffins, too, although they gave me indigestion. His shows on New Year’s Eve were rollicking fun. The Philipstown entry that gathered on Saturday mornings in the back room were living testimony to changing times. George Stevenson’s richly detailed paintings celebrated an unsung American folk artist. In the cold of winter, the menorah in the window at Hanukkah warmed my heart.

And was there anything better than the caramelized glaze on Jeff’s signature French toast? His presentation belonged in a glossy magazine. For my birthday one year, he placed a shining candle on the plate between stiletto-thin slices of apples, strawberries and bananas that looked like sashimi. I never figured out whether the red or the gold pot contained the decaf coffee. But there was no mistaking the love, faith and fortitude that Jeff packed into his tiny stick of Cold Spring dynamite. I’m just so happy that he cracked some of those 2.5 million eggs for me.

Leo Sacks, Cold Spring

Mount Beacon run

Kudos to those maniacs who ran up and down Mount Beacon over 24 hours in subzero temperatures (“Out There: Summiting Everest [in Beacon],” Jan. 28). As someone whose pandemic-induced stir-craziness led me to run 40 miles in Fahnestock State Park on my 60th birthday, I get the appeal of this objectively unappealing objective. I also loved the sly humor the writer brought to the story.

Dan Upham, via Facebook

Visit highlandscurrent.org for news updates and latest information.
Coronavirus Update

The state lifted, effective Thursday (Feb. 10), a mandate that businesses and venues require masks or verify customers are vaccinated. Counties and businesses can still require that customers wear masks. The mandate was ordered on Dec. 10 in response to a wave of COVID-19 cases fueled by the Omicron variant, but that surge is receding. A mask requirement will remain for schools, health care and adult-care facilities, homeless and domestic violence shelters and public transportation, said Gov. Kathy Hochul, but the mandate for schools will be reassessed during the first week of March.

Central Hudson Confusion Continues

Customers voice frustration over billing issues

By Jeff Simms

Software issues causing everything from sky-high bills to no bills at all have perplexed Central Hudson customers for months, leading some people to voice skepticism about a collective that negotiates on customers’ behalf for affordable green energy.

There’s no connection between the two, although the utility company may not be helping to dispel the notion.

Central Hudson, the gas and electric utility that serves the Highlands, said last month that it had been inundated with complaints from customers. Its issues began last fall when it upgraded a decades-old computer system with new software to adapt to a “cleaner energy grid” in which more customers are using energy generated from solar panels and third-party suppliers.

About 4,000 of the utility’s 308,000 customers were affected, said Joe Jenkins, a Central Hudson representative.

The errors “are on Central Hudson’s end,” Jenkins acknowledged on Wednesday (Feb. 9). He explained that some customers who are part of Hudson Valley Community Power’s Community Choice Aggregation (CCA) program “have complexities with their bills that have created issues with the new system.”

Some customers in Beacon have received inserts in recent bills with a statement from a Central Hudson official noting that the software issues have affected “certain subsets” of the customer base, the majority of whom are enrolled in “complex energy choice options” such as rooftop solar power, community solar farms and other third-party suppliers.

Those explanations don’t sit well with Jeff Domanski, the executive director of Hudson Valley Energy, which manages the 4-year-old CCA. He says the utility’s wording “sows doubt where they shouldn’t be sowing any doubt.”

“The Central Hudson bill design, which they started using in 2019, has also added to the confusion even though it was supposed to make it easier for people to understand their bill,” Domanski said this week. “It oddly emphasizes on the cover page if someone has a third-party arrangement for electricity supply, making it look like additional charges associated with the CCA from what has always been charged, which it’s not.”

A CCA is a collective that, by “buying in bulk,” negotiates electricity prices for thousands of customers from sources other than what the utility company normally provides. When a municipality joins a CCA, most of its residential and commercial customers are automatically enrolled in the program, although they can opt out at any time.

Beacon, Philipstown, Cold Spring and seven other communities comprise the Hudson Valley CCA, which has secured lower rates for green energy drawn from non-polluting sources such as solar or wind power than an individual could. Regardless of the source, a home or business’s electricity is still distributed and billed through Central Hudson.

About 7 percent of Central Hudson’s customers belong to a CCA. Another 16 percent use other third-party energy services companies, or ESCOs.

As for the people who haven’t received bills for months, Jenkins said that “every single one of those customers will have a bill by Feb. 25.” All impacted customers will have their subsequent monthly billing caught up by April 1, he added.

Confused customers aren’t the only ones who have noticed the problems. State Sen. Michelle Hinchen, a Democrat whose district includes part of the western Hudson Valley, has proposed legislation to revise the estimated billing system that utility companies allow customers to use, which she says can lead to significant billing disparities.

Domanski, who noted he hasn’t received a bill at his Beacon home since September, said the CCA has gotten calls to its help line from residents in each of its partner communities “because people are paying more attention to their bills.” But, he said, “Beacon’s social media community really stands out with an unusually high number of posts from people incorrectly blaming the CCA for the higher bills they’re seeing.”

He’s used the confusion as an opportunity to educate people about the CCA by replying to dozens of social media posts and fielding irate phone calls.

During its first two years, the fixed rate negotiated by the CCA was at times higher than Central Hudson’s variable rate, although the latter only derives part of its energy from green sources. But in the last two years, Domanski said the CCA’s rates have outperformed Central Hudson’s so well that “people are definitely in the positive savings category.”

In January, Central Hudson’s variable rate was 10.9 cents per kilowatt-hour. The CCA’s renewable rate, which is fixed through June 2024, is 6.6. The CCA also offers a standard fixed rate (that’s not 100 percent renewable) that is 6 cents per kilowatt-hour.

In most cases, the public education campaign has gone smoothly. “It’s turned so many fiery, angry calls into ‘Oh, I never thought of it that way,’” Domanski said.

Putnam Sheriff Promises Alert System

Also, Philipstown will create food-scrap collection site

By Liz Schevchuk Armstrong

Putnam County Sheriff Kevin McConville last month announced a new alert system to warn local officials of serious incidents that could affect them and their communities.

As an example, he cited major traffic accidents on Route 9D.

The Cold Spring resident and former chief of the Metropolitan Transportation Authority police took office in January after defeating another Philipstown resident, then-Sheriff Robert Langley Jr., in the November election.

Addressing the Philipstown Town Board on Feb. 3 during its formal monthly meeting at Town Hall, McConville noted that the county Bureau of Emergency Services already sends alerts about potential threats such as pending severe weather. Nonetheless, he said, “we felt it was important for us as a law enforcement agency to dive a little bit deeper and go a little bit farther” and “get information out in a timely and accurate manner” more broadly.

He said the Sheriff’s Department is developing a system to alert local officials quickly by phone and email.

School districts and highway departments likewise will be alerted and the department plans to unveil a school safety initiative in the spring, he said.

“We’re here to be a partner, and that’s what we’re going to be,” McConville said.

Philipstown Supervisor John Van Tassel, who also took office in January, said that already, the town and Sheriff’s Department “have been in touch a lot. It’s been amazing to have the open line of communication that we do have. I appreciate the outreach. The more information everybody has, the safer it is for everybody.”

Late in the meeting, the five-member Town Board unanimously authorized adoption of an agreement with the Village of Cold Spring allowing their highway departments to fill in for each other in snow and ice removal if either is short-staffed.

Van Tassel noted that over the last weekend of January, the town Highway Department salted Cold Spring streets when two village trucks malfunctioned. “It’s nice to work with our neighbors,” he said.

The agreement, approved by the Cold Spring Village Board on Wednesday (Feb. 9), continues until April 15.

The board also scheduled a public hearing for March 3 on adopting, as town law, state provisions known as the NYStretch Code fostering environmentally friendly building practices.

The New York State Energy Research and Development Authority estimates that adhering to NYStretch standards makes buildings 10 percent to 12 percent more energy efficient, reducing pollution and the consumption of oil, natural gas and electricity. Implementing NYStretch involves using more efficient insulation, windows and lighting, accommodating electric vehicles and similar adaptations.

Van Tassel said the Philipstown code already reflects NYStretch principles, so “it’s not going to be a big change” if the town adopts them formally. The standards also enhance the town’s ability to obtain grants.

In other business, at a workshop on Wednesday (Feb. 9), the Town Board unanimously approved creating a program to collect food scraps for composting. Van Tassel said a collection point can be set up at the town recycling site on Lane Gate Road. He promised it would generate no stench and “there will be no rats, no raccoons running around.”
Bail Reform (from Page 1)

The same pattern held at the Beacon City Court. Of 212 people released at arraignment, 20 were arrested on new misdemeanor charges, seven accused of new nonviolent felonies and three charged with new violent felonies.

Advocates highlighted the data as evidence that a large majority of defendants do not commit new crimes after they are released without bail. Laurie Dick, a Beacon resident and attorney for the Legal Aid Society of New York City, said her clients make their court appearances “at least as reliably as they used to,” without being rearrested.

She highlighted one case as an example of the need for bail reform: a man who, exiting a train in Brooklyn while heading home from work, was stopped by police and told he fit the description of someone who had committed a nearby robbery. If he had not been released because of bail reform, he could have been jailed and lost his job, she said. Video she subpoenaed showed that the robber could not have been her client, but the case took four months to resolve, she said.

Still, the state Legislature’s Democratic majority may do some “tweaking” to the law during the current session, said Jonathon Jacobson, whose Assembly district includes Beacon.

Republicans and police officials opposed to the law are hoping for more than a tweak as they wage a public campaign that casts bail reform as a threat to public safety and a driver of violent crime.

Locally, violent crime dropped slightly in Beacon and Dutchess County during 2020, the first year of bail reform, according to the most recent data from the state Division of Criminal Justice Services. Fifteen violent crimes were reported by the Beacon Police Department, compared to 24 the prior year. There were 34 violent crimes reported by the Dutchess County Sheriff’s Office, compared to 38 in 2019.

On Jan. 31, Dutchess County Executive Marc Molinaro and state Sen. Sue Serino, whose district includes the Highlands, held a joint news conference in Albany to ask Gov. Kathy Hochul to prioritize “fixing” bail reform. (Both lawmakers are Republicans; Molinaro is running for a U.S. House seat in District 19.)

The law is “leaving victims vulnerable,” said Serino, who has introduced legislation that would allow judges to consider a defendant’s threat to public safety in determining whether to impose bail.

“No one here today believes that any New Yorker should be held behind bars simply because of an inability to pay, but all of us believe that ensuring public safety, and protecting the most vulnerable among us, is a fundamental function of government,” she said.

The state is “slow-rolling” access to data about who is being released “because when you get into it, you realize that they have compounded a problem,” said Molinaro during the press conference. “We ought to be evaluating the data every day.”

The next day, Molinaro released a memorandum addressed to Mary Ellen Stail, chair of the Dutchess County Criminal Justice Council. He asked that the council research how Dutchess could create a daily report similar to one ordered by Bruce Blakeman, the county executive for Nassau County on Long Island, that requires police to publicize data on defendants who are arrested again after being released under bail reform.

Cold Spring to Revise Short-Term Rental Law

Also, change of use requested at Butterfield

By Michael Turton

Mayor Kathleen Foley, at the Wednesday (Feb. 9) monthly meeting of the Cold Spring Village Board, said Village Attorney John Furst is formulating next steps that will enable the board to “revise and improve” a local law governing short-term rentals such as those booked through Airbnb.

“The law is cumbersome; it is beyond the capacity of our small staff to enforce,” Foley said, adding that as written, the law can’t achieve one of its basic goals, to ensure the safety of STRs “through inspection and permitting.”

Foley said the law identifies the Cold Spring Police Department as responsible for enforcement, even though the law’s provisions are “within the realm of code enforcement.”

The mayor’s comments came during a discussion of a request from a village resident for an exemption from one of the law’s provisions.

Marty Anne Remy was denied an STR permit because she has not lived in her Cedar Street home for at least three years as required by the law. Her request for the exemption was also denied.

The STR law, outlined in Chapter 100 of the village code, was enacted in August by a 3-2 vote by the previous board, headed by Mayor Dave Merandy. Foley, who was then a trustee, and Tweeps Woods, who had been appointed by Merandy to fill a vacancy, were the “no” votes. (Woods was elected to the board in November.)

Among the law’s provisions are a lottery system for issuing permits, a maximum of 49 rental units that can each operate for no more than 90 nights per year, off-street parking requirements and a minimum separation of 300 feet between STRs.

On the advice of the village attorney, Trustee Joe Curto recurs himself from Wednesday’s discussion. Curto has an STR permit that allows him to rent his home for a maximum of 14 days a year, either on consecutive nights or in two, seven-day periods.

That permit category allowed continuation of a longstanding village tradition, the renting out of homes during West Point graduation week or when a family goes on vacation.

Curto said on Thursday (Feb. 10) that he is considering having his permit rescinded so that he could take part in discussions.

Revising the law is “probably the most sane and logical way to go,” Trustee Cathryn Fadde said. “We’re just trying to keep people safe; we don’t want to become a police village.”

Trustee Eliza Starbuck said the discussion was about more than denying Remy’s request for an exemption. “We’re saying that this law doesn’t make sense; it is unenforceable,” she said.

Foley said public input will be sought throughout the review process, which will include a public hearing.

In other business...

- The Planning Board is considering an application for a change of use at the yet-to-be constructed Building No. 1 at the Butterfield redevelopment. The change would switch 8,000 square feet designated as office space to six senior rental apartments. The 6,000 square feet approved for retail use would not change.

- A resolution awarding a contract to Royal Carting for collection of garbage and recyclables was postponed for one week to allow time for the company’s attorney to review the proposed contract.

- Phillipstown Town Board Member Bob Flaherty updated the board on the town recycling center at 59 Lane Gate Road, which is open Saturdays from 9 a.m. to 3 p.m. It operates on the honor system and accepts household recycling as well as white goods such as stoves, refrigerators and ovens.

- Village Accountant Michelle Ascolillo reported that many of the restrictions on how the village can spend $200,000 it will receive through the federal American Rescue Plan have been eased.

- The ad hoc committee responsible for reviewing Cold Spring Police Department policies will meet for the first time on Feb. 23. The group was established in response to a statewide executive order issued in 2020 by then-Gov. Andrew Cuomo. Ed Currey is the chair.

- The Recreation Commission has received requests for two ticketed events at Mayor’s Park: Hops on the Hudson on July 16 and the Putnam County Wine and Food festival on Aug. 6 and 7. The commission plans to hire an event coordinator.

- The Police Department responded to 74 calls for service in January, including what has become a recurring problem: 24 false alarms at the New York-Presbyterian Medical Offices at Butterfield. Officers issued 42 parking and 11 traffic tickets.

- The 11 calls the Cold Spring Fire Co. responded to in January included four activated fire alarms, two chimney fires, two motor vehicle crashes, a car fire, an elevator rescue and an EMS assist.
Nelsonville Slate is Set
Candidates also declare in other races
By Liz Schevtchuk Armstrong

The March 15 election in Nelsonville for Village Board firmed up this week with the addition of two more candidates for village trustee — a job familiar to both.

Incumbent Trustee Dave Moroney, first elected in 2018, and former Trustee Alan Potts each entered the nonpartisan race before the Tuesday (Feb. 8) deadline for filing nominating petitions. They join Tom Campanile, who announced his campaign in January, on the ballot to vie for two seats: the one occupied by Moroney and one held by Trustee Chris Winward, who is running for mayor. Trustees serve two-year terms.

The other candidate to succeed Mayor Mike Bowman, who chose not to run for another term, is Rudolf van Dommele.

Moroney, a Nelsonville resident for 19 years, owned a construction business before retiring in 2020. “If re-elected, I would like to continue improving our roads and repairing or replacing sidewalks,” he said in a statement. “I would like to keep our taxes low, improve safety on Main Street and, as always, be available for all our residents at all times.”

Potts, a science teacher, said that his 28-year career has mostly focused on teaching disadvantaged children in public schools in New York state. (He also served in the Peace Corps.) He moved to Nelsonville in 2004 and was elected trustee in 2017, but failed in a re-election bid in 2019, and in 2021 lost a comeback attempt by two votes.

“I offer experience, awareness of current issues and integrity in managing village affairs,” he said, promising residents that “I will always solicit your input” and “am only concerned with being a good steward of our village resources and character.”

Assembly District 95
Vanessa Agudelo, a former member of the Peekskill City Council, on Feb. 2 announced plans to run for the Assembly seat held for nearly 30 years by Sandy Galef, a Democrat not seeking re-election.

The daughter of Colombian immigrants, Agudelo is a community activist and a lifelong Peekskill resident. She earned degrees in international politics and archeology from Penn State University and was elected to the City Council in 2017 at age 25 but did not win re-election in 2021. For the past four years, she has been the Hudson Valley member-engagement manager for the New York Immigration Coalition.

The Democratic primary for the seat is scheduled for June 28. Agudelo joins a field that includes former Peekskill Mayor Andre Rainey; Dana Levenberg, the Ossining town supervisor who formerly served as Galef’s chief of staff; and Colin Smith, a member of the Westchester County Legislature whose district includes Peekskill.

Putnam County
On Tuesday (Feb. 8), Michael Bartolotti, the county clerk, announced he would seek a third, 4-year term. A Republican, he won office with 63 percent of the vote in 2014 and ran unopposed in 2018.

Dutchess County
Kirk Imperati, acting sheriff of Dutchess County, on Feb. 3 announced his candidacy for the Republican and Conservative lines on the November ballot for the sheriff’s position.

A 29-year veteran of the department, including 14 years as undersheriff, Imperati took over in September following the death of Sheriff Butch Anderson, who was in his sixth, 4-year term.
Philipstown renters & homeowners can apply now to the Philipstown Climate Fund.

Applications due February 15 for the 1st lottery draw on March 1.

Get $$$ to help pay for one of these electric upgrades in your home.

Learn more:
www.bit.ly/PCFapplication
(845) 217-4534
The Calendar

LIES WE TELL OURSELVES

Company to present performance, parlor game
By Alison Rooney

Are little white lies a necessary social maneuver or symptomatic of greater deceit? What is your feeling when you get away with an untruth? Is it thrilling, or do you feel guilt coursing through your veins?

You can explore all these things at Liar, a participatory, immersive hybrid of performance and game which will take place at the Howland Cultural Center in Beacon at 8 p.m. on Feb. 26. It will be produced by PopUP Theatrics, a collaboration between Ana Margineanu, Peca Stefan and Tamilla Woodard created in 2011.

Margineanu and Stefan are from Romania, which is where Liar has its origins. It also has been performed in Washington, D.C., and New York City.

“It’s hard to explain in a blurb,” Margineanu says. “It’s structured like a game in which audience members get to compete for the prize and title of the biggest liar — only not many people want to compete for such an honor.

“It’s a lot of fun, but also an interrogation of how much we actually lie, why we say the lies that we say and why the tiny, justified little white lies a necessary social maneuver or symptomatic of greater deceit?”

For this edition, it will be a little wine,” Margineanu says with a laugh.)

The show is constructed so that no one feels put on the spot, she says. “It’s more about asking the questions for ourselves: Are we the person that we think we are? Everything is pretty confidential. Nobody will be exposed unless they feel like sharing. The performance is highly participatory, but the level of participation is up to you. We split the audience members into teams, and on every team, there are usually a couple of vocal people, a couple of quiet people, but most are in the middle.

“I never believe that theater spectators are actually spectators,” she adds. “There is always so much going on in there. To me there is a magic in the meeting, and I want to highlight that magic. We all need Alice in Wonderland, to drop where we are in our lives, jump in the rabbit hole and experience a universe which makes us think about our lives, jump in the rabbit hole and experience a universe which makes us think about our lives, then go back with a new perspective.”

Liar features two actors, Calaine Schafer and Bilal Walker. It was developed in 2017 during a PopUP Theatrics residency at the Women’s Project in New York City. Margineanu, Stefan and Woodard spent two years conducting research around the world.

“We placed ‘lie boxes’ in the lobbies of buildings, theaters and online,” Margineanu says. “We positioned an actor on the street with strips of paper on which people passing by could write lies and pin them on. Some were benign, some were devastating, some were lies that people were told and some were lies that people told themselves. “The majority of them were pretty powerful, strong lies,” she says. “I was surprised that strangers would share devastating moments of their lies. But I realized that people carrying those secrets are burdened by them and they welcome the opportunity to put it out there.”

The Howland Cultural Center is located at 477 Main St. in Beacon. Tickets are $25 in advance at howlandculturalcenterinc.com or $30 at the door, although only 40 will be sold. Proof of full vaccination and masks will be required.
THE WEEK AHEAD
Edited by Pamela Doan (calendar@highlandscurrent.org)
For a complete listing of events, see highlandscurrent.org/calendar.

COMMUNITY

SAT 12
Eagle Viewing
GARRISON
9 a.m. – 2 p.m. BoscoBel
1601 Route 90 | 845-265-3638
boscoBel.org

Constitution Marsh staff and local Audubon volunteers will help visitors spot south-migrating bald eagles that are roosting and feeding in the Hudson River Valley. Bring your own viewing equipment; it will not be shared. Masks required. Register for a time slot. Cost: $20 ($15 seniors). 8 a.m.; admittance is on a first-come, first-served basis.

TUES 15
Cold Spring Chamber Meeting
GARRISON
9:30 a.m. BoscoBel 1601 Route 90
coldspringchamber.com

Join the Chamber of Commerce breakfast meeting in person or via Zoom. Village, town and county elected officials will attend to discuss goals for the year. Cost: $30 (free for members or virtual).

FRI 18
Great Backyard Bird Count
birdcount.org

This annual international count helps with conservation efforts. Take 15 minutes to count the birds in your yard or at a feeder and share your findings. Also SAT 19, SUN 20. Learn more in a webinar on WED 16 hosted by Cornell University.

SAT 19
Washington’s Birthday
NEWBURGH
2 p.m. via YouTube
845-562-1195 | bit.ly/Palisades-TV

WASHINGTON’S BIRTHDAY PARADE
This annual event begins at 3 p.m. with a ceremony at 3:15 p.m. at the Washington’s Headquarters. The parade conclude at The Yard with refreshments, a bonfire and dancing.

TUES 15
Spring Celebration of Light
BEACON
5:30 p.m. Pothill Park
facebook.com/beaconspring

Bring lanterns to light up the darkness and walk east on Main Street with music. The parade concludes at The Yard with refreshments, a bonfire and dancing.

SAT 19
Beyond Silence
BEACON
Noon – 5 p.m. Friedman Gallery
475 Main St. | 929-314-4604
fridmandgallery.com

Karumi Tanaka’s solo exhibit will feature tiny musical instruments incorporating animal skulls and other natural objects. Her indigo ink landscape drawings will also be on display. Through April 3.

STAGE AND SCREEN

SAT 12
Seven Keys to Baldpate
WAPPINGERS FALLS
2 & 8 p.m. County Players Theater
2681 W. Main St. | 845-298-1491
countyplayers.org

In this comedy thriller by George M. Cohan, a quirky cast tries to steal millions as a writer attempts to write a novel overnight to win a bet. Also SUN 13, FRI 18, SAT 19.

SAT 19
The Artichoke
BEACON
8 p.m. Howland Cultural Center
477 Main St. | 845-831-4988
artichokeshow.com

This month the storyteller series will feature Tracy Rowland, Joe Charinisky, Sandi Marx, Sean O’Brien, Erin Barker and Jim O’Grady. Cost: $20 ($15 video recording).

FRI 18
Double Shot
BEACON
8 p.m. Towne Crier
379 Main St. | 845-855-1300 | townecrier.com

The band will perform songs from its latest release, The Day the Earth Stood Still. Proof of vaccination required. Cost $30 ($35 door).

SAT 12
Willie Nile Band
BEACON
8 p.m. Towne Crier
379 Main St. | 845-855-1300 | townecrier.com

The harmonica player and guitar player will perform their Chicago-style blues. The Dan Brother Band will open. Proof of vaccination required. Cost $20 ($25 door).

FRI 18
The Academy Blues Project
BEACON
9 p.m. Dogwood
47 E. Main St. | 845-202-7500 | dogwoodbeacon.com

The band will perform music from its latest release, Prodigal Son.

SAT 19
Vance Gilbert
BEACON
8 p.m. Towne Crier
379 Main St. | 845-855-1300 | townecrier.com

The folk singer and acoustic guitar player will perform music from his prolific career and 13 albums. Cost: $15 ($20 door).

COMMUNITY

SAT 12
Party for Human Rights
BEACON
6 – 9 p.m. District Social
511 Fishkill Ave.
districtsocial.com/beacon/live-music

tara Simmon’s (below) plans to bike and run this summer from Death Valley to Beacon to raise awareness of human rights. This fundraiser will support her journey. Admission includes two drinks, a game card and raffle ticket. Cost: $40 (free for members or virtual).

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SAT 19

**Vomit Fist**  
**BEACON**  
9 p.m. Quinn’s  
330 Main St. | 845-202-7447  
facebook.com/QuinnsBeacon  
This “blackened grindcore trio” includes the father and son who founded the band. Cost: $10

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SUN 20

**Stella Blues Band**  
**BEACON**  
8 p.m. Towne Crier | 379 Main St.  
845-855-1300 | towncrier.com  
Together since 2009, the group recreates the experience and music of a Grateful Dead show. Cost: $15  
($20 door)

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**Charles Richard-Hamelin**  
**BEACON**  
4 p.m. Howland Cultural Center  
477 Main St. | 845-765-3012  
howlandmusic.org  
The Howland Chamber Music Circle piano series continues with this program of works by Chausson, Still, Franck and Chopin. Cost: $40  
($10 students)

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**City Council**  
**BEACON**  
7 p.m. City Hall | 1 Municipal Plaza  
845-838-5011 | beaconny.gov  

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**Dutchess Legislature**  
**POUGHKEEPSIE**  
7 p.m. Legislative Chambers  
22 Market St. | 845-855-2100  
dutchessny.gov

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**Public Hearing:**  
**Danskammer**  
**ALBANY**  
5 p.m. Via Zoom  
After the state in October denied an application to expand the power plant on the Hudson River north of Beacon, the company appealed the decision. To attend, click “join meeting” at webex.com and search for event 2337 673 8643. The password is Feb15-5PM.

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**School Board**  
**COLD SPRING**  
7 p.m. Haldane School  
15 Craigside Drive | 845-265-9254  
haldaneschool.org

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**School Board**  
**GARRISON**  
7 p.m. Garrison School  
1100 Route 9D | 845-424-3689  
gufs.org

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**Please join us in congratulating our 2021 Award Winners**

**Platinum Award**

*Craig Roffman, Linda Hoffmann, Abbie Carey*

**Silver Award**

*Melissa Carlton, Kathyraine Tomann, Eric Stark, Mark Carlton, Jessica Gentile, Kathleen Kourie, Peter Hoffmann, Robert Runce, Peter Tomann, Steven Seid*

We would also like to thank the following agents for contributing greatly to our office success:

*Michael Seibert, Bill Pugh, Tereze Olsen, Steven Seid, Mark Carlton, Jessica Gentile, Peter Hoffmann, Robert Runce, Peter Tomann, Michael Seibert*
Something You Don’t Know About Me

Kalista Parrish

Kalista Sale Parrish, who lives on East Mountain Road South, began visiting Philipstown during childhood summers. She teaches drama at the Garrison School and acting at the Philipstown Depot Theatre. She spoke with Alison Rooney.

We lived in Greenwich Village. My mom was an editor of books. She worked at Dutton and G.P. Putnam’s, and she edited Kurt Vonnegut’s last couple of books, and books by Donald Barthelme, Alice Hoffman — a long list of excellent writers. My dad is a nonfiction, political writer. He also spent a couple of years at The New York Times.

My mom found out about this area by reading something in the back of The Village Voice. She refused to go more than two hours from the city.

We were some of the first summer people here. My parents bought this place [where she lives] in 1970. We were here when Cold Spring was a flag stop on the train line and kids put pennies on the tracks. Being a kid in Greenwich Village for most of the year, then coming up here for three months in the summer, was bizarre.

But really, it was the best of both worlds. I loved being able to play Raiders of the Lost Ark with my sister in the woods, catching salamanders. We would make boats out of sticks, leaves and acorns and float them down the stream that ran alongside East Mountain Road South. My mom invited neighborhood kids to come swim in our 70-foot-long, street-fed cement pool.

Eileen Montgomery, a nearby mom, taught me to get over my fear of putting my face in the water. She’d have everyone sing “Happy Birthday” and then “blow out the candles” by blowing bubbles in the water.

I got my Red Cross swimming badges at the Philipstown Day Camp, when it was at Marist Lake in the 70s, and carried them around like badges of honor that I showed my friends in the city. I remember when we had a party [phone] line and only needed to dial four digits. In many fun ways, it felt like living in the past here.

None of the kids we played with had friends from the city and we’d never met anyone like them, either. We were fascinated by each other. On many an Easter, I would go with the Mackey family to Mass at Our Lady of Loreto, because I loved the pageantry, which reminded me of the theater. At the same time, it was hard to digest my mom thinking she was maybe the first Jewish person who people here had ever met, and that there were no people of color.

In the city, my mom put me in theater class when I was 5. I liked living in the fiction of it. I went to Walden for school — it was progressive education, a way of being able to relate to your work, your teachers, in a way that was not competitive. By then I had some acting jobs: commercials, print work, a cable show hosted by the DJ Meg Griffin.

I loved being a teenager in the city because you get so much independence. Let’s put it this way: There were lots of apartments in which the parents weren’t there. Central Park was across the street from my high school. I did my French homework on the subway in the morning. We didn’t have to rely on a car. There were scary things to deal with, but as city kids with street smarts we were always aware of things around us and places to go if you felt creeped out.

At some point in the mid-’80s a developer came and cut down trees near our Philipstown house. When the development didn’t happen, my parents tore down our cabin and built a house with heat.

I didn’t think I was going to go to college because I was a working actor. But I realized I was no longer eligible for children’s roles. My options were to put on 30 pounds and be the ingénue. I was told to get my nose fixed.

What did Corinna wind up liking the most about living here?

Hiking in the woods!

I love the challenges of teaching drama at the Garrison School. Theater has many elements so useful for everyday life: listening, being in the moment, not prejudging, creating a safe space for others. Theater provides ways of interacting with the world and working in a collaborative medium, understanding how you being responsible for your behavior affects other people. Theater is a great way to express that.

For more information about the next session of Depot Theatre Young Players, see philipstowntownrecreation.com.
The Comforts of Congee

By Joe Dizney

As small, good things go, congee rates a spot in my practical culinary canon. Congee is a silky-smooth porridge of white rice, with the grains cooked to absolute disintegration, beloved by babies and dyspeptics.

For gastronomes, it’s known best as the basis for breakfast, augmented by scraps of this-and-that, such as pickled vegetables, cabbage shreds, leftover chicken, seafood, Chinese sausage, tofu, mushrooms, 1,000-year-old eggs or much younger soft-cooked fresh ones.

You get the picture: almost anything goes. This is how I first experienced it in Hong Kong, where in Cantonese it is known as jook or juk.

I was reintroduced to congee after a couple of days of serious Yuletide prandial overindulgence in the home of friends, Zack and Laura Paradis, along with Zita and Renzo, their unflinching 10- and 6-year-olds.

Laura, the Houston-born daughter of Chinese expats, gracefully and effortlessly conjured up bowls of warm, soothing congee surrounded by offerings of “many wonders” (a favorite euphemism for leftovers), plus raw and pickled odds and ends.

We enjoyed this thoughtful meal as much or more as the exotic bucatini con ricci di mare (pasta with sea urchin) or Zack’s amazing venison Wellington that we had been feasting on for days. For congee is above all a meal that, for congee is forgiving and open to interpretation, with a ratio of rice to liquid ranging from 1-to-7 here to 1-to-10. The liquid itself can be water (which doesn’t mask the perfumed fragrance of jasmine rice), or stock (vegetable, chicken or otherwise). The rice can be long, medium or short-grain. Brown rice has even been mooted, and Laura mentioned attempting one with black “forbidden” rice.

The additions are up to you. This starter version offers soy sauce-mirin marinated chicken, stir-fried with garlic and ginger, with sliced fresh shiitake mushrooms and sliced bok choy getting the same treatment.

The congee needs two hours to soak and cook, allowing you ample time to prep the chicken, vegetables and garnishes, cooking them in the congee’s final 20 minutes or so to hit the table warm and fresh.

Bonus tip: Laura, an accomplished professional working mother, tends to cook extra congee, refrigerating the excess for 4 to 5 days and reheating it stovetop with some other flavorless oil.

Congee, master recipe

Rinse the rice well and drain. Toss with salt and oil and let sit for ½ hour. Bring 5 cups of water or stock to a boil over high heat. Add rice and return to a boil, lower heat and partially cover, simmering the rice for 1½ hours, whisking occasionally (every 10 minutes or so) to achieve a silky smooth consistency.

For the chicken, shiitake and bok choy

While the congee cooks, whisk the garlic, ginger, soy sauce, mirin and cornstarch. In a small bowl, toss the chicken with a couple of tablespoons of the soy-mirin sauce. Set aside to marinate.

About 20 minutes before the congee is done, heat a splash of oil in a small wok or saute pan over medium-high heat. Stir-fry the bok choy and reserved white parts of the scallions until cooked (about 3 minutes) and add a tablespoon of the soy-mirin sauce and toss to coat. Reserve in a small bowl and keep warm.

In the same pan, heat a splash more of the oil and saute the mushrooms until just colored; add a splash of the soy-mirin sauce, toss to coat and reserve to another bowl and keep warm.

Heat a splash more oil in the pan and saute the chicken, tossing until done (about 3 to 4 minutes). Reserve and keep warm.

To serve, portion the congee into individual serving bowls and top with the bok choy, mushrooms and chicken. Garnish with peanuts, scallion greens and ginger matchsticks. Finish with a drizzle of sesame oil.

For the chicken, shitake and bok choy

3 cloves garlic, grated or minced fine
A thumb-sized knuckle of ginger, grated or minced fine
3 scallions, bias-sliced thin, white and green parts reserved separately
3 tablespoons soy sauce
3 tablespoons mirin
1 teaspoon cornstarch
Oil (peanut, canola or some other flavorless oil) for cooking

1½ cup bok choy, green and white parts chopped into bite-sized pieces
3 scallions, bias-sliced thin, white and green parts reserved separately
5 to 6 shitake, white button or oyster mushroom caps, sliced thin
One large boneless, skinless chicken breast or thigh, sliced thin
Garnishes for serving

1¼ cup chopped roasted peanuts
Ginger, cut into small matchsticks
Toasted sesame oil for drizzling

In a small bowl, toss the chicken with a couple of tablespoons of the soy-mirin sauce and keep warm.

To serve, portion the congee into individual serving bowls and top with the bok choy, mushrooms and chicken. Garnish with peanuts, scallion greens and ginger matchsticks. Finish with a drizzle of sesame oil.

Seed-Sowing at Stonecrop Gardens

Please join us for our first workshop of the season...

Part 1 - Saturday, March 12, 9 am-1 pm (Snow date March 13)
Learn the basic principles of seed propagation and seed-sowing techniques to sow a variety of annuals.

Part 2 - Saturday, April 23, 9 am-1 pm
Learn how to prick out the germinated seedlings into larger rounds to take home and grow in your garden.

Space is limited. Participants must attend both workshops. Registration and pre-payment required. $80/$60 for members.
Register online at www.stonecrop.org or call (845) 265-2000
Living Green

Cooking With Magnets

By Krystal Ford

When you think about your dream kitchen, does a big shiny gas range come to mind?

That's the first thing we bought when we had plans to renovate our kitchen. In fact, we bought our double-oven, 6-burner gas stove from a woman on Craigslist and stored it in a garage of our rental house for two months until we moved in.

Today, my love for this “must-have” kitchen essential has turned hostile and I am counting the days until we can replace it. This is my last piece of fossil-fuel-burning equipment in my home and it taunts me every day I use it.

As it turns out, getting rid of the gas stove isn’t just a symbolic gesture toward reducing my carbon footprint. A newly released study in Environmental Science & Technology found methane emissions from stoves collectively are roughly equivalent annually to the carbon dioxide released by half a million cars.

“Basically all stoves leak a bit when they’re burning, and they all leak a bit when you turn them on and off, because there’s a period of time before the flame kicks in,” said Robert Jackson, a professor of earth science at Stanford and one of the study’s co-authors. “The most surprising was almost three-quarters of the methane that we found emitting from the stoves came from when they weren’t running.”

You might be surprised to learn that gas stoves are largely unregulated and indoor air pollution can reach levels that would be illegal outdoors, according to the report compiled by four environmental groups, including the Rocky Mountain Institute and the Sierra Club. Studies have shown that pollutants released by gas stoves, including carbon monoxide, formaldehyde and nitrogen dioxide can have negative health effects and exacerbate respiratory conditions like asthma.

What is an amateur chef to do? Go back to coil stoves of yesteryear? We’ve been told over and over by the gas industry that gas-burning stoves are superior. (“Now you’re cooking with gas!”) But that’s not true any longer, not since the introduction of the induction stove.

Induction cooking uses electric currents to heat pots and pans through magnetic induction instead of using thermal conduction (i.e., a gas or electric element transfer of ring heat from a burner). Induction heats the vessel almost instantly, so you can cook twice as fast with twice the precision and lower energy bills and carbon footprint.

Since I don’t have an induction stove – it’s been ordered – I reached out to a friend who loves to cook and recently purchased one, so I could see it for myself.

The stove is beautiful and sleek. It has five burners. As we talked, my friend put four cups of water on to boil in her kettle (enough to fill her French press) and timed it. The water boiled in less than two minutes. Impressive. Granted, you may have to replace some pots and pans, because they must have iron (i.e., a magnet must stick to them).

My friend said there wasn’t much of a learning curve, except for the faster cooking. As a baker, she said she has had to adjust because her new oven uses convection and maxes out at 500 degrees.

You can expect to pay $1,400 to $3,000 for an induction oven. (The Philipstown Climate Fund has funding available for lower-income households that apply by Feb. 15; see bit.ly/PCFAwardApplication.) You’ll save on propane; induction stoves are more than 80 percent more efficient than gas. I calculated that we spend about $325 annually on propane for cooking, so it could take 10 or more years for payback. But in the meantime, I would have a far-superior stove, with no carbon emission or indoor air pollution.

Until I make the switch, I’m practicing a new catchphrase: “Now you’re cooking with magnets!”
Kid Friendly

Power of Self-Love

By Katie Hellmuth Martin

The last time I columned to you, I encouraged you to do what you need to do for you, despite the voices in your head, real or imagined. I spoke of being squished for time. I pushed you to “surrender in motion” — surrendering to the schedule to do what you need to do.

The month was October, one of the busiest, with Halloween creative energy swirling. Once that column appeared, I disappeared. The winter days were coming up, and I knew I’d get emotionally slurry in the reflective candlelight of the holidays and my own struggles with the meaning of Xmas.

I’ve emerged wanting to write a children’s book, a story of a female Santa with a fabulous rotation of expressive hairstyles — not the old guy with the beard who only seems to pass judgment, eat cookies and doesn’t make or knit anything.

I snapped out of my storyboarding when I saw a comment thread recently on the Facebook group Beacon Moms. A mom was asking for ideas on what to do for self-love. Her therapist asked her what she did for herself, and she was stumped.

The old me’s reaction was: “What do you mean? I have no time! How can you ask me this?”

Which is precisely why this question must be asked. If the impulse is to get angry at the thought of doing something satisfying for yourself, it’s time for a pause. The thread exploded with suggestions.

Like an oxygen mask on an airplane, your own cup must be filled in order for you to fill the cups of your people. For parents of infants and toddlers, you may forget what you take in your cup. Grant yourself forgiveness in your head, real or otherwise.

IDEAS FOR SELF-LOVE

Some ideas are low-cost, high-cost, low-energy, life-changing. Take your pick, depending on your day.

- Stretch and/or exercise by yourself. One mom asked if she should do it alone or with her children. Alone is ideal. You need the moments to tap into your brain by listening to music in your rhythm. That doesn’t mean you never exercise with your kids. Take them to the South Avenue playground and do your version of Beastmaster training. Seeing you exercise makes an impression on them.

- Sit for extensions or a natural style. Arrange for child care and sit yourself in that chair for a crochet style or a treatment to nurture your natural look. Color the tips if you want.

- Sketch something for no reason once a week. Love the thought of drawing, but never do it? Impress no one — including yourself — by indulging in drawing something from your head or an object in front of you.

- Buy yourself a ring. Don’t wait for someone to give you one.

- Buy yourself clothes. Any price-point works. If the clothing is good quality, consider dropping the cash. View it as an investment.

- Embrace your curves and ignore the voice that tells you: “Wait to buy clothes until you lose weight.” Feeling good is the first step to looking good.

- Sweat in the sauna. You may need to join a gym with a sauna to experience this, but the silence of the thickly hot, dry sauna is teleporting. If you need to bring your toddler in after a swim class, do it. The other ladies won’t mind. We know you got to do you.

- Write your kids a love letter. Despite any temporary misplacement of your own identity, tell your children — of any age — what they have meant for you. Maybe they taught you how to physically touch another person more by holding hands or snuggling on the couch. Perhaps they taught you how to recognize (and abide by) your own boundaries. Or maybe they helped you see pieces of this life in ways you hadn’t before.

Filling your cup is important to filling the cups of your people so that you aren’t doing it on empty, which can cause resentment. A regimen of self-love care is key to maintaining your identity and satisfaction.
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TO: Beth / FROM: Brian
You make the best soup and I love you!

TO: BCB / FROM: ABA
RB: Here’s to you, to us and the next decade PLUS PLUS together! Your hot tub mate. XOXO

TO: Laurel and Paige Duball / FROM: Grandma Deb and Grandpa Rich
We love you, happy valentines day.

TO: Aaron / FROM: Brian
Happy Valentine’s Day!!! Nine years ago today you popped the question, and we’ve built such an amazing life together. I love you and our little one more than anything else in the world. Every day, whether it’s good times or tough times, I’m reminded that I’m the luckiest person because I get to spend my time on earth with you. I’m forever yours and only yours.

TO: Meaty Meatball / FROM: Sweety Sweetball
Baby I want you forever. I just wanna jump in a hot seafood stew with you and braise together and embrace the vegetables with you and tickle your toes. Love, your Swampy.
PS I want to give you a house.

TO: Guacamole / FROM: Gravy
We go so well together that it’s a shame when we’re apart. You always make time for me, even when you have a lot on your plate. I feel so lucky to be seated next to you, can’t wait for the next course.

TO: Teddy / FROM: Mom & Dad
Dear Teddy, Happy first Valentines Day to our little guy! We love you the most. Love you for always.

TO: Colin / FROM: Kayt
Happy Valentine's Day to my husband — mower of lawns, lassoer of moons & so much more. Cheers to the first year in our new home. I love you my forever valentine!

TO: Layla and Tony / FROM: Sarah
A hundred hearts would be too few to carry all my love for you.

TO: Jeffrey / FROM: Emily
You were pretty confident to set our First Date on Valentine’s Day. 11 years, 3 continents, 2 rescue pups and a home later; it seems to have panned out pretty well. Looking forward to more adventures and XOXO’s.

TO: Benjamin & Anthony / FROM: GMA
Happy 1st Valentine's Day to Gma’s boys!

TO: Meaty Meatball / FROM: Sweety Sweetball
Baby I want you forever. I just wanna jump in a hot seafood stew with you and braise together and embrace the vegetables with you and tickle your toes. Love, your Swampy.
PS I want to give you a house.
Remote Versus In-Person

Locals students have their preferences

By Lily Zuckerman

After nearly two years of seesawing from in-person to online learning, and back to in-person, students have had to deal with being in the classroom as the Omicron variant raised the risk for everyone of becoming infected with COVID-19. While the state Department of Education prioritizes keeping students at school, some students say they prefer working at home while others are glad to see and interact with friends each day.

Others have mixed feelings. Camilla McDaniel, a sophomore at Haldane High School, says that while in-person classes allow her to get out of her bedroom and away from the many distractions at home, and see her friends each day, she likes the idea of having optional remote days. In addition, McDaniel not only attends school during the week; she plays for the varsity basketball team and for an AAU team, the Lightning Hearts.

“I love going to school every day and sports after, there’s not a lot of time to do my work,” she said. “I feel like being online would allow me to have more time.”

Sarah Uzelac has two teenagers who attend Beacon High School — a son who is a freshman and a daughter in the 12th grade. Her son “loves remote school” and “misses being able to do the assignment at his own pace and check in and out of the class on his own,” she said. Her daughter performed well working remotely but “didn’t like it at all. She felt like she wasn’t getting as much understanding of the material as she was when she’s in-person, so she really wanted to get back into the classroom.”

Despite feeling a “little scared” during the Omicron surge “because schools may not be the safest place,” Arjun Bagaria, who lives in Garrison and attends the Masters School in Dobbs Ferry, did not like being isolated at home when the school held classes remotely. He commutes by train on weekdays, leaving at 7 a.m. and returning home at 7 p.m.

“I just like to get out of my house and learn with my friends,” said Bagaria.

Megan Hopkins, a Garrison resident who attends the Hackley School in Tarrytown, said that although her school allows “online days” when students can go remote by choice, “we’ve been testing more and more and we’re getting fewer and fewer people who are positive. So, it’s getting a lot better, and I feel much safer.”

Lily Zuckerman, who lives in Garrison, is a sophomore at the Masters School in Dobbs Ferry and a member of The Current’s Student Journalists Program.

Reporter’s Notebook

Beacon Through the Eyes of the Class of 2022

Much has changed in city over two decades

By Sam Harle

From first grade through fifth grade, my world revolved around Glenham Elementary and the Fishkill Ridge Trail.

I can remember from my days at Glenham that Beacon was fairly uninviting, still a place where my parents wouldn’t want to leave me alone. We only visited the city on occasion, and the only places I would enter were the post office, Beacon Natural Market or Mountain Tops.

Pete Seeger would sing at the front of the Martin Luther King Day parades and the Stony Kill Farm bus would bring fresh produce to the farmers market at the ferry launch. Beacon was emerging from a slump that started in the 1970s, when the local industry collapsed and factories closed their doors. When Dia:Beacon arrived in 2003, it brought job opportunities for people from all over, and those that didn’t come for work came for the opportunities that the new community of artists created. Beacon was in an odd period where the infrastructure and architecture were relatively unchanged by the influx of people, but the population was rapidly changing its demographic.

There began the lives of the members of the Beacon High School class of 2002. Senior Cleveland Wright, another lifelong resident, described the city in the early 2000s as “desolate and cold.”

“Although it was certainly a difficult time to say about Beacon: ‘I don’t necessarily like all of this change, but growing from what Beacon was is the important part’” Wright exemplifies the sentiments of not just the new residents over the last two decades, but also the families that have lived in the city for generations.

Lou DelBianco is about as “old Beacon” as they come, with his family going back for decades in the city. When asked how the changes caused by population growth and the economic boost that comes with it affect the city, DelBianco believes “the changes are improving Beacon by making a more involved and organized community.”

It has really only been in the last five or six years that a drastic change has come to Beacon regarding the architecture. During my three years at Rombout Middle School, the Roundhouse turned into high-end apartments and the auto shop next to Homespun Foods was replaced with even more high-end apartments.

It seems like just yesterday that the patio now belonging to Trax coffee shop was just a gravel patch of weeds and broken glass. I can vividly remember when the boarded-up windows of 1 East Main were the canvases for local artists and bored paintings that gave personality to an otherwise grim remnant of old Beacon.

Inessa Joseph, another member of the class of 2002 at Beacon High School, has seen the development of the school system as well as the city’s character and social structure. “Unfortunately, locals are seeing restaurants and stores go out of business. The locals obviously sense that Beacon is changing and feel that it’s no longer the close-knit town they once knew.”

You can almost feel the hope leaking out of the brickwork and pavement as you walk down Main Street.

One of the ongoing changes I have seen over the past decade and a half is the promotion and improvement of the city’s natural beauty. The Mount Beacon trail has always been a big attraction for visitors and residents alike, and the opportunity for merchandising and other ventures centered around the mountain that came with the population boom prompted greater upkeep of the facilities. The stairs leading to the trail were redone with great care while the parking lot is now well-groomed and marked. The efforts have not been in vain, as the lot is full almost every weekend during the warmer seasons, with the streets around the lot usually lined with cars, as well.

Long Dock has also always been an important place for the city, and Dia’s 2007 installation of a piece by sculptor George Trakas signaled the beginning of its remodeling.

The businesses on Main Street would be nearly unrecognizable today to someone who hadn’t been to Beacon in a few years. Although there are some holdouts, such as Rite Aid, Bank Square and Beacon Bath and Bubble, the majority of the storefronts bear different names. The newcomers have enough capital to start businesses and pump tax money into the economy, but too often the ventures don’t last.

This exemplifies the great hope that many of the new citizens have for their futures here, and this hope is transferred into the city itself. You can almost feel it leaking out of the brickwork and pavement as you walk down Main Street.

Sam Harle is a senior at Beacon High School and a member of The Current’s Student Journalists Program.
It’s Not Hard to Listen

Want to hear more about Spartan races? Listen to reporter Brian PJ Cronin and Gwendolyn Bounds in conversation during the latest episode of The Current’s new podcast at highlandscurrent.org/podcast. You can subscribe through your favorite service, including Apple, Amazon, Spotify and Google, to be alerted when we post episodes of the show, which will feature discussions by our reporters with newsmakers, artists, specialists and other voices from the Highlands.

Spartan Race (from Page 1)

from Outside in which the author quit a Spartan race halfway through because it was too hard.

Perfect.

But what if she, too, failed? Most adults build their lives around avoiding failure: We’ve figured out what we’re good at, and pick our careers and hobbies accordingly. The idea of going back to Square One and being the worst at something seemed humbling but also fascinating, she said. “We’re so wired to write and talk about our successes.”

Soon enough she was competing in her first Spartan event, held at Citi Field in Queens. It was hard. She fell while climbing a rope ladder and slammed into the ground. Tears welled in her eyes. She was failing. She thought about quitting. She could walk off the course and out of the stadium and no one in her life would ever know.

There’s a phrase that’s often used to promote Spartan races: “You’ll know at the finish line.” It’s cheesy, but, as Bounds found, when she managed to reach the finish line, it was true. “I just knew at that moment that this was for me,” she said. “This was going to be a part of who I am.”

Once she knew she could finish, she worked on finishing faster. Training for a Spartan race is different from training for a long-distance run. You’re no longer the crazy person running around the neighborhood at dawn or midnight. You’re also the crazy person hauling 40-pound buckets of rock salt, waiting for the Haldane football team to finish practice so you can flip heavy tires on the turf, sneaking onto the playground after the children have gone home so that you can swing from the monkey bars.

Bounds notes that an underrated advantage for a Spartan racer is having a spouse willing to consider a hay bale atop a spear-throw stand as a yard decoration.

The work paid off. In 2019, Bounds placed high enough in enough races to earn a spot in the Spartan World Championships in Lake Tahoe, where she finished 11th in her age group. Shortly thereafter, COVID shut down competitions worldwide and, for a while before vaccines were available, the virus also shut down Bounds.

Since her recovery, she has completed 14 races and finished in the top three in her age group in nine, including a gold medal in Ohio.

That led to her closing out 2021 with a return to the world championships, which were held in early December in the United Arab Emirates. She placed sixth in her age group, a finish that she initially considered disappointing, until she took into account that she fell off an obstacle not even halfway through the 13.5 miles and fractured her tailbone. She shifted her goal from first place to finishing.

“The importance of managing that kind of mental pivot is one of the many things racing has taught me about life,” she said. “We can plan all we want, but there are always obstacles big and small coming at us that we don’t expect and can’t plan for. The older you get, the more you learn there are different ways to define winning.”

Bounds, after completing the Abu Dhabi race, smiles despite a broken tailbone. At right, she climbs an obstacle.
OBITUARIES

Louis Amoroso Sr. (1939-2022)

Louis J. Amoroso Sr., 82, a lifelong resident of Beacon, died Jan. 28 at Vassar Brothers Medical Center in Poughkeepsie with his children at his side. He was born in Beacon on May 29, 1939, the son of Nicholas and Judith (Stella) Amoroso. On May 3, 1964, he married Patricia “Teeshah” Stefanci at St. Joachim Church in Beacon. She died in 2020. Louie began his career with Oliveri Brothers Construction before he joined Carpenter’s Union Local 303 in Beacon. He was a carpenter for 12 years before he became the business representative for the union. He retired in 1997. He also built the Amoroso family home. Louie was proud to be from Beacon and showed his love for his beloved city by his volunteer service. He was a 50-year active life member of Mase Hook and Ladder Co. and a founding member of the Pop Warner football league. He was a member of St. Rocco’s Society and Beacon Elks Lodge No. 1493 and a lifelong parishioner of St. Joachim-St. John the Evangelist Church. Louie was also a member of the Newburgh Fast Pitch Hall of Fame. He is survived by his children, Teresa Greenough (Russ) and Louis Amoroso Jr. (Denise Santorri Bresciani); his grandchildren, Victoria, Jake (Emily) and Mia; and his longtime friends, Pat Kellihier, Randy Casale, Don Gallo, Dave Papo and Bill DiCastro. A Mass of Christian Burial was held on Feb. 2 at St. Joachim Church. Memorial donations may be made to the Leukemia & Lymphoma Society (lls.org/donate). Don Hall (1930-2022)

Don Hall, 91, of Lake Carmel, the longtime publisher of The Putnam County Times, died Jan. 30 at the Putnam Hospital Center in Carmel. “If you knew Don Hall, odds are you were either awed or aggravated by him. Inspired or insulted. Very few people walked away from him indifferent,” Editor Holly Crocco wrote in the paper’s Feb. 2 issue. A Navy veteran, Hall was 28 when he purchased four newspapers in 1959 from D. Mallory Stephens, a former Republican member of the state Assembly: The Putnam County Times, The Putnam County Press, The Putnam County Republican and The Mahopac Mercury. After a few months, Hall quit his job at the H.J. Heinz Co. and began taking journalism classes at New York and Fordham universities, Crocco recounted. In 1961 he opened his own printing plant at the former New England House Hotel in Brewster. After it burned down on Feb. 2, 1971, he moved the newspaper offices to Mahopac. “Hall was passionate about knocking down anyone who stood in the way of his success as a small-business owner,” Crocco wrote, with “his most notable opponent being the late Fox News chief Roger Ailes, who owned a competing newspaper [The Putnam County Courier] and with whom Hall sparred frequently until Ailes sold his newspapers and moved south.”

Betsy Pugh

Elizabeth B. Pugh, of Cold Spring, died at her home on Jan. 9. A lifelong environmentalist, she partnered in the 1960s with Franny Reese to prevent a ConEd power plant from being built on Storm King Mountain. After 17 years of legal battles, their efforts were rewarded with a landmark court decision that established a citizen’s right to sue to prevent environmental damage. Betsy was a founding member of Scenic Hudson and served on its board for nearly three decades. She also sat on the boards of the Constitution Island Association, Roscoe House and Gardens and the Howland Chamber Music Circle. She was a graduate of Chatham University in Pittsburgh and served as president of Field Corp. for 20 years. A lover of music and theater, she enjoyed introducing musicians to the community by inviting them to perform for gatherings in her home. Betsy is survived by her husband of more than 60 years, Emerson Pugh, as well as her children and grandchildren. A memorial service is planned for the spring.

Robert Emerick (1934-2022)

Robert Emerick, 87, of Cold Spring, died Jan. 31 with family members by his side. He was born April 14, 1934, in Arlington. After graduating from Arlington High School, Robert joined the U.S. Air Force and was stationed at Donaldson AFB in South Carolina, where he met Ann, who became his wife of 52 years. After leaving the service, Robert began his career in the Greenburgh building department before moving to Ossining. He started as Ossining’s building inspector and retired more than 25 years later as director of operations. He then joined the Philipstown Building Department, where he worked for another 20 years. If you asked anyone who “Mr. E.” was, you would get many replies, his family said: Little League coach, building inspector, craftsman, Yankees and Giants fan. Formerly of Ossining, he was deeply involved in both communities as a civil servant and volunteer. Bob loved spending time in his workshop and sharing his creations, his family said. His birdhouses, corkboards and various other woodworking projects are spread across the country in the homes of family, friends and acquaintances. His favorite thing was having a full house for the holidays.

He is survived by his sons, Randy Emerick, Mark Emerick and Kurt Emerick, as well as eight grandchildren and five great-grandchildren.

Robert Emerick died Feb. 5, on her 85th birthday. She was born in Pennsylvania Jan. 31 at her home. She was born on Dec. 30, 1967, in Añasco, Puerto Rico, the daughter of Hamilton Quintana Sr. and Elba Caraballo. She graduated from Beacon High School in 1986. Dalí enjoyed working on cars; she was a talented mechanic who could fix anything, her family said. She was very organized and enjoyed helping others. Along with her mother, she is survived by her daughter, Anissa Quintana, and grandson, John Isaac Acevedo Quintana, as well as her companion, Norma Cruz, and a brother, Hamilton Quintana.

Flora Jones (1937-2022)

Flora Jones of Beacon died Feb. 5, on her 85th birthday. She was born in Alabama in 1937 and came to New York at the age of 8. She attended Columbia University, where she earned a master’s degree in social work. She was a social worker to her core, her family said: Helping people by providing information on education, employment, health services and politics was what she loved. Flora was an avid reader and the Beacon Democrats and Beacon Historical Society got a lot of her time.

Flora’s faith in God was strong and steadfast, her family said, and she read the Bible and prayed daily. She is survived by many nieces, nephews, cousins and friends, including her best friend, George McKee. She will be interred at the Little Place Cemetery in Gilbertown, Alabama.

Other Recent Deaths

Philipstown

Anne Endler, 67
Howard Nichols, 84
Lou Paggiotta, 75

Beacon

Rebecca Brown, 64
Josephine Chevere, 84
Peggy Inness, 73
Doris Irwin, 87
Rich Johnson, 74
Orlando Martinez, 82
Hanna Moritz, 87

For obituaries, see highlandscurrent.org/obits.
Aderson (from Page 1)

“When I applied for a job in 1990, he was the first person to interview me,” she recalled. “We had both taught in New York City and had similar backgrounds, so we hit it off.” They quickly became friends, and their families vacationed together on Cape Cod.

Following his death, Kroener and Carole LaColla, who was Aderson’s secretary for most of his time at Haldane, created a scholarship fund that raised more than $30,000 for the Aderson children.

Here is what is known about the killing: Aderson called 911 from his car at about 6 p.m. on a Wednesday. He told the dispatcher that he had been shot by another driver after both pulled over near the I-84 on-ramp.

The police said the assailant’s vehicle struck Aderson’s and then it hit a nearby truck, causing Aderson to alert 911. He died about 15 minutes later. His assailant got away. The killer was never caught.

Police released a composite sketch of the suspect a week after the killing based on Aderson’s description and those of witnesses who had passed the scene. Not all agreed on the features. Within a year they had checked on more than 1,800 Jeep Cherokees manufactured in 1996 or 1997. They also focused on current and retired police officers because Aderson said the shooter told him he was a cop, although investigators said that may have been a bluff. Two years after the killing, the New York State Police said they still had two license plate readers that might have identified the assailant’s vehicle. The killing also involved a brief, chance encounter between two strangers, making it more difficult to solve. Richard Aderson was an early adopter in 1999 of the E-ZPass or license plate reader technology that might have identified the suspect. The New York State Police set up a hotline for witnesses who had passed the scene.

Aderson said: “It’s tough because there hasn’t been much movement on the case in the last five years, and there haven’t been substantive leads since pretty close to when it happened. It makes me feel like, if no one has said anything by now ... But there’s always that glimmer of hope that if someone does know something, they’ll have a chance of heart or feel obligated to tell someone.”

“Technology played a role in the killing, both in its presence and absence,” Aderson said. Aderson said he and his two older sisters both in high school at the time — “I was young when everything happened,” he said of his father’s death. “He was a big-time Knicks and Yankees Fan, and we watched a lot of basketball games together. He was also a black belt; we’d wrestle around in the living room. He really cared about his family.”

Aderson said he and his two older sisters and mother have “all found our ways to find peace in this the best we can. We all handle it differently. I never had an issue talking about it, but they may not have the same openness. He’s gone and nothing is going to change that, but time does heal certain aspects of it.”

Anyone with information about the killing is asked to call 845-677-7300 and refer to case No. 3021797. All calls may be kept confidential.

800+
Estimated road-rage incidents in 2021 nationwide that involved a gun

Source: Gun Violence Archive and Everytown for Gun Safety

in the early 2000s, I drove it to Tennessee and back with a friend and it felt like we were paying homage.

“I was young when everything happened, but I remember him as a great guy,” he said of his father. “He was a big-time Knicks and Yankees Fan, and we watched a lot of basketball games together. He was also a black belt; we’d wrestle around in the living room. He really cared about his family.”

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Puzzles

CrossCurrent

ACROSS
1. “Keep it down!”
4. Tax pro
7. Whizzes (by)
12. Horse chow
13. Owned
14. Emanations
15. Shred
16. Pennsylvania city
18. Guitar’s kin
19. Symbol of freshness
20. Lancaster or Reynolds
22. Blue Bloods airer
23. Fly high
27. Flamenco cheer
29. Oliver Twist, for one
31. French composer

34. Hilo hello
35. Snowman’s nose
37. Links org.
38. Prop for Dr. House
39. Devilish laugh
41. Body powder
45. “I’m with you!”
47. Meadow
48. Pennsylvania city
52. Conditions
53. Boredom
54. Kimono sash
55. Packed away
56. “The Dapper Don”

DOWN
1. Bush
2. Japanese verse
3. High-strung
4. Sudan neighbor
5. Royal home
6. Extemporize
7. Madcap
8. “Shoo!”
9. Acapulco gold
10. Gullet
11. Capitol Hill VIP
17. Old U.S. gas brand
21. Baseball manager Joe
23. Pie-in-the-face sound
24. Discoverer’s call
25. Satisfied sigh
26. Genetic letters
28. Summer sign
30. Cleaning cloth
31. TV watchdog org.
32. Small battery

Answers for Feb. 4 Puzzles

SudoCurrent

7 LittleWords

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES
1. pretentiously impressive (9)
2. sleight-of-hand expert (11)
3. fell back (9)
4. bird or country (6)
5. one who is watching ewe (8)
6. they’re measured in hands (6)
7. anticipated (8)

SOLUTIONS

GRA  KEY  ION  OSE  RET
US    ERD  ED  SHE  EXP
PH    SES  TED  IST  ILL
REA   ECT  NDI  HOR  TUR

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For interactive sudoku and crossword answers, see highlandscurrent.org/puzzles.
**BOYS' BASKETBALL**

Beacon pulled out a 51-49 victory on Wednesday (Feb. 9) at home over Cornwall Central, which surged in the fourth quarter but never managed to take a lead. The Bulldogs led 34-25 at halftime and 46-36 at the end of three quarters. But Cornwall pulled closer in the fourth, forcing Beacon to make some big plays.

“We had some good moments, but in the fourth quarter Cornwall played great,” said Coach Scott Timpano. “They got some easy baskets, and we struggled to score. But we did just enough at the end defensively to thwart a comeback.”

“Jason Komisar had a tremendous block for us that got us the ball back, a potential game-saver. He also had a huge rebound. Darien Gillins had four 3-pointers in the first quarter that were big, and Joe Battle had six straight points in the second that were a great burst of energy for us.”

Gillins led the scoring for Beacon with 12 points, and Battle added 10.

On Feb. 3, Battle recorded 13 points and seven rebounds, and Gillins added 12 points, in a 63-42 victory over Minisink Valley. Jack Philipbar, Jamel Sellers-Blackwell and Chase Green each had eight points.

The Bulldogs led 20-14 at halftime and then scored 41 points in the third and fourth quarters to pull away.

On Saturday (Feb. 5) at Monticello, Beacon had one of its slowest starts of the season, scoring only three points in the first quarter in a 60-55 loss. Green led the scoring with 12 points.

Beacon (10-5) has three games remaining in the regular season: The Bulldogs are scheduled to host Goshen at 6:30 p.m. today (Feb. 11), visit Goshen on Tuesday and visit O’Neill on Thursday. The Section IX playoffs begin Feb. 26.

**GIRLS' BASKETBALL**

“North Salem was on a mission and shot well in the fourth quarter, and good things happened.”

— Coach Joe Virgadamo

The Vikings led 20-19 at halftime. Chiera had 20 points, six rebounds and three steals, and McDaniel added six points. "We took good shots that weren't falling, and we adjusted well offensively to find open looks against a tight defense," Perrone said.

Haldane (8-9) was scheduled to visit North Salem on Thursday (Feb. 10), visit Westlake today (Feb. 11) and host Putnam Valley in the regular-season finale at 4:30 p.m. on Monday.

Beacon took a 49-30 defeat at the hands of Cornwall on Tuesday on the road. Reilly Landisi scored 11 points and Rayana Taylor had six.

“Going into halftime we were down four but got outscored 20-5 in the third, which was eventually our downfall,” said Coach Christina Dahl. “I thought we played fantastic defense in the first half, but we didn't come out with the same intensity in the third. That, and missing easy opportunities, and turnovers, hurt us.”

Beacon (7-8) is scheduled to play three games in three days next week: It will host Monticello at 5 p.m. on Monday and Goshen at 4:30 p.m. on Tuesday before traveling to Minisink Valley.

**BOYS’ SWIMMING**

Beacon, which finished its regular season last week with a 2-9-1 record, placed eighth at the Orange and Ulster counties championships held Feb. 3 at Valley Central High School in Orange County.

The individual medley relay team of Imroz Ali, Bryce Manning, Ronnie Anzovino and Hunter Ingold was ninth in 2:03.27, and Ingold finished ninth in the 50-meter freestyle in 24.36.

Manning placed 10th in the 100 freestyle in 60.61, and the 200 freestyle relay team of Anzovino, Ali, Manning and Ingold finished 10th in 1:47.63.

The Section IX swimming and diving championships are scheduled for Thursday (Feb. 17) at Valley Central.

**BOWLING**

The Beacon boys’ (8-6; 4-3 league) and girls’ team (5-9; 4-3) each defeated Goshen, 7-0, on Feb. 3 and lost to Newburgh Free Academy by the same score on Tuesday (Feb. 8). They will face Middletown and Washingtonville next week.

Ryan Irwin led Haldane with 21 points, followed by Matteo Cervone (18), Rob Viggiano (9) and Soren Holmbo (8). “Matt Nachamkin and Will Bradley both gave us good minutes off the bench,” Virgadamo said.

Haldane (16-2, 6-0) was slated to close its regular season with games on Thursday (Feb. 10) at Pawling (2-13) and on Monday (Feb. 14) at Putnam Valley (7-9). The Blue Devils should receive the top seed in the Section I, Class C playoffs and play the No. 4 seed, The Lefell School (7-13), in a semifinal on March 1. The winner will advance to the finals on March 5 at Yorktown High School against No. 2 Hamilton (33-5) or No. 3 Tuckahoe (8-9).

"We want a shot at Alexander Hamilton and that gold ball," Virgadamo said. "We can't look past Lefell, but we've been wanting this since [the season began] Nov. 15 — that's the goal.”

The New York State Sportswriters Association last week ranked Haldane as the fifth best boys' team in Class C and Hamilton received an honorable mention. This week both teams inexplicably dropped from the list.

**VARSITY ROUNDPUP**

*By Skip Pearlman*

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After losing by 22 points to Haldane in its own gym a week ago, North Salem was determined to give a better showing in Cold Spring on Wednesday (Feb. 9). But it had no answer for a more talented Blue Devils team, which controlled the boards on its way to a 62-54 victory.

“North Salem was on a mission and shot well and out-rebounded us in the first half,” said Coach Joe Virgadamo. “We moved the ball well in the fourth quarter, and good things happened.”

Ryan Irwin led Haldane with 21 points, followed by Matteo Cervone (18), Rob Viggiano (9) and Soren Holmbo (8). “Matt Nachamkin and Will Bradley both gave us good minutes off the bench,” Virgadamo said.

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